



PRACTICE BOOK FOR STUDENTS

Reading Literacy



Practice Book for Students
Enhancing Critical and Creative Thinking
2021



CENTRAL BOARD OF SECONDARY EDUCATION

Shiksha Sadan, 17, Rouse Avenue, New Delhi-110002

First Edition : July 2021

Published by :

CENTRAL BOARD OF SECONDARY EDUCATION

Shiksha Sadan, 17, Rouse Avenue, New Delhi-110002

Composed and Printed by :

Anand Book Binding House

1042, Raghubarpura No. 1, Gandhi Nagar, Delhi-110031

भारत का संविधान

उद्देशिका

हम, भारत के लोग, भारत को एक सम्पूर्ण ¹प्रभुत्व-संपन्न समाजवादी पंथनिरपेक्ष लोकतंत्रात्मक गणराज्य बनाने के लिए, तथा उसके समस्त नागरिकों को:

सामाजिक, आर्थिक और राजनैतिक न्याय,

विचार, अभिव्यक्ति, विश्वास, धर्म

और उपासना की स्वतंत्रता,

प्रतिष्ठा और अवसर की समता

प्राप्त कराने के लिए

तथा उन सब में व्यक्ति की गरिमा

²और राष्ट्र की एकता और अखंडता

सुनिश्चित करने वाली बंधुता बढ़ाने के लिए

दृढसंकल्प होकर अपने इस संविधान में आज तारीख 26 नवम्बर, 1949 ई० को एतद्वारा इस संविधान को अंगीकृत, अधिनियमित और आत्मार्पित करते हैं।

1. संविधान (बयालीसवां संशोधन) अधिनियम, 1976 को धारा 2 द्वारा (3.1.1977) से “प्रभुत्व-संपन्न लोकतंत्रात्मक गणराज्य” के स्थान पर प्रतिस्थापित।

2. संविधान (बयालीसवां संशोधन) अधिनियम, 1976 को धारा 2 द्वारा (3.1.1977) से “राष्ट्र की एकता” के स्थान पर प्रतिस्थापित।

भाग 4 क

मूल कर्तव्य

51 क. मूल कर्तव्य—भारत के प्रत्येक नागरिक का यह कर्तव्य होगा कि वह—

- (क) संविधान का पालन करे और उसके आदर्शों, संस्थाओं, राष्ट्र ध्वज और राष्ट्रगान का आदर करे;
- (ख) स्वतंत्रता के लिए हमारे राष्ट्रीय आंदोलन को प्रेरित करने वाला उच्च आदर्शों को हृदय में संजोए रखे और उनका पालन करे;
- (ग) भारत की प्रभुता, एकता और अखंडता की रक्षा करे और उसे अक्षुण्ण रखे;
- (घ) देश की रक्षा करे और आह्वान किए जाने पर राष्ट्र की सेवा करे;
- (ङ) भारत के सभी लोगों में समरसता और समान भ्रातृत्व की भावना का निर्माण करे जो धर्म, भाषा और प्रदेश या वर्ग पर आधारित सभी भेदभाव से परे हों, ऐसी प्रथाओं का त्याग करे जो स्त्रियों के सम्मान के विरुद्ध हैं;
- (च) हमारी सामाजिक संस्कृति की गौरवशाली परंपरा का महत्त्व समझे और उसका परिक्षण करे;
- (छ) प्राकृतिक पर्यावरण की जिसके अंतर्गत वन, झील, नदी, और वन्य जीव हैं, रक्षा करे और उसका संवर्धन करे तथा प्राणी मात्र के प्रति दयाभाव रखे;
- (ज) वैज्ञानिक दृष्टिकोण, मानववाद और ज्ञानार्जन तथा सुधार की भावना का विकास करे;
- (झ) सार्वजनिक संपत्ति को सुरक्षित रखे और हिंसा से दूर रहे;
- (ञ) व्यक्तिगत और सामूहिक गतिविधियों से सभी क्षेत्रों में उत्कर्ष की ओर बढ़ने का सतत प्रयास करे जिससे राष्ट्र निरंतर बढ़ते हुए प्रयत्न और उपलब्धि की नई उंचाईयों को छू ले;

¹(ट) यदि माता-पिता या संरक्षक है, छह वर्ष से चौदह वर्ष तक की आयु वाले अपने, यथास्थिति, बालक या प्रतिपाल्य के लिए शिक्षा के अवसर प्रदान करे।

THE CONSTITUTION OF INDIA

PREAMBLE

WE, THE PEOPLE OF INDIA, having solemnly resolve to constitute India into a ¹**SOVEREIGN SOCIALIST SECULAR DEMOCRATIC REPUBLIC** and to secure to all its citizens :

JUSTICE, social, economic and political;

LIBERTY of thought, expression, belief, faith and worship;

EQUALITY of status and of opportunity; and to promote among them all

FRATERNITY assuring the dignity of the individual and the² unity and integrity of the Nation;

IN OUR CONSTITUENT ASSEMBLY this twenty-sixth day of November, 1949, do **HEREBY ADOPT, ENACT AND GIVE TO OURSELVES THIS CONSTITUTION.**

1. Subs, by the Constitution (Forty-Second Amendent) Act. 1976, sec. 2 for "Sovereign Democratic Republic" (w.e.f. 3.1.1977)

2. Subs, by the Constitution (Forty-Second Amendent) Act. 1976, sec. 2 for "unity of the Nation" (w.e.f. 3.1.1977)

THE CONSTITUTION OF INDIA

Chapter IV A

FUNDAMENTAL DUTIES

ARTICLE 51 A

Fundamental Duties - It shall be the duty of every citizen of India-

- (a) to abide by the Constitution and respect its ideals and institutions, the National Flag and the National Anthem;
- (b) to cherish and follow the noble ideals which inspired our national struggle for freedom;
- (c) to uphold and protect the sovereignty, unity and integrity of India;
- (d) to defend the country and render national service when called upon to do so;
- (e) to promote harmony and the spirit of common brotherhood amongst all the people of India transcending religious, linguistic and regional or sectional diversities; to renounce practices derogatory to the dignity of women;
- (f) to value and preserve the rich heritage of our composite culture;
- (g) to protect and improve the natural environment including forests, lakes, rivers, wild life and to have compassion for living creatures;
- (h) to develop the scientific temper, humanism and the spirit of inquiry and reform;
- (i) to safeguard public property and to abjure violence;
- (j) to strive towards excellence in all spheres of individual and collective activity so that the national constantly rises to higher levels of endeavour and achievement;
- ¹(k) who is parent or guardian to provide opportunities for education to his/her child or, as the case may be, ward between age 6 and 14 years.

1. Subs. By the Constitution Sec. 04 (Eighty-Six Amendment) Act, 2002

ACKNOWLEDGEMENTS

Patrons

- Shri Dharmendra Pradhan, Minister of Education, Government of India.
- Dr. Rajkumar Ranjan Singh, Minister of State for Education, Government of India.
- Smt. Annpurna Devi, Minister of State for Education, Government of India.
- Dr. Subhas Sarkar, Minister of State for Education, Government of India.
- Ms. Anita Karwal, IAS, Secretary, Department of School Education and Literacy, Ministry of Education, Government of India.

Guidance and Support

- Shri Manoj Ahuja, IAS, Chairman, Central Board of Secondary Education.
- Dr. Joseph Emmanuel, Director (Academics), Central Board of Secondary Education.
- Dr. Biswajit Saha, Director (Skill Education & Training), Central Board of Secondary Education.

Content Creation

- Ms. Ruchi Sengar, New Delhi
- Ms. Sangita Chaudhri, New Delhi
- Ms. Vinita Oberoi, New Delhi
- Ms. Shivani Mehta, New Delhi

Content Review

- Ms. Ruchi Sengar, New Delhi
- Ms. Shivani Mehta, New Delhi
- Ms. Nivedita Bedadur, Bengaluru

Book Review

- Dr. Sweta Singh, Jt. Secretary (Academics), Central Board of Secondary Education.
- Dr. Girish Choudhary, Retired Associate Professor, Lady Irwin College, New Delhi.

Creative Inputs

- Dr. Sweta Singh, Jt. Secretary (Academics), Central Board of Secondary Education.
- Ms. Ruchi Sengar, New Delhi.
- Ms. Shivani Mehta, New Delhi.

Book Design, Covers and Illustrations

- Ms. Anoushka Chand, Srishti School of Art, Design and Technology.

Editorial Support

- Sh. Aditya Shankar, Hindu College, University of Delhi.
- Sh. Shobhit Mahato, Hindu College, University of Delhi.

Dear Students,

Reading ability is a critical skill for navigating today's world. The ability to locate, understand and reflect on various kinds of information is a pre-requisite for successful participation in most areas of life.

We welcome you to a world where you will explore a wide variety of authentic and diverse material on interesting themes. As you move across cartoons, poems, infographics and narratives, you will witness and discover the power of language.

The exercises and activities that are embedded across this material will fire your imagination and inspire you to think critically. We recommend that you spend time to reflect on the presented texts to discover their in-depth meanings. If you find some particular sections more interesting than the others, feel free to explore them first. Reflect continuously as you move forward.

Enjoy and have great fun!

Team CBSE



Meet Vijay and Vani, your new tour guides
They will take you on a scintillating ride,
Through the language kingdom wide.
Hold tight, so that you do not slide.

They will provide glimpses galore,
And leave you asking for more.
From animals to sports and folk arts,
Hurrah! the holistic learning starts.

Every unit is an eclectic mix
Of questions and quizzes, you need to fix.
We are sure you can hit a six,
No matter what the question depicts.

Come, let's begin this tour
Which will be fun, we assure.
Designed for you to explore
The wealth a language has in store.

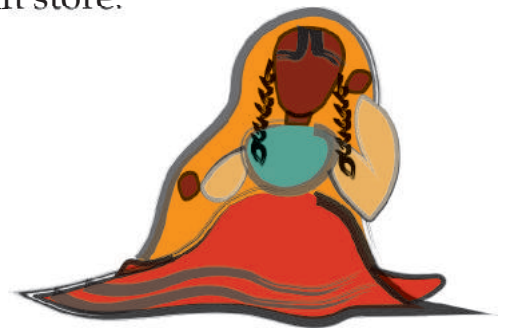


Table of Contents

UNIT 1 : The Fascinating World of Animals	9	UNIT4 : Sports and Fitness	
Section 1.1 An Ornamental Fish	9	Section 4.1 Sports Day	61
Section 1.2 Seahorse	12	Section 4.2 Indigenous Sports	62
Section 1.3 All in the Family!	14	Section 4.3 Cutting Through the Bias	65
Section 1.4 African Rock Pythons	16	Section 4.4 India's First Paralympic Gold medallist	66
Section 1.5 The Robber Flies	17	Section 4.5 Reviewing a Sports Movie	70
Section 1.6 Doggy Job Titles	20	Section 4.6 The Unforgettable Dhyan Chand	72
Section 1.7 Blushing Parrots	21	Section 4.7 The Famous Tag Game of India	74
Section 1.8 The Zebra Question	23	Section 4.8 Souvenirs	78
Section 1.9 Giant Pandas	25		
Section 1.10 National Endangered Species Day	26	UNIT 5 : Our Glorious Heritage : A Glimpse	
UNIT 2 : Travel Tales		A. Folk Art	
Section 2.1. Words of Wisdom	30	Section 5.1 I'd Like to Know	80
Section 2.2 From a Railway Carriage	31	Section 5.2 An Artist Speaks	82
Section 2.3. Travelling to Kerala	34	Section 5.3 Double Skills	85
Section 2.4. Travel Tips	36	B. Folk Craft	
Section 2.5. Counterview	39	Section 5.4 The Rustle of Silk	87
Section 2.6. It Happens!	41	Section 5.5 : Recorded Memories	90
Section 2.7. Mom! I'm Fine!	42	Section 5.6 Moulding Creativity	92
UNIT 3 : The Spice of Life		Section 5.7 Toys with a Difference	94
Section 3.1: You Are What You Eat!	45	C. Folk Music, Dance and Drama of India	
Section 3.2: Healthy Eating	49	Section 5.8. Musical Treat	97
Section 3.3: The Teacher Ate My Homework	51	Section 5.9 Put on Your Dancing Shoes	99
Section 3.4: Let's Experiment With Cooking	53	Section 5.10 In the Spotlight	102
Section 3.5: Food Idioms	54		
Section 3.6: I Would Like to Eat Grass	55		
Section 3.7: Food Crusaders	58		