Here is how we get a number line. A mark is made for the number zero at the left side of a line. From there counting forward towards the right, the numbers 1, 2, 3, 4, ... are marked, at equal distances.

Look at any part of this line. Let us take any number on this line, say 23.

22   23   24   25   26   27

The number before is $\boxed{22}$ $\longleftarrow$ $\boxed{\textbf{23}}$ $\longrightarrow$ $\boxed{24}$ is the number after.

What do we see ?

For any number, the neighbour on the left is one less and the neighbour on the right is one more!

In the empty boxes, write the number that comes immediately before and the one that comes immediately after.

☐ 54 ☐		☐ 79 ☐		☐ 40 ☐
☐ 37 ☐		☐ 62 ☐		☐ 99 ☐
☐ 50 ☐		☐ 78 ☐		☐ 32 ☐
☐ 39 ☐		☐ 30 ☐		☐ 68 ☐

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