

1.1 life

... Warming up!...

1. Discuss and write down a few metaphorical lines about life.

Ans. (1) Life is a movie - enjoy it to the full.

(2) Life is a short picnic - relish it.

(3) Life is a see-saw-sometimes up, sometimes down.

(4) Life is like a beautiful melody, only the lyrics are messed up.

(5) In three words I can sum up everything I've learned about life: it goes on.

2. Prepare as many acrostics as you can, using the word 'LIFE'.

Ans. 1. (1) Love

Inspiration

Friendship

Enjoyment

(2) Lively

Interesting

Fascinating

Enchanting

3. Listen carefully and write the word in the appropriate column.

Ans.

Positive feelings	Negative Feelings
hopeful, excited, happy, surprised. Loving. cheerful. comfortable, peaceful, enthusiastic, motivated, inspired.	lonely, jealous, shy, proud, anxious, nervous, embarrassed, scared, silly, depressed. angry, threatened, crushed.

... English Workshop.....

1. Pick out from the extract two lines each that reflect an optimistic (positive) attitude and pessimistic (negative) attitude.

Ans. Optimism:

(1) Yet Hope again elastic springs,

(2) Still buoyant are her golden wings.

Pessimism :

(1) What though death at times steps in, And calls our best away?

(2) What though Sorrow seems to win, O'er hope a heavy sway?

2. Give other '-ly' adverbs of similar meaning for Bu the following. Use a thesaurus if needed:

Ans. (a) rapidly - swiftly
 (b) merrily - cheerfully
 (c) gratefully - thankfully
 (d) cheerily - happily
 (e) manfully - bravely
 (f) fearlessly - courageously
 (g) gloriously - wonderfully
 (h) victoriously - triumphantly

3. Pick out an example of interrogation (rhetorical question) from the extract. A Explain in your own words the point that it makes.

Ans

Interrogation	Explanation
(1) What though death at times steps in, And calls our Best away?	(1) If death, at times takes away the people we love most, we must accept it and hope for better times.
(2) What though sorrow seems to win, O'er hope a heavy sway?	(2) It does not matter if we are overcome by sorrow and hope seems to be far away.
(3) If the shower will make the roses bloom, Oh, why lament its fall?	(3) If a little rain helps the roses to flower, we should not feel unhappy about it. This means that we must not express regret for the difficulties we face in life.

(b) Explain the metaphor in the following lines :

(a) Oft a little morning rain Foretells a pleasant day.

Ans. If we have difficulties at some stage, there will be joyous times following it. Difficulties are implicitly compared to rain and joyous times to a pleasant day.

(b) Sometimes there are clouds.

Ans. Sometimes there are problems. Problems are implicitly compared to clouds.

(c) ... the shower will make the roses bloom.

Ans. The problems we face will make for better times ahead. Problems are implicitly compared to the showers of rain and better times are implicitly compared to roses blooming.

(d) Life's sunny hours flit by.

Ans. The happy times of our life go by very quickly. Here, the happy times are implicitly compared to sunny hours.

4. '..... and that's how I realized that courage and hope can help me overcome any major mishap/ problem in life.' Write an episode/experience from your own life that leads to the above conclusion.

Ans. I am a lover of sports. My favourite game is football. I wanted to play in my school team, and right from the age of eleven, I had been practising very sincerely. Then one unfortunate day, when I was twelve, I fell down the stairs of my building and fractured my leg badly. I was devastated. How could I play my favourite game? How could I make it to the team? Would my leg ever become completely alright again? Would I be able to run around and kick the ball as before? I felt that my world had ended. This was the time when my family gave me their full support. My grandparents helped me to while away the long hours: my parents made nutritious food for me and saw to the medical treatment. My sister, who is four years older than me, gave me sound advice and courage. She understood what I was going through. She told me of various people who had suffered terrible disasters and had risen above them. She brought me videos of umpteen cases where the mind had won over the body. She made me read biographies of achievers like Wilma Rudolph and Sudha Chandran. She made me do my exercises regularly and keep in touch with my sport. Slowly but surely, I regained courage and confidence. Believe it or not, two years later I made it to my football team! My doctor and my family said that it was optimism and a positive attitude that had helped me recover completely. And that's how I realized that courage and hope can help me (or anybody) overcome any major mishap/problem in life.

5. Read: 'The psalm of life'-a poem by H. W. Longfellow.

Ans. Its an activity for students.