

## UNIT-10

## A Boy Who Hated Vegetables!

### ACTIVITY - 1



A) What do you see in this picture?

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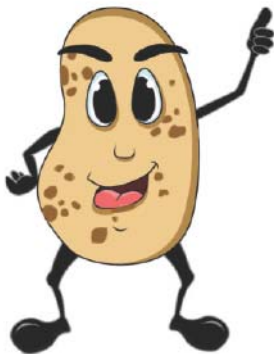
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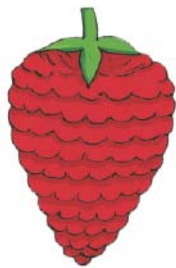
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What is your favourite dish?

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B) Identify the following vegetables and fruits.





## ACTIVITY - 2

Now listen to the Part-1 of the story as your teacher reads.

### Part - 1 A BOY WHO HATED VEGETABLES!

Jeet was very fond of chocolates. He also loved the tasty dishes his mother made. However, he would never eat any vegetable. His mother would get angry - but for any vegetable dish Jeet would always say a loudly "NO!"

He did not like to eat any vegetable. Name any vegetable and Jeet would turn his face away. He would not look at even carrot (gajar) halwa topped with nuts and raisins.

Jeet's father and mother would get very angry. But all the vegetables would feel more angry and



hurt. “Jeet does not like me. I also do not like him,” growled Mr. Potato, one day.

“See how he hates me!” cried Carrot tops angrily. “I would like to spank the fellow!” said Miss Bhindi. “And I know how to deal with this stubborn boy!” Mr. Karela said with a naughty smile. By the time dinner was ready, all the vegetables had worked out their plan.

Jeet was fond of pizza. When the pizza was brought to the table, he greedily put a piece of pizza in his mouth. “Oh! This pizza is bitter!” he cried. He did not know that Mr. Karela had squeezed his juice on his plate.

“Rubbish!” his father shouted.

### ACTIVITY - 3

Answer the following questions based on the above story.

1. Which characters have been mentioned so far?

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2. Jeet was fond of chocolates. What do you like to eat?

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3. Ask your classmates about their favourite dish.

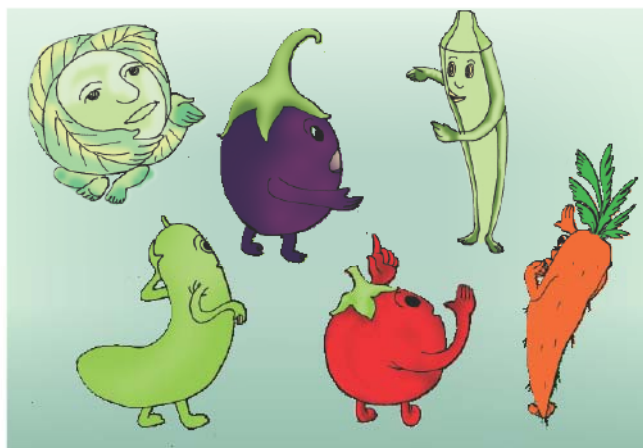
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### ACTIVITY - 4

#### Part-2

But Jeet said, “It is really bitter, Papa,” and asked for chocolate biscuit cake. When the chocolate biscuit cake was being brought, a cauliflower threw a big lump of salt into it. Jeet put a piece of chocolate biscuit cake into his mouth. He found it so salty that he could not swallow it. “The chocolate biscuit cake is salty, Mummy!”

But his mother and father did not believe him. All he got was a spanking for being such a grumpy boy. Jeet remained hungry. In the middle of the night, Jeet crept







hungrily to the fridge. He took out a slab of chocolate and took a big bite. But his tongue burnt because the vegetables had rubbed chilies on the chocolate.

His mouth burnt, Jeet turned to a big bowl of gajar halwa. He put a spoonful into his mouth. “Aha!” The halwa tested so sweet and nice! He took another spoonful and then another. It surprised him that gajar halwa could be so tasty. And he had always refused to eat it! He liked it so much that he ate up all the halwa in the bowl.

Next morning, Jeet’s mother opened the fridge to take out milk for making tea. She found the bowl of gajar halwa empty. “Who has eaten the gajar halwa?” she asked.

“I ate it, Mummy!” Jeet said.

“You! You hate vegetables, don't you?” “Yes, Mummy, I did hate vegetables. But I don't any more!”

Jeet’s mother was happy. “Good boy,” she said and hugged him.

### Helpline

For activity 2 and 4, once you have completed reading, allow students to read the text on their own. Encourage students to mark words that are unfamiliar to them while reading. Don't give meanings directly. When students don't know a word, first encourage them to ask other classmates if they know the unfamiliar word. In this way, the entire vocabulary of the class is raised with a little effort.



### ACTIVITY - 5

**Read the part-1 and 2 of the story. Arrange the following sentences in proper order and rewrite them in your notebook.**

1. Jeet turned to a big bowl of gajar halwa and he ate up all Halwa in the bowl.
2. In the middle of the night, Jeet crept hungrily to the fridge.
3. Jeet did not like to eat vegetables.
4. Jeet turned to a big bowl of gajar halwa.
5. He found pizza very bitter.
6. Then Jeet put a piece of chocolate biscuit cake into his mouth and he found it so salty.
7. But his tongue burnt because the vegetables had rubbed chillies on to the chocolate.
8. He took out a slab of chocolate and took a big bite. But his tongue burnt because the vegetables had rubbed chillies on the chocolate.
9. A chocolate biscuit cake was being brought to him. Jeet put a piece of chocolate biscuit cake into his mouth. He found it so salty .
10. He greedily put a piece of pizza into his mouth.

### ACTIVITY - 6

**Say the following tongue twister as fast as you can :**

Fresh fried fish, fish fresh fried, fried fish fresh, fish fried fresh.

**Now work in pairs and write more tongue twisters related to food. Share it with your classmates.**

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**Listen to the tongue twisters your classmates wrote.**

### Helpline

Allow students to use internet for finding tongue twisters related to food or anything else.

### ACTIVITY - 7 A

**Here are some scrambled words related to fruits, vegetables, junk food and all the delicious food we eat every day are given. Arrange letters and make meaningful words.**

Paizz	
Aogern	
Taryrebwsr	
Nrco	
Oomtta	
Rcie	
eechse	
Lppae	
Oaotpt	
Uops	

### ACTIVITY - 7 B

**Classify the following words according to the categories given on the next page :**

Water, cabbage, strawberry, chips, orange juice, onions, mango, pizza, coke, potato, lemon, sandwich, soda, mushroom, peach, French fries, coffee, carrot, apple, burger

Fast Food	Fruits	Vegetables	Drinks

### ACTIVITY - 8

Colour the following picture using different colours. List the things which you can see in the picture.



### Helpline

Here the goal is to produce language only. There are no right answers to the language task. The 'best' answers are the original ideas that your students can imagine.

## ACTIVITY - 9

Read and enjoy.

### WHO AM I?

Chop me and slice me  
But keep water near.  
I sometimes get juicy  
And can bring on a tear! –  
Tell me who am I? \_\_\_\_\_

I carry white flowers  
To break off and eat.  
I'm sometimes served raw,  
A nutritious snack treat! –  
Tell me who am I? \_\_\_\_\_

I am the queen of fields,  
Mother of all vitamins,  
Soft inside, but from the top  
Look like proud orange globe.  
Tell me who am I? \_\_\_\_\_

## ACTIVITY - 10

Read the poem and enjoy.

Green vegetables and fresh fruits,  
Carrots, tomatoes and orange juice.  
Mummy says, "Eat them all".  
It makes us healthy and strong.  
What is your favourite fruit dish?



**Ask your classmates about their favourite dish. Make a chart showing all the dishes that classmates like best. Count how many classmates like each dish.**

<b>Favourite dishes of Classmates</b>	<b>Number of classmate who like each dish</b>

### **Helpline**

For the dish chart, demonstrate by asking a child for a favourite dish. tell the students to write the name of the dish a classmate says, but the second time they hear the dish, they will add to count to show that two students like the same dish. Every time he hears a dish that other students like as well, he adds to the count.

### **Learning outcomes**

#### **Vocabulary**

growled, spank, greedily, angrily, crept etc.

#### **Language**

Narrating past events  
Reading tongue twisters and reciting rhymes

#### **Skills**

Listening and Reading  
Speaking and Writing

#### **Teaching goals:**

Health awareness through a story on vegetables  
To enrich language through pair or group work