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Class IV SCIENCE HW WORKSHEET  
SUBMISSION DATE: 11 APRIL 2014

Qs1. Match the following. Write the correct answer along with the number.

A	B	A	B
1. Rice	a) Protein	1.	_____
2. Meat	b) Carbohydrates	2.	_____
3. Butter	c) Mineral	3.	_____
4. Fruit	d) Good for digestion	4.	_____
5. Roughage	e) Fats	5.	_____

Qs.2-Fill in the blanks

1. Our main source of energy comes from\_\_\_\_\_
2. \_\_\_\_\_ are building blocks of our body.
3. Oils, ghee and butter are rich source of\_\_\_\_\_
4. We should wash fruits and vegetables \_\_\_\_\_peeling or cutting.
5. We should never eat food stuff which is kept\_\_\_\_\_.
6. \_\_\_\_\_are known as protective foods.