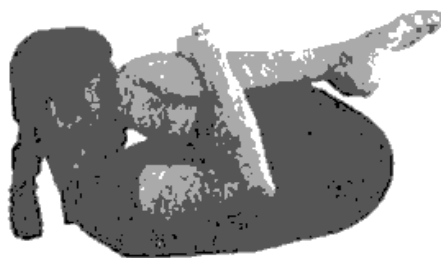


Annual Evaluation 2022-23**HEALTH & PHYSICAL EDUCATION,
ART EDUCATION AND WORK EDUCATION****Class: IX****Time : 2hrs****Score : 45****Instructions**

- Question paper consists of 3 parts - Health and Physical Education, Art Education and Work Education.
- Each part carries 15 score.
- 15 minutes for cool off time and 2 hours for writing the answer can be taken together and the writing can be started from commencement of the exam itself.
- Answer of each part should be written in separate answer sheets
- Subject, Name, Class and Roll number, should be written in each answer sheet.

HEALTH AND PHYSICAL EDUCATION**Time : 40 mts.****Score : 15****Questions 1 to 6 : Answer any FOUR of the following (Each carries 1 Score.) (4 x 1 = 4)**

1. The Sports item which directly puts two teams against each other in a test of strength.
(a) Tennis (b) Soft ball (c) Tug of war (d) Cricket
2. Name the Condition that fluctuates the amount of glucose in the blood
(a) Fever (b) Diabetes (c) Glaucoma (d) Goiter
3. Identify the yogasana in the picture.



- (a) Shashankasana (b) Makarasana (c) Bhujangasana (d) Pawanamuktasana
4. Name the method that ensure our body weight is proportionate to height.
(a) PFT (b) BMI (c) Modified Step Test (d) AAPHET TEST
 5. Name the sports item in which independent India won the first individual medal in Olympics.
(a) Wrestling (b) Archery (c) Shooting (d) Gymnastics
 6. 2022 FIFA world cup football was held at.....
(a) Mexico (b) Qatar (c) Brazil (d) Russia

Attempt any FOUR questions from 7 to 12. Each question carries 2 score.

(4 x 2 = 8)

7. What is Obesity?
8. Write a short note on Progressive Muscle relaxation technique.
9. What are the aims and Objectives of School Games Federation of India (SGFI)
10. Describe the positive changes occur in our body due to regular physical activities
11. What are the benefits of practicing yoga?
12. The energy level required for the day to day activities of an individual depend on different factors. What are they?

Attempt any ONE question from 13 to 14.

(1 x 3 = 3)

13. What is Malnutrition? How does it affect the health?
14. Describe the history of National Games.

ART EDUCATION

Time : 40 mts.

Score : 15

Attempt any FOUR questions from 1 to 6. Each question carries 1 Score

(4 x 1 = 4)

1. Name the Norwegian painter who drew the famous painting 'The Scream'.
a) Van Gogh b) Paul Gauguin c) Edward Much
2. Identify the famous American pop singer given in the pictures.



a. Jung Kook



b. Michael Jackson



c. Lady Gaga



d. Shakira

3. What is the name of the basic structure of the sculpture?
a) Painting b) Collage c) Tapestry d) Armature
4. Name an electronic instrument which can serve as an alternative to many percussion instruments.
a) Trumpet b) Rhythmpad c) Bugle d) Symbol
5. Name the Kerala dance form which gives importance to 'Lasya' ?
a) Kadhakali b) Ottanthullal c) Mohiniyattam d) Yakshagana
6. Which Technical device was used in early movie camera for shooting purpose?
a) Film b) Memory Card c) Hard Disk d) Cloud

Questions 7 to 11. Answer any Two of the following. Each carries 3 Scores (2 x 3 = 6)

7. Write the names of the western musical instruments given in the pictures



a.



b.



c.

8. Somnath Hore was the painter who painted pictures based on the Bengal poverty. Note down how he depicts human figures in it. Draw and colour human figures in your own way and complete the picture. (Use separate paper for drawing).



9. Prepare a biography of the late famous Karnatic musician K. S Narayana Swamy with the help of the following hints

- | | |
|----------------|--|
| a) Birth place | : Koduvayoor, Palakkad Dist |
| b) Year | : 1914 September 27 |
| c) Education | : Learned veena from Annamala University, |
| d) Job | : Former lecturer in Annamala University, as well as
Principal & Lecturer in Swathi Thirunal Music College,
Thiruvananthapuram |
| e) Honor | : National Sangeetha Nataka Academy Award (1968),
Padmabhooshan (1977) |
| f) Death | : 1999 December 9 |

10. A sample of cloth bags to be distributed in schools on Environmental Day is given below.



Draw the model on the paper, design with an Environmental Day message and complete it with appropriate colours.

(Use separate paper for drawing)

11. Identify the 'Bhava' in each picture given below and write which Navarasa each belongs to.



a.



b.



c.

Question 12 to 14, Answer any ONE of the following.

(1x5=5)

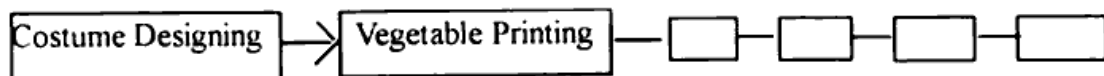
12. Karaoke is a pre-recorded system with background music without singing. What are the things to be kept in mind while singing along with Karaoke?
13. Its morning 7 'O' Clock. A child is looking outside through the window. There are hen and chicken in the courtyard and a crow is enjoying the fruit of the Jackfruit tree near by. Fields, coconut grove and mountains are seen in a distance. Draw a picture with the help of the hints and give appropriate colours to it.
14. A child is walking along the banks of a stream to school. Two people on bike are seen throwing garbage covers in to the stream. The child reacts against it. Ignoring it they rode the bike very fast. The child picks up the garbages and deposits them to the waste management centre. Panchayath president congratulates the child. Prepare a screen play by adding appropriate dialogues to this story.

Questions 1 to 4 : Answer any THREE of the following ;(Each carries 1 Score) (3x1=3)

1. The cultivation which is done by spraying the nutrient solution on the roots
(a) Hydroponics (b) Aeroponics (c) Aquaponics (d) Green house farming
2. Which preservative is used to make Jam and Squash?
(a) Salt (b) Vinegar (c) Sugar (d) Tamarind water
3. Name the material which is used to reinforce the holes of the Flexi file?
(a) Nail (b) Screw (c) Bolt (d) Eyelet
4. Which is the main chemical used in soap making?
(a) Sodium bicarbonate (b) Sodium hydroxide (c) Magnesium Oxide (d) Potassium carbonate

Questions 5 to 9: Answer any FOUR of the following (Each carries 2 Scores) (4x2=8)

5. Write the remedies to be done when the water pipe is leaking at home
6. Complete the Flow chart



7. Match the following

A	B
a) Agarbathi	OHP Sheet
b) Office File	Aluminium Sheet
c) Metal engraving	Straw board
d) Glass Painting	Jigat powder

8. Observe the following pictures given below and write their names and uses.



(A)



(B)



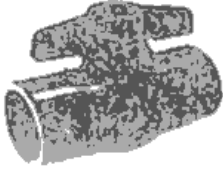
(C)



(D)

9 Name the activity related to the following pictures. What is its use ?

A)



B)



C)



D)



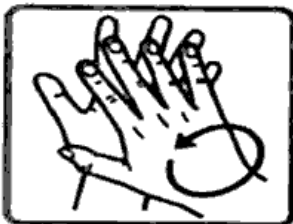
Questions 10 to 11 : Answer any ONE of the following.

(1x4=4)

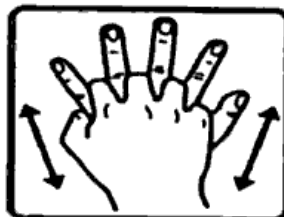
10) World Water Day is celebrated on March 22. Prepare two posters related to World Water Day Celebration and give suitable colours.

11. The pictures of the different steps of hand washing process are given below. Write them in the proper order.

A



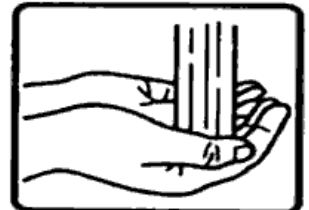
B



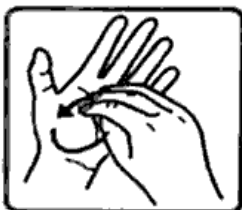
C



D



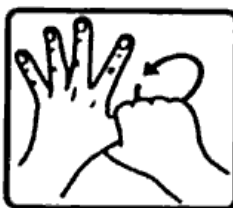
E



F



G



H



I

