

DANCE (E)

SUBJECT CODE -35

Class - X

INTRODUCTION :

All Indian classical dance forms have their origin in Bharat Muni's "NATYASHASTRA" and Nandikeswara's "ABHINAYA DARPANA". The Indian Classical dance forms are Bharata Natyarn, Kathak, Odissi, Manipuri, Kathakali, Mohini Attam, Sattriya (a new classical dance form). Students learning various Indian classical dance forms has to acquire basic theoretical knowledge and skill as defined in above dance sastras. With this background a student will choose one of the Indian classical dance forms as elective subject in class X.

OBJECTIVES :

1. The pupil acquires the preliminary knowledge of various types of Indian Classical dances, viz. Kathak, Bharata Natyam, Manipuri, Sattriya, Oddisi etc.
2. The pupil acquires knowledge of music, musical instruments dresses and ornaments used in respective classical dance form.
3. The pupil understands some of the basic Hastas (Hand Gestures) and talas and acquires the skill of performing them in a simple manner.
4. The pupil develops an interest, aptitude and appreciation for higher forms of dance.
5. The pupil develops adequate skill for performance of one of the dance forms.
6. The pupil acquires the general knowledge of some of the folk-dances of Assam.
7. The pupil acquires preliminary knowledge about Bharata Muni's "NATYA SHASTRA" Nandikeswara's "ABHINAYADARPANA".

DANCE (E)

Subject Code : 35

Class : X

Theory Marks : 50

Practical Marks : 50

Full Marks : 100

Pass Marks : 15

Time : 2 hours

Pass Marks : 15

Time : 2 hours

Part (A) Theory common to all Indian classical Dance Forms Marks : 20

Contents	Marks	
1. Meaning of Siras, Griva, Dristy Bhedas.	Half Yearly	Annual
2. Nine Rasas and their meaning		
3. Cosmic Dancer Shiva. Significance of various parts of Shiva and Krishna.	(1,2,3)	
4. Brief knowledge about Bharat muni's "Natya shastra" and Nandikeswara's "Abhinaya Darpana"	✓	✓

Manipuri Dance

Part : B Theory

Marks : 30

Contents	Marks	
1. Different Rasleelas Performed in Manipur.	Half Yearly	Annual
2. Costumes of Lord Krishna and Radha		
3. Knowledge of Notations of Talas like Tanchep, Menkup, Chali, Teoda, Chautal.	(1,2) ✓	✓

Manipuri Dance : Practical

Marks : 50

Contents	Marks	
1. NRITTABANDHA (Punglol Jagoi) Dances on Talas and Rhythm Patterns. (a) Tal Teoda or tintal macha. (b) Tal Chowtal or Tanjao.	Half Yearly	Annual
2. PRABANDHANARTAN (ISHEJAGOI) Pure Dance on Song, Abhinaya on Song.	(1,2) ✓	✓
3. FESTIVAL DANCE Mandila Nartan or khubakishei.		

DANCE (E)

CLASS - X

Kathak Dance

Part : B Theory

Marks : 30

Contents	Marks	
	Half Yearly	Annual
1. Definitions of that, Primalu, Kabit, Gat Bhava, Paran and Tukra.		
2. Brief life sketches of Birju Maharaj, Uday Sankar, and Bindadin Maharaj.	(1,2,3)	
3. Name Various musical instruments, costume and ornaments used in kathak.	✓	✓
4. knowledge of Jati and Yati.		
5. Ability to write notation of the bol in Dhamar, Choutal, Jhaptal and Trital.		

Kathak Dance : Practical

Marks : 50

Contents	Marks	
	Half Yearly	Annual
1. Revision of all Previous Course		
2. Trital		
(a) One advance That with Kasak-Masak.		
(b) One Tisra Jati Amad.		
(c) One Chakradar paran		
(d) Gat Bhava of Holi or Makhanchuri.	(1,2,3)	
3. Chautal	✓	✓
(a) Two Simple and Chakradhar Tukra.		
(b) One paran.		
(c) One Tihai		
4. Dhamar		
(a) Barabar, Dugan, Chougun Tatkar.		
(b) One Pranami		
(c) One Chakradar Paran		

DANCE (E)

CLASS - X

Bharat Natyam

Part : B Theory

Theory Marks : 30

Contents	Marks	
1. Description of Astapadi, Padam and Tillana.	Half Yearly	Annual
2. Name of Various Ragas and Talas of all the Bharat Natyam items which have been learnt in Practical Classes.	(1,2) ✓	✓
3. To Write notation of concert Items.		

Bharat Natyam : Practical

Marks : 50

Contents	Marks	
1. Repeation of all Exercises and adavus.	Half Yearly	Annual
2. Concert Items Astapadi Padam Tillana	(1,2) ✓	✓
3. Singing of above concert items.		

Sattriya Nritya

Part : B Theory

Theory Marks : 30

Contents	Marks	
1. Origin and Development of Sattriya dance.	Half Yearly	Annual
2. Traditionat Costumes and ornaments of Sattriya Dance.		
3. Knowledge of Anga, Pratyanga and upanga.		
4. Simple Knowledge of Abhinaya (Angika, Bachika, Aharya and Satvika as applicable to Sattriya Dance.	(1,2,3,4) ✓	✓
5. Knowledge about Subhankar kabi's Sri Hasta Muktavali.		
6. General knowledge of folk dances of Assam.		
7. Contribution of Sri Manta Sankar Deva and Sri Sri Madhava Deva to Sattriya Dance.		

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DANCE (E), CLASS - X

Sattriya Nritya : Practical

Marks : 50

Contents	Marks	
	Half Yearly	Annual
1. Revision of the Previous Course.		
2. Knowledge of the Raja Ghariya chalinach (One Ramdani and geetar Nach)		
3. Practical Knowledge of Nava Rasa.		
4. Knowledge of the Demonstration of Abhinaya.		
5. Sutradhari Nritya (Geetar Nach, Ragar Nach, Slokar Nach.)		
6. Knowledge of the Bhaona Nritya-gopi pravesa, Ram-Lakshman or Krishna-Boloram Pravesa, Patra Pravesha etc.	(1,2,3,4,5) ✓	✓
7. Abhinaya - Lawanuchuri, Kaliya daman, Haradhanu Bhanga, Sita, Satyabhama, Narada etc.		
8. Knowledge of the acient dances Devdashi or Deodhani.		
9. Folk dances of Assam.		

Oddissi Dance

Part : B Theory

Theory Marks : 30

Contents	Marks	
	Half Yearly	Annual
1. Detailed Knowledge of Nritya, Nritya and Natya.		
2. Knowledge or Nine Rasas.		
3. Knowledge about Mahakavi Jaydeva and few renowned lyricists of Orissa.	(1,2,3)	
4. Knowledge of various Ragas and Talas used in oddissi dance.	✓	✓
5. Comparative study between oddissi and sattriya dance.		

Oddissi Dance : Practical

Marks : 70

Contents	Marks	
	Half Yearly	Annual
1. Revision of the Previous Courses.		
2. Demonstrations of few Ragas and Talas used in oddissi dance.		
3. Demonstrations of few songs used in oddissi dance.	(1,2) ✓	✓
4. Dance items (a) One Astapadi. (b) One Oriya Song With Abhinaya.		

* Questions from each Unit/Lesson will carry marks 2-10.