

Chapter- 6

Worksheet-2

1. Endocrine glands are also called _____ glands.
2. _____ secretes male sex hormones.
3. In females, the uterine wall thickens to receive the _____.
4. Endocrine glands release hormones directly into the _____ for transportation to the _____.
5. _____ helps the body to adjust and fight the stress.
6. Puberty age in females is
 - (a) 10 – 12 years
 - (b) 12 – 14 years
 - (c) 8-10 years
 - (d) 5-6 years
7. The number of chromosomes present in human cell are
 - (a) 25 pairs
 - (b) 22 pairs
 - (c) 23 pairs
 - (d) none of these
8. Pancreas is responsible for maintaining
 - (a) blood pressure
 - (b) fat metabolism
 - (c) blood glucose level
 - (d) electrolyte balance
9. The gametes have only
 - (a) one set of chromosomes
 - (b) two sets of chromosomes

- (c) three sets of chromosomes
- (d) none of these

10. Production of thyroxine requires

- (a) magnesium
- (b) iodine
- (c) sodium
- (d) bromine

11. Why is the legal age for marriage is 18 years for girls and 21 years for boys?

12. How does AIDS spread?

13. What is menstrual hygiene?

14. What is the importance of iron in the diets of adolescents? Which food items are rich in iron?

15. What is menstruation?

16. When do adolescents become capable of reproduction?

17. The onset of puberty is controlled by hormones. Comment on the statement.

18. Why are endocrine glands known as ductless glands?

19. What is adam's apple?

20. Explain the term reproductive health. What should we do to maintain reproductive health?