

## Human Reproduction

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1. Which one of the following hormones is secreted by the human placenta that helps in the maintenance of pregnancy ? (2024)

- (A) Relaxin
- (B) Human Chorionic Gonadotropin
- (C) Oxytocin
- (D) Human Placental Lactogen

**Ans.** (B) Human Chorionic Gonadotropin

2. The periodic abstinence by a couple for family planning should be from : (2024)

- (A) Day 5 to 10 of menstrual cycle
- (B) Day 13 to 15 of menstrual cycle
- (C) Day 10 to 17 of menstrual cycle
- (D) Day 16 to 20 of menstrual cycle

**Ans.** (C) Day 10 to 17 of menstrual cycle

3. two statements are given one labelled as Assertion (A) and the other labelled as Reason (R). Select the correct answer to these questions from the codes (A), (B), (C) and (D) as given below. (2024)

- (A) Both Assertion (A) and Reason (R) are true and Reason (R) is the correct explanation of the Assertion (A).
- (B) Both Assertion (A) and Reason (R) are true, but Reason (R) is not the correct explanation of the Assertion (A).
- (C) Assertion (A) is true, but Reason (R) is false.
- (D) Assertion (A) is false, but Reason (R) is true.

**Assertion (A) :** The laws of our country permit legal adoption and it is as yet, one of the best methods for childless couples looking for parenthood.

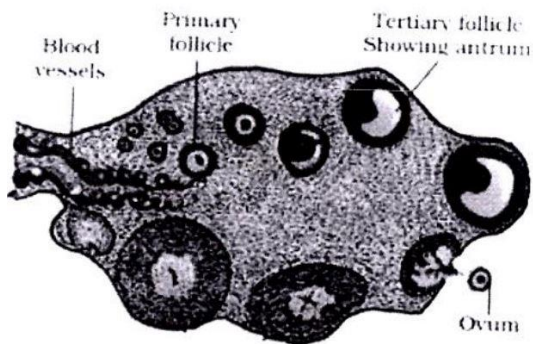
**Reason (R) :** Emotional, religious and social factors are no deterrents to the legal adoption of orphaned and destitute children in India.

**Ans.** (C) Assertion (A) is true, but Reason (R) is false.

4. Draw a diagrammatic sectional view of ovary of human female and label the following : (2024)

- (1) Blood vessels
- (2) Primary follicle
- (3) Tertiary follicle
- (4) Ovum

**Ans.**



5. At which stage of life are primary follicles formed in a human female ? (2024)

**Ans.** At embryonic stage

6. Explain the events (both hormonal and structural) that occur at the time of ovulation till the onset of the next menstrual cycle. (2024)

**Ans.** Both LH and FSH attain a peak level in mid of menstrual cycle rapid secretion of LH leading to maximum level is called LH surge , which induces rupture of graffian follicle and cause ovulation , ovulatory phase is followed by luteal phase during which remaining parts of graffian follicle transform as corpus luteum , it produces large amount of progesterone needed for maintaining endometrium , in absence of fertilization corpus luteum degenerates which causes disintegration of the endometrium leading to menstruation.

## Previous Years' CBSE Board Questions

### 2.1 The Male Reproductive System

SA I (2 marks)

1. Name and state the function of interstitial cell present in the human testes.  
(2021 C)

2. Why are the human testes located outside the abdominal cavity? Name the pouch in which they are present.

(AI 2014)

3. Write the location and functions of the following in human testes:

(a) Sertoli cells

(b) Leydig's cells

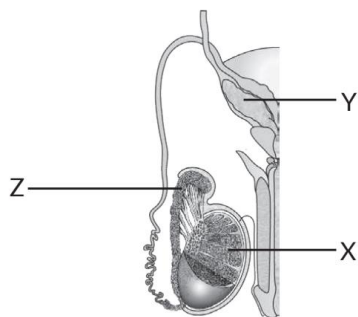
(AI 2014)

SA II (3 marks)

4. Draw a labelled diagram to show interrelationship of four accessory ducts in a human male reproductive system.

(Delhi 2019)

5. The given diagram shows human male reproductive system (one side only).



(a) Identify 'X' and write its location in the body.

(b) Name the accessory gland 'Y' and its secretion.

(c) Name and state the function of 'Z'.

(Delhi 2015C)

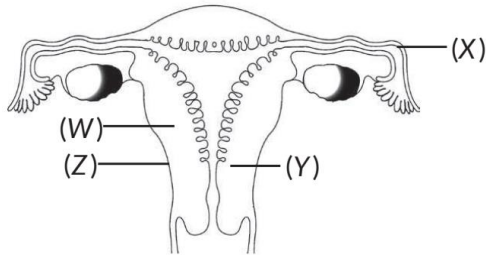
6. Draw a sectional view of seminiferous tubules of human. Label Sertoli cells, spermatogonia and Leydig's cell on it and write their function.

(3/5, AI 2015C)

## 2.2 The Female Reproductive System

### MCQ

7. The figure given below shows the sectional view of the human female reproductive system.



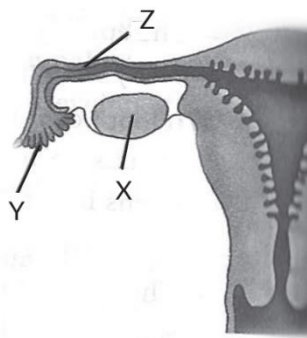
Identify the option that shows correct labelling for W, X, Y and Z in the given table.

	W	X	Y	Z
(a)	Endometrium	Infundibulum	Vagina	Perimetrium
(b)	Myometrium	Ampulla	Cervix	Perimetrium
(c)	Perimetrium	Ampulla	Vagina	Endometrium
(d)	Endometrium	Isthmus	Cervix	Myometrium

(Term I, 2021-22)

### SA II (3 marks)

8.



The diagram above shows a part of the human female reproductive system.

(a) Name the gamete cells that would be present in 'X' if taken from a newborn baby.

(b) Name 'Y' and write its function.

(c) Name 'Z' and write the events that take place here.

(AI 2015C)

9. Name and explain the role of the inner and middle walls of the human uterus.  
(Delhi 2014)

### 2.3 Gametogenesis

#### MCQ

10. In human sperm numerous mitochondria are present in the region known as  
(a) head (b) neck  
(c) middle piece (d) tail.

(Term I, 2021-22)

11. After spermiogenesis, the sperm heads get embedded in which of the following cells?

(a) Leydig cells (b) Sertoli cells  
(c) Germinal epithelium (d) Seminal vesicle

(2020)

12. The hormone that regulates the synthesis and secretion of androgens in human males is

(a) GH (b) FSH  
(c) LH (d) prolactin.

(2020 C)

#### SA I (2 marks)

13. Differentiate between spermiogenesis and spermiation. (2019C)

14. Explain the role of pituitary and sex hormones in the process of spermatogenesis. (2/5, AI 2015C)

OR

Explain the hormonal regulation of the process of spermatogenesis in humans.

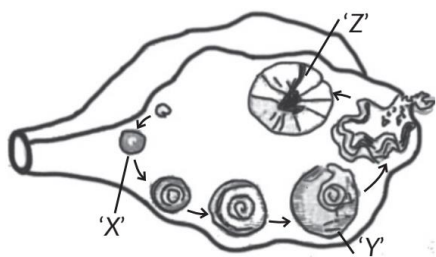
(2/5, AI 2013)

15. Draw and label the parts of the head region only of a human sperm.

(AI 2014C)

#### SA II (3 marks)

16. The diagram given below shows the events occurring in an ovary during oogenesis in a human female.



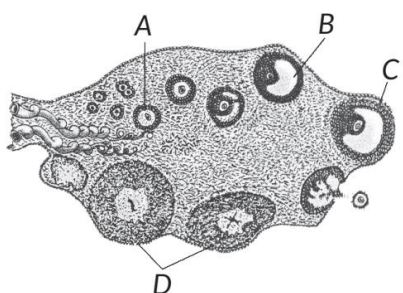
(a) Identify 'X' Mention the time when the process occurs in a human female.

(b) Identify 'Y'. When and how is it formed?

(c) Name the hormone produced by 'Z'

**(2023)**

**17.** Study the transverse section of human ovary given below and answer the questions that follow.



(a) Name the hormone that helps in growth of

A → B → C.

(b) Name the hormone secreted by A and B.

(c) State the role of hormone produced by D.

**(2020)**

**18.** Name the three different parts of a human sperm and write their involvement in the process of fertilisation.

**(2020 C)**

**19.** Draw a sectional view of the human ovary showing the different stages of developing follicles, corpus luteum and ovulation.

**(Delhi 2019)**

**20.** (a) Draw a sectional view of human ovary. Label the following parts:

(i) Primary follicle

(ii) Secondary oocyte

(iii) Graafian follicle

(iv) Corpus luteum

(b) Name the hormones influencing follicular development of corpus luteum.  
(AI 2019)

21. Construct a flow chart exhibiting sequential events of oogenesis.  
(2019 C)

22. Draw a diagram of a mature human sperm. Label any three parts and write their functions.

(2018)

23. Draw a labelled diagrammatic sectional view of a human seminiferous tubule.

(Delhi 2017, Foreign 2015, Delhi 2014)

24. Draw a labelled diagram of a human sperm.  
(NCERT, Foreign 2015)

25. Draw a diagram of human sperm. Label only those parts along with their functions, that assist the sperm to reach and gain entry into the female gamete.  
(Foreign 2014)

26. Explain the hormonal control of spermatogenesis in humans.  
(Foreign 2014)

**LA (5 marks)**

27. (a) Draw a sectional view of a human ovary and label primary follicle, tertiary follicle, Graafian follicle and corpus luteum in it.

(b) Name the gonadotropins and explain their role in oogenesis and the release of ova.  
(2020)

28. (a) Draw a sectional view of a seminiferous tubule of human. Label its any six parts.

(b) Name the pituitary hormone involved in the process of spermatogenesis. State their function.

(2020)

29. (a) Differentiate between spermatogenesis and oogenesis on the basis of:

(i) Time of initiation of the process

(ii) Site of completion of the process

(iii) Nature of meiotic division undergone by gamete mother cells

(b) Name the hormones and state their role involved in controlling spermatogenesis in humans.

(2020)

**30.** Explain the development of a secondary oocyte (ovum) in a human female from the embryonic stage upto its ovulation. Name the hormones involved in this process.  
(Delhi 2015)

**31.** (a) Name the hormone that initiates spermatogenesis in humans. Describe the process of spermatogenesis in sequence mentioning the ploidy of the cells at each step.

(b) Draw the diagram of a mature human sperm and label the parts that

(i) helps it reaching to the ovum

(ii) providing energy for it to reach the ovum.

(iii) helping it to gain entry into the ovum.

(Delhi 2015C)

**32.** Schematically represent and explain the events of spermatogenesis in humans.

(NCERT, Delhi 2014C)

**33.** (a) Draw a labelled diagrammatic view of human male reproductive system.

(b) Differentiate between:

(i) Vas deferens and vasa efferentia.

(ii) Spermatogenesis and spermiogenesis.

(Delhi 2014)

**34.** (a) How is 'oogenesis' markedly different from 'spermatogenesis' with respect to the growth till puberty in the humans?

(b) Draw a sectional view of human ovary and label the different follicular stages, ovum and corpus luteum.

(NCERT Exemplar, Delhi 2014)

**35.** (a) Draw a transverse section of human ovary showing the sequential development of different follicles up to the corpus luteum.

(b) Comment on the corresponding ovarian and pituitary hormone levels during these events.

(AI 2014C)

## **2.4 Menstrual Cycle**

### **MCQ**



36. Which of the following hormones are active during the ovulatory phase of menstrual cycle in a normal human female?

- (a) FSH and LH (b) LH and Estrogen  
(c) FSH and Estrogen (d) Estrogen and Progesterone

(2023)

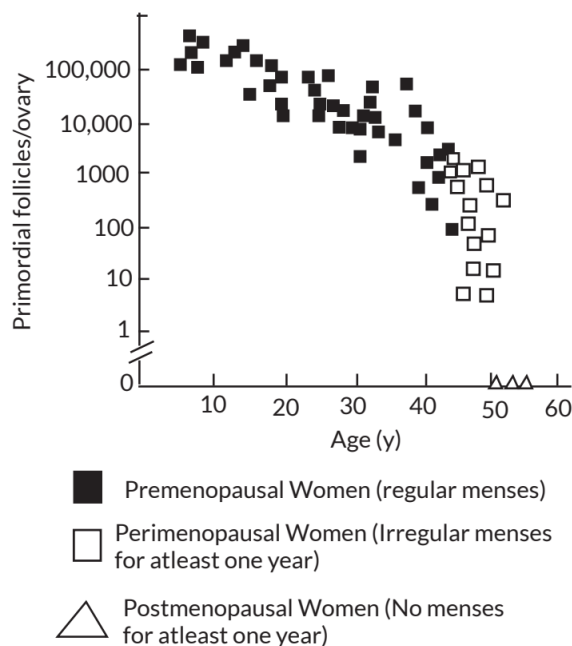
37. The source organ and function of hormone FSH are

- (a) anterior pituitary, corpus luteum formation  
(b) posterior pituitary, Graafian follicle formation  
(c) anterior pituitary, follicular formation  
(d) hypothalamus, primary oocyte formation.

(Term I, 2021-22)

SAI (2 marks)

38. The graph given below shows the number of primordial follicles per ovary in women at different ages. Study the graph and answer the questions that follow:



- (a) What is the average age of the women at the onset of menopause?  
(b) At what age are maximum primordial follicles present in the ovary, according to the given graph?

(2023)

39. Write the effect of the high concentration of LH on mature Graafian follicle.  
(AI 2014)

**SA II (3 marks)**

**40.** Explain the uterine changes taking place during the follicular phase of the menstrual cycle in a human female. Name and explain the role of hormones that bring about these changes. (2021 C)

**41.** Explain the role of pituitary and ovarian hormones in the menstrual cycle of human females.

(NCERT, 3/5, 2020)

**42.** Explain the events in a normal woman during her menstrual cycle on the following days:

- (a) Ovarian event from 13-15 days
- (b) Ovarian hormones level from 16 to 23 days
- (c) Uterine events from 24 to 29 days

(Delhi 2015C)

**43.** Explain the events in a normal woman during her menstrual cycle on the following days:

- (a) Pituitary hormone levels from 8 to 12 days.
- (b) Uterine events from 13 to 15 days.
- (c) Ovarian events from 16 to 23 days.

(AI 2015C)

**LA (5 marks)**

**44.** (a) Explain menstrual cycle in human females.

(b) How can the scientific understanding of the menstrual cycle of human females help as a contraceptive measure?

(2018)

**OR**

(a) Explain the following phases in the menstrual cycle of a human female:

- (i) Menstrual phase
- (ii) Follicular phase
- (iii) Luteal phase

(b) A proper understanding of menstrual cycle can help immensely in family planning. Do you agree with the statement? Provide reasons for your answer.

(AI 2017)

45. (a) Explain the menstrual phase in a human female. State the levels of ovarian and pituitary hormones during this phase.

(b) Why is follicular phase in the menstrual cycle also referred as proliferative phase? Explain.

(c) Explain the events that occur in a Graafian follicle at the time of ovulation and thereafter.

(d) Draw a Graafian follicle and label antrum and secondary oocyte.

(AI 2016)

46. Describe the roles of pituitary and ovarian hormones during the menstrual cycle in a human female.

(AI 2015)

OR

Explain the ovarian and uterine events that occur during a menstrual cycle in a human female under the influence of pituitary and ovarian hormones respectively.

(Delhi 2014)

OR

Explain the different phases of menstrual cycle and correlate the phases with the different levels of ovarian hormones in a human female.

(AI 2014C)

## 2.5 Fertilisation and Implantation

### MCQ

47. The specific site for fertilisation in human female is

(a) infundibulum

(b) uterus

(c) ampulla

(d) ampullary isthmic junction.

(2020 C)

### VSA (1 mark)

48. Mention the function of zona pellucida.

(1/2, Delhi 2015C)

### SA I (2 marks)

49. Where does fertilisation occur in humans? Explain the events that occur during this process.

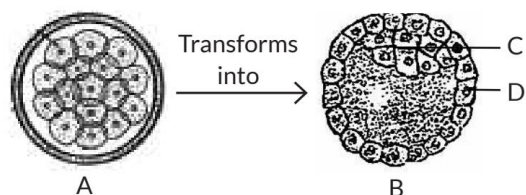
(2/5, AI 2014)

50. List the different parts of the human oviduct through which the ovum travels till it meets the sperm for fertilisation.

(Delhi 2014C)

SA II (3 marks)

51. Study the given diagram.



A is an embryonic stage that gets transformed into B, which in turn gets implanted in the endometrium in human females.

(a) Identify A, B and its parts C and D.

(b) State the fate of C and D in the course of embryonic development in humans.

(2020)

52. Briefly explain the events of fertilisation and implantation in an adult human female.

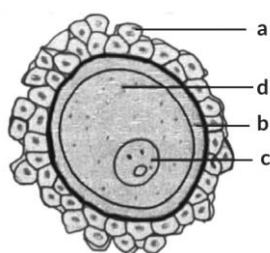
(3/5, Delhi 2016)

53. Name the stage of human embryo at which it gets implanted. Explain the process of implantation.

(NCERT Exemplar, Delhi 2015)

LA (5 marks)

54. Given below is a diagrammatic representation of a human ovum.



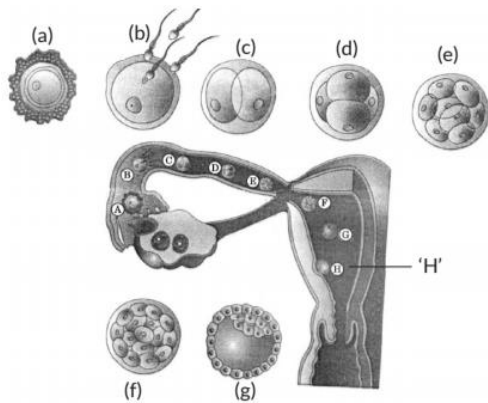
(i) Identify the parts 'a', 'b' and 'c'.

(ii) This ovum is released from the ovary with incomplete meiotic division. When, where and how is the meiotic division completed?

(iii) How does an ovum ensure the entry of a single sperm during fertilisation?

(2023)

**55.** Study the figure given below of a human female reproductive tract showing the transport of ovum, its fertilisation and growing embryo moving through the fallopian tube and answer the questions that follow:



(i) Identify the embryonic stages 'e' and 'g' and differentiate between them.

(ii) Describe the process of implantation as shown in figure 'H'

**(2021 C)**

**56.** Where does fertilisation occur in the oviduct of human female? Describe the process of fertilisation.

**(2020)**

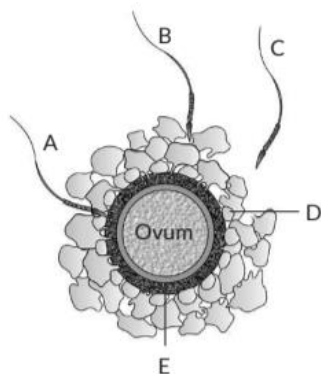
**57. (a)** Explain the process of fertilisation in human.

(b) Name the embryonic stage that gets implanted in human females. Explain the process of implantation.

**(Delhi 2019)**

**58.** Given below is the diagram of a human ovum surrounded by a few sperms.

Study the diagram and answer the following questions:



(a) Which one of the sperms would reach the ovum earlier?

(b) Identify 'D' and 'E'. Mention the role of 'E'.

(c) Mention what helps the entry of sperm into the ovum and write the changes occurring in the ovum during the process.

(d) Name the specific region in the female reproductive system where the event represented in the diagram takes place.

(AI 2019)

59. Mention the site of fertilisation of a human ovum. List the events that follow in sequence until the implantation of the blastocyst.

(Delhi 2015C, Foreign 2015)

## 2.6 Pregnancy and Embryonic Development

### MCQ

60. During embryonic development the limbs and digits are formed in the human fetus by the end of

- |                          |                           |
|--------------------------|---------------------------|
| (a) 15 days of pregnancy | (b) 30 days of pregnancy  |
| (c) 45 days of pregnancy | (d) 60 days of pregnancy. |

(Term I, 2021-22)

61. Which of the following are true in respect of chorionic villi in humans?

- (i) It appears after implantation of human embryo in the uterus.
- (ii) It becomes interdigitated with cervical tissue of the female reproductive tract.
- (iii) It increases the surface area for exchange of materials.
- (iv) It develops from the inner cell mass of the blastocyst.

Choose the correct option.

- |                  |                    |
|------------------|--------------------|
| (a) (i) and (ii) | (b) (ii) and (iii) |
| (c) (i) and (iv) | (d) (i) and (iii)  |

(Term I, 2021-22)

### SA I (2 marks)

62. List the three hormones produced in women only during pregnancy. What happens to the levels of estrogen and progesterone during pregnancy?

(2020)

63. Comment on the role of placenta as an endocrine gland.

(2/5, Delhi 2016)

### SA II (3 marks)

64. Explain the formation of placenta after implantation in a human female.  
(2020)

65. (a) How is placenta formed in the human female?

(b) Name any two hormones which are secreted by it and are also present in a non-pregnant woman.

(Foreign 2014)

**LA (5 marks)**

66. (i) Explain the formation of placenta after the implantation in a human female.

(ii) Draw a diagram showing human fetus within the uterus and label any four parts in it. (2023)

67. (a) Arrange the following hormones in sequence of their secretion in a pregnant woman.

(b) Mention their source and the function they perform:

hCG; LH; FSH; Relaxin

(Delhi 2017)

68. (a) When and how does placenta develop in human female?

(b) How is the placenta connected to the embryo?

(c) Placenta acts as an endocrine gland. Explain.

(Delhi 2015)

## **2.7 Parturition and Lactation**

### **MCQ**

69. Assertion (A): The perimetrium of uterus exhibits strong uterine contractions during child birth.

Reason (R): Oxytocin released from maternal pituitary causes strong uterine contractions.

(a) Both Assertion (A) and Reason (R) are correct statements, and Reason (R) is the correct explanation of the Assertion (A).

(b) Both Assertion (A) and Reason (R) are correct statements, but Reason (R) is not the correct explanation of the Assertion (A).

(c) Assertion (A) is correct, but Reason (R) is incorrect statement.

(d) Assertion (A) is incorrect, but Reason (R) is correct statement.  
(Term I, 2021-22)

**VSA (1 mark)**

70. State from where do the signals for parturition originate in human females.

(NCERT Exemplar, AI 2019)

**SA II (3 marks)**

71. Medically it is advised to all young mothers that breast feeding is the best for their newborn babies. Do you agree? Give reasons in support of your answer.  
(2018)

72. Why is breast feeding recommended during the initial period of an infant's growth? Give reason.

(Delhi 2016)

73. Describe the process of parturition in humans.  
(Delhi 2015)

### CBSE Sample Questions

#### 2.1 The Male Reproductive System

**MCQ**

1. Name the glands that contribute to human seminal plasma.  
(2020-21)

**SA II (3 marks)**

2. Explain the functions of the following structures in the human male reproductive system.

(a) Scrotum

(b) Leydig cells

(c) Male accessory glands

(2022-23)

#### 2.2 The Female Reproductive System

**MCQ**

3. Penetration of the sperm in the ovum is followed by



- (a) formation of first polar body
- (b) completion of meiosis II
- (c) first meiosis
- (d) dissolution of zona pellucida.

(Term 1, 2021-22)

## 2.4 Menstrual Cycle

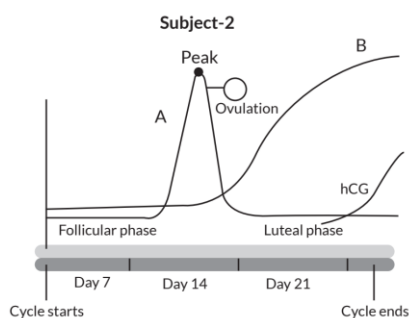
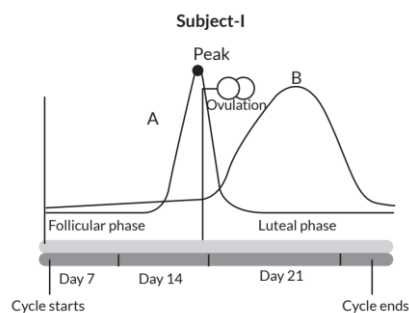
### MCQ

4. The correct sequence of hormone secretion from beginning of menstruation is

- (a) FSH, progesterone, estrogen
- (b) estrogen, FSH, progesterone
- (c) FSH, estrogen, progesterone
- (d) estrogen, progesterone, FSH.

(Term I, 2021-22)

5. To answer the questions, study the graphs below for subject 1 and 2 showing different levels of certain hormones.



(i) The peak observed in Subject 1 and 2 is due to

- (a) estrogen
- (b) progesterone
- (c) luteinising hormone
- (d) follicle stimulating hormone.

(ii) Subject 2 has higher level of hormone B, which is

- (a) estrogen
- (b) progesterone
- (c) luteinising hormone
- (d) follicle stimulating hormone.

(iii) If the peak of hormone A does not appear in the study for subject 1, which of the following statement is true?

- (a) Peak of hormone B will be observed at a higher point in the graph.
- (b) Peak of hormone B will be observed at a point lower than what is given in the graph.
- (c) There will be no observed data for hormone B.
- (d) The graph for hormone B will be a sharp rise followed by a plateau.

(iv) Which structure in the ovary will remain functional in subject 2?

- (a) Corpus luteum
- (b) Tertiary follicle
- (c) Graafian follicle
- (d) Primary follicle

(v) For subject 2 it is observed that the peak for hormone B has reached the plateau stage. After approximately how much time will the curve for hormone B descend?

- (a) 28 days
- (b) 42 days
- (c) 180 days
- (d) 280 days

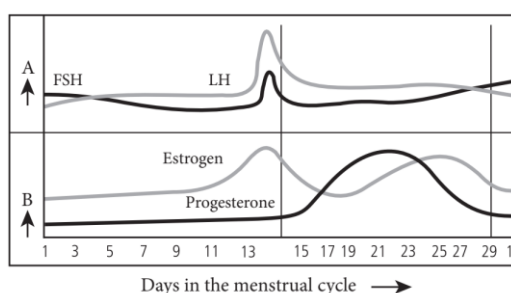
(vi) Which of the following statement is true about the subjects?

- (a) Subject 1 is pregnant.
- (b) Subject 2 is pregnant.
- (c) Both subject 1 and 2 are pregnant.
- (d) Both subject 1 and 2 are not pregnant.

**(Term I, 2021-22)**

**SA I (2 marks)**

**6.** In the figure given below, parts A and B show the level of hormones which influence the menstrual cycle. Study the figure and answer the questions that follow:

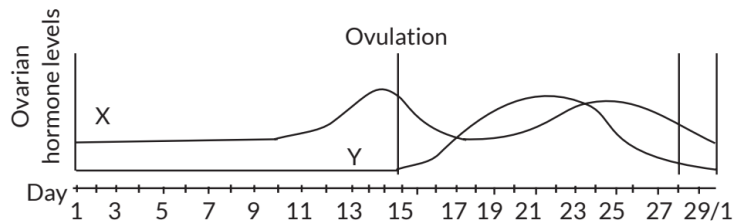


- (a) Name the organs which secrete the hormones represented in parts A and B.
- (b) State the impact of the hormones in part B on the uterus of the human female during 6 to 15 days of menstrual cycle. (2022-23)

**LA (5 marks)**

7. Study the graph given below related with menstrual cycle in females:

I. Identify ovarian hormones X and Y mentioned in the graph and specify their source.



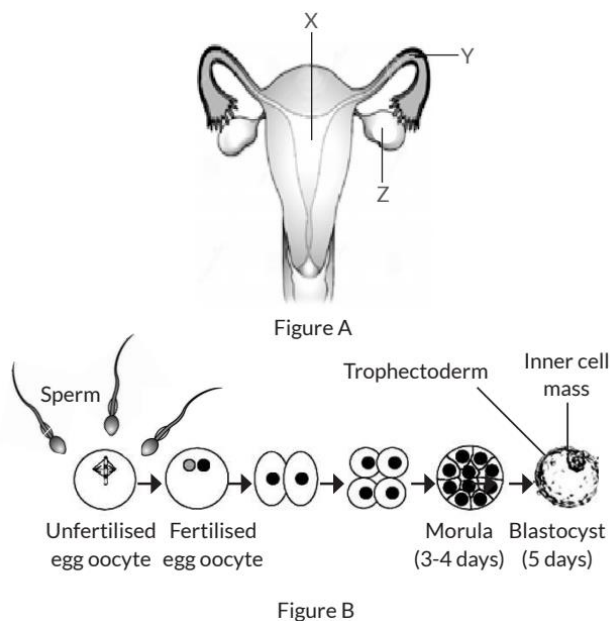
II. Correlate and describe the uterine events that take place according to the ovarian hormone levels X and Y mentioned in the graph on –

- (i) 6-15 days
  - (ii) 16-25 days
  - (iii) 26-28 days (when ovum is not fertilised)
- (Term I, 2021-22)**

## 2.5 Fertilisation and Implantation

**MCQ**

8. Figure A shows the front view of the human female reproductive system and figure B shows the development of a fertilised human egg cell.



Identify the correct stage of development of human embryo (figure B) that takes place at the site X, Y and Z respectively in the human female reproductive system (figure A).

Choose the correct option from the table below.

	X	Y	Z
(a)	Morula	Fertilised egg	Blastocyst
(b)	Unfertilised egg	Fertilised egg	Morula
(c)	Blastocyst	Fertilised egg	Unfertilised egg
(d)	Fertilised egg	Morula	Blastocyst

(Term I, 2021-22)

## 2.6 Pregnancy and Embryonic Development

### MCQ

9. Which of the following statements are correct with respect to hormones secreted by placenta?

- (i) Placenta secretes relaxin during later stage of pregnancy.
- (ii) Placenta secretes high amount of FSH during pregnancy.
- (iii) Placenta secretes relaxin during initial stage of pregnancy.
- (iv) Placenta secretes hCG and hPL during pregnancy.

(a) (i) and (iv)

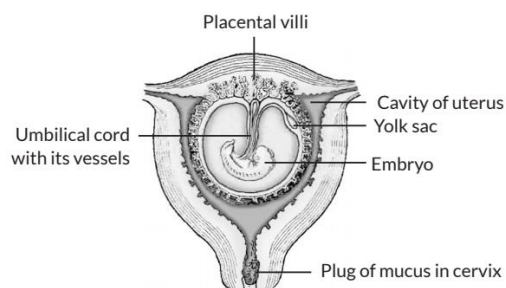
(b) (i), (ii) and (iv)

(c) (iii) and (iv)

(d) (ii), (iii) and (iv)

(Term I, 2021-22)

10. Concentration of which of the following substances will decrease in the maternal blood as it flows from embryo to placenta through the umbilical cord?



(i) Oxygen

(ii) Amino Acids

(iii) Carbon dioxide

(iv) Urea

(a) (i) and (ii)

(b) (ii) and (iv)

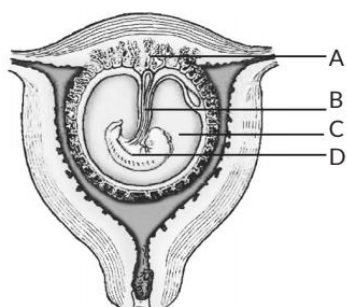
(c) (iii) and (iv)

(d) (i) and (iv)

(Term I, 2021-22)

**LA (5 marks)**

11. The following figure shows a fetus within the uterus. On the basis of the given figure, answer the questions that follow:



(i) In the above figure, choose and name the correct part (A, B, C or D) that acts as a temporary endocrine gland and substantiate your answer. Why is it also called the functional junction?

(ii) Mention the role of B in the development of the embryo.

(iii) Name the fluid surrounding the developing embryo. How is it misused for sex-determination?

(2020-21)

## 2.7 Parturition and Lactation

### MCQ

12. Assertion: Parturition is induced by a complex neuro-endocrine mechanism.

Reason: At the end of gestation period, the maternal pituitary releases prolactin which causes uterine contractions.

(a) Both A and R are true and R is the correct explanation of A.

(b) Both A and R are true and R is not the correct explanation of A.

(c) A is true but R is false.

(d) A is false but R is true.

(Term I, 2021-22)

13. During parturition, a pregnant woman is having prolonged labour pains and child birth has to be fastened. It is advisable to administer a hormone that can

(a) increase the metabolic rate

(b) release glucose in the blood

(c) stimulate the ovary

(d) activate smooth muscles.

(Term I, 2021-22)

SA II (3 marks)

14. A fully developed fetus initiates its delivery from the mother's womb. Justify the statement.

(2020-21)

### Detailed SOLUTIONS

#### Previous Years' CBSE Board Questions

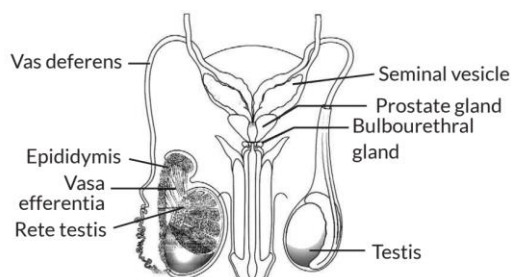
1. (b): Interstitial cells synthesise and secrete testicular hormones called androgens (e.g., testosterone).

2. The human testes are located outside the abdominal cavity within a pouch called scrotum. The scrotum helps in maintaining the low temperature of the testes ( $2-2.5^{\circ}\text{C}$ ) lower than the normal internal body temperature, necessary for spermatogenesis.

3. (a) Sertoli cells are present in the wall of seminiferous tubules. Sertoli cells provide nourishment to the developing sperms.

(b) Leydig's cells present between the seminiferous tubules, synthesise and secrete testicular hormones called androgens.

4. The interrelationship of four male sex accessory ducts; rete testis, vasa efferentia, vasa deferentia and epididymis shown in the given diagram.

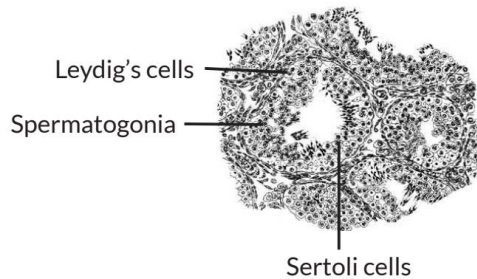


5. (a) X is testis. It is located outside the abdominal cavity within a pouch called scrotum.

(b) Y is seminal vesicle. It produces an alkaline secretion which forms 60% of the volume of the semen.

(c) Zis epididymis. It stores the sperms and also secretes a fluid which nourishes the sperms.

6. Sectional view of human seminiferous tubule is as follows:



Functions:

- (i) Sertoli cells: These cells provide nourishment to the developing sperms.
- (ii) Spermatogonia: During spermatogenesis, spermatogonia grow into primary spermatocytes which undergo meiosis, producing haploid cells, first secondary spermatocytes and then spermatids. The spermatids then convert into spermatozoa (sperms).
- (iii) Leydig's cell: Leydig's cells present between the seminiferous tubules, synthesise and secrete testicular hormones called androgens.

7. (b): W-Myometrium, X-Ampulla, Y-Cervix, Z - Perimetrium

8. (a) Primary oocytes will be present in ovary (X) of a newborn baby.

(b) Y is fimbriae. The edges of the infundibulum possess finger-like projections called fimbriae, which help in collection of the ovum after ovulation.

(c) Z is the ampullary-isthmic junction. It is the site of fertilisation in humans.

9. The inner glandular wall of the uterus is known as endometrium.

Role - During the menstrual cycle, the endometrium wall grows into a thick, vascular (blood vessel-rich) glandular layer. This condition of the endometrium favours the implantation of the fetus. If fertilisation does not occur, the endometrium is shed during the hemorrhagic phase of the menstrual cycle.

The middle wall of the uterus is known as myometrium.

Role - It consists of smooth muscles. It exhibits contraction during delivery of the baby.

10. (c): The middle piece of sperm contains mitochondria coiled around the axial filament. They provide energy for the movement of the sperm.

11. (b)

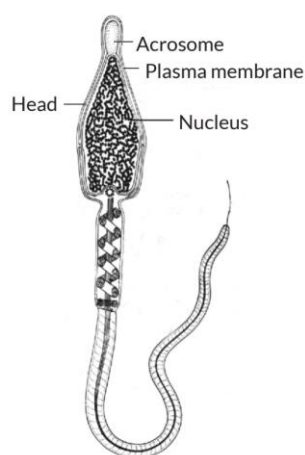
12. (c)

13. Differences between spermiogenesis and spermiation are as follows:

Spermiogenesis	Spermiation
It is the process of transforming spermatids into matured spermatozoa or sperms.	It is the process by which mature spermatozoa or spermatids are released from the Sertoli cells into the seminiferous tubule lumen prior to their passage to the epididymis.

14. During spermatogenesis, gonadotropin releasing hormone (GnRH) is secreted by the hypothalamus, which stimulates the anterior pituitary gland to secrete luteinising hormone (LH) and follicle stimulating hormone (FSH). LH acts on the Leydig's cells of the testes to secrete testosterone while FSH acts on Sertoli cells of the seminiferous tubules of the testes to secrete androgen binding protein (ABP) and inhibin. ABP concentrates testosterone and inhibin suppresses FSH synthesis. FSH also acts on spermatogonia to stimulate sperm production.

15. Labelled parts of head region of human sperm are as follows:



16. (a) In the given figure, X is primary follicle. The process is initiated during embryonic development stage.

(b) Y is Graafian follicle. Graafian follicle is formed during ovulation stage. The primary follicles are surrounded by more layers of granulosa cells and called secondary follicles. The secondary follicle soon changes into a tertiary follicle which is characterised by a fluid filled cavity called follicular antrum. The tertiary follicle is further converted into mature follicle or Graafian follicle.



(c) Z is corpus luteum which secretes progesterone hormone.

17. (a) In the given figure A is primary follicle, B is tertiary follicle showing antrum and C is Graafian follicle. Anterior lobe of pituitary gland secretes LH and FSH.

FSH stimulates the growth of ovarian follicles, i.e., from A→B→C.

(b) Hormone secreted by A and B is estrogen.

(c) D in the given figure is corpus luteum. It secretes progesterone which helps in the maintenance of endometrium.

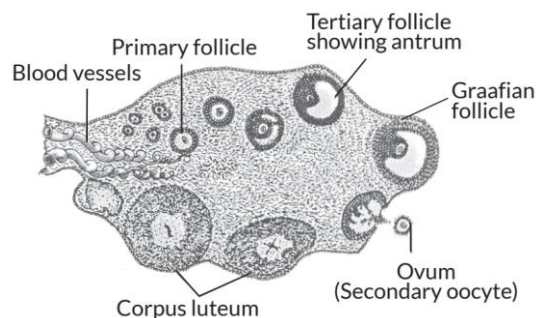
18. The three different parts (regions) of the human sperm are head, middle piece and the tail. Their involvement in the process of fertilisation are as follows:

Head - contains nucleus and enzyme in acrosome. During fertilisation, acrosome helps the sperm to enter the egg and the nucleus of sperm combines with the nucleus of the egg and restores the normal number of 23 pairs of chromosomes.

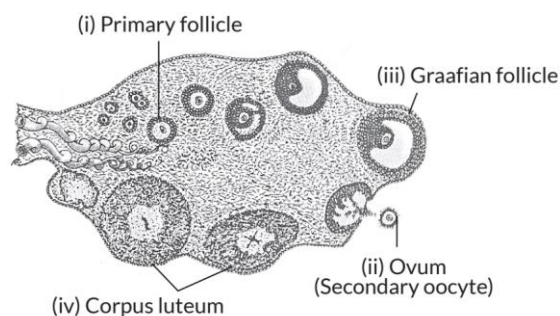
Middle piece - It contains mitochondria which acts as a power house of the sperm cell and there are several mitochondria available at the middle piece. This gives the ability to navigate in the female reproductive tract.

Tail - It helps the sperm to reach to the egg.

19. Diagrammatic sectional view of human ovary showing the development of follicles, corpus luteum and ovulation is as follows:

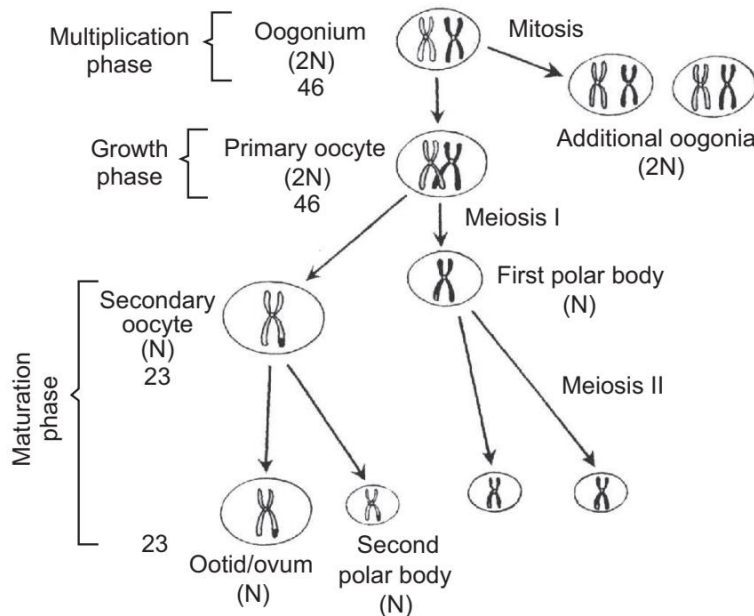


20. (a) Diagrammatic sectional view of human ovary is as follows:

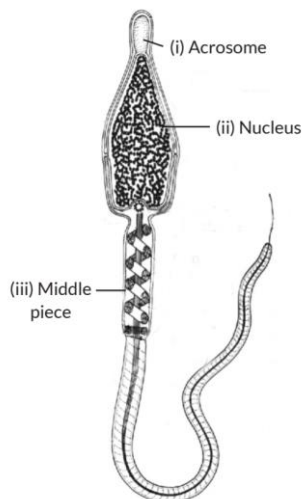


(b) After ovulation, the remaining cells of the ovarian follicles are stimulated by luteinising hormone (LH) to develop corpus luteum. Now, the corpus luteum secretes large amount of progesterone that is essential for the maintenance of the endometrium.

21. Flowchart showing the schematic representation of events of oogenesis is as follows:



22. The diagram of a human sperm with labelled parts – acrosome, nucleus and middle piece is as follows:



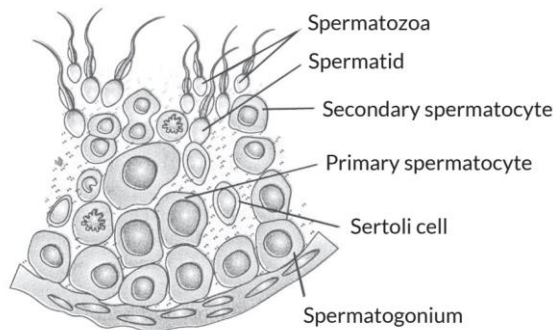
Three important parts of mature human sperm and its functions are as follows:

(i) **Acrosome:** It is formed from Golgi body and contains enzymes called sperm lysins that are used to contact and penetrate the egg at the time of fertilisation.

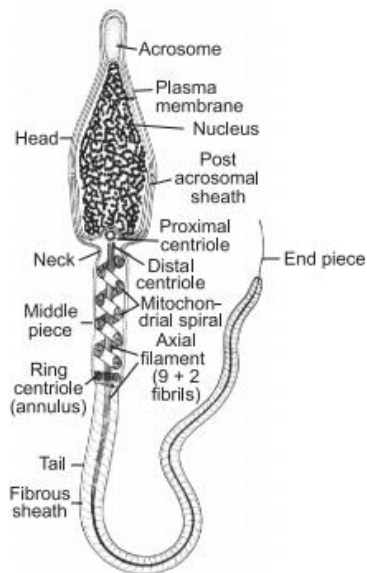
(ii) **Nucleus:** It contains chromosomal material which is the carrier of genetic information.

(iii) Middle piece: It contains mitochondria in spiral form that provides energy for the movement of the sperm hence also called power house of sperm.

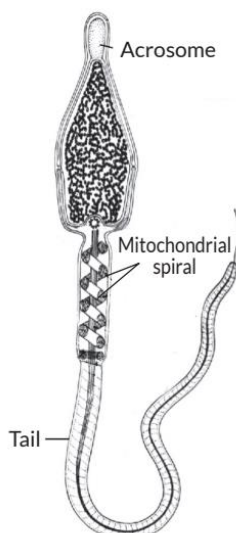
**23.** Sectional view of human seminiferous tubule is as follows:



**24.** Labelled diagram of a human sperm is as follows:



**25.** Diagram of a human sperm with labelled parts that assist in sperm to reach and gain entry into female gametes is as follows:



Functions:

Acrosome - It contains enzymes called spermlysins that are used to contact and penetrate the egg at the time of fertilisation.

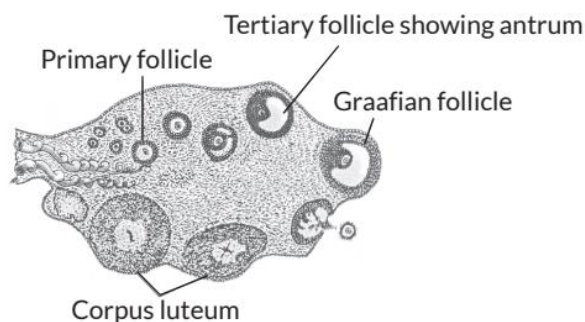
Mitochondrial spiral - It provides energy for the movement of the sperm.

Tail - It help the sperm to reach to the egg.

**26.** During spermatogenesis, gonadotropin releasing hormone (GnRH) is secreted by the hypothalamus, which stimulates the anterior pituitary gland to secrete luteinising hormone (LH) and follicle stimulating hormone (FSH).

LH acts on the Leydig's cells of the testes to secrete testosterone while FSH acts on Sertoli cells of the seminiferous tubules of the testes to secrete androgen binding protein (ABP) and inhibin. ABP concentrates testosterone and inhibin suppresses FSH synthesis. FSH also acts on spermatogonia to stimulate sperm production.

**27.** (a) Diagrammatic sectional view of human ovary showing the sequential development of different follicles. upto corpus luteum is as follows:



(b) GnRH secreted by the hypothalamus stimulates the anterior lobe of pituitary gland to secrete LH and FSH. FSH stimulates the growth of Graafian follicles and also the development of egg/oocyte within the follicle to complete the meiosis I to form secondary oocyte. FSH also stimulates the formation of estrogens.

LH induces the rupture of the mature Graafian follicle and thereby the release of secondary oocyte. Thus, LH causes ovulation. The remaining part of the Graafian follicle is stimulated by LH to develop into corpus luteum which secretes progesterone.

The rising level of progesterone inhibits the release of GnRH, which in turn, inhibits production of FSH, LH and progesterone.

**28.** (a) Refer to answer 23.

(b) Pituitary gland secretes two hormones, FSH and LH. LH acts on Leydig's cells of the testes to secrete testosterone. FSH acts on Sertoli cells of the seminiferous

tubules of the testes to secrete Androgen Binding Protein (ABP) which concentrates testosterone in seminiferous tubules. FSH acts on spermatogonia to stimulate sperm production.

**29. (a)** Differences between spermatogenesis and oogenesis are as follows:

	Spermatogenesis	Oogenesis
(i) Time of initiation of the process	It starts in males at the age of puberty.	It is initiated in females during the embryonic development stage when a couple of oogonia are formed within each fetal ovary.
(ii) Site of completion of the process	It is completed in the testes and mature sperms are released from the seminiferous tubules.	It is completed in the female reproductive tract, in the ovary. The Graffian follicle ruptures to release the ovum from the ovary (ovulation).
(iii) Nature of meiotic division undergone by gamete cells	It involves equal cytoplasmic division.	It involves unequal cytoplasmic divisions.

(b) Refer to answer 26.

**30.** The process of formation of a mature female gamete (ovum) is called oogenesis. It occurs in the ovaries. It consists of three phases: multiplication, growth and maturation.

(i) Multiplication phase : In the fetal development, certain cells in the germinal epithelium of the ovary of the fetus are larger than others. These cells divide by mitosis, producing a couple of million egg mother cells or oogonia in each ovary of the fetus. The oogonia multiply by mitotic divisions forming the primary oocytes.

(ii) Growth phase: This phase of the primary oocyte is very long. The oogonium grows into a large primary oocyte by taking food from the surrounding follicle cells.

(iii) Maturation phase: Each primary oocyte undergoes two maturation divisions, first meiotic and the second meiotic.

In the first, meiotic division, the primary oocyte divides into two very unequal haploid daughter cells - a large secondary oocyte and a very small first polar body or polocyte. In the second maturation division, the first polar body may divide to form two second polar bodies. The secondary oocyte again divides into unequal daughter cells, a large ootid and a very small second polar body. The ootid grows into a functional haploid ovum. Thus, from one oogonium, one ovum and three polar bodies are formed. The polar bodies take no part in reproduction and, hence, soon degenerate. In humans, ovum is released from the ovary in the secondary oocyte stage, this process is called ovulation.

The hormones involved in this process are luteinising hormone (LH) and follicle stimulating hormone (FSH), both secreted by anterior pituitary gland under the influence of GnRH from hypothalamus. FSH stimulates the growth of Graafian follicle and also the development of egg (secondary oocyte) within the follicle. LH induces the rupture of mature Graafian follicle and thereby the release of secondary oocyte (ovulation).

**31. (a)** In humans, follicle stimulating hormone (FSH) initiates the process of spermatogenesis.

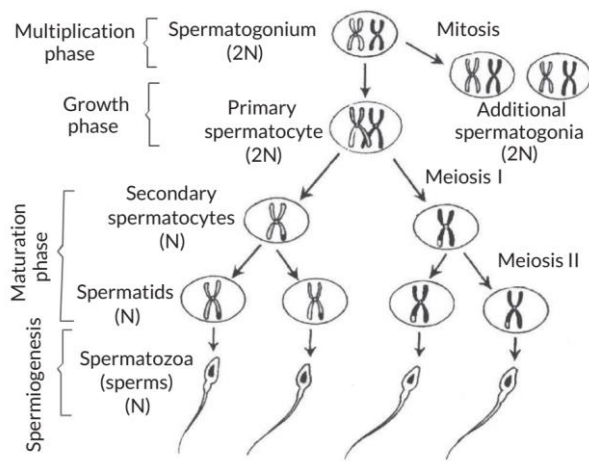
Spermatogenesis is the process of formation of haploid spermatozoa from diploid spermatogonia inside the testes of the male. It includes following three phases:

(i) Multiplication phase - At sexual maturity, the undifferentiated primordial germ cells divide several times by mitosis to produce a large number of spermatogonia or sperm mother cells. Spermatogonia ( $2N$ ) are of two types: type A spermatogonia and type B spermatogonia. Type A spermatogonia serve as the stem cells which divide to form second type of spermatogonia whenever required.

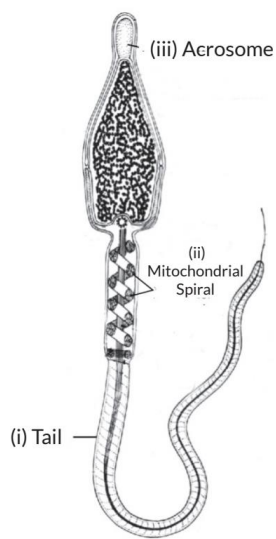
Type B spermatogonia are progenitor cells which function as precursors of spermatozoa.

(ii) Growth phase-Each type B spermatogonium actively grows to a larger primary spermatocyte by obtaining nourishment from the nursing cells.

(iii) Maturation phase - Each primary spermatocyte undergoes two successive divisions, called maturation divisions. The first maturation division is reductional or meiotic. Hence, the primary spermatocyte divides into two haploid daughter cells called secondary spermatocytes. Both secondary spermatocytes now undergo second maturation division which is an ordinary mitotic division to form four haploid spermatids, by each primary spermatocyte.

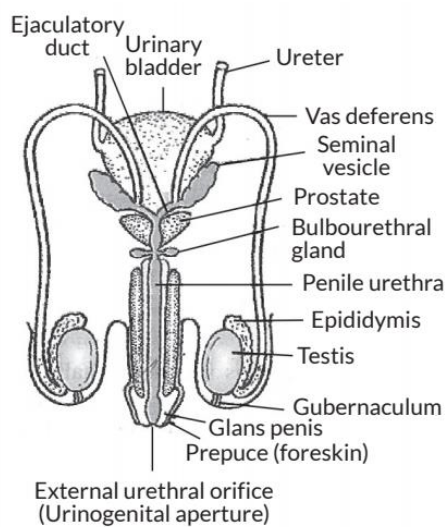


(b) The labelled diagram of human sperm is as follows:



32. Refer to answer 31 (a).

33. (a) Diagrammatic view of human male reproductive system is as follows:





(b) (i) Differences between vasa efferentia and vasa deferens are as follows:

	Vasa efferentia	Vas deferens
(i)	They arise from the rete testis.	They arise from the cauda epididymis.
(ii)	They vary from 15 to 20 in number.	They are only 2 in number.
(iii)	Vasa efferentia are fine.	Vasa deferentia are thick.
(iv)	Their lining bears many ciliated cells.	Their lining has many stereocilia.
(v)	It carries spermatozoa from the rete testis to the epididymis.	It carries spermatozoa from cauda epididymis to the ejaculatory duct.

(ii) Differences between spermatogenesis and spermiogenesis are as follows:

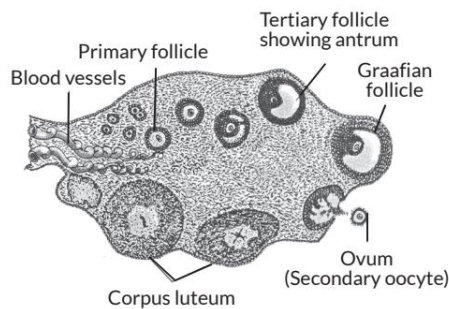
	Spermatogenesis	Spermiogenesis
(i)	It is the process of formation of haploid spermatozoa from germinal cells.	It is the process of differentiation of spermatozoan from a spermatid.
(ii)	It involves conversion of a diploid structure into haploid structures.	It changes a haploid structure into another haploid structure.
(iii)	There is growth and divisions during spermatogenesis.	There is reconstruction during spermiogenesis. Divisions and growth are absent.
(iv)	No organelle is lost.	Golgi bodies are lost during spermiogenesis.
(v)	A spermatogonium forms four spermatozoa.	Here a spermatid forms a single spermatozoan.
(vi)	It consists of multiplication phase, spermatocytogenesis, maturation phase and differentiation phase.	It consists of only differentiation phase.

**34. (a)** In spermatogenesis, the growth phase is very short. The spermatogonium actively grows into a larger primary spermatocyte by obtaining nourishment from the nursing cells.



In oogenesis, the growth phase is very long. It may extend over many years. The oogonium grows into a large primary oocyte. It then gets surrounded by a layer of granulosa cells to form primary follicle. A large number of these follicles degenerate during the period from birth to puberty. So, at puberty only 60,000 - 80,000 primary follicles are left in each ovary.

(b) Diagrammatic sectional view of human ovary showing different follicular stages, ovum and corpus luteum is as follows:



35. Refer to answer 27.

36. (a): In ovulatory phase, both LH and FSH hormones are active and attain a peak level.

37. (c): FSH (follicle stimulating hormone) secreted by the anterior lobe of the pituitary gland which stimulates follicular development as well as secretion of estrogens by the growing follicles.

38. (a) The average age of the women at the onset of menopause is 50 years.

(b) According to the given graph, maximum primordial follicles are present in premenopausal women of age around 5-10 years.

39. High concentration of LH cause rupturing of Graafian follicle and thereby the release of ovum. This is called ovulation.

40. The menstrual phase is followed by proliferative phase (Days 5-14). Proliferative phase consists of growth of endometrium of uterus, fallopian tube and vagina. In ovary, a Graafian follicle grows, matures and secretes estrogen during this phase. The endometrium grows thicker and becomes more vascularised and glandular. Change in the levels of pituitary and ovarian hormones bring about these changes in the ovary and uterus. The levels of LH and FSH increase gradually during this phase and stimulates follicular development as well as secretion of estrogens by the growing follicles.

41. Menstrual cycle is regulated by certain hormones, some of which are secreted by the pituitary gland. The pituitary gland is stimulated by releasing factors produced in hypothalamus. The hormones produced by pituitary gland influence the ovaries, which in turn affect the uterus. Anterior pituitary gland secretes two

hormones FSH and LH. FSH stimulates maturation of follicle and stimulate it to secrete estrogens. Rapid secretion of LH (LH surge) induces rupturing of Graafian follicle, thereby leading to release of ovum (ovulation).

Ovary secretes two hormones estrogen and progesterone. Estrogen stimulates follicular development and proliferation of the endometrium of the uterine wall. Progesterone produced by corpus luteum helps to maintain endometrium which is required for implantation of the fertilised ovum and other events of pregnancy.

**42.** (a) During 13-15 days, FSH stimulates the ovarian follicle to secrete estrogens that further stimulate the proliferation of the endometrium of the uterine wall. On 14th day, LH surge causes ovulation.

(b) From 16 to 23 days, the remaining cells of the ovarian follicles are stimulated by the LH to develop corpus luteum. The corpus luteum secretes progesterone which is required for the maintenance of endometrium.

In the absence of fertilisation, corpus luteum degenerates causing disintegration of endometrium leading to menstruation that takes place for 3-5 days.

(c) During 24 to 29 days (luteal phase of 15 to 28 days), the luteinising hormone (LH) is secreted by the anterior lobe of the pituitary gland. LH causes ovulation. The remaining cell of the ovarian follicles are stimulated by the LH to develop corpus luteum. The corpus luteum secretes large amount of progesterone. Progesterone stimulates the uterine glands to produce increased amount of watery mucus.

During the secretory phase, there is also similar increase in the secretion of watery mucus by the vaginal glands and by the glands of the fallopian tubes. Progesterone is also essential for maintenance of the endometrium which is necessary for implantation of the fertilised ovum and other events of pregnancy. In the absence of fertilisation, the corpus luteum degenerates. This causes disintegration of the endometrium leading to menstruation marking a new cycle.

**43.** (a) From 8-12 days (follicular phase), the level of gonadotropins (LH and FSH) increase gradually and stimulate follicular development as well as secretion of estrogens by growing follicles.

(b) Refer to answer 42 (a).

(c) Refer to answer 42 (b).

**44.** (a) In human females, menstruation is repeated at an average interval of about 28/29 days, and the cycle of events starting from one menstruation till the next one is called the menstrual cycle.

Menstrual cycle in a human female consists of menstrual phase, proliferative phase (follicular phase), ovulatory phase and secretory phase (luteal phase).

(i) The cycle starts with the menstrual phase, when menstrual flow occurs and it lasts for 3-5 days. The menstrual flow results due to breakdown of endometrial lining of the uterus and its blood vessels which forms liquid that comes out through vagina. Menstruation only occurs if the released ovum is not fertilised.

(ii) The menstrual phase is followed by proliferative phase (Days 5-14). Proliferative phase consists of growth of endometrium of uterus, fallopian tube and vagina. In ovary, a Graafian follicle grows, matures and secretes estrogen during this phase.

The endometrium grows thicker and becomes more vascularised and glandular. Change in the levels of pituitary and ovarian hormones bring about these changes in the ovary and uterus. The levels of LH and FSH increase gradually during this phase and stimulates follicular development as well as secretion of estrogens by the growing follicles.

(ii) In ovulatory phase, both LH and FSH attain a peak level in the middle of cycle (about 14th day). Rapid secretion of LH leading to its maximum level during the mid-cycle called LH surge induces rupture of Graafian follicle and thereby the release of ovum (ovulation).

(iv) After ovulation and in response to luteinising hormone, the portion of the Graafian follicle that remains in the ovary enlarges and is transformed into a corpus luteum containing yellow substance (called lutein) and the luteal phase begins. The corpus luteum secretes large amount of progesterone which is essential for maintenance of endometrium. Such an endometrium is necessary for implantation of the fertilised ovum and other events of pregnancy. In the absence of fertilisation, the corpus luteum degenerates. This causes disintegration of the endometrium leading to menstruation, marking a new cycle.

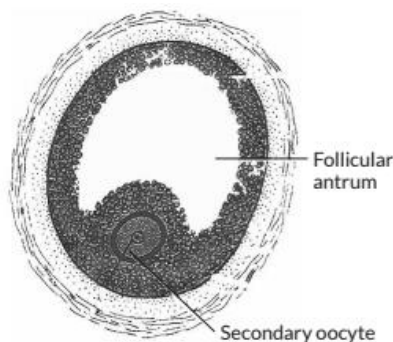
(b) Scientific understanding of menstrual cycle of human females helps as a contraceptive measure because ovulation occurs at about the 14th day of the menstruation. Hence, avoiding or abstaining from coitus from days 10 to 17 of the cycle reduces the chances of fertilisation as ovum survives for about 1-2 days and sperms survive for about 3 days. So, temporary avoidance of coitus during this phase will help as natural method of birth control.

**45. (a)** In a 28-day menstrual cycle, the menses takes place on days 3-5. The production of LH from the anterior lobe of the pituitary gland is considerably reduced. The withdrawal of this hormone causes degeneration of the corpus luteum and, therefore, progesterone production from the ovary is reduced. Production of estrogens from the ovary is also reduced in this phase. The endometrium of the uterus breaks down and menstruation begins. The cells of endometrium secretions, blood and the unfertilised ovum constitute the menstrual flow.

(b) During follicular phase, follicle stimulating hormone (FSH) stimulates the ovarian follicle to secrete estrogens, which in turn stimulate the proliferation of the endometrium of the uterine wall. As a result, endometrium becomes thicker by rapid cell multiplication and is accompanied by an increase of uterine gland and blood vessels. Hence, this phase is also referred as proliferative phase.

(c) At the time of ovulation, rapid secretion of LH induces rupturing of Graafian follicle, thereby releasing ovum. After ovulation has taken place, LH stimulates cells of ovarian follicle to develop corpus luteum. Corpus luteum secretes large amount of progesterone.

(d) The structure of a mature Graafian follicle is as follows:



**46.** Menstrual cycle in a human female consists of menstrual phase, proliferative phase (follicular phase), ovulatory phase and secretory phase (luteal phase). Days 1-5 of the cycle are known as the menstrual phase. During this phase, menstruation occurs. At the beginning of this stage, levels of progesterone and estrogen have dropped dramatically because of the degeneration of the last cycle's corpus luteum. This triggers the shedding of endometrium. The detached portion of the endometrium as well as blood will pass through the vagina as the menstrual flow. Days 5-14 are known as the proliferative phase. Proliferative phase consists of growth of endometrium of uterus, fallopian tube and vagina.

In ovary, a Graafian follicle grows, matures and secretes estrogen during this phase. The endometrium grows thicker and becomes more vascularised and glandular. Changes in the level of pituitary and ovarian hormones bring about these changes in the ovary and uterus. The level of LH and FSH increase gradually during the follicular phase and stimulate follicular development as well as secretion of estrogens by the growing follicles. In ovulatory phase, both LH and FSH attain a peak level in the middle of cycle (about 14th day). Rapid secretion of LH leading to its maximum level during the mid-cycle called LH surge induces rupture of Graafian follicle and thereby the release of ovum (ovulation).

Days 15-28 are known as luteal phase or secretory phase. After ovulation and in response to luteinising hormone, the portion of the Graafian follicle that remains in the ovary enlarges and is transformed into a corpus luteum containing yellow

substance (called lutein) and the luteal phase begins. The corpus luteum secretes large amounts of progesterone which is essential for maintenance of endometrium. Such an endometrium is necessary for implantation of the fertilised ovum and other events of pregnancy. In the absence of fertilisation, the corpus luteum degenerates. This causes disintegration of the endometrium leading to menstruation, marking a new cycle.

**47. (d)**

**48.** During fertilisation, a sperm comes in contact with the zona pellucida layer of ovum which induces changes in the egg membrane that block the entry of additional sperms. So, zona pellucida ensures that only one sperm can fertilise an ovum.

**49.** The motile sperms swim rapidly, pass through the cervix, enter into the uterus and finally reach the junction of the isthmus and ampulla (ampullary-isthmic junction) of the fallopian tube. The ovum released by the ovary is also transported to the ampullary-isthmic junction where fertilisation takes place. During fertilisation, a sperm comes in contact with the zona pellucida layer of the ovum and induces changes in the membrane that block the entry of additional sperms. The secretions of the acrosome help the sperm enter into the cytoplasm of the ovum through the zona pellucida and the plasma membrane. This induces the completion of the meiotic division of the secondary oocyte. The second meiotic division is also unequal and results in the formation of a second polar body and haploid ovum (ootid). Soon the haploid nucleus of the sperms and that of the ovum fuse together to form a diploid zygote.

**50.** Fimbriae, infundibulum, ampulla and isthmus are the main parts of oviduct, through which ovum travels till it meets the sperm for fertilisation. Finally, it reaches the ampullary-isthmic junction of oviduct where fertilisation occurs.

**51. (a)** Morula is shown in figure A and blastocyst is shown in the figure B. 'C' is inner cell mass and 'D' is trophoblast.

(b) Inner cell mass (C) forms the fetus. The cells of trophoblast (D) helps to provide nutrition to the embryo. The cells of trophoblast later form the extra embryonic membranes.

**52.** The events of fertilisation in human female are:

(i) **Acrosomal reaction:** After ovulation, the secondary Oocyte reaches the fallopian tube. The capacitated sperm releases hydrolytic enzymes (sperm lysins) present in the acrosome, when it comes in contact with surface of egg covering. Important sperm lysins are (i) hyaluronidase that acts on the ground substances of follicle cells, (ii) corona penetrating enzyme that dissolves corona radiata and (iii) zona lysine or acrosin that helps to digest the zona pellucida. Due to

acrosomal reaction, plasma membrane of sperm fuses with that of secondary oocyte and depolarisation of oocyte membrane occurs.

(ii) Cortical reaction: Immediately after the fusion of sperm and egg plasma membranes, the egg shows a cortical reaction to further check the entry of more sperms. In this reaction, the cortical granules present beneath the ovum's plasma membrane fuse with the same and release their contents (enzymes) between it and zona pellucida. These enzymes harden the zona pellucida, which now functions as the sure block to polyspermy.

(iii) Sperm entry: The egg extends around the entering sperm, finger-like processes, called microvilli, which constitute a fertilisation cone. The latter take the entire sperm into the egg. The distal centriole of the sperm divides and forms two centrioles to generate the mitotic spindle for cell division.

(iv) Karyogamy: The sperm entry stimulates the egg (secondary oocyte) to resume and complete the suspended meiosis - II. This produces a haploid mature ovum and a second polar body. The head of sperm separates from the middle piece and tail to become male pronucleus and nucleus of ovum is called female pronucleus. The second polar body and sperm tail degenerate. Mixing up of the chromosomes of a spermatozoon and an ovum is called karyogamy or amphimixis. This completes the act of fertilisation. The fertilised ovum is now a diploid cell having 23 pairs of chromosomes, and is termed zygote.

The events of implantation are discussed as follows:

Implantation is the attachment of blastocyst to the uterine wall. It occurs after 7 days of fertilisation. As zygote moves towards the uterus, it undergoes series of mitotic divisions known as cleavage and forms 2,4,8,16 daughter cells called blastomeres. The embryo with 8 blastomeres is called morula. The morula transforms into blastocyst. In a blastocyst, the blastomeres are arranged into an outer layer called trophoblast and an inner group of cells called the inner cell mass. The trophoblast then gets attached to the endometrium and the inner cell mass gets differentiated as the embryo. After attachment the uterine cells divide rapidly and cover the blastocyst. As a result, the blastocyst becomes embedded in the endometrium of the uterus. This whole phenomenon is called implantation and it leads to pregnancy.

**53.** Blastocyst gets implanted in the uterus. Implantation is the attachment of blastocyst to the uterine wall. It occurs after 7 days of fertilisation. As zygote moves towards the uterus, it undergoes series of mitotic divisions known as cleavage and forms 2,4,8,16 daughter cells called blastomeres. The embryo with 8 blastomeres is called morula. The morula transforms into blastocyst. In a blastocyst, the blastomeres are arranged into an outer layer called trophoblast and an inner group of cells called the inner cell mass. The trophoblast then gets

attached to the endometrium and the inner cell mass gets differentiated as the embryo. After attachment the uterine cells divide rapidly and cover the blastocyst. As a result, the blastocyst becomes embedded in the endometrium of the uterus. This whole phenomenon is called implantation and it leads to pregnancy.

**54. (i) :** a-Cells of corona radiata

b-Perivitelline space

c - Ovum nucleus

(ii) The meiotic division is completed before fertilisation in fallopian tube.

The entry of sperm stimulates the egg (secondary oocyte) to resume and complete the suspended meiosis - II. This produces a haploid mature ovum and a second polar body.

(iii) Binding of the sperm to the zona pellucida of secondary oocyte induces depolarisation of the oocyte plasma membrane and prevents polyspermy i.e, entry of more than one sperm into the oocyte.

**55. (i)** Embryonic stage 'e' is morula while 'g' is blastocyst. Morula is a mulberry like solid mass of 8-16 cells called blastomeres formed by cleavage of zygote while the blastocyst is a hollow sphere of 64 cells formed by the rearrangement of blastomeres of morula. It has a cavity called blastocoel and an inner cell mass within. It also has an outer envelope of cells called the trophoblast.

(ii) Refer to answer 53.

**56.** Fertilisation occurs in the ampullary-isthmic junction of the fallopian tube of female. The events of fertilisation in human female are:

(i) Acrosomal reaction: After ovulation, the secondary oocyte reaches the fallopian tube. The capacitated sperm releases hydrolytic enzymes (sperm lysins) present in the acrosome, when it comes in contact with surface of egg covering. Important sperm lysins are (i) hyaluronidase that acts on the ground substances of follicle cells,

(ii) corona penetrating enzyme that dissolves corona radiata and (iii) zona lysine or acrosin that helps to digest the zona pellucida. Due to acrosomal reaction, plasma membrane of sperm fuses with that of secondary oocyte and depolarisation of oocyte membrane occurs.

(ii) Cortical reaction: Immediately after the fusion of sperm and egg plasma membranes, the egg shows a cortical reaction to further check the entry of more sperms. In this reaction, the cortical granules present beneath the ovum's plasma membrane fuse with the same and release their contents (enzymes) between it

and zona pellucida. These enzymes harden the zona pellucida, which now functions as the sure block to polyspermy.

(iii) **Sperm entry:** The egg extends around the entering sperm, finger-like processes, called microvilli, which constitute a fertilisation cone. The latter take the entire sperm into the egg. The distal centriole of the sperm divides and forms two centrioles to generate the mitotic spindle for cell division.

(iv) **Karyogamy:** The sperm entry stimulates the egg (secondary oocyte) to resume and complete the suspended meiosis - II. This produces a haploid mature ovum and a second polar body. The head of sperm separates from the middle piece and tail to become male pronucleus and nucleus of ovum is called female pronucleus. The second polar body and sperm tail degenerate. Mixing up of the chromosomes of a spermatozoon and an ovum is called karyogamy or amphimixis. This completes the act of fertilisation. The fertilised ovum is now a diploid cell having 23 pairs of chromosomes, and is termed zygote.

**57. (a)** The motile sperms swim rapidly, pass through the cervix, enter into the uterus and finally reach the junction of the isthmus and ampulla (ampullary-isthmic junction) of the fallopian tube. The ovum released by the ovary is also transported to the ampullary-isthmic junction where fertilisation takes place. During fertilisation, a sperm comes in contact with the zona pellucida layer of the ovum and induces changes in the membrane that block the entry of additional sperms. The secretions of the acrosome help the sperm enter into the cytoplasm of the ovum through the zona pellucida and the plasma membrane. This induces the completion of the meiotic division of the secondary oocyte. The second meiotic division is also unequal and results in the formation of a second polar body and haploid ovum (ootid). Soon the haploid nucleus of the sperms and that of the ovum fuse together to form a diploid zygote.

(b) Blastocyst gets implanted in human female. In a blastocyst, the blastomeres are arranged into an outer layer called trophoblast and an inner group of cells called the inner cell mass. The trophoblast then gets attached to the endometrium and the inner cell mass gets differentiated as the embryo. After attachment the uterine cells divide rapidly and cover the blastocyst. As a result, the blastocyst becomes embedded in the endometrium of the uterus. This whole phenomenon is called implantation and it leads to pregnancy.

**58. (a)** Sperm 'A' would reach the ovum earlier than both 'B' and 'C'

(b) In the given diagram, 'D' is corona radiata that is formed of radially elongated follicular cells. 'E' is zona pellucida that is present outside the perivitelline space.

The function of the zona pellucida is to prevent the implantation of the blastocyst at an abnormal site. It does not expose the sticky and phagocytic cells of the



trophoblast till the blastocyst reaches the proper implantation site. As the blastocyst is formed, zona pellucida becomes thinner and finally disappears.

(c) The sperms in the female genital tract are made capable of fertilising the egg by secretions of the female genital tract. These secretions remove coating substances deposited on the surface of sperm, mainly on acrosome and exposes its receptor sites. The phenomenon of sperm activation in mammals is known as capacitation. The capacitated sperms undergo acrosomal reaction and release various chemicals contained in the acrosome. These chemicals are collectively called sperm lysins.

Important sperm lysins are: hyaluronidase, corona penetrating enzymes and zona lysine or acrosin. Due to acrosomal reaction, plasma membrane of the sperm fuses with the plasma membrane of the secondary oocyte so that the sperm contents enter the oocyte.

The changes occurring in the ovum are as follows:

(i) During fertilisation, binding of the sperm to the secondary oocyte induces depolarisation of the oocyte plasma membrane. Depolarisation prevents polyspermy. Thus, it ensures that only one sperm can fertilise an ovum.

(ii) The cortical granules present beneath the plasma membrane of the secondary oocyte fuse with the plasma membrane and release their contents including cortical enzymes.

(iii) The secondary oocyte forms a projection termed fertilisation cone which receives the sperm.

(iv) Sperm entry stimulates the metabolism in the fertilised ovum (zygote). As a result, the rates of cellular respiration and protein synthesis increase greatly.

(d) It takes place in the ampullary isthmic junction of the fallopian tube.

**59.** Fertilisation occurs in ampullary-isthmic junction of fallopian tube. The events of implantation are discussed as follows: Implantation is the attachment of blastocyst to the uterine wall. It occurs after 7 days of fertilisation. As zygote moves towards the uterus, it undergoes series of mitotic divisions known as cleavage and forms 2,4,8,16 daughter cells called blastomeres. The embryo with 8 blastomeres is called morula. The morula transforms into blastocyst. In a blastocyst, the blastomeres are arranged into an outer layer called trophoblast and an inner group of cells called the inner cell mass. The trophoblast then gets attached to the endometrium and the inner cell mass gets differentiated as the embryo. After attachment the uterine cells divide rapidly and cover the blastocyst. As a result, the blastocyst becomes embedded in the endometrium of the uterus. This whole phenomenon is called implantation and it leads to pregnancy.

**60. (d):** During embryonic development, human fetus develops limbs and digits by the end of second month of pregnancy, i.e., 60 days.

**61. (d):** The chorionic villi and uterine tissue becomes interdigitated with each other to form a structural and functional unit between developing embryo and maternal body called placenta. Inner cell mass of the blastocyst differentiates into ectoderm, endoderm and mesoderm immediately after implantation.

**62.** Human chorionic gonadotrophin (hCG), human placental lactogen (hPL) and relaxin are produced in women only during the pregnancy. There would be a rapid increase in estrogen levels during the first trimester. It plays major role in the milk duct development that enlarge the breasts during second trimester. Progesterone level remain high throughout the pregnancy.

**63.** The placenta acts as an endocrine gland and secretes hormones: human chorionic gonadotropin (hCG), human chorionic somatomammotropin (hCS), progesterone, estrogen, relaxin, chorionic thyrotropin and chorionic corticotropin. The hCG stimulates and maintains the corpus luteum to secrete progesterone until the end of pregnancy. The hCS stimulates the growth of the mammary glands during pregnancy. Relaxin facilitates parturition (act of birth) by softening the connective tissues of the pubic symphysis. The level of hormones like estrogen, progesterone, etc. are increased in maternal blood during pregnancy. Increased production of these hormones is necessary for supporting the fetal growth, metabolic changes in mother and maintenance of pregnancy.

**64.** After implantation, finger-like projections appear on the trophoblast called chorionic villi which are surrounded by the uterine tissue and maternal blood. The chorionic villi and uterine tissue become interdigitated with each other and jointly form a structural and functional unit between developing embryo (fetus) and maternal body called placenta, which facilitates the supply of oxygen and nutrients to the embryo and also removal of carbon dioxide and excretory waste materials produced by the embryo. Placenta also acts as an endocrine tissue and produces several hormones essential for supporting the fetal growth, metabolic changes in the mother and maintenance of pregnancy.

**65. (a)** Refer to answer 64

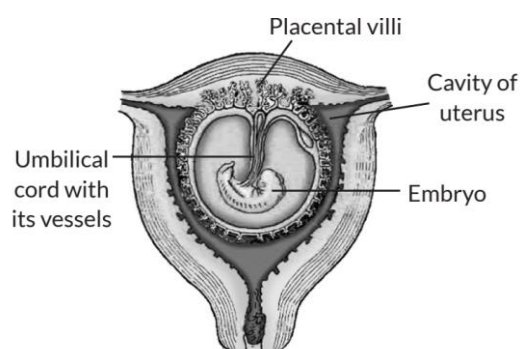
(b) Estrogen and progesterone are two hormones, secreted by placenta and they are also present in non-pregnant woman.

**66. (i)** The placenta begins to develop after implantation of a blastocyst which occurs in the maternal endometrium. The blastocysts have two different cell types; they have outer trophoblast cells and inner cell mass. These trophoblast cells develop to form the placenta, while the inner cell mass forms the fetus and fetal membrane.

The placenta is formed by 18 - 20 weeks and continues to grow throughout the pregnancy. It has a length of about 22 cm and a width of about 2.5 cm. By the 12 weeks, the placenta is formed and ready to help the fetus with the nourishment. It allows in the uptake of nutrients, eliminates waste, aids in thermoregulation and gases exchange.

Antibodies like IgG can pass through the human placenta and later it protects the fetus in the uterus. Placenta also performs the endocrine function, i.e. they release few hormones which are needed for the growth of sex organs.

(ii) The diagram of human fetus within the uterus is as follows:



67. (a) The sequence of secretion of the given hormones in a pregnant woman is:

FSH→LH→ hCG→ Relaxin

(b) Sources and functions of hormones are:

Hormone	Source	Function
hCG	Chorionic cells of placenta	Stimulates and maintains the corpus luteum to secrete progesterone.
LH	Anterior lobe of pituitary	Induces ovulation and stimulates corpus luteum to secrete progesterone.
FSH	Anterior lobe of pituitary	Stimulates the growth of ovarian follicles and secretion of estrogen in females.
Relaxin	Ovary	Softens the ligaments that hold the pubic symphysis together for dilation of cervix.

68. (a) Placenta develops after implantation of embryo in the uterus of human female. After implantation, finger-like projections appear on the trophoblast called chorionic villi which are surrounded by the uterine tissue and maternal blood. The chorionic villi and uterine tissue become interdigitated with each other and jointly form a structural and functional unit between developing

embryo (fetus) and maternal body called placenta, which facilitates the supply of oxygen and nutrients to the embryo and also removal of carbon dioxide and excretory waste materials produced by the embryo. Placenta also acts as an endocrine tissue and produces several hormones essential for supporting the fetal growth, metabolic changes in the mother and maintenance of pregnancy.

(b) An umbilical cord connects placenta to the embryo.

(c) Refer to answer 63

**69. (d):** Myometrium of uterus exhibits strong contraction during the delivery of baby.

**70.** The signals for parturition originate from the fully developed fetus and the placenta induce mild uterine contractions called fetal ejection reflex.

**71.** Yes, I agree that all young mothers must breast-feed their newborn babies to provide best nourishment to them. Human milk consists of fat, casein (milk protein), lactose (milk sugar), mineral salts (sodium, calcium, potassium, phosphorus, etc). and vitamins that are necessary for development of the child. Mammary glands start producing milk at the end of pregnancy. The milk produced by the mammary glands of mother during initial days after child birth, for 2 to 3 days is called colostrum. It is rich in proteins (lactalbumin and lactoprotein) and various other nutrients. It also contains certain antibodies (IgA), which provide passive immunity to the baby. This milk helps in developing resistance to disease for newborn babies. It helps the baby to fight from viruses and bacteria.

**72.** After birth, the breast's first released milk is called colostrum for 2 or 3 days. This is a thin, yellowish, fluid, often called foremilk. It contains cells from the alveoli and is rich in protein (lactalbumin and lactoprotein), antibodies (IgA), but low in fat. Breast-feeding during the initial period of infant growth is recommended by doctors for bringing up a healthy baby.

**73.** The act of expelling the full-term young one from the mother's uterus at the end of gestation period is called parturition. Process of parturition is induced by both nervous system and hormones secreted by the endocrine glands of the mother. The signals for child birth (parturition) originate from the fully matured fetus and placenta which induce mild uterine contractions called fetal ejection reflex. This causes quick release of oxytocin from the maternal pituitary gland. Oxytocin acts on the uterine muscles and causes stronger uterine contractions which in turn further stimulates the secretion of oxytocin. The stimulatory reflex between the uterine contraction and oxytocin secretion continues resulting in stronger and stronger contractions. This leads to expulsion of the baby from the uterus through the birth canal.

## CBSE Sample Questions

1. Prostate, seminal vesicle and bulbourethral gland contribute to human seminal plasma.

2. (a) Scrotum : The testes are situated outside the abdominal cavity within a pouch called scrotum. The scrotum helps in maintaining the low temperature of the testes (2-2.5 degree celsius lower than the normal internal body temperature) necessary for spermatogenesis.

(b) Leydig cells: The regions outside the seminiferous tubules called interstitial spaces contain small blood vessels and interstitial cells or Leydig's cells. Leydig cells synthesise and secrete testicular hormones called androgens.

(c) Male accessory glands: The male accessory glands include paired seminal vesicles, a prostate and paired bulbourethral glands. Secretions of these glands constitute the seminal plasma which is rich in fructose, calcium and certain enzymes. The secretions of bulbourethral glands also help in the lubrication of the penis.

3. (b): When a sperm enters an ovum, it completes meiosis II and gets converted into a fertilised ovum or zygote.

4. (c): In follicular phase of menstrual cycle, FSH is secreted by the anterior lobe of the pituitary which in turn stimulates the growing ovarian follicles to secrete estrogens. In ovulatory phase, LH and FSH attains a peak level and in secretory phase or luteal phase of menstrual cycle, corpus luteum secretes large amount of progesterone.

5. (i) (c): The ovulation is induced by rapid secretion of luteinising hormone in the middle of the cycle (LH surge). So, peak observed in subject 1 and 2 is due to luteinising hormone.

(ii) (b): Hormone B of subject-2 is progesterone. During pregnancy large amount of progesterone is secreted by corpus luteum for maintenance of the endometrium because it is necessary for implantation of the fertilised egg and other events of pregnancy.

(iii) (c)

(iv) (a): After fertilisation, corpus luteum remains functional because it secretes large amount of progesterone during initial stage of pregnancy.

(v) (d): Increase in hCG in subject 2 indicates pregnancy. All events of menstrual cycle stops during pregnancy (9 months + 7 days) and progesterone (hormone B) secretion increases during initial stages of pregnancy which will descend when new menstrual cycle would start, i.e., approximately 280 days.

(vi) (b)

6. (a) A-Pituitary gland; B - Ovary

(b) During proliferative phase (days 6-15) of menstrual cycle, estrogen secretion increases and endometrium of the uterus regenerates.

7. I.X-Estrogen secreted by growing follicles Y- Progesterone secreted by corpus luteum

II. Uterine events that take place according to the ovarian hormone levels X and Y are as follows:-

(i) 6-15 days: Endometrium of the uterus regenerates by proliferation under the influence of estrogen.

(ii) 16-25 days: Under the influence of progesterone the endometrium of the uterus is maintained for implantation of fertilised ovum and other events of pregnancy.

(iii) 26-28 days (when ovum is not fertilised): In the absence of fertilisation, corpus luteum degenerates which causes disintegration of endometrium leading to menstruation, marking a new cycle.

8. (c): X is blastocyst which implants in the wall of the uterus about 7 days after fertilisation. Y is fertilised egg formed by the fertilisation of ovum with sperm at ampullary region of fallopian tube. Z is unfertilised egg present inside the ovary.

9. (a): During pregnancy, placenta secretes some hormones like human chorionic gonadotropin (hCG), human placental lactogen (hPL), estrogen, progesterone and relaxin, etc. hCG stimulates and maintains corpus luteum to secrete progesterone until the end of pregnancy. hPL stimulates the growth of mammary glands during pregnancy. Relaxin is secreted by placenta in later stages of pregnancy which facilitates parturition by softening the connective tissue of the pubic symphysis.

10. (a): Nutritive elements (like amino acids) and oxygen pass from the mother's blood into the fetus through the placenta and carbon dioxide and urea pass in reverse direction, i.e., from placenta to mother.

11. (i) Part labelled A is placenta. It acts as an endocrine tissue as it produces several hormones like human chorionic gonadotropin (hCG), human placental lactogen (hPL), estrogens, progestogens, etc.

It is also called the functional junction because it facilitates the supply of oxygen and nutrients to the embryo and removes carbon dioxide and excretory or waste materials produced by the embryo.

(ii) The labelled part B is umbilical cord. Placenta is connected to the embryo through an umbilical cord which helps in the transport of substances to and from the embryo.

(iii) Amniotic fluid surrounds the developing embryo.

Afetal sex determination test is based on the chromosomal pattern of the cells in the amniotic fluid surrounding the developing embryo. By analysing the allosomal chromosome pattern sex determination is completed. It is being misused to abort normal female fetuses.

**12. (c):** During parturition, the signal originates from fully developed fetus which triggers release of oxytocin from maternal pituitary. Oxytocin acts on the uterine muscle and causes stronger uterine contractions.

**13. (d):** During parturition, it is advisable to administer a hormone like oxytocin that can activate smooth muscles and cause strong uterine contractions which will fasten the child expulsion through the birth canal.

**14.** The signals for parturition originate from the fully developed fetus and the placenta which induce mild uterine contractions called fetal ejection reflex. This triggers the release of oxytocin from the maternal pituitary gland. Oxytocin acts on the uterine muscle and causes stronger uterine contractions, which in turn stimulates further secretion of oxytocin. The stimulatory reflex between the uterine contraction and oxytocin secretion continues resulting in stronger and stronger contractions. Parturition is induced by a complex neuroendocrine mechanism involving cortisol, estrogens and oxytocin. This leads to expulsion of the baby out of the uterus through the birth canal or parturition.