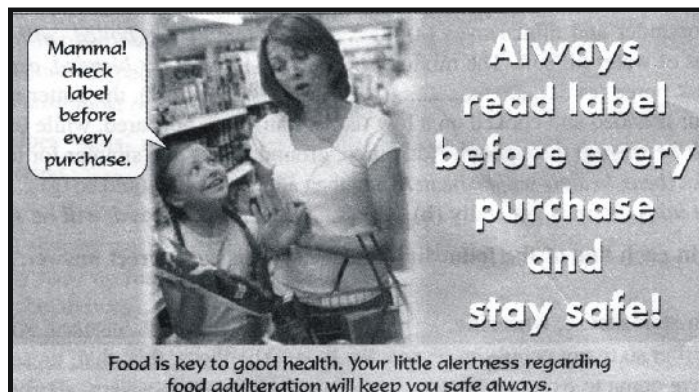
 <p>Regular Analysis through Continuous Exercise</p>	<p>TARGET : CBSE</p> <p>PRE-NURTURE COURSE</p> <p>CLASS-X : PHASE-I</p>
RACE # 10	E-MAIL
ENGLISH	
<p>STUDENT NAME : _____</p> <p>FORM NO. : _____</p>	

1. Your sister Varsha is at present staying in a hostel in Pune. You have been very worried regarding her food and health. Read the information given below and send an E-mail to her, to be careful and conscious regarding buying packed food items.



While purchasing food articles, the following should be kept in mind:-	Every food article sold in packages must carry statutory declaration/warning on the package besides the following label declaration:-
Avoid artificially coloured food articles	• English or Hindi (In Devnagri script) as one of the languages of label.
Use iodised salt	• Name and trade name of the food article
Don't purchase mustard oil, powdered spices and condiments and tea leaves containing added flavour being sold in loose form. Buy them only in sealed packages.	• Name and address of the manufacturer/packer
	• Date and year of manufacture, best before date, Batch no. and net weight or volume
	• Ingredients used in descending order.