# **Chapter 2: Param Vir Chakra : Our Heroes**

# EXERCISE [PAGE 22]

#### **Exercise | Q 1. (a) | Page 22 Read the passage and answer the following questions:** What is 'Param Vir Chakra'?

# SOLUTION

Param Vir Chakra is India's highest military decoration. It is awarded for the most conspicuous bravery or some daring or outstanding act of valor or self-sacrifice, in the presence of the enemy, whether on land, at sea or in the air.

# Exercise | Q 1. (b) | Page 22

**Read the passage and answer the following question:** What is seen on the obverse and reverse of the PVC medal?

# SOLUTION

On the obverse. the PVC has the Indian national emblem at the tile center, surrounded by four replicas of 'Indra's Vajra'. On the reverse, the words 'Param Vir Chakra' are engraved in Hindi and English, with two lotus flowers in between.

# Exercise | Q 1. (c) | Page 22

**Read the passage and answer the following question:** Who designed the PVC medal?

# SOLUTION

The PVC medal was designed by Savitribai Khanolkar, a European lady, who married Vikram Khanolkar, an Indian Army Officer.

# Exercise | Q 1. (d) | Page 22

#### Read the passage and answer the following questions:

What makes Indra's vajra or weapon invincible?

#### SOLUTION

The supreme sacrifice of the sage Dadhichi makes Indra's vajra invincible.

#### Exercise | Q 2 | Page 22

Write the story of Sage Dadhichi's sacrifice in your own word.

# SOLUTION

Thousands of years ago, a demon had stolen all the water in the world. Innocent people died because of a lack of water. This demon could not be defeated by a weapon made of ordinary material like wood, metal, etc. Something extraordinary was needed to kill

him. It came to be known that the sage Dadhichi had bones that had extraordinary power. The sage was a noble person. When he came to know this, he sacrificed his life and gave his own bones to make the weapon to help the people. Thus, Indra-vajra was a weapon made from these bones of sage Dadhichi and the demon was defeated with the use of this weapon.

# Exercise | Q 3 | Page 22

Read aloud the account of how Flying Officer Nirmal Jit Singh Sekhon sacrificed his life to defend our country.

# SOLUTION

Students do it on your own.

# Exercise | Q 4 | Page 22

Find more information about other Param Vir Chakra awardees. Prepare a collage using photographs, pictures, and text matter written in beautiful handwriting.

#### SOLUTION

Students do it on your own.

# Exercise | Q 5 | Page 22

Find more information about the Indian Armed Forces - the Army, the Navy, and the Air Force with the help of your teacher.

# SOLUTION

Students do it on your own.

# Exercise | Q 6 | Page 22

What can you do to show your love, respect and support to the soldiers who fight for the country? Discuss this in the classroom.

#### SOLUTION

you can send greeting cards to them on various occasions, with the help of your teacher.