

Time allowed: 45 minutes

Maximum Marks: 200

General Instructions: Same as Practice Paper-1.

I. Read the following passage carefully and answer the questions that follow by choosing the correct option.

- (1) As parents, we end up letting our kids have their way in the name of love and compassion. Most parents endeavour to give children the best start possible but letting the child have his way, whether legitimate or illegitimate, sets the foundation of adults who are stubbornly snobbish, attention seekers, and selfish to some extent. There is also tremendous pressure on modern day parents to be 'perfect'. It shouldn't be forgotten that, as parents, we are taking pain of sowing the seeds that will blossom into fruits tomorrow. A child should be allowed to do things he is capable of doing, without extending undue help and concern. They shouldn't be helped at the slightest hint of a struggle. It is actually sad that there is a psychological syndrome on pampering. Once children form their opinion there is someone to assist them at the slightest sign of a struggle, they are deprived of numerous opportunities that are crucial for their development, and they will always feel pampered who would look for everything readymade.
 - (2) A child learns from his adversities, vexations and difficulties and experiences, and though most parents bleed to see their wards in trouble, and make themselves available to render their helping hands to their needs; but that's not a practice worth appreciating. Let the meaning of growing progressively, independently, and responsibly be learnt by them and then they can emerge as a well-matured adult.
 - (3) Wrong upbringing or overpampering spoils children. There is such a thing as overparenting, which can cripple children as they move into adulthood and render them unable to cope with the merest setbacks. There are enough evidence and circumstances which call attention that pampered children grow into egoistic and self-centred adults, insensitive to the idea of hurting others. Satisfying all realistic and unrealistic demands, not correcting or taking action, and treating the child as a fragile human being will infringe the definition of good parenting.
 - (4) The undue syndrome of pampering cannot be fixed overnight. It takes perseverance with close monitoring and analysis of behaviour in the children. It's a very crucial task. Parents should strive to be loving but firm, while allowing children enough space to develop their own interests, explore independence, and experience failure.
- 1. Why are parents responsible for their children being snobbish?**
 - (a) Because parents turn a deaf ear to their mischief
 - (b) Because they let their kids have their way in the name of love and compassion
 - (c) Because weak parents don't overrule their children
 - (d) Because parents don't have time to teach them values
 - 2. What is the most relevant argument on wrong-parenting that the narrator has presented in the passage?**
 - (a) That we should satisfy all the needs of our children whether legitimate or illegitimate.
 - (b) That as affectionate parents, child should be allowed to do things he is capable of doing.

- (c) That as parents, we need to fix our wrong upbringing to make children mature adults.
 (d) That wrong upbringing or over pampering spoils children and creates egoistic and self-centred adults.

3. Which sentence from the following has not been discussed in the passage?

- (a) Children are pampered right from their birth.
 (b) Being a considerate parent, we allow our children what they want to do.
 (c) Pampering cannot be fixed overnight.
 (d) Good parenting takes perseverance with close monitoring.

4. What happens when parents render their helping hands even at the slightest hint of a struggle?

- (a) Parents learn to be independent.
 (b) Children learn to live without their parents.
 (c) Children lose a chance to learn numerous opportunities that are crucial for their development.
 (d) Children check their ability to cope up in adversity.

5. What has the narrator revealed about the children's learning without parents?

- (a) That they learn from their friends, neighbours and family members
 (b) That they learn from adversities, vexations and difficulties and experiences
 (c) That they learn with the passage of time, by observing other people
 (d) That they learn everything at school, while interacting with peers

6. How does a child become a mature adult?

- (a) When he reaches the age of 18
 (b) When the meaning of growing progressively is learnt
 (c) When the meaning of growing independently and responsibly is learnt
 (d) All except (a)

7. Which of the following is not involved in fixing the 'syndrome of pampering'?

- A. Perseverance with close monitoring**
B. Explore independence and experience success
C. Analysis of behaviour in the children
D. Parents should strive to be loving but firm
E. Allowing children no space to develop their own interests
F. It is not seen as a very crucial task.

- (a) A, C, D (b) B, E, F (c) C, D, E (d) A, B, F

8. Egoistic and self-centred adults are the outcomes of parents' _____.

- (a) psycho analysis (b) strictness (c) over parenting (d) none of these

9. 'Parents should strive to be loving but firm.' Substitute the word 'firm' with one of the following words.

- (a) Polite (b) Stern (c) Accountable (d) Cautious

10. Pick out the word from the following which means the same as 'flimsy'.

- (a) Illegitimate (b) Legitimate (c) Fragile (d) Snobbish

II. Read the following passage carefully and answer the questions that follow by choosing the correct option.

- (1) Dietary habits formed during childhood and adolescence have both short- and long-term impacts on health. A healthy diet during adolescence predisposes to better physical health since it is associated with lower weight gain and lower risk of developing cardiovascular risk factors during adulthood. High diet quality is also imperative to prevent depression, an increasing mental health problem among the youth and young adults.
- (2) Increased independence during adolescence and other factors, such as the family's socio-economic condition and education of parents may influence dietary habits. Increased portion sizes of marketplace foods have contributed to increased caloric consumption and low diet quality.

(3) With a growing trend toward plant-based diets, there is an increasing movement toward vegetarian eating in different population groups, including adolescents. A vegetarian diet excludes meat, seafood, and products containing both, but may include eggs and dairy. Vegan diets eliminate all animal products. A national online survey conducted by Harris Poll for the Vegetarian Resource Group in 2014 indicated that 4% of youth aged 8–18 years are vegetarians while a total of 32% eat at least one vegetarian meal per week. In a 2016 national poll conducted in the United States among a representative sample of adults aged 18 years and above, 3.3% were self-reported vegetarians, half of whom claimed to be vegans.

(4) Vegetarian and vegan diets are associated with a lower risk of chronic diseases among adults. Eating lots of fruits and vegetables can reduce the risk of developing certain cancers, and there's an evidence that vegetarians have a lower incidence of cancer than non-vegetarians do. Vegetarian diet can also play an important role in the prevention and treatment of many chronic, progressive neurological diseases. It is worth remembering, however, that going veggie will not make a person healthy overnight. For people who wish to reduce their meat intake but feel this is too difficult, a gradual or partial switch may be a suitable option. To see improvements in health, it is essential to plan well, include a variety of ingredients, and make the diet part of an overall healthful lifestyle.

11. Which title from the following best describes the passage?

- (a) Vegetarian and Non-Vegetarian (b) The Secret of Chronic Diseases
(c) Healthy Dietary Habits (d) How to Prevent Depression

12. What, according to the passage, is important to prevent depression?

- (a) High-quality diet
(b) Maintaining good dietary habits since adolescence
(c) Switching over to vegetarianism after a certain age
(d) To eat only boiled food

13. Which of the following is an antonym of the word 'progressive'?

- (a) refined (b) primeval (c) contemporary (d) advanced

14. What was the percentage of those who eat at least one vegetarian meal per week?

- (a) 32% (b) 39% (c) 5% (d) None of these

15. Increased portion sizes of marketplace foods contribute to _____.

- (a) increased caloric consumption and high diet quality
(b) decreased caloric consumption and low diet quality
(c) increased caloric consumption and low diet quality
(d) increased fibrous consumption and low diet quality

16. _____ are associated with a lower risk of chronic diseases among adults.

- (a) Vegetarian and vegan diets (b) Fibrous diets
(c) Non-vegetarian diets (d) High consumption of cereals and pulses

17. Vegetarian diet can also play an important role in the prevention and treatment of many chronic _____.

- (a) diseases of the kidney (b) diseases of the brain
(c) diseases of cancer (d) diseases of the digestive system

18. Pick out the food products from those given below that are not consumed in veganism.

- A. Peanut B. Soymilk C. Yoghurt D. Ghee
E. Lentils F. Almond milk G. Cheese

- (a) A, B, G (b) C, D, G (c) B, C, F (d) A, D, G

19. The survey that found only 4% of vegetarian youth were from _____ of age.

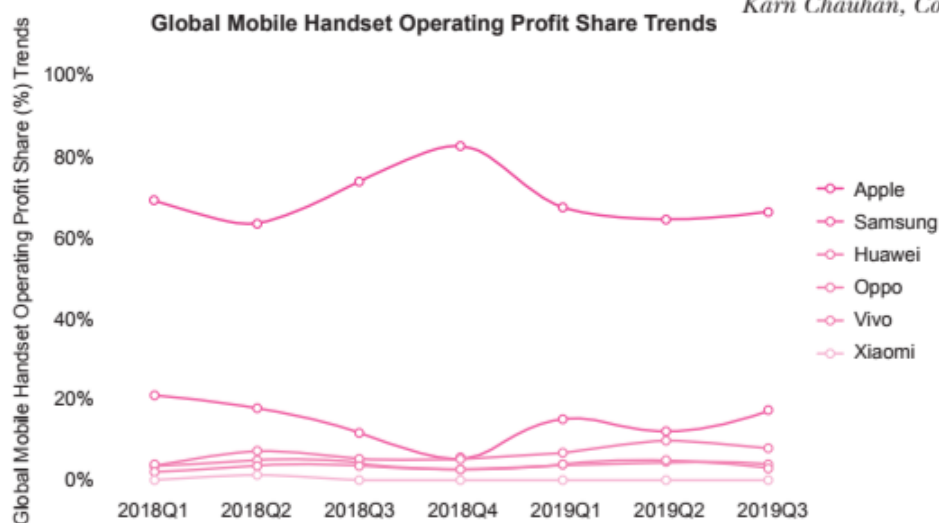
- (a) 9-19 (b) 8-12 (c) 8-28 (d) 8-18

20. According to the passage, which sentence from the following is NOT CORRECT?

- (a) Going veggie will not make a person healthy overnight.
- (b) Vegan diets eliminate all animal products.
- (c) There is an increasing movement toward vegetarian eating in different population groups.
- (d) Vegetarians have a lower incidence of cancer than vegans do.

III. Read the following passage carefully and answer the questions that follow by choosing the correct option.

- (1) Overall global handset profits declined 11% year over year to USD 12 billion in Q3 2019 due to an increased mix of entry to mid-tier products and a fall in revenues for key smartphone OEMs (Original Equipment Manufacturer).
- (2) Apple dominates the global handset market by capturing 66% of industry profits and 32% of the overall handset revenue. The loyal premium user base in the major markets like the USA, EU and Japan is one of the reasons that Apple can still operate at a profit level that its competitors can only wish for. Now with a strong service strategy, Apple's overall ecosystem is strong enough to guarantee it a steady inflow of revenue in the coming years. In the immediate future, we believe that Apple's profit for the holiday season will increase with the new line up of iPhones gaining good traction.
- (3) Samsung is a distant second, taking 17% of the overall handset Industry profits. The increased mix of Galaxy A Series along with the positive start of Galaxy Note 10 Series was the key reason for the growth.
- (4) Chinese smartphone brands operate at low-profit margins, but better than in previous years, even though they are expanding outside China and also penetrating high-tier price bands. Chinese brands offer attractive propositions to mature smartphone users with new feature-packed flagships at affordable prices. Some of these Chinese brands are also now looking at monetizing their user base by launching services like financial services, IoT products and others. However, it is becoming a challenge for Chinese brands to increase their smartphone ASPs (Average Selling Price) and margins due to a combination of longer consumer holding periods and Apple lowering pricing on some key SKUs (Stock Keeping Unit), which has limited the headroom that Chinese vendors had used to increase their ASPs.
- (5) In coming quarters, the adoption of 5G will drive some upgrades. This will likely lead to revenue growth for OEMs which are already preparing themselves ahead of full 5G commercialization.



21. In the coming quarters, what will lead to revenue growth for OEMs?

- (a) Chinese smartphones
- (b) IoT products
- (c) Adoption of 5G
- (d) 10 series

22. How do Chinese smartphone brands operate?

- (a) Through mature smartphones
- (b) Through 5G commercialization
- (c) At low-profit margins
- (d) Through longer consumer holding

23. How much percentage had overall global handset profits declined in 2019?

- (a) 11%
- (b) 66%
- (c) 32%
- (d) 17%

- 24. How can Apple's overall ecosystem guarantee a steady flow of revenue in the coming years?**
 (a) Through mature smartphone users (b) Through financial services
 (c) Through strong service strategy (d) Through a positive start
- 25. How does Apple dominate the global handset market?**
A. By capturing 66% of industry profits
B. By capturing 17% of the overall industry profits
C. By capturing 32% of the overall handset revenue
D. By capturing 11% of the revenue
 (a) B, C and D (b) A and C (c) A and D (d) B and C
- 26. Based on your reading of the passage, which statement from the following is NOT CORRECT?**
 (a) The loyal premium user base in the major markets like the USA, EU and Japan is one of the reasons that Apple can still operate at a profit level that its competitors can only wish for.
 (b) In the immediate future, we believe that Apple's profit for the holiday season will increase with the new line up of iPhones gaining good traction.
 (c) Overall global handset profits increased 11% year over year in Q3 2019 due to an increased mix of entry to mid-tier products and a fall in revenues for key smartphone OEMs.
 (d) Chinese brands offer attractive propositions to mature smartphone users with new feature-packed flagships at affordable prices
- 27. Why is Samsung at the second number?**
 (a) Because after Oppo, Samsung takes 11% of the overall revenue
 (b) Because Samsung comes second after Vivo which had a loyal premium user base
 (c) Because Samsung has steady inflow
 (d) Because after Apple, Samsung takes 17% of the overall handset industry profits.
- 28. What is becoming a challenge for Chinese brands?**
 (a) To increase their smartphone ASPs and margins (b) To guarantee a steady inflow of revenue
 (c) To gain good traction (d) To lower the profit margins
- 29. Who are the loyal premium user base in the major markets?**
A. Japan **B. USA** **C. India** **D. EU** **E. UK**
 (a) C and D (b) A, B and C (c) A, B and D (d) B and E
- 30. Which of the following word means the same as 'revenue'?**
 (a) Debt (b) Payment (c) Acquisition (d) Perquisite

IV. Read the following passage carefully and answer the questions that follow by choosing the correct option.

- (1) Corruption, terrorism, communalism, greed for power and wealth and the list of ailments that affect modern society continue. More than half the population of India is below the age group of 25 and the future of the country will only be bright if youngsters are equipped to deal with these ailments.
- (2) A child is a storehouse of potential and it is important to nurture and develop these attributes from a very young age. Since they spend much of the time in school, the curriculum in school should be such that it enables children to understand, care and practise ethical values like respect, justice and civic sense. Education should aim to develop a sense of rights and duties as well as moral values like honesty, responsibility and respect for others.
- (3) Moral education should be directed towards enhancing a child's ability to critically analyse situations, make decisions, empathise with people and work in cooperation towards a common goal.
- (4) As a means of direct instructions to students, schools are very influential in the character development of a child and the methods of education affect the development of morally upright citizens who can bring about the much needed change in the country.

- (5) The youth of today have to face a lot of problems like drug abuse, violent behaviour and family issues. If they are not taught morals, they would fail to differentiate between good and bad values. Hence, they would be incapable in dealing with different types of issues. A sound moral base would help a child make the right decisions, especially in an era where the youth is increasingly coming under the negative influence of the media.
- (6) Schools in India have introduced moral education as part of their curriculum because they realise that morally sound citizens are the need of the hour. Since most children look up to their teachers as role models, it is most appropriate that they be the facilitators of moral values.
- (7) Thus schools should focus more on the personality development of children since it is one of the most important responsibilities of a school. Schools should take the initiative to mould children into better human beings so that they can make the world a better place to live in.
- 31. What is the most important responsibility of a school?**
 (a) To tell children how to deal with ailments (b) Personality development of children
 (c) Honesty (d) Respect for others
- 32. What are the negativities influencing children?**
 (a) Direct instructions (b) Empathise with people (c) Drug abuse (d) None of these
- 33. Based on your reading of the passage, which statement from the following is CORRECT?**
 (a) The school curriculum's role in school should be to enable children to understand, care, and practice ethical values.
 (b) It is important to nurture and develop storehouse of a child.
 (c) Children spend most of the time watching television.
 (d) Education should aim to develop a sense of child's ability.
- 34. What is the role of teachers as suggested in the passage?**
 (a) To stop violent behaviour (b) To help them in making decisions
 (c) To practise rights and duties (d) To nurture students into good human beings
- 35. Enlist the reasons from the following that affect modern society.**
- | | | | |
|--------------------------------------|---------------------|-----------------------|-----------------------------|
| A. Corruption | B. Terrorism | C. Education | D. Rights and Duties |
| E. Greed for Power and Wealth | | F. Communalism | |
| (a) A, B and C | (b) C, D and E | (c) A, D, E and F | (d) A, B, E and F |
- 36. Which phrase from the following means the same as 'empathise'?**
 (a) Put yourself in another's place (b) Put yourself in every place
 (c) Put yourself in some place (d) Put yourself in another place
- 37. What would help a child in making the right decisions?**
 (a) Responsibility (b) Analysis (c) Sound moral base (d) Civic sense
- 38. Schools are _____ in the character development of a child.**
 (a) very influential (b) analyse (c) failing (d) making right decision
- 39. Select the option that makes the correct use of 'violent', as used in the passage, to fill in the blank space.**
 (a) She had found it very difficult and to manage _____ his behaviour as he was aggressive towards him.
 (b) She had found it very difficult to manage his behaviour as he was aggressive and towards _____ him.
 (c) She had found it very difficult to manage his behaviour as he was aggressive and _____ towards him.
 (d) She had found it _____ very difficult to manage his behaviour and as he was aggressive towards him.
- 39. Select the option that makes the correct use of 'violent', as used in the passage, to fill in the blank space.**
 (a) She had found it very difficult and to manage _____ his behaviour as he was aggressive towards him.
 (b) She had found it very difficult to manage his behaviour as he was aggressive and towards _____ him.
 (c) She had found it very difficult to manage his behaviour as he was aggressive and _____ towards him.
 (d) She had found it _____ very difficult to manage his behaviour and as he was aggressive towards him.

40. Which of the following would make it difficult for children to deal with issues of life?

- A. Negative influence of media
- B. Developing a strong moral base
- C. An unsteady school curriculum
- D. Good methods of education
- E. Differentiate between good and bad
- F. Problems of drug abuse, violent behaviour, family issues

(a) A, C, F

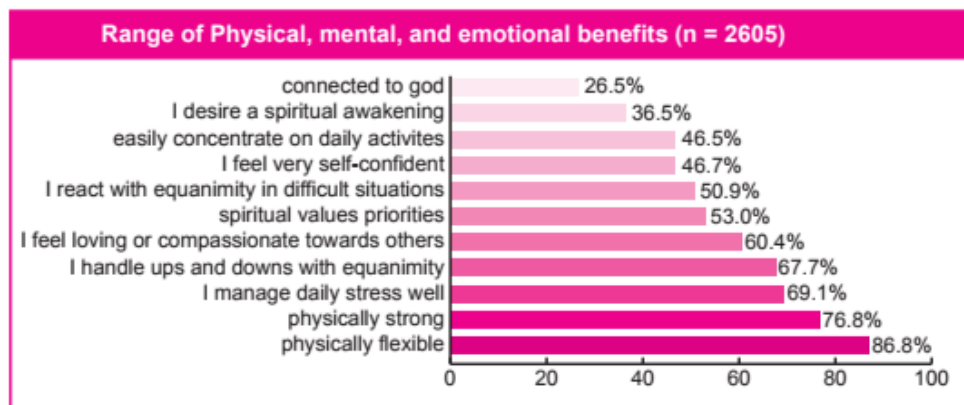
(b) A, B, D

(c) B, D, F

(d) A, D, E

V. Read the following passage carefully and answer the questions that follow by choosing the correct option.

- (1) Yoga is not a particular denomination or religion, but an age-old practice based on a harmonizing system for the body, mind, and spirit to attain inner peace and liberation.
- (2) Within the past decade, yoga has infiltrated not only Western culture, but also Western medicine. The more we learn about this ancient practice, the more we realize that its benefits go far beyond increased flexibility and muscle tone. A common misunderstanding is that yoga predominantly focuses on increasing flexibility; however, the physical practice of yoga, does emphasize appropriate postural alignment, musculoskeletal strength and endurance as well as balance. The study and practice of yoga incorporates mindfulness-based practices such as mindful breathing techniques, focused concentration, meditation and self-reflection.
- (3) We give undue importance to our health and the treatment of diseases. A large number of medicines treat only the symptoms of the disease, and not the root cause. In fact, the cause of many chronic ailments is still being researched. It is here that yoga therapy comes to our assistance. Yoga emphasizes treatment of the root cause of an ailment. It works in a slow, subtle and miraculous manner. Modern medicine can claim to save a life at a critical stage, but, for complete recovery and regaining of normal health, one must believe in the efficiency of yoga therapy.



- (4) The yogic way of life includes a code of ethics, regulations, discipline, combined with prayer and meditation. Even a discussion of these subjects helps one relieve mental tensions and change attitudes. Simple asanas help to stretch and relax the whole body and release tensions. The sincere practice of yoga postures is beneficial for the mind and body.
- (5) The continued practice of yoga has a profound effect on the inner dimensions of life. Yoga aims at developing the mental, physical, spiritual and emotional facilities. Other forms of physical exercise, like aerobics, assure only physical well-being. They have little to do with the development of the soul and mind.

41. What does the phrase 'Chronic ailments' refer to?

(a) They are short-term diseases.

(b) They are recurrent and last for a long time.

(c) They are communicable diseases.

(d) They are deficiency diseases.

42. What is a common misunderstanding about yoga?

(a) That it focuses on increasing flexibility

(b) That it focuses on musculoskeletal strength

(c) That it focuses on meditation

(d) That it focuses on balance

43. Which word from those given below is the synonym of 'subtle'?

(a) Beguiling

(b) Obvious

(c) Guileless

(d) Innocent

- 44. Based on your reading of the passage, which statement from the following is CORRECT?**
 (a) Physical exercises focus more on the soul and mind.
 (b) The continued practice of yoga has a profound effect on the outer dimensions of life.
 (c) Yoga emphasizes treatment of the symptoms of an ailment.
 (d) The yogic way of life includes a code of ethics, regulations, discipline, combined with prayer and meditation.
- 45. How does yoga therapy work?**
 (a) It works in a slow, harsh and credible manner. (b) It works in a slow, subtle and miraculous manner.
 (c) It works in a strict manner. (d) It works in a strict and miraculous manner.
- 46. What has yoga infiltrated within the past decade?**
A. Western philosophy B. Western culture C. Western manner D. Western medicine
 (a) A and C (b) B and D (c) B and D (d) C and D
- 47. How is yoga different from other forms of treatment?**
 (a) It emphasizes on the treatment of the root cause of an ailment.
 (b) It focuses more on the physical body.
 (c) It emphasizes on the treatment of the symptoms of an ailment.
 (d) It focuses more on the soul and mind.
- 48. How does the sincere practice of yoga benefit us?**
 (a) Helps to stretch the whole body
 (b) Reduces stress
 (c) Is beneficial for the mind, body and concentration
 (d) Is beneficial to save a life at a critical stage
- 49. Yoga aims at developing the _____ whereas physical exercises only develop the _____.**
 (a) normal health; soul
 (b) physical, mental, spiritual and emotional faculties; body
 (c) physical well-being; body
 (d) body; emotional faculty
- 50. 'Simple Asanas' help:**
 (a) to stretch and relax the whole body and release tensions
 (b) in physical well-being
 (c) in retreating soul and mind
 (d) in combining prayer and meditation

PRACTICE PAPER-15

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|---------|---------|---------|---------|---------|---------|---------|
| 1. (b) | 2. (d) | 3. (a) | 4. (c) | 5. (b) | 6. (d) | 7. (d) |
| 8. (c) | 9. (b) | 10. (c) | 11. (c) | 12. (a) | 13. (b) | 14. (a) |
| 15. (c) | 16. (a) | 17. (b) | 18. (b) | 19. (d) | 20. (d) | 21. (c) |
| 22. (c) | 23. (a) | 24. (c) | 25. (b) | 26. (c) | 27. (d) | 28. (a) |
| 29. (c) | 30. (c) | 31. (b) | 32. (c) | 33. (b) | 34. (d) | 35. (d) |
| 36. (a) | 37. (c) | 38. (a) | 39. (c) | 40. (a) | 41. (b) | 42. (a) |
| 43. (a) | 44. (d) | 45. (b) | 46. (a) | 47. (a) | 48. (a) | 49. (b) |
| 50. (a) | | | | | | |