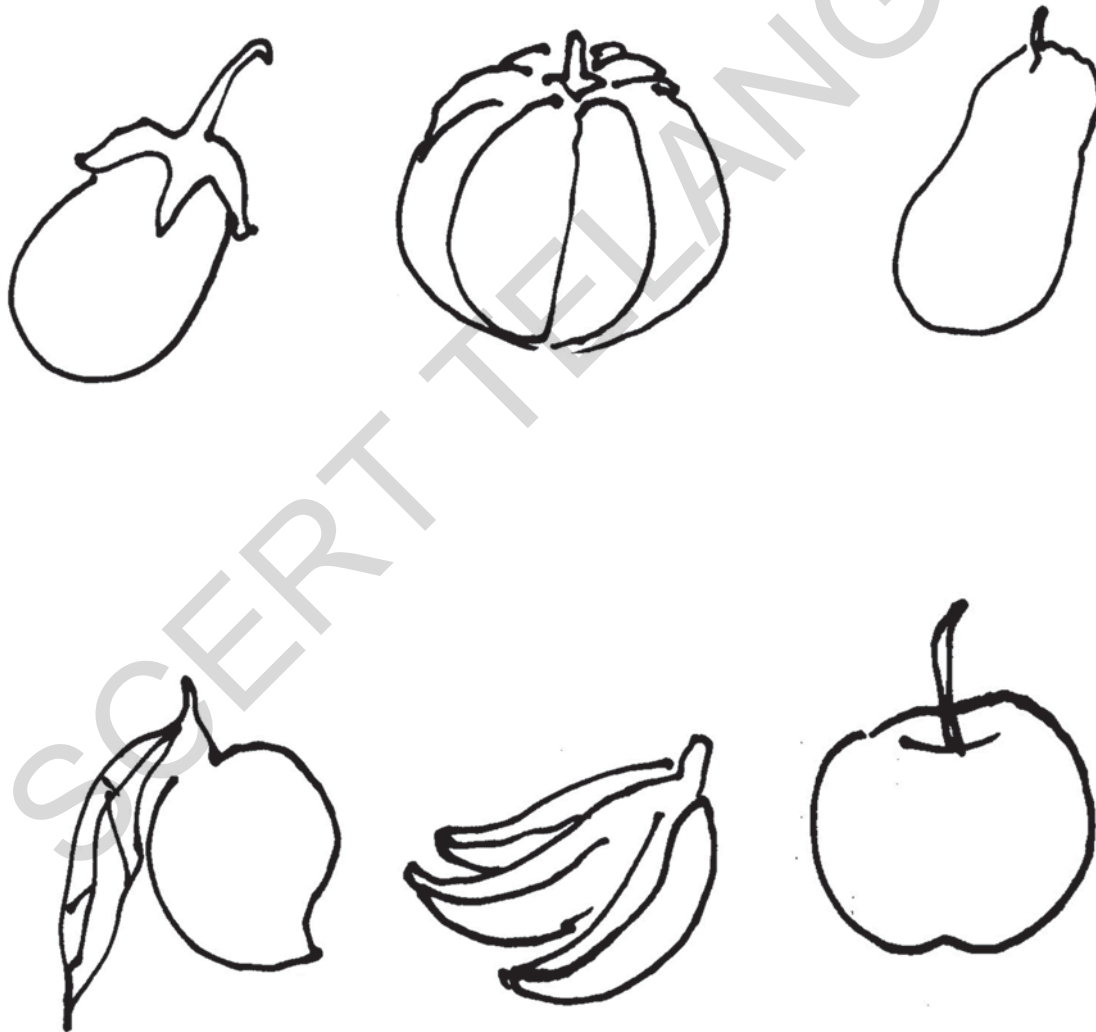




UNIT - 7

FRUITS AND VEGETABLES

Colour the pictures.



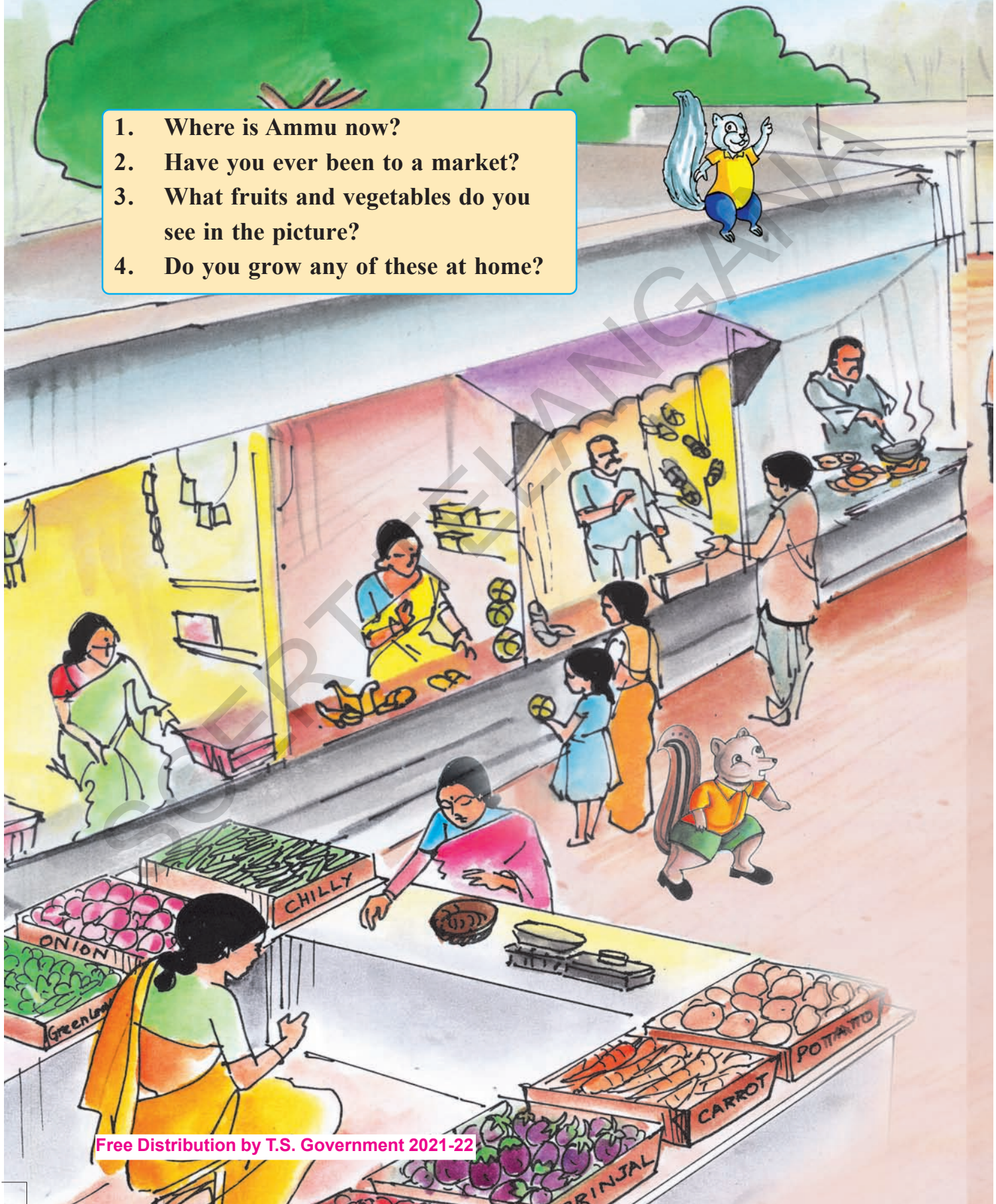
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To the market

1. Where is Ammu now?
2. Have you ever been to a market?
3. What fruits and vegetables do you see in the picture?
4. Do you grow any of these at home?



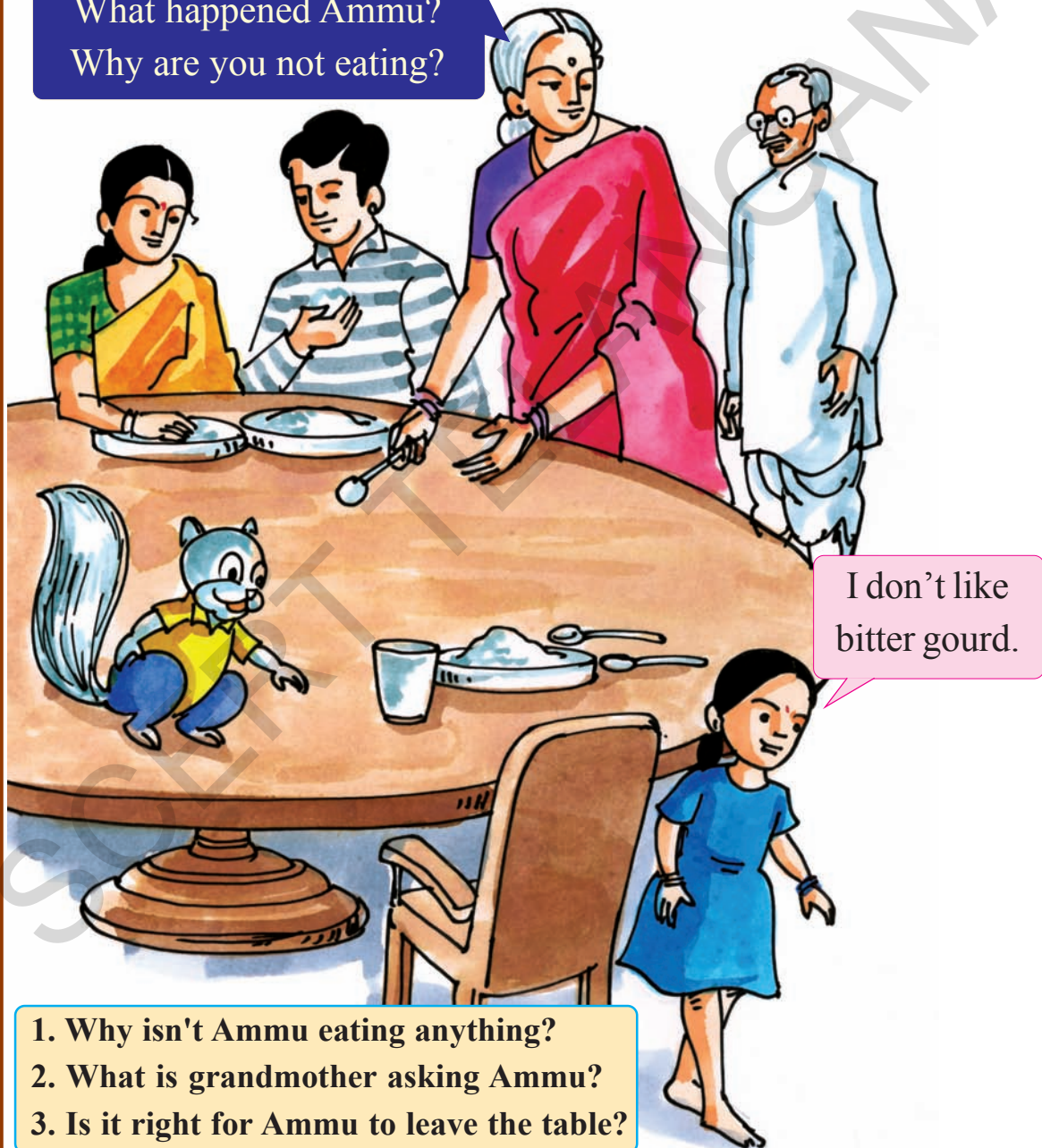




I don't like it

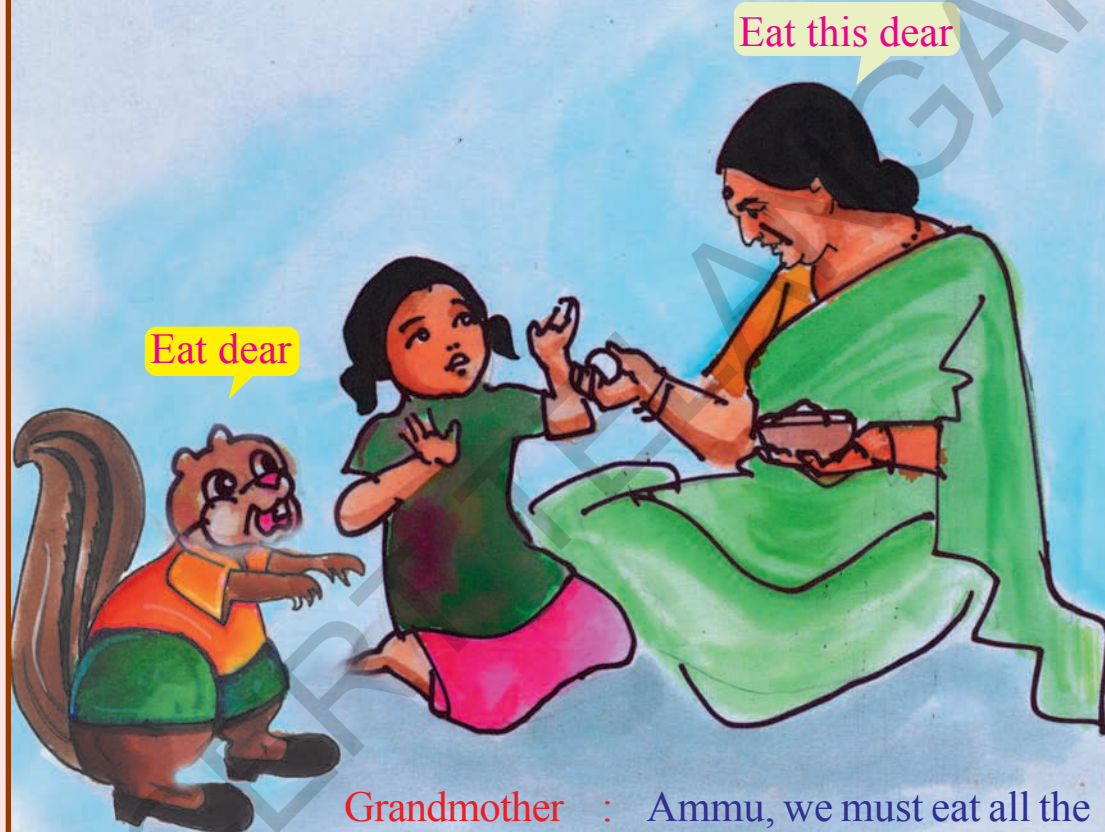
Ammu's mother prepared bitter gourd curry.
Ammu didn't like it. She didn't eat anything.

What happened Ammu?
Why are you not eating?





Grandmother tells Ammu that fruits and vegetables are good for health. We must eat all.



Grandmother : Ammu, we must eat all the fruits and vegetables.

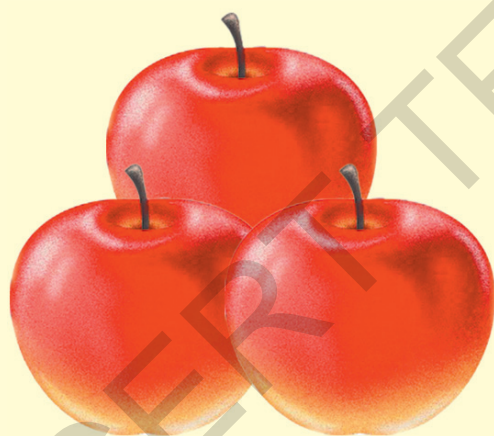
Ammu : But I don't like some of them. They are not tasty.

1. What is grandmother doing?
2. What did she tell Ammu?
3. Why is it good to eat all fruits and vegetables?





Bittu's song about fruits



There are apples
Big and round.
I like apples
Red and sweet.

Here are grapes
Round and small.
I like grapes
Green and sour.





Fruits and vegetables

Read the words and look at the pictures. Write the names of the fruits and the vegetables under its heading in the table.

pomegranate	cabbage	brinjal	custard apple
watermelon	carrot	apple	potato
tomato	grapes	mango	pumpkin
bitter gourd	banana	lady's fingers	



Names of the fruits	Names of the vegetables





Ammu asks for a story

Ammu tells grandmother she will eat all fruits and vegetables. She asks her to tell a story.

I will eat. Tell me a story please.

Sure, I'll tell you a story about 'Princess Tomato'.



1. What does Ammu ask her grandmother?
2. What kind of stories do you like?

