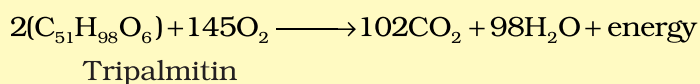


$$\text{RQ} = \frac{6\text{CO}_2}{6\text{O}_2} = 1.0$$

When fats are used in respiration, the RQ is less than 1. Calculations for a fatty acid, tripalmitin, if used as a substrate is shown:



$$\text{RQ} = \frac{102\text{CO}_2}{145\text{O}_2} = 0.7$$

When proteins are respiratory substrates the ratio would be about 0.9.

What is important to recognise is that in living organisms respiratory substrates are often more than one; pure proteins or fats are never used as respiratory substrates.

SUMMARY

Plants unlike animals have no special systems for breathing or gaseous exchange. Stomata and lenticels allow gaseous exchange by diffusion. Almost all living cells in a plant have their surfaces exposed to air.

The breaking of C-C bonds of complex organic molecules by oxidation cells leading to the release of a lot of energy is called cellular respiration. Glucose is the favoured substrate for respiration. Fats and proteins can also be broken down to yield energy. The initial stage of cellular respiration takes place in the cytoplasm. Each glucose molecule is broken through a series of enzyme catalysed reactions into two molecules of pyruvic acid. This process is called glycolysis. The fate of the pyruvate depends on the availability of oxygen and the organism. Under anaerobic conditions either lactic acid fermentation or alcohol fermentation occurs. Fermentation takes place under anaerobic conditions in many prokaryotes, unicellular eukaryotes and in germinating seeds. In eukaryotic organisms aerobic respiration occurs in the presence of oxygen. Pyruvic acid is transported into the mitochondria where it is converted into acetyl CoA with the release of CO_2 . Acetyl CoA then enters the tricarboxylic acid pathway or Krebs' cycle operating in the matrix of the mitochondria. $\text{NADH} + \text{H}^+$ and FADH_2 are generated in the Krebs' cycle. The energy in these molecules as well as that in the $\text{NADH} + \text{H}^+$ synthesised during glycolysis are used to synthesise ATP. This is accomplished through a

system of electron carriers called electron transport system (ETS) located on the inner membrane of the mitochondria. The electrons, as they move through the system, release enough energy that are trapped to synthesise ATP. This is called oxidative phosphorylation. In this process O_2 is the ultimate acceptor of electrons and it gets reduced to water.

The respiratory pathway is an amphibolic pathway as it involves both anabolism and catabolism. The respiratory quotient depends upon the type of respiratory substance used during respiration.

EXERCISES

1. Differentiate between
 - (a) Respiration and Combustion
 - (b) Glycolysis and Krebs' cycle
 - (c) Aerobic respiration and Fermentation
2. What are respiratory substrates? Name the most common respiratory substrate.
3. Give the schematic representation of glycolysis?
4. What are the main steps in aerobic respiration? Where does it take place?
5. Give the schematic representation of an overall view of Krebs' cycle.
6. Explain ETS.
7. Distinguish between the following:
 - (a) Aerobic respiration and Anaerobic respiration
 - (b) Glycolysis and Fermentation
 - (c) Glycolysis and Citric acid Cycle
8. What are the assumptions made during the calculation of net gain of ATP?
9. Discuss "The respiratory pathway is an amphibolic pathway."
10. Define RQ. What is its value for fats?
11. What is oxidative phosphorylation?
12. What is the significance of step-wise release of energy in respiration?

CHAPTER 15

PLANT GROWTH AND DEVELOPMENT

15.1 Growth

15.2 Differentiation, Dedifferentiation and Redifferentiation

15.3 Development

15.4 Plant Growth Regulators

15.5 Photoperiodism

15.6 Vernalisation

You have already studied the organisation of a flowering plant in Chapter 5. Have you ever thought about where and how the structures like roots, stems, leaves, flowers, fruits and seeds arise and that too in an orderly sequence? You are, by now, aware of the terms seed, seedling, plantlet, mature plant. You have also seen that trees continue to increase in height or girth over a period of time. However, the leaves, flowers and fruits of the same tree not only have limited dimensions but also appear and fall periodically and some time repeatedly. Why does vegetative phase precede flowering in a plant? All plant organs are made up of a variety of tissues; is there any relationship between the structure of a cell, a tissue, an organ and the function they perform? Can the structure and the function of these be altered? All cells of a plant are descendants of the zygote. The question is, then, why and how do they have different structural and functional attributes? Development is the sum of two processes: growth and differentiation. To begin with, it is essential and sufficient to know that the development of a mature plant from a zygote (fertilised egg) follow a precise and highly ordered succession of events. During this process a complex body organisation is formed that produces roots, leaves, branches, flowers, fruits, and seeds, and eventually they die (Figure 15.1).

In this chapter, you shall also study some of the factors which govern and control these developmental processes. These factors are both intrinsic (internal) and extrinsic (external) to the plant.

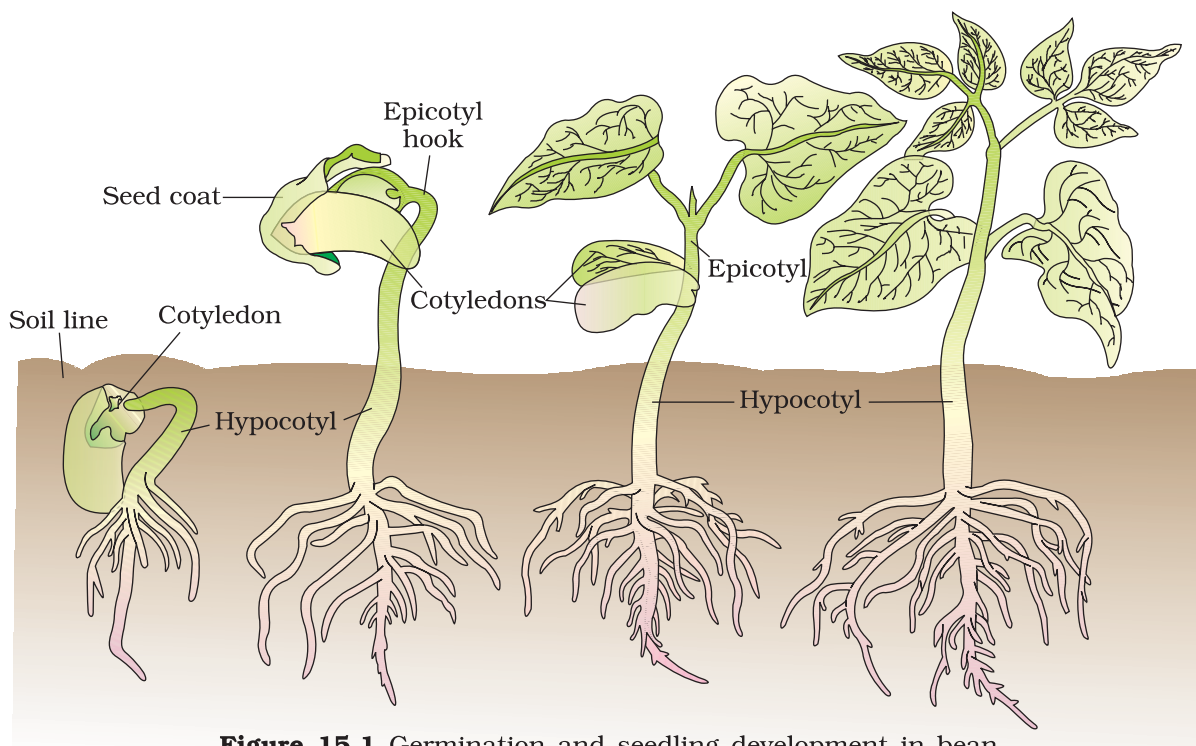


Figure 15.1 Germination and seedling development in bean

15.1 GROWTH

Growth is regarded as one of the most fundamental and conspicuous characteristics of a living being. What is growth? Growth can be defined as an irreversible permanent increase in size of an organ or its parts or even of an individual cell. Generally, growth is accompanied by metabolic processes (both anabolic and catabolic), that occur at the expense of energy. Therefore, for example, expansion of a leaf is growth. How would you describe the swelling of piece of wood when placed in water?

15.1.1 Plant Growth Generally is Indeterminate

Plant growth is unique because plants retain the capacity for unlimited growth throughout their life. This ability of the plants is due to the presence of meristems at certain locations in their body. The cells of such meristems have the capacity to divide and self-perpetuate. The product, however, soon loses the capacity to divide and such cells make up the plant body. This form of growth wherein new cells are always being added to the plant body by the activity of the meristem is called the open form of growth. What would happen if the meristem ceases to divide? Does this ever happen?

In Chapter 6, you have studied about the root apical meristem and the shoot apical meristem. You know that they are responsible for the

primary growth of the plants and principally contribute to the elongation of the plants along their axis. You also know that in dicotyledonous plants and gymnosperms, the lateral meristems, vascular cambium and cork-cambium appear later in life. These are the meristems that cause the increase in the girth of the organs in which they are active. This is known as secondary growth of the plant (see Figure 15.2).

15.1.2 Growth is Measurable

Growth, at a cellular level, is principally a consequence of increase in the amount of protoplasm. Since increase in protoplasm is difficult to measure directly, one generally measures some quantity which is more or less proportional to it. Growth is, therefore, measured by a variety of parameters some of which are: increase in fresh weight, dry weight, length, area, volume and cell number. You may find it amazing to know that one single maize root apical meristem can give rise to more than 17,500 new cells per hour, whereas cells in a watermelon may increase in size by upto 3,50,000 times. In the former, growth is expressed as increase in cell number; the latter expresses growth as increase in size of the cell. While the growth of a pollen tube is measured in terms of its length, an increase in surface area denotes the growth in a dorsiventral leaf.

15.1.3 Phases of Growth

The period of growth is generally divided into three phases, namely, meristematic, elongation and maturation (Figure 15.3). Let us understand this by looking at the root tips. The constantly dividing cells, both at the root apex and the shoot apex, represent the meristematic phase of growth. The cells in this region are rich in protoplasm, possess large conspicuous nuclei. Their cell walls are primary in nature, thin and cellulosic with abundant plasmodesmatal connections. The cells proximal (just next, away from the tip) to the

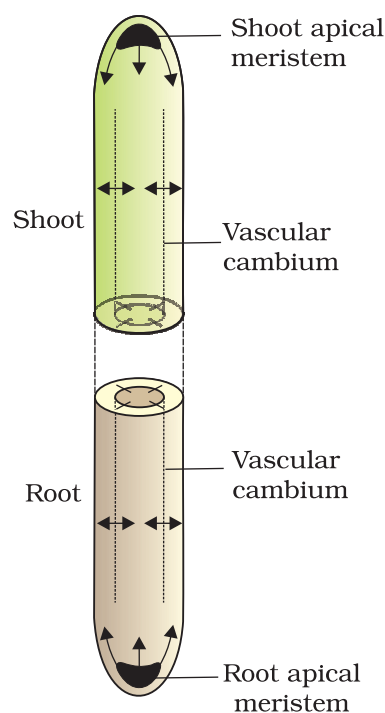


Figure 15.2 Diagrammatic representation of locations of root apical meristem, shoot apical meristem and vascular cambium. Arrows exhibit the direction of growth of cells and organ

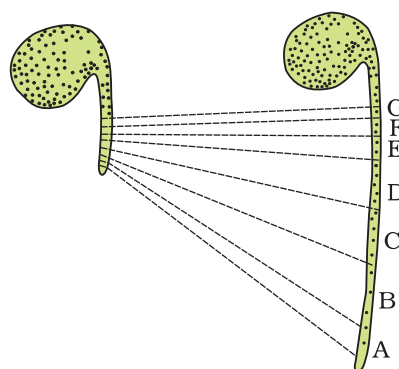


Figure 15.3 Detection of zones of elongation by the parallel line technique. Zones A, B, C, D immediately behind the apex have elongated most.

meristematic zone represent the phase of elongation. Increased vacuolation, cell enlargement and new cell wall deposition are the characteristics of the cells in this phase. Further away from the apex, i.e., more proximal to the phase of elongation, lies the portion of axis which is undergoing the phase of maturation. The cells of this zone, attain their maximal size in terms of wall thickening and protoplasmic modifications. Most of the tissues and cell types you have studied in Chapter 6 represent this phase.

15.1.4 Growth Rates

The increased growth per unit time is termed as growth rate. Thus, rate of growth can be expressed mathematically. An organism, or a part of the organism can produce more cells in a variety of ways.

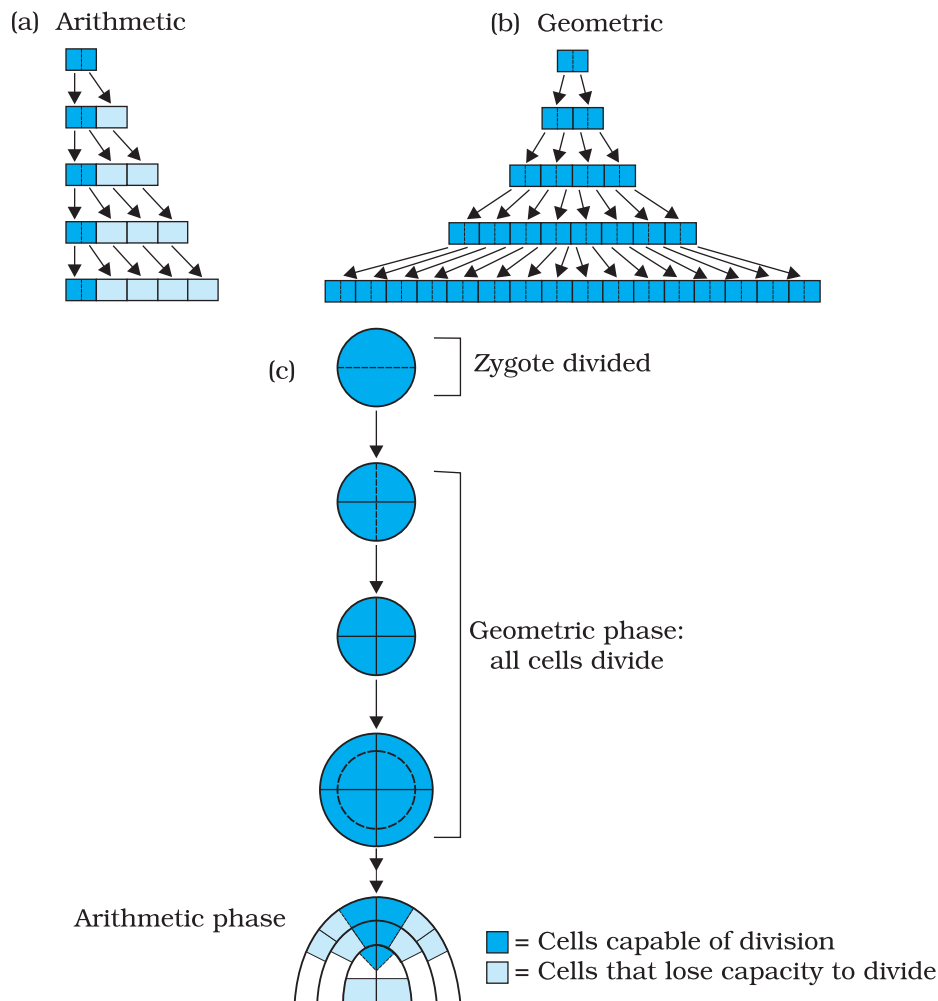


Figure 15.4 Diagrammatic representation of : (a) Arithmetic (b) Geometric growth and (c) Stages during embryo development showing geometric and arithmetic phases

The growth rate shows an increase that may be arithmetic or geometrical (Figure 15.4).

In arithmetic growth, following mitotic cell division, only one daughter cell continues to divide while the other differentiates and matures. The simplest expression of arithmetic growth is exemplified by a root elongating at a constant rate. Look at Figure 15.5. On plotting the length of the organ against time, a linear curve is obtained. Mathematically, it is expressed as

$$L_t = L_0 + rt$$

L_t = length at time 't'

L_0 = length at time 'zero'

r = growth rate / elongation per unit time.

Let us now see what happens in geometrical growth. In most systems, the initial growth is slow (lag phase), and it increases rapidly thereafter – at an exponential rate (log or exponential phase). Here, both the progeny cells following mitotic cell division retain the ability to divide and continue to do so. However, with limited nutrient supply, the growth slows down leading to a stationary phase. If we plot the parameter of growth against time, we get a typical sigmoid or S-curve (Figure 15.6). A sigmoid curve is a characteristic of living organism growing in a natural environment. It is typical for all cells, tissues and organs of a plant. *Can you think of more similar examples? What kind of a curve can you expect in a tree showing seasonal activities?*

The exponential growth can be expressed as

$$W_1 = W_0 e^{rt}$$

W_1 = final size (weight, height, number etc.)

W_0 = initial size at the beginning of the period

r = growth rate

t = time of growth

e = base of natural logarithms

Here, r is the relative growth rate and is also the measure of the ability of the plant to produce new plant material, referred to as efficiency index. Hence, the final size of W_1 depends on the initial size, W_0 .

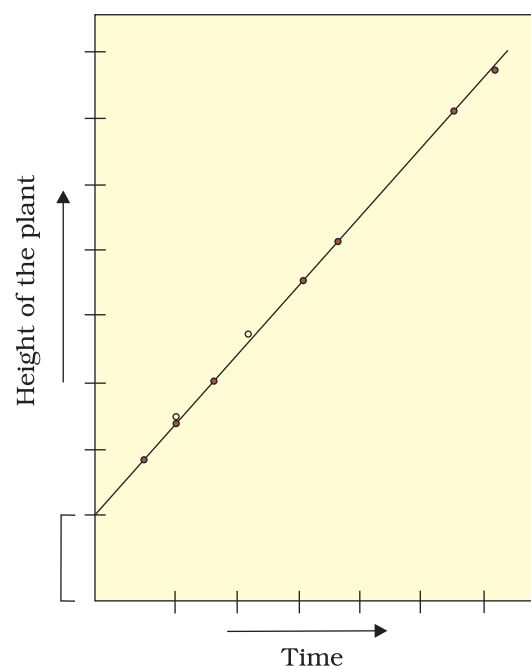


Figure 15.5 Constant linear growth, a plot of length L against time t

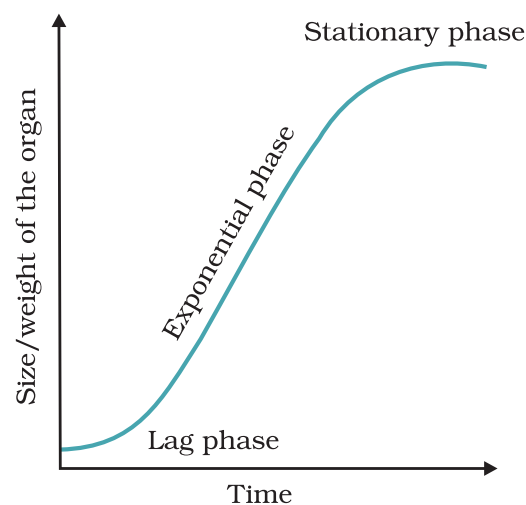


Figure 15.6 An idealised sigmoid growth curve typical of cells in culture, and many higher plants and plant organs

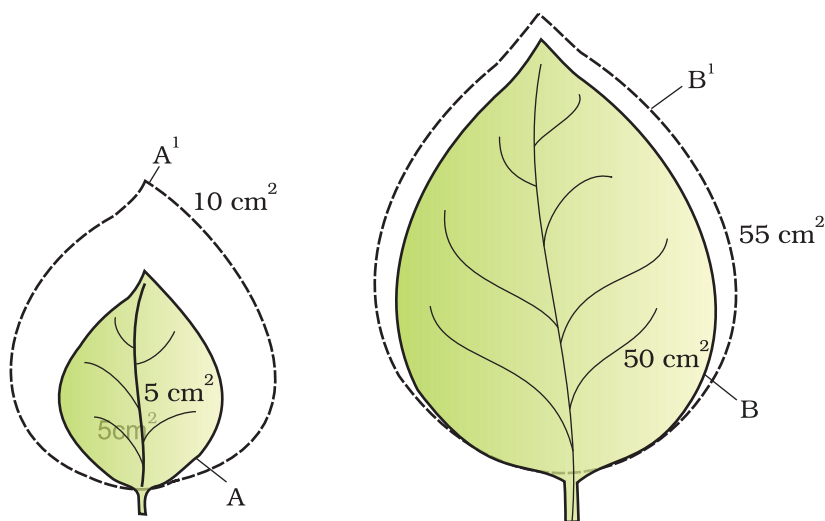


Figure 15.7 Diagrammatic comparison of absolute and relative growth rates. Both leaves A and B have increased their area by 5 cm² in a given time to produce A¹, B¹ leaves.

Quantitative comparisons between the growth of living system can also be made in two ways : (i) measurement and the comparison of total growth per unit time is called the absolute growth rate. (ii) The growth of the given system per unit time expressed on a common basis, e.g., per unit initial parameter is called the relative growth rate. In Figure 15.7 two leaves, A and B, are drawn that are of different sizes but shows absolute increase in area in the given time to give leaves, A¹ and B¹. However, one of them shows much higher relative growth rate. Which one and why?

15.1.5 Conditions for Growth

Why do you not try to write down what you think are necessary conditions for growth? This list may have water, oxygen and nutrients as very essential elements for growth. The plant cells grow in size by cell enlargement which in turn requires water. Turgidity of cells helps in extension growth. Thus, plant growth and further development is intimately linked to the water status of the plant. Water also provides the medium for enzymatic activities needed for growth. Oxygen helps in releasing metabolic energy essential for growth activities. Nutrients (macro and micro essential elements) are required by plants for the synthesis of protoplasm and act as source of energy.

In addition, every plant organism has an optimum temperature range best suited for its growth. Any deviation from this range could be detrimental to its survival. Environmental signals such as light and gravity also affect certain phases/stages of growth.

15.2 DIFFERENTIATION, DEDIFFERENTIATION AND REDIFFERENTIATION

The cells derived from root apical and shoot-apical meristems and cambium differentiate and mature to perform specific functions. This act leading to maturation is termed as **differentiation**. During differentiation, cells undergo few to major structural changes both in their cell walls and protoplasm. For example, to form a tracheary element, the cells would lose their protoplasm. They also develop a very strong, elastic, lignocellulosic secondary cell walls, to carry water to long distances even under extreme tension. Try to correlate the various anatomical features you encounter in plants to the functions they perform.

Plants show another interesting phenomenon. The living differentiated cells, that by now have lost the capacity to divide can regain the capacity of division under certain conditions. This phenomenon is termed as **dedifferentiation**. For example, formation of meristems – interfascicular cambium and cork cambium from fully differentiated parenchyma cells. While doing so, such meristems/tissues are able to divide and produce cells that once again lose the capacity to divide but mature to perform specific functions, i.e., get **redifferentiated**. List some of the tissues in a woody dicotyledenous plant that are the products of redifferentiation. How would you describe a tumour? What would you call the parenchyma cells that are made to divide under controlled laboratory conditions during plant tissue culture?

Recall, in Section 15.1.1, we have mentioned that the growth in plants is open, i.e., it can be indeterminate or determinate. Now, we may say that even differentiation in plants is open, because cells/tissues arising out of the same meristem have different structures at maturity. The final structure at maturity of a cell/tissue is also determined by the location of the cell within. For example, cells positioned away from root apical meristems differentiate as root-cap cells, while those pushed to the periphery mature as epidermis. Can you add a few more examples of open differentiation correlating the position of a cell to its position in an organ?

15.3 DEVELOPMENT

Development is a term that includes all changes that an organism goes through during its life cycle from germination of the seed to senescence. Diagrammatic representation of the sequence of processes which constitute the development of a cell of a higher plant is given in Figure 15.8. It is also applicable to tissues/organs.

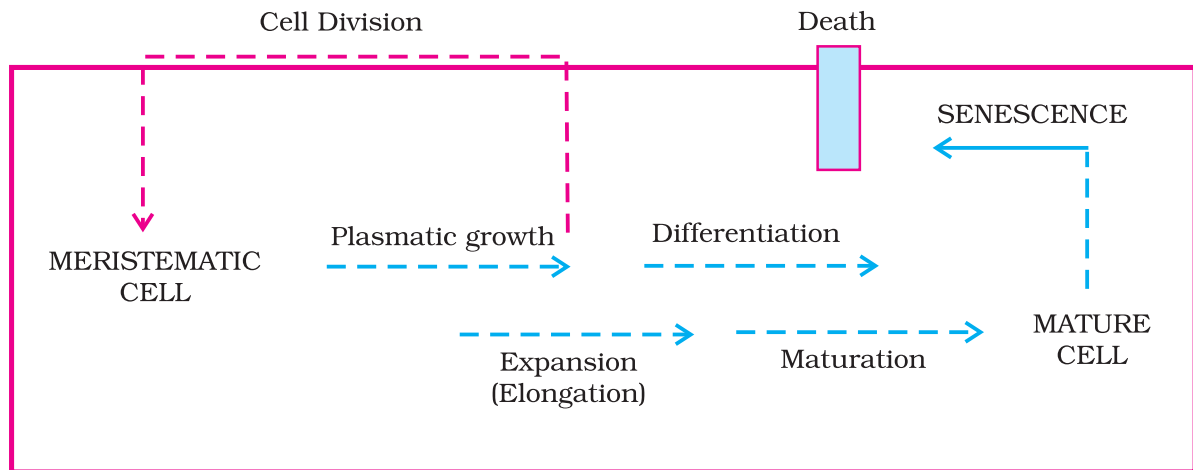


Figure 15.8 Sequence of the developmental process in a plant cell

Plants follow different pathways in response to environment or phases of life to form different kinds of structures. This ability is called **plasticity**, e.g., heterophyly in cotton, coriander and larkspur. In such plants, the leaves of the juvenile plant are different in shape from those in mature plants. On the other hand, difference in shapes of leaves produced in air and those produced in water in buttercup also represent the heterophyllous development due to environment (Figure 15.9). This phenomenon of heterophyly is an example of plasticity.

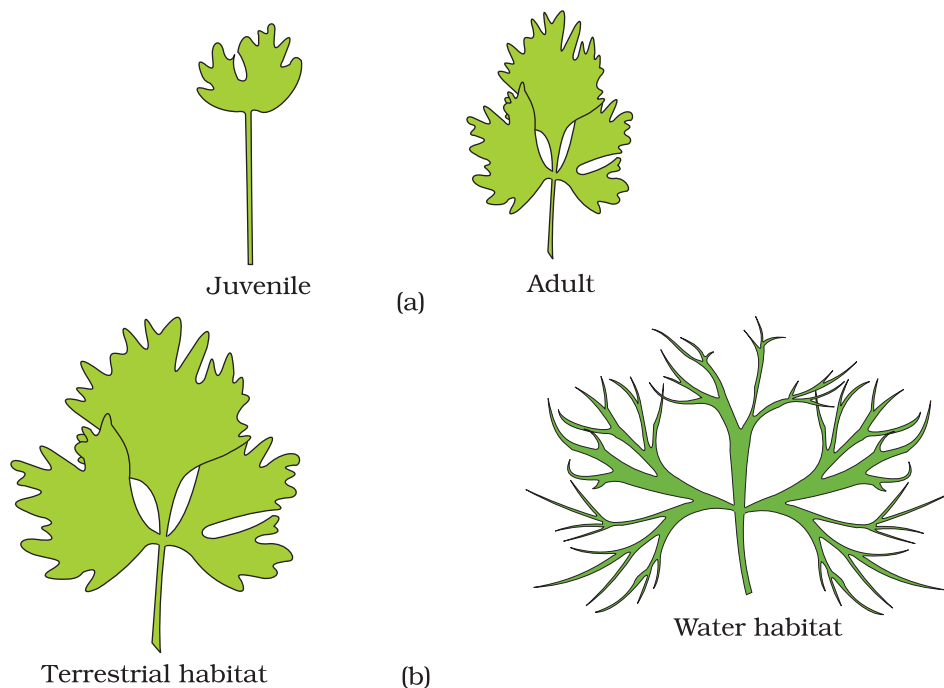


Figure 15.9 Heterophyly in (a) larkspur and (b) buttercup

Thus, growth, differentiation and development are very closely related events in the life of a plant. Broadly, development is considered as the sum of growth and differentiation. Development in plants (i.e., both growth and differentiation) is under the control of intrinsic and extrinsic factors. The former includes both intracellular (genetic) or intercellular factors (chemicals such as plant growth regulators) while the latter includes light, temperature, water, oxygen, nutrition, etc.

15.4 PLANT GROWTH REGULATORS

15.4.1 Characteristics

The plant growth regulators (PGRs) are small, simple molecules of diverse chemical composition. They could be indole compounds (indole-3-acetic acid, IAA); adenine derivatives (N^6 -furfurylamino purine, kinetin), derivatives of carotenoids (abscisic acid, ABA); terpenes (gibberellic acid, GA_3) or gases (ethylene, C_2H_4). Plant growth regulators are variously described as plant growth substances, plant hormones or phytohormones in literature.

The PGRs can be broadly divided into two groups based on their functions in a living plant body. One group of PGRs are involved in growth promoting activities, such as cell division, cell enlargement, pattern formation, tropic growth, flowering, fruiting and seed formation. These are also called plant growth promoters, e.g., auxins, gibberellins and cytokinins. The PGRs of the other group play an important role in plant responses to wounds and stresses of biotic and abiotic origin. They are also involved in various growth inhibiting activities such as dormancy and abscission. The PGR abscisic acid belongs to this group. The gaseous PGR, ethylene, could fit either of the groups, but it is largely an inhibitor of growth activities.

15.4.2 The Discovery of Plant Growth Regulators

Interestingly, the discovery of each of the five major groups of PGRs have been accidental. All this started with the observation of Charles Darwin and his son Francis Darwin when they observed that the coleoptiles of canary grass responded to unilateral illumination by growing towards the light source (phototropism). After a series of experiments, it was concluded that the tip of coleoptile was the site of transmittable influence that caused the bending of the entire coleoptile (Figure 15.10). Auxin was isolated by F.W. Went from tips of coleoptiles of oat seedlings.

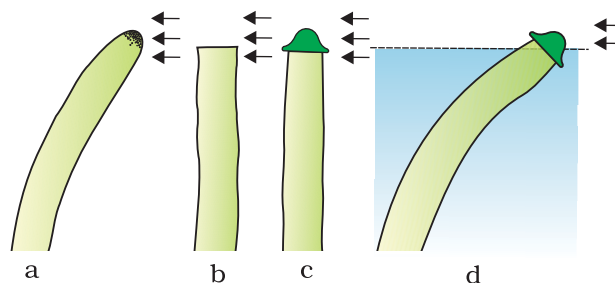


Figure 15.10 Experiment used to demonstrate that tip of the coleoptile is the source of auxin. Arrows indicate direction of light

The 'bakane' (foolish seedling) disease of rice seedlings, was caused by a fungal pathogen *Gibberella fujikuroi*. E. Kurosawa reported the appearance of symptoms of the disease in uninfected rice seedlings when they were treated with sterile filtrates of the fungus. The active substances were later identified as gibberellic acid.

F. Skoog and his co-workers observed that from the internodal segments of tobacco stems the callus (a mass of undifferentiated cells) proliferated only if, in addition to auxins the nutrients medium was supplemented with one of the following: extracts of vascular tissues, yeast extract, coconut milk or DNA. Skoog and Miller, later identified and crystallised the cytokinesis promoting active substance that they termed kinetin.

During mid-1960s, three independent researches reported the purification and chemical characterisation of three different kinds of inhibitors: inhibitor-B, abscission II and dormin. Later all the three were proved to be chemically identical. It was named abscisic acid (ABA).

Cousins confirmed the release of a volatile substance from ripened oranges that hastened the ripening of stored unripened bananas. Later this volatile substance was identified as ethylene, a gaseous PGR.

Let us study some of the physiological effects of these five categories of PGRs in the next section.

15.4.3 Physiological Effects of Plant Growth Regulators

15.4.3.1 Auxins

Auxins (from Greek 'auxein' : to grow) was first isolated from human urine. The term 'auxin' is applied to the indole-3-acetic acid (IAA), and to other natural and synthetic compounds having certain growth regulating properties. They are generally produced by the growing apices of the stems and roots, from where they migrate to the regions of their action. Auxins like IAA and indole butyric acid (IBA) have been isolated from plants. NAA (naphthalene acetic acid) and 2, 4-D (2, 4-dichlorophenoxyacetic) are synthetic auxins. All these auxins have been used extensively in agricultural and horticultural practices.

They help to initiate rooting in stem cuttings, an application widely used for plant propagation. Auxins promote flowering e.g. in pineapples. They help to prevent fruit and leaf drop at early stages but promote the abscission of older mature leaves and fruits.

In most higher plants, the growing apical bud inhibits the growth of the lateral (axillary) buds, a phenomenon called **apical dominance**. Removal of shoot tips (decapitation) usually results in the growth of lateral buds (Figure 15.11). It is widely applied in tea plantations, hedge-making. Can you explain why?

Auxins also induce parthenocarpy, e.g., in tomatoes. They are widely used as herbicides. 2, 4-D, widely used to kill dicotyledonous weeds, does not affect mature monocotyledonous plants. It is used to prepare weed-free lawns by gardeners. Auxin also controls xylem differentiation and helps in cell division.

15.4.3.2 Gibberellins

Gibberellins are another kind of promotory PGR. There are more than 100 gibberellins reported from widely different organisms such as fungi and higher plants. They are denoted as GA_1 , GA_2 , GA_3 and so on. However, Gibberellic acid (GA_3) was one of the first gibberellins to be discovered and remains the most intensively studied form. All GAs are acidic. They produce a wide range of physiological responses in the plants. Their ability to cause an increase in length of axis is used to increase the length of grapes stalks. Gibberellins, cause fruits like apple to elongate and improve its shape. They also delay senescence. Thus, the fruits can be left on the tree longer so as to extend the market period. GA_3 is used to speed up the malting process in brewing industry.

Sugarcane stores carbohydrate as sugar in their stems. Spraying sugarcane crop with gibberellins increases the length of the stem, thus increasing the yield by as much as 20 tonnes per acre.

Spraying juvenile conifers with GAs hastens the maturity period, thus leading to early seed production. Gibberellins also promotes bolting (internode elongation just prior to flowering) in beet, cabbages and many plants with rosette habit.

15.4.3.3 Cytokinins

Cytokinins have specific effects on cytokinesis, and were discovered as kinetin (a modified form of adenine, a purine) from the autoclaved herring sperm DNA. Kinetin does not occur naturally in plants. Search for natural substances with cytokinin-like activities led to the isolation of zeatin from corn-kernels and coconut milk. Since the discovery of zeatin, several naturally occurring cytokinins, and some synthetic compounds with cell division promoting activity, have been identified. Natural cytokinins are synthesised in regions where rapid cell division occurs, for example, root apices, developing shoot buds, young fruits etc. It helps to produce new

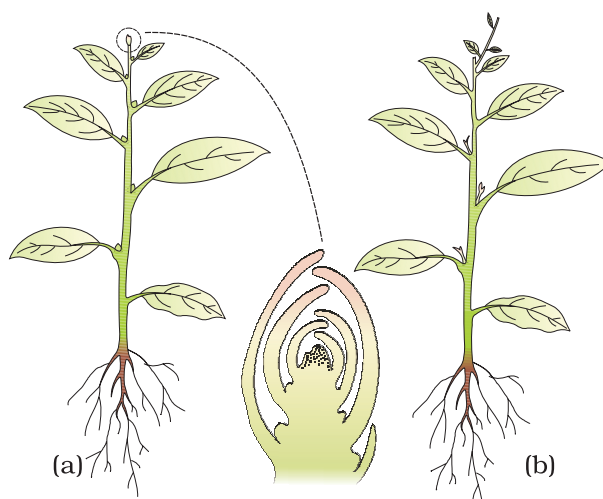


Figure 15.11 Apical dominance in plants :
 (a) A plant with apical bud intact
 (b) A plant with apical bud removed
 Note the growth of lateral buds into branches after decapitation.

leaves, chloroplasts in leaves, lateral shoot growth and adventitious shoot formation. Cytokinins help overcome the apical dominance. They promote nutrient mobilisation which helps in the delay of leaf senescence.

15.4.3.4 Ethylene

Ethylene is a simple gaseous PGR. It is synthesised in large amounts by tissues undergoing senescence and ripening fruits. Influences of ethylene on plants include horizontal growth of seedlings, swelling of the axis and apical hook formation in dicot seedlings. Ethylene promotes senescence and abscission of plant organs especially of leaves and flowers. Ethylene is highly effective in fruit ripening. It enhances the respiration rate during ripening of the fruits. This rise in rate of respiration is called respiratory climactic.

Ethylene breaks seed and bud dormancy, initiates germination in peanut seeds, sprouting of potato tubers. Ethylene promotes rapid internode/petiole elongation in deep water rice plants. It helps leaves/upper parts of the shoot to remain above water. Ethylene also promotes root growth and root hair formation, thus helping the plants to increase their absorption surface.

Ethylene is used to initiate flowering and for synchronising fruit-set in pineapples. It also induces flowering in mango. Since ethylene regulates so many physiological processes, it is one of the most widely used PGR in agriculture. The most widely used compound as source of ethylene is ethephon. Ethephon in an aqueous solution is readily absorbed and transported within the plant and releases ethylene slowly. Ethephon hastens fruit ripening in tomatoes and apples and accelerates abscission in flowers and fruits (thinning of cotton, cherry, walnut). It promotes female flowers in cucumbers thereby increasing the yield.

15.4.3.5 Abscissic acid

As mentioned earlier, abscissic acid (**ABA**) was discovered for its role in regulating abscission and dormancy. But like other PGRs, it also has other wide ranging effects on plant growth and development. It acts as a general plant growth inhibitor and an inhibitor of plant metabolism. ABA inhibits seed germination. ABA stimulates the closure of stomata in the epidermis and increases the tolerance of plants to various kinds of stresses. Therefore, it is also called the stress hormone. ABA plays an important role in seed development, maturation and dormancy. By inducing dormancy, ABA helps seeds to withstand desiccation and other factors unfavourable for growth. In most situations, ABA acts as an antagonist to GAs.

We may summarise that for any and every phase of growth, differentiation and development of plants, one or the other PGR has some role to play. Such roles could be complimentary or antagonistic. These could be individualistic or synergistic.

Similarly, there are a number of events in the life of a plant where more than one PGR interact to affect that event, e.g., dormancy in seeds/buds, abscission, senescence, apical dominance, etc.

Remember, the role of PGR is of only one kind of intrinsic control. Along with genomic control and extrinsic factors, they play an important role in plant growth and development. Many of the extrinsic factors such as temperature and light, control plant growth and development via PGR. Some of such events could be: vernalisation, flowering, dormancy, seed germination, plant movements, etc.

We shall discuss briefly the role of light and temperature (both of them, the extrinsic factors) on initiation of flowering.

15.5 PHOTOPERIODISM

It has been observed that some plants require a periodic exposure to light to induce flowering. It is also seen that such plants are able to measure the duration of exposure to light. For example, some plants require the exposure to light for a period exceeding a well defined critical duration, while others must be exposed to light for a period less than this critical duration before the flowering is initiated in them. The former group of plants are called **long day plants** while the latter ones are termed **short day plants**. The critical duration is different for different plants. There are many plants, however, where there is no such correlation between exposure to light duration and induction of flowering response; such plants are called **day-neutral plants** (Figure 15.12). It is now also

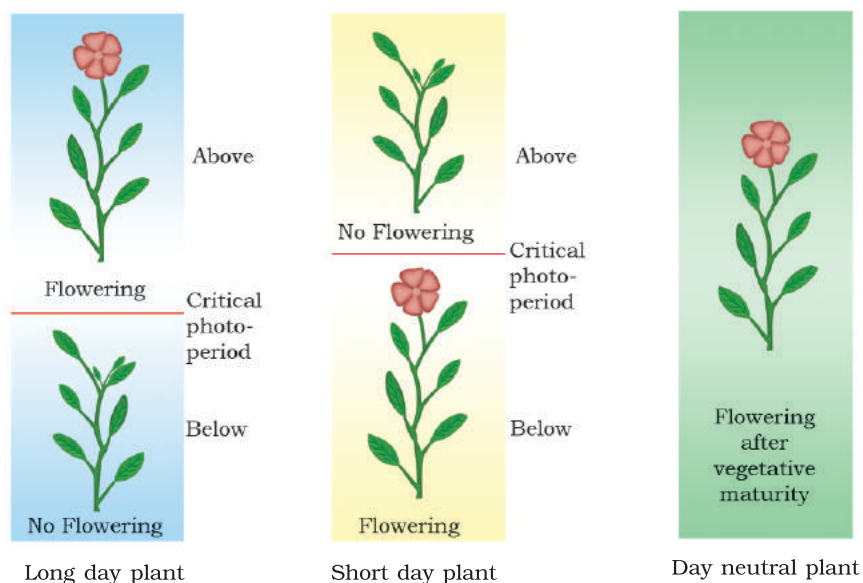


Figure 15.12 Photoperiodism : Long day, short day and day neutral plants

known that not only the duration of light period but that the duration of dark period is also of equal importance. Hence, it can be said that flowering in certain plants depends not only on a combination of light and dark exposures but also their relative durations. This response of plants to periods of day/night is termed **photoperiodism**. It is also interesting to note that while shoot apices modify themselves into flowering apices prior to flowering, they (i.e., shoot apices of plants) by themselves cannot perceive photoperiods. The site of perception of light/dark duration are the leaves. It has been hypothesised that there is a hormonal substance(s) that is responsible for flowering. This hormonal substance migrates from leaves to shoot apices for inducing flowering only when the plants are exposed to the necessary inductive photoperiod.

15.6 VERNALISATION

There are plants for which flowering is either quantitatively or qualitatively dependent on exposure to low temperature. This phenomenon is termed **vernalisation**. It prevents precocious reproductive development late in the growing season, and enables the plant to have sufficient time to reach maturity. Vernalisation refers specially to the promotion of flowering by a period of low temperature. Some important food plants, wheat, barley, rye have two kinds of varieties: winter and spring varieties. The 'spring' variety are normally planted in the spring and come to flower and produce grain before the end of the growing season. Winter varieties, however, if planted in spring would normally fail to flower or produce mature grain within a span of a flowering season. Hence, they are planted in autumn. They germinate, and over winter come out as small seedlings, resume growth in the spring, and are harvested usually around mid-summer.

Another example of vernalisation is seen in biennial plants. Biennials are monocarpic plants that normally flower and die in the second season. Sugarbeet, cabbages, carrots are some of the common biennials. Subjecting the growing of a biennial plant to a cold treatment stimulates a subsequent photoperiodic flowering response.

SUMMARY

Growth is one of the most conspicuous events in any living organism. It is an irreversible increase expressed in parameters such as size, area, length, height, volume, cell number etc. It conspicuously involves increased protoplasmic material. In plants, meristems are the sites of growth. Root and shoot apical meristems sometimes along with intercalary meristem, contribute to the elongation growth of

plant axes. Growth is indeterminate in higher plants. Following cell division in root and shoot apical meristem cells, the growth could be arithmetic or geometrical. Growth may not be and generally is not sustained at a high rate throughout the life of cell/tissue/organ/organism. One can define three principle phases of growth – the lag, the log and the senescent phase. When a cell loses the capacity to divide, it leads to differentiation. Differentiation results in development of structures that is commensurate with the function the cells finally has to perform. General principles for differentiation for cell, tissues and organs are similar. A differentiated cell may dedifferentiate and then redifferentiate. Since differentiation in plants is open, the development could also be flexible, i.e., the development is the sum of growth and differentiation. Plant exhibit plasticity in development.

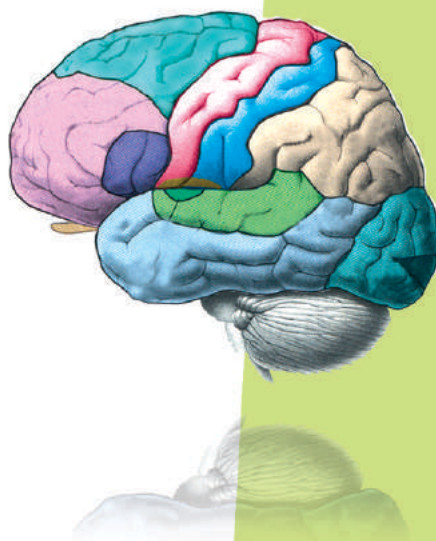
Plant growth and development are under the control of both intrinsic and extrinsic factors. Intercellular intrinsic factors are the chemical substances, called plant growth regulators (PGR). There are diverse groups of PGRs in plants, principally belonging to five groups: auxins, gibberellins, cytokinins, abscisic acid and ethylene. These PGRs are synthesised in various parts of the plant; they control different differentiation and developmental events. Any PGR has diverse physiological effects on plants. Diverse PGRs also manifest similar effects. PGRs may act synergistically or antagonistically. Plant growth and development is also affected by light, temperature, nutrition, oxygen status, gravity and such external factors.

Flowering in some plants is induced only when exposed to certain duration of photoperiod. Depending on the nature of photoperiod requirements, the plants are called short day plants, long day plants and day-neutral plants. Certain plants also need to be exposed to low temperature so as to hasten flowering later in life. This treatment is known as vernalisation.

EXERCISES

1. Define growth, differentiation, development, dedifferentiation, redifferentiation, determinate growth, meristem and growth rate.
2. Why is not any one parameter good enough to demonstrate growth throughout the life of a flowering plant?
3. Describe briefly:
 - (a) Arithmetic growth
 - (b) Geometric growth
 - (c) Sigmoid growth curve
 - (d) Absolute and relative growth rates
4. List five main groups of natural plant growth regulators. Write a note on discovery, physiological functions and agricultural/horticultural applications of any one of them.

5. What do you understand by photoperiodism and vernalisation? Describe their significance.
6. Why is abscisic acid also known as stress hormone?
7. 'Both growth and differentiation in higher plants are *open*'. Comment.
8. 'Both a short day plant and a long day plant can produce can flower simultaneously in a given place'. Explain.
9. Which one of the plant growth regulators would you use if you are asked to:
 - (a) induce rooting in a twig
 - (b) quickly ripen a fruit
 - (c) delay leaf senescence
 - (d) induce growth in axillary buds
 - (e) 'bolt' a rosette plant
 - (f) induce immediate stomatal closure in leaves.
10. Would a defoliated plant respond to photoperiodic cycle? Why?
11. What would be expected to happen if:
 - (a) GA_3 is applied to rice seedlings
 - (b) dividing cells stop differentiating
 - (c) a rotten fruit gets mixed with unripe fruits
 - (d) you forget to add cytokinin to the culture medium.



UNIT 5

HUMAN PHYSIOLOGY

Chapter 16
Digestion and Absorption

Chapter 17
Breathing and Exchange
of Gases

Chapter 18
Body Fluids and
Circulation

Chapter 19
Excretory Products and
their Elimination

Chapter 20
Locomotion and Movement

Chapter 21
Neural Control and
Coordination

Chapter 22
Chemical Coordination
and Integration

The reductionist approach to study of life forms resulted in increasing use of physico-chemical concepts and techniques. Majority of these studies employed either surviving tissue model or straightaway cell-free systems. An explosion of knowledge resulted in molecular biology. Molecular physiology became almost synonymous with biochemistry and biophysics. However, it is now being increasingly realised that neither a purely organismic approach nor a purely reductionistic molecular approach would reveal the truth about biological processes or living phenomena. Systems biology makes us believe that all living phenomena are emergent properties due to interaction among components of the system under study. Regulatory network of molecules, supra molecular assemblies, cells, tissues, organisms and indeed, populations and communities, each create emergent properties. In the chapters under this unit, major human physiological processes like digestion, exchange of gases, blood circulation, locomotion and movement are described in cellular and molecular terms. The last two chapters point to the coordination and regulation of body events at the organismic level.



Alfonso Corti
(1822 – 1888)

ALFONSO CORTI, Italian anatomist, was born in 1822. Corti began his scientific career studying the cardiovascular systems of reptiles. Later, he turned his attention to the mammalian auditory system. In 1851, he published a paper describing a structure located on the basilar membrane of the cochlea containing hair cells that convert sound vibrations into nerve impulses, the organ of Corti. He died in the year 1888.

CHAPTER 16

DIGESTION AND ABSORPTION

16.1 Digestive System

16.2 Digestion of Food

16.3 Absorption of Digested Products

16.4 Disorders of Digestive System

Food is one of the basic requirements of all living organisms. The major components of our food are carbohydrates, proteins and fats. Vitamins and minerals are also required in small quantities. Food provides energy and organic materials for growth and repair of tissues. The water we take in, plays an important role in metabolic processes and also prevents dehydration of the body. Biomacromolecules in food cannot be utilised by our body in their original form. They have to be broken down and converted into simple substances in the digestive system. This process of conversion of complex food substances to simple absorbable forms is called **digestion** and is carried out by our digestive system by mechanical and biochemical methods. General organisation of the human digestive system is shown in Figure 16.1.

16.1 DIGESTIVE SYSTEM

The human digestive system consists of the alimentary canal and the associated glands.

16.1.1 Alimentary Canal

The alimentary canal begins with an anterior opening – the mouth, and it opens out posteriorly through the anus. The mouth leads to the buccal cavity or oral cavity. The oral cavity has a number of teeth and a muscular tongue. Each tooth is embedded in a socket of jaw bone (Figure 16.2). This type of attachment is called **thecodont**. Majority of mammals including human being forms two sets of teeth during their life, a set of

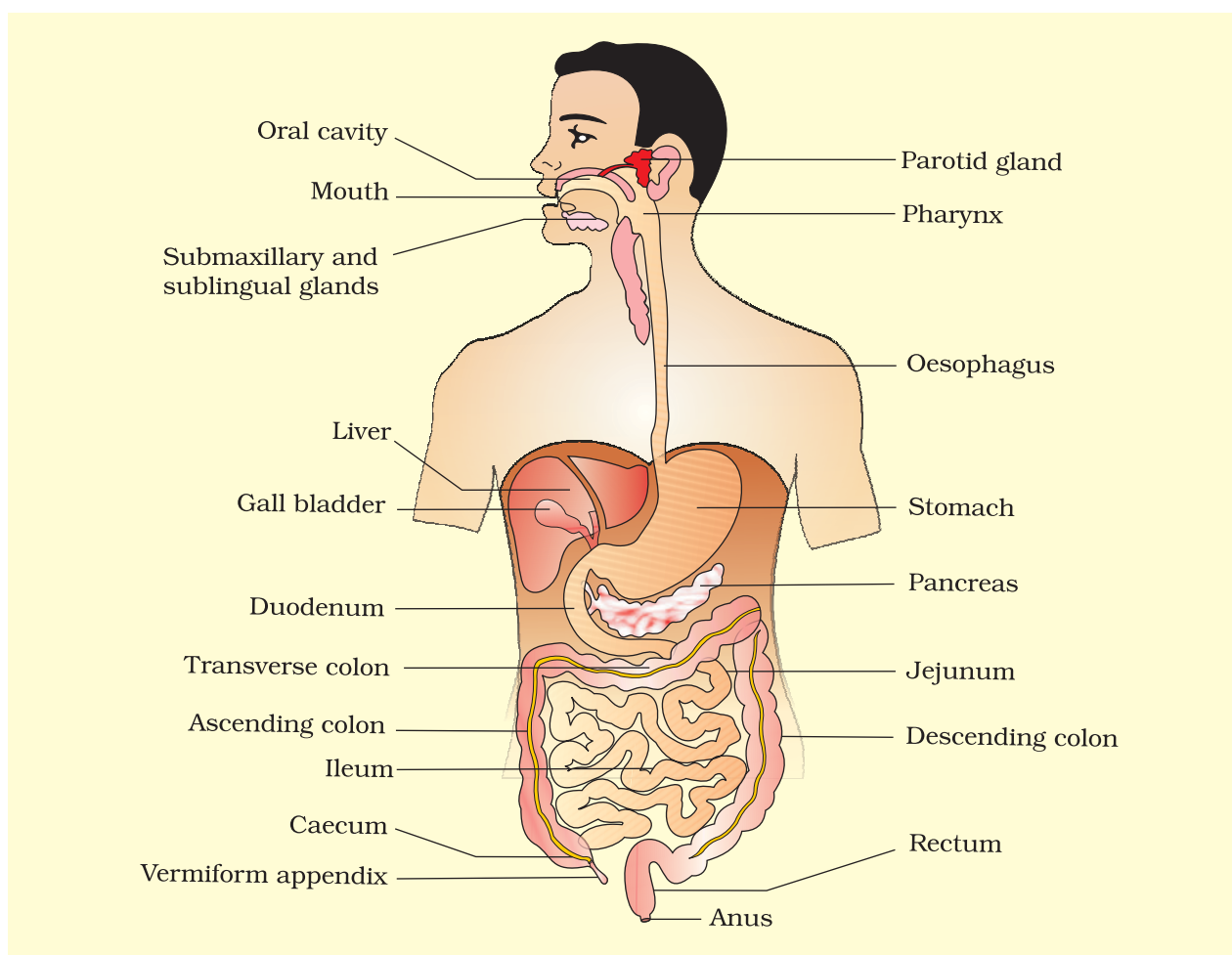


Figure 16.1 The human digestive system

temporary milk or deciduous teeth replaced by a set of permanent or adult teeth. This type of dentition is called **diphyodont**. An adult human has 32 permanent teeth which are of four different types (Heterodont dentition), namely, incisors (I), canine (C), premolars (PM) and molars (M). Arrangement of teeth in each half of the upper and lower jaw in the order I, C, PM, M is represented by a dental formula which in human is $\frac{2123}{2123}$. The hard chewing surface of the teeth, made up of enamel, helps in the mastication of food. The tongue is a freely movable muscular organ attached to the floor of the oral cavity by the frenulum. The upper surface of the tongue has small projections called papillae, some of which bear taste buds.

The oral cavity leads into a short pharynx which serves as a common passage for food and air. The oesophagus and the trachea (wind pipe)

open into the pharynx. A cartilaginous flap called epiglottis prevents the entry of food into the glottis – opening of the wind pipe – during swallowing. The oesophagus is a thin, long tube which extends posteriorly passing through the neck, thorax and diaphragm and leads to a 'J' shaped bag like structure called stomach. A muscular sphincter (gastro-oesophageal) regulates the opening of oesophagus into the stomach. The stomach, located in the upper left portion of the abdominal cavity, has three major parts – a **cardiac** portion into which the oesophagus opens, a **fundic** region and a **pyloric** portion which opens into the first part of small intestine (Figure 16.3). Small intestine is distinguishable into three regions, a 'U' shaped duodenum, a long coiled middle portion jejunum and a highly coiled ileum. The opening of the stomach into the duodenum is guarded by the pyloric sphincter. Ileum opens into the large intestine. It consists of caecum, colon and rectum. Caecum is a small blind sac which hosts some symbiotic micro-organisms. A narrow finger-like tubular projection, the vermiform appendix which is a vestigial organ, arises from the caecum. The caecum opens into the colon. The colon is divided into three parts – an ascending, a transverse and a descending part. The descending part opens into the rectum which opens out through the anus.

The wall of alimentary canal from oesophagus to rectum possesses four layers (Figure 16.4) namely serosa, muscularis, sub-mucosa and mucosa. Serosa is the outermost layer and is made up of a thin mesothelium (epithelium of visceral organs) with some connective tissues. Muscularis is formed by smooth muscles usually arranged into an inner circular and an outer longitudinal layer. An oblique muscle layer may be present in some regions. The sub-mucosal layer is formed of loose connective

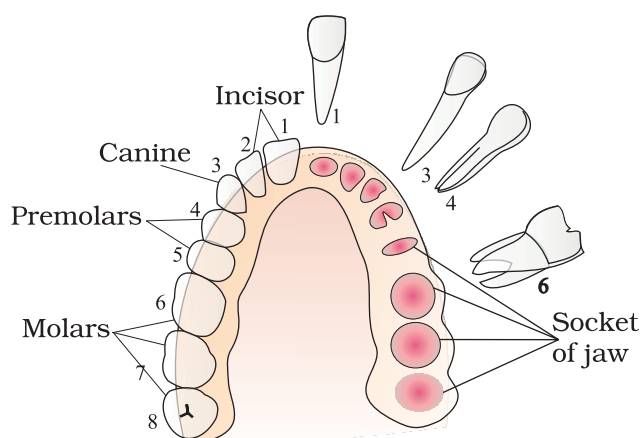


Figure 16.2 Arrangement of different types of teeth in the jaws on one side and the sockets on the other side

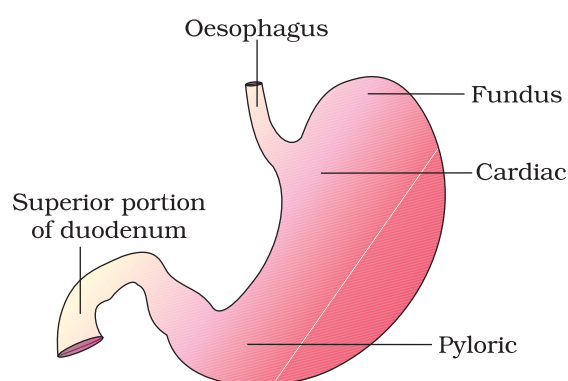


Figure 16.3 Anatomical regions of human stomach

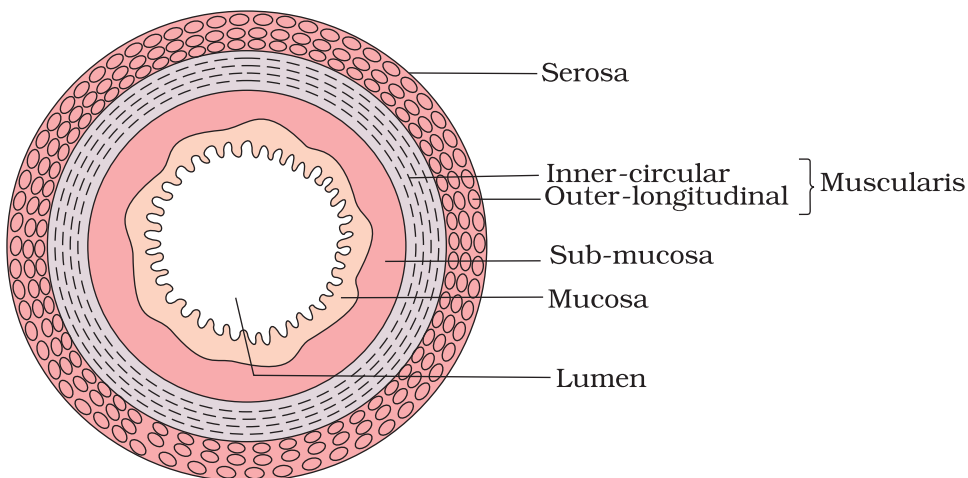


Figure 16.4 Diagrammatic representation of transverse section of gut

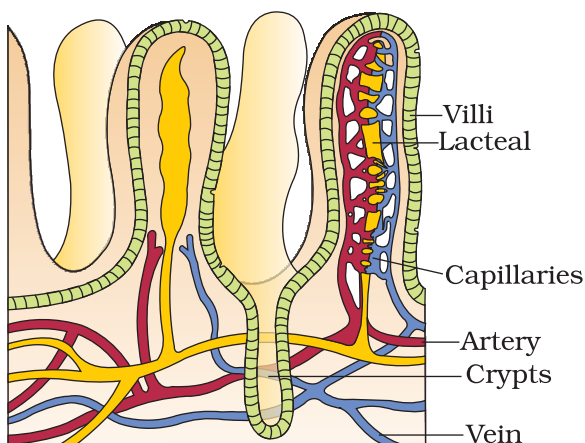


Figure 16.5 A section of small intestinal mucosa showing villi

tissues containing nerves, blood and lymph vessels. In duodenum, glands are also present in sub-mucosa. The innermost layer lining the lumen of the alimentary canal is the mucosa. This layer forms irregular folds (rugae) in the stomach and small finger-like foldings called **villi** in the small intestine (Figure 16.5). The cells lining the villi produce numerous microscopic projections called microvilli giving a brush border appearance. These modifications increase the surface area enormously. Villi are supplied with a network of capillaries and a large lymph vessel called the lacteal. Mucosal epithelium has goblet cells which secrete mucus that help in lubrication. Mucosa also forms glands in the stomach (gastric glands) and crypts in between the bases of villi in the intestine (crypts of Lieberkuhn). All the four layers show modifications in different parts of the alimentary canal.

16.1.2 Digestive Glands

The digestive glands associated with the alimentary canal include the salivary glands, the liver and the pancreas.

Saliva is mainly produced by three pairs of salivary glands, the parotids (cheek), the sub-maxillary/sub-mandibular (lower jaw) and the sub-linguals (below the tongue). These glands situated just outside the buccal cavity secrete salivary juice into the buccal cavity.

Liver is the largest gland of the body weighing about 1.2 to 1.5 kg in an adult human. It is situated in the abdominal cavity, just below the diaphragm and has two lobes. The hepatic lobules are the structural and functional units of liver containing hepatic cells arranged in the form of cords. Each lobule is covered by a thin connective tissue sheath called the Glisson's capsule. The bile secreted by the hepatic cells passes through the hepatic ducts and is stored and concentrated in a thin muscular sac called the gall bladder. The duct of gall bladder (cystic duct) along with the hepatic duct from the liver forms the common bile duct (Figure 16.6).

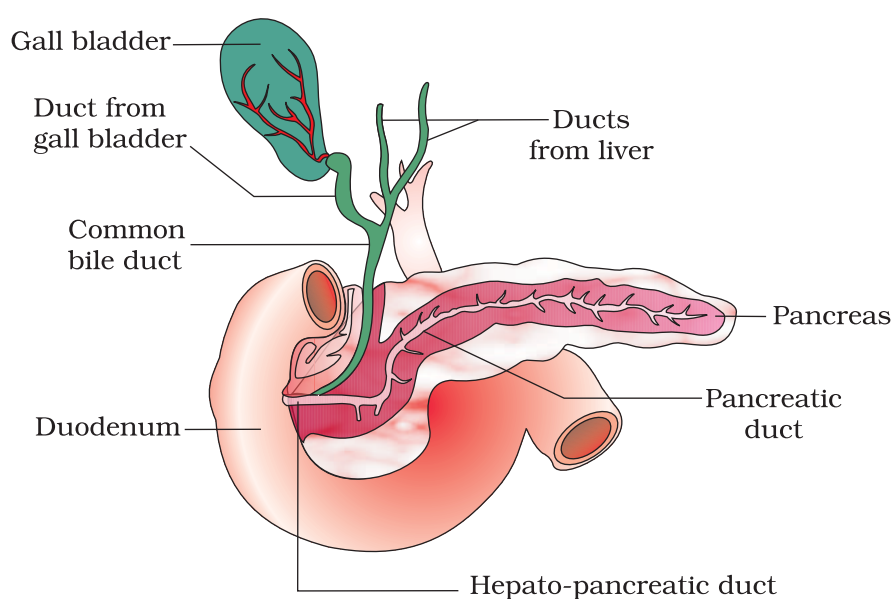


Figure 16.6 The duct systems of liver, gall bladder and pancreas

The bile duct and the pancreatic duct open together into the duodenum as the common hepato-pancreatic duct which is guarded by a sphincter called the sphincter of Oddi.

The pancreas is a compound (both exocrine and endocrine) elongated organ situated between the limbs of the 'U' shaped duodenum. The exocrine portion secretes an alkaline pancreatic juice containing enzymes and the endocrine portion secretes hormones, insulin and glucagon.

16.2 DIGESTION OF FOOD

The process of digestion is accomplished by mechanical and chemical processes.

The buccal cavity performs two major functions, mastication of food and facilitation of swallowing. The teeth and the tongue with the help of