

ASSIGNMENT-9

CLASS - XI

ASSIGNMENT NO. 9 ~~NOV.~~ 07

PSYCHOLOGY

MOTIVATION AND EMOTION

- Q1. Where does the word "Motivation" come from? Explain with the help of motivational cycle?
- Q2. What are the physiological changes that take place within the body because of which we feel hungry?
- Q3. "People always want to be in company of others and try to find similarities with others in order to get close with others". Justify the statement by explaining the concept.
- Q4. Explain the Maslow's Hierarchy of Needs in detail?
- Q5. Abhishek is a boy of seventh standard who is always aloof from the class, is quiet and does not interact much with the classmates around. But one day he was forcefully made to do presentations in front of the whole school. He became nervous and tensed when he got to know about it.
- (a) According to you, which theory of emotion applies best to the situation? Justify your answer explaining the theory of emotion.
- Q6. Reena, a Class XIIth student was asked by her friends to miss the school unit and go for a movie with her friends. Reena was in a dilemma.
- (a) What is the dilemma that Reena is going through?
- (b) Explain any 2 other such concepts which Reena might have in other situations she faces in her life.
- Q7. How is culture responsible in formation of our emotions? Explain with the help of examples.
- Q8. Explain the various ways in which negative emotions can be enhanced and modified to positive ones. Give examples.

MONTH : ~~DECEMBER~~
JAN