

General Knowledge Today



suraj_winner | rajawat.rs.surajsingh@gmail.com | www.gktoday.in/module/ias-general-studies

Indian Culture-7: Indian Performing Arts

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Model Questions

Prelims MCQ Topics

Please check prelims model questions at the end of this module.

Mains Model Questions

1. Differentiate between the Marga Sangeet and Pathya Sangeet of ancient India.
2. Discuss the contribution of Amir Khusro to Indian Music.
3. The Bhakti cult directly contributed to the theory and practice of music, which deeply impacted the Hindustani Classical Music. Discuss.
4. Five classical dances of India are considered to be the mystic manifestation of the metaphysical elements of nature. Elaborate.
5. Differentiate between Natya Dharmi and Lok Dharmi traditions as mentioned in ancient Indian scriptures.
6. Elaborate about various types of Puppetry Art in India.
7. Give a detailed account of the evolution of Veena through different stages, from ancient times to modern times.
8. There is no adherence to rules so strictly in Folk music as compared to classical music. Elucidate
9. Write short note on musical stone pillars in temples.
10. Discuss the modern trends in Indian classical music.
11. What do you understand by Abhinaya? What are different kinds of Abhinaya?
12. With reference to ancient Indian art forms, throw light on the concept of Navarasa.
13. Elucidate the Karna and Angahgara components in context with classical Indian dances.
14. "Kathakali is a distinct combination of Natya, Nritya and Nritya." Discuss.
15. "Of all the Vishnu incarnations Krishna is one of the most popular and is portrayed prominently in all dance forms." Discuss.



History of Indian Music

Music is as old as our civilization. The presence of music / dance in Indus Valley Civilization is evident from some musical instruments, such as the arched or bow-shaped harp and few varieties of drums on terracotta figures and pictographs on the seals. Further, the dancing girl figurine is a testimony to this. However, what kind of music or dance was prevalent that time, we are totally ignorant about it.

Music in Vedic Era

In the Vedic era, the priests composed hymns in praise of the nature gods, which had to be sung or chanted at religious sacrifices. This tradition led to the composition of a sizable body of the religious poetry, which we call **Shruti Literature**. The Vedic hymns or **Richās** were not committed to written texts but the hymns and the method of chanting them, was handed down by word of mouth from one generation to generation. So, the richās of the Vedas are arranged as per the priestly families, who composed and chanted them. The composition of Yajurveda and Samveda followed the Rig-Veda. While Yajurveda tells us the procedures followed in the sacrifice, the Samveda contains the hymns to be sung by those who chanting them. Samveda basically consists of a *samhita* (collection) of richās or their portions from the Sakala Sakha of the Rig-Veda. How these Rigvedic richās should be sung – is known as **Sām**. This implies that Sām is the composition of Rig-Veda richās in the form of notes, while **Sāmgana** is the song thus sung. This music is called the **Vedic Music**. It is the testimony to the deep relationship of music with religion in India. The sāmgana included the instrumental music also. The prominent instruments in the Vedic Music were the veena, tunav, dundubhi, bhoomi-dundubhi, talav etc.

Origin of Sargam

The initial notes in Indian music were three viz. *udatta, anudatta and svarita*. The Samaveda employed more notes and thus finally settled down on seven notes, which were *krusht, pratham, dwitiya, tritiya, chaturth, mandra and atiswār*. This later evolved into what we call the seven Svaras.

Divine Origin of Indian Music

As per the Indian mythology, Indian Music is of divine origin. Narada was the first sage to whom the laws of music were revealed. Veena is the oldest music instrument, which was invented by Narada. Tumburu was the first singer. Saraswati was the goddess of music and learning; and Bharata was the first to draw up rules for theatre, of which music was a major and integral part.

The seven Svaras are the basic notes of an octave named [a]ja], Rī[abh, Gāndhār, Madhyam, Pañcham, Dhaivata and Nī[ād (*Sa Re Ga Ma Pa Dha and Ni*) respectively. Collectively, they are called **Sargam**. A



series of the seven notes is also known as **Saptak**.

Music in Maurya Era – Buddhist and Jain Sources

The way the Yakshas and Yakshis have been depicted in the Buddhist sculptures, it is obvious that Maurya era had a richly flourished music. However, Buddhist theology saw music as distraction, but nevertheless, music flourished in that era very well.

In Jain theology as well we find that some of the rare instruments have been discussed in these texts. Some of them are *bhambha*, *mukund*, *machal*, *kadamb* etc. Some of them may be the instruments of the folk music.

Later Development of Indian Music

The Gupta period is known for the excellence in all fields of Indian art and culture. The reference to Music in Gupta period comes from the works of Kalidasa and Vatsyayana among others. Kalidasa has written the names of some instruments such as *Parivadini Veena*, *Vipanchi Veena*, *Pushkar*, *Mridang*, *Vamshi* and *Shankha*. He has also discussed different types of songs such as *Kakaligeet*, *Streegeet* and *Apsarogeeti*, apart from some technical terms such as *Murchana*, *Swarasaptaka* and *Tana*.

Vatsyayana has listed 64 Kalas or arts in his *magnum opus Kamasutra*, wherein he includes the singing, dance and playing of musical instruments among these Kalas.^{general-studies}

Fa-hien, who visited during Gupta period, has noted that music was remarkably prevalent in Indian society. From Gupta age onwards, various genres of Indian Music were played in temples.

After Guptas, we find a great development in art in literature in times of Harsha, who himself was a singer. His plays 'Nagananda', 'Ratnavali' and 'Priyadarshika' discuss the making of music.

Brihaddeshi

In post Gupta period, a great treatise only after *Natyashashtra* was composed in Sanskrit as Brihaddeshi by **Matanga Muni**. Brihaddeshi is the first text that speaks about *rāga* and distinguishes the music genres into **Marga Sangeet** (Classical Music) and **Desi Sangeet** (Folk Music). Brihaddeshi was also the important work on Indian music before the Islam came and influenced the Indian music. Brihaddeshi was based upon the *Natyashashtra* itself and has clarified many things which were unclear in the *Bharata's* text.

Influence of Islam

Around the 9th century, the Sufis tradition had itself a firm foothold in India. The Sufi mystics are known for their great love for music and acceptance of many indigenous customs. The followers of Nizamuddin Chishti (1324 AD) included the 'Basant' and 'Rang' celebrations in their religious practices. Similarly during the time of Kaikubad (1287-1290 AD), both Farsi and Hindi songs found a place in performances. By the 12th century, Islam started making great impact on Indian Music. Amir Khusrau, the "father of qawwali" enriched Indian Classical Music by introducing Persian and Arabic



elements in it. He was originator of Khayal and Tarana style of classical music. On the other hand, Man Singh Tomar consolidated Dhrupad style of vocal classical music.

Impact of Bhakti Movement

The impact of Bhakti Movement on Indian music was through the **Ashtachap** and **Haveli sangeet** along with the Bhajan and Kirtans. Using the regional language, Braj, Avadhi or whatever, as the vehicle, saint-composers were able to reach to people in social strata otherwise impervious to the influence of art and music. The works of composers like Jayadeva (11th century), Vidyapati (1375 AD), Chandidas (14th-15th century), Bhakta Narasimha (1416-1475 AD) and Meerabai (1555-1603 AD) were used as literary bases to the music. The advent of the Dhrupad, Khayal and Tappa, the dissociation of dance from music, and the shift from the pakhawaj to the tabla, all happened during the Bhakti Movement period.

Mughal Era

During the Mughal period, and especially under Akbar's reign, temple music was largely overshadowed by the Darbar Sangeet, in which music was composed mainly to eulogise patrons.

The court of Akbar employed many musicians Indians as well as Persians. The musicians were divided into seven orders. There was one for each day of the week. Headed by the legendary Tansen, there were 19 singers, three who chanted and several instrumental musicians. The main instruments, as per records of Abul Fazal, were the *sarmandal*, *been*, *nay*, *karna* and *tanpura*.

The times of Akbar are known for a complete fusion of the Persian and Indian music systems. Jehangir was genuinely interested in music and generously patronised the art. Same was with Shahjahan. However, puritan Aurangzeb banned the court music. Still, some literary works on music were produced in his times, such as Persian translation of **Makutuhul**.

With the Mughal power in Delhi weakening after Aurangzeb's death, there was a quick succession of emperors. But, there was a relatively long period of prosperity of music during the reign of legendary Muhammad Shah Rangile (1716-1748 AD).

He was a loving and generous patron to many musicians. Qawwali was reintroduced into the Mughal imperial court and it quickly spread throughout South Asia faster than ever before, incorporating many newly patronized instruments such as Sarod, Surbahar, Sitar and Sursingar that bolstered the traditional Tambura, Veena and Tabla.

Khayal was popularized by Niyamat Khan (Sadarang) and his nephew Firoz Khan (Adarang), both musicians in the court of Muhammad Shah Rangile. Khayal was pre-existing at that time, but for the first time, it became so popular that it later almost replaced Dhrupad.

19th century

The thumri form of romantic and devotional music also became popular in the 19th century.



Ramnidhi Gupta, or Nidhubabu gave us the Bengali tappa, a new genre. This assimilated the features of the Tappa in Hindustani music and the lilting rhythm of Bengali music.

20th century

In the early 20th century, the most important contribution to Hindustani Classical Music was that of **Pandit Vishnu Digambar Paluskar** and Pandit Vishnu Narayana Bhatkhande.

VD Paluskar

Pandit V. D. Paluskar (1872-1931 AD) introduced the first music college, the Gandharva Mahavidyalaya in 1901. *He sang the original version of the bhajan Raghupati Raghava Raja Ram.* He gave an entirely new perspective to the education and propagation of music. He is known to have given the first public concert in Saurashtra, because by that time, music was sung only in temples and palaces. It was his efforts that elevated music and musicians in the social hierarchy! His Gandharva Mahavidyalaya was open to all and one of the first in India to run on public support and donations, rather than royal patronage.

V.N.Bhatkhande

V.N.Bhatkhande (1860-1937 AD) pioneered the introduction of an organised musical system reflecting current performance practices. He wrote the first modern treatise on Hindustani Classical Music. He is best noted for reclassification of the Indian *Rāgas*. So far, the *Rāgas* were classified into *Rāga* (male), *Ragini* (female), and *Putra* (children). Bhatkhande reclassified them into the currently used **Thaat** system. He collected data on music, and documented and analysed performing traditions. His literature on music remains unparalleled even today and is essential for a systematic study of Hindustani Art Music. He classified a total number of 1800 compositions from the major gharanas accessible to him, dividing them in **ten thaats** according to his that system.

Modern trends in Indian classical music

Classical music is definitely not the preferential form of music amongst the general populace today still there are countless Indian classical musicians and singers who are well respected and heard even in contemporary times. The classical music managed to survive despite the fact that it requires rigorous practice and devotion. Some believe that the reason solely responsible for this survival is the Indian *guru-shishya* tradition in which a teacher or *guru* is given the utmost form of respect and student or *shishya* adhere to his teachings. Some other reasons for its survival are a highly scientific structure within which a musician could operate with total freedom, the aesthetic appeal of the music, the melodies and the unmistakable spiritual aspect of the music.

After Indian Independence, several attempts were made to revive the Indian classical music. There was a movement to re-popularize music with the entire population. However, with time the modern society gradually began to take over newer forms of media. The Indian government has made



consistent efforts to revive the classical arts but the present trend completely turned the face of Indian music around. There is a very popular perception that Indian classical music is 'too cerebral' or 'too heavy'. Nevertheless, recent times have seen a resurging interest in the field. An increase in the number of artists indulging in fusion and a growing number of organizations dedicated to spreading the richness of the tradition has helped revive interest in classical music. The Indian classical music tradition is still there, having survived so many adversities.

Basic Concepts of Swara, Raga, Tala etc.

Swara

Swar or Sur refers to the basic note in an octave. The seven basic notes are shadja, rishabh, gandhar, madhyam, pancham, dhaivat and nishad, shortened to *Sa, Ri, Ga, Ma, Pa, Dha, and Ni*. A series of the seven notes is also known as **Saptak**.

It is believed that primitive sound Oum gave birth to Swar. The swar have special relationships with each other. Although there are only seven notes they repeat in the upper and lower directions. Therefore, when ascending the scale when one reaches Ni, then the scales starts over with Sa, Re, Ga, etc. This is the *upper register*. By the same token when one is descending the scale, it does not stop at Sa but continues down as Ni, Dha, etc.; this is the *lower register*.

We note here that seven notes are not specific to Hindustani classical music but also common to Carnatic as well as Western Music. In Western Music, seven notes are called doh, ray, me, fa, soh, lah, te respectively.

Sruti

Sruti refers to the smallest interval of pitch which human ear can detect. As per ancient Indian texts, the octave of Indian music has been divided into total 22 srutis grouped into two gramas viz. *shadja-grama* and *madhyama-grama*. For example, in *Shadja grama*, the 22 srutis are as follows: Sa (4), Re (3), Ga (2), Ma (4), Pa (4), Sha (3), Ni (2).

Rāga

A *rāga* uses a series of **five or more** musical notes upon which a pleasant melody is constructed. *Rāga* is neither a scale, nor a mode. However, it is a scientific, precise, subtle, and aesthetic melody form with its own peculiar ascending (*aaroh*) and descending (*avroh*) movement which consists of five or more notes. The *Rāgas* are distinguished by the

- Pattern of ascending and descending movement of the notes
- Omission of a jarring or dissonant note
- Emphasis on a particular note,
- Slide from note to another



- Use of different microtones along with other subtleties.

In the Indian music, there is above all awareness between man and nature, each acting and reacting on the other. Hence, each *Rāga* is associated, according to its mood, with a particular time of the day, night or a season. Improvisation is an essential feature of Indian music, depending upon the imagination and the creativity of an artist; a great artist can communicate and instil in his listener the mood of the *Rāga*. *Rāgas* involve several important elements.

The first element is sound — metaphysical and physical, which is referred to as *Nada*. There are two types of *nada*, *anahata nada* or un-struck sound and *ahata nada* or struck sound. The next element of *rāga* is *pitch*, relegated into *swara* (whole and half tones), and *sruti* (microtones). *Rāga* is based on the principle of a combination of notes selected out the 22 note intervals of the octave. *Rāgas* are placed in three categories:

- *Odava* or pentatonic, a composition of five notes
- *Shadava* or hexatonic, a composition of six notes
- *Sampoorna* or heptatonic, a composition of seven notes

Every *Rāga* must have at least five notes, starting at Sa, one principal note, a second important note and a few helping notes. The speed of a *rāga* is divided into three parts: **Vilambit** (slow), **Madhya** (Medium) and **Drut** (fast).

Classification of Rāgas

In the Hindustani Classical Music, all the *Rāgas* have been divided into **10 thāts** by Vishnu Narayan Bhatkhande. In Carnatic Music, there are 72 parent *Rāgas* (*melakarta*). The two streams of Indian Music, the names of the *rāgas* overlaps yet the form of *Rāgas* is different. *Rāgas* in the Carnatic music fall into two categories, the base or **melakarta rāgas** and the derived or **janya rāgas**. The 16 swaras form the basis for the *melakarta* scheme. *Melakarta rāgas* have a formal structure and follow a fairly rigid scheme of scientific organization whereas the *janya rāgas* are rooted in usage and are liable to evolve with the music.

The 10 Thāt are Bilawal thāt , Khamaj thāt, Kafi thāt , Asavari thāt , Bhairvi thāt, Bhairav thāt , Kalyan thāt, Marwa thāt , Purvi Thāt and Todi Thāt.

The time theory of Rāgas

The Time Theory of the Indian music says that each *rāga* has its own stipulated time of singing it or playing it on an instrument. Some ancient texts such as *Sangita-Makaranda* have given warnings to musicians against playing ragas at the incorrect time. In this theory, all the Ragas have been divided into 2 parts of 24 hours of a day viz Poorvi and Uttar. If a Raga is Poorvi, it is sung before noon and if a Raga is Uttar, it is sung after noon. Thus___:



- **Poorvi:** Raga is sung from Midnight to Noon
- **Uttar:** Raga is sung from Noon to Midnight

The beauty of the rāga is not distorted by singing them at different times than stipulated. Yet, Raga is fully expressed when it is sung in its own time only. Apart from the above broad classification, there is a timetable of most ragas to be sung at particular time. However, there are many Ragas which can be sung any time. The most popular Ragas and their time has been given below: (Don't memorize)

- **Morning Ragas:** Ahir Bhairav, Todi
- **Afternoon Ragas:** Brindavani Sarang, Shuddha Sarang
- Later Afternoon: Bhimpalasi
- **Evening:** Yaman, Puriya, Shuddha Kalyan
- **Night:** Bageshwari, Chandrakauns
- **Midnight:** Malkauns, Darbari
- **Dawn:** Lalit, Bibhas, Bhatiyar

Season based Ragas

There are some Ragas which best expressed when sung in the stipulated seasons. In other way, when they are sung by a versatile artist, they can create ambience of particular season. For example: Spring: Rāga Basant and Rainy Season: Rāga Megh, Rāga Malhar, Rāga Miyan Malhar.

Tala

Tala is the second important factor in Indian music. These are rhythmic cycles ranging from 3 to 108 beats. The division in a tala and the stress on the first beat, called sum, are the most important features of these cycles. Tala is independent of the music it accompanies and has its own divisions. Different talas are recognised like Dadra, Rupak, Jhaptal, Ektal, Adha-Chautal and Teen-Tal. There are over a 100 Talas, but only 30 Talas are known and only about 10-12 talas are actually used. The most commonly encountered one is the one with sixteen beats called the *Teentaal*.

Talas having the same number of beats may have a stress on different beats, e.g. a bar of 10 beats may be divided as : 2-3-2-3-, or 3-3-4, or 3-4-3. The *Laya* is the tempo, which keeps the uniformity of time span. The *Matra* is the smallest unit of the tala.

Carnatic music has a rigid thala structure. The thalas are defined on the basis of intricate arithmetic calculations. The thalas are made up of three basic units, namely, *laghu*, *drutam* and *anu drutam*. The most common thala is the *Adi thala*, which consists of a repeating measure of 8 beats.

- *Alap:* Alap is the first movement of the Rāga. It is a slow, serene movement acting as an invocation and it gradually develops the Rāga.
- *Jor:* Jor begins with the added element of rhythm which, combining with the weaving of



innumerable melodic patterns, gradually grains in tempo and brings the *rāga* to the final movement.

- *Jhala*: Jhala is the final movement and climax. It is played with a very fast action of the plectrum that is worn on the right index finger.
- *Gat*: It is the fixed composition. A gat can be in any tala and can be spread over from 2 to 16 of its rhythmic cycles in any tempo, slow, medium or fast. A gat, whether vocal or instrumental, has generally two sections. The first part is called "*pallavi*" (Carnatic) or "*asthayi*" (Hindustani) which opens the composition and is generally confined to the lower and middle octaves. The following part of the composition is called the "*anupallavi*" (or antara) which usually extends from the middle to upper octaves. In Carnatic music further melodic sections called "*charana*" follows the "*anupallavi*."

Various Forms of Indian Classical Music

Dhrupad and Khayal are the two forms of classical singing that are popular today. Out of them, Dhrupad is certainly older, which took proper shape in medieval era, replacing the ancient Prabandha. It enjoyed wide popularity till the 17th or early 18th century, after which it gradually declined with the emergence of Khayal, which is more romantic and entertaining style.

- The nature of Dhrupad music is spiritual. It does not seek to entertain, but to induce feelings of peace and spirituality in the listener.
- It is *primarily a form of worship*, in which offerings are made to the divine through sound or Nada. Dhrupad was initially sung only in the temples, the singer facing the Lord. From this early chanting, Dhrupad evolved into a sophisticated classical form of music.
- One significant characteristic of Dhrupad is the emphasis on maintaining purity of the Raga.
- The language of Dhrupad changed from Sanskrit to *Brij Bhasha* some time between the 12th and the 16th century.
- In medieval India, Dhrupad had mainly thrived under the patronage of Mughal and Rajput kings. Later it declined with the shift of interest in Khayal.
- Performance of Dhrupad is done in two parts viz. the **Alap** and In the Alap, the singer uses syllables from Sanskrit Mantra which add texture to the notes. The Raga is slowly and methodically developed in a meditative mode.
- The speed of Alap increases with the use of an accelerating rhythmic pulse that builds to a point, where the melodic patterns literally dance in space. Bandish is a short poem accompanied by the The poem is sung using melodic and rhythmic improvisations. The intricate patterns and improvisations woven by the Pakhawaj player and the singer create a



dialogue often playing against or complimenting one another.

Khayal

The dhrupad style of music was replaced by the romantic khayal. Khayal is a Persian term which means imagination. The most important feature of a khayal is tans or the running glides over notes and boltans which clearly distinguish it from dhrupad. The slow (vilambit) and fast (drut) styles of khayal are the two recognised types today. The singer is accompanied generally on Tabla and Harmonium or Sarangi.

Difference between Dhrupad and Khayal

Dhrupad	Khayal
Older in Origin	Younger in origin
Primarily spiritual , purpose worship	Primarily romantic , purpose -entertainment
Short Bandish is used generally	Long Bandish generally
Uses Sanskrit Syllables in Alap	Alap may or may not be in Sanskrit
Special attention to purity of Rāga	Flexible but still Rāga purity is paid attention
Singer is accompanied by Pakhawaj	Tabla and Harmonium, Sarangi for accompaniment
Two parts - Alap + Bandhish	Three parts generally viz. Alap, Bada Khayal and Chhota (Drut) Khayal
Meaning of the words generally not recognizable	Comparatively recognizable.

Tappa

- This is a distinct style having its origin in the Punjab. Its beauty lies in the quick and intricate display of various permutations and combinations of notes.
- It is strange that even though the Tappa lyrics are in Punjabi, Tappa is not sung in the Punjab.

Thumri

- Thumri originated in the eastern part of Uttar Pradesh. Its most distinct feature is the erotic subject matter portraying the various episodes from the lives of lord Krishna and radha.
- The beauty of thumri lies in the artist's ability to convey musically as many shades of meaning as the words of a song can bear. It is a much freer form than khayal.

Dadra

- Dadra bears a close resemblance to the Thumri. The texts are as amorous as those of Thumris. The major difference is that dadras have more than one antara and are in dadra tala. Singers usually sing a dadra after a thumri.

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Dhamar-Hori

- These compositions are similar to Dhrupad but are chiefly associated with the festival of Holi. The compositions are specifically in praise of Lord Krishna. This music, sung in the dhamar tala, is chiefly used in festivals like Janmashthami, Ramnavami and Holi.
- Hori is a type of dhrupad sung on the festival of Holi. The compositions here describe the spring season. These compositions are mainly based on the love pranks of *Radha-Krishna*.

Rāgasagar

- *Rāgasagar* consists of different parts of musical passages in different *rāgas* as one song composition. These compositions have 8 to 12 different *rāgas* and the lyrics indicate the change of the *rāga*. The peculiarity of this style depends on how smoothly the musical passages change along with the change of *rāgas*.

Tarana

- Tarana is a style consisting of peculiar syllables woven into rhythmical patterns as a song. It is usually sung in faster tempo.

Chaturang

- Chaturang denotes four colours or a composition of a song in four parts: Fast Khayal, Tarana, Sargam and a “Paran” of Tabla or Pakhwaj.

Ghazal

The ghazal is mainly a poetic form than a musical form, but it is more song-like than the thumri. The ghazal is described as the “pride of Urdu poetry”. The ghazal originated in Iran in the 10th Century AD. It grew out of the Persian *qasida*, a poem written in praise of a king, a benefactor or a nobleman. The ghazal never exceeds 12 shers (couplets) and on an average, ghazals usually have about 7 shers. Even though ghazal began with Amir Khusro in northern India, Deccan in the south was its home in the early stages. It developed and evolved in the courts of Golconda and Bijapur under the patronage of Muslim rulers. The 18th and 19th centuries are regarded as the golden period of the ghazal with Delhi and Lucknow being its main centres.

Concepts Related to Indian Music

Guru-Shishya Parampara

In our country, the music has been passed in on a tradition which we call the Guru-Shishya Parampara. A guru is considered as the metaphysical father of the disciple and is ranked higher than biological parents. This system dates back to the Vedic era.

The pupil, after the initiation ^(by a sacred thread), lived in the house of his guru and studied the Vedas and other subjects under his guidance, for a period of 12 years. The institution of Gurukul was supported by the Kings and was accessible only to the upper classes.



- The Gurus were of four kinds viz. *Acharya, Pravakta, Shrotriya* and Out of them, the highest category was of the Acharya. We know the names of some of the *Acharyas* belonging to the samhita period such as *Angiras, Garga, Atri, Brihaspati* and *Vasishtha*, all of them were linked to the composition of the Richās.
- The pupils were also of two kinds viz. the *Acharya-bhaga*, who paid fees to the teacher and the *Dharma-shishya* who performed the domestic chores in the guru's house in lieu of the fees.
- Today, what we know as various Gharanas of Indian music, have evolved from the Gurukuls. Thus, *Gurukuls are the direct precedent of the Gharana concept*. The obvious difference between the Gurukul and Gharana is the while the former imparted religious education also, the later is confined to the musical training.

Guru Shishya Parampara Scheme

Government of India introduced Guru Shishya Parampara scheme in 2003-04. As per the scheme, great masters in the field of Music and Dance, folk and tribal art forms are identified in each zonal cultural centres and students are assigned to them. Financial assistance and Scholarship are given by the government, encouraging the systematic learning of different art forms.

Marg Sangeet and Pathya Sangeet

Marg Sangeet can be seen as the predecessor word used for **Classical Music**. It was the accepted and prestigious mode of the music that became prominent in the epic times. For example, in Ramayana, we find Rama describing about the kingdom of Kishkindha to Laxman in a way which refers to various sounds and rhythms of nature such as flute-like resonance of the bees, the rhythmic croaking of frogs and the mridang-like sounds of clouds. This has been called the Marga Sangeet. It was said that it was created by Brahma. It was for the entertainment of God and was to be performed by **Gandharvas** (Male Singers), **Apsaras** (Female Dancers and wives of Gandharvas) and **Kinnaras** (the instrumentalists). The Ramayana epic describes various technical musical terms such as *pramana, laya, tala, samatala, kala, matra and shalya*. This describes the rich heritage of Indian music in those ancient times. The Gandhravashashtra or musicology becomes more prominent in the Mahabharata period. In Mahabharata, we learn Arjuna learnt the art of music from Chitrasena, a Gandharva.

Pathya Sangeet

This was another form of Indian music in its early development phase. Pathya means words. Pathya *sangeet was neither for rituals nor for the entertainment of the Gods*. It was a special music whose aim was to inform and instruct. Thus, this music was created for imparting knowledge. According to the



Natyashashtra of Bharat, there are six main features of Pathya viz.

- Seven notes (saptaswara)
- Three basic locations for tone-production (sthanas)
- Four fundamental ways of empowering tonal arrangements (varnas)
- Two basic intonation modes (kakus)
- Six embellishments (alankaras)
- Six aspects (angas).

Haveli Sangeet and Astachap

The impact of Bhakti Movement on Indian music was through the **Ashtachap** and **Haveli sangeet** along with the Bhajan and Kirtans.

Haveli Sangeet

- The Vaishnav tradition has a form of devotional music called Haveli Sangeet. Haveli, literally means “mansion” and also refers to a temple of the Pushtimarg sect. More popular devotional music genres include bhajans and kirtans.
- Nathadwara in Rajasthan was the main seat of this Vaishnava devotional cult. The cult has created a rich historical tradition of ‘Haveli sangeet’.

Astachap

- The Astachap poetry and music is named after the eight musical acharyas or preceptors who composed the music of the Rudra Sampradaya or the Pushtimarga. It’s worth note that Vallabhacharya had propounded the Shudhadvaita Vedanta (pure non-dualism) or Pushtimarga (the road to grace).
- The cult was called Rudra Sampraday. The religious and musical procedures of the cult were systematized by Vallabhacharya’s son Goswami Vitthalnathji (1516-1698 AD). The four of the eight acharyas of Astachap were disciples of Vallabha while four other were disciples of Vallabha’s son Goswami Vitthalnathji. Legendary poet Surdas was also one of the disciples of Vallabhacharya. The impact of the cult was such that Miyan Tansen also came under its influence.
- The impact of Bhakti Movement on Indian music was through the **Ashtachap** and **Haveli sangeet** along with the Bhajan and Kirtans.

Using the regional language, Braj, Avadhi or whatever, as the vehicle, saint-composers were able to reach to people in social strata otherwise impervious to the influence of art and music. The works of composers like Jayadeva (11th century), Vidyapati (1375 AD), Chandidas (14th-15th century), Bhakta Narasimha (1416-1475 AD) and Meerabai (1555-1603 AD) were used as literary bases to the



music. The advent of the Dhrupad, Khayal and Tappa, the dissociation of dance from music, and the shift from the pakhawaj to the tabla, all happened during the Bhakti Movement period.

Darbar Sangeet

During the Mughal period, and especially under Akbar's reign, temple music was largely overshadowed by the Darbar Sangeet, in which music was composed mainly to eulogise patrons.

The court of Akbar employed many musicians Indians as well as Persians. The musicians were divided into seven orders. There was one for each day of the week. Headed by the legendary Tansen, there were 19 singers, three who chanted and several instrumental musicians. The main instruments, as per records of Abul Fazal, were the *sarmandal*, *been*, *nay*, *karna* and *tanpura*.

The times of Akbar are known for a complete fusion of the Persian and Indian music systems.

Jehangir was genuinely interested in music and generously patronised the art. Same was with Shahjahan. However, puritan Aurangzeb baned the court music. Still, some literary works on music were produced in his times, such as Persian translation of **Makutuhāl**.

Musical Gharanas

The term gharana is derived from the Hindi word 'ghar'. This concept became prominent in the nineteenth century after the fall of the Mughals. The dwindling Mughals could not continue the royal patronage enjoyed by performers traditionally. Performers were then compelled to move to urban centres or princely states. To retain their respective identities, they fell back on the names of the regions they hailed from. Therefore, even today, the names of many gharanas refer to places. Some important Gharanas in Khayal singing are Agra, Gwalior, Patiala, Kirana, Indore, Mewat, Rampur and Jaipur Gharana. A gharana also indicates musicological ideology, the thinking, teaching, performance and appreciation of music.

Evolution of Veena

Veena is the most authentic of all Indian instruments and its origin can be traced to India's Vedic period. This Indian instrument went through a very extensive period of evolution. The whole evolution process can be categorized in seven main stages.

- The first stage is called the **Harp stage**. In this stage, Veena was nothing but a musical bow with strings of different lengths tied to it which when plucked produced different sounds and became the Harp. But unlike the Western harp, the Indian one had no front pillar.
- The second stage of evolution saw the harp with a resonator where a gourd was fixed to the bow to amplify the sound. In the third stage came the tuning pegs in which the strings were tied to the pegs on one end and to the bow on the other end that made it possible for the player to increase or decrease the tension of the strings by turning the pegs. Then the idea of



pressing the string at various places to produce different sound came and the Lute emerged.



It was only in the 8th century that the first veena with two large gourds emerged and this was the fourth stage of its evolution. These can be seen in paintings of Ellora caves. The next stage of the evolutionary process was the discovery of **Nissari veenas** which consisted of plain fingerboard without frets and was played with a bow or by plucking. These can be seen in paintings in Ajanta caves. The Saari Veenas were discovered in the sixth stage. This new form veena had frets for the left half of the fingerboard. Paintings of these veenas can be seen in South India's Halebid and Belur sculptures. In the seventh stage came the modern veena. This is the veena with 24 fixed frets and a Meru. Modern Veena is widely used in today's contemporary world. An area of life-long learning, Veena-playing is an area of life-long learning and may be this is the reason due to which this art is facing challenges in a world of increasing pace.

Comparison of Folk Music and Classical Music

India is a multifarious country of different types of people with different languages, cultures, beliefs, habits, religions, traditions and rituals. Folk music is also diversified because of India's vast cultural diversity.

Due to its rural connections, folk music has its own importance in the contemporary India. Folk music is a rustic reflection of the larger Indian society. It is genuine and it may not have strict rules and is part of the basic human society.

Folk music is very different from classical music. Unlike classical Indian music which is bound by certain laws and restrictions having a definite standard and scales, the folk music is not bound by laws or any set pattern. With flexibility in its expressions, it has different forms depending on the region it belongs to. Folk music has its peculiar expressions and emotions and has established a



tradition of its own.

Classical music can be effective only if the musician renders the raga in its various stages and moods. The emotions in classical music are expressed through a particular raga, though the lyric or composition has its own importance. However, this is not the case with folk music. In folk music, the musical notes have less value and the poetic content has greater impact and rhythm plays a very important rule. Folk music is borne out of the heart of the common man which does not lay down any rules.

Musical Stone Pillars in Temples

Indian temples are very famous for their musical stone pillars. These beautiful pillars emit musical notes when tapped, which makes these temple pillars unique and exceptional. These gracefully carved and highly decorated stone pillars are considered to be audio marvels. They are found in the courtyards within the temple campus and there is generally a single pillar is separated into columns or smaller, slender pillars. These musical pillars are four types: *Sruthisthamba* (used during Puja along with “shangu and Yeakalum”), *Ganasthamb*, *Layasthamba* and *Pradharasana sthamba* (used to know the ragas, each pillar sounds different).

These pillars are mainly found in South Indian temples. Historians believe that the original pillars were prepared during the Vijayanagar era and Hampi, the ancient capital of the Vijayanagar dynasty, was the place where earliest musical stone pillars were made. The Sthapathis or sculptors of this era were exemplary craftsmen. They were well versed in the science of building acoustics. They thoroughly search for stones with different resonance and worked with these stones in order to create fascinating musical stone pillars. They experimented with these rare stones and therefore they had to carve upon them with great agility and skill to produce such unique marvels. Apart from their music producing quality, these stone pillars are also praised for their beautiful carvings and sculptures.

Contribution of Different Personalities to Music

Amir Khusro

Amir Khusrow was a Sufi mystic and a spiritual disciple of Nizamuddin Auliya. He lived for 72 years, out of which 60 years he lived in the courts of as many as ten different rulers of the Delhi Sultanate. He was a poet as well as prolific musician. His primary language to write poems was Persian but he composed almost half a million verses in Persian, Turkish, Arabic, Braj Bhasha, Hindavi as well as the Khadi Boli. His *Khaliq-e-bari*, which is known as oldest printed dictionary of the world deals with Hindi and Persian words.



Contribution of Amir Khusro to Indian Music

He is regarded as the “father of qawwali”. He is also credited with enriching Indian classical music by introducing Persian and Arabic elements in it, and was the originator of the **khayal** and **tarana** styles of music. Khayal later reached to its zenith during the times of Mohammad Shah Rangile and today is integral part of Hindustani classical music. His association with various sultans enabled him to travel and stay in various parts of India and this gave him exposure to various local traditions. This helped him to assimilate diverse musical influences. He was patronized by three Khilji rulers successively.

Sharangdeva

Sharangdeva (1210-1247 AD) is the author of the famous **Sangeet Ratnakara**. This treatise is so highly regarded that the two important systems of art music in India, Hindustani and Carnatic, try to trace their basic concepts to it. It is divided into seven chapters so also known as **Saptadhyayi**. Sharangdev was patronized by the Yadavas of Devgiri.

The Sangeet Ratnakara explains the construction and the techniques of playing 14 kinds of drums. Sangeet Ratnakar shows that by 13th century, Indian music was started getting highly influenced by Islam. This is evident from some of the names of **Rāga** mentioned in it such as **Turushka Todi** and the **Turushka Gaud**.

Man Singh Tomar

Raja Mansingh Tomar of Gwalior (1486-1516 AD) was the driving force behind introducing and consolidating **Dhrupad**. He is also known to have related the Indian music to the common and laymen by replacing many of the the traditional Sanskrit songs by Hindi songs. Man Singh Tomar is credited with composing three volumes of songs viz. Vishnupadas (songs in praise of lord Vishnu), Dhrupads, and Hori and Dhamar songs associated with Holi.

Mansingh's support gave pride of place to both the Hindu and Muslim musicians. Mankutuhāl was the name of a treatise created under the patronage of Raja Man Singh Tomar.

Miyan Tansen

Tansen (**Ramtanu Pande**/Mohammad **Ata Ali Khan**) was the legendary musician of Akbar's court. His early training was held in the music school of Raja Mansingh Tomar.

He was born in a Brahmin family but when he was a child, he was taken to Mohammad Ghaus, a sufi mystic of Gwalior for his blessings. While blessing, Mohammad Ghaus is said to have put a little bit of Pan from his mouth to Tansen's mouth, as a blessing. This is how his religion was converted. There are no proofs to this story. Tansen's earliest guru was **Swami Haridas**, who is best known for his Vishnupadas and devotional compositions, especially in the Dhrupad style. The name Tansen was later given by Akbar.

Among the many works attributed to him are a treatise named the 'Rāgamala', many 'Dohas'



describing the 'lakshanas' or the attributes of *rāgas*, 'Sangeet Saar', and 'Shri Ganesh Stotra'.

It is said that Tansen reduced the 4000 *rāgas* and raginis of his time into a system of 400. He also reduced 92 talas to 12. Some of the famous *Rāgas* of today such as 'Miyan ki Malhar' and 'Miyan ki Todi' were created by Tansen.

The Gharana of Tansen is known as **Senia Gharana**. His elder son Bilaskhan headed the gharana of the Rabab players and is known to have created some new *Rāgas* such as Bilaskhani Todi. One more son Suratsen headed another gharana of Sitar players.

Carnatic Music

Carnatic music is confined to Karnataka, Andhra Pradesh, Tamil Nadu and Kerala. In Carnatic music there is a very highly developed theoretical system. It is based upon a complex system of *Rāgam* (*Rāga*) and Thalam (Tala).

Most compositions in Carnatic music have three parts to their body.

- The first two lines of the song are called *Pallavi*. They occur over and over, especially after each stanza.
- Usually the *Pallavi* is followed by two more lines or sometimes just one more. This portion is called *Anu Pallavi*. This is sung at the beginning for sure, but sometimes even during the end of the song, but not necessarily after each stanza.
- The stanzas of a song are called '*Charanam*'.

Purandardas (1480-1564) is considered to be the father of Carnatic music. To him goes the credit of codification of the method of Carnatic music. He is also credited with creation of several thousand songs. Another great name associated with Carnatic music is that of **Venkat Mukhi Swami**. He is regarded as the grand theorist of Carnatic music. He also developed "Melankara", the system for classifying south Indian *rāgas*.

It was in the 18th century that Carnatic music acquired its present form. This was the period that saw the "trinity" of Carnatic music; **Thyagaraja**, **Shama Shastri** and **Muthuswami Dikshitar** compile their famous compositions.

- *Varnam*: It is a composition usually sung or played at the beginning of a recital and reveals the general form of the *Rāga*. The *Varnam* is made up of two parts: 1) the *Purvanga* or first half and 2) the *Uttaranga* or second half. The two halves are almost equal in length.
- *Kriti*: It is a highly evolved musical song set to a certain *rāga* and fixed tala or rhythmic cycle.
- *Rāgam*: It is a melodic improvisation in free rhythm played without mridangam accompaniment.
- *Tanam*: It is another style of melodic improvisation in free rhythm.



- *Pallavi*: This is a short pre-composed melodic theme with words and set to one cycle of tala. Here the soloist improvises new melodies built around the word pallavi.
- *Trikalam*: It is the section where the Pallavi is played in three tempi keeping the Tala constant.
- *Swara-Kalpana*: It is the improvised section performed with the drummer in medium and fast speeds.
- *Rāgamalika*: This is the final part of the Pallavi where the soloist improvises freely and comes back to the original theme at the end.

Comparison of Hindustani and Carnatic music

Carnatic Music	Hindustani Classical Music
Most popular in South Indian states viz. Tamil Nadu, Andhra Pradesh, Karnataka and Kerala	Popular in North India
Purely indigenous, normally isolated from alien influences	Influenced heavily from Persian music and other genres of music
Gives more importance to literary aspects of singing	Give more importance comparatively to the aesthetics
A song composed in the Carnatic style necessarily comprises of a Pallavi, Anupallavi and one or two or more Charanas. Each of these parts of the song is given importance, while singing in the Carnatic style.	More importance is given to the Rāga
Carnatic music has its own way of delineating rāga. It does with alapana in the beginning. Alapana consists in the elaboration of the particular rāga in which the Kṛiti is composed. The alapana is followed by the rendering of Pallavi. It is followed by Niraval accompanied by Kalpita Svaras. The musician is given the liberty to explore the rāga and the various aspects of rāga finally concluding with the Kṛiti.	Unlike Hindustani music, Carnatic music does not adhere to Time or Samay concepts and instead of Thaats, Carnatic music follows the Melakarta concept.

Devotional Music of India

In the Vedic period (3000-1500 BC), music was solely ritualistic. Some of the major earlier forms of Indian Classical music like Prabandh Sangeet and Dhruvapada were all devotional in character. Gradually other forms of devotional music like bhajans, kirtans, shahbads and qawwalis came into being.

Bhajan

Bhajans owe their origin to the Bhakti Movement. The word bhajan is derived from bhaj which means 'to serve' in Sanskrit. Bhajan is a popular form of devotional singing prevalent in north India.



It is usually sung in temples in praise of god or is addressed as a plea to him.

- Bhajans are usually sung in groups. There is a lead singer who sings the first line or stanza and is followed by the chorus.
- The compositions are usually based on *Shantam Rasa*. Stories and episodes from the Ramayana and Mahabharata are popular themes for bhajans, as are the episodes from the lives of Lord Rama, Lord Krishna and Lord Shiva.
- Meera, Kabir, Surdas, Tulsidas, Guru Nanak and Narsi Mehta are some of the most significant names in bhajan singing.

Kirtan

- Kirtans are another type of folk music usually sung by the Vaishnavas and are based on the love stories of Krishna and Radha. It is prevalent in Bengal. Kirtans were transformed into song and dance congregations by Chaitanya Mahaprabhu (15-16th Century AD), drawing inspiration from Jayadeva's Geet Govinda.
- Kirtans are of two types: Nama-Kirtana and Lila-Kirtana. The first involves constant uttering of the name and singing of the glory of God, while the second describes the various anecdotes of the Radha-Krishna love.
- The singing of Kirtans is accompanied by musical instruments like mridanga and cymbals.

Qawwali

- Qawwali is a devotional form of music, prevalent among the
- The lyrics are in praise of Allah, Prophet Mohammad, members of Prophet's family or renowned Sufi saints.
- It is written in Persian, Urdu and Hindi and is composed in a specific *rāga*.
- Qawwali is usually sung in a group, with one or two lead singers.
- Originally it was sung to the beat of the daff. However, now the Qawwali singing is accompanied by the dholak, tabla, manjira and the harmonium.

Shabad

- Shabads are devotional songs of the *Sikhs* sung in gurdwaras on religious occasions. They are ascribed to Sikh gurus and many Bhakti saint-poets.
- Shabad originated as a musical composition around the 17th century AD. Guru Nanak and his disciple Mardana are credited with the development and popularity of shabad.
- Shabads are sung to the accompaniment of the harmonium, tabla and often the dholak and chimta.
- Today, three distinct styles exist in shabad singing. They are *rāga*-based shabads, traditional shabads as mentioned in the Adi Granth and those based on lighter tunes.



Indian Classical Dance

The common root of all Indian classical dance forms can be traced to **Bharata's Natyasastra**. It contains deliberations on the different kind of postures, the mudras, the kind of emotions, the kind of attires, the stage, the ornaments and the audience. According to the Natyashastra, Brahma, the creator of the Universe, created drama. He took the following components to create the fifth Veda called Natyaveda:

- Pathya (words) form the Rigveda
- Abhinaya (gesture) from the Yajurveda
- Geet (music and chant) from Samaveda
- Rasa (sentiment and emotional element) from Atharvaveda

There are ample evidences of the popularity of dance in the Indian society right from the Mesolithic period. The first and the oldest of evidences to date are the discovery of the bronze figurine of a dancer from the Indus Valley Civilization excavations at Mohenjodaro and Harappa. Indian classical dances are dances of the mind and soul and are extremely traditional. It is very sensuous but the experience of ananda (bliss) it evokes is very spiritual.

There are eight classical dances recognized by the Government of India viz. Bharatnatyam, Kathakali, Kuchipudi, Kathak, Manipuri, Odissi and Sattriya.

Among them, the *five classical dances of India are considered to be the mystic manifestation of the metaphysical elements of nature (Panchatatva)* in the human body. These include Odissi (element of water), Kuchipudi (element of earth), Mohiniattam (element of air), Bharatnatyam (element of fire) and Kathakali (element of sky or aether).

Here we look at them very briefly:

Bharatanatyam

Originated in Tamil Nadu, name possibly derived from Bharat. In Natya Shastra, Bharatanatyam is described as *ekaharya* in which one dancer depicts many roles. Siva as Nataraja, the Lord of Dance is depicted in various dance forms. Bharatnatyam leans heavily on the abhinaya or mime aspect of dance – the nritya, where the dancer expresses the sahitya through movement and mime (gestures and facial expression). Bharatanatyam is usually accompanied by the classical music. It is practiced by male and female dancers.

- Noted Exponents: Rukmini Devi Arundale, Mallika Sarabhai, Yamini Krishnamurthy

Kuchipudi

Its name derived from a village in Krishna district of Andhra Pradesh. Its worth note that there are many similarities between the Kuchipudi and **Yakshagana**. In fact, the evolution of Kuchipudi and Yakshagana seems to be common. The Kuchipudi style was conceived by Siddhendra Yogi, a talented



Vaishnava poet of 17th century. It begins with an invocation to Lord Ganesha followed by nritta (non-narrative and abstract dancing); shabdham (narrative dancing) and natya. The dance is accompanied by song which is typically Carnatic music. The singer is accompanied by mridangam, violin, flute and the tambura. Like other classical dances, Kuchipudi also comprises pure dance, mime and histrionics but it is the *use of speech* that distinguishes Kuchipudi's presentation as dance drama.

- Noted Kuchipudi exponents are: Raja Reddy and Radha reddy, Sonal Mansingh, Yamini Krishnamurthy

Difference between Bharatnatyam and Kuchipudi

Bharatnatyam	Kuchipudi
Ancient in origin	Relatively younger than Bharatnatyam
State - Tamil Nadu	State - Andhra Pradesh
Panchatatva - Element of Fire	Panchatatva - Element of Earth
Precise and Rhythmic Steps	Rounded Steps
Lot of focus to the "aramandi (half -sit in ground)	Dancers don't sit low on ground
	Some items include dancing on Brass Place (Tarangam)
Dress has three fans of differing length	Dress has one Fan longer than other fans, which may not be three

Kathak

Kathak dance is a combination of music, dance and narrative. The name Kathak is derived from the Sanskrit word *katha* meaning story. This dance form traces its origins to the nomadic bards of ancient northern India, known as Kathaks, or storytellers. The present day Kathak dance mainly depends on the medieval period *Ras Lila*, a local dance in the Braj region of Uttar Pradesh. Kathak became highly stylised in both Hindu and Muslim courts and came to be regarded as a sophisticated form of entertainment. There are three major schools or gharanas of Kathak from which performers today generally draw their lineage. These include the Lucknow Gharana, Jaipur Gharana and the Banaras Gharana.

- Noted Kathak exponents are: Shambhu Maharaj, Sitara Devi, Pandit Birju Maharaj

Manipuri

Originated in Manipur and associated with the rituals and traditional festivals. The central theme is the Raslila of Radha and Krishna. The themes often depict the pangs of separation of the gopis and



Radha from Krishna. The vital elements of this dance are the characteristic symbols (kartal or manjira) and double-headed drum (pung or Manipuri mridang) of sankirtan into the visual performance. The most popular forms of Manipuri dance are the Ras, the Sankirtana and the Thang-Ta. Guru Naba Kumar, Guru Bipin Singh, Rajkumar Singhajit Singh, his wife Charu Sija Mathur, Darshana Jhaveri are some of the prominent exponents of this classical dance form.

Sankirtana

The Kirtan form of congregational singing accompanies the dance which is known as *Sankirtana*. The male dancers play the Pung and Kartal while dancing. The masculine aspect of dance – the Choloms is a part of the Sankirtana tradition.

Thang-ta

The martial dancers of Manipur – the *Thang-ta* – have their origins in the days when man's survival depended on his ability to defend himself from wild animals. Today, Manipur has an evolved and sophisticated repertoire of martial dances, the dancers use swords, spears and shields. Real fight scenes between the dancers show an extensive training and control of the body.

Kathakali

Evolved from many social and religious theatrical forms of Kerala. This dance form is a blend of dance, music and acting and dramatizes stories, which are mostly adapted from the Indian epics. Poet Vallathol, composed the classical Kathakali dance form. Noted for the attractive make-up of characters, elaborate costumes, detailed gestures and well-defined body movements presented in tune with the anchor playback music and complementary percussion. Kathakali is considered to be a combination of five elements of fine art:

- Expressions (Natyam, the component with emphasis on facial expressions)
- Dance (Nritham, the component of dance with emphasis on rhythm and movement of hands, legs and body)
- Enactment (Nrithyam, the element of drama with emphasis on “mudras”, which are hand gestures)
- Song/vocal accompaniment (Geetha)
- Instrument accompaniment (Vadyam)

Noted Kathakali exponents are: Kalamandalam Ramankutty Nair, Kalamandalam Gopi, Madavoor Vasudevan Nair

Odissi

Odissi is known as the oldest dance form of India on the basis of archaeological evidences. The reason is the bass reliefs of 1st century BC in the Udaygiri caves. The Natya Shastra speaks of the dance from this region and refers to it as *Odra-Magadhi*. Characterized by various *Bhargas* (Stance), which involves stamping of the foot and striking various postures as seen in Indian sculptures. The



common Bhangas are *Bhanga*, *Abanga*, *Atibhanga* and *Tribhanga*.

The techniques of movement are built around the two basic postures of the Chowk and the Tribhanga. The *chowk* is a position imitating a square – a very masculine stance with the weight of the body equally balanced. The *tribhanga* is a very feminine stance where the body is deflected at the neck, torso and the knees. There are three traditions of the Odissi Dance viz. Mahari, Gotipua and Nartaki Schools.

Mahari

Maharis were Oriya devadasis or temple girls, their name deriving from Maha (great) and Nari or Mahri (chosen) particularly those at the temple of Jagganath at Puri. Early Maharis performed mainly Nritta (pure dance) and Abhinaya (interpretation of poetry) based on Mantras and Slokas. Later, Maharis especially performed dance sequences based on the lyrics of Jayadev's Gita Govinda.

Gotipua

Gotipuas were boys dressed up as girls and taught the dance by the Maharis. Only this tradition out of these three remains extant today.

Nartaki

Nartaki dance took place in the royal courts. During the British time the misuse of devadasis came under strong attack, so that Odissi dance withered in the temples and became unfashionable at court..

- Noted Odissi exponents are: Kelucharan Mohapatra, Sonal Mansingh

Mohiniyattam

It is a classical dance form from Kerala. It is considered a very graceful form of dance meant to be performed as solo recitals by women.

The term Mohiniyattam comes from the words “Mohini” meaning a woman who enchants onlookers and “aattam” meaning graceful and sensuous body movements. The word “Mohiniyattam” literally means “dance of the enchantress”.

There are two stories of the Lord Vishnu disguised as a Mohini. In one, he appears as Mohini to lure the asuras (demons) away from the amrita (nectar of immortality) obtained during the churning of the palazhi or Ocean of Milk. In the second story Vishnu appears as Mohini to save Lord Shiva from the demon Bhasmasura.

The dance involves the swaying of broad hips and the gentle movements of erect posture from side to side. This is reminiscent of the swinging of the palm leaves and the gently flowing rivers which abound Kerala.

- There are approximately 40 basic movements, known as *atavukal*.
- The vocal music of Mohiniyattam involves variations in rhythmic structure known as *chollu*.
- Noted exponents of Mohiniyattam are: T. Chinnammu Amma, Kalamandalam Sugandhi



Sattriya Dance

The Sattriya dance form was introduced in the 15th century A.D by the great Vaishnava saint and reformer of Assam, Mahapurusha Sankaradeva as a powerful medium for propagation of the Vaishnava faith. Sankaradeva introduced this dance form by incorporating different elements from various treatises, then prevalent dance forms and local folk dances combined with his own rare outlook. Sattriya dance is a clear indication of the influence of the former on the latter. Other visible influences on Sattriya dance are those from Assamese folk dances namely Bihu, Bodos etc. Many hand gestures and rhythmic syllables are strikingly similar in these dance forms.

- Noted Sattriya exponents are: Indira PP Bora, Maniram Datta Moktar

Folk Music and Dance of India

Brihaddeshi was the first text that speaks about rāga and distinguishes the music genres into Marga Sangeet (Classical Music) and Desi Sangeet (Folk Music).

Important Folk Music of India

- **Uttarakhandi folk music** had its root in the lap of nature. The pure and blessed music have the feel and the touch of nature and subjects related to nature. The folk music primarily is related to the various festivals, religious traditions, folk stories and simple life of the people of Uttarakhand.
- **Lavani** is a popular folk form of Maharashtra. Traditionally, the songs are sung by female artists, but male artists may occasionally sing Lavanis.
- The dance format associated with Lavani is known as Tamasha.
- **Bhavageet** (literally 'emotion poetry') is a form of expressionist poetry and light music. This genre is quite popular in many parts of India, notably in Karnataka.
- **Pandavani** is a folk singing style of musical narration of tales from ancient epic Mahabharata with musical accompaniment and Bhima as hero. This form of folk theatre is popular in the Indian state of Chhattisgarh and in the neighbouring tribal areas of Orissa and Andhra Pradesh.
- **Naatupura Paatu** is Tamil folk music. It consists of Gramathisai (village folk music) and Gana (city folk music). It is also sung in Rajasthan
- **Rajasthani Folk Music:** Traditional music includes the women's Panihari songs, which lyrically describe chores, especially centred around water and wells, both of which are an integral part of Rajasthan's desert culture.

Important Folk Dances



Gaur dance

Gaur means Bison, and in this dance, the dancers mimic the movements of a ferocious bison such as charging, tossing of horns, hurling wisps of grass into the air etc. This dance is performed in the Bastar district of Madhya Pradesh.

Pandavani Dance

Pandavani dance and music is a folk singing style of musical narration of tales from ancient epic Mahabharata with musical accompaniment and Bhima as hero. It is a folk dance of Chhattisgarh. *Teejan Bai* is a known Pandavani artist.

Chhau Dance

Chhau means a mask. Chhau dance probably originated as a martial art and performers, apart from a mask, hold swords and shields and performing vigorous movements and leaps. This is a popular dance in Odisha, Bihar and Bengal. The stages are decorated and brightly lit by torches, lanterns and flickering oil lamps. The musical instruments used are the Dhol, Nagara and Shehnai. The themes often revolve around mythological heroes and warriors from the Mahabharata and Ramayana.

Jatra Dance

Jatra dance is a folk dance of West Bengal & Bangladesh. The name literally means 'going' or 'journey'. It is performing art combining acting, songs, music and dance. The dance form developed from ceremonial functions conducted before setting out on a journey such as the processions brought out in honour of various deities.

Bihu Dance

Bihu is a popular folk dance of Assam. It is an integral part of the Bihu festival in April when the harvesting of crops is over. Young men and girls perform the Bihu dance together to the accompaniment of drums and pipes.

Love forms the subject matter of the songs that are sung during the performance. The dances are performed in circles or parallel rows.

Bidesia, Bihar

It is a popular form of dance drama prevalent in the Bhojpuri-speaking region of Bihar. Bhikari Thakur is believed to be the creator of these dramas. It dealt with many social issues, contradictory topics & conflict between the traditional and the modern, the urban and rural, and the rich and the poor.

In Bidesia, the female roles are also played by the male actor-dancers. The plays and style of theatre is very popular for their rhythmic language, sweet songs and appealing music.

Jat-Jatin Dance, Bihar

It is one of the most admired folk dances of North Bihar (including the Mithila and Koshi region). It is normally performed in a couple. The original theme of the dance explains the story of the lovers Jat and Jatin, who were separated and living in difficult situations. But now through many social



situations are also discussed like natural calamities situation like droughts and floods. Many socially concern topics like poverty, sorrow, love, all find its expression in this dance.

Jumari Dance, Bihar

It is a folk dance of Mithilanchal of Bihar. It is somewhat similar to garba and only married women perform it. As many other rituals that are performed by married women, it also signifies a good omen. It is usually performed in the beginning of karthik month as per the Hindu calendar. At this time, the sky is crystal clear. This creates Maids in love go on dancing, singing and celebrating the turns of the season.

Paika Dance, Bihar

The word `paika` is believed to derive from the Sanskrit word `Padatika` which means the infantry. Therefore, the name of the dance is Paika (battle) dance. The Paika dance is performed with employing shield and sword. It is a dance of martial character. In the dance performance, skills & ability of the dancers in handling sword and shield is displayed. The dance reach at the climax with the fast beats produced by `Mandal`.

Cheraw Dance

Cheraw is also known as **Bamboo Dance**. It is a folk dance of Mizoram, in which the dancers move by stepping alternately in and out of the pairs of horizontal bamboos. Thus, a grid of bamboo poles is an integral part of this dance. The performers tap the bamboos open and closed in rhythmic beats. They tap the bamboos open and closed in rhythmic beats. The dancers step in and out of the squares formed by the bamboos with ease and grace. The pattern and stepping of the dance resemble the movements of birds, swaying of trees

Dumhal Dance

Dumhal dance is performed by the men folk of the Wattal tribe of Kashmir. This dance is performed with long colourful robes, tall conical caps. Dumhal dance is accompanied by songs which the performers themselves sing. Performers of this dance place a banner into the ground at a fixed location. They begin to dance around this banner.

Kariyala

It is a popular art form of Himachal Pradesh. The plays celebrate local traditions of dress, worship, and morality, by telling stories of ordinary life using a range of familiar characters. Music, dance, and satirical humour enliven the performances, which sometimes last all night.

There is also a religious element with a chorus that sings praises to the gods. This form of shows present sharp and pungent satires about the bureaucracy and social issues very boldly.

Namagen

In Himachal, the Namagen dance is performed for the celebration of the autumnal hue in the month of September. The most striking dance performance amongst these is the Gaddis. The costumes that are used in this dance are of woollens and women wear richly studded ornaments of silver. The



dancing steps & rhythm of the dance is wonderfully mixed with each other. Drum plays an important part in this dance performance.

Bhangra Dance

Bhangra is a form of dance-oriented folk music that has now evolved into a pop sensation. It is the folk dance of the agriculturist class of Punjab. Traditionally this dance is associated with the harvesting season and was performed on a full moon day. People sing Boliyaan (lyrics or couplets) in the Punjabi language. Dhol is an integral part of Bhangra. Bhangra has eventually become a part of social occasions including weddings

Gidda Dance

Gidda is a female counterpart of the Bhangra, performed by women and girls.

Langvir Dance

Langvir nritya is a folk dance form of Uttarakhand. The acrobatic dance movements are performed only by males. Dancer climbs a pole and balance himself on his navel on the top of the pole. To the accompaniment of drum beats and music, he balances skilfully and rotates on his belly, performing several acrobatic stunts.

Padayani

This dance is performed in Southern Kerala and is associated with the festival of certain temples, called Padayani or Paddeni. One can easily identify this dance by the size of the huge mask (Kolams) used by the performers. The dance is performed traditionally in Bhagvati temples. Such temples are in Alleppey, Quilon, Pathanamthitta and Kottayam districts.

Dollu Kunitha

This folk dance is performed in Karnataka state. Large drums are adorned with colored clothes and hang around the necks of men. The songs used in this dance usually have religious and battle fervour. The main emphasis is on quick and light movement of the feet and legs. The Dollu Kunitha dance forms a part of the ritualistic dances of the Dodavas of Karnataka.

Dhimsa

This dance is popular among the tribes inhabiting the Araku Valley region of Vishakhapatam, in Andhra Pradesh.

Garba and Ras

Dandiya is a form of dance-oriented folk music that originated in Brindavan and became popular in western India. These songs sung in honor of Hindu goddesses and gods during Navratri. It is sung in the honour of god Krishna, hanuman, ram etc. This dance form is actually the staging of a mock-fight between Goddess Durga and Mahishasura, the mighty demon-king.

Difference between Garba and Ras

The main difference between Garba and Raas is that Raas is played with Dandiyas (pair of colourfully decorated sticks), while Garba consists of various hand and feet movements. Sometimes instead of



sticks, people also use “Swords”. The circular movements of Dandiya Raas are much more complex than that of Garba. The Dandiya Raas dance originated as devotional Garba dances, which were performed in Goddess Durga’s honor. This dance is also nicknamed ‘The Sword Dance’. The sticks of the dance represent the sword of Goddess Durga.

Ghoomar Dance

Ghoomar is a folk dance of Rajasthan and is characteristic dance of the Bhils. It is a community dance performed by groups of women on auspicious occasions. The name is derived from the word ghoomna (pirouetting).

Kalbelia Dance

Kalbelia dance is performed by the womenfolk hailing from the Kalbelia (Snake charmers) community in Rajasthan. They pursue the centuries-old profession of catching snakes and trading snake venom. The dance movements and the costumes have an uncanny resemblance to the slithery creatures. Kalbelia dance has been included in UNESCO intangible cultural heritage list.

Bhavai Dance

In Rajasthan, this spectacular dance form consists of veiled women dancers balancing nearly seven or nine brass pitchers as they dance dexterously, pirouetting and swaying with the soles of their feet perched on top of a glass or on the edge of a sword.

Khayal Dance

It is amongst the most famous dances of Rajasthan. The themes for the dance are derived from the great Hindu epics i.e. the Ramayana and the Mahabharata. These dances are performed by the Bhawai caste. Thought to have been originated from the Jats, these Bhawai castes perform the Khayal dance on heredity basis. They enact these dance-dramas and have numerous ballets; some of which are humorous and depict the comic characters of ‘baniyas’, barbers and moneylenders with bitterest satires. Women do not participate in Bhawai dances.

Rasdhari Dance:

It occupies an artistic middle ground between Rasalila and Khyal dances of Rajasthan. It is closer to the latter with its combination of entertaining dance, song, and dialogue. It started as a community activity expressing devotional joy and later the troupes became professional and the performances started serving as their livelihood.

Folk Theatre

Bharata’s Natyashastra was the earliest and most elaborate treatise on dramaturgy written anywhere in the world. India has a longest and richest tradition in theatre going back to at least 5000 years. The origin of Indian theatre is closely related to ancient rituals and seasonal festivities of the country. Hindu theorists from the earliest days conceived of plays in terms of two types of production:

- **Lokadharmi** (realistic), which involved the reproduction of human behaviour on the stage and



the natural presentation of objects

- **Natyadharmi** (conventional), which is the presentation of a play through the use of stylized gestures and symbolism and was considered more artistic than realistic

Theatre in India has encompassed all the other forms of literature and fine arts into its physical presentation: literature, mime, music, dance, movement, painting, sculpture and architecture – all mixed into one and being called ‘Natyā’ or Theatre in English.

Important Theatrical Forms of India

Bhand Pather: Jammu & Kashmir

This is a traditional satirical theatre form of Kashmir with unique combination of dance, music and acting. Biting satire, wit and parody characterize the form.

The actors of Bhand Pather are mainly from the *farming community* and the impact of their way of living, ideals and sensitivity in the drama is discernible.

Swang : Rajasthan, Haryana, UP and Malwa

Swang is a folk dance drama of Rajasthan, Haryana, Uttar Pradesh and Malwa region of Madhya Pradesh. It incorporates suitable theatrics and mimicry accompanied by song and dialogue. *It is dialogue-oriented rather than movement-oriented.*

Religious stories and folk tales are enacted by a group of ten or twelve persons in an open area or an open air theatre surrounded by the audience. The themes draw variously from themes of morality, folk tales, lives of inspiring personalities, stories from Indian mythology and in recent times, more current themes like health and hygiene, literacy, etc.

The two important styles of Swang are from *Rohtak* and *Haathras*. In the style belonging to Rohtak, the language used is Haryanvi (Bangru) and in Haathras, it is Brajbhasha.

Nautanki: Uttar Pradesh, Rajasthan, Punjab etc.

In entire north India, it was the most popular entertainment art before arrival of Cinema. The most popular centres of this traditional theatre form are Kanpur, Lucknow and Haathras. This popular art form has now dwindled and its existence is in threat. In contemporary times, the street plays resemble to the Nautankis.

Generally, there is an intense melodic exchange between two or three performers; a chorus is also used sometimes. The Storyline of traditional Nautankis range from mythological and folk tales to stories of contemporary heroes.

Raasleela : Uttar Pradesh

Raasleela is a theatre form of Uttar Pradesh. It is based exclusively on Lord Krishna legends. It is believed that *Nand Das* wrote the initial plays based on the life of Krishna. The dialogues in prose combined beautifully with songs and scenes from Krishna’s pranks.

Maach, Madhya Pradesh



Maach is a traditional theatre form of Madhya Pradesh. The term Maach is used for the stage itself as also for the play. In this theatre form songs are given prominence in between *the dialogues*. *The term for dialogue in this form is bol and rhyme in narration is termed vanag*. The tunes of this theatre form are known as *rangat*.

Ramman, Uttarakhand

Ramman is a folk theatre of Uttarakhand. It is a multiform cultural event combining theatre, music, historical reconstructions, and traditional oral and written tales. It is celebrated every year in *Baisakh* month (april) in the courtyard of the temple of Bhumiya Devta situated in Chamoli district, Uttarakhand. Mask dance performed exclusively by the Bhandaris (Ksatriya caste). Ramman has been also included in the UNESCO Representative list of Intangible Cultural Heritage of Humanity.

Jatra, Bengal

Jatra refers to the musical plays performed at fairs in honour of gods, or religious rituals and ceremonies. This dance-drama born and flourished in Bengal. **Krishna Jatra** became popular due to Chaitanya's influence. Later, however, worldly love stories too, found a place in Jatra. The earlier form of Jatra has been musical. Dialogues were added at later stage. The actors themselves describe the change of scene, the place of action, etc.

Bhaona

Bhaona is a traditional form of musical theatre with religious messages. It is performed in Assam and one can see the glimpses of culture of Assam, Bengal Orissa, Mathura and Brindavan in this folk dance drama. In this form, the narrator called **Sutradhār** begins the story, first in Sanskrit and then in either Brajboli or Assamese. The actors are called Bhaoriya.

Ankiya Nat

It is a single act drama, in which several characters get involved giving active role to only one of the performers. This dance is a classic mixture of music & words, which were interspersed by small dialogues and descriptive matter by a sutradhara for each time. The Sutradhara of an Ankiya Nat plays an important role, since he recites slokas, sings dances and explains every act of the play in prose.

Bhavai

Bhavai is a traditional theatre form of northern Gujarat and southern Rajasthan. Bhavai is partly entertainment and partly a ritual offering made to Goddess Amba. In the courtyard of the Ambaji temple near Mount Abu the Navratri festival is celebrated with Bhavai performances. Amba is the presiding deity of Bhavai.

Tamāsha

Tamāsha is a traditional folk theatre form of Maharashtra. It has evolved from the folk forms such as Gondhal, Jagran and Kirtan. Unlike other theatre forms, in Tamaasha the *female actress* is the chief



exponent of dance movements in the play. She is known as *Murki*. Classical music, footwork at lightning-speed, and vivid gestures make it possible to portray all the emotions through dance.

The themes of Tamasha have been used in some Marathi films also.

Dashavatar, Goa and Konkan

Dashavatar is a popular theatre form of the Konkan and Goa regions. The performers personify the ten incarnations of Lord Vishnu—the god of preservation and creativity. Apart from stylized make-up, the Dashavatar performers wear masks of wood and papier mache.

Krishnattam, Kerala

Krishnattam is the folk theatre of Kerala. It came into existence in 17th century under the patronage of King Manavada of Calicut. Krishnattam is a cycle of eight plays performed for eight consecutive days, presenting the story of Lord Krishna. The plays are Avataram, Kaliyamandana, Rasa krida, kamasavadha, Swayamvaram, Bana Yudham, Vivida Vadham, and Swargarohana.

Mudiyettu

Mudiyettu is a traditional ritual theatre and folk dance drama from Kerala that enacts the mythological tale of a battle between the goddess Kali and the demon Darika. The ritual is a part of the Bhagavathi or bhadrakali cult. It is performed in Kerala's Bhagvati Kavus, the temples of the Mother Goddess, between February and May after the harvesting season. In 2010 Mudiyettu was inscribed in the UNESCO's Representative List of the Intangible Cultural Heritage of Humanity, becoming the second art form from Kerala after Koodiyattam. The seven characters in Mudiyettu: Shiva, Narada, Darika, Danavendra, Bhadrakali, Kooli and Koimbidar (Nandikeshvara) are all heavily made-up.

Theyyam

Theyyam is a traditional and extremely popular folk theatre form of Kerala. The word 'Theyyam' is derived from the Sanskrit word 'Daivam' meaning God. Hence it is called God's dance. Theyyam is performed by various castes to appease and worship spirits of ancestors, folk heroes. One of the distinguishing features of Theyyam is the colourful costume and awe-inspiring headgears (mudi) nearly 5 to 6 feet high made of arecanut splices, bamboos, leaf sheaths of arecanut and wooden planks and dyed into different strong colours using turmeric, wax and arac.

Koodiyaattam/ Kuttiaattam

Koodiyattam is one of the oldest traditional theatre forms of Kerala and is based on Sanskrit theatre traditions. The characters of this theatre form are: *Chakyaar* or actor, *Naambiyaar*, the instrumentalists and *Naangyaar*, those taking on women's roles. The *Sutradhar* or narrator and the *Vidushak* or jesters are the protagonists. It is the Vidushak alone who delivers the dialogues. Emphasis on hand gestures and eye movements makes this dance and theatre form unique. It was UNESCO as a Masterpiece of the Oral and Intangible Heritage of Humanity.



Yakshagaana

Yakshagana is the traditional theatre form of Karnataka. It is based on mythological stories and Puranas. The most popular episodes are from the Mahabharata i.e. Draupadi swayamvar, Subhadra vivah, Abhimanyu vadh, Karna-Arjun yuddh and from Ramayana i.e. Raajyaabhishek, Lav-kush Yuddh, Baali-Sugreeva yuddha and Panchavati.

Therukoothu

Therukoothu, literally meaning street play, is the most popular form of folk drama of Tamil Nadu. It is mostly performed at the time of annual temple festivals of **Mariamman** (Rain goddess) to achieve rich harvest. At the core of the extensive repertoire of Therukoothu there is a cycle of eight plays based on the life of Draupadi. **Kattiakaran**, the Sutradhara of the Therukoothu performance, gives the gist of the play to the audience and **Komali** entertains the audience with his buffoonery.

Veedhi Natakam

In Telugu, 'Veedhi' means 'street or an open place'. Since the plays on Bhagavan were performed in an open place, therefore, they were called *Veedhi Natakam*. The plays were performed by Bhagathas, who were devotees of Bhagwan, so they were sometimes also referred as Veedhi Bhagavathams. It is the most popular folk theatre form of Andhra Pradesh.

Burakatha/ Harikatha

suraj_winner | rajawat.rs.surajsingh@gmail.com | www.gktoday.in/module/ias-general-studies

Harikatha is a storytelling play used in villages of Andhra Pradesh, Karnataka and Tamil Nadu. The term 'burra' is used for tambura, a musical string instrument with a hollow shell and 'katha' means story. It is a narrative entertainment that consists of prayers, solo drama, dance, songs, poems and jokes. Burrakatha tellers are called as budagajangalu. The topic will be either a Hindu mythological story or a contemporary social problem. It played an effective role in conveying message to people and awakening them during Indian Independence Movement.

Puppetry Art

In Puppet Theatre various forms, known as puppets, are used to illustrate the narratives. In India, the roots of the puppet theatre lie in a dancer's mask. Excavations at several Harappan sites have revealed a number of toys whose body parts can be manipulated with strings.

There are basic four kinds of puppets used in India as follows:

- String Puppets – This includes Kathputli of Rajasthan, Kundhei of Odisha, Gombeyetta of Karnataka and Bomallattam art of Tamil Nadu.
- Shadow Puppets – This includes the Togalu Gombeyatta of Karnataka, Tholu Bommalata of Andhra Pradesh, Ravanachhaya of Odisha
- Rod Puppets – This includes Putul Nautch of West Bengal and Yampuri of Bihar
- Glove Puppets – Important form is Pavakoothu of Kerala

The puppeteer narrates his story in verse or prose, while the puppets provide the visual treat. Stories



adapted from puranic literature, local myths and legends usually form the content of traditional puppet theatre in India which, in turn, imbibes elements of all creative expressions like painting, sculpture, music, dance, drama, etc. The presentation of puppet programmes involves the creative efforts of many people working together.

String Puppets

String puppets are also called as marionettes. Marionettes having jointed limbs controlled by strings allow far greater flexibility and are, therefore, the most articulate of the puppets. Rajasthan, Orissa, Karnataka and Tamil Nadu are some of the regions where this form of puppetry has flourished.

Kathputli, Rajasthan

Carved from a single piece of wood, these puppets are like large dolls that are colourfully dressed.

The **Kathputli** is accompanied by a highly dramatised version of the regional music. Oval faces, large eyes, arched eyebrows and large lips are some of the distinct facial features. These puppets wear long trailing skirts and do not have legs. Puppeteers manipulate them with two to five strings which are normally tied to their fingers and not to a prop or a support.

Kundhei, Odisha

Made of light wood, the Kundhei puppets of Odisha have no legs but wear long flowing kirts. They have more joints and are, therefore, more versatile, articulate and easy to manipulate. The puppeteers often hold a wooden prop, triangular in shape, to which strings are attached for manipulation. The costumes of Kundhei resemble those worn by actors of the Jatra traditional theatre. The music is drawn from the popular tunes of the region and is sometimes influenced by the music of Odissi dance.

Gombeyatta, Karnataka

Gombeyatta is a puppetry art of Karnataka. The puppets are styled and designed like the *characters of Yakshagana* theatre form of the region. The Gombeyatta puppet figures are highly stylized and have joints at the legs, shoulders, elbows, hips and knees. These puppets are manipulated by five to seven strings tied to a prop. Some of the more complicated movements of the puppet are manipulated by two to three puppeteers at a time. Episodes enacted in Gombeyatta are usually based on Prasangas of the Yakshagana plays. The music that accompanies is dramatic and beautifully blends folk and classical elements.

Bommalattam, Tamil Nadu

Bommalattam combine the techniques of both rod and string puppets. They are made of wood and the strings for manipulation are tied to an iron ring which the puppeteer wears like a crown on his head. A few puppets have jointed arms and hands, which are manipulated by rods. The Bommalattam puppets are the largest, heaviest and the most articulate of all traditional Indian marionettes. A puppet may be as big as 4.5 feet in height weighing about ten kilograms.



Bommalattam theatre has elaborate preliminaries which are divided into four parts – *Vinayak Puja*, *Komali*, *Amanattam* and *Pusenkanattam*.

Shadow Puppets

Shadow puppets are flat figures, cut out of leather, which has been treated to make it translucent. Shadow puppets are pressed against the screen with a strong source of light behind it. The manipulation between the light and the screen make silhouettes or colourful shadows for the viewers who sit in front of the screen. This tradition of shadow puppets survives in Odisha Kerala, Andhra Pradesh, Karnataka, Maharashtra and Tamil Nadu.

Togalu Gombeyatta, Karnataka

These puppets are mostly small in size. The puppets however differ in size according to their social status, for instance, large size for kings and religious characters and smaller size for common people or servants.

Tholu Bommalata, Andhra Pradesh

The puppets are large in size and have jointed waist, shoulders, elbows and knees. They are coloured on both sides. Hence, these puppets throw coloured shadows on the screen. The music is dominantly influenced by the classical music of the region and the theme of the puppet plays are drawn from the Ramayana, Mahabharata and Puranas.

Ravanachhaya, Odisha

The puppets are in one piece and have no joints. Hence the manipulation requires great dexterity. They are not coloured, hence throw opaque shadows on the screen.

The puppets are made of deer skin and are conceived in bold dramatic poses. Apart from human and animal characters, many props such as trees, mountains, chariots, etc. are also used. Although, Ravanachhaya puppets are smaller in size-the largest not more than two feet have no jointed limbs, they create very sensitive and lyrical shadows.

Rod Puppets

Rod puppets are an extension of glove-puppets, but often much larger and supported and manipulated by rods from below. This form of puppetry now is found mostly in West Bengal and Orissa.

Putul Nautch, West Bengal

The Puppets are carved from wood and follow the various artistic styles of a particular region.

The Bengal rod-puppets are about 3 to 4 feet in height and are costumed like the actors of Jatra theatre form. These puppets have mostly three joints. The heads, supported by the main rod, is joined at the neck and both hands attached to rods are joined at the shoulders.

A bamboo-made hub is tied firmly to the waist of the puppeteer on which the rod holding the puppet is placed. The puppeteers each holding one puppet, stand behind a head-high curtain and



while manipulating the rods also move and dance imparting corresponding movements to the puppets. While the puppeteers themselves sing and deliver the stylized prose dialogues, a group of musicians, usually three to four in numbers, sitting at the side of the stage provide the accompanying music with a drum, harmonium and cymbals.

Yampuri, Bihar

These puppets are made of wood. Unlike the traditional Rod puppets of West Bengal, these puppets are in one piece and have no joints. As these puppets have no joints, the manipulation is different from other Rod puppets and requires greater dexterity.

Glove Puppets

Glove puppets are also known as sleeve, hand or palm puppets. The head is made of Papier mache, cloth or wood, with two hands emerging from just below the neck. The rest of the figure consists of a long flowing skirt. The manipulation technique is simple. The movements are controlled by the human hand with the first finger inserted in the head and the middle finger and the thumb are the two arms of the puppet. The tradition of glove puppets in India is popular in Uttar Pradesh, Orissa, West Bengal and Kerala.

Pavakoothu, Kerala

It came into existence during the 18th century due to the influence of Kathakali. In Pavakoothu, the height of a puppet varies from one foot to two feet. The head and the arms are carved of wood and joined together with thick cloth, cut and stitched into a small bag. The face of the puppet is decorated with paints, small and thin pieces of gilded tin, the feathers of the peacock, etc. The musical instruments used during the performance are **Chenda, Chengiloa, Ilathalam** and **Shankha**. The theme for Glove puppet plays in Kerala is based on the episodes from either the Ramayana or the Mahabharata.

Other Topics & Concepts in Dance and Drama

Abhinaya

Abhinaya is the representational aspect of dance where a text or poem is interpreted by the dancer to evoke “rasa” in the spectators. It deals with the sentiment and emotions of the song, using the technique of the dance style. There are four kinds of Abhinaya as follows:

- Angika Abhinaya: Use of Body and Limbs.
- Vachika Abhinaya: Use of song and speech
- Aharya Abhinaya: Use of costumes and adornment
- Satvika Abhinaya: Use of moods and emotions

Angika Abhinaya

Angika Abhinaya is shown by movements of limbs. It is performed with Angas (major limbs) Upangas (minor limbs) Pratyangas (auxiliary limbs). Angika Abhinaya depends on the gestures of the

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hands, fingers, eyes, eyebrows, eyeballs etc. along with the whole body.

Vachika Abhinaya

Vachika Abhinaya constitutes “Kavyas” (poems) and “Natakas” (dramas). In dance, Vachika abhinaya mainly includes the music accompanying the dance. It is usually a lyrical or narrative poetry, set to swaras (notes) or melody in a given tala (rhythmic cycle).

Aharya Abhinaya

Aharya abhinaya includes the decoration of the body by means of makeup and costume.

Satvika Abhinaya

Satvika abhinaya is performed with Satvika emotions. According to Abhinaya Darpana motionlessness, perspiration, state of being horrified, change of voice.

Rasa Bhava Theory

The Rasa-Bhava is the central concept in Indian performing arts such as dance, drama, cinema, literature etc. Bhava means “to become”. *Bhava is the state of mind* while Rasa is the *aesthetic flavour that results from that Bhava*. The Bhava themselves carry no meaning in the absence of Rasa. Thus Rasa is basically forms and manifestations of Bhava in the form of multitude of sensations through taste, emotion, and delight. In other words, Rasa is the dominant emotional theme that is invoked in the audience. When we watch a movie, a sad scene makes us cry – that is Rasa. The Rasa-Bhava is what establishes a relationship between the performer and the audience.

The Rasa theory was basically propounded by Bharata in Natyashastra. He described eight Rasas viz. Śṅgāram (love, attractiveness), Hāsyam (laughter, comedy), Raudram (fury, wrath), Kāruṇyam (compassion, tragedy), Bibhatsam (disgust, aversion), Bhayānakam (horror, terror), Vīram (heroic mood) and Adbhutam (wonder, amazement). Further, Abhivangupta introduced a ninth rasa called Śāntam which denotes the peace or tranquillity. These total nine rasas make the Navarasa.

Karna and Angahgara in Indian Classical Dances

Karna is a combined movement of the feet and the hands, which, though momentarily static, is a dynamic series of movements which culminates in a specific pose. Natya Shastra has described 108 karnas, each comprising of movements of abstract dance. Each of the Karna comprises specific movement of foot, calf, thigh, knee, waist, chest, neck, arms, and hands. According to Bharata’s Natyashashtra, Karna is not a pose but the complete unit of dance movements. Karna is the most important primary unit of movement.

Angahara is the name of collective movements comprising several Karnas. When Shiva performs the Tandava, several Karnas are linked together to form a garland of dance poses and movements. These become the Angaharas, garlands of dance poses of Lord Hara (Shiva). Longer sequences of movements are like garlands and are thus known as Angahara.



Natya, Nritta and Nritya

Natya means drama, Nritta means 'abstract dance' and Nritya means 'interpretative dance.' Kathakali is a story-play. It involves elaborate dance depicting the stories of the victory of truth over falsehood. For such presentation, one of the features of Kathakali is the use of elaborate makeup and colorful costumes which is used mainly to emphasize that the characters are supreme beings from the other world. In other words, Kathakali is overwhelmingly dramatic in which a performer enters the stage with elaborate makeup, grand costumes, and headgears belonging exclusively to the world of Myth and Legends. Then, the entire story is enacted with the most significant language of hand gestures. Not a word is spoken except for the weird cries of the demons. In this way, Kathakali is a distinct combination of Natya, Nritta and Nritya.

Krishna in Classical Dances

Legends say that hearing the call of Krishna's flute, hoard of Gopis went in search of him. Krishna then multiplied himself and danced with each Gopi, as he felt that he owed the Gopis a debt that can never be paid for, they came to him renouncing everything. This relation of the lover (Krishna) and beloved (Gopis) has been compared to that of Parmatama (Krishna) with the Gopis (individual souls) in the field of consciousness called Brindavan.

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Dasavatara

The 10 avatars are Matsya, Kurma, Boar, Narasimha, Waman, Parashurama, Rama, Krishna, Buddha and future Kalki avatara. Lord Krishna is the archetypal lover and personification of transcendent love and desire. Legends have grown around him and his exploits as a Makhanchor Child, Cowherd, a Lover, a statesman, a soldier and a philosopher.

This love also was portrayed as **Madhur Bhakti Bhava**, the eternal / timeless love between lord and his devotees i.e. Gopis, among whom Radha has the highest position. The portrayal of this eternal love of Radha and Krishna is seen in all the classical dance styles. Further, there is an immense impact of "Geeta Govindam" the love poetry of Radha Krishna written by 12 century Sanskrit poet Jayadev. This is evident from the following:

Odissi dance is famous for its dances based on the Gita Govinda.

The devadasis throughout South India used to perform padams and javalis (poetic dance compositions) centering on a heroine's longing for Krishna.

Kuchipudi tradition originated as a type of Bhagavata Mela, a dramatic sadhana in which themes from the life of Krishna were acted out by Brahman males.

Krishna Leela is one of the Abhinaya in Bharatnatyam, Kathakali and Kuchipudi dances



The Rasa dance evolved with the legends of gopis and Krishna dancing together. The cult of Radha and Krishna, particularly the raslila, is central to the themes of Manipuri dance.

In Sattariya dance, one of the major dances is the Krishna Nritya which portrays the activities of young Krishna. Another dance style in Sattariya dance is based on the life of Lord Krishna; Nadubhangi Nritya covers the story of Lord Krishna defeating the poisonous snake “Kaliya”.

In this way, virtually every classical Indian dance tradition came to include a plethora of dances based on the themes of Krishna’s life.

Prelims Model Questions

1. Consider the following comparisons of the Hindustani Classical Music and Carnatic Music:
 1. In contrast to Hindustani Classical music, Carnatic Music is relatively unaffected by Arabic and Iranian Influences
 2. In contrast to Hindustani Classical music, Carnatic music is more thoroughly oriented to the voice
 3. There is a wide difference between the basic principles of raga and tala in Carnatic and Hindustani Music

Which among the above comparisons is / are correct?

- [A] Only 1 & 2 are correct
- [B] Only 2 & 3 are correct
- [C] Only 1 is correct
- [D] 1, 2 & 3 are correct

Answer: [A] Only 1 & 2 are correct

Carnatic Music has evolved from ancient Hindu traditions. It was relatively unaffected by the Arabic and Iranian influences that have characterized the Hindustani music of northern India since the late twelfth and early thirteenth centuries as a result of the Islamic conquest of the north. In contrast to northern styles, Carnatic music is more thoroughly oriented to the voice. Even when instruments are used alone, they are played somewhat in imitation of singing, generally within a vocal range, and with embellishments that are characteristic of vocal music. Fewer instruments are used in Carnatic than in northern Indian music, and there are no exclusively instrumental forms.

The basic principles of raga (melody type, or framework for improvisation) and tala (cyclical rhythmic pattern) are the same in the south and north, but each musical tradition has its own repertoire of actual ragas and talas, and there are many stylistic differences as well. Carnatic music, with its more homogeneous Indian tradition, has evolved far more orderly and uniform systems for the classification of ragas and talas. The chief centres in India for



present-day Carnatic music include Tamil Nadu, Karnataka, Andhra Pradesh, and Kerala.

2. For the first time, Indian Music genres were divided into Marga Sangeet (Classical Music) and Desi Sangeet (Folk Music) by ___?
- [A] Natyashashtra
 - [B] Brihaddeshi
 - [C] Sangeet Ratnakara
 - [D] Sangeet Martand

Answer: [B] Brihaddeshi

In post Gupta period, a great treatise only after Natyashashtra was composed in Sanskrit as Brihaddeshi by Matanga Muni. Brihaddeshi is the first text that speaks about rāga and distinguishes the music genres into Marga Sangeet (Classical Music) and Desi Sangeet (Folk Music). Brihaddeshi was also the important work on Indian music before the Islam came and influenced the Indian music. Brihaddeshi was based upon the Natyashashtra itself and has clarified many things which were unclear in the Bharata's text.

3. The impact of Bhakti Movement on Indian music was mainly through ___:
- 1. Marg Sangeet
 - 2. Pathya Sangeet
 - 3. Haveli Sangeet
 - 4. Bhajans
 - 5. Asta Chhap

Select the correct option from the codes given below:

- [A] Only 1, 2 & 3
- [B] Only 2, 3 & 4
- [C] Only 3, 4 & 5
- [D] Only 3 & 4

Answer: [C] Only 3, 4 & 5

- The impact of Bhakti Movement on Indian music was through the Ashtachap and Haveli sangeet along with the Bhajan and Kirtans.
 - Using the regional language, Braj, Avadhi or whatever, as the vehicle, saint-composers were able to reach to people in social strata otherwise impervious to the influence of art and music.
4. With reference to the various Ragas used in Indian Classical Music, consider the following statements:
- 1. Each Raga has at least five notes



2. If a Raga is Poorvi, it is sung before noon and if a Raga is Uttar, it is sung after noon
Which among the above statements is / are correct?

- [A] Only 1 is correct
- [B] Only 2 is correct
- [C] Both 1 & 2 are correct
- [D] Neither 1 nor 2 is correct

Answer: [C] Both 1 & 2 are correct

5. The asta-chhap (eight poets) tradition has contributed significantly to Indian Classical Music. Consider the following statements with this reference:

1. Asta-chhap tradition flourished during 16th century, particularly the period of Akbar
2. Surdas was one of the asta-chhap poets

Which among the above is / are correct statements?

- [A] Only 1
- [B] Only 2
- [C] Both 1 & 2
- [D] Neither 1 nor 2

Answer: [C] Both 1 & 2

Eight Disciples of Vallabhacharya are called the Ashta-chhap, meaning, eight reprints (of the Master). Surdas is considered to be the foremost among them. In the 16th century devotional renaissance in India, poems were sung when recited, and the great mystic poets of those times were often great musicians. Therefore, the poetry composed by the eight Ashta Chhap poets is meant to be sung to music. Its essence is rhythmic invocation, and its real meaning is best expressed when performed as part of devotional service.

6. With reference to the Mohiniattam dance, consider the following statements:

1. Mohiniattam is based on the legend of the Hindu mythological seductress Mohini, who tempted Shiva.
2. It is patterned on bharatanatyam with elements of kathakali.
3. It uses Malayalam songs with Carnatak music

Select the correct option from the codes given below:

- [A] Only 1 & 2
- [B] Only 2 & 3
- [C] Only 1 & 3
- [D] 1, 2 & 3

Answer: [D] 1, 2 & 3



7. Mohiniattam:

1. is based on the legend of the Hindu mythological seductress Mohini, who tempted Shiva.
2. is patterned on bharatanatyam with elements of kathakali
3. uses Malayalam songs with Carnatak music

Select the correct statements from the codes given below:

[A] Only 1 & 2

[B] Only 2 & 3

[C] Only 1 & 3

[D] 1, 2 & 3

Answer: [D] 1, 2 & 3

8. A typical performance of bharatanatyam lasts for about two hours and consists of six parts.

Which among the following is the concluding part?

[A] Allarippu

[B] Jatisvaram

[C] Varnam

[D] Tillana

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Answer: [D] Tillana

A performance of bharatanatyam lasts for about two hours and consists of six parts

1. Allarippu: This literally means “to decorate with flowers”. It is the devotional prologue that shows off the elegance and grace of the dancer.
2. Jatisvaram: The second part is jatisvaram, a brilliant blaze of jatis (“dance phrases”) with svaras (“musical sounds”).
3. Shabdham: Shabdham is singing words that prepare the dancer to interpret through abhinaya (gesture language) interspersed with pure dance.
4. Varnam: The fourth part is varnam, a combination of expressive and pure dance.
5. Padams: Padams are songs in Telegu, Tamil, or Kannada that the dancer dramatizes by facial expressions and hand gestures. The accompanying singer chants the line again and again, and the dancer enacts the clashing and contrasting meanings. Her virtuosity consists of exhausting all possible shades of suggestion.
6. Tillana: The performance ends with tillana, a pure dance accompanied by meaningless musical syllables chanted to punctuate the rhythm. The dancer explodes into leaps and jumps forward and backward, from right and left, in a state of ecstasy. Tillana ends with three clangs of the cymbals while the dancer executes a triple blaze of jatis, thumping her feet with a jingling flourish of ankle bells.



9. Sattriya dance form:

1. started out as a ritual dance form in the latter part of the Bhakti movement
2. is deeply influenced by bharatnatyam and kuchipudi
3. usually depicts mythological stories

Which among the above is / are correct?

[A] Only 1 & 2

[B] Only 1 & 3

[C] Only 2 & 3

[D] 1, 2 & 3

Answer: [B] Only 1 & 3

The Sattriya dance form was introduced in the 15th century A.D by the great Vaishnava saint and reformer of Assam, Mahapurusha Sankaradeva as a powerful medium for propagation of the Vaishnava faith. Sankaradeva introduced this dance form by incorporating different elements from various treatises, then prevalent dance forms and local folk dances combined with his own rare outlook. Sattriya dance is a clear indication of the influence of the former on the latter. Other visible influences on Sattriya dance are those from Assamese folk dances namely Bihu, Bodos etc Many hand gestures and rhythmic syllables are strikingly similar in these dance forms.

10. Consider the following difference(s) between Dandia Ras and Garaba Dance?

1. While decorated sticks are used in Dandia, Garba includes hand and feet movements
2. While Dandia originated from an ancient sports, Garba originated from an ancient ritual

Which among the above statements is / are correct?

[A] Only 1 is correct

[B] Only 2 is correct

[C] Both 1 & 2 are correct

[D] Neither 1 nor 2 is correct

Answer: [A] Only 1 is correct

The main difference between Garba and Raas is that Raas is played with Dandiyas (pair of colorfully decorated sticks), while Garba consists of various hand and feet movements. Sometimes instead of sticks, people also use "Swords". The circular movements of Dandiya Raas are much more complex than that of Garba. The Dandiya Raas dance originated as devotional Garba dances, which were performed in Goddess Durga's honor. This dance form is actually the staging of a mock-fight between Goddess Durga and Mahishasura, the mighty demon-king. This dance is also nicknamed 'The Sword Dance'. The sticks of the dance



represent the sword of Goddess Durga.

11. Which among the following dance forms of India was known as Bhagavata Mela Natakam originally?

- [A] Odissi
- [B] Sattariya
- [C] Kuchipudi
- [D] Bharatnatyam

Answer: [C] Kuchipudi

Kuchipudi tradition originated as a type of Bhagavata Mela Natakam, a dramatic sadhana dedicated to the worship of Vishnu.

12. Consider the following art forms of India:

1. Ramman
2. Mudiyetu
3. Kalbelia

Which among the above are included in the UNESCO's Representative List of the Intangible Cultural Heritage of Humanity?

- [A] 1 & 2
- [B] 2 & 3
- [C] Only 2
- [D] 1, 2 & 3

Answer: [D] 1, 2 & 3

The following art forms find mention in UNESCO's Representative List of the Intangible Cultural Heritage of Humanity:-

- Kutiyattam is a form of Sanskrit theatre that originated in Kerala. It is recognised as a oral heritage
- Vedic chanting which is considered the oldest unbroken oral tradition is also recognized as a oral heritage by UNESCO
- All Sanskrit Dramas in their entirety are considered to be a cultural heritage
- The performance of Ram Leela, which is the enactment of Lord Rama's life as described in Ramayana
- Ramman which is a religious festival and ritualistic theatre prevalent in the Garhwal Himalayas
- Mudiyetu, which is a ritual theatre and folk dance drama performed in temples in Kerala, and is representative of the mythological battle between Kali and the demon,



Darika

- Kalbelia is a sensuous form of folk dance and song prevalent in Rajasthan
- Chhau Dance is a tribal martial dance form found in Odisha, Jharkhand and West Bengal
- Novruz, which is the observance of the Persian or Parsi New Year in India
- Chanting of sacred Buddhist texts in the Ladakh and J&K region is also an oral cultural heritage.

13. The classical dances of India have two types of temperaments viz. tandava and lasya. With this reference, consider the following statements:

1. While Tandava represents the fearful male energy of Shiva; lasya represents lyrical grace Parvati
2. While Bharatnatyam is predominantly of lasya character, Kathakali is predominantly of Tandava mood

Which among the above statements is / are correct?

[A] Only 1

[B] Only 2

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[C] Both 1 & 2

[D] Neither 1 nor 2

Answer: [C] Both 1 & 2

The classical Indian dance have two types of temperaments—**tandava**, representing the fearful male energy of Shiva, and **lasya**, representing the lyrical grace of Shiva's wife Parvati. The dances which are predominantly of Tandava temperament are performed by male artists and those which have lasya mood are performed by female. For example, Bharatanatyam has the lasya character and that is why it is performed by women only, though there are male gurus and teachers also. Kathakali on the other hand is in tandava mood with towering headgear and elaborate facial makeup. It is generally performed by males. Further, Kathak is a mixture of lasya and tandava characterized by intricate footwork and mathematical precision of rhythmic patterns. It is done equally by men and women. Manipuri, with its swaying and gliding movements, is lasya, and its performers are mainly female.

14. With reference to Natya Dharmi and Lok Dharmi traditions in Indian performing arts, consider the following statements:

1. While Natya Dharmi refers to symbolic representation, Lok Dharmi is the natural representation
2. While Natya Dharmi is mainly used in classical dances, Lok Dharmi is used in Drama



Which among the above is / are correct?

- [A] Only 1
- [B] Only 2
- [C] Both 1 & 2
- [D] Neither 1 nor 2

Answer: [C] Both 1 & 2

With reference to ancient Indian dances, Dharmi refers to the “mode” of dramatic representation. There are two types of Dharmis viz. Natya Dharmi and Lok Dharmi. Lok Dharmi representation follows practice of people, while Natya Dharmi follows the theatrical mode or symbolic representation. Natyadharmi is a stylized way of presentation used mainly in classical dance. It is suggestive way of stage presentation. Lokdharmi is used in proper drama, which is a direct mode of presentation. It is the way of the world (Loka).

15. Jatra and Tamasha are two important theatre arts of India. Consider the following statements with this reference:

1. While Jatra originated in Bengal as a result of the bhakti movement, Tamasha originated in Maharashtra for entertainment of the camping Mughal armies general-studies
2. While Jatra flourished in the court of Nawabs of Bengal, Tamasha flourished in the courts of Maratha rulers

Which among the above statements is / are correct?

- [A] Only 1
- [B] Only 2
- [C] Both 1 & 2
- [D] Neither 1 nor 2

Answer: [A] Only 1

The first statement is correct but second one is half correct.

Jatra

The jatra, popular in Orissa and eastern Bihar, originated in Bengal in the 15th century as a result of the bhakti movement, in which devotees of Krishna went singing and dancing in processions and in their frenzied singing sometimes went into acting trances. This singing with dramatic elements gradually came to be known as jatra, which means “to go in a procession.” In the 19th century the jatra became secularized when the repertoire swelled with love stories and social and political themes. Until the beginning of the 20th century, the dialogue was primarily sung. The length has been cut from all night to four hours. The jatra performance consists of action-packed dialogue with only about six songs. The singing



chorus is represented by a single character, the vivek (“conscience”), who can appear at any moment in the play. He comments on the action, philosophizes, warns of impending dangers, and plays the double of everybody. Through his songs he externalizes the inner feelings of the characters and reveals the inner meaning of their outer actions.

Tamasha

The tamasha (a Persian word meaning “fun,” “play,” or “spectacle”) originated at the beginning of the 18th century in Maharashtra as an entertainment for the camping Mughal armies. This theatrical form was created by singing girls and dancers imported from North India and the local acrobats and tumblers of the lower-caste Dombari and Kolhati communities with their traditional manner of singing. It flourished in the courts of Maratha rulers of the 18th and 19th centuries and attained its artistic apogee during the reign of Bajji Rao II (1796–1818). Its uninhibited lavani-style singing and powerful drumming and dancing give it an erotic flavor.

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