

Your Favorite Game

All work and no play, they say, make Jack a dull boy.

I am not a bookworm. I believe that studies and sports should go side by side. Games are a part of education. They improve our health and make our life worth living and worth enjoying. I like many games but badminton is my favorite game. It needs a small ground and a small number of players. It is not very expensive. We require a small net, a racket and a few shuttle-cocks. We can have a badminton court in our courtyard or in lawn. Eight to ten friends can organize a small badminton club. I have a big lawn in front of my house. I daily play badminton there. It gives me plenty of exercise without any strain or risk. It is also a good exercise for the neck, stomach and abdominal muscles. It provides me a lot of fun and joy. I forget to read examination and dull books in the badminton court for sometime at least. When there is a keen contest, the game becomes very interesting and thrilling. I have made many a friend at the net. Whenever there is a contest in this game, I reach the venue with a racket in my hand. I have won many prizes in badminton. Thus I combine profit with pleasure. I play my favorite game and I get pleasure out of it and keep fit. I really love to play badminton.