

Sports

(A) Major Sports Festivals of the World

- (a) **The Olympics:** This is the world's most prestigious, international sports festival. These Games originated in the ancient city of **Greece**.

Modern Olympic Games: Frenchman **Baron Pierre de Coubertin** is called the **father of modern Olympic Games** which **started in 1896, in Athens**. These Games are held every four years, since then. The Winter Olympic Games **were started separately in 1924 in France**.

Some important facts about Olympic Games:

- (i) **The first Modern Olympic Games were held at Athens, capital of Greece in 1896.**
 - (ii) India has never hosted the Olympic Games in its history.
 - (iii) The last Olympic Games were held **in 2012 at London in Britain capital** and were the **30th edition** of the Games.
 - (iv) The Olympic flag is white in colour and has the emblem five rings, embedded at the centre of the flag.
 - (v) The emblem is made up of **five intertwined rings** having different colours **which represent the five continents of the world**.
 - (vi) The Olympic motto is '**Citius, Altius, Furtius**' which means **swifter, higher, stronger**.
- (b) **Commonwealth Games:** They were held first in 1930 at Canada. They are also held every four years, midway between the Olympic Games.
- (c) **Asian Games:** It is a sports festival of Asian countries. J.L. Nehru was instrumental in giving shape to Asian Games. **First Asian Games were held at New Delhi in 1951** and since then, these games have been taking place every four years.
- (d) **World Cup:** Almost all the sporting events has world cup generally conducted with an interval of every four years.

The 2016 Summer Olympics

The 2016 Summer Olympics is officially known as the Games of the XXXI Olympiad and commonly known as Rio 2016, was a major international multi-sport event held in Rio de Janeiro, Brazil, from 5 August to 21 August 2016.

More than 11,000 athletes from 207 National Olympic Committees, including first time entrants Kosovo, South Sudan, and the Refugee Olympic Team, took part. With 306 sets of medals, the games featured 28 Olympic sports, including rugby sevens and golf, which were added to the Olympic program in 2009. These sporting events took place at 33 venues in the host city, and at five in São Paulo, Belo Horizonte, Salvador, Brasília, and Manaus.

These were the first Summer Olympic Games under the IOC presidency of Thomas Bach. The host city Rio de Janeiro was announced at the 121st IOC Session in Copenhagen, Denmark, on 2 October 2009. Rio became the first South American city to host the Summer Olympics. These were the first games to be held in a Portuguese-speaking country, the first to be held entirely in the host country's winter, the first since 1968 to be held in Latin America, and the first since 2000 to be held in the Southern Hemisphere.

The United States topped the medal table for the fifth time in the past six Summer Olympics, winning the most golds (46) and most medals overall (121). Great Britain finished second and became the first country in the history of the modern Olympics to increase its tally of medals in the subsequent games after being the host nation. China finished third. Host country Brazil won seven gold medals, its most at any single Summer Olympics, finishing in thirteenth place. Fiji, Jordan, Kosovo, Puerto Rico, Singapore, Tajikistan, and Vietnam each won their first gold medals, as did the group of Independent Olympic Athletes (from Kuwait). The United States won its 1,000th Olympic gold medal in this edition.

The 2018 Winter Olympics

The 2018 Winter Olympics, officially known as the XXIII Olympic Winter Games and commonly known as PyeongChang 2018, is a major international multi-sport event took place from 9 to 25 February 2018, in PyeongChang, South Korea. It was the second winter Olympics held on mainland Asia, after Sochi, Russia. The statistic reflects the medal count of the Winter Olympic Games in PyeongChang in 2018. Norway topped the table, finishing the Games with a total of 39 medals - 14 gold, 14 silver, and 11 bronze.

Tokyo 2020 Olympics

The **2020 Summer Olympics** officially known as the **Games of the XXXII Olympiad** and commonly known as **Tokyo 2020**, is an upcoming international multi-sport event that is scheduled to take place from 24 July to 9 August 2020 in Tokyo, Japan, with preliminary events in some sports beginning on 22 July.

Tokyo was selected as the host city during the 125th IOC Session in Buenos Aires, Argentina on 7 September 2013. This will be the **second time that Tokyo has hosted the Summer Olympic Games, the first being in 1964. It is also the first city in Asia to host the summer Olympic Games twice, and overall the fourth Olympics to be held in Japan**, which also hosted the Winter Olympics in 1972 (Sapporo) and 1998 (Nagano). The 2020 Games will be the second of three consecutive Olympics to be held in East Asia, the first being the 2018 Winter Olympics in Pyeongchang County, South Korea, and the next being the 2022 Winter Olympics in Beijing, China.

These Games will see the introduction of **new and additional competitions at the Summer Olympics, including 3x3 basketball, freestyle BMX and Madison cycling**, as well as further mixed events. Under new IOC policies that allow the host organizing committee to add sports to the Olympic programme to augment the permanent “core” Olympic events, these Games will see karate, sport climbing, surfing and skateboarding make their Olympic debuts. There will also be the **return of baseball and softball, both removed from the summer programme after 2008. The motto is ‘Discover Tomorrow’. The official mascot of the Tokyo 2020 Summer Olympic Games is a smiling, futuristic creature named Miraitowa**. The mascot, which resembles both a feline superhero and a robot, gets its name from the Japanese words “mirai” (meaning future) and “towa” (meaning eternity). **Someity is the Tokyo 2020 Paralympic Games mascot**. Its name is derived from the popular cherry tree variety “Someiyoshino” and the English phrase “so mighty”.

Originally due to take place from 24 July to 9 August 2020, the event was postponed in March 2020 as a result of the COVID-19 pandemic. Despite being rescheduled for 2021, the Games have retained the “Tokyo 2020” name for marketing and branding purposes. This is the first time that the Olympic Games have been postponed and rescheduled, rather than cancelled.

2019 South Asian Games

The 2019 South Asian Games, officially the XIII South Asian Games, is a major multi-sport event which was originally slated to be held from 9 to 18 March 2019 in Kathmandu and Pokhara, Nepal. However, the dates were postponed and the event was held from 1–10 December 2019, coincidentally at the same time as the 2019 Southeast Asian Games in the Philippines. The Dasarath Stadium hosted the opening and closing ceremonies along with men’s football events. Three different cities in Nepal hosted the competition, Kathmandu, Pokhara and Janakpur. The sporting giant of the region, India continued its dominance in the game’s medal tally with a staggering 312 medals including 174 gold medals.

(B) Important International Cups, Trophies and Associated Sports Disciplines

Name of the cup/trophy	Associated sports
Davis Cup(Men)/Federation Cup(Women)	Lawn tennis
Wimbledon Trophy	Lawn tennis
Australian Open,	Lawn tennis
US Open, French Open	Lawn tennis
Derby	Horse racing
Merdeka	Football
Thomas Cup (Men)	Badminton
Uber Cup (Women)	Badminton
Yonex Cup	Badminton
Walker Cup	Golf
Ryder Cup	Golf
Canada Cup	Golf
William Jones Cup	Basketball
Champions Trophy	Hockey
Champions League	Football
Sultan Azlan Shah Cup	Hockey

(C) Important National Cups, Trophies and Associated Sports Disciplines

Name of the cup/trophy	Associated sports
Duleep Trophy	Cricket
Shish Mahal Trophy	Cricket
Ranji Trophy (National Title)	Cricket
Vijay Hazare Trophy	Cricket(50 Overs)
Irani Trophy	Cricket
Durand Cup	Football
Santosh Memorial Trophy	Football(School Championship)
Subroto Cup	Football
Rovers Cup	Football
Sanjay Gold Cup	Football
Nizam Gold Cup	Football
Dr. B.C. Roy Trophy (National Junior Championship)	Football
Rangaswami Cup (National Title)	Hockey
Lady Ratan Tata Trophy (Women's)	Hockey
Nehru Trophy	Hockey
Aga Khan Gold Cup	Hockey
Beighton Cup	Hockey
Guru Nanak Championship (All - India Women)	Hockey
Dhyan Chand Trophy	Hockey
Murugappa Gold Cup	Hockey
Ezar Cup	Polo

(D) Important Terms Associated with Various Sports Disciplines

Sports	Terms associated with sports disciplines
Badminton	Luv, deuce, drop, smash, double touch
Basketball	Pivot, dribble, basket, block, held ball
Billiards	Spider, baulk, cue, scratch, cannon
Boxing	Hook, rounds, punch, jab, countdown, knock-outs, all the weights, (flyweight, middleweight, heavyweight, etc.)
Bridge	Tricks, trump, suite, little slam, rubber
Chess	Knight, king, Sicilian defence, move, gambit, checkmate, rook, stalemate, queen, bishop, pawn
Cricket	Gully, hat-trick, pull, beamer, hook, googly, flick, follow-on, maiden, declare
Golf	Tee, birdie, club, course, Iron, eagle, links, caddie, putt, hole, Bogey, Fore, Niblic
Hockey	Centre, penalty-stroke, free-hit, foul, carry, stick, corner, dribble, trapping
Table tennis	Deuce, drop, spin, smash, let
Tennis	Grand slam, lob, ace, passing shot, top-spin, forehand, crosscourt, deuce, down the line, slice
Volleyball	Heave, serve, blocking, point, doubling