

# **Worksheet**

## **Foods We Eat**

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**Q.1. Jaggery is \_\_\_\_ in taste.**

- (a) Bitter**
- (b) Sweet**
- (c) Sour**
- (d) Salty**

**Ans. (b)**

**Solution.**

Jaggery is sweet in taste.

**Q.2. State whether the given statement is true or false:**

**Idli is made with wheat.**

**Ans.** It is false because idli is made with rice.

**Q.3. We set coconut oil from**

- (a) Mustard**
- (b) Tomatoes**
- (c) Tamarind**
- (d) Coconut**

**Ans. (d)**

**Q.4. State whether the given statement is true or false:**

**Milk is a suitable food for four months old child.**

**Ans.** The given statement is true.

**Q.5. Which of the following is not a vegetable?**

- (a) Potato**
- (b) Mango**

**(c) Carrot**

**(d) Turnip**

**Ans. (b)**

**Q.6. State whether the given statement is true or false:**

**Barley grows in the courtyard of Kerala**

**Ans.** The given statement is false as coconut and tapioca grow in the courtyards of Kerala.

**Q.7. Name the food item shown in the picture below.**



**Ans.** The food item is chicken.

**Q.8. Which fruit is shown in the picture below?**



**Ans.** Orange

**Q.9. Which food items can be made with wheat?**

**Ans.** Chapatti, halwa and paranthe can be made with wheat.

**Q.10. Li chen lives in Hongkong. Which food does she like to eat?**

**Ans.** She likes to eat snakes.

**Q.11. Name the food item shown in the picture below.**



**Ans.** The food item is noodles.

**Q.12. Which food items can be made with rice?**

**Ans.** Dosa, Idli and pulao can be made with rice.

**Q.13. Juni lives in Kashmir. She likes fish cooked in which oil?**

**Ans.** She likes fish cooked in mustard oil.

**Q.14. Can all old people eat walnut? Why?**

**Ans.** No, all old people cannot eat walnut because they don't have teeth.

**Q.15. Draw a picture of banana.**

**Ans.**



**Q.16. Name the food item shown in the picture below.**



**Ans.** The food item is Chapatti.

**Q.17. State whether the given statement is true or false:**

**Some old people cannot eat Bhutta.**

**Ans.** The given statement is true.

**Q.18. Which of the following food items is sour in taste?**

- (a) Mustard**
- (b) Cucumber**
- (c) Tamarind**
- (d) Coconut**

**Ans.** (c) Tamarind.

**Q.19. State whether the given statement is true or false:**

**Food is not important for hum They can live without eating food**

**Ans.** The given statement is false as food is very important for survival of hum**Ans.**

**Q.20. Out of the given items which one cannot be eaten?**

- (a) Red ants**
- (b) Cauliflowers**
- (c) Mushrooms**
- (d) Eggs**

**Ans.** (a) Red ants cannot be eaten.