



Punjab School Education Board

Sahibzada Ajit Singh Nagar

© Punjab Government

Edition: 2018-19 2,24,495 copies

All rights, including those of translation, reproduction and annotation etc., are reserved by the Punjab Government.

Co-ordinator: Surabhi JaikwalCover design: Manjit Singh Dhilllon

WARNING

- 1. The Agency-holders shall not add any extra binding with a view to charge extra money for the binding. (Ref. Cl. No. 7 of agreement with Agency-holders).
- 2. Printing, Publishing, Stocking, Holding or Selling etc., of spurious Text-books qua text-books printed and published by the Punjab School Education Board is a cognizable offence under Indian Penal Code.

Price: ₹ 0000

Published by : Secretary, Punjab School Education Board, Vidya Bhavan Phase-8 Sahibzada Ajit Singh Nagar-160062 & Printed by S. Dinesh & Co. Ram Bagh, Transport Nagar, Jalandhar.

Foreword

The Punjab School Education Board has always focussed on imparting quality education and information to the students of the state. The English language is of humongous global significance. Therefore, the curriculum is so designed that our students do not lag behind as far as the proficiency in English is concerned. Keeping in view this need, PSEB is all set to improve the teaching and learning of English at Primary school level.

The present book has been prepared under the guidance of Director Academics, Punjab School Education Board. The book has been developed as per recommendations of NCF 2005, PCF 2013 and learning outcomes issued by NCERT. The goal of writing this book is attainment of basic proficiency and development of language into an instrument of knowledge acquisition. Through this book, efforts have been made to teach English in a meaningful context which is input rich and drawn from the immediate environment.

Hopefully the readers of this book will find it an interesting read. However, the comments and suggestions for improvement are welcome from the teachers and readers of the book.

Chairman

Punjab School Education Board

TEXTBOOK DEVELOPMENT COMMITTEE

• WRITERS

- 1. Harjit Kaur, G.P.S. Raipur Kalan, S.A.S. Nagar
- 2. Neelam kumari, G.P.S. Rurka, S.A.S. Nagar
- 3. Gurpreet Kaur, G.P.S. Safera, Patiala

• VETTERS

- 1. Kuldip Kumar Varma, S.C.E.R.T., Punjab
- 2. Navneet Kaur, S.C.E.R.T., Punjab
- 3. Sunita Singh, English Mistress, GHS Mansoorwal Dona , Kapurthala
- 4. Rosy Mehta, SS Mistress, GSSS Attati , Ferozpur

ABOUT THE BOOK

Every educational system has certain objectives which aim at bringing about desirable changes in learners. To achieve this objective NCF 2005, PCF 2013 and learning outcomes issued by NCERT provides the framework for making syllabi, textbooks and teaching practices within school education program in Punjab. The framework defines clear and high standards to be achieved by all students.

English language being the second language of students in Punjab needs an immense foregrounding of children, emphasising equally on listening, speaking, reading, writing and creative skills. Rainbow English II is student friendly and activity based book. The learners are introduced to letters, vowels, consonants and their sounds in a unique way. An attempt has been made to give ample practice of reading and writing words, phrases and short sentences through exercise given in the book. Writing space is also given in the book wherever required to hone the skills of learners.

This books has been developed in the light of NCF 2005, PCF 2013 and Learning outcomes issued by NCERT. This book provides learners as well as teachers, various opportunities to achieve language skills in an enjoyable manner.

Sr no.	Lesson	objective	Listening and speaking skills	Reading and writing skills	Activity
Н	English Alphabet	Revision of concepts learnt in previous class	 To listen and speak phonetic sounds To recite rhymes with actions and gestures Use greetings as and when required 	 To read and write capital and small letters Able to write letters in sequence. Able to read jumbled letters 	Use multimedia(audio- visual aids) for re- inforcing sounds of letters
7	Cursive letters	To enable students to write in cursive	 To listen and follow instructions Vocabulary related to parts of body. 	 To read and write letters written in cursive form To write properly in four lines 	Activity related to action words
ო	Vowel sound 'a'	To enable the students to construct 3 letter words having 'a' in middle	Different sounds of vowel 'a'Recites rhyme about good habits.	 To read and write 3-4 letter words, phrases and sentences with vowel 'a' To understand the meaning of these words with help of pictures. 	Pair-upSame-sameRun to make a word
4	Vowel sound 'e'	To enable the students to construct 3 letter words having 'e' in middle	Different sounds of vowel 'e'Gives introduction of selfAnswers to specific questions	 To read and write 3-4 letter words, phrases and sentences with vowel 'e' To understand the meaning of these words with help of pictures. 	 Run and circle
2	Vowel sound 'i'	To enable the students to construct 3 letter words having 'i' in middle	 Different sounds of vowel 'i' Able to speak new words related to sky,kitchen,bathroom etc. Names of animals 	 To read and write 3-4 letter words, phrases and sentences with vowel 'i' To understand the meaning of these words with help of pictures. 	Make up a word
9	Vowel sound 'o'	To enable the students to construct 3 letter words having 'o' in middle	 Different sounds of vowel 'o' Able to speak new words related to sky,kitchen,bathroom etc. Names of animals 	 To read and write 3-4 letter words phrases and sentences with vowel 'o' To understand the meaning of these words with help of pictures. 	 Passing the parcel
7	Vowel sound 'u'	To enable the students to	 Listen and speak different sounds 	 To read and write 3-4 letter words 	Sort out

				, purases and sentences with yower u	
		in middle	 Listen and speak comparative 	 To read and write comparative sounds like 	
			sounds like fit-fat, leg-log,hat-hut	fit-fat, leg-log,hat-hut etc	
			etc.	Use of 'and'	
	In/on/under	To enable students to understand	To listen and speak vocabulary related to	 To use in/on/under in sentences. 	
		sentence structure.	counting.	 To read and write these sentences with 	
				understanding	
ر و	Use of a/an	To differentiate on basis of vowel	To listen and speak about visual images.	 To use a/an at proper place 	 Making word album
		and consonant sounds		 To develop an extensive sight word 	
				vocabulary	
10	Use of	To make them familiar with various	To listen and speak about visual images	 To use this/that/these/those 	
2 ب	this/that/these/t	concepts		appropriately	
= =	let's read and	To make the student understand	To listen and speak about traffic lights	To read aloud with accuracy and	
	5 -				
	understand	the sentences with the help of		comprehension	
		pictures.			
12 N	My computer	To identify the hardware	To listen and speak about parts of computer	 Develop an appreciation of printed 	 How to operate
		component of a computer		language	Computer
13	Going to a zoo	To make students relish the short	 To listen short stories 	 To read short prose 	Colouring
		stories	To speak about characters of the	 To comprehend text 	
			story		
14	A pet hen	To make students relish the short	To listen and speak about nature through a	 To understand naming 	 Draw and colour
		stories	rhyme	words and plural	
				 develop reading speed 	
				 To make sentences 	
15 F	Holi	To make them familiar with the	To listen and speak vocabulary related to	 To read short prose 	 Collage making
		importance of festivals	colours, days of week and seasons	 To comprehend text 	
				 To write in good handwriting 	



CONTENT

Lesson 1:	English Alphabet	1-10
Lesson 2:	Cursive Letters	11-23
Lesson 3:	Vowel Sound 'a'	24-36
Lesson 4:	Vowel Sound 'e'	37-49
Lesson 5:	Vowel Sound 'i'	50-62
Lesson 6:	Vowel Sound 'o'	63-73
Lesson 7:	Vowel Sound 'u'	74-84
Lesson 8:	In/On/Under	85-88
Lesson 9:	Use of A/An	89-93
Lesson 10	: Use of This/That/These/Those	94-97
Lesson 11	: Let's Read and Understand	98-104
Lesson 12	: My Computer	105
Lesson 13	Going to a Zoo	106-110
Lesson 14	: A Pet Hen	111-119
Lesson 15:	: Holi	120-124

Prayer



Thank You God

Thank You God for the world so sweet,

Thank you God for the food we eat,

Thank you God for the birds that sing,

Thank you God for everything.







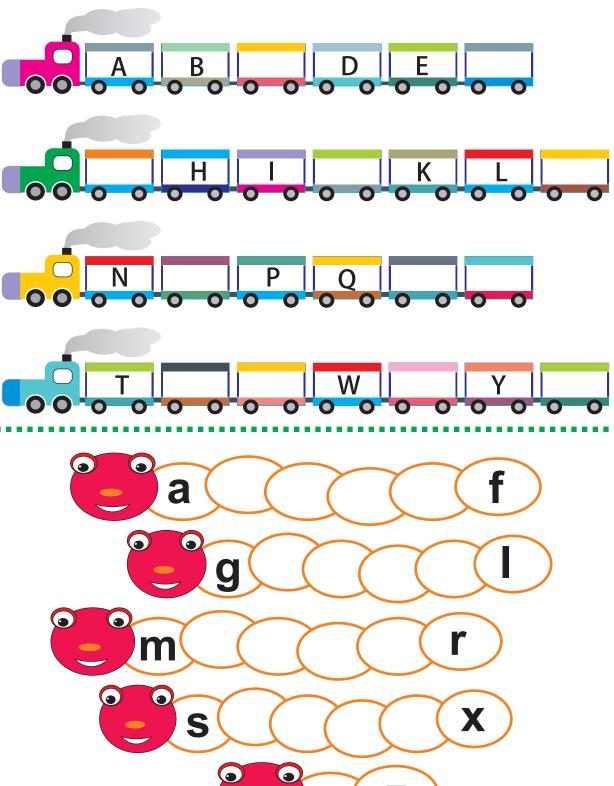
Capital letters

ABCDEFG HIJKLMNO PQRSTUV WXYZ

Small letters

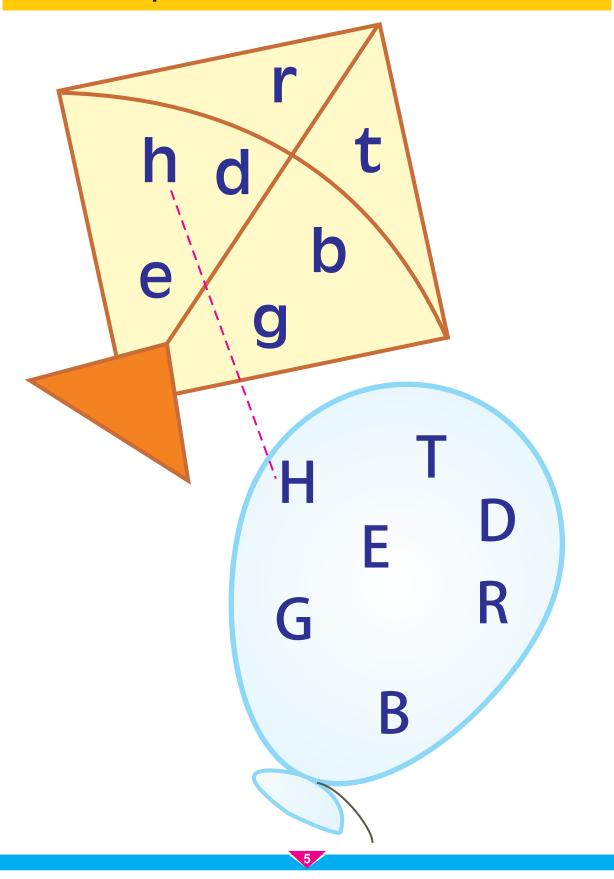
abcdefg
hijklmno
pqrstuv
wxyz

Fill in the blanks

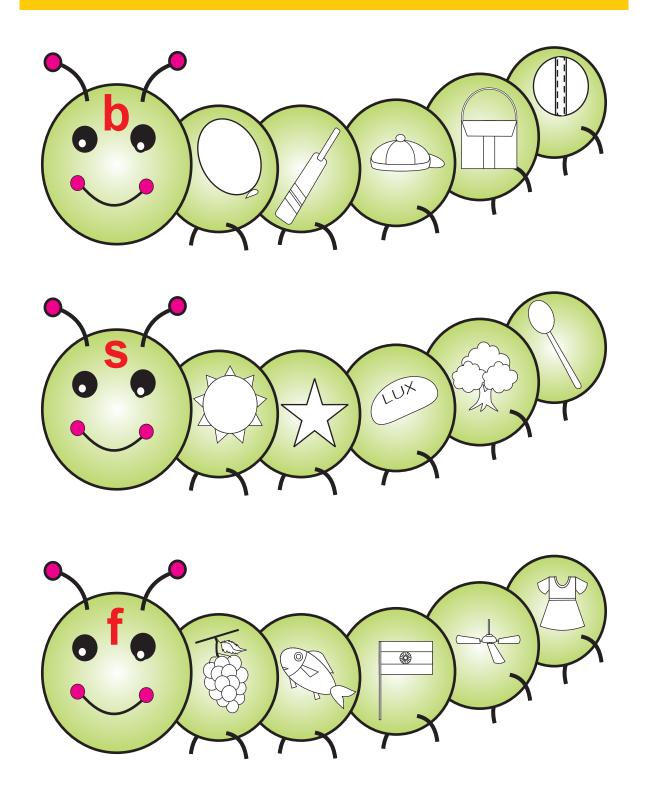


Put a cross on the letter which is not in sequence.

Join the capital letters with small letters



Colour the picture having beginning sound of letter given on head of caterpillar.



Rhyme Time....



Clap, clap Clap your hands, Clap your hands with me.





Tap, tap, Tap your feet, Tap your feet with me.

Hop, hop, Hop and jump, Hop and jump with me.





Come, come, Come and dance, Come and dance with me.



Teacher is suggested to give practice of more action words like kick, fly, cry, catch, throw etc.

7

Greetings



Neelu gets up early in the morning and wishes her mother Good morning.



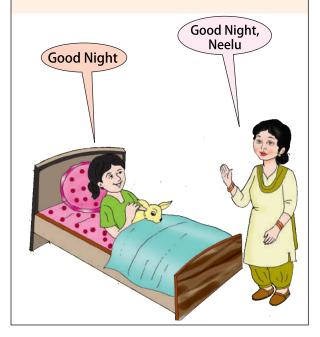
Neelu wishes her teacher Good afternoon when she leaves the school.



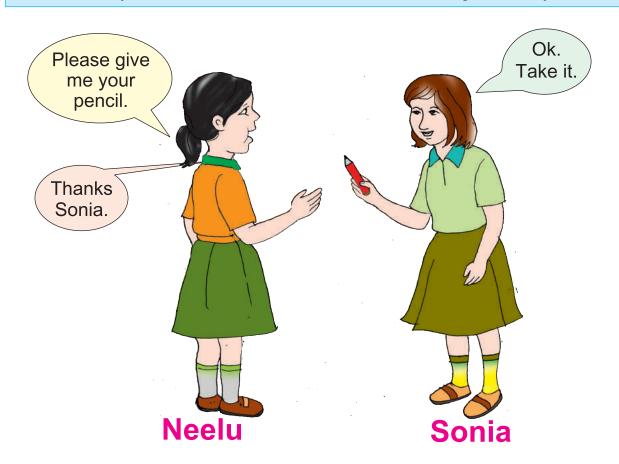
Neelu wishes her friends Good evening when she meets them in evening.



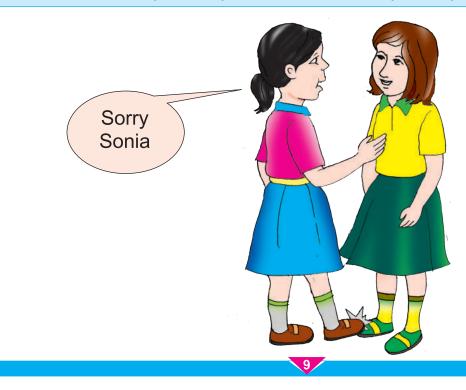
Neelu wishes her mother Good night when she goes to bed.



Neelu says 'Please' when she asks for something from anyone.



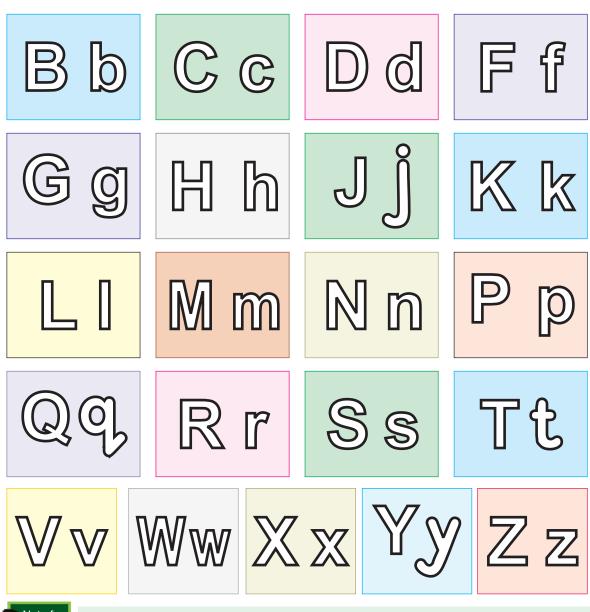
Neelu says 'Sorry' if she disturbs anyone by mistake.



Vowels

Aa Ee Ii Oo Uu

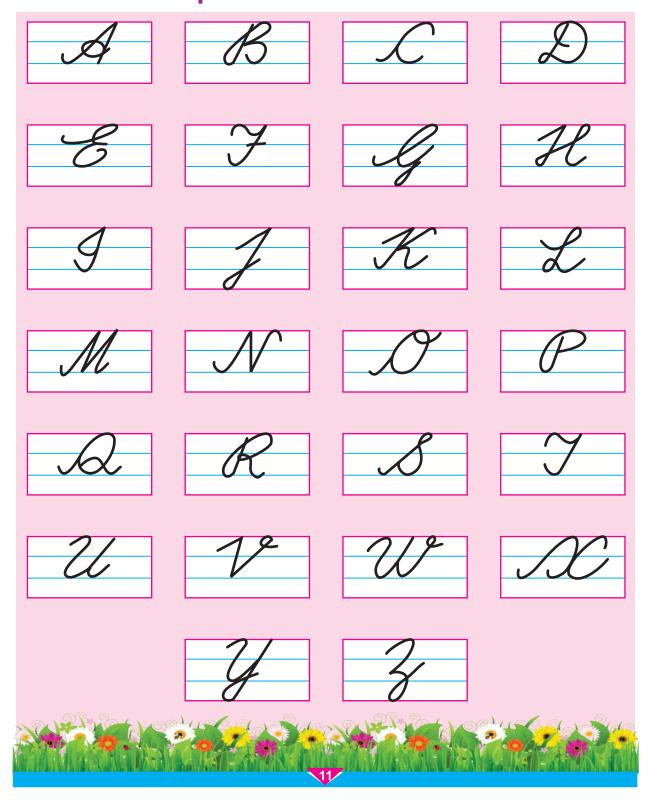
Consonants





While teaching the concept of vowels, teacher will focus on the sounds instead of letters. For example while teaching 'Bb' focus on the sound /**b**/

Capital Cursive letters Capital Cursive letters

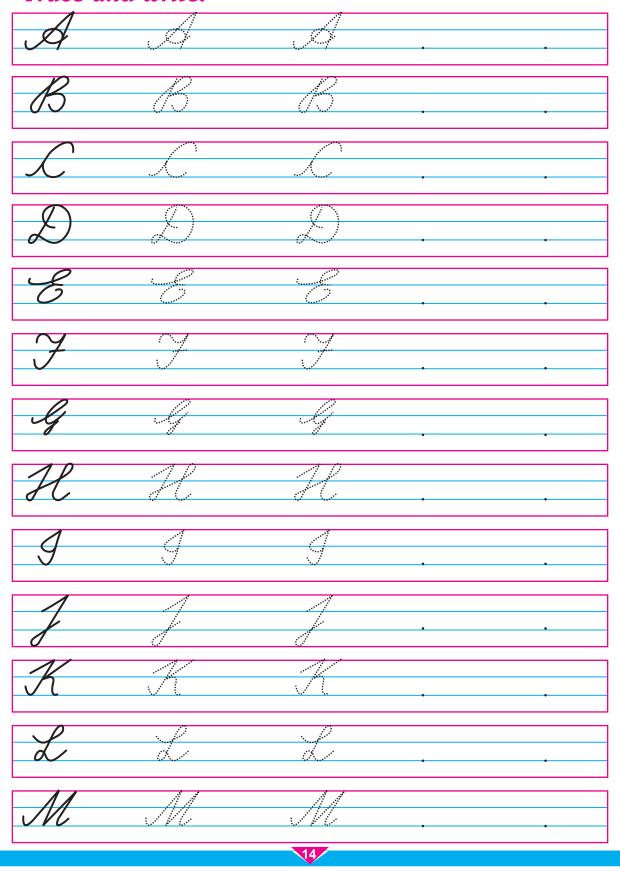


Basic Strokes of Cursive Handwriting
Continue the given stroke and practice it :
Illlll
000000
llllll

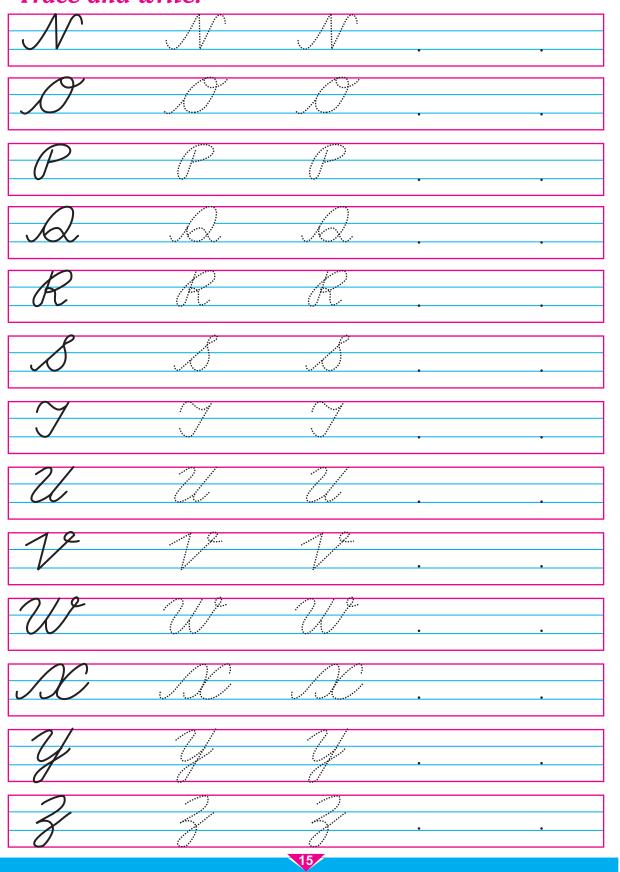
Basic Strokes of Cursive Handwriting
Continue the given stroke and practice it :

MM
/mm
3333333
13/13/13/13/13/13/13/13/13/13/13/13/13/1

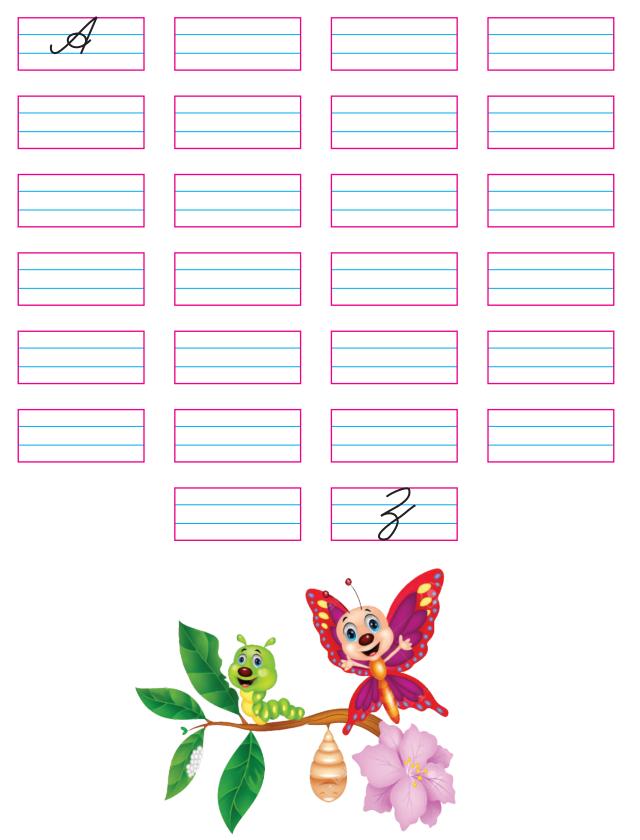
Trace and write:

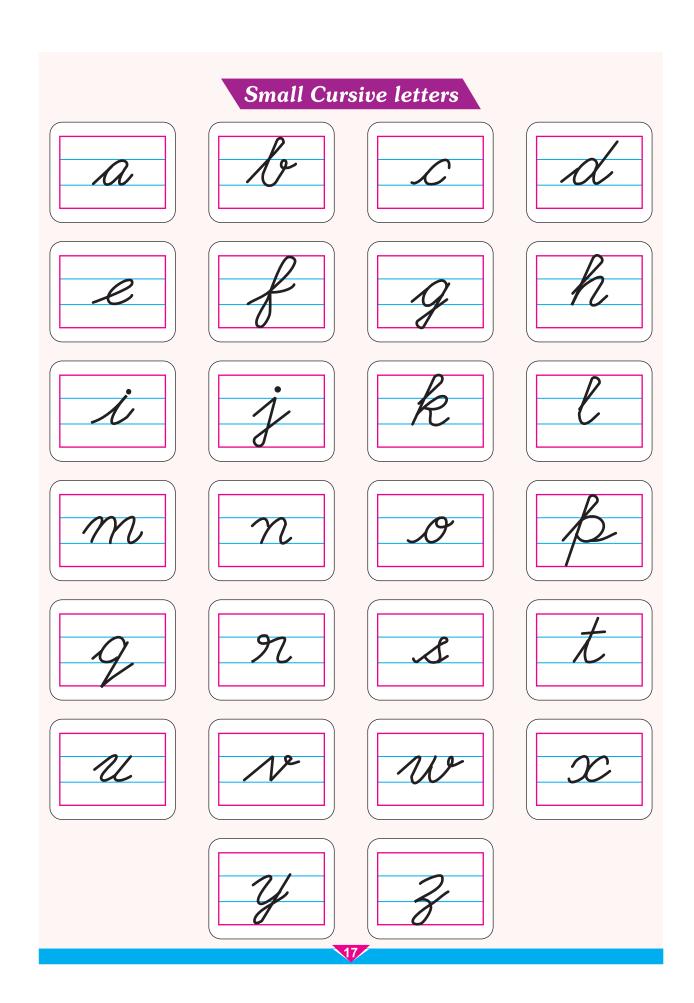


Trace and write:



Write the letters





Small Cursive letters

Trace and write M 177 18

Trace and write

Trace a	na write			
η	72	77.		•
D	D.	Ď		
B	A	B		•
9	2	9		•
N	97.	27	•	,
S				
t	L	t		
U	44	14		•
Nº	12	12	•	•
W	42	40	•	•
\mathcal{X}	\mathcal{L}	D		•
y	J	J	•	•
3	7	10/		•
		19		

Write the letters
α
4
Let's know
Letters to be written in middle two lines
aceimnonsuvwx
100 30 30 110 10 30 1030 407 1 00 30
Letters to be written in upper three lines
P P P P I
NONRIT
Letters to be written in lower three lines Letters to be written in four lines
i a de la
yyyy y

Action words



Clap your hands, Clap your hands,

Listen to the music And clap your hands.

Turn around, Turn around,

Listen to the music And turn around.

Jump up high, Jump up high,

Listen to the music And jump up high.

Wave your hand, Wave your hand,

Listen to the music And wave your hand.





Activity

Teacher will give practice of commands like

- come here
- clap your hands
- go there
- wave your hands
- turn right
- run fast etc.
- turn left
- turn around

Parts of Body





Come little baby,
Come to me.
Touch your head,
Touch your knee.
Close your eyes,
And show your feet.

Shake your leg,
And pull your cheek.

Sense Organs





I see with my eyes

I smell with my nose.

I hear with my ears.

I taste with my tongue.

I feel with my skin.









The teacher will tell the learners about parts of body and sense organs.

Activity The teacher will ask the learners to touch their body parts one by one and will give practice of commands.

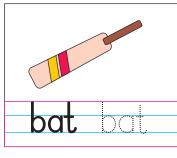
- Touch your head.
- Touch your eyes.
- Touch your hair.
- Touch your arms
- Raise your hands.
- Open your eyes.
- Shake your leg.
- Close your eyes.
- Shake your head.
- Show me your hands, tongue, nails etc.

Lesson 3

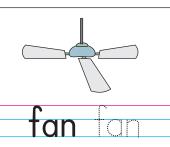
Vowel Sound 'a'

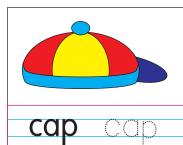


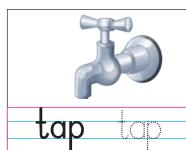
Read aloud and trace













Read and Write more words with vowel sound a

at bat cat fat hat mat pat rat sat

an ban can fan man pan ran van tan

ap cap gap lap map tap nap rap sap

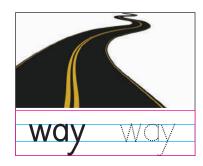
ad bad had mad lad sad pad bad

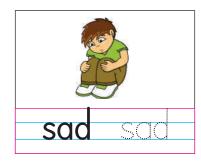
am dam jam ham ram ar car far jar

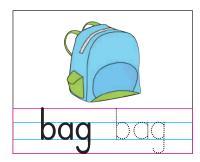


Note for Teacher will help the child to make them understand all the words with the help of related pictures or simple drawings. Students should also develop the habit of drawing related picture.

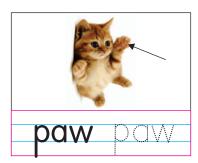
Read aloud and trace













Read more words with vowel sound a

day
lay

pay

say

ray

way

may

ag bag

lag rag tag

aw

jaw raw paw saw law ball call hall tall mall wall

bake cake make take date hate gate late rate plate

name game came same ail nail fail tail sail

tray
pray
clay
play

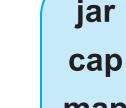
ay

Match the words with pictures













map hat tag fat mat pan rat

jar







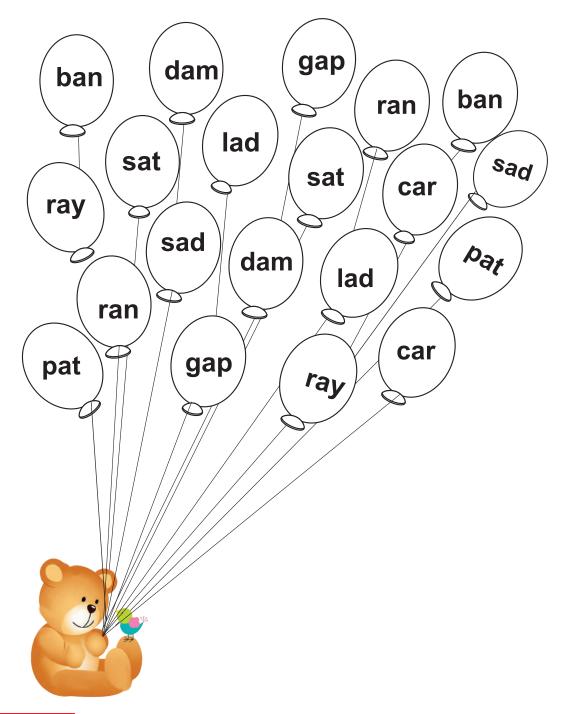


Activity Pair up



Teacher will give flash cards with three letter words to a group of 4-5 students, and related pictures to other group. When the teacher gives the command 'pair up' the students will run to make pairs.

Colour the similar balloons with same colour

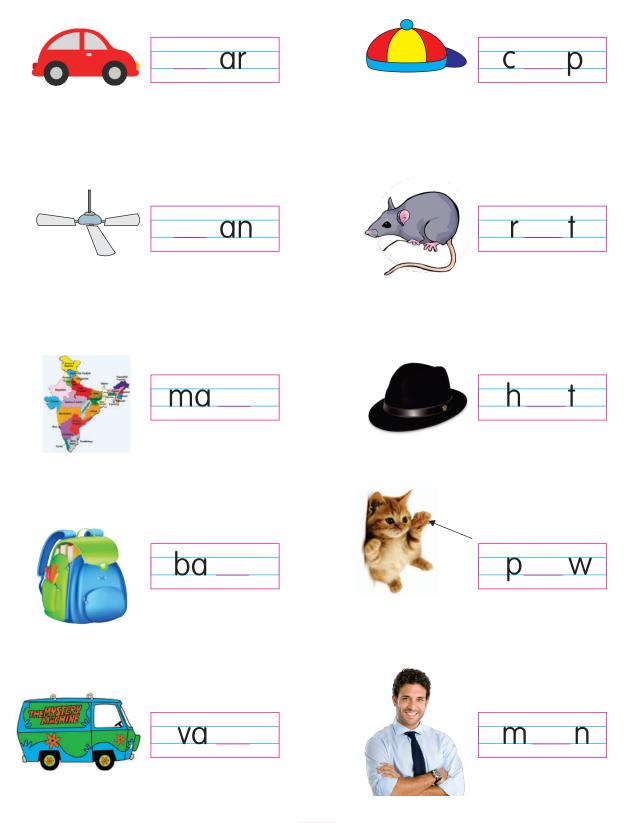


Activity Same Same

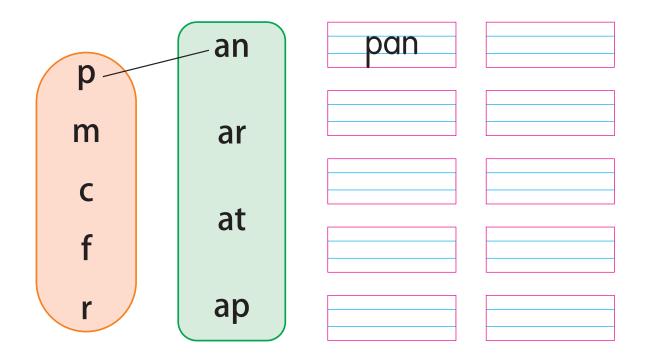


Teacher will distribute identical sets of flash cards of words among two groups. Teacher will speak a word from these cards. Student from each group will find the card. One who will find first will be the winner.

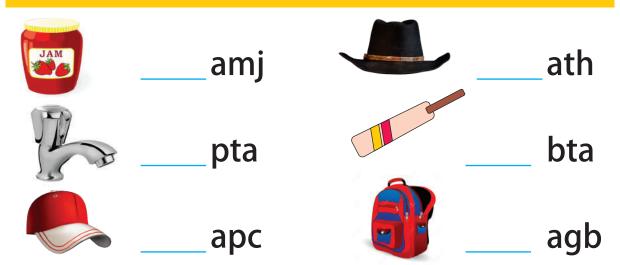
Complete the words



Join the letter to ending pattern and make words:



Rearrange the following letters for given pictures.



Activity

Run to make word: Teacher will give flash cards of ending sounds or vowel pattern (at, at, ab, ad,ar.) to a group of 4-5 students and flash cards of consonants (n, t, f, l, d) to other group. Both the groups will stand at some distance from each other. Teacher will count 1,2,3 and students having flash cards of consonants will run towards other group to make pairs or complete words e.g. 'p' will run towards 'an' to form 'pan'. Students will come to know the structure and formation of the vowel pattern words.

Read aloud



a fat cat



a fat man



a fat cat ran



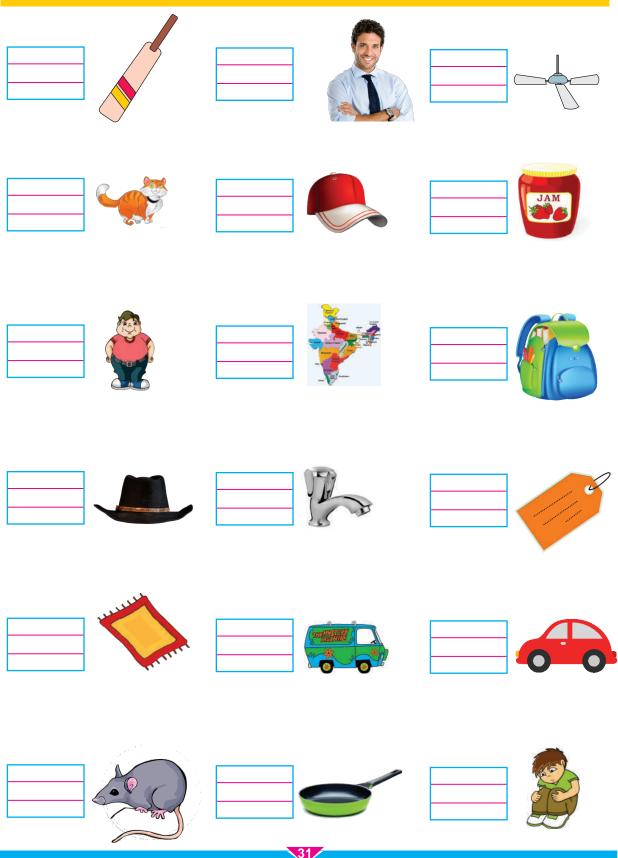
a sad man



a man ran



Write words for the given pictures in cursive



Read aloud

Sam, a fat man had a fat cat.

The cat had a hat.

The cat sat on a mat.

The cat saw a rat.

The rat ran on the tap.

Pam was back.

He had a bag and a cap.

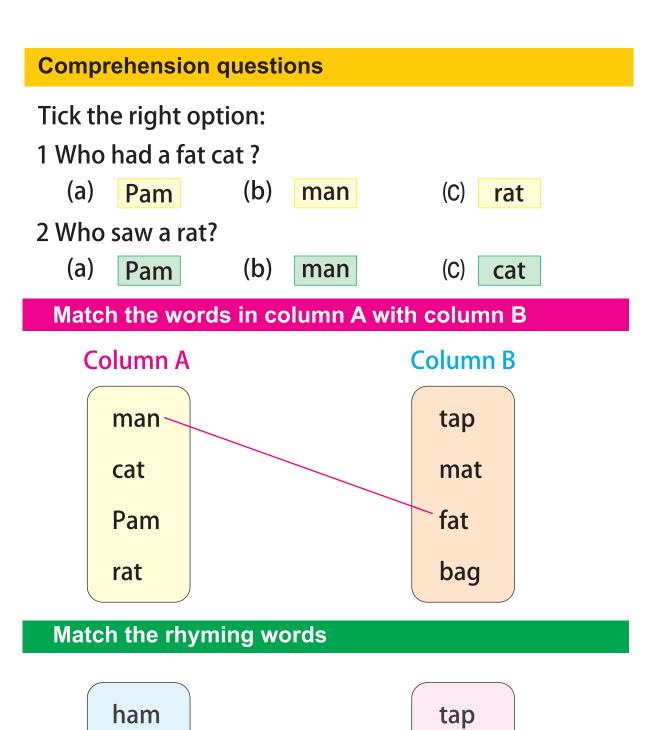
His bag had a tag.

Sam had jam for Pam.









cat

cap

man

jam

ran

mat

Use of 'and'







a car and a van

a cap and a hat





a rat and a cat

a pan and a can







a bat and a mat

a bag and a map





Plurals (One and Many)





a bag - bags 🧣







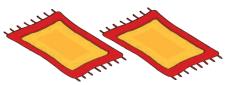
a fan - fans







a mat - mats





a car - cars





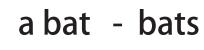
a cap - caps

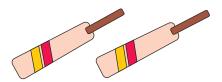




a cat - cats









a jar - jars





Rhyme Time....

This is the way

This is the way we wash our hands, Wash our hands, wash our hands, This is the way we wash our hands, So early in the morning.





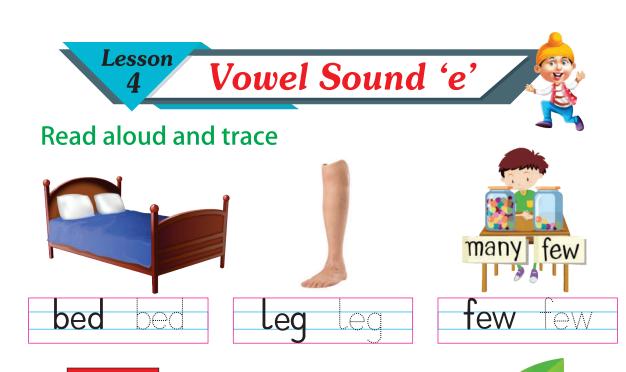
This is the way we brush our teeth,
Brush our teeth, brush our teeth,
This is the way we brush our teeth,
So early in the morning.

This is the way we comb our hair, Comb our hair, comb our hair, This is the way we comb our hair, So early in the morning.





Extend this poem with different phrases like go to school, pray to God, clip nails, take a bath etc.



Read more words with vowel sound e

peq



red



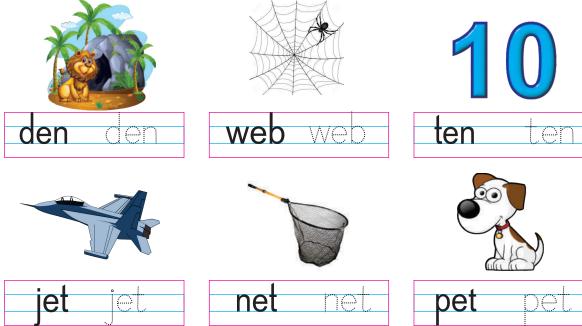


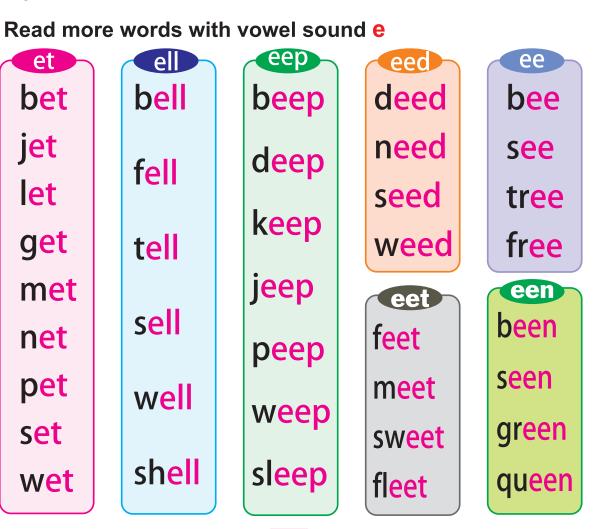
den hen pen men ten ken

- ted turn over grass straw
- keg small drum
- teg small sneep
- pew long bench with back

dew

Read aloud and trace

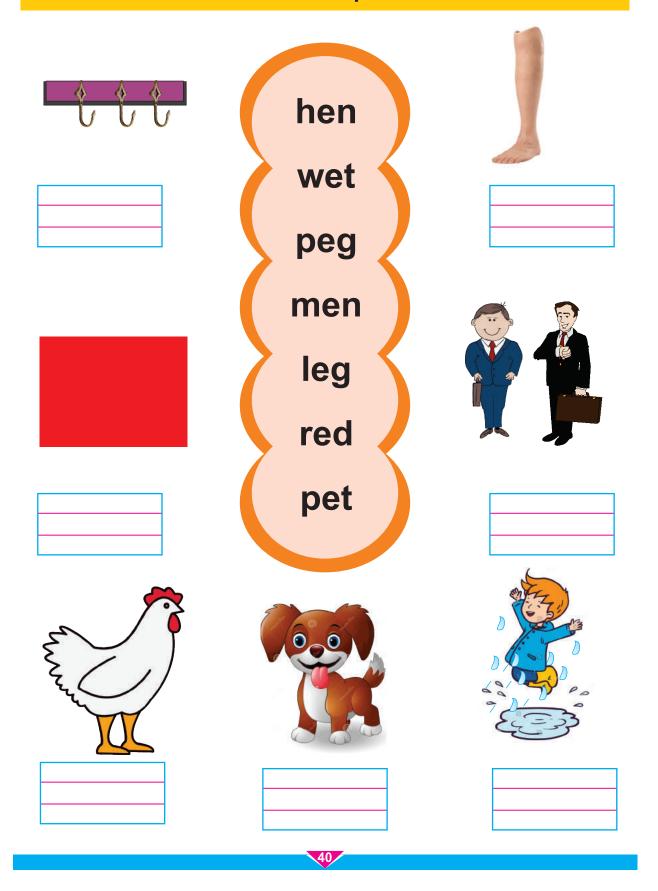




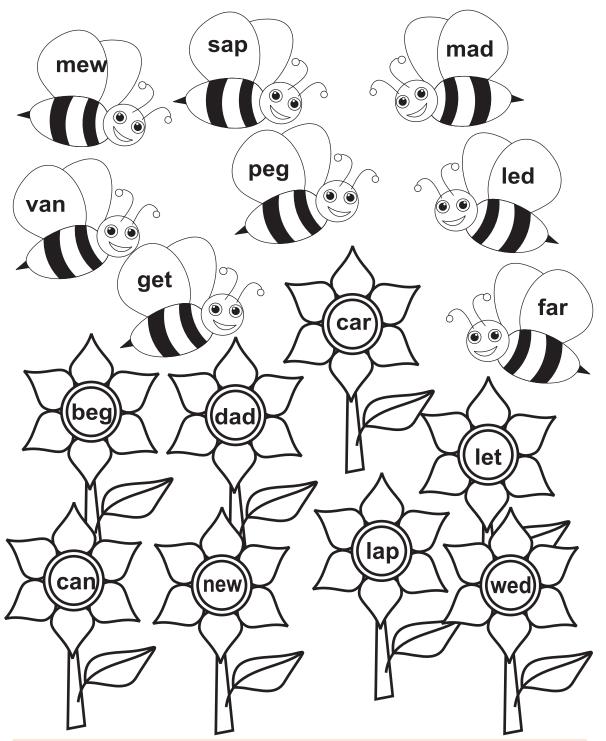
Match the words with pictures



Give the correct word for the picture



Colour the rhyming pair with same colour

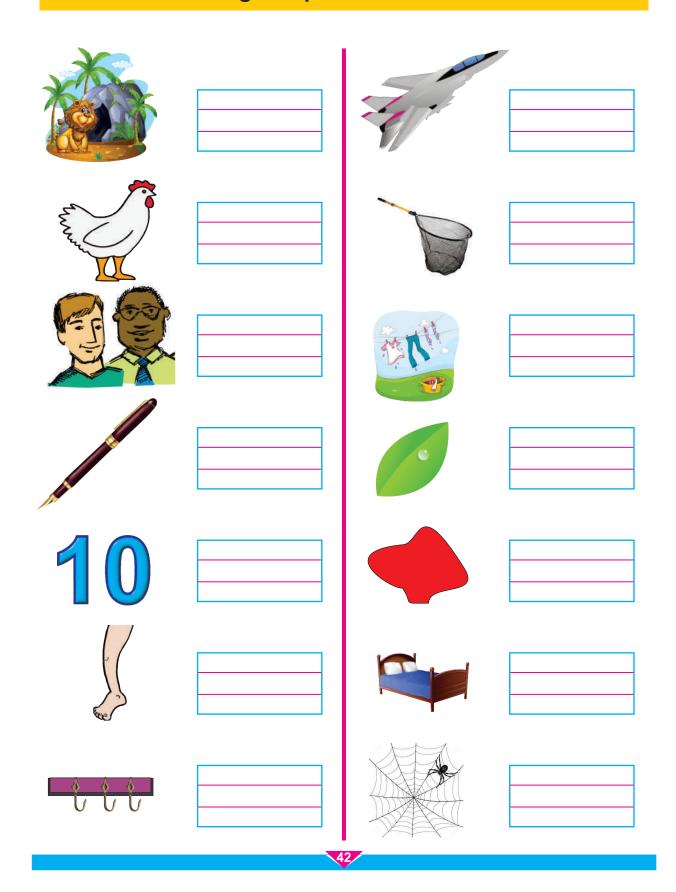


Activity

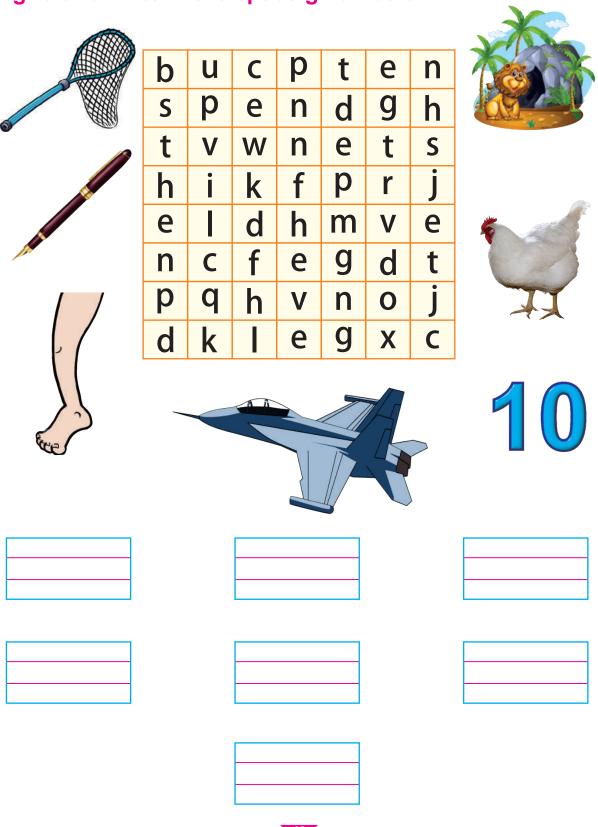
Run and circle Teacher will write some three letter words on the blackboard. Divide the class into two teams.

Teacher will call out a word from the black board. One student from each team will run to circle that word and win point.

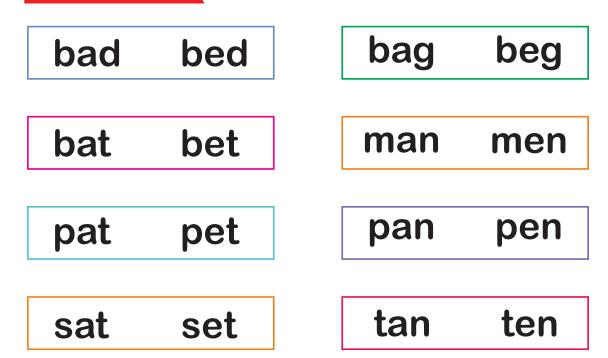
Write words for given pictures in cursive.



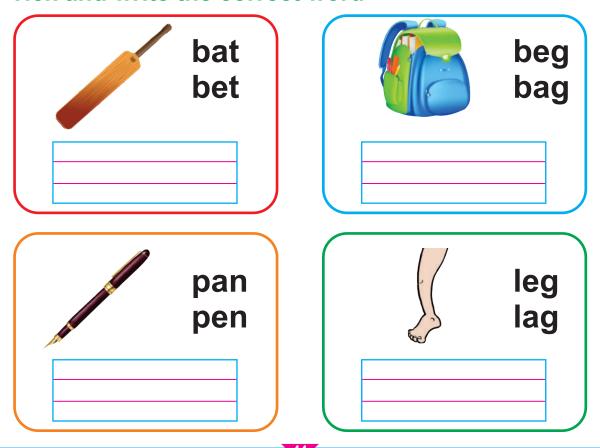
Encircle the words for the following pictures in the grid and write in the space given below



Read aloud



Tick and write the correct word



Read aloud



a red pen



a wet hen



men in a den



a net on a bed



a pet in a car



a bag on a peg

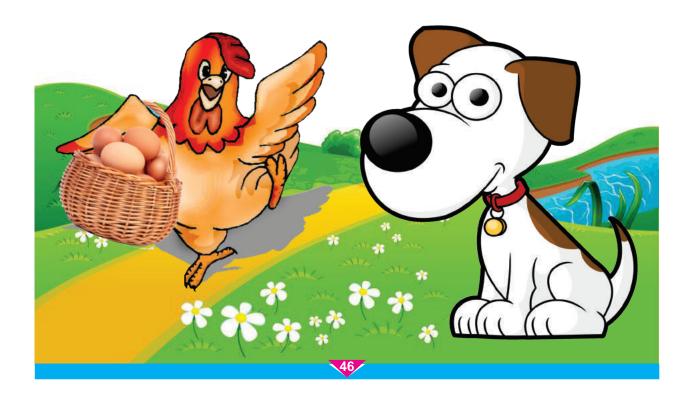
Rhyme Time....



The Little Red Hen

The little red hen
Took her basket of eggs,
And went to the Ten Cent store
She traded her eggs,
For a vest and a jet
And a pet that she just adored.

She put on her vest
And got in her jet,
With her pet that she named Ted
They flew round the bend
And become good friends,
And that's how the story ends.



Rhyme Time....





Fruits

Fresh fruit, fresh fruit

Apple



Mango

Orange

Pear

I have many I have many apple, orange,

banana and grapes

mango, cherry,

melon and dates

Do you want any?

Grapes





Banana



Watermelon



Teacher will give oral practice of the following conversation-Do you want any fruit ?

Yes, I want (name of fruit)



Conversation

1.	How are you?
	I am fine, thank you.
2.	What is your name?
	My name is
3.	How old are you?
	I amyears old.
4.	Where do you live?
	I live in
5.	What is your father's name?
	My father's name is
6.	What is your mother's name?
	My mother's name is
7.	In which class do you study?
	I study in class
8.	What do you like to eat?
	I like to eat
9.	What do you like to drink?
	I like to drink

10. What do you like to play?

I like to play



My Self

I am (Name)

I amyears old.

My mother's name is Mrs

My father's name is Mr.

I study in class

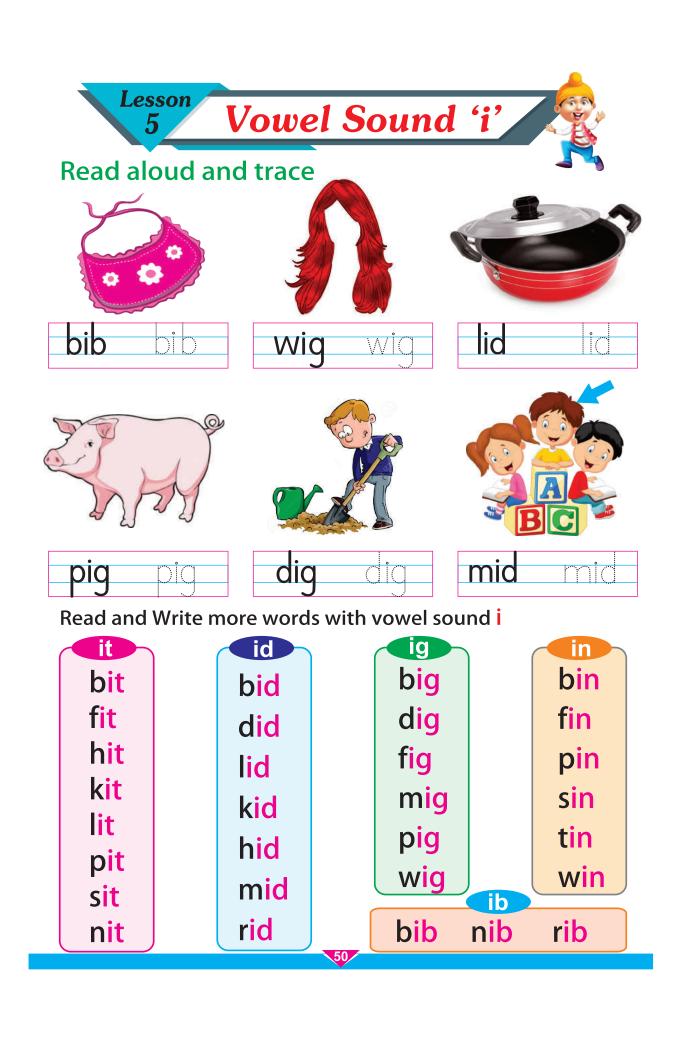
I like to eat

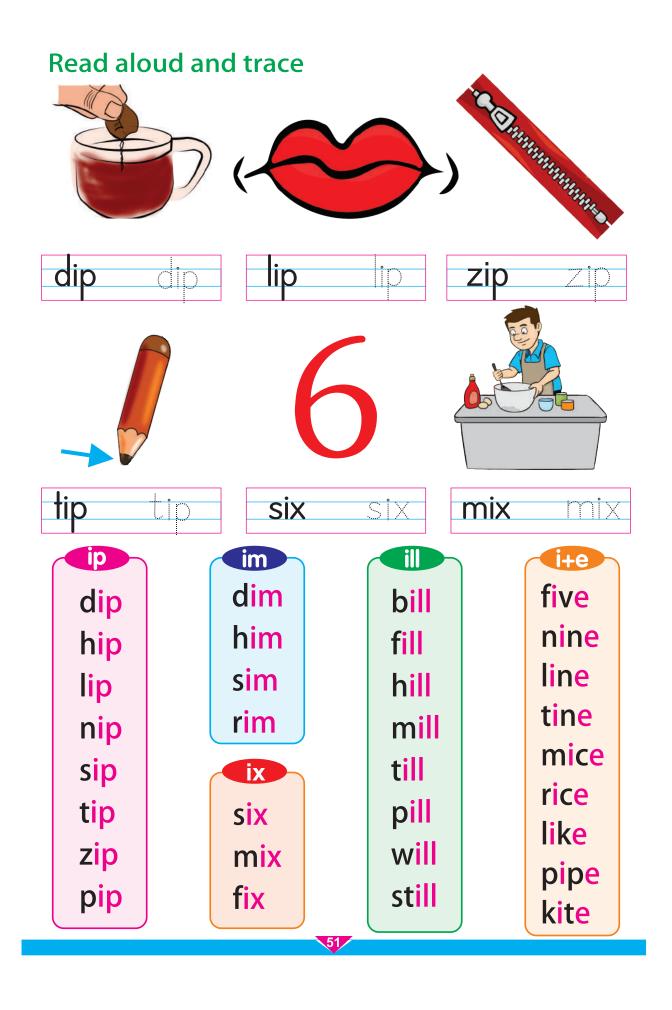
I like to drink

I like to play

I live in







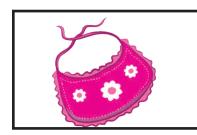
Match the words with pictures







tin pin bin



nib big bib



six mix fix



mid bid lid

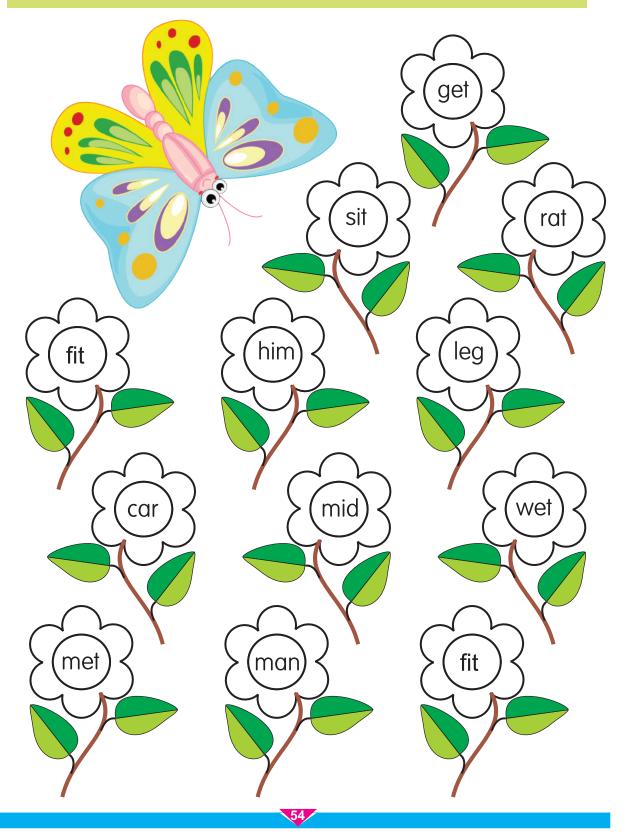


bin pin tin



big wig fig

Read the following words and help the butterfly to find flowers with 'a' by colouring them red, with 'e' by colouring them yellow and with'i'colouring them blue.



Fill in the correct vowel 'e' or 'i'





l....g

t....p

m....n

w....n

b....b

d....g

z....p

h....t







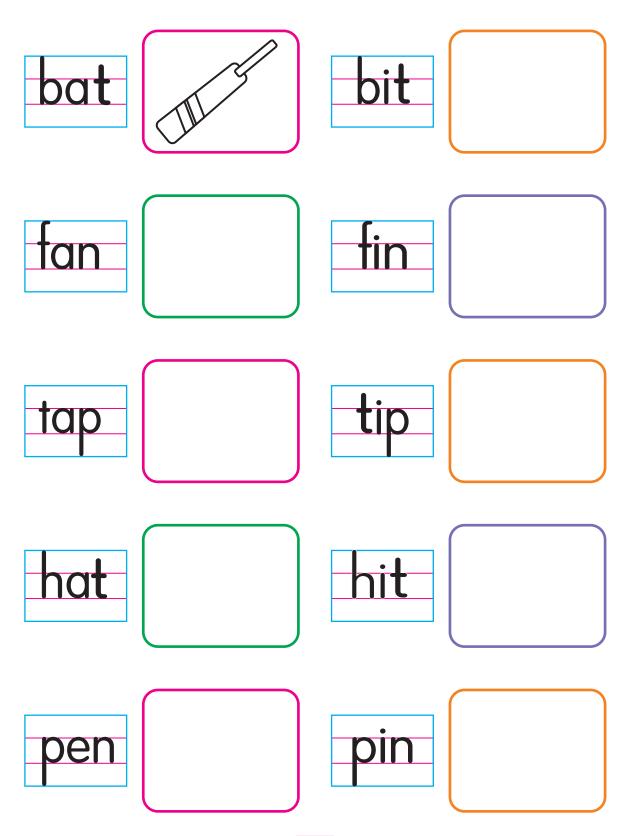




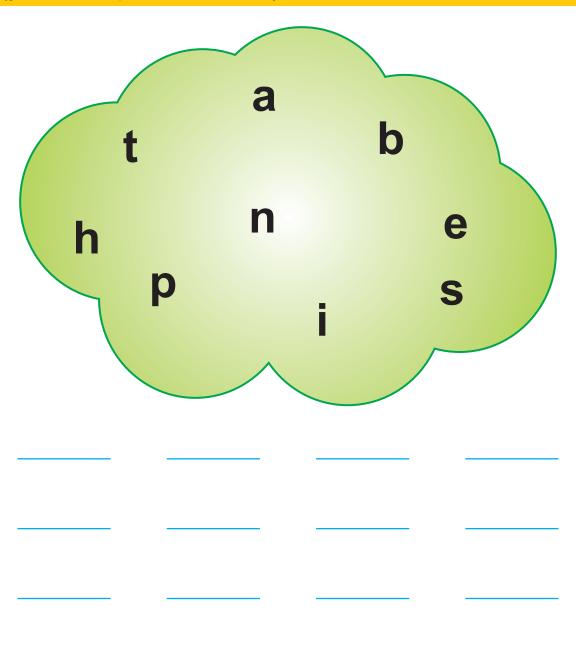
Read the following words and write in proper place below pictures.



Draw pictures for the given words



Make as many words as you can using following letters (you can repeat the letters)



Activity

Make up a word: Divide the class in two groups. Put a complete set of alphabet flash cards in a box/basket. One student from each group will pick any three letters to make a vowel pattern word. The one who will make the word first will get the point. Repeat this activity with all students.