

VI – VIII SECTION

Academic Year 2013 - 2014

SUMMATIVE ASSESSMENT-I : WORK SHEET

CLASS :- VIII

SUBJECT :- ENGLISH - (READING, WRITING & GRAMMAR)

Q.1. Read the following passage carefully and answer the questions that follows :-

HEART - THE NEED TO PROTECT IT

Plaque is the accumulation of fat, cholesterol and other substances in arteries. As the plaque continues to build up in the artery, blood flow to the heart muscles gets reduced thus reducing the supply of oxygen and nutrients to the heart. As a result, when a major artery supplying blood to the heart muscle gets blocked completely, it results in a heart attack. Heart attack causes irreparable damage to the affected portion of the heart and subsequently reduces the efficiency of the heart.

In today's fast moving world, people have little or practically no time for any structured exercise regime. In addition to this, highly sophisticated gadgets that perform almost all the tasks with ease and little expenditure of energy are replacing physical activity earlier required to perform daily tasks. Thus, increased mechanization has contributed largely towards a sedentary lifestyle, which is responsible for an increased prevalence of heart disease.

In today's highly competitive and stressful environment at work, people have forgotten the basic principles of 'healthy living' in an attempt to raise their standards of living. Stress, one of the major culprits, has taken a heavy toll on the younger generation that is more prone to heart disease than thought otherwise.

Simple lifestyle modifications can help you keep heart disease at bay. For instance, aerobic exercises tend to promote cardiovascular fitness as the heart muscles have to work harder in order to supply energy to the heart making it more efficient and better conditioned. Some examples of aerobic exercises are brisk walking, cycling, jogging, swimming, running and jumping rope.

Exercise or physical activity, one of the most neglected aspects of healthy lifestyle, offers myriad benefits to the health by lowering blood pressure, controlling weight, improving blood circulation throughout the body, increasing levels of high-density lipoproteins (the 'good' cholesterol) in the blood and lowering stress. In addition to benefiting the cardiovascular system, regular exercise may enhance a person's sense of well being, increase stamina, improve muscle tone and flexibility and enhance

productivity. This also possibly leads to an increase in longevity. A moderate level of activity also delays the process of ageing.

Q.1.1. On the basis of your reading of the passage, answer the following questions as briefly as possible:-

- Q.1.** What are the consequences of a heart attack?
- Q.2.** Mention any four benefits of physical activity.
- Q.3.** How do the aerobic exercises help to keep your heart diseases at bay?

Q.1.2. Complete the sentences by writing the appropriate word/words against the correct blank number :-

- (a) The 'good' cholesterol in the blood is _____.
- (b) _____ has contributed largely towards a sedentary lifestyle.
- (c) _____ is one of the major culprits of heart disease in younger generation.
- (d) An example of aerobic exercise is _____.
- (e) _____ enhances productivity.
- (f) Find the word from the passage in (Para 2) which means 'highly developed and complex' - _____.

Q.2. Read the following poem carefully and answer the questions that follow :-

CURIOUS MISHAPS

As I was clipping my nails out in the yard
A squirrel came to take a look at me.
He twitched his rat-like face, stared at me hard.
Raised his right palm with smart solemnity.
And placed it on his chest, as if on oath.
From a live-oak against the twilight sky
An owl swooped downwards to survey us both
Judged distances, and with a hybrid cry -
Half dog - half pigeon - fell upon his prey.
The squirrel had no chance, being far from cover.
Incurious, he would have got away.
One hoot : one squeak; and things were quickly over.
The owl curved off. I stood, too stunned to move
Indoors, or to continue clipping nails.
A bowl of soup boiled over on my stove
Adding to my more nugatory travails. - *Vikram Seth*

Q.2.1. Given below is the summary of the poem. Complete it by writing the missing word/phrase against the correct blank number :-

A squirrel whose face resembled that of a (a) _____ came to see the poet who was (b) _____ his nail in the yard. It raised its palm and put it on his (c) _____. An (d) _____ who spotted his prey, with the mixed cry of a (e) _____ and a pigeon came down and pounced upon the (f) _____. The squirrel was too curious a creature, or it would have (g) _____. The (h) _____ was very stunned to see the incident and stood still. It was one of his many unpleasant experiences.

WRITING SECTION

(MAIN COURSE : UNIT - 1 & 3)

Q.1. Meenu/Madhu of 14, St. Ford Town, Mumbai is not happy with the sanitary conditions of his/her locality. He/She decides to write a letter to the local Sanitary Inspector of the town to look into the sorry state of affairs. Using the hints given below, write a formal letter in about 150 words.

Hints :

No sweepers – heaps of garbage – drains blocked – people careless – no use of dustbins – suggested supply of big polythene litter bags – water logging – breeding of mosquitoes – serious health problems – regular visits of the authorities – meetings of the residents for awareness

Q.2. There have been a number of accidents involving school buses in the recent past. Write a letter to the editor of Hindustan Times expressing your concern as a school student commuting by school bus using the hints given below. Give suggestions for improving situations. Do not exceed more than 150 words.

- *Do not issue license to the people below 18.*
- *Strict punishment should be given if caught driving vehicles without license or while being drunk.*
- *Maintain speed limit*
- *Follow traffic rules*
- *Penalty / life long imprisonment should be given / issued if there is any property damage or loss of human life.*

Q.3. You are the Cultural Secretary of the Middle School Activity Club of your school. Draft a notice (using not more than 50 words) for the School Notice Board informing the students about the Inter School Music Contest to be held in your school. Give details of the new programme. Put the notice in a box.

(WORK BOOK : UNIT - 1)

Q.4. Here is some information about a bird sanctuary that you might know. Using the hints given below, develop two or three paragraph, describing the “Ranganathittu Bird Sanctuary”.

Hints :-

Location : in the Southern Indian State, 20 kms from the historic city of Mysore, situated on the banks of River Kaveri

State : Karnataka

Status : National Park since 1940

Area : 67 sq kms.

Vegetation : Riverine reed beds, Arjun tree, Bamboo groves, Pandanus trees

Climate & Temperature : 23 – 29 degrees Celsius

Bird species found : Spoonbills, Storks, Darters, White Ibis, Cormorants, Egrets, Heron, River tern, Partridge

GRAMMAR SECTION

(UNIT - 6 : SUBJECT-VERB CONCORD)

Q.1. Complete the following conversation with a suitable word in each of the blanks. Write the answer against the correct blank number :-

"May I know who (a) speaking. My sister (b) gone out. I (c) her brother, Rakesh."

"Rakesh, tell Tina that Anju (d) met with an accident, and (e) admitted in St. Mary's hospital. A number of her friends (f) already gone to see her. My friends as well as I (g) leaving just now. We are to cover ten kilometers which (h) not a short distance.

Q.2. The following passage has not been edited. There is one error in each line. Write the incorrect word and the correction against the correct blank number. Ensure that the word that forms your answer is underlined. The first one has been done for you as an example :-

A list of articles lost by railway travellers have been published, and many people who reads it has been astonished. However, it is the efficiency of human mind that compel my wonder. Few of us has lost much property through forgetfulness. One of my clients say that he have never lost anything. Each one of us are, however, prone to forget something or the other, but that do not amount much.

- | | |
|---------------|------------|
| a) ...have... | <u>has</u> |
| b) | |
| c) | |
| d) | |
| e) | |
| f) | |
| g) | |
| h) | |
| i) | |

Q.3. In the passage given below, one word has been omitted in each line. Write the missing word along with the word that comes before and the word that comes after.

Underline the word that forms your answer. The first one has been done for you as an example :-

"Oh, no", she said, "She not lame, really, this only her lame day. Nor those others blind, it is only their blind day." I must looked very much astonished. "There you an essential part of our system. During the blind day their eyes bandaged absolutely, and for all of them it a point of honour not to peep. The bandage put on overnight.

- a) She is not
- b)
- c)
- d)
- e)
- f)
- g)
- h)
- i)

(REORDERING THE SENTENCES:)

Look at the words and phrases given below. Rearrange them to form meaningful sentences. The first one has been done as an example. Write the correct sentences :-

1.) Example : the watermelon/thirst quenchers /in summer /is /one of the best
One of the best thirst quenchers in summer is the watermelon.

- a) around / it is / 96 countries / cultivated in / the world
- b) in Africa / about 5000 years / grown / ago / it was / first
- c) say that / at the / it was grown / some researchers / same time / in India
- d) the travellers / across a desert / it was / when they / used by / travelled
- e) the fruit / China and Japan / by the / was grown in / 10th century
- f) very popular / it is / the African slaves / took it / to the / where / USA

2.) Example : friends / I / my / were / grandmother / and / good
My grandmother and I were good friends.

- a) left me / my / city / parents / her / with / they / in / went / live / when/ to / the
- b) morning / to / wake / used / up / the / in / she / me
- c) said / in a / prayers / singsong / monotonous / morning / she / her
- d) listened / I / loved / I / voice / because / her
- e) always / with / school / she / me / to / went
- f) school / together / after / walk / always / we / would / back

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