7.1.1 Epithelial Tissue

We commonly refer to an epithelial tissue as epithelium (pl.: epithelia). This tissue has a free surface, which faces either a body fluid or the outside environment and thus provides a covering or a lining for some part of the body. The cells are compactly packed with little intercellular matrix. There are two types of epithelial tissues namely **simple epithelium** and **compound epithelium**. Simple epithelium is composed of a single layer of cells and functions as a lining for body cavities, ducts, and tubes. The compound epithelium consists of two or more cell layers and has protective function as it does in our skin.

On the basis of structural modification of the cells, simple epithelium is further divided into three types. These are (i) Squamous, (ii) Cuboidal, (iii) Columnar (Figure 7.1).

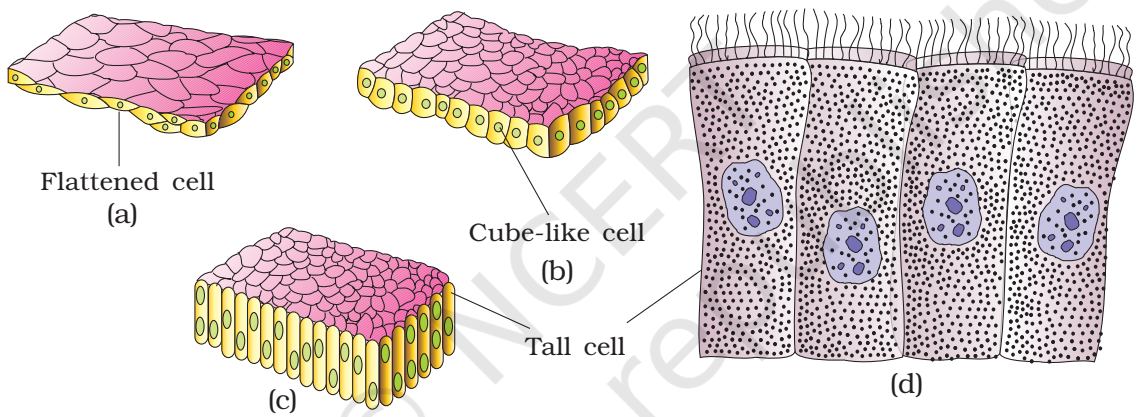


Figure 7.1 Simple epithelium: (a) Squamous (b) Cuboidal (c) Columnar (d) Columnar cells bearing cilia

The **squamous epithelium** is made of a single thin layer of flattened cells with irregular boundaries. They are found in the walls of blood vessels and air sacs of lungs and are involved in functions like forming a diffusion boundary. The **cuboidal epithelium** is composed of a single layer of cube-like cells. This is commonly found in ducts of glands and tubular parts of nephrons in kidneys and its main functions are secretion and absorption. The epithelium of proximal convoluted tubule (PCT) of nephron in the kidney has microvilli. The **columnar epithelium** is composed of a single layer of tall and slender cells. Their nuclei are located at the base. Free surface may have microvilli. They are found in the lining of stomach and intestine and help in secretion and absorption. If the columnar or cuboidal cells bear cilia on their free surface they are called **ciliated epithelium** (Figure 7.1d). Their function is to move particles or mucus in a specific direction over the epithelium. They are mainly present in the inner surface of hollow organs like bronchioles and fallopian tubes.

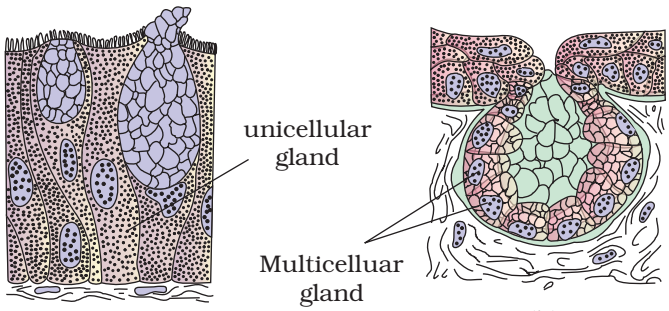


Figure 7.2 Glandular epithelium : (a) Unicellular (b) Multicellular

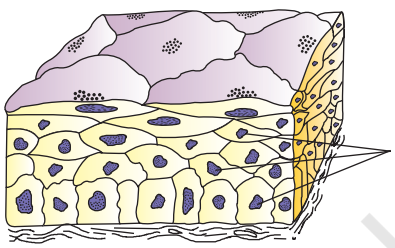


Figure 7.3 Compound epithelium

Some of the columnar or cuboidal cells get specialised for secretion and are called **glandular epithelium** (Figure 7.2). They are mainly of two types: unicellular, consisting of isolated glandular cells (goblet cells of the alimentary canal), and multicellular, consisting of cluster of cells (salivary gland). On the basis of the mode of pouring of their secretions, glands are divided into two categories namely **exocrine** and **endocrine** glands. Exocrine glands secrete mucus, saliva, earwax, oil, milk, digestive enzymes and other cell products. These products are released through ducts or tubes. In contrast, endocrine glands do not have ducts. Their products called hormones are secreted directly into the fluid bathing the gland.

Compound epithelium is made of more than one layer (multi-layered) of cells and thus has a limited role in secretion and absorption (Figure 7.3). Their main function is to provide protection against chemical and mechanical stresses. They cover the dry surface of the skin, the moist surface of buccal cavity, pharynx, inner lining of ducts of salivary glands and of pancreatic ducts.

All cells in epithelium are held together with little intercellular material. In nearly all animal tissues, specialised junctions provide both structural and functional links between its individual cells. Three types of cell junctions are found in the epithelium and other tissues. These are called as tight, adhering and gap junctions. **Tight junctions** help to stop substances from leaking across a tissue. **Adhering junctions** perform cementing to keep neighbouring cells together. **Gap junctions** facilitate the cells to communicate with each other by connecting the cytoplasm of adjoining cells, for rapid transfer of ions, small molecules and sometimes big molecules.

7.1.2 Connective Tissue

Connective tissues are most abundant and widely distributed in the body of complex animals. They are named connective tissues because of their special function of linking and supporting other tissues/organs of the body. They range from soft connective tissues to specialised types, which

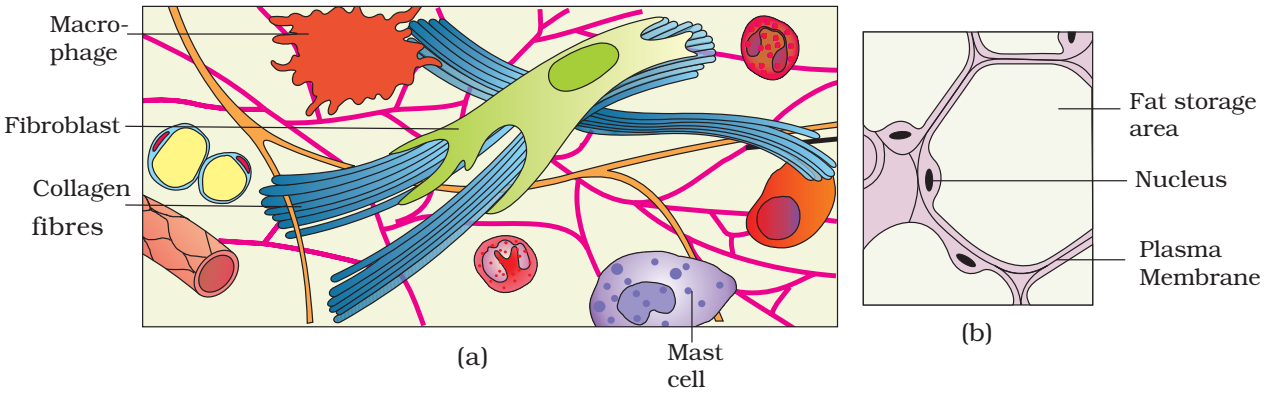


Figure 7.4 Loose connective tissue : (a) Areolar tissue (b) Adipose tissue

include cartilage, bone, adipose, and blood. In all connective tissues except blood, the cells secrete fibres of structural proteins called collagen or elastin. The fibres provide strength, elasticity and flexibility to the tissue. These cells also secrete modified polysaccharides, which accumulate between cells and fibres and act as matrix (ground substance). Connective tissues are classified into three types: (i) Loose connective tissue, (ii) Dense connective tissue and (iii) Specialised connective tissue.

Loose connective tissue has cells and fibres loosely arranged in a semi-fluid ground substance, for example, **areolar tissue** present beneath the skin (Figure 7.4). Often it serves as a support framework for epithelium. It contains fibroblasts (cells that produce and secrete fibres), macrophages and mast cells. **Adipose tissue** is another type of loose connective tissue located mainly beneath the skin. The cells of this tissue are specialised to store fats. The excess of nutrients which are not used immediately are converted into fats and are stored in this tissue.

Fibres and fibroblasts are compactly packed in the **dense connective tissues**. Orientation of fibres show a regular or irregular pattern and are called **dense regular** and **dense irregular tissues**. In the dense regular connective tissues, the collagen fibres are present in rows between many parallel bundles of fibres. Tendons, which attach skeletal muscles to bones and ligaments which attach one bone to another are examples of this tissue. Dense irregular connective tissue has fibroblasts and many fibres (mostly collagen) that are oriented differently (Figure 7.5). This tissue is present in the skin. Cartilage,

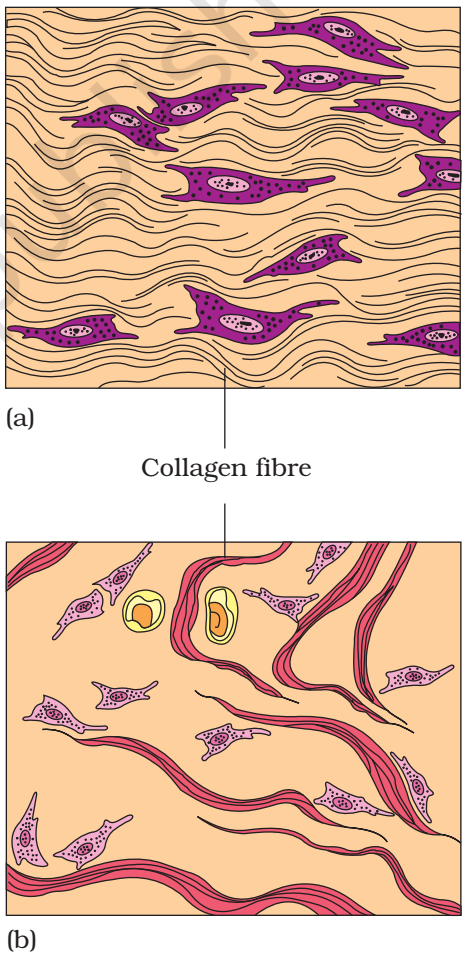


Figure 7.5 Dense connective tissue:
(a) Dense regular
(b) Dense irregular

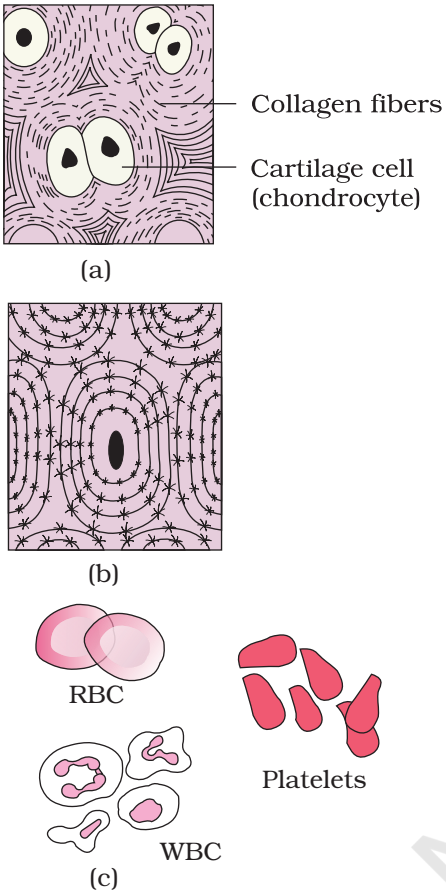


Figure 7.6 Specialised connective tissues : (a) Cartilage (b) Bone (c) Blood

bones and blood are various types of **specialised connective tissues**.

The intercellular material of **cartilage** is solid and pliable and resists compression. Cells of this tissue (chondrocytes) are enclosed in small cavities within the matrix secreted by them (Figure 7.6a). Most of the cartilages in vertebrate embryos are replaced by bones in adults. Cartilage is present in the tip of nose, outer ear joints, between adjacent bones of the vertebral column, limbs and hands in adults.

Bones have a hard and non-pliable ground substance rich in calcium salts and collagen fibres which give bone its strength (Figure 7.6b). It is the main tissue that provides structural frame to the body. Bones support and protect softer tissues and organs. The bone cells (osteocytes) are present in the spaces called lacunae. Limb bones, such as the long bones of the legs, serve weight-bearing functions. They also interact with skeletal muscles attached to them to bring about movements. The bone marrow in some bones is the site of production of blood cells.

Blood is a fluid connective tissue containing plasma, red blood cells (RBC), white blood cells (WBC) and platelets (Figure 7.6c). It is the main circulating fluid that helps in the transport of various substances. You will learn more about blood in Chapters 17 and 18.

7.1.3 Muscle Tissue

Each muscle is made of many long, cylindrical fibres arranged in parallel arrays. These fibres are composed of numerous fine fibrils, called myofibrils. Muscle fibres contract (shorten) in response to stimulation, then relax (lengthen) and return to their uncontracted state in a coordinated fashion. Their action moves the body to adjust to the changes in the environment and to maintain the positions of the various parts of the body. In general, muscles play an active role in all the movements of the body. Muscles are of three types, skeletal, smooth, and cardiac.

Skeletal muscle tissue is closely attached to skeletal bones. In a typical muscle such as the biceps, striated (striped) skeletal muscle fibres are bundled together in a parallel fashion (Figure 7.7a). A sheath of tough connective tissue encloses several bundles of muscle fibres (You will learn more about this in Chapter 20).

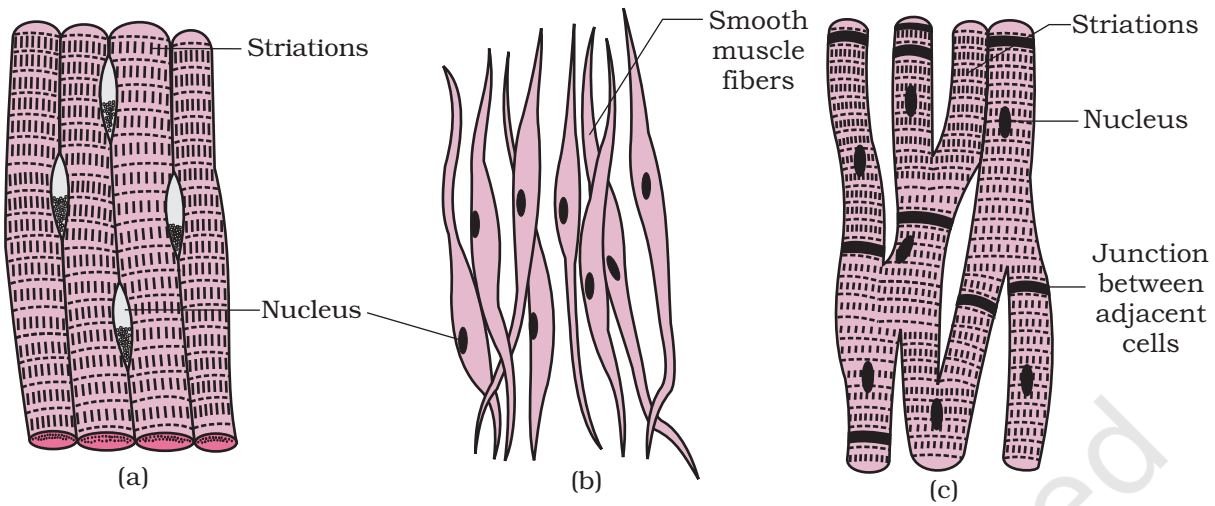


Figure 7.7 Muscle tissue : (a) Skeletal (striated) muscle tissue (b) Smooth muscle tissue (c) Cardiac muscle tissue

The **smooth muscle** fibres taper at both ends (fusiform) and do not show striations (Figure 7.7b). Cell junctions hold them together and they are bundled together in a connective tissue sheath. The wall of internal organs such as the blood vessels, stomach and intestine contains this type of muscle tissue. Smooth muscles are 'involuntary' as their functioning cannot be directly controlled. We usually are not able to make it contract merely by thinking about it as we can do with skeletal muscles.

Cardiac muscle tissue is a contractile tissue present only in the heart. Cell junctions fuse the plasma membranes of cardiac muscle cells and make them stick together (Figure 7.7c). Communication junctions (intercalated discs) at some fusion points allow the cells to contract as a unit, i.e., when one cell receives a signal to contract, its neighbours are also stimulated to contract.

7.1.4 Neural Tissue

Neural tissue exerts the greatest control over the body's responsiveness to changing conditions. Neurons, the unit of neural system are excitable cells (Figure 7.8). The neuroglial cell which constitute the rest of the neural system protect and support neurons. Neuroglia make up more than one-half the volume of neural tissue in our body.

When a neuron is suitably stimulated, an electrical disturbance is generated which swiftly travels along its plasma

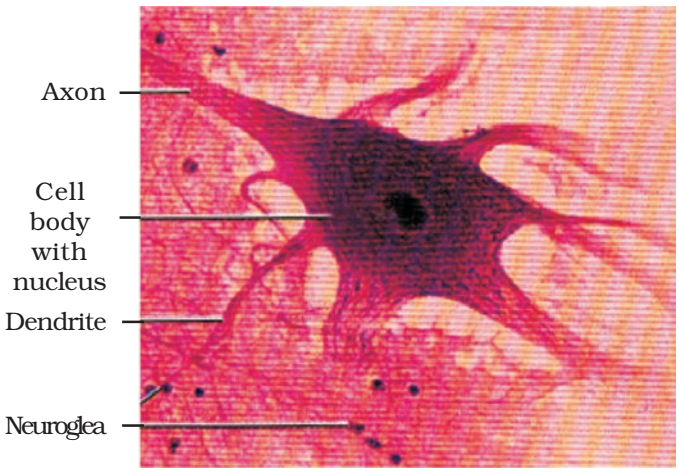


Figure 7.8 Neural tissue (Neuron with neuroglea)

membrane. Arrival of the disturbance at the neuron's endings, or output zone, triggers events that may cause stimulation or inhibition of adjacent neurons and other cells (You will study the details in Chapter 21).

7.2 ORGAN AND ORGAN SYSTEM

The basic tissues mentioned above organise to form organs which in turn associate to form organ systems in the multicellular organisms. Such an organisation is essential for more efficient and better coordinated activities of millions of cells constituting an organism. Each organ in our body is made of one or more type of tissues. For example, our heart consists of all the four types of tissues, i.e., epithelial, connective, muscular and neural. We also notice, after some careful study that the complexity in organ and organ systems displays certain discernable trend. This discernable trend is called evolutionary trend (You will study the details in class XII). You are being introduced to morphology and anatomy of three organisms at different evolutionary levels to show their organisation and functioning. Morphology refers to study of form or externally visible features. In the case of plants or microbes, the term morphology precisely means only this. In case of animals this refers to the external appearance of the organs or parts of the body. The word anatomy conventionally is used for the study of morphology of internal organs in the animals. You will learn the morphology and anatomy of earthworm, cockroach and frog representing invertebrates and vertebrates.

7.3 EARTHWORM

Earthworm is a reddish brown terrestrial invertebrate that inhabits the upper layer of the moist soil. During day time, they live in burrows made by boring and swallowing the soil. In the gardens, they can be traced by their faecal deposits known as worm castings. The common Indian earthworms are *Pheretima* and *Lumbricus*.

7.3.1 Morphology

Earthworms have long cylindrical body. The body is divided into more than hundred short segments which are similar (metameres about 100-120 in number). The dorsal surface of the body is marked by a dark median mid dorsal line (dorsal blood vessel) along the longitudinal axis of the body. The ventral surface is distinguished by the presence of genital openings (pores). Anterior end consists of the mouth and the prostomium, a lobe which serves as a covering for the mouth and as a wedge to force open cracks in the soil into which the earthworm may crawl. The prostomium is sensory in function. The first body segment is called the peristomium (buccal segment) which contains the mouth. In a mature worm, segments

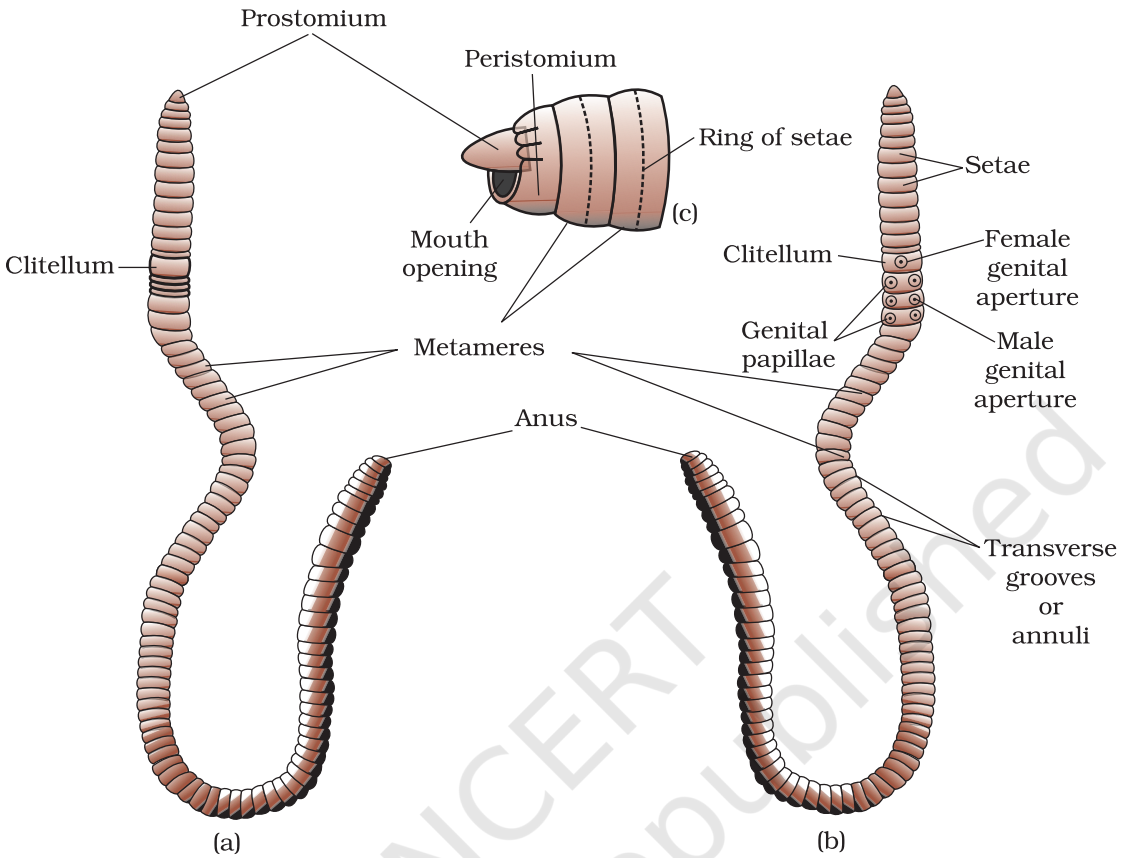


Figure 7.9 Body of earthworm : (a) dorsal view (b) ventral view (c) lateral view showing mouth opening

14-16 are covered by a prominent dark band of glandular tissue called **clitellum**. Thus the body is divisible into three prominent regions – preclitellar, clitellar and postclitellar segments (Figure 7.9).

Four pairs of spermathecal apertures are situated on the ventro-lateral sides of the intersegmental grooves, i.e., 5^{th} -9^{th} segments. A single female genital pore is present in the mid-ventral line of 14^{th} segment. A pair of male genital pores are present on the ventro-lateral sides of the 18^{th} segment. Numerous minute pores called nephridiopores open on the surface of the body. In each body segment, except the first, last and clitellum, there are rows of S-shaped **setae**, embedded in the epidermal pits in the middle of each segment. Setae can be extended or retracted. Their principal role is in locomotion.

7.3.2 Anatomy

The body wall of the earthworm is covered externally by a thin non-cellular cuticle below which is the epidermis, two muscle layers (circular and longitudinal) and an innermost coelomic epithelium. The epidermis is made

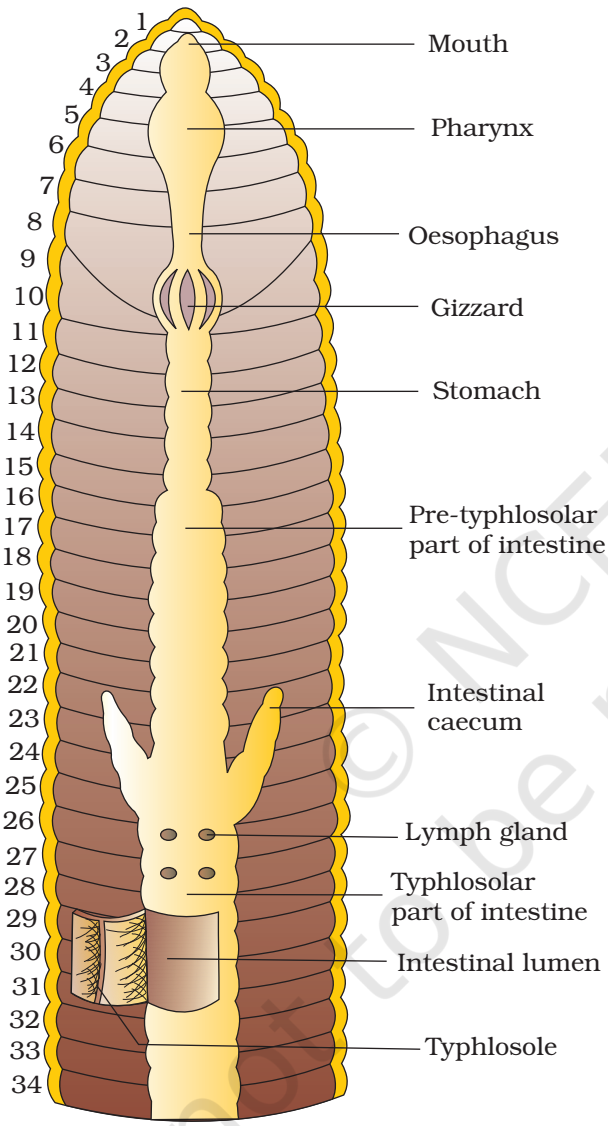


Figure 7.10 Alimentary canal of earthworm

up of a single layer of columnar epithelial cells which contain secretory gland cells.

The alimentary canal is a straight tube and runs between first to last segment of the body. (Figure 7.10). A terminal mouth opens into the buccal cavity (1-3 segments) which leads into muscular pharynx. A small narrow tube, oesophagus (5-7 segments), continues into a muscular gizzard (8-9 segments). It helps in grinding the soil particles and decaying leaves, etc. The stomach extends from 9-14 segments. The food of the earthworm is decaying leaves and organic matter mixed with soil. Calciferous glands, present in the stomach, neutralise the humic acid present in humus. Intestine starts from the 15th segment onwards and continues till the last segment. A pair of short and conical intestinal caecae project from the intestine on the 26th segment. The characteristic feature of the intestine after 26th segment except the last 23rd-25th segments is the presence of internal median fold of dorsal wall called **typhlosole**. This increases the effective area of absorption in the intestine. The alimentary canal opens to the exterior by a small rounded aperture called anus. The ingested organic rich soil passes through the digestive tract where digestive enzymes breakdown complex food into smaller absorbable units. These simpler molecules are absorbed through intestinal membranes and are utilised.

Pheretima exhibits a closed type of blood vascular system, consisting of blood vessels, capillaries and heart. (Figure 7.11). Due to closed circulatory system, blood is confined to the heart and blood vessels. Contractions keep blood circulating in one direction. Smaller blood vessels supply the gut, nerve cord, and the body wall. Blood glands are present on the 4th, 5th and 6th segments. They produce blood cells and haemoglobin which is dissolved in blood plasma. Blood cells are phagocytic in nature. Earthworms lack specialised breathing devices. Respiratory exchange occurs through moist body surface into their blood stream.

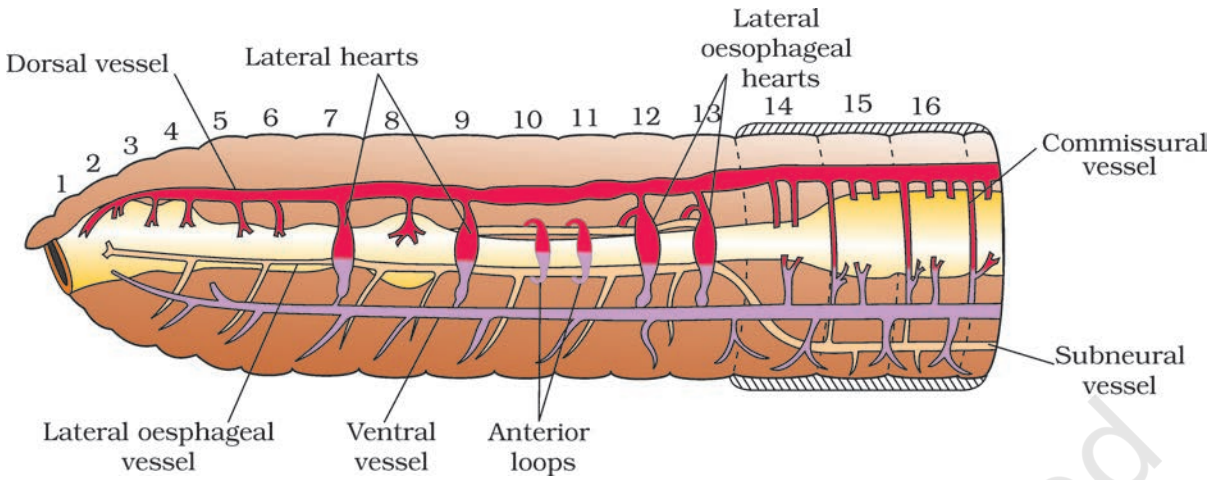


Figure 7.11 Closed circulatory system

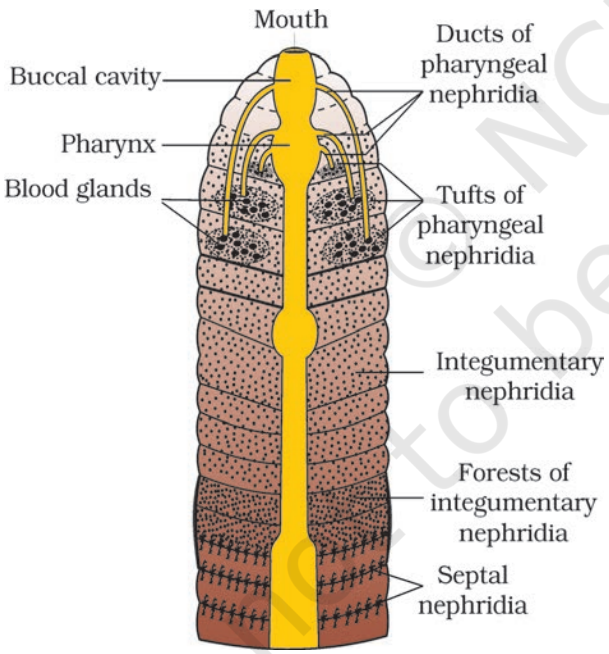


Figure 7.12 Nephridial system in earthworm

The excretory organs occur as segmentally arranged coiled tubules called nephridia (sing.: *nephridium*). They are of three types: (i) septal nephridia, present on both the sides of intersegmental septa of segment 15 to the last that open into intestine, (ii) integumentary nephridia, attached to lining of the body wall of segment 3 to the last that open on the body surface and (iii) pharyngeal nephridia, present as three paired tufts in the 4th, 5th and 6th segments (Figure 7.12). These different types of nephridia are basically similar in structure. Nephridia regulate the volume and composition of the body fluids. A nephridium starts out as a funnel that collects excess fluid from coelomic chamber. The funnel connects with a tubular part of the nephridium which delivers the wastes through a pore to the surface in the body wall into the digestive tube.

Nervous system is basically represented by ganglia arranged segmentwise on the ventral paired nerve cord. The nerve cord in the anterior region (3rd and 4th segments) bifurcates, laterally encircling the pharynx and joins the cerebral ganglia dorsally to form a nerve ring. The cerebral ganglia alongwith other nerves in the ring integrate sensory input as well as command muscular responses of the body.

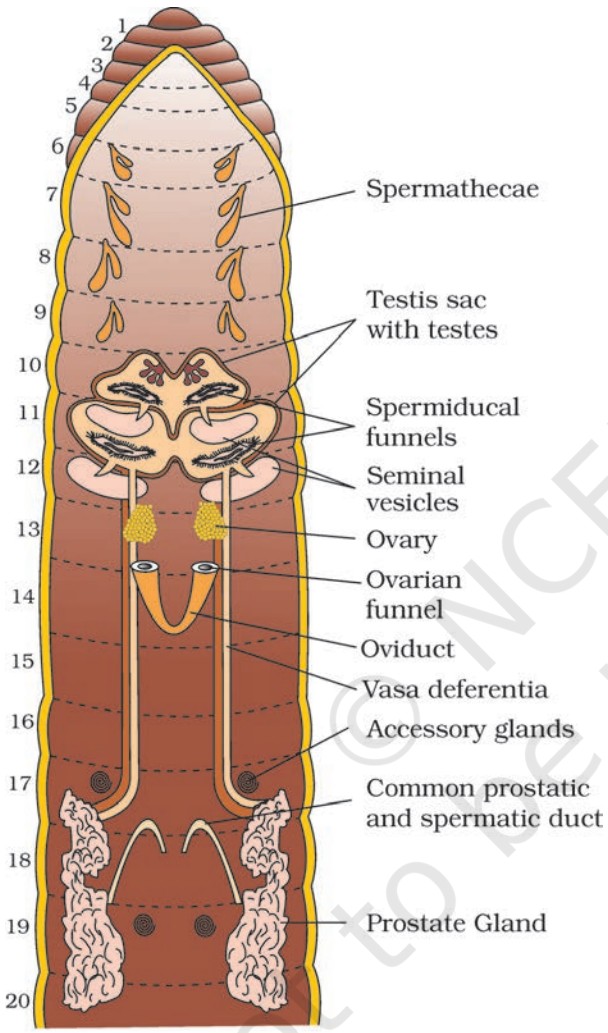


Figure 7.13 Reproductive system of earthworm

Sensory system does not have eyes but does possess light and touch sensitive organs (receptor cells) to distinguish the light intensities and to feel the vibrations in the ground. Worms have specialised chemoreceptors (taste receptors) which react to chemical stimuli. These sense organs are located on the anterior part of the worm.

Earthworm is hermaphrodite (bisexual), i.e., testes and ovaries are present in the same individual (Figure 7.13). There are two pairs of testes present in the 10th and 11th segments. Their vasa deferentia run up to the 18th segment where they join the prostatic duct. Two pairs of accessory glands are present one pair each in the 17th and 19th segments. The common prostate and spermatic duct (*vasa deferentia*) opens to the exterior by a pair of male genital pores on the ventro-lateral side of the 18th segment. Four pairs of spermathecae are located in 6th-9th segments (one pair in each segment). They receive and store spermatozoa during copulation. One pair of ovaries is attached at the inter-segmental septum of the 12th and 13th segments. Ovarian funnels are present beneath the ovaries which continue into oviduct, join together and open on the ventral side as a single median female genital pore on the 14th segment.

A mutual exchange of sperm occurs between two worms during mating. One worm has to find another worm and they mate juxtaposing opposite gonadal openings exchanging packets of sperms called spermatophores. Mature sperm and egg cells and nutritive fluid are deposited in cocoons produced by the gland cells of clitellum. Fertilisation and development occur within the cocoons which are deposited in soil. The ova (eggs) are fertilised by the sperm cells within the cocoon which then slips off the worm and is deposited in or on the soil. The cocoon holds the worm embryos. After about 3 weeks, each cocoon produces two to twenty baby worms with an average of four. Development of earthworms is direct, i.e., there is no larva formed.

Earthworms are known as 'friends of farmers' because they make burrows in the soil and make it porous which helps in respiration and penetration of the developing plant roots. The process of increasing fertility of soil by the earthworms is called vermicomposting. They are also used as bait in game fishing.

7.4 COCKROACH

Cockroaches are brown or black bodied animals that are included in class Insecta of Phylum Arthropoda. Bright yellow, red and green coloured cockroaches have also been reported in tropical regions. Their size ranges from ¼ inches to 3 inches (0.6-7.6 cm) and have long antenna, legs and flat extension of the upper body wall that conceals head. They are nocturnal omnivores that live in damp places throughout the world. They have become residents of human homes and thus are serious pests and vectors of several diseases.

7.4.1 Morphology

The adults of the common species of cockroach, *Periplaneta americana* are about 34-53 mm long with wings that extend beyond the tip of the abdomen in males. The body of the cockroach is segmented and divisible into three distinct regions – head, thorax and abdomen (Figure 7.14). The entire body is covered by a hard chitinous exoskeleton (brown in colour). In each segment, exoskeleton has hardened plates called sclerites (tergites dorsally and sternites ventrally) that are joined to each other by a thin and flexible articular membrane (arthrodial membrane).

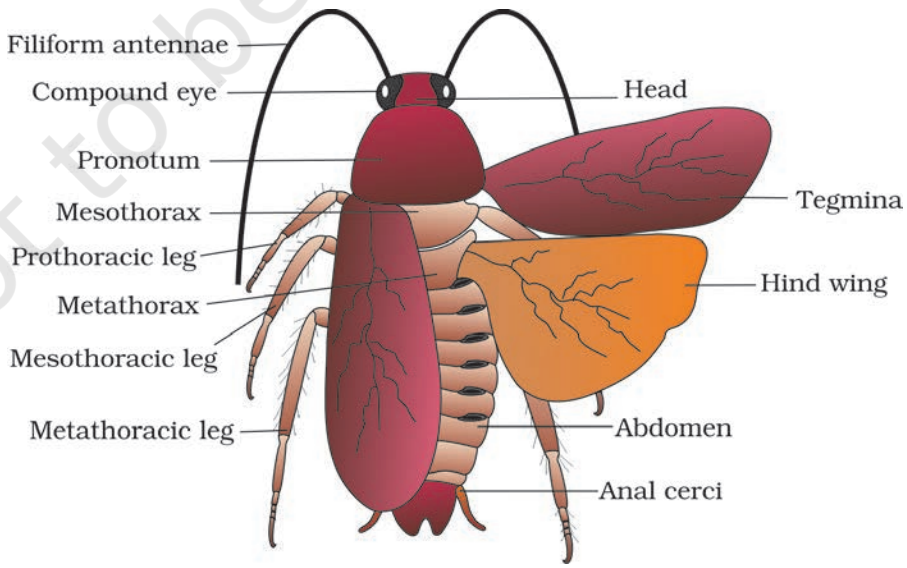


Figure 7.14 External features of cockroach

Head is triangular in shape and lies anteriorly at right angles to the longitudinal body axis. It is formed by the fusion of six segments and shows great mobility in all directions due to flexible neck (Figure 7.15). The head capsule bears a pair of compound eyes. A pair of thread like antennae arise from membranous sockets lying in front of eyes. Antennae have sensory receptors that help in monitoring the environment. Anterior end of the head bears appendages forming biting and chewing type of mouth parts. The mouthparts consisting of a labrum (upper lip), a pair of mandibles, a pair of maxillae and a labium (lower lip). A median flexible lobe, acting as tongue (hypopharynx), lies within the cavity enclosed by the mouthparts (Figure 7.15b). Thorax consists of three parts – prothorax, mesothorax and metathorax. The head is connected with thorax by a short extension of the prothorax known as the neck. Each thoracic segment bears a pair of walking legs. The first pair of wings arises from mesothorax and the second pair from metathorax. Forewings (mesothoracic) called tegmina are opaque dark and leathery and cover the hind wings when at rest. The hind wings are transparent, membranous and are used in flight.

The abdomen in both males and females consists of 10 segments. In females, the 7th sternum is boat shaped and together with the 8th and 9th sterna forms a brood or genital pouch whose anterior part contains female gonopore, spermathecal pores and collateral glands. In males, genital pouch or chamber lies at the hind end of abdomen bounded dorsally by 9th and 10th terga and ventrally by the 9th sternum. It contains dorsal anus, ventral male genital pore and gonapophysis. Males bear a pair of short, thread-like anal styles which are absent in females. In both sexes, the 10th segment bears a pair of jointed filamentous structures called anal cerci.

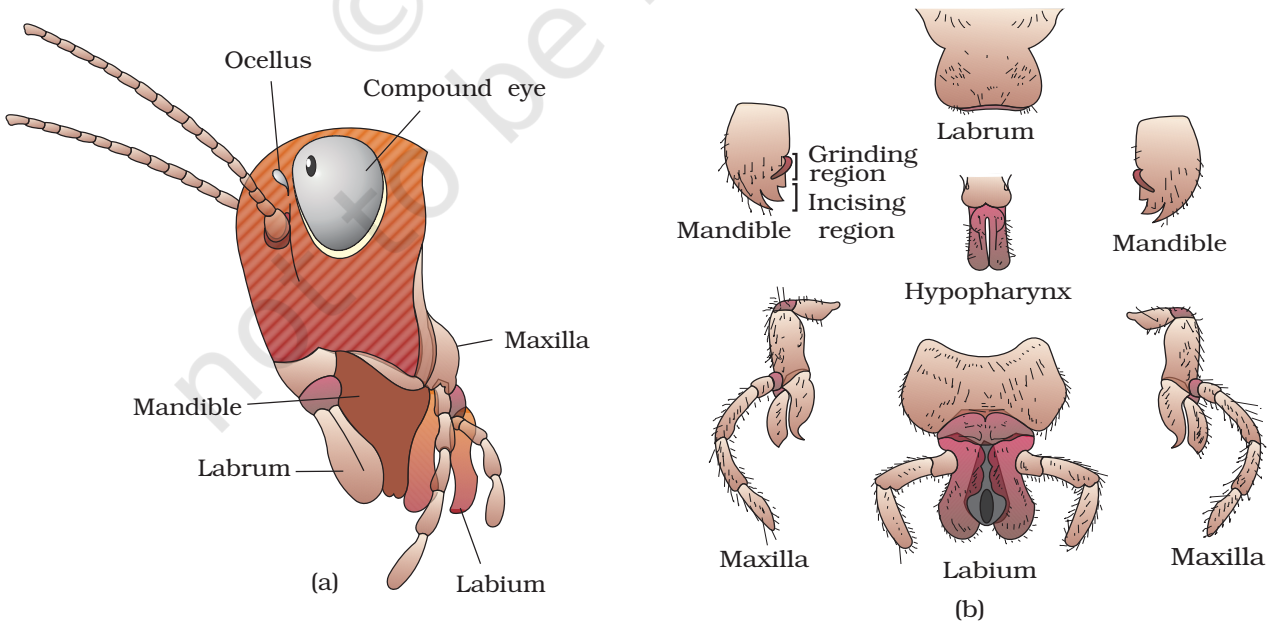


Figure 7.15 Head region of cockroach : (a) parts of head region (b) mouth parts

7.4.2 Anatomy

The alimentary canal present in the body cavity is divided into three regions: foregut, midgut and hindgut (Figure 7.16). The mouth opens into a short tubular pharynx, leading to a narrow tubular passage called oesophagus. This in turn opens into a sac like structure called crop used for storing of food. The crop is followed by gizzard or proventriculus. It has an outer layer of thick circular muscles and thick inner cuticle forming six highly chitinous plate called teeth. Gizzard helps in grinding the food particles. The entire foregut is lined by cuticle. A ring of 6-8 blind tubules called hepatic or gastric caeca is present at the junction of foregut and midgut, which secrete digestive juice. At the junction of midgut and hindgut is present another ring of 100-150 yellow coloured thin filamentous **Malpighian tubules**. They help in removal of excretory products from haemolymph. The hindgut is broader than midgut and is differentiated into ileum, colon and rectum. The rectum opens out through anus.

Blood vascular system of cockroach is an open type (Figure 7.17). Blood vessels are poorly developed and open into space (haemocoel). Visceral organs located in the haemocoel are bathed in blood (haemolymph). The haemolymph is composed of colourless plasma and haemocytes. Heart of cockroach consists of elongated muscular tube lying along mid dorsal line of thorax and abdomen. It is differentiated into funnel shaped chambers with ostia on either side. Blood from sinuses enter heart through ostia and is pumped anteriorly to sinuses again.

The respiratory system consists of a network of trachea, that open through 10 pairs of small holes called spiracles present on the lateral side of the body. Thin branching tubes (tracheal tubes subdivided into tracheoles) carry oxygen from the air to all the parts. The

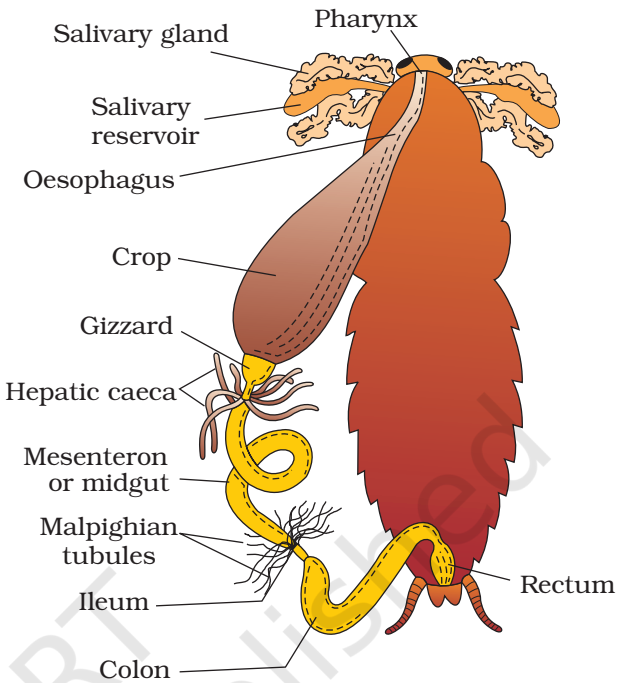


Figure 7.16 Alimentary canal of cockroach

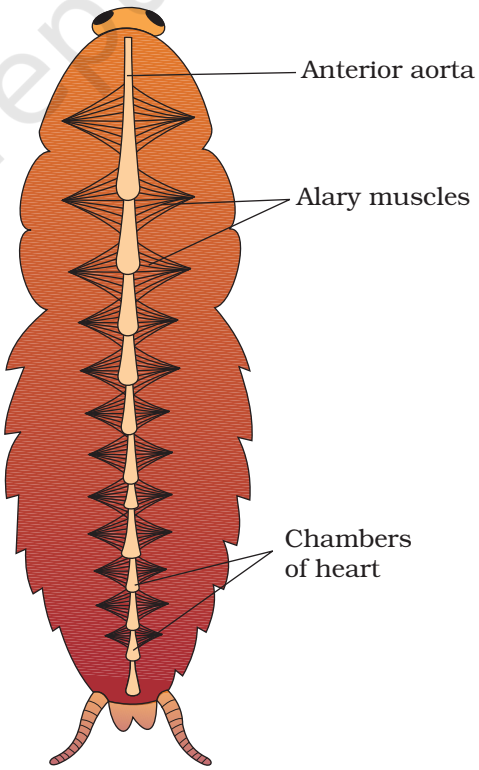


Figure 7.17 Open circulatory system of cockroach

opening of the spiracles is regulated by the sphincters. Exchange of gases take place at the tracheoles by diffusion.

Excretion is performed by Malpighian tubules. Each tubule is lined by glandular and ciliated cells. They absorb nitrogenous waste products and convert them into uric acid which is excreted out through the hindgut. Therefore, this insect is called **uricotelic**. In addition, the fat body, nephrocytes and urecose glands also help in excretion.

The nervous system of cockroach consists of a series of fused, segmentally arranged ganglia joined by paired longitudinal connectives on the ventral side. Three ganglia lie in the thorax, and six in the abdomen. The nervous system of cockroach is spread throughout the body. The head holds a bit of a nervous system while the rest is situated along the ventral (belly-side) part of its body. So, now you understand that if the head of a cockroach is cut off, it will still live for as long as one week. In the head region, the brain is represented by supra-oesophageal ganglion which supplies nerves to antennae and compound eyes. In cockroach, the sense organs are antennae, eyes, maxillary palps, labial palps, anal cerci, etc. The compound eyes are situated at the dorsal surface of the head. Each eye consists of about 2000 hexagonal ommatidia (sing.: *ommatidium*). With the help of several ommatidia, a cockroach can receive several images of an object. This kind of vision is known as mosaic vision with more sensitivity but less resolution, being common during night (hence called nocturnal vision).

Cockroaches are dioecious and both sexes have well developed reproductive organs (Figure 7.18). Male reproductive system consists of a pair of testes one lying on each lateral side in the 4^{th} -6^{th} abdominal segments. From each testis arises a thin vas deferens, which opens into ejaculatory duct through seminal vesicle. The ejaculatory duct opens into male gonopore situated ventral to anus. A characteristic mushroom-shaped gland is present in the 6^{th}-7^{th} abdominal segments which functions as an accessory reproductive gland. The external genitalia are represented by male gonapophysis or phallomere (chitinous asymmetrical structures, surrounding the male gonopore). The sperms are stored in the seminal vesicles and are glued together in the form of bundles called spermatophores which are discharged during copulation. The female reproductive sysytem consists of two large ovaries, lying laterally in the 2^{nd} – 6^{th} abdominal segments. Each ovary is formed of a group of eight ovarian tubules or ovarioles, containing a chain of developing ova. Oviducts of each ovary unite into a single median oviduct (also called vagina) which opens into the genital chamber. A pair of spermatheca is present in the 6^{th} segment which opens into the genital chamber.

Sperms are transferred through spermatophores. Their fertilised eggs are encased in capsules called oothecae. Ootheca is a dark reddish to blackish brown capsule, about 3/8" (8 mm) long. They are dropped or

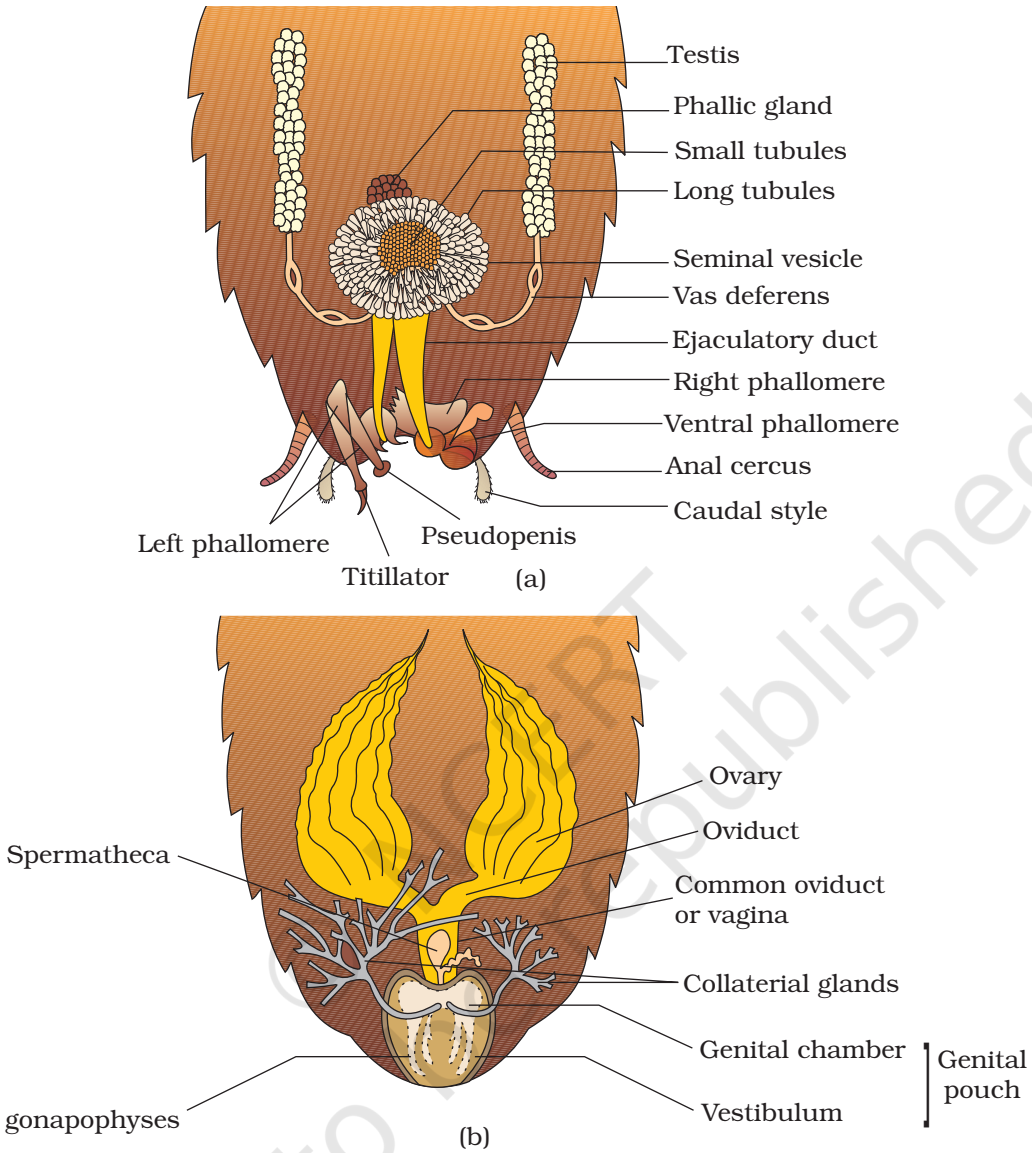


Figure 7.18 Reproductive system of cockroach : (a) male (b) female

glued to a suitable surface, usually in a crack or crevice of high relative humidity near a food source. On an average, females produce 9-10 oothecae, each containing 14-16 eggs. The development of *P. americana* is paurometabolous, meaning there is development through nymphal stage. The nymphs look very much like adults. The nymph grows by moulting about 13 times to reach the adult form. The next to last nymphal stage has wing pads but only adult cockroaches have wings.

Many species of cockroaches are wild and are of no known economic importance yet. A few species thrive in and around human habitat. They are pests because they spoil food and contaminate it with their smelly excreta. They can transmit a variety of bacterial diseases by contaminating food material.

7.5 FROGS

Frogs can live both on land and in freshwater and belong to class Amphibia of phylum Chordata. The most common species of frog found in India is *Rana tigrina.*

They do not have constant body temperature i.e., their body temperature varies with the temperature of the environment. Such animals are called cold blooded or poikilotherms. You might have also noticed changes in the colour of the frogs while they are in grasses and on dry land. They have the ability to change the colour to hide them from their enemies (camouflage). This protective coloration is called mimicry. You may also know that the frogs are not seen during peak summer and winter. During this period they take shelter in deep burrows to protect them from extreme heat and cold. This is called as summer sleep (aestivation) and winter sleep (hibernation) respectively.

7.5.1 Morphology

Have you ever touched the skin of frog? The skin is smooth and slippery due to the presence of mucus. The skin is always maintained in a moist condition. The colour of dorsal side of body is generally olive green with dark irregular spots. On the ventral side the skin is uniformly pale yellow. The frog never drinks water but absorb it through the skin.

Body of a frog is divisible into head and trunk (Figure 7.19). A neck and tail are absent. Above the mouth, a pair of nostrils is present. Eyes are bulged and covered by a nictitating membrane that protects them while in water. On either side of eyes a membranous tympanum (ear) receives sound signals. The forelimbs and hind limbs help in swimming, walking, leaping and burrowing. The hind limbs end in five digits and they are larger and muscular than fore limbs that end in four digits. Feet have webbed digits that help in swimming. Frogs exhibit sexual dimorphism. Male frogs can be distinguished by the presence of sound producing vocal sacs and also a copulatory pad on the first digit of the fore limbs which are absent in female frogs.

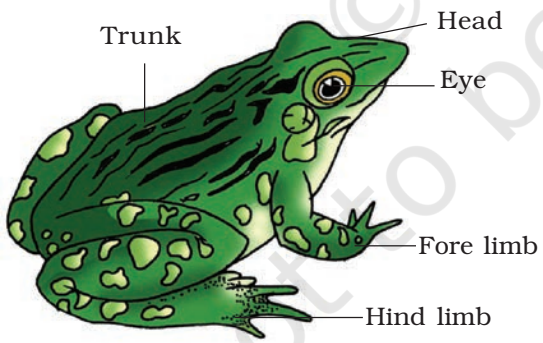


Figure 7.19 External features of frog

7.5.2 Anatomy

The body cavity of frogs accommodate different organ systems such as digestive, circulatory, respiratory, nervous, excretory and reproductive systems with well developed structures and functions (Figure 7.20).

The digestive system consists of alimentary canal and digestive glands. The alimentary canal is short because frogs are carnivores and hence the length of intestine is reduced. The mouth opens into the buccal cavity that

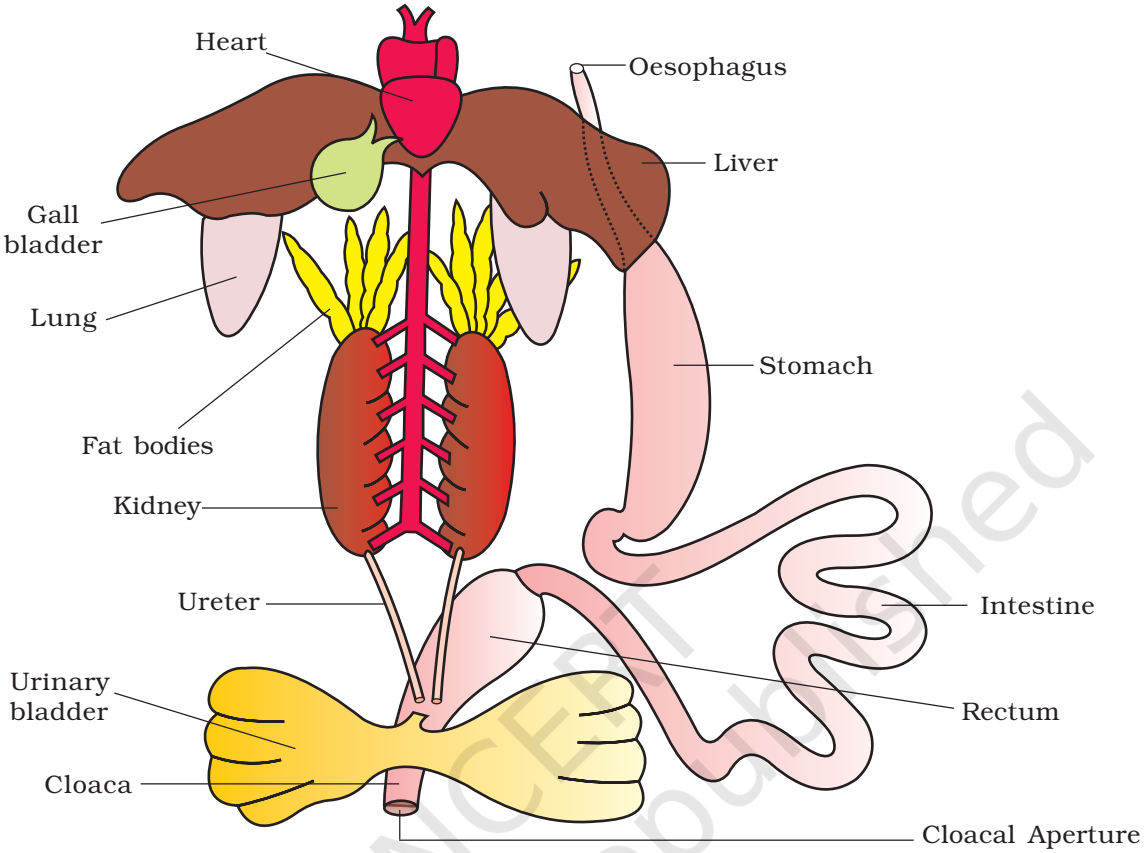


Figure 7.20 Diagrammatic representation of internal organs of frog showing complete digestive system

leads to the oesophagus through pharynx. Oesophagus is a short tube that opens into the stomach which in turn continues as the intestine, rectum and finally opens outside by the cloaca. Liver secretes bile that is stored in the gall bladder. Pancreas, a digestive gland produces pancreatic juice containing digestive enzymes. Food is captured by the bilobed tongue. Digestion of food takes place by the action of HCl and gastric juices secreted from the walls of the stomach. Partially digested food called chyme is passed from stomach to the first part of the small intestine, the duodenum. The duodenum receives bile from gall bladder and pancreatic juices from the pancreas through a common bile duct. Bile emulsifies fat and pancreatic juices digest carbohydrates and proteins. Final digestion takes place in the intestine. Digested food is absorbed by the numerous finger-like folds in the inner wall of intestine called villi and microvilli. The undigested solid waste moves into the rectum and passes out through cloaca.

Frogs respire on land and in the water by two different methods. In water, skin acts as aquatic respiratory organ (cutaneous respiration). Dissolved oxygen in the water is exchanged through the skin by diffusion.

On land, the buccal cavity, skin and lungs act as the respiratory organs. The respiration by lungs is called pulmonary respiration. The lungs are a pair of elongated, pink coloured sac-like structures present in the upper part of the trunk region (thorax). Air enters through the nostrils into the buccal cavity and then to lungs. During aestivation and hibernation gaseous exchange takes place through skin.

The vascular system of frog is well-developed closed type. Frogs have a lymphatic system also. The blood vascular system involves heart, blood vessels and blood. The lymphatic system consists of lymph, lymph channels and lymph nodes. Heart is a muscular structure situated in the upper part of the body cavity. It has three chambers, two atria and one ventricle and is covered by a membrane called pericardium. A triangular structure called sinus venosus joins the right atrium. It receives blood through the major veins called vena cava. The ventricle opens into a sac-like conus arteriosus on the ventral side of the heart. The blood from the heart is carried to all parts of the body by the arteries (arterial system). The veins collect blood from different parts of body to the heart and form the venous system. Special venous connection between liver and intestine as well as the kidney and lower parts of the body are present in frogs. The former is called hepatic portal system and the latter is called renal portal system. The blood is composed of plasma and cells. The blood cells are RBC (red blood cells) or erythrocytes, WBC (white blood cells) or leucocytes and platelets. RBC's are nucleated and contain red coloured pigment namely haemoglobin. The lymph is different from blood. It lacks few proteins and RBCs. The blood carries nutrients, gases and water to the respective sites during the circulation. The circulation of blood is achieved by the pumping action of the muscular heart.

The elimination of nitrogenous wastes is carried out by a well developed excretory system. The excretory system consists of a pair of kidneys, ureters, cloaca and urinary bladder. These are compact, dark red and bean like structures situated a little posteriorly in the body cavity on both sides of vertebral column. Each kidney is composed of several structural and functional units called uriniferous tubules or nephrons. Two ureters emerge from the kidneys in the male frogs. The ureters act as urinogenital duct which opens into the cloaca. In females the ureters and oviduct open seperately in the cloaca. The thin-walled urinary bladder is present ventral to the rectum which also opens in the cloaca. The frog excretes urea and thus is a **ureotelic** animal. Excretory wastes are carried by blood into the kidney where it is separated and excreted.

The system for control and coordination is highly evolved in the frog. It includes both neural system and endocrine glands. The chemical coordination of various organs of the body is achieved by hormones which are secreted by the endocrine glands. The prominent endocrine glands found in frog are pituitary, thyroid, parathyroid, thymus, pineal body, pancreatic islets, adrenals and gonads. The nervous system is organised

into a central nervous system (brain and spinal cord), a peripheral nervous system (cranial and spinal nerves) and an autonomic nervous system (sympathetic and parasympathetic). There are ten pairs of cranial nerves arising from the brain. Brain is enclosed in a bony structure called brain box (cranium). The brain is divided into fore-brain, mid-brain and hind-brain. Forebrain includes olfactory lobes, paired cerebral hemispheres and unpaired diencephalon. The midbrain is characterised by a pair of optic lobes. Hind-brain consists of cerebellum and medulla oblongata. The medulla oblongata passes out through the foramen magnum and continues into spinal cord, which is enclosed in the vertebral column.

Frog has different types of sense organs, namely organs of touch (sensory papillae), taste (taste buds), smell (nasal epithelium), vision (eyes) and hearing (tympanum with internal ears). Out of these, eyes and internal ears are well-organised structures and the rest are cellular aggregations around nerve endings. Eyes in a frog are a pair of spherical structures situated in the orbit in skull. These are simple eyes (possessing only one unit). External ear is absent in frogs and only tympanum can be seen externally. The ear is an organ of hearing as well as balancing (equilibrium).

Frogs have well organised male and female reproductive systems. Male reproductive organs consist of a pair of yellowish ovoid testes (Figure 7.21), which are found adhered to the upper part of kidneys by a double fold of peritoneum called mesorchium. Vasa efferentia are 10-12 in number that arise from testes. They enter the kidneys on their side and open into Bidder's canal. Finally it communicates with the urinogenital duct that comes out of the kidneys and opens into the cloaca. The cloaca is a small, median chamber that is used to pass faecal matter, urine and sperms to the exterior.

The female reproductive organs include a pair of ovaries (Figure 7.22). The ovaries are situated near kidneys and there is no functional connection with kidneys. A pair of oviduct arising

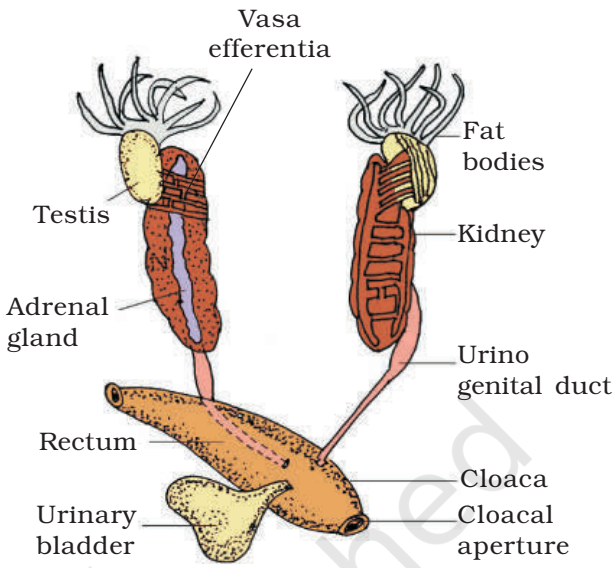


Figure 7.21 Male reproductive system

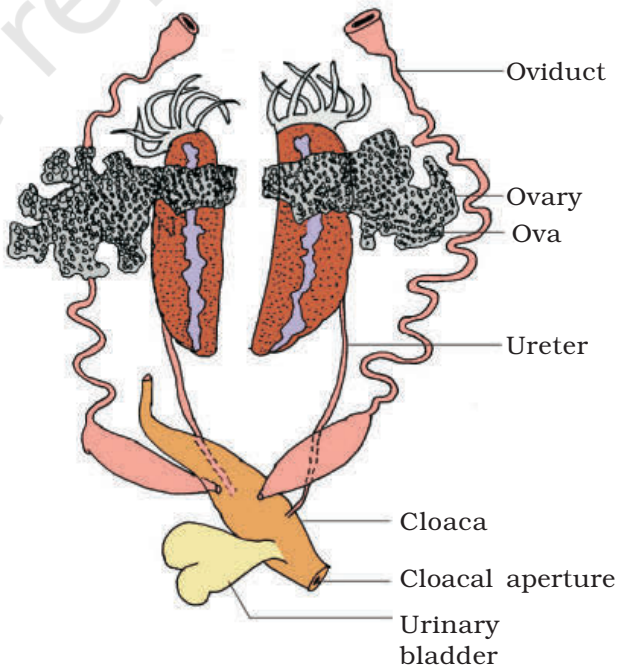


Figure 7.22 Female reproductive system

from the ovaries opens into the cloaca separately. A mature female can lay 2500 to 3000 ova at a time. Fertilisation is external and takes place in water. Development involves a larval stage called tadpole. Tadpole undergoes metamorphosis to form the adult.

Frogs are beneficial for mankind because they eat insects and protect the crop. Frogs maintain ecological balance because these serve as an important link of food chain and food web in the ecosystem. In some countries the muscular legs of frog are used as food by man.

SUMMARY

Cells, tissues, organs and organ systems split up the work in a way that ensures the survival of the body as a whole and exhibit division of labour. A tissue is defined as group of cells along with intercellular substances performing one or more functions in the body. Epithelia are sheet like tissues lining the body's surface and its cavities, ducts and tubes. Epithelia have one free surface facing a body fluid or the outside environment. Their cells are structurally and functionally connected at junctions.

Diverse types of connective tissues bind together, support, strengthen, protect, and insulate other tissue in the body. Soft connective tissues consist of protein fibres as well as a variety of cells arranged in a ground substance. Cartilage, bone, blood, and adipose tissue are specialised connective tissues. Cartilage and bone are both structural materials. Blood is a fluid tissue with transport functions. Adipose tissue is a reservoir of stored energy. Muscle tissue, which can contract (shorten) in response to stimulation, helps in movement of the body and specific body parts. Skeletal muscle is the muscle tissue attached to bones. Smooth muscle is a component of internal organs. Cardiac muscle makes up the contractile walls of the heart. Connective tissue covers all three types of tissues. Nervous tissue exerts greatest control over the response of body. Neurons are the basic units of nervous tissue.

Earthworm, Cockroach and Frog show characteristic features in body organisation. In *Pheretima posthuma* (earthworm), the body is covered by cuticle. All segments of its body are alike except the 14^{th}, 15^{th} and 16^{th} segment, which are thick and dark and glandular, forming clitellum. A ring of S-shaped chitinous setae is found in each segment. These setae help in locomotion. On the ventral side spermathecal openings are present in between the grooves of 5 and 6, 6 and 7, 7 and 8 and 8 and 9 segments. Female genital pores are present on 14^{th} segment and male genital pores on 18^{th} segment. The alimentary canal is a narrow tube made of mouth, buccal cavity, pharynx, gizzard, stomach, intestine and anus. The blood vascular system is of closed type with heart and valves. Nervous system is represented by ventral nerve cord. Earthworm is hermaphorodite. Two pairs of

testes occur in the 10th and 11th segment, respectively. A pair of ovaries are present on 12 and 13th intersegmental septum. It is a protandrous animal with cross-fertilisation. Fertilisation and development take place in cocoon secreted by the glands of clitellum.

The body of Cockroach *(Periplaneta americana)* is covered by chitinous exoskeleton. It is divided into head, thorax and abdomen. Segments bear jointed appendages. There are three segments of thorax, each bearing a pair of walking legs. Two pairs of wings are present, one pair each on 2nd and 3rd segment. There are ten segments in abdomen. Alimentary canal is well developed with a mouth surrounded by mouth parts, a pharynx, oesophagus, crop, gizzard, midgut, hindgut and anus. Hepatic caecae are present at the junction of foregut and midgut. Malpighian tubules are present at the junction of midgut and hindgut and help in excretion. A pair of salivary gland is present near crop. The blood vascular system is of open type. Respiration takes place by network of tracheae. Trachea opens outside with spiracles. Nervous system is represented by segmentally arranged ganglia and ventral nerve cord. A pair of testes is present in 4th-6th segments and ovaries in 2nd-6th segments. Fertilisation is internal. Female produces 9-10 ootheca bearing developing embryos. After rupturing of single ootheca sixteen young ones, called nymphs come out.

The Indian bullfrog, *Rana tigrina,* is the common frog found in India. Body is covered by skin. Mucous glands are present in the skin which is highly vascularised and helps in respiration in water and on land. Body is divisible into head and trunk. A muscular tongue is present, which is bilobed at the tip and is used in capturing the prey. The alimentary canal consists of oesophagous, stomach, intestine and rectum, which open into the cloaca. The main digestive glands are liver and pancreas. It can respire in water through skin and through lungs on land. Circulatory system is closed with single circulation. RBCs are nucleated. Nervous system is organised into central, peripheral and autonomic. The organs of urinogenital system are kidneys and urinogenital ducts, which open into the cloaca. The male reproductive organ is a pair of testes. The female reproductive organ is a pair of ovaries. A female lays 2500-3000 ova at a time. The fertilisation and development are external. The eggs hatch into tadpoles, which metamorphose into frogs.

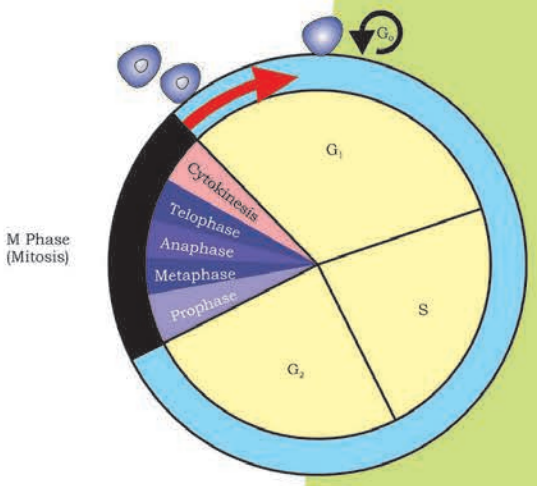
EXERCISES

1. Answer in one word or one line.
   (i) Give the common name of *Periplanata americana.*
   (ii) How many spermathecae are found in earthworm?
   (iii) What is the position of ovaries in cockroach?
   (iv) How many segments are present in the abdomen of cockroach?
   (v) Where do you find Malpighian tubules?

2. Answer the following:
   (i) What is the function of nephridia?
   (ii) How many types of nephridia are found in earthworm based on their location?
3. Draw a labelled diagram of the reproductive organs of an earthworm.
4. Draw a labelled diagram of alimentary canal of a cockroach.
5. Distinguish between the followings
   (a) Prostomium and peristomium
   (b) Septal nephridium and pharyngeal nephridium
6. What are the cellular components of blood?
7. What are the following and where do you find them in animal body.
   (a) Chondriocytes
   (b) Axons
   (c) Ciliated epithelium
8. Describe various types of epithelial tissues with the help of labelled diagrams.
9. Distinguish between
   (a) Simple epithelium and compound epithelium
   (b) Cardiac muscle and striated muscle
   (c) Dense regular and dense irregular connective tissues
   (d) Adipose and blood tissue
   (e) Simple gland and compound gland
10. Mark the odd one in each series:
   (a) Areolar tissue; blood; neuron; tendon
   (b) RBC; WBC; platelets; cartilage
   (c) Exocrine; endocrine; salivary gland; ligament
   (d) Maxilla; mandible; labrum; antennae
   (e) Protonema; mesothorax; metathorax; coxa
11. Match the terms in column I with those in column II:

Column I	**Column II**
(a) Compound epithelium	(i) Alimentary canal
(b) Compound eye	(ii) Cockroach
(c) Septal nephridia	(iii) Skin
(d) Open circulatory system	(iv) Mosaic vision
(e) Typhlosole	(v) Earthworm
(f) Osteocytes	(vi) Phallomere
(g) Genitalia	(vii) Bone

12. Mention breifly about the circulatory system of earthworm
13. Draw a neat diagram of digestive system of frog.
14. Mention the function of the following
   (a) Ureters in frog
   (b) Malpighian tubules
   (c) Body wall in earthworm



UNIT 3

CELL: STRUCTURE AND FUNCTIONS

Chapter 8
Cell: The Unit of Life

Chapter 9
Biomolecules

Chapter 10
Cell Cycle and
Cell Division

Biology is the study of living organisms. The detailed description of their form and appearance only brought out their diversity. It is the cell theory that emphasised the unity underlying this diversity of forms, i.e., the cellular organisation of all life forms. A description of cell structure and cell growth by division is given in the chapters comprising this unit. Cell theory also created a sense of mystery around living phenomena, i.e., physiological and behavioural processes. This mystery was the requirement of integrity of cellular organisation for living phenomena to be demonstrated or observed. In studying and understanding the physiological and behavioural processes, one can take a physico-chemical approach and use cell-free systems to investigate. This approach enables us to describe the various processes in molecular terms. The approach is established by analysis of living tissues for elements and compounds. It will tell us what types of organic compounds are present in living organisms. In the next stage, one can ask the question: What are these compounds doing inside a cell? And, in what way they carry out gross physiological processes like digestion, excretion, memory, defense, recognition, etc. In other words we answer the question, what is the molecular basis of all physiological processes? It can also explain the abnormal processes that occur during any diseased condition. This physico-chemical approach to study and understand living organisms is called 'Reductionist Biology'. The concepts and techniques of physics and chemistry are applied to understand biology. In Chapter 9 of this unit, a brief description of biomolecules is provided.

G.N. Ramachandran
(1922 – 2001)

G.N. RAMACHANDRAN, an outstanding figure in the field of protein structure, was the founder of the 'Madras school' of conformational analysis of biopolymers. His discovery of the triple helical structure of collagen published in *Nature* in 1954 and his analysis of the allowed conformations of proteins through the use of the 'Ramachandran plot' rank among the most outstanding contributions in structural biology. He was born on October 8, 1922, in a small town, not far from Cochin on the southwestern coast of India. His father was a professor of mathematics at a local college and thus had considerable influence in shaping Ramachandran's interest in mathematics. After completing his school years, Ramachandran graduated in 1942 as the top-ranking student in the B.Sc. (Honors) Physics course of the University of Madras. He received a Ph.D. from Cambridge University in 1949. While at Cambridge, Ramachandran met Linus Pauling and was deeply influenced by his publications on models of the α-helix and β-sheet structures that directed his attention to solving the structure of collagen. He passed away at the age of 78, on April 7, 2001.

Chapter 8

Cell: The Unit of Life

When you look around, you see both living and non-living things. You must have wondered and asked yourself – 'what is it that makes an organism living, or what is it that an inanimate thing does not have which a living thing has' ? The answer to this is the presence of the basic unit of life – the cell in all living organisms.

All organisms are composed of cells. Some are composed of a single cell and are called unicellular organisms while others, like us, composed of many cells, are called multicellular organisms.

8.1 What is a Cell?

Unicellular organisms are capable of (i) independent existence and (ii) performing the essential functions of life. Anything less than a complete structure of a cell does not ensure independent living. Hence, cell is the fundamental structural and functional unit of all living organisms.

Anton Von Leeuwenhoek first saw and described a live cell. Robert Brown later discovered the nucleus. The invention of the microscope and its improvement leading to the electron microscope revealed all the structural details of the cell.

8.2 Cell Theory

In 1838, Matthias Schleiden, a German botanist, examined a large number of plants and observed that all plants are composed of different kinds of cells which form the tissues of the plant. At about the same time, Theodore

Schwann (1839), a British Zoologist, studied different types of animal cells and reported that cells had a thin outer layer which is today known as the 'plasma membrane'. He also concluded, based on his studies on plant tissues, that the presence of cell wall is a unique character of the plant cells. On the basis of this, Schwann proposed the hypothesis that the bodies of animals and plants are composed of cells and products of cells.

Schleiden and Schwann together formulated the cell theory. This theory however, did not explain as to how new cells were formed. Rudolf Virchow (1855) first explained that cells divided and new cells are formed from pre-existing cells (*Omnis cellula-e cellula*). He modified the hypothesis of Schleiden and Schwann to give the cell theory a final shape. Cell theory as understood today is:

(i) all living organisms are composed of cells and products of cells.

(ii) all cells arise from pre-existing cells.

8.3 An Overview of Cell

You have earlier observed cells in an onion peel and/or human cheek cells under the microscope. Let us recollect their structure. The onion cell which is a typical plant cell, has a distinct cell wall as its outer boundary and just within it is the cell membrane. The cells of the human cheek have an outer membrane as the delimiting structure of the cell. Inside each cell is a dense membrane bound structure called nucleus. This nucleus contains the chromosomes which in turn contain the genetic material, DNA. Cells that have membrane bound nuclei are called eukaryotic whereas cells that lack a membrane bound nucleus are prokaryotic. In both prokaryotic and eukaryotic cells, a semi-fluid matrix called cytoplasm occupies the volume of the cell. The cytoplasm is the main arena of cellular activities in both the plant and animal cells. Various chemical reactions occur in it to keep the cell in the 'living state'.

Besides the nucleus, the eukaryotic cells have other membrane bound distinct structures called **organelles** like the endoplasmic reticulum (ER), the golgi complex, lysosomes, mitochondria, microbodies and vacuoles. The prokaryotic cells lack such membrane bound organelles.

Ribosomes are non-membrane bound organelles found in all cells – both eukaryotic as well as prokaryotic. Within the cell, ribosomes are found not only in the cytoplasm but also within the two organelles – chloroplasts (in plants) and mitochondria and on rough ER.

Animal cells contain another non-membrane bound organelle called centrosome which helps in cell division.

Cells differ greatly in size, shape and activities (Figure 8.1). For example, Mycoplasmas, the smallest cells, are only 0.3 µm in length while bacteria

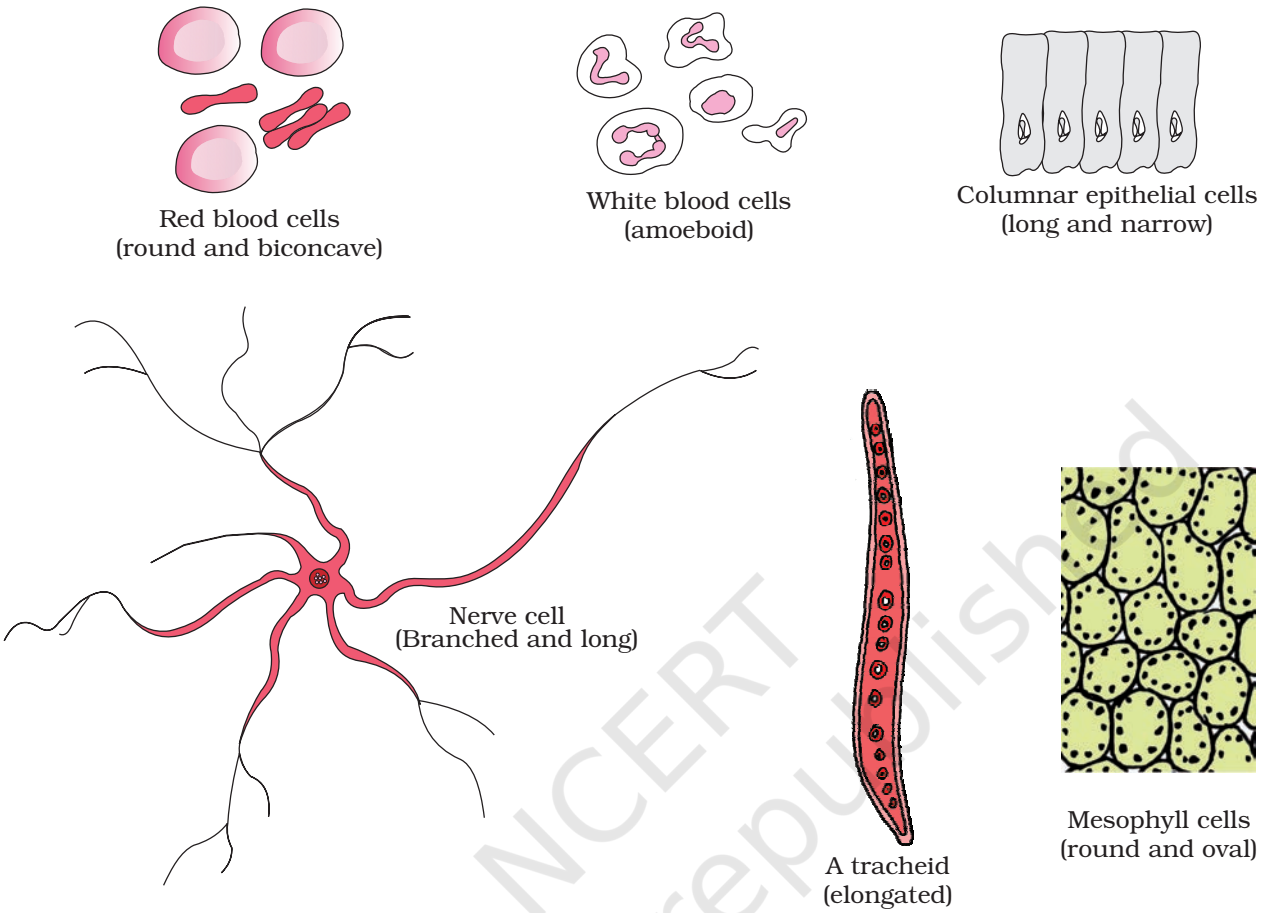


Figure 8.1 Diagram showing different shapes of the cells

could be 3 to 5 µm. The largest isolated single cell is the egg of an ostrich. Among multicellular organisms, human red blood cells are about 7.0 µm in diameter. Nerve cells are some of the longest cells. Cells also vary greatly in their shape. They may be disc-like, polygonal, columnar, cuboid, thread like, or even irregular. The shape of the cell may vary with the function they perform.

8.4 PROKARYOTIC CELLS

The prokaryotic cells are represented by bacteria, blue-green algae, mycoplasma and PPLO (Pleuro Pneumonia Like Organisms). They are generally smaller and multiply more rapidly than the eukaryotic cells (Figure 8.2). They may vary greatly in shape and size. The four basic shapes of bacteria are bacillus (rod like), coccus (spherical), vibrio (comma shaped) and spirillum (spiral).

The organisation of the prokaryotic cell is fundamentally similar even though prokaryotes exhibit a wide variety of shapes and functions. All

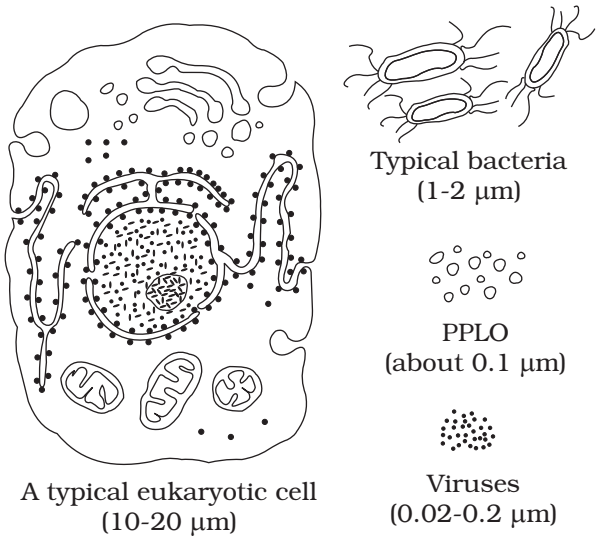


Figure 8.2 Diagram showing comparison of eukaryotic cell with other organisms

prokaryotes have a cell wall surrounding the cell membrane except in mycoplasma. The fluid matrix filling the cell is the cytoplasm. There is no well-defined nucleus. The genetic material is basically naked, not enveloped by a nuclear membrane. In addition to the genomic DNA (the single chromosome/circular DNA), many bacteria have small circular DNA outside the genomic DNA. These smaller DNA are called plasmids. The plasmid DNA confers certain unique phenotypic characters to such bacteria. One such character is resistance to antibiotics. In higher classes you will learn that this plasmid DNA is used to monitor bacterial transformation with foreign DNA. Nuclear membrane is found in eukaryotes. No organelles, like the ones in eukaryotes, are found in prokaryotic cells except for ribosomes. Prokaryotes have something unique in the form of inclusions. A specialised differentiated form of cell membrane called mesosome is the characteristic of prokaryotes. They are essentially infoldings of cell membrane.

8.4.1 Cell Envelope and its Modifications

Most prokaryotic cells, particularly the bacterial cells, have a chemically complex cell envelope. The cell envelope consists of a tightly bound three layered structure i.e., the outermost glycocalyx followed by the cell wall and then the plasma membrane. Although each layer of the envelope performs distinct function, they act together as a single protective unit. Bacteria can be classified into two groups on the basis of the differences in the cell envelopes and the manner in which they respond to the staining procedure developed by Gram viz., those that take up the gram stain are **Gram positive** and the others that do not are called **Gram negative** bacteria.

Glycocalyx differs in composition and thickness among different bacteria. It could be a loose sheath called the **slime layer** in some, while in others it may be thick and tough, called the **capsule**. The **cell wall** determines the shape of the cell and provides a strong structural support to prevent the bacterium from bursting or collapsing.

The plasma membrane is selectively permeable in nature and interacts with the outside world. This membrane is similar structurally to that of the eukaryotes.

A special membranous structure is the **mesosome** which is formed by the extensions of plasma membrane into the cell. These extensions are in the **form of vesicles, tubules and lamellae**. They help in cell wall

formation, DNA replication and distribution to daughter cells. They also help in respiration, secretion processes, to increase the surface area of the plasma membrane and enzymatic content. In some prokaryotes like cyanobacteria, there are other membranous extensions into the cytoplasm called chromatophores which contain pigments.

Bacterial cells may be motile or non-motile. If motile, they have thin filamentous extensions from their cell wall called flagella. Bacteria show a range in the number and arrangement of flagella. Bacterial flagellum is composed of three parts – **filament, hook** and **basal body**. The filament is the longest portion and extends from the cell surface to the outside.

Besides flagella, Pili and Fimbriae are also surface structures of the bacteria but do not play a role in motility. The **pili** are elongated tubular structures made of a special protein. The **fimbriae** are small bristle like fibres sprouting out of the cell. In some bacteria, they are known to help attach the bacteria to rocks in streams and also to the host tissues.

8.4.2 Ribosomes and Inclusion Bodies

In prokaryotes, ribosomes are associated with the plasma membrane of the cell. They are about 15 nm by 20 nm in size and are made of two subunits - 50S and 30S units which when present together form 70S prokaryotic ribosomes. Ribosomes are the site of protein synthesis. Several ribosomes may attach to a single mRNA and form a chain called **polyribosomes** or **polysome**. The ribosomes of a polysome translate the mRNA into proteins.

Inclusion bodies: Reserve material in prokaryotic cells are stored in the cytoplasm in the form of inclusion bodies. These are not bound by any membrane system and lie free in the cytoplasm, e.g., phosphate granules, cyanophycean granules and glycogen granules. Gas vacuoles are found in blue green and purple and green photosynthetic bacteria.

8.5 EUKARYOTIC CELLS

The eukaryotes include all the protists, plants, animals and fungi. In eukaryotic cells there is an extensive compartmentalisation of cytoplasm through the presence of membrane bound organelles. Eukaryotic cells possess an organised nucleus with a nuclear envelope. In addition, eukaryotic cells have a variety of complex locomotory and cytoskeletal structures. Their genetic material is organised into chromosomes.

All eukaryotic cells are not identical. Plant and animal cells are different as the former possess cell walls, plastids and a large central vacuole which are absent in animal cells. On the other hand, animal cells have centrioles which are absent in almost all plant cells (Figure 8.3).

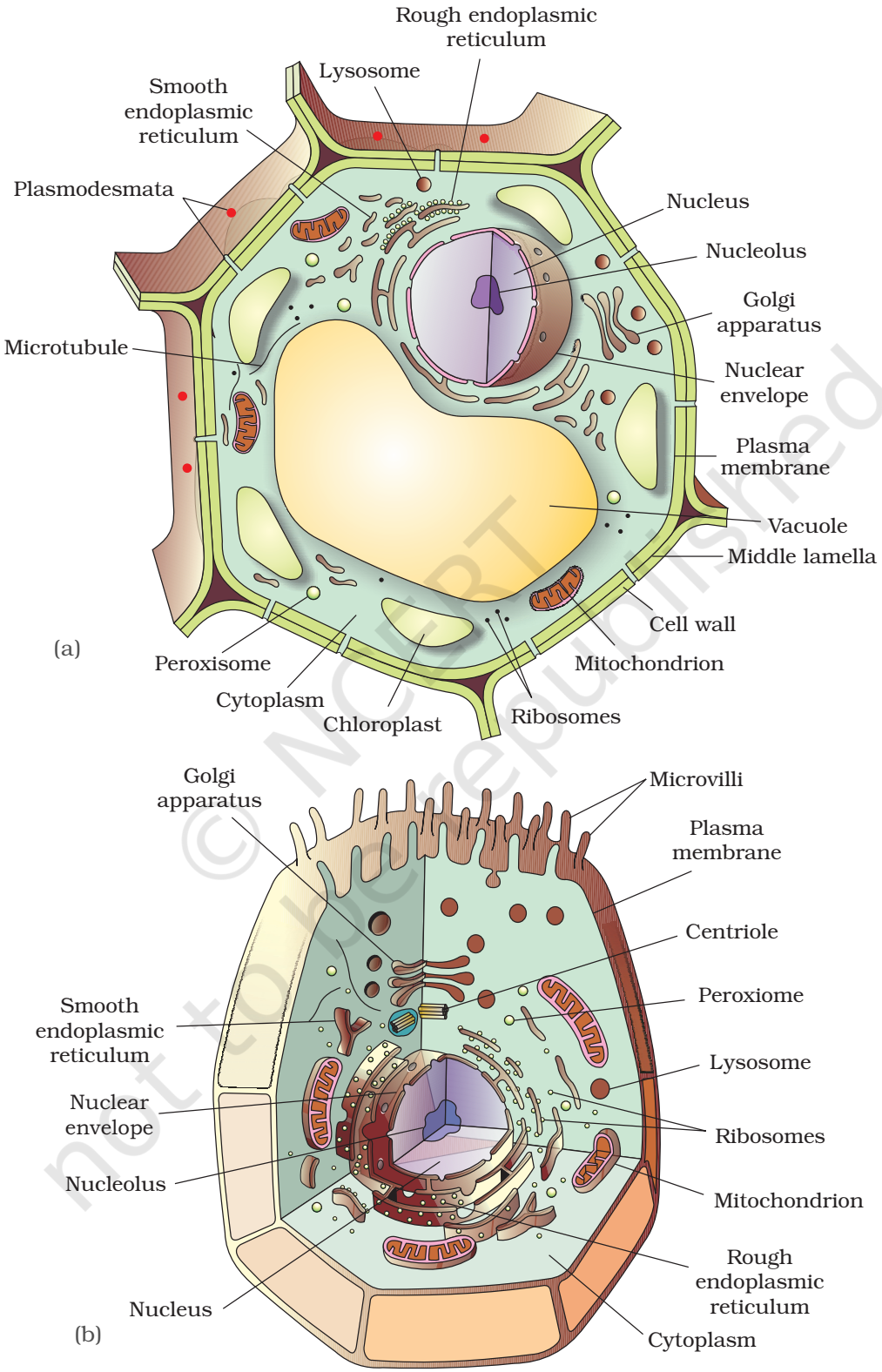


Figure 8.3 Diagram showing : (a) Plant cell (b) Animal cell

Let us now look at individual cell organelles to understand their structure and functions.

8.5.1 Cell Membrane

The detailed structure of the membrane was studied only after the advent of the electron microscope in the 1950s. Meanwhile, chemical studies on the cell membrane, especially in human red blood cells (RBCs), enabled the scientists to deduce the possible structure of plasma membrane.

These studies showed that the cell membrane is mainly composed of lipids and proteins. The major lipids are phospholipids that are arranged in a bilayer. Also, the lipids are arranged within the membrane with the polar head towards the outer sides and the hydrophobic tails towards the inner part.This ensures that the nonpolar tail of saturated hydrocarbons is protected from the aqueous environment (Figure 8.4). In addition to phospholipids membrane also contains cholesterol. The lipid component of the membrane mainly consists of phosphoglycerides.

Later, biochemical investigation clearly revealed that the cell membranes also possess protein and carbohydrate. The ratio of protein and lipid varies considerably in different cell types. In human beings, the membrane of the erythrocyte has approximately 52 per cent protein and 40 per cent lipids.

Depending on the ease of extraction, membrane proteins can be classified as integral and peripheral. Peripheral proteins lie on the surface of membrane while the integral proteins are partially or totally buried in

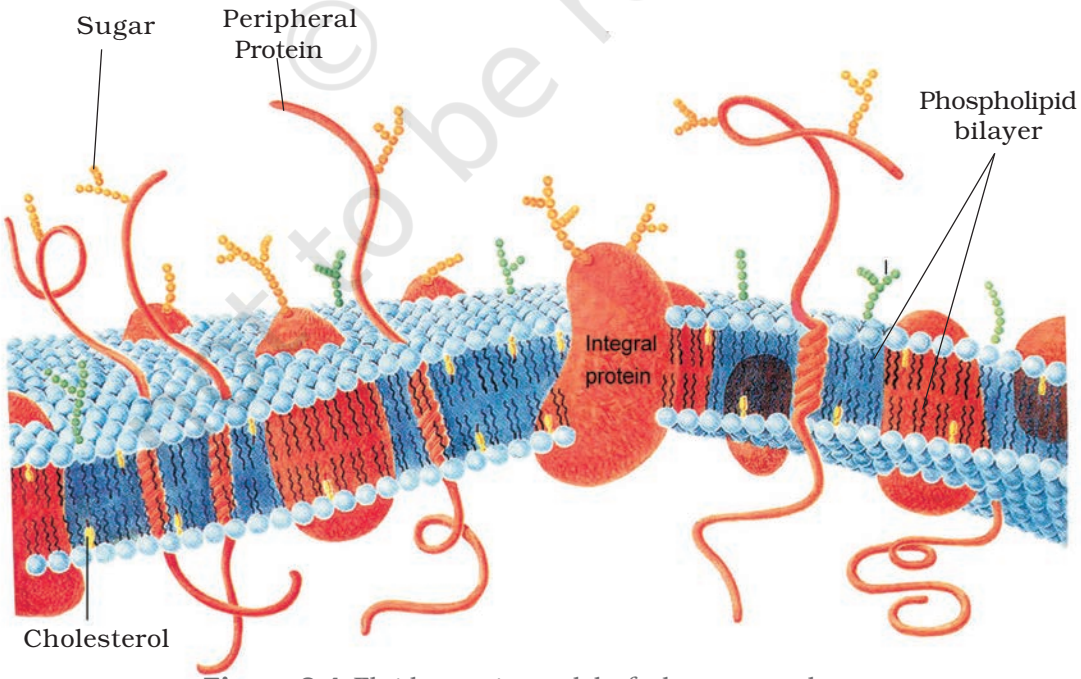


Figure 8.4 Fluid mosaic model of plasma membrane

the membrane.

An improved model of the structure of cell membrane was proposed by Singer and Nicolson (1972) widely accepted as **fluid mosaic model** (Figure 8.4). According to this, the quasi-fluid nature of lipid enables lateral movement of proteins within the overall bilayer. This ability to move within the membrane is measured as its fluidity.

The fluid nature of the membrane is also important from the point of view of functions like cell growth, formation of intercellular junctions, secretion, endocytosis, cell division etc.

One of the most important functions of the plasma membrane is the transport of the molecules across it. The membrane is selectively permeable to some molecules present on either side of it. Many molecules can move briefly across the membrane without any requirement of energy and this is called the **passive transport**. Neutral solutes may move across the membrane by the process of simple diffusion along the concentration gradient, i.e., from higher concentration to the lower. Water may also move across this membrane from higher to lower concentration. Movement of water by diffusion is called **osmosis**. As the polar molecules cannot pass through the nonpolar lipid bilayer, they require a carrier protein of the membrane to facilitate their transport across the membrane. A few ions or molecules are transported across the membrane against their concentration gradient, i.e., from lower to the higher concentration. Such a transport is an energy dependent process, in which ATP is utilised and is called **active transport**, e.g., Na^+/K^+ Pump.

8.5.2 Cell Wall

As you may recall, a non-living rigid structure called the cell wall forms an outer covering for the plasma membrane of fungi and plants. Cell wall not only gives shape to the cell and protects the cell from mechanical damage and infection, it also helps in cell-to-cell interaction and provides barrier to undesirable macromolecules. Algae have cell wall, made of cellulose, galactans, mannans and minerals like calcium carbonate, while in other plants it consists of cellulose, hemicellulose, pectins and proteins. The cell wall of a young plant cell, the **primary wall** is capable of growth, which gradually diminishes as the cell matures and the secondary wall is formed on the inner (towards membrane) side of the cell.

The middle lamella is a layer mainly of calcium pectate which holds or glues the different neighbouring cells together. The cell wall and middle lamellae may be traversed by plasmodesmata which connect the cytoplasm of neighbouring cells.

8.5.3 Endomembrane System

While each of the membranous organelles is distinct in terms of its

structure and function, many of these are considered together as an endomembrane system because their functions are coordinated. The endomembrane system include endoplasmic reticulum (ER), golgi complex, lysosomes and vacuoles. Since the functions of the mitochondria, chloroplast and peroxisomes are not coordinated with the above components, these are not considered as part of the endomembrane system.

8.5.3.1 *The Endoplasmic Reticulum (ER)*

Electron microscopic studies of eukaryotic cells reveal the presence of a network or reticulum of tiny tubular structures scattered in the cytoplasm that is called the endoplasmic reticulum (ER) (Figure 8.5). Hence, ER divides the intracellular space into two distinct compartments, i.e., luminal (inside ER) and extra luminal (cytoplasm) compartments.

The ER often shows ribosomes attached to their outer surface. The endoplasmic reticulun bearing ribosomes on their surface is called rough endoplasmic reticulum (RER). In the absence of ribosomes they appear smooth and are called smooth endoplasmic reticulum (SER).

RER is frequently observed in the cells actively involved in protein synthesis and secretion. They are extensive and continuous with the outer membrane of the nucleus.

The smooth endoplasmic reticulum is the major site for synthesis of lipid. In animal cells lipid-like steroidal hormones are synthesised in SER.

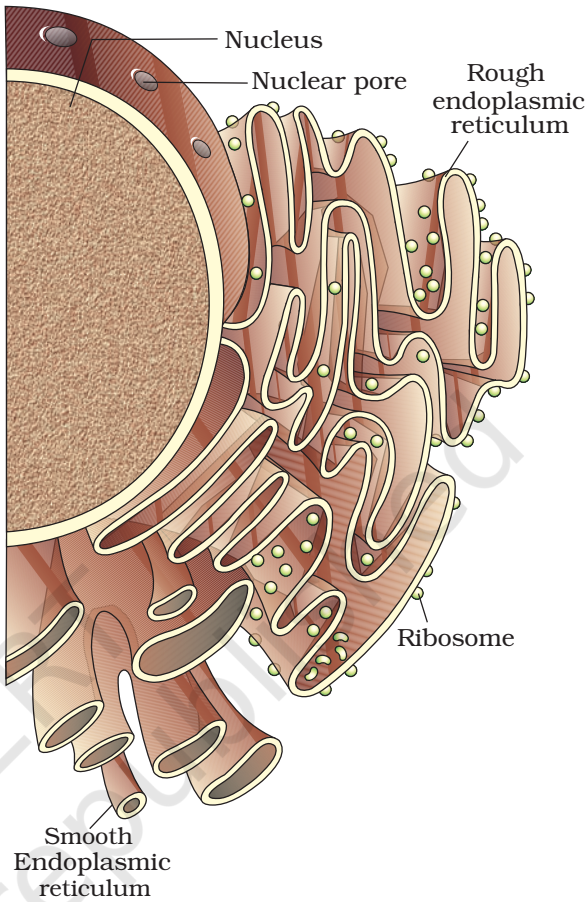


Figure 8.5 Endoplasmic reticulum

8.5.3.2 *Golgi apparatus*

Camillo Golgi (1898) first observed densely stained reticular structures near the nucleus. These were later named Golgi bodies after him. They consist of many flat, disc-shaped sacs or cisternae of 0.5µm to 1.0µm diameter (Figure 8.6). These are stacked parallel to each other. Varied number of cisternae are present in a Golgi complex. The Golgi cisternae are concentrically arranged near the nucleus with distinct convex *cis* or the forming

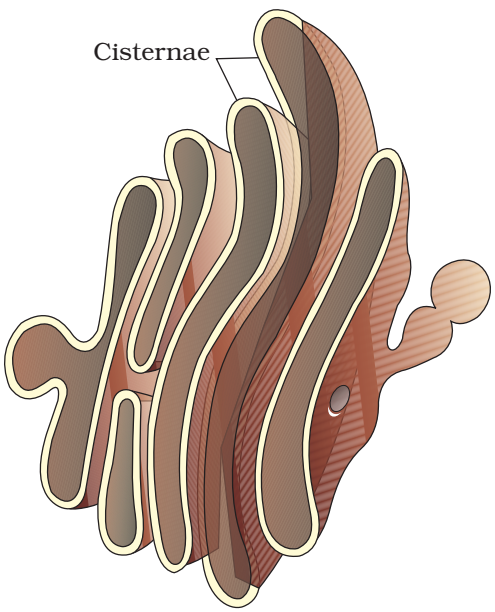


Figure 8.6 Golgi apparatus

face and concave *trans* or the maturing face. The *cis* and the *trans* faces of the organelle are entirely different, but interconnected.

The golgi apparatus principally performs the function of packaging materials, to be delivered either to the intra-cellular targets or secreted outside the cell. Materials to be packaged in the form of vesicles from the ER fuse with the *cis* face of the golgi apparatus and move towards the maturing face. This explains, why the golgi apparatus remains in close association with the endoplasmic reticulum. A number of proteins synthesised by ribosomes on the endoplasmic reticulum are modified in the cisternae of the golgi apparatus before they are released from its *trans* face. Golgi apparatus is the important site of formation of glycoproteins and glycolipids.

8.5.3.3 Lysosomes

These are membrane bound vesicular structures formed by the process of packaging in the golgi apparatus. The isolated lysosomal vesicles have been found to be very rich in almost all types of hydrolytic enzymes (hydrolases – lipases, proteases, carbohydrases) optimally active at the acidic pH. These enzymes are capable of digesting carbohydrates, proteins, lipids and nucleic acids.

8.5.3.4 Vacuoles

The vacuole is the membrane-bound space found in the cytoplasm. It contains water, sap, excretory product and other materials not useful for the cell. The vacuole is bound by a single membrane called tonoplast. In plant cells the vacuoles can occupy up to 90 per cent of the volume of the cell.

In plants, the tonoplast facilitates the transport of a number of ions and other materials against concentration gradients into the vacuole, hence their concentration is significantly higher in the vacuole than in the cytoplasm.

In *Amoeba* the **contractile vacuole** is important for excretion. In many cells, as in protists, **food vacuoles** are formed by engulfing the food particles.

8.5.4 Mitochondria

Mitochondria (sing.: mitochondrion), unless specifically stained, are not easily visible under the microscope. The number of mitochondria per cell is variable depending on the physiological activity of the cells. In terms of shape and size also, considerable degree of variability is observed. Typically it is sausage-shaped or cylindrical having a diameter of 0.2-1.0µm (average 0.5µm) and length 1.0-4.1µm. Each mitochondrion is a double

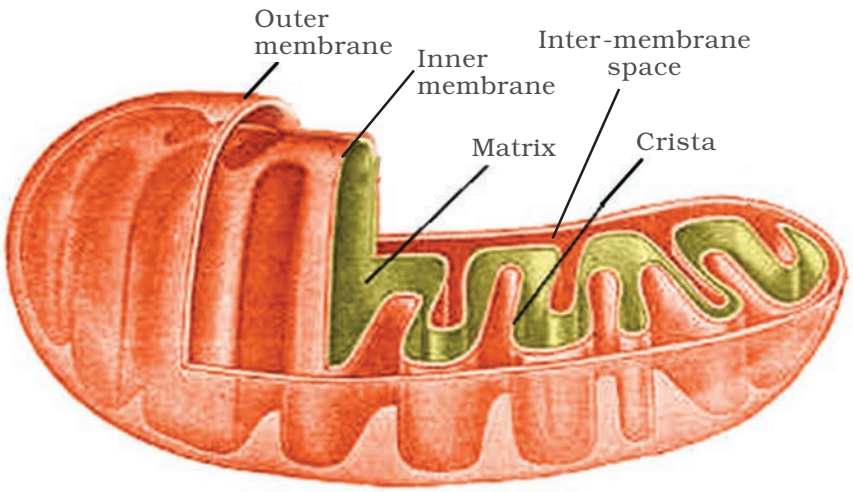


Figure 8.7 Structure of mitochondrion (Longitudinal section)

membrane-bound structure with the outer membrane and the inner membrane dividing its lumen distinctly into two aqueous compartments, i.e., the outer compartment and the inner compartment. The inner compartment is filled with a dense homogeneous substance called the **matrix**. The outer membrane forms the continuous limiting boundary of the organelle. The inner membrane forms a number of infoldings called the cristae (sing.: crista) towards the matrix (Figure 8.7). The cristae increase the surface area. The two membranes have their own specific enzymes associated with the mitochondrial function. Mitochondria are the sites of aerobic respiration. They produce cellular energy in the form of ATP, hence they are called 'power houses' of the cell. The matrix also possesses single circular DNA molecule, a few RNA molecules, ribosomes (70S) and the components required for the synthesis of proteins. The mitochondria divide by fission.

8.5.5 Plastids

Plastids are found in all plant cells and in euglenoides. These are easily observed under the microscope as they are large. They bear some specific pigments, thus imparting specific colours to the plants. Based on the type of pigments plastids can be classified into **chloroplasts, chromoplasts** and **leucoplasts.**

The chloroplasts contain **chlorophyll** and carotenoid pigments which are responsible for trapping light energy essential for photosynthesis. In the chromoplasts fat soluble **carotenoid** pigments like carotene, xanthophylls and others are present. This gives the part of the plant a yellow, orange or red colour. The leucoplasts are the colourless plastids of varied shapes and sizes with stored nutrients: **Amyloplasts** store carbohydrates (starch), e.g., potato; **elaioplasts** store oils and fats whereas

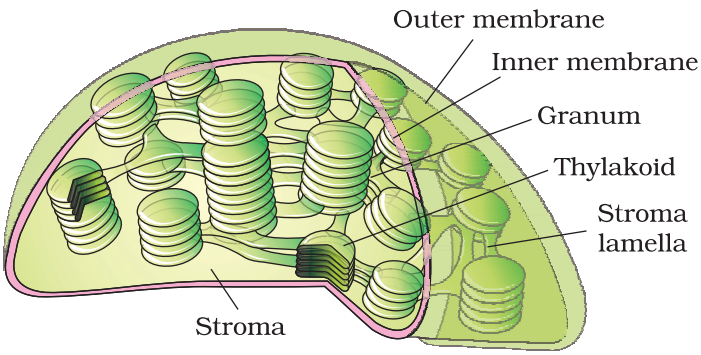


Figure 8.8 Sectional view of chloroplast

the **aleuroplasts** store proteins.

Majority of the chloroplasts of the green plants are found in the mesophyll cells of the leaves. These are lens-shaped, oval, spherical, discoid or even ribbon-like organelles having variable length (5-10µm) and width (2-4µm). Their number varies from 1 per cell of the *Chlamydomonas*, a green alga to 20-40 per cell in the mesophyll.

Like mitochondria, the chloroplasts are also double membrane bound. Of the two, the inner chloroplast membrane is relatively less permeable. The space limited by the inner membrane of the chloroplast is called the stroma. A number of organised flattened membranous sacs called the **thylakoids**, are present in the stroma (Figure 8.8). Thylakoids are arranged in stacks like the piles of coins called grana (singular: granum) or the intergranal thylakoids. In addition, there are flat membranous tubules called the stroma lamellae connecting the thylakoids of the different grana. The membrane of the thylakoids enclose a space called a lumen. The stroma of the chloroplast contains enzymes required for the synthesis of carbohydrates and proteins. It also contains small, double-stranded circular DNA molecules and ribosomes. Chlorophyll pigments are present in the thylakoids. The ribosomes of the chloroplasts are smaller (70S) than the cytoplasmic ribosomes (80S).

8.5.6 Ribosomes

Ribosomes are the granular structures first observed under the electron microscope as dense particles by George Palade (1953). They are composed of ribonucleic acid (RNA) and proteins and are not surrounded by any membrane.

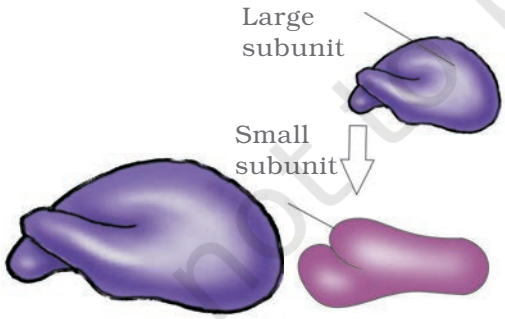


Figure 8.9 Ribosome

The eukaryotic ribosomes are 80S while the prokaryotic ribosomes are 70S. Each ribosome has two subunits, larger and smaller subunits (Fig 8.9). The two subunits of 80S ribosomes are 60S and 40S while that of 70S ribosomes are 50S and 30S. Here 'S' (Svedberg's Unit) stands for the sedimentation coefficient; it is indirectly a measure of density and size. Both 70S and 80S ribosomes are composed of two subunits.

8.5.7 Cytoskeleton

An elaborate network of filamentous proteinaceous structures present in the cytoplasm is collectively referred to as the **cytoskeleton**. The cytoskeleton in a cell are involved in many functions such as mechanical support, motility, maintenance of the shape of the cell.

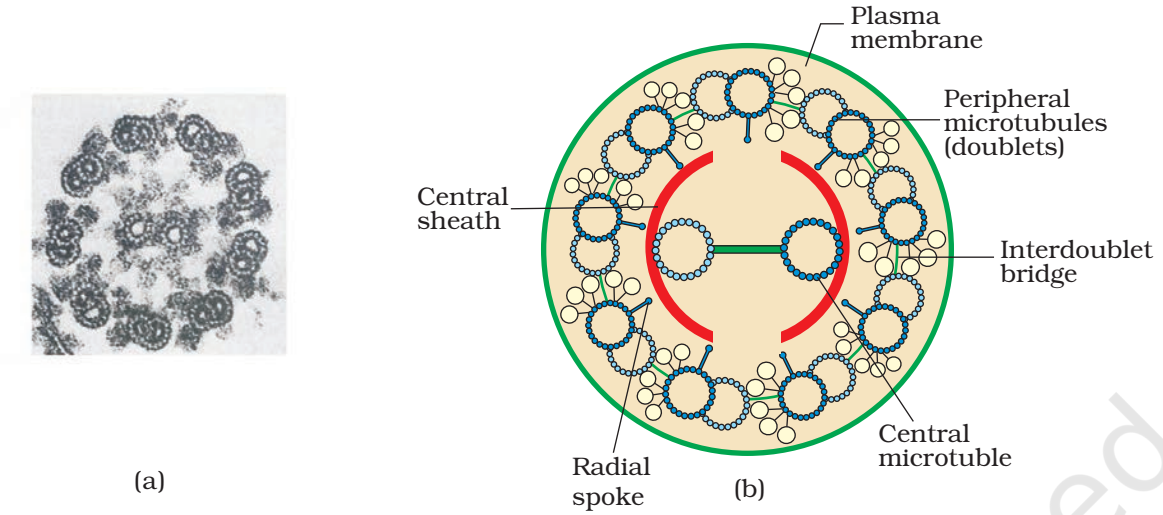


Figure 8.10 Section of cilia/flagella showing different parts : (a) Electron micrograph (b) Diagrammatic representation of internal structure

8.5.8 Cilia and Flagella

Cilia (sing.: cilium) and flagella (sing.: flagellum) are hair-like outgrowths of the cell membrane. Cilia are small structures which work like oars, causing the movement of either the cell or the surrounding fluid. Flagella are comparatively longer and responsible for cell movement. The prokaryotic bacteria also possess flagella but these are structurally different from that of the eukaryotic flagella.

The electron microscopic study of a cilium or the flagellum show that they are covered with plasma membrane. Their core called the **axoneme,** possesses a number of microtubules running parallel to the long axis. The axoneme usually has nine pairs of doublets of radially arranged peripheral microtubules, and a pair of centrally located microtubules. Such an arrangement of axonemal microtubules is referred to as the 9+2 array (Figure 8.10). The central tubules are connected by bridges and is also enclosed by a central sheath, which is connected to one of the tubules of each peripheral doublets by a radial spoke. Thus, there are nine radial spokes. The peripheral doublets are also interconnected by linkers. Both the cilium and flagellum emerge from centriole-like structure called the basal bodies.

8.5.9 Centrosome and Centrioles

Centrosome is an organelle usually containing two cylindrical structures called centrioles. They are surrounded by amorphous pericentriolar materials. Both the centrioles in a centrosome lie perpendicular to each other in which each has an organisation like the cartwheel. They are

made up of nine evenly spaced peripheral fibrils of tubulin protein. Each of the peripheral fibril is a triplet.The adjacent triplets are also linked. The central part of the proximal region of the centriole is also proteinaceous and called the **hub**, which is connected with tubules of the peripheral triplets by radial **spokes** made of protein. The centrioles form the basal body of cilia or flagella, and spindle fibres that give rise to spindle apparatus during cell division in animal cells.

8.5.10 Nucleus

Nucleus as a cell organelle was first described by Robert Brown as early as 1831. Later the material of the nucleus stained by the basic dyes was given the name **chromatin** by Flemming.

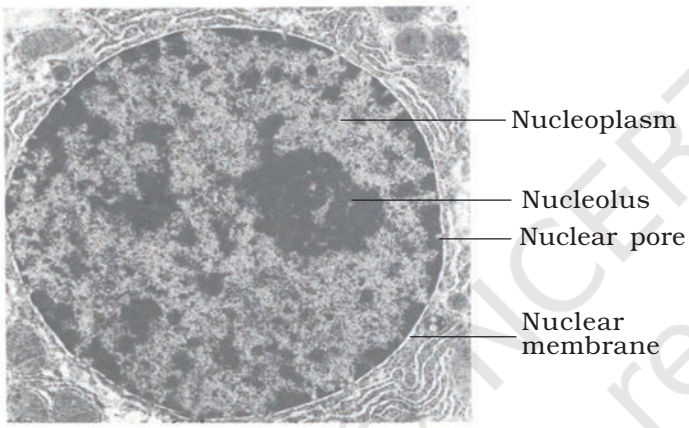


Figure 8.11 Structure of nucleus

The interphase nucleus (nucleus of a cell when it is not dividing) has highly extended and elaborate nucleoprotein fibres called chromatin, nuclear matrix and one or more spherical bodies called **nucleoli** (sing.: nucleolus) (Figure 8.11). Electron microscopy has revealed that the nuclear envelope, which consists of two parallel membranes with a space between (10 to 50 nm) called the **perinuclear space**, forms a barrier between the materials present inside the nucleus and that of the cytoplasm. The outer membrane usually remains continuous with the endoplasmic reticulum and also bears ribosomes on it. At a number of places the nuclear envelope is interrupted by minute pores, which are formed by the fusion of its two membranes. These nuclear pores are the passages through which movement of RNA and protein molecules takes place in both directions between the nucleus and the cytoplasm. Normally, there is only one nucleus per cell, variations in the number of nuclei are also frequently observed. *Can you recollect names of organisms that have more than one nucleus per cell?* Some mature cells even lack nucleus, e.g., erythrocytes of many mammals and sieve tube cells of vascular plants. *Would you consider these cells as 'living'?*

The nuclear matrix or the **nucleoplasm** contains nucleolus and chromatin. The nucleoli are spherical structures present in the nucleoplasm. The content of nucleolus is continuous with the rest of the nucleoplasm as it is not a membrane bound structure. It is a site for active ribosomal RNA synthesis. Larger and more numerous nucleoli are present in cells actively carrying out protein synthesis.

You may recall that the interphase nucleus has a loose and indistinct network of nucleoprotein fibres called chromatin. But during different stages of cell division, cells show structured **chromosomes** in place of the nucleus. Chromatin contains DNA and some basic proteins called **histones**, some non-histone proteins and also RNA. A single human cell has approximately two metre long thread of DNA distributed among its forty six (twenty three pairs) chromosomes. You will study the details of DNA packaging in the form of a chromosome in class XII.

Every chromosome (visible only in dividing cells) essentially has a primary constriction or the **centromere** on the sides of which disc shaped structures called **kinetochores** are present (Figure 8.12). Centromere holds two chromatids of a chromosome. Based on the position of the centromere, the chromosomes can be classified into four types (Figure 8.13). The **metacentric** chromosome has middle centromere forming two equal arms of the chromosome. The **sub-metacentric** chromosome has centromere slightly away from the middle of the chromosome resulting into one shorter arm and one longer arm. In case of **acrocentric** chromosome the centromere is situated close to its end forming one extremely short and one very long arm, whereas the **telocentric** chromosome has a terminal centromere.

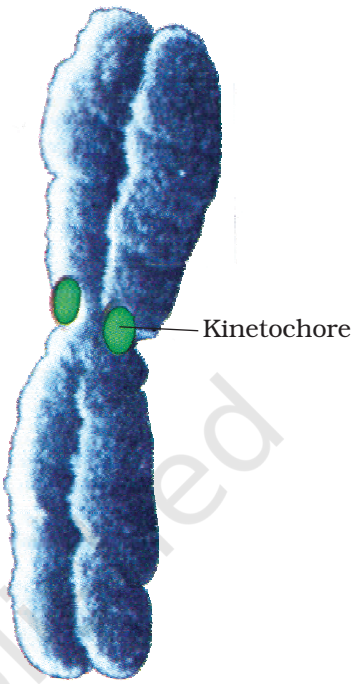


Figure 8.12 Chromosome with kinetochore

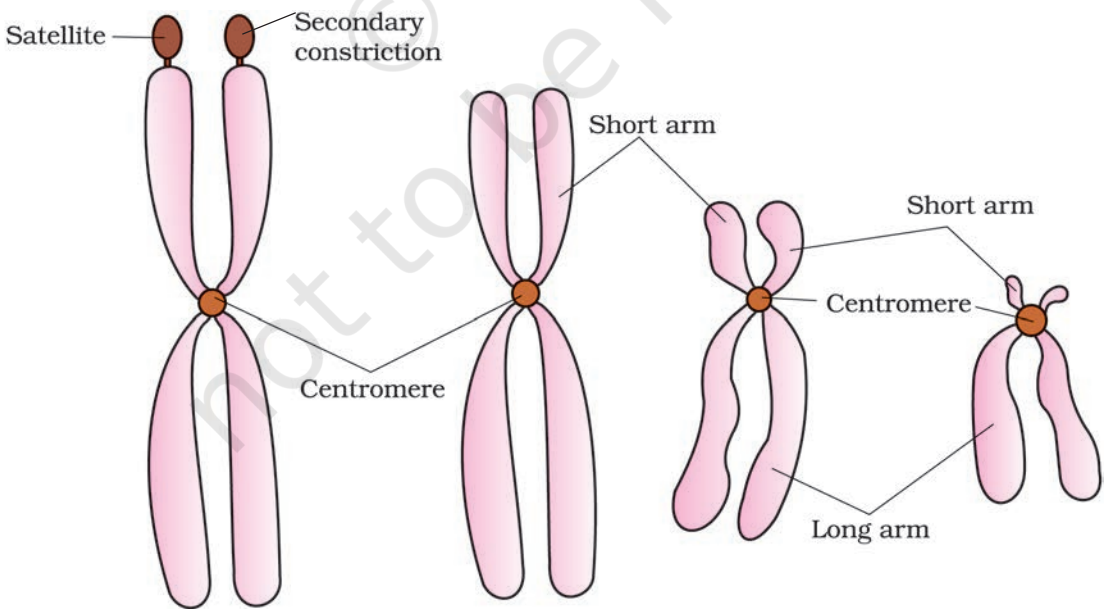


Figure 8.13 Types of chromosomes based on the position of centromere

Sometimes a few chromosomes have non-staining secondary constrictions at a constant location. This gives the appearance of a small fragment called the **satellite**.

8.5.11 Microbodies

Many membrane bound minute vesicles called microbodies that contain various enzymes, are present in both plant and animal cells.

SUMMARY

All organisms are made of cells or aggregates of cells. Cells vary in their shape, size and activities/functions. Based on the presence or absence of a membrane bound nucleus and other organelles, cells and hence organisms can be named as eukaryotic or prokaryotic.

A typical eukaryotic cell consists of a cell membrane, nucleus and cytoplasm. Plant cells have a cell wall outside the cell membrane. The plasma membrane is selectively permeable and facilitates transport of several molecules. The endomembrane system includes ER, golgi complex, lysosomes and vacuoles. All the cell organelles perform different but specific functions. Centrosome and centriole form the basal body of cilia and flagella that facilitate locomotion. In animal cells, centrioles also form spindle apparatus during cell division. Nucleus contains nucleoli and chromatin network. It not only controls the activities of organelles but also plays a major role in heredity.

Endoplasmic reticulum contains tubules or cisternae. They are of two types: rough and smooth. ER helps in the transport of substances, synthesis of proteins, lipoproteins and glycogen. The golgi body is a membranous organelle composed of flattened sacs. The secretions of cells are packed in them and transported from the cell. Lysosomes are single membrane structures containing enzymes for digestion of all types of macromolecules. Ribosomes are involved in protein synthesis. These occur freely in the cytoplasm or are associated with ER. Mitochondria help in oxidative phosphorylation and generation of adenosine triphosphate. They are bound by double membrane; the outer membrane is smooth and inner one folds into several cristae. Plastids are pigment containing organelles found in plant cells only. In plant cells, chloroplasts are responsible for trapping light energy essential for photosynthesis. The grana, in the plastid, is the site of light reactions and the stroma of dark reactions. The green coloured plastids are chloroplasts, which contain chlorophyll, whereas the other coloured plastids are chromoplasts, which may contain pigments like carotene and xanthophyll. The nucleus is enclosed by nuclear envelope, a double membrane structure with nuclear pores. The inner membrane encloses the nucleoplasm and the chromatin material. Thus, cell is the structural and functional unit of life.

EXERCISES

1. Which of the following is not correct?
   (a) Robert Brown discovered the cell.
   (b) Schleiden and Schwann formulated the cell theory.
   (c) Virchow explained that cells are formed from pre-existing cells.
   (d) A unicellular organism carries out its life activities within a single cell.
2. New cells generate from
   (a) bacterial fermentation (b) regeneration of old cells
   (c) pre-existing cells (d) abiotic materials
3. Match the following

Column I	Column II
(a) Cristae	(i) Flat membranous sacs in stroma
(b) Cisternae	(ii) Infoldings in mitochondria
(c) Thylakoids	(iii) Disc-shaped sacs in Golgi apparatus

4. Which of the following is correct:
   (a) Cells of all living organisms have a nucleus.
   (b) Both animal and plant cells have a well defined cell wall.
   (c) In prokaryotes, there are no membrane bound organelles.
   (d) Cells are formed *de novo* from abiotic materials.
5. What is a mesosome in a prokaryotic cell? Mention the functions that it performs.
6. How do neutral solutes move across the plasma membrane? Can the polar molecules also move across it in the same way? If not, then how are these transported across the membrane?
7. Name two cell-organelles that are double membrane bound. What are the characteristics of these two organelles? State their functions and draw labelled diagrams of both.
8. What are the characteristics of prokaryotic cells?
9. Multicellular organisms have division of labour. Explain.
10. Cell is the basic unit of life. Discuss in brief.
11. What are nuclear pores? State their function.
12. Both lysosomes and vacuoles are endomembrane structures, yet they differ in terms of their functions. Comment.
13. Describe the structure of the following with the help of labelled diagrams.
    (i) Nucleus (ii) Centrosome
14. What is a centromere? How does the position of centromere form the basis of classification of chromosomes. Support your answer with a diagram showing the position of centromere on different types of chromosomes.

Chapter 9

Biomolecules

There is a wide diversity in living organisms in our biosphere. Now a question that arises in our minds is: Are all living organisms made of the same chemicals, i.e., elements and compounds? You have learnt in chemistry how elemental analysis is performed. If we perform such an analysis on a plant tissue, animal tissue or a microbial paste, we obtain a list of elements like carbon, hydrogen, oxygen and several others and their respective content per unit mass of a living tissue. If the same analysis is performed on a piece of earth's crust as an example of non-living matter, we obtain a similar list. What are the differences between the two lists? In absolute terms, no such differences could be made out. All the elements present in a sample of earth's crust are also present in a sample of living tissue. However, a closer examination reveals that the relative abundance of carbon and hydrogen with respect to other elements is higher in any living organism than in earth's crust (Table 9.1).

9.1 How to Analyse Chemical Composition?

We can continue asking in the same way, what type of organic compounds are found in living organisms? How does one go about finding the answer? To get an answer, one has to perform a chemical analysis. We can take any living tissue (a vegetable or a piece of liver, etc.) and grind it in trichloroacetic acid (Cl_3CCOOH) using a mortar and a pestle. We obtain a thick slurry. If we were to strain this through a cheesecloth or cotton we would obtain two fractions. One is called the filtrate or more technically, the acid-soluble pool, and the second, the retentate or the acid-insoluble fraction. Scientists have found thousands of organic compounds in the acid-soluble pool.

In higher classes you will learn about how to analyse a living tissue sample and identify a particular organic compound. It will suffice to say here that one extracts the compounds, then subjects the extract to various separation techniques till one has separated a compound from all other compounds. In other words, one isolates and purifies a compound. Analytical techniques, when applied to the compound give us an idea of the molecular formula and the probable structure of the compound. All the carbon compounds that we get from living tissues can be called 'biomolecules'. However, living organisms have also got inorganic elements and compounds in them. How do we know this? A slightly different but destructive experiment has to be done. One weighs a small amount of a living tissue (say a leaf or liver and this is called wet weight) and dry it. All the water, evaporates. The remaining material gives dry weight. Now if the tissue is fully burnt, all the carbon compounds are oxidised to gaseous form (CO_2, water vapour) and are removed. What is remaining is called 'ash'. This ash contains inorganic elements (like calcium, magnesium etc). Inorganic compounds like sulphate, phosphate, etc., are also seen in the acid-soluble fraction. Therefore elemental analysis gives elemental composition of living tissues in the form of hydrogen, oxygen, chlorine, carbon etc. while analysis for compounds gives an idea of the kind of organic (Figure 9.1) and inorganic constituents (Table 9.2) present in living tissues. From a chemistry point of view, one can identify functional groups like aldehydes, ketones, aromatic compounds, etc. But from a biological point of view, we shall classify them into amino acids, nucleotide bases, fatty acids etc.

TABLE 9.1 A Comparison of Elements Present in Non-living and Living Matter*

Element	% Weight of Earth's crust	% Weight of Human body
Hydrogen (H)	0.14	0.5
Carbon (C)	0.03	18.5
Oxygen (O)	46.6	65.0
Nitrogen (N)	very little	3.3
Sulphur (S)	0.03	0.3
Sodium (Na)	2.8	0.2
Calcium (Ca)	3.6	1.5
Magnesium (Mg)	2.1	0.1
Silicon (Si)	27.7	negligible

* Adapted from CNR Rao, *Understanding Chemistry*, Universities Press, Hyderabad.

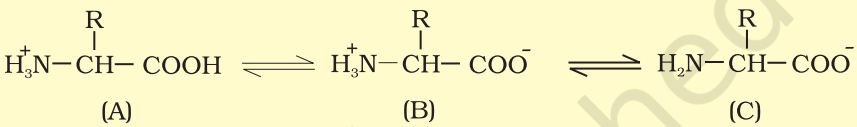
TABLE 9.2 A List of Representative Inorganic Constituents of Living Tissues

Component	Formula
Sodium	Na^+
Potassium	K^+
Calcium	Ca^{++}
Magnesium	Mg^{++}
Water	H_2O
Compounds	NaCl, $CaCO_3$, PO_4^{3-} , SO_4^{2-}

Amino acids are organic compounds containing an amino group and an acidic group as substituents on the same carbon i.e., the α-carbon. Hence, they are called α-amino acids. They are substituted methanes. There are four substituent groups occupying the four valency positions. These are hydrogen, carboxyl group, amino group and a variable group designated as R group. Based on the nature of R group there are many amino acids. However, those which occur in proteins are only of twenty

types. The R group in these proteinaceous amino acids could be a hydrogen (the amino acid is called glycine), a methyl group (alanine), hydroxy methyl (serine), etc. Three of the twenty are shown in Figure 9.1.

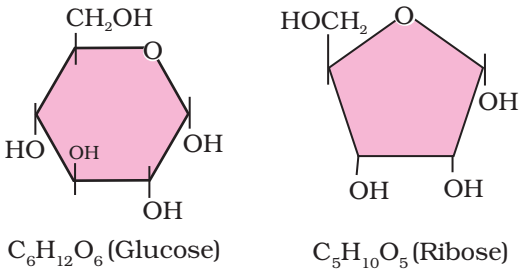
The chemical and physical properties of amino acids are essentially of the amino, carboxyl and the R functional groups. Based on number of amino and carboxyl groups, there are acidic (e.g., glutamic acid), basic (lysine) and neutral (valine) amino acids. Similarly, there are aromatic amino acids (tyrosine, phenylalanine, tryptophan). A particular property of amino acids is the ionizable nature of $-NH_2$ and –COOH groups. Hence in solutions of different pHs, the structure of amino acids changes.



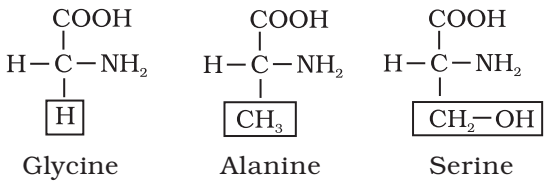
B is called zwitterionic form.

Lipids are generally water insoluble. They could be simple fatty acids. A fatty acid has a carboxyl group attached to an R group. The R group could be a methyl ($-CH_3$), or ethyl ($-C_2H_5$) or higher number of $-CH_2$ groups (1 carbon to 19 carbons). For example, palmitic acid has 16 carbons including carboxyl carbon. Arachidonic acid has 20 carbon atoms including the carboxyl carbon. Fatty acids could be saturated (without double bond) or unsaturated (with one or more C=C double bonds). Another simple lipid is glycerol which is trihydroxy propane. Many lipids have both glycerol and fatty acids. Here the fatty acids are found esterified with glycerol. They can be then monoglycerides, diglycerides and triglycerides. These are also called fats and oils based on melting point. Oils have lower melting point (e.g., gingelly oil) and hence remain as oil in winters. Can you identify a fat from the market? Some lipids have phosphorous and a phosphorylated organic compound in them. These are phospholipids. They are found in cell membrane. Lecithin is one example. Some tissues especially the neural tissues have lipids with more complex structures.

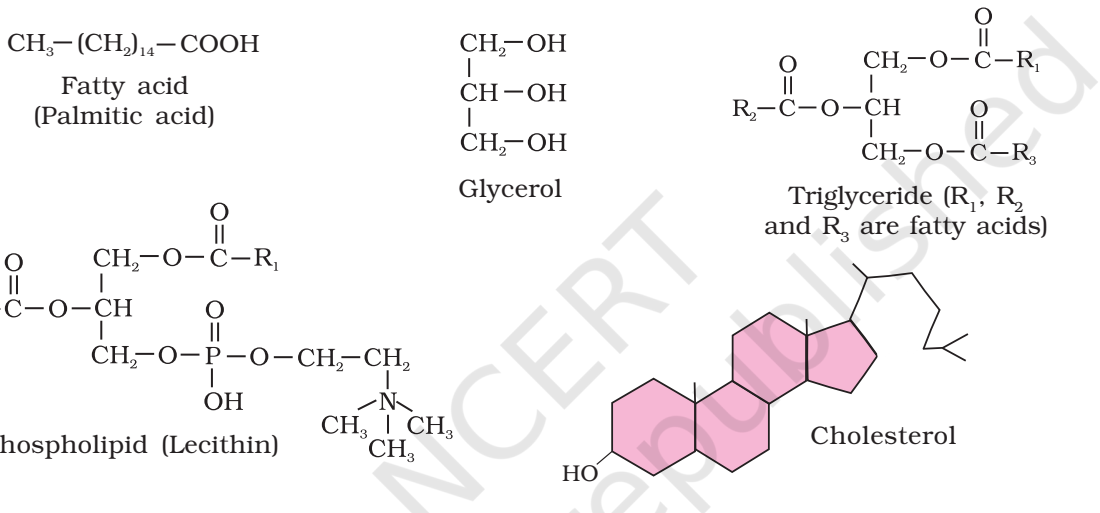
Living organisms have a number of carbon compounds in which heterocyclic rings can be found. Some of these are nitrogen bases – adenine, guanine, cytosine, uracil, and thymine. When found attached to a sugar, they are called nucleosides. If a phosphate group is also found esterified to the sugar they are called nucleotides. Adenosine, guanosine, thymidine, uridine and cytidine are nucleosides. Adenylic acid, thymidylic acid, guanylic acid, uridylic acid and cytidylic acid are nucleotides. Nucleic acids like DNA and RNA consist of nucleotides only. DNA and RNA function as genetic material.



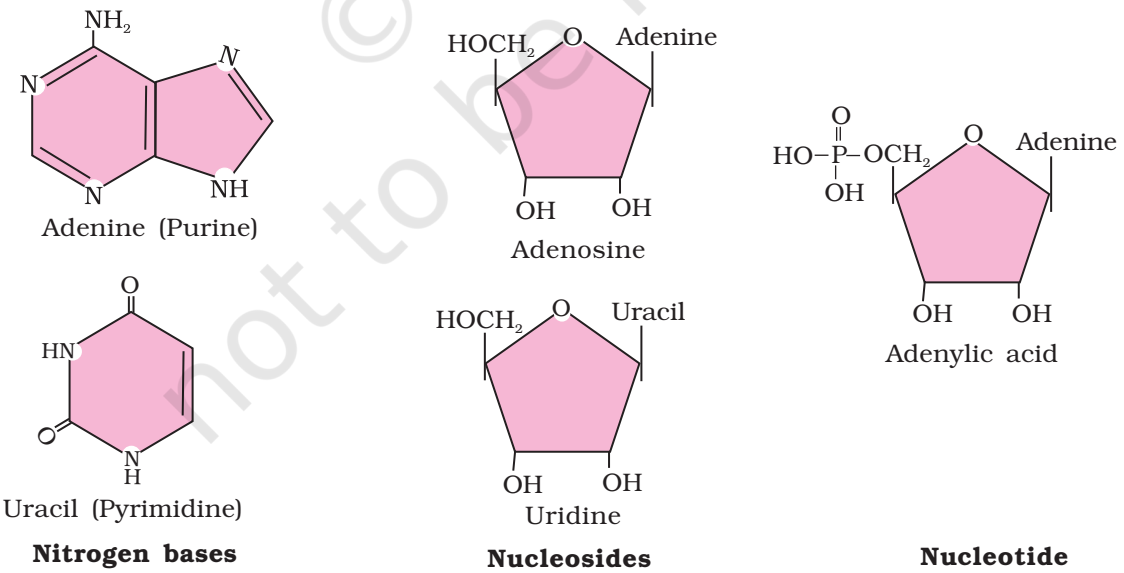
Sugars (Carbohydrates)



Amino acids



Fats and oils (lipids)



Nitrogen bases **Nucleosides** **Nucleotide**

Figure 9.1 Diagrammatic representation of small molecular weight organic compounds in living tissues

9.2 PRIMARY AND SECONDARY METABOLITES

The most exciting aspect of chemistry deals with isolating thousands of compounds, small and big, from living organisms, determining their structure and if possible synthesising them.

If one were to make a list of biomolecules, such a list would have thousands of organic compounds including amino acids, sugars, etc. For reasons that are given in section 9.10, we can call these biomolecules as 'metabolites'. In animal tissues, one notices the presence of all such categories of compounds shown in Figure 9.1. These are called primary metabolites. However, when one analyses plant, fungal and microbial cells, one would see thousands of compounds other than these called primary metabolites, e.g. alkaloids, flavonoids, rubber, essential oils, antibiotics, coloured pigments, scents, gums, spices. These are called **secondary metabolites** (Table 9.3). While primary metabolites have identifiable functions and play known roles in normal physiologial processes, we do not at the moment, understand the role or functions of all the 'secondary metabolites' in host organisms. However, many of them are useful to 'human welfare' (e.g., rubber, drugs, spices, scents and pigments). Some secondary metabolites have ecological importance. In the later chapters and years you will learn more about this.

TABLE 9.3 Some Secondary Metabolites

Pigments	Carotenoids, Anthocyanins, etc.
Alkaloids	Morphine, Codeine, etc.
Terpenoides	Monoterpenes, Diterpenes etc.
Essential oils	Lemon grass oil, etc.
Toxins	Abrin, Ricin
Lectins	Concanavalin A
Drugs	Vinblastin, curcumin, etc.
Polymeric substances	Rubber, gums, cellulose

9.3 BIOMACROMOLECULES

There is one feature common to all those compounds found in the acid soluble pool. They have molecular weights ranging from 18 to around 800 daltons (Da) approximately.

The acid insoluble fraction, has only four types of organic compounds i.e., proteins, nucleic acids, polysaccharides and lipids. These classes of compounds with the exception of lipids, have molecular weights in the range of ten thousand daltons and above. For this very reason, biomolecules, i.e., chemical compounds found in living organisms are of two types. One, those which have molecular weights less than one thousand dalton and are usually referred to as micromolecules or simply biomolecules while those which are found in the acid insoluble fraction are called macromolecules or **biomacromolecules**.

The molecules in the insoluble fraction with the exception of lipids are polymeric substances. Then why do lipids, whose molecular weights do not exceed 800 Da, come under acid insoluble fraction, i.e., macromolecular fraction? Lipids are indeed small molecular weight

compounds and are present not only as such but also arranged into structures like cell membrane and other membranes. When we grind a tissue, we are disrupting the cell structure. Cell membrane and other membranes are broken into pieces, and form vesicles which are not water soluble. Therefore, these membrane fragments in the form of vesicles get separated along with the acid insoluble pool and hence in the macromolecular fraction. Lipids are not strictly macromolecules.

The acid soluble pool represents roughly the cytoplasmic composition. The macromolecules from cytoplasm and organelles become the acid insoluble fraction. Together they represent the entire chemical composition of living tissues or organisms.

In summary if we represent the chemical composition of living tissue from abundance point of view and arrange them class-wise, we observe that water is the most abundant chemical in living organisms (Table 9.4).

TABLE 9.4 Average Composition of Cells

Component	% of the total cellular mass
Water	70-90
Proteins	10-15
Carbohydrates	3
Lipids	2
Nucleic acids	5-7
Ions	1

9.4 PROTEINS

Proteins are polypeptides. They are linear chains of amino acids linked by peptide bonds as shown in Figure 9.3.

Each protein is a polymer of amino acids. As there are 20 types of amino acids (e.g., alanine, cysteine, proline, tryptophan, lysine, etc.), a protein is a heteropolymer and not a homopolymer. A homopolymer has only one type of monomer repeating 'n' number of times. This information about the amino acid content is important as later in your nutrition lessons, you will learn that certain amino acids are essential for our health and they have to be supplied through our diet. Hence, dietary proteins are the source of essential amino acids. Therefore, amino acids can be essential or non-essential. The latter are those which our body can make, while we get essential amino acids through our diet/food. Proteins carry out many functions in living organisms, some transport nutrients across cell membrane, some fight infectious organisms, some are hormones, some are enzymes,

TABLE 9.5 Some Proteins and their Functions

Protein	Functions
Collagen	Intercellular ground substance
Trypsin	Enzyme
Insulin	Hormone
Antibody	Fights infectious agents
Receptor	Sensory reception (smell, taste, hormone, etc.)
GLUT-4	Enables glucose transport into cells

etc. (Table 9.5). Collagen is the most abundant protein in animal world and Ribulose bisphosphate Carboxylase-Oxygenase (RuBisCO) is the most abundant protein in the whole of the biosphere.

9.5 POLYSACCHARIDES

The acid insoluble pellet also has polysaccharides (carbohydrates) as another class of macromolecules. Polysaccharides are long chains of sugars. They are threads (literally a cotton thread) containing different monosaccharides as building blocks. For example, cellulose is a polymeric polysaccharide consisting of only one type of monosaccharide i.e., glucose. Cellulose is a homopolymer. Starch is a variant of this but present as a store house of energy in plant tissues. Animals have another variant called glycogen. Inulin is a polymer of fructose. In a polysaccharide chain (say glycogen), the right end is called the reducing end and the left end is called the non-reducing end. It has branches as shown in the form of a cartoon (Figure 9.2). Starch forms helical secondary structures. In fact, starch can hold I_2 molecules in the helical portion. The starch-I_2 is blue in colour. Cellulose does not contain complex helices and hence cannot hold I_2.

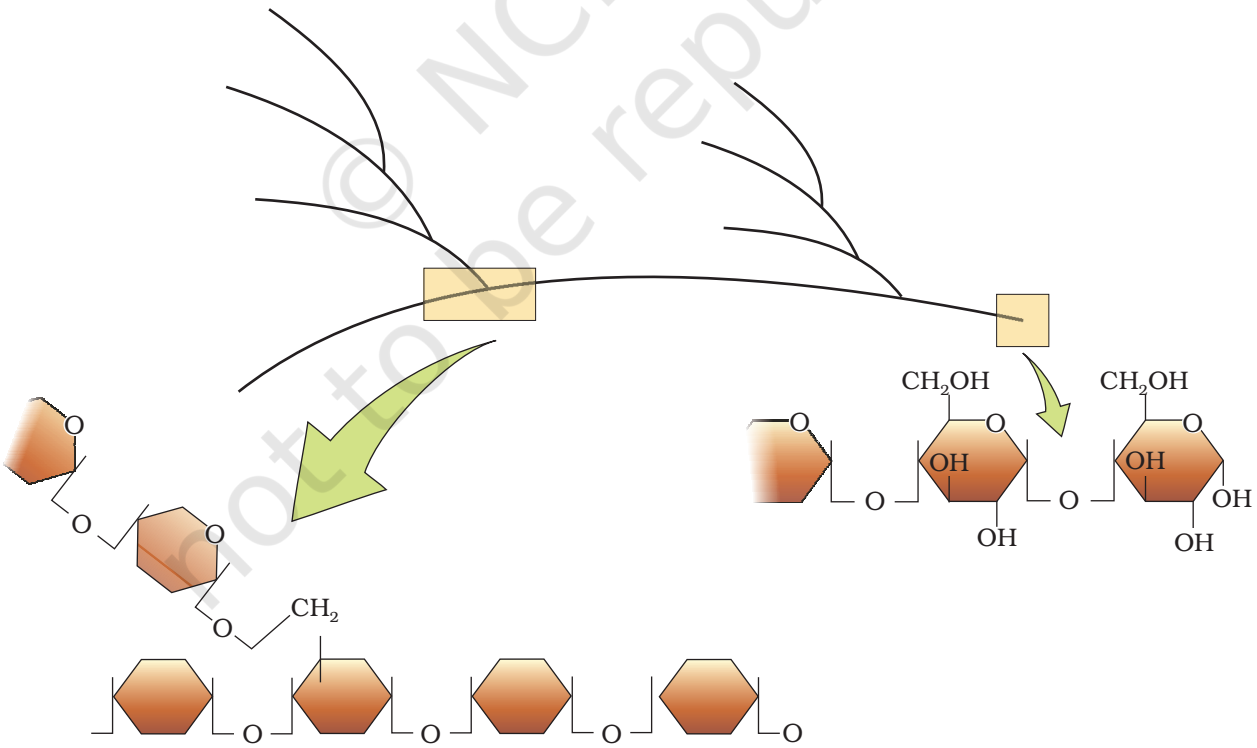


Figure 9.2 Diagrammatic representation of a portion of glycogen

Plant cell walls are made of cellulose. Paper made from plant pulp and cotton fibre is cellulosic. There are more complex polysaccharides in nature. They have as building blocks, amino-sugars and chemically modified sugars (e.g., glucosamine, N-acetyl galactosamine, etc.). Exoskeletons of arthropods, for example, have a complex polysaccharide called chitin. These complex polysaccharides are mostly homopolymers.

9.6 NUCLEIC ACIDS

The other type of macromolecule that one would find in the acid insoluble fraction of any living tissue is the nucleic acid. These are polynucleotides. Together with polysaccharides and polypeptides these comprise the true macromolecular fraction of any living tissue or cell. For nucleic acids, the building block is a nucleotide. A nucleotide has three chemically distinct components. One is a heterocyclic compound, the second is a monosaccharide and the third a phosphoric acid or phosphate.

As you notice in Figure 9.1, the heterocyclic compounds in nucleic acids are the nitrogenous bases named adenine, guanine, uracil, cytosine, and thymine. Adenine and Guanine are substituted purines while the rest are substituted pyrimidines. The skeletal heterocyclic ring is called as purine and pyrimidine respectively. The sugar found in polynucleotides is either ribose (a monosaccharide pentose) or 2' deoxyribose. A nucleic acid containing deoxyribose is called deoxyribonucleic acid (DNA) while that which contains ribose is called ribonucleic acid (RNA).

9.7 STRUCTURE OF PROTEINS

Proteins, as mentioned earlier, are heteropolymers containing strings of amino acids. Structure of molecules means different things in different contexts. In inorganic chemistry, the structure invariably refers to the molecular formulae (e.g., NaCl, $MgCl_2$, etc.). Organic chemists always write a two dimensional view of the molecules while representing the structure of the molecules (e.g., benzene, naphthalene, etc.). Physicists conjure up the three dimensional views of molecular structures while biologists describe the protein structure at four levels. The sequence of amino acids i.e., the positional information in a protein – which is the first amino acid, which is second, and so on – is called the **primary structure** (Figure 9.3) of a protein. A protein is imagined as a line, the left end represented by the first amino acid and the right end represented by the last amino

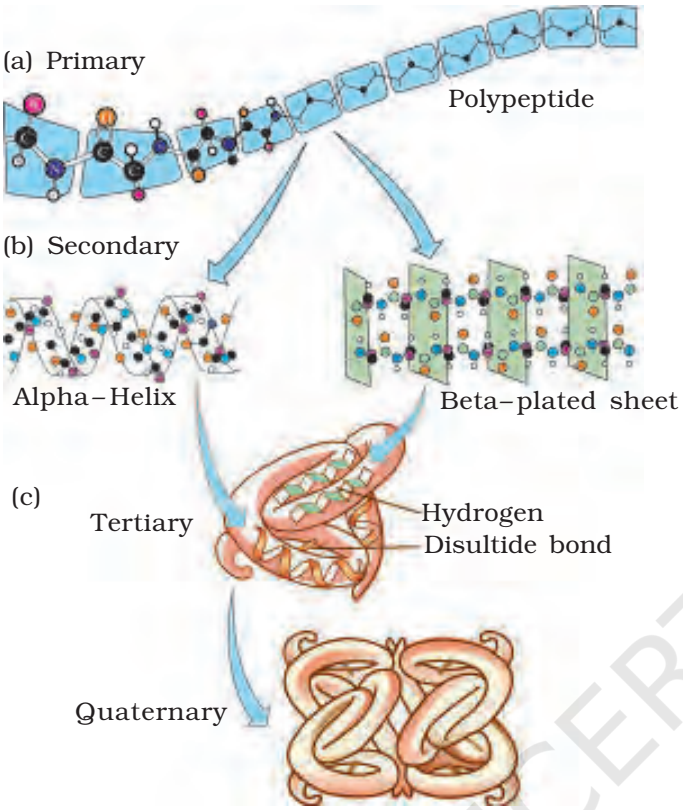


Figure 9.3 Various levels of Protein Structure

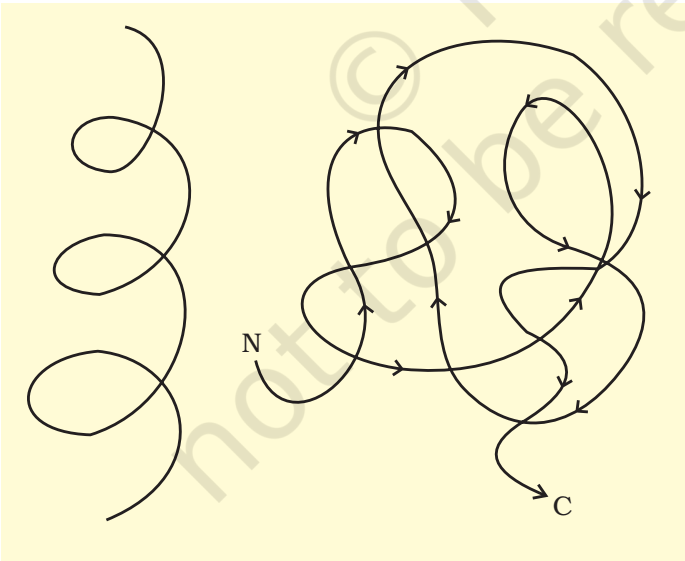


Figure 9.4 Cartoon showing : (a) A secondary structure and (b) A tertiary structure of proteins

acid. The first amino acid is also called as N-terminal amino acid. The last amino acid is called the C-terminal amino acid. A protein thread does not exist throughout as an extended rigid rod. The thread is folded in the form of a helix (similar to a revolving staircase). Of course, only some portions of the protein thread are arranged in the form of a helix. In proteins, only right handed helices are observed. Other regions of the protein thread are folded into other forms in what is called the **secondary structure**. In addition, the long protein chain is also folded upon itself like a hollow woolen ball, giving rise to the **tertiary structure** (Figure 9.4 a, b). This gives us a 3-dimensional view of a protein. Tertiary structure is absolutely necessary for the many biological activities of proteins.

Some proteins are an assembly of more than one polypeptide or subunits. The manner in which these individual folded polypeptides or subunits are arranged with respect to each other (e.g. linear string of spheres, spheres arranged one upon each other in the form of a cube or plate etc.) is the architecture of a protein otherwise called the **quaternary structure** of a protein. Adult human haemoglobin consists of 4 subunits. Two of these are identical to each other. Hence, two subunits of α type and two subunits of β type together constitute the human haemoglobin (Hb).

9.8 NATURE OF BOND LINKING MONOMERS IN A POLYMER

In a polypeptide or a protein, amino acids are linked by a **peptide bond** which is formed when the carboxyl (-COOH) group of one amino acid reacts with the amino (-NH_2) group of the next amino acid with the elimination of a water moiety (the process is called dehydration). In a polysaccharide the individual monosaccharides are linked by a **glycosidic bond**. This bond is also formed by dehydration. This bond is formed between two carbon atoms of two adjacent monosaccharides. In a nucleic acid a phosphate moiety links the 3'-carbon of one sugar of one nucleotide to the 5'-carbon of the sugar of the succeeding nucleotide. The bond between the phosphate and hydroxyl group of sugar is an ester bond. As there is one such ester bond on either side, it is called phosphodiester bond (Figure 9.5).

Nucleic acids exhibit a wide variety of secondary structures. For example, one of the secondary structures exhibited by DNA is the famous Watson-Crick model. This model says that DNA exists as a double helix. The two strands of polynucleotides are antiparallel i.e., run in the opposite direction. The backbone is formed by the sugar-phosphate-sugar chain. The nitrogen bases are projected more or less perpendicular to this backbone but face inside. A and G of one strand compulsorily base pairs with T and C, respectively, on the other strand.

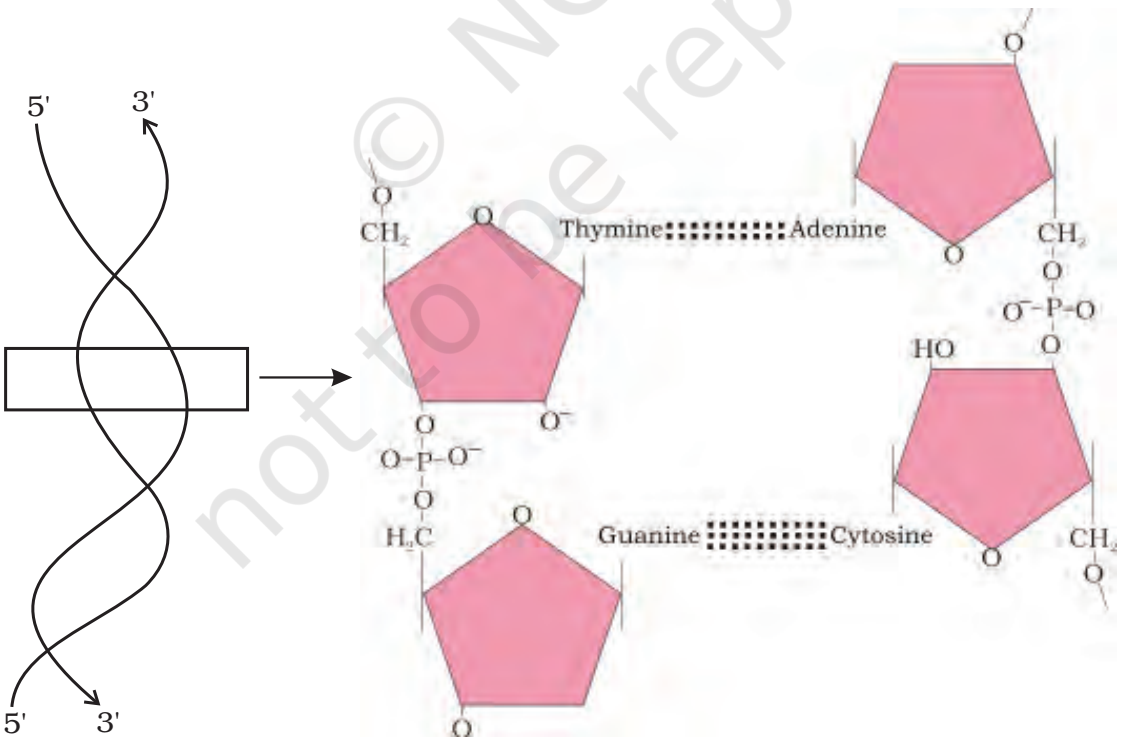


Figure 9.5 Diagram indicating secondary structure of DNA

There are two hydrogen bonds between A and T and three hydrogen bonds between G and C. Each strand appears like a helical staircase. Each step of ascent is represented by a pair of bases. At each step of ascent, the strand turns 36°. One full turn of the helical strand would involve ten steps or ten base pairs. Attempt drawing a line diagram. The pitch would be 34Å. The rise per base pair would be 3.4Å. This form of DNA with the above mentioned salient features is called B-DNA. In higher classes, you will be told that there are more than a dozen forms of DNA named after English alphabets with unique structural features.

9.9 Dynamic State of Body Constituents – Concept of Metabolism

What we have learnt till now is that living organisms, be it a simple bacterial cell, a protozoan, a plant or an animal, contain thousands of organic compounds. These compounds or biomolecules are present in certain concentrations (expressed as mols/cell or mols/litre etc.). One of the greatest discoveries ever made was the observation that all these biomolecules have a **turn over**. This means that they are constantly being changed into some other biomolecules and also made from some other biomolecules. This breaking and making is through chemical reactions constantly occuring in living organisms. Together all these chemical reactions are called **metabolism**. Each of the metabolic reactions results in the transformation of biomolecules. A few examples for such metabolic transformations are: removal of CO_2 from amino acids making an amino acid into an amine, removal of amino group in a nucleotide base; hydrolysis of a glycosidic bond in a disaccharide, etc. We can list tens and thousands of such examples. Majority of these metabolic reactions do not occur in isolation but are always linked to some other reactions. In other words, metabolites are converted into each other in a series of linked reactions called metabolic pathways. These metabolic pathways are similar to the automobile traffic in a city. These pathways are either linear or circular. These pathways criss-cross each other, i.e., there are traffic junctions. Flow of metabolites through metabolic pathway has a definite rate and direction like automobile traffic. This metabolite flow is called the dynamic state of body constituents. What is most important is that this interlinked metabolic traffic is very smooth and without a single reported mishap for healthy conditions. Another feature of these metabolic reactions is that every chemical reaction is a **catalysed reaction**. There is no uncatalysed metabolic conversion in living systems. Even CO_2 dissolving in water, a physical process, is a catalysed reaction in living systems. The catalysts which hasten the rate of a given metabolic conversation are also proteins. These proteins with catalytic power are named **enzymes**.

9.10 METABOLIC BASIS FOR LIVING

Metabolic pathways can lead to a more complex structure from a simpler structure (for example, acetic acid becomes cholesterol) or lead to a simpler structure from a complex structure (for example, glucose becomes lactic acid in our skeletal muscle). The former cases are called biosynthetic pathways or **anabolic** pathways. The latter constitute degradation and hence are called **catabolic** pathways. Anabolic pathways, as expected, consume energy. Assembly of a protein from amino acids requires energy input. On the other hand, catabolic pathways lead to the release of energy. For example, when glucose is degraded to lactic acid in our skeletal muscle, energy is liberated. This metabolic pathway from glucose to lactic acid which occurs in 10 metabolic steps is called glycolysis. Living organisms have learnt to trap this energy liberated during degradation and store it in the form of chemical bonds. As and when needed, this bond energy is utilised for biosynthetic, osmotic and mechanical work that we perform. The most important form of energy currency in living systems is the bond energy in a chemical called **adenosine triphosphate (ATP)**.

How do living organisms derive their energy? What strategies have they evolved? How do they store this energy and in what form? How do they convert this energy into work? You will study and understand all this under a sub-discipline called 'Bioenergetics' later in your higher classes.

9.11 THE LIVING STATE

At this level, you must understand that the tens and thousands of chemical compounds in a living organism, otherwise called metabolites, or biomolecules, are present at concentrations characteristic of each of them. For example, the blood concentration of glucose in a normal healthy individual is 4.5-5.0 mM, while that of hormones would be nanograms/mL. The most important fact of biological systems is that all living organisms exist in a steady-state characterised by concentrations of each of these biomolecules. These biomolecules are in a metabolic flux. Any chemical or physical process moves spontaneously to equilibrium. The steady state is a non-equilibrium state. One should remember from physics that systems at equilibrium cannot perform work. As living organisms work continuously, they cannot afford to reach equilibrium. **Hence the living state is a non-equilibrium steady-state to be able to perform work**; living process is a constant effort to prevent falling into equilibrium. This is achieved by energy input. Metabolism provides a mechanism for the production of energy. Hence the living state and metabolism are synonymous. Without metabolism there cannot be a living state.

9.12 ENZYMES

Almost all enzymes are proteins. There are some nucleic acids that behave like enzymes. These are called ribozymes. One can depict an enzyme by a line diagram. An enzyme like any protein has a primary structure, i.e., amino acid sequence of the protein. An enzyme like any protein has the secondary and the tertiary structure. When you look at a tertiary structure (Figure 9.4 b) you will notice that the backbone of the protein chain folds upon itself, the chain criss-crosses itself and hence, many crevices or pockets are made. One such pocket is the 'active site'. An active site of an enzyme is a crevice or pocket into which the substrate fits. Thus enzymes, through their active site, catalyse reactions at a high rate. Enzyme catalysts differ from inorganic catalysts in many ways, but one major difference needs mention. Inorganic catalysts work efficiently at high temperatures and high pressures, while enzymes get damaged at high temperatures (say above 40°C). However, enzymes isolated from organisms who normally live under extremely high temperatures (e.g., hot vents and sulphur springs), are stable and retain their catalytic power even at high temperatures (upto 80°-90°C). Thermal stability is thus an important quality of such enzymes isolated from thermophilic organisms.

9.12.1 Chemical Reactions

How do we understand these enzymes? Let us first understand a chemical reaction. Chemical compounds undergo two types of changes. A physical change simply refers to a change in shape without breaking of bonds. This is a physical process. Another physical process is a change in state of matter: when ice melts into water, or when water becomes a vapour. These are also physical processes. However, when bonds are broken and new bonds are formed during transformation, this will be called a chemical reaction. For example:

$$Ba(OH)_2 + H_2SO_4 \rightarrow BaSO_4 + 2H_2O$$

is an inorganic chemical reaction. Similarly, hydrolysis of starch into glucose is an organic chemical reaction. Rate of a physical or chemical process refers to the amount of product formed per unit time. It can be expressed as:

$$\text{rate} = \frac{\delta P}{\delta t}$$

Rate can also be called velocity if the direction is specified. Rates of physical and chemical processes are influenced by temperature among other factors. A general rule of thumb is that rate doubles or decreases by half

for every 10°C change in either direction. Catalysed reactions proceed at rates vastly higher than that of uncatalysed ones. When enzyme catalysed reactions are observed, the rate would be vastly higher than the same but uncatalysed reaction. For example

$$\underset{\text{carbon dioxide}}{CO_2} + \underset{\text{water}}{H_2O} \xrightleftharpoons{\text{Carbonic anhydrase}} \underset{\text{carbonic acid}}{H_2CO_3}$$

In the absence of any enzyme this reaction is very slow, with about 200 molecules of H_2CO_3 being formed in an hour. However, by using the enzyme present within the cytoplasm called carbonic anhydrase, the reaction speeds dramatically with about 600,000 molecules being formed every second. The enzyme has accelerated the reaction rate by about 10 million times. The power of enzymes is incredible indeed!

There are thousands of types of enzymes each catalysing a unique chemical or metabolic reaction. A multistep chemical reaction, when each of the steps is catalysed by the same enzyme complex or different enzymes, is called a metabolic pathway. For example,

$$\text{Glucose} \rightarrow 2 \text{ Pyruvic acid}$$

$$C_6H_{12}O_6 + O_2 \rightarrow 2C_3H_4O_3 + 2H_2O$$

is actually a metabolic pathway in which glucose becomes pyruvic acid through ten different enzyme catalysed metabolic reactions. When you study respiration in Chapter 14 you will study these reactions. At this stage you should know that this very metabolic pathway with one or two additional reactions gives rise to a variety of metabolic end products. In our skeletal muscle, under anaerobic conditions, lactic acid is formed. Under normal aerobic conditions, pyruvic acid is formed. In yeast, during fermentation, the same pathway leads to the production of ethanol (alcohol). Hence, in different conditions different products are possible.

9.12.2 How do Enzymes bring about such High Rates of Chemical Conversions?

To understand this we should study enzymes a little more. We have already understood the idea of an 'active site'. The chemical or metabolic conversion refers to a reaction. The chemical which is converted into a product is called a 'substrate'. Hence enzymes, i.e. proteins with three dimensional structures including an 'active site', convert a substrate (S) into a product (P). Symbolically, this can be depicted as:

$$S \rightarrow P$$

It is now understood that the substrate 'S' has to bind the enzyme at its 'active site' within a given cleft or pocket. The substrate has to diffuse

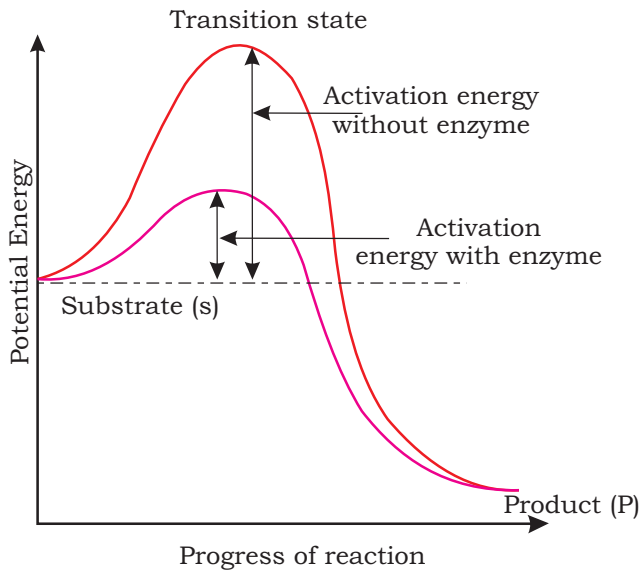


Figure 9.6 Concept of activation energy

towards the 'active site'. There is thus, an obligatory formation of an 'ES' complex. E stands for enzyme. This complex formation is a transient phenomenon. During the state where substrate is bound to the enzyme active site, a new structure of the substrate called transition state structure is formed. Very soon, after the expected bond breaking/making is completed, the product is released from the active site. In other words, the structure of substrate gets transformed into the structure of product(s). The pathway of this transformation must go through the so-called transition state structure. There could be many more 'altered structural states' between the stable substrate and the product. Implicit in this statement is the fact that all other intermediate structural states are unstable. Stability is something related to energy status of the molecule or the structure. Hence, when we look at this pictorially through a graph it looks like something as in Figure 9.6.

The y-axis represents the potential energy content. The x-axis represents the progression of the structural transformation or states through the 'transition state'. You would notice two things. The energy level difference between S and P. If 'P' is at a lower level than 'S', the reaction is an exothermic reaction. One need not supply energy (by heating) in order to form the product. However, whether it is an exothermic or spontaneous reaction or an endothermic or energy requiring reaction, the 'S' has to go through a much higher energy state or transition state. The difference in average energy content of 'S' from that of this transition state is called 'activation energy'.

Enzymes eventually bring down this energy barrier making the transition of 'S' to 'P' more easy.

9.12.3 Nature of Enzyme Action

Each enzyme (E) has a substrate (S) binding site in its molecule so that a highly reactive enzyme-substrate complex (ES) is produced. This complex is short-lived and dissociates into its product(s) P and the unchanged enzyme with an intermediate formation of the enzyme-product complex (EP).

The formation of the ES complex is essential for catalysis.

$$E + S \rightleftharpoons ES \longrightarrow EP \longrightarrow E + P$$

The catalytic cycle of an enzyme action can be described in the following steps:

1. First, the substrate binds to the active site of the enzyme, fitting into the active site.
2. The binding of the substrate induces the enzyme to alter its shape, fitting more tightly around the substrate.
3. The active site of the enzyme, now in close proximity of the substrate breaks the chemical bonds of the substrate and the new enzyme- product complex is formed.
4. The enzyme releases the products of the reaction and the free enzyme is ready to bind to another molecule of the substrate and run through the catalytic cycle once again.

9.12.4 Factors Affecting Enzyme Activity

The activity of an enzyme can be affected by a change in the conditions which can alter the tertiary structure of the protein. These include temperature, pH, change in substrate concentration or binding of specific chemicals that regulate its activity.

Temperature and pH

Enzymes generally function in a narrow range of temperature and pH (Figure 9.7). Each enzyme shows its highest activity at a particular temperature and pH called the optimum temperature and optimum pH. Activity declines both below and above the optimum value. Low temperature preserves the enzyme in a temporarily inactive state whereas high temperature destroys enzymatic activity because proteins are denatured by heat.

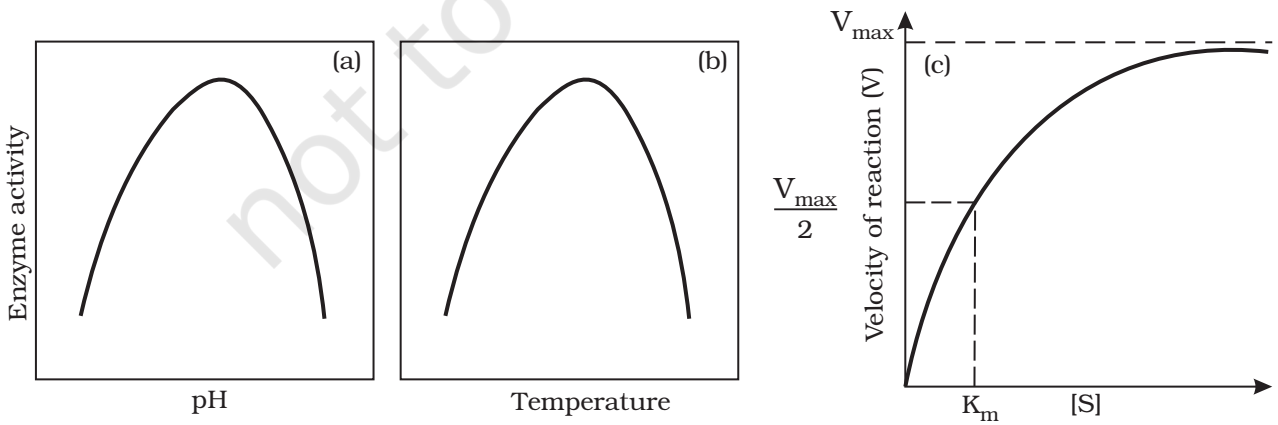


Figure 9.7 Effect of change in : (a) pH (b) Temperature and (c) Concentration of substrate on enzyme activity

Concentration of Substrate

With the increase in substrate concentration, the velocity of the enzymatic reaction rises at first. The reaction ultimately reaches a maximum velocity (V_{max}) which is not exceeded by any further rise in concentration of the substrate. This is because the enzyme molecules are fewer than the substrate molecules and after saturation of these molecules, there are no free enzyme molecules to bind with the additional substrate molecules (Figure 9.7).

The activity of an enzyme is also sensitive to the presence of specific chemicals that bind to the enzyme. When the binding of the chemical shuts off enzyme activity, the process is called **inhibition** and the chemical is called an **inhibitor**.

When the inhibitor closely resembles the substrate in its molecular structure and inhibits the activity of the enzyme, it is known as **competitive inhibitor**. Due to its close structural similarity with the substrate, the inhibitor competes with the substrate for the substrate-binding site of the enzyme. Consequently, the substrate cannot bind and as a result, the enzyme action declines, e.g., inhibition of succinic dehydrogenase by malonate which closely resembles the substrate succinate in structure. Such competitive inhibitors are often used in the control of bacterial pathogens.

9.12.5 Classification and Nomenclature of Enzymes

Thousands of enzymes have been discovered, isolated and studied. Most of these enzymes have been classified into different groups based on the type of reactions they catalyse. Enzymes are divided into 6 classes each with 4-13 subclasses and named accordingly by a four-digit number.

Oxidoreductases/dehydrogenases: Enzymes which catalyse oxidoreduction between two substrates S and S' e.g.,

$$S_{reduced} + S'_{oxidised} \longrightarrow S_{oxidised} + S'_{reduced}.$$

Transferases: Enzymes catalysing a transfer of a group, G (other than hydrogen) between a pair of substrate S and S' e.g.,

$$S - G + S' \longrightarrow S + S' - G$$

Hydrolases: Enzymes catalysing hydrolysis of ester, ether, peptide, glycosidic, C-C, C-halide or P-N bonds.

Lyases: Enzymes that catalyse removal of groups from substrates by mechanisms other than hydrolysis leaving double bonds.

$$\begin{array}{l} X \quad Y \\ | \quad | \\ C-C \end{array} \longrightarrow X - Y + C = C$$

Isomerases: Includes all enzymes catalysing inter-conversion of optical, geometric or positional isomers.

Ligases: Enzymes catalysing the linking together of 2 compounds, e.g., enzymes which catalyse joining of C-O, C-S, C-N, P-O etc. bonds.

9.12.6 Co-factors

Enzymes are composed of one or several polypeptide chains. However, there are a number of cases in which non-protein constituents called co-factors are bound to the the enzyme to make the enzyme catalytically active. In these instances, the protein portion of the enzymes is called the apoenzyme. Three kinds of cofactors may be identified: prosthetic groups, co-enzymes and metal ions.

Prosthetic groups are organic compounds and are distinguished from other cofactors in that they are tightly bound to the apoenzyme. For example, in peroxidase and catalase, which catalyze the breakdown of hydrogen peroxide to water and oxygen, haem is the prosthetic group and it is a part of the active site of the enzyme.

Co-enzymes are also organic compounds but their association with the apoenzyme is only transient, usually occurring during the course of catalysis. Furthermore, co-enzymes serve as co-factors in a number of different enzyme catalyzed reactions. The essential chemical components of many coenzymes are vitamins, e.g., coenzyme nicotinamide adenine dinucleotide (NAD) and NADP contain the vitamin niacin.

A number of enzymes require metal ions for their activity which form coordination bonds with side chains at the active site and at the same time form one or more cordination bonds with the substrate, e.g., zinc is a cofactor for the proteolytic enzyme carboxypeptidase.

Catalytic activity is lost when the co-factor is removed from the enzyme which testifies that they play a crucial role in the catalytic activity of the enzyme.

SUMMARY

Although there is a bewildering diversity of living organisms, their chemical composition and metabolic reactions appear to be remarkably similar. The elemental composition of living tissues and non-living matter appear also to be similar when analysed qualitatively. However, a closer examination reveals that the relative abundance of carbon, hydrogen and oxygen is higher in living systems when compared to inanimate matter. The most abundant chemical in living organisms is water. There are thousands of small molecular weight (<1000 Da)

biomolecules. Amino acids, monosaccharide and disaccharide sugars, fatty acids, glycerol, nucleotides, nucleosides and nitrogen bases are some of the organic compounds seen in living organisms. There are 20 types of amino acids and 5 types of nucleotides. Fats and oils are glycerides in which fatty acids are esterified to glycerol. Phospholipids contain, in addition, a phosphorylated nitrogenous compound.

Only three types of macromolecules, i.e., proteins, nucleic acids and polysaccharides are found in living systems. Lipids, because of their association with membranes separate in the macromolecular fraction. Biomacromolecules are polymers. They are made of building blocks which are different. Proteins are heteropolymers made of amino acids. Nucleic acids (RNA and DNA) are composed of nucleotides. Biomacromolecules have a hierarchy of structures – primary, secondary, tertiary and quaternary. Nucleic acids serve as genetic material. Polysaccharides are components of cell wall in plants, fungi and also of the exoskeleton of arthropods. They also are storage forms of energy (e.g., starch and glycogen). Proteins serve a variety of cellular functions. Many of them are enzymes, some are antibodies, some are receptors, some are hormones and some others are structural proteins. Collagen is the most abundant protein in animal world and Ribulose bisphosphate Carboxylase-Oxygenase (RuBisCO) is the most abundant protein in the whole of the biosphere.

Enzymes are proteins which catalyse biochemical reactions in the cells. Ribozymes are nucleic acids with catalytic power. Proteinaceous enzymes exhibit substrate specificity, require optimum temperature and pH for maximal activity. They are denatured at high temperatures. Enzymes lower activation energy of reactions and enhance greatly the rate of the reactions. Nucleic acids carry hereditary information and are passed on from parental generation to progeny.

EXERCISES

1. What are macromolecules? Give examples.
2. Illustrate a glycosidic, peptide and a phospho-diester bond.
3. What is meant by tertiary structure of proteins?
4. Find and write down structures of 10 interesting small molecular weight biomolecules. Find if there is any industry which manufactures the compounds by isolation. Find out who are the buyers.
5. Proteins have primary structure. If you are given a method to know which amino acid is at either of the two termini (ends) of a protein, can you connect this information to purity or homogeneity of a protein?
6. Find out and make a list of proteins used as therapeutic agents. Find other applications of proteins (e.g., Cosmetics etc.)
7. Explain the composition of triglyceride.

8. Can you describe what happens when milk is converted into curd or yoghurt, from your understanding of proteins.
9. Can you attempt building models of biomolecules using commercially available atomic models (Ball and Stick models).
10. Attempt titrating an amino acid against a weak base and discover the number of dissociating (ionizable) functional groups in the amino acid.
11. Draw the structure of the amino acid, alanine.
12. What are gums made of? Is Fevicol different?
13. Find out a qualitative test for proteins, fats and oils, amino acids and test any fruit juice, saliva, sweat and urine for them.
14. Find out how much cellulose is made by all the plants in the biosphere and compare it with how much of paper is manufactured by man and hence what is the consumption of plant material by man annually. What a loss of vegetation!
15. Describe the important properties of enzymes.

Chapter 10
Cell Cycle and Cell Division

Are you aware that all organisms, even the largest, start their life from a single cell? You may wonder how a single cell then goes on to form such large organisms. Growth and reproduction are characteristics of cells, indeed of all living organisms. All cells reproduce by dividing into two, with each parental cell giving rise to two daughter cells each time they divide. These newly formed daughter cells can themselves grow and divide, giving rise to a new cell population that is formed by the growth and division of a single parental cell and its progeny. In other words, such cycles of growth and division allow a single cell to form a structure consisting of millions of cells.

10.1 Cell Cycle

Cell division is a very important process in all living organisms. During the division of a cell, DNA replication and cell growth also take place. All these processes, i.e., cell division, DNA replication, and cell growth, hence, have to take place in a coordinated way to ensure correct division and formation of progeny cells containing intact genomes. The sequence of events by which a cell duplicates its genome, synthesises the other constituents of the cell and eventually divides into two daughter cells is termed **cell cycle.** Although cell growth (in terms of cytoplasmic increase) is a continuous process, DNA synthesis occurs only during one specific stage in the cell cycle. The replicated chromosomes (DNA) are then distributed to daughter nuclei by a complex series of events during cell division. These events are themselves under genetic control.

10.1.1 Phases of Cell Cycle

A typical eukaryotic cell cycle is illustrated by human cells in culture. These cells divide once in approximately every 24 hours (Figure 10.1). However, this duration of cell cycle can vary from organism to organism and also from cell type to cell type. Yeast for example, can progress through the cell cycle in only about 90 minutes.

The cell cycle is divided into two basic phases:

- **Interphase**
- **M Phase (Mitosis phase)**

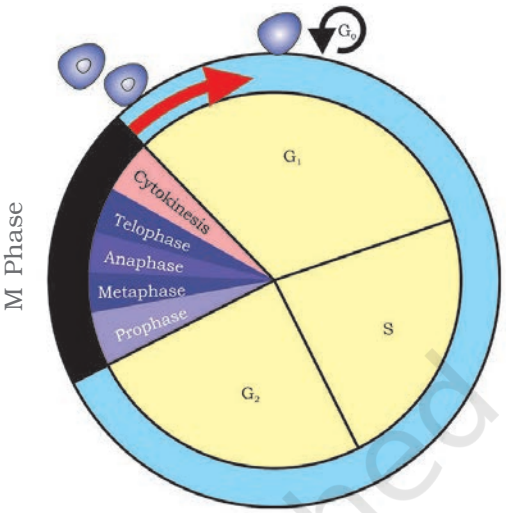


Figure 10.1 A diagrammatic view of cell cycle indicating formation of two cells from one cell

The M Phase represents the phase when the actual cell division or mitosis occurs and the interphase represents the phase between two successive M phases. It is significant to note that in the 24 hour average duration of cell cycle of a human cell, cell division proper lasts for only about an hour. The interphase lasts more than 95% of the duration of cell cycle.

The M Phase starts with the nuclear division, corresponding to the separation of daughter chromosomes **(karyokinesis)** and usually ends with division of cytoplasm **(cytokinesis).** The interphase, though called the resting phase, is the time during which the cell is preparing for division by undergoing both cell growth and DNA replication in an orderly manner. The interphase is divided into three further phases:

- **G_1 phase (Gap 1)**
- **S phase (Synthesis)**
- **G_2 phase (Gap 2)**

G_1 phase corresponds to the interval between mitosis and initiation of DNA replication. During G_1 phase the cell is metabolically active and continuously grows but does not replicate its DNA. S or **synthesis** phase marks the period during which DNA synthesis or replication takes place. During this time the amount of DNA per cell doubles. If the initial amount of DNA is denoted as 2C then it increases to 4C. However, there is no increase in the chromosome number; if the cell had diploid or 2n number of chromosomes at G_1, even after S phase the number of chromosomes remains the same, i.e., 2n.

In animal cells, during the S phase, DNA replication begins in the nucleus, and the centriole duplicates in the cytoplasm. During the G_2 phase, proteins are synthesised in preparation for mitosis while cell growth continues.

How do plants and animals continue to grow all their lives? Do all cells in a plant divide all the time? Do you think all cells continue to divide in all plants and animals? Can you tell the name and the location of tissues having cells that divide all their life in higher plants? Do animals have similar meristematic tissues?

You have studied mitosis in onion root tip cells. It has 16 chromosomes in each cell. Can you tell how many chromosomes will the cell have at G_1 phase, after S phase, and after M phase? Also, what will be the DNA content of the cells at G_1, after S and at G_2, if the content after M phase is 2C?

Some cells in the adult animals do not appear to exhibit division (e.g., heart cells) and many other cells divide only occasionally, as needed to replace cells that have been lost because of injury or cell death. These cells that do not divide further exit G_1 phase to enter an inactive stage called ***quiescent stage (G_0)*** of the cell cycle. Cells in this stage remain metabolically active but no longer proliferate unless called on to do so depending on the requirement of the organism.

In animals, mitotic cell division is only seen in the diploid somatic cells. Against this, the plants can show mitotic divisions in both haploid and diploid cells. From your recollection of examples of alternation of generations in plants (Chapter 3) identify plant species and stages at which mitosis is seen in haploid cells.

10.2 M PHASE

This is the most dramatic period of the cell cycle, involving a major reorganisation of virtually all components of the cell. Since the number of chromosomes in the parent and progeny cells is the same, it is also called as ***equational division.*** Though for convenience mitosis has been divided into four stages of nuclear division (karyokinesis), it is very essential to understand that cell division is a progressive process and very clear-cut lines cannot be drawn between various stages. Karyokinesis involves following four stages:

- ***Prophase***
- ***Metaphase***
- ***Anaphase***
- ***Telophase***

10.2.1 Prophase

Prophase which is the first stage of karyokinesis of mitosis follows the S and G_2 phases of interphase. In the S and G_2 phases the new DNA molecules formed are not distinct but intertwined. Prophase is marked by the initiation of condensation of chromosomal material. The chromosomal material becomes untangled during the process of chromatin condensation (Figure 10.2 a). The centrosome, which had undergone duplication during S phase of interphase, now begins to move towards opposite poles of the cell. The completion of prophase can thus be marked by the following characteristic events:

- Chromosomal material condenses to form compact mitotic chromosomes. Chromosomes are seen to be composed of two chattached together at the centromere.
- Centrosome which had undergone duplication during interphase, begins to move towards opposite poles of the cell. Each centrosome radiates out microtubules called asters. The two asters together with spindle fibres forms mitotic apparatus.

Cells at the end of prophase, when viewed under the microscope, do not show golgi complexes, endoplasmic reticulum, nucleolus and the nuclear envelope.

10.2.2 Metaphase

The complete disintegration of the nuclear envelope marks the start of the second phase of mitosis, hence the chromosomes are spread through the cytoplasm of the cell. By this stage, condensation of chromosomes is completed and they can be observed clearly under the microscope. This then, is the stage at which morphology of chromosomes is most easily studied. At this stage, metaphase chromosome is made up of two sister chromatids, which are held together by the centromere (Figure 10.2 b). Small disc-shaped structures at the surface of the centromeres are called kinetochores. These structures serve as the sites of attachment of spindle fibres (formed by the spindle fibres) to the chromosomes that are moved into position at the centre of the cell. Hence, the metaphase is characterised by all the chromosomes coming to lie at the equator with one chromatid of each chromosome connected by its kinetochore to spindle fibres from one pole and its sister chromatid connected by its kinetochore to spindle fibres from the opposite pole (Figure 10.2 b). The plane of alignment of the chromosomes at metaphase is referred to as the **metaphase plate.** The key features of metaphase are:

- Spindle fibres attach to kinetochores of chromosomes.
- Chromosomes are moved to spindle equator and get aligned along metaphase plate through spindle fibres to both poles.

10.2.3 Anaphase

At the onset of anaphase, each chromosome arranged at the metaphase plate is split simultaneously and the two daughter chromatids, now referred to as daughter chromosomes of the future daughter nuclei, begin their migration towards the two opposite poles. As each chromosome moves away from the equatorial plate, the centromere of each chromosome remains directed towards the pole and hence at the leading edge, with the arms of the chromosome trailing behind (Figure 10.2 c). Thus, anaphase stage is characterised by

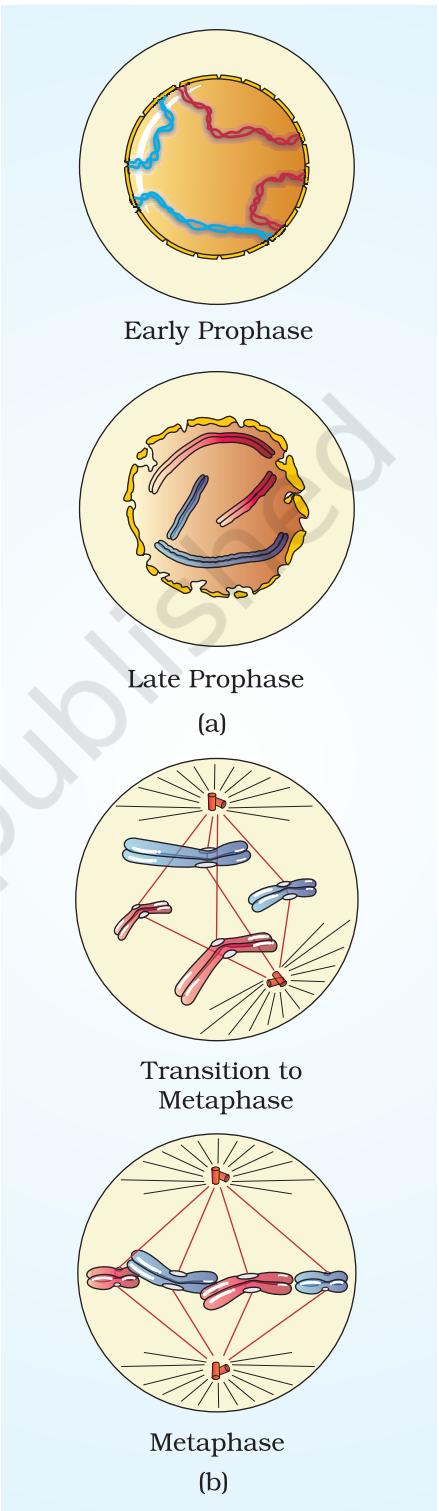
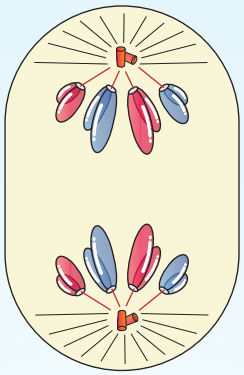
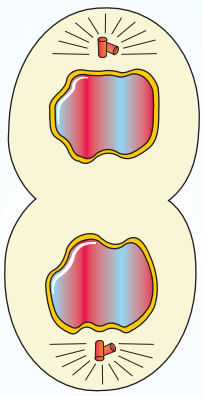


Figure 10.2 a and b : A diagrammatic view of stages in mitosis



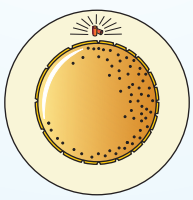
Anaphase

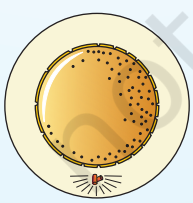
(c)



Telophase

(d)





Interphase

(e)

Figure 10.2 c to e : A diagrammatic view of stages in Mitosis

the following key events:

- Centromeres split and chromatids separate.
- Chromatids move to opposite poles.

10.2.4 Telophase

At the beginning of the final stage of karyokinesis, i.e., telophase, the chromosomes that have reached their respective poles decondense and lose their individuality. The individual chromosomes can no longer be seen and each set of chromatin material tends to collect at each of the two poles (Figure 10.2 d). This is the stage which shows the following key events:

- Chromosomes cluster at opposite spindle poles and their identity is lost as discrete elements.
- Nuclear envelope develops around the chromosome clusters at each pole forming two daughter nuclei.
- Nucleolus, golgi complex and ER reform.

10.2.5 Cytokinesis

Mitosis accomplishes not only the segregation of duplicated chromosomes into daughter nuclei (karyokinesis), but the cell itself is divided into two daughter cells by the separation of cytoplasm called cytokinesis at the end of which cell division gets completed (Figure 10.2 e). In an animal cell, this is achieved by the appearance of a furrow in the plasma membrane. The furrow gradually deepens and ultimately joins in the centre dividing the cell cytoplasm into two. Plant cells however, are enclosed by a relatively inextensible cell wall, thererfore they undergo cytokinesis by a different mechanism. In plant cells, wall formation starts in the centre of the cell and grows outward to meet the existing lateral walls. The formation of the new cell wall begins with the formation of a simple precursor, called the **cell-plate** that represents the middle lamella between the walls of two adjacent cells. At the time of cytoplasmic division, organelles like mitochondria and plastids get distributed between the two daughter cells. In some organisms karyokinesis is not followed by cytokinesis as a result of which multinucleate condition arises leading to the formation of syncytium (e.g., liquid endosperm in coconut).

10.3 Significance of Mitosis

Mitosis or the equational division is usually restricted to the diploid cells only. However, in some lower plants and in some social insects haploid cells also divide by mitosis. It is very essential to understand the significance of this division in the life of an organism. Are you aware of some examples where you have studied about haploid and diploid insects?

Mitosis usually results in the production of diploid daughter cells with identical genetic complement. The growth of multicellular organisms is due to mitosis. Cell growth results in disturbing the ratio between the nucleus and the cytoplasm. It therefore becomes essential for the cell to divide to restore the nucleo-cytoplasmic ratio. A very significant contribution of mitosis is cell repair. The cells of the upper layer of the epidermis, cells of the lining of the gut, and blood cells are being constantly replaced. Mitotic divisions in the meristematic tissues – the apical and the lateral cambium, result in a continuous growth of plants throughout their life.

10.4 MEIOSIS

The production of offspring by sexual reproduction includes the fusion of two gametes, each with a complete haploid set of chromosomes. Gametes are formed from specialised diploid cells. This specialised kind of cell division that reduces the chromosome number by half results in the production of haploid daughter cells. This kind of division is called **meiosis.** Meiosis ensures the production of haploid phase in the life cycle of sexually reproducing organisms whereas fertilisation restores the diploid phase. We come across meiosis during gametogenesis in plants and animals. This leads to the formation of haploid gametes. The key features of meiosis are as follows:

- Meiosis involves two sequential cycles of nuclear and cell division called **meiosis I** and **meiosis II** but only a single cycle of DNA replication.
- Meiosis I is initiated after the parental chromosomes have replicated to produce identical sister chromatids at the S phase.
- Meiosis involves pairing of homologous chromosomes and recombination between non-sister chromatids of homologous chromosomes.
- Four haploid cells are formed at the end of meiosis II.

Meiotic events can be grouped under the following phases:

Meiosis I	Meiosis II
Prophase I	Prophase II
Metaphase I	Metaphase II
Anaphase I	Anaphase II
Telophase I	Telophase II

10.4.1 Meiosis I

Prophase I: Prophase of the first meiotic division is typically longer and more complex when compared to prophase of mitosis. It has been further subdivided into the following five phases based on chromosomal behaviour, i.e., Leptotene, Zygotene, Pachytene, Diplotene and Diakinesis.

During **leptotene** stage the chromosomes become gradually visible under the light microscope. The compaction of chromosomes continues throughout leptotene. This is followed by the second stage of prophase I called **zygotene**. During this stage chromosomes start pairing together and this process of association is called synapsis. Such paired chromosomes are called homologous chromosomes. Electron micrographs of this stage indicate that chromosome synapsis is accompanied by the formation of complex structure called **synaptonemal complex.** The complex formed by a pair of synapsed homologous chromosomes is called a **bivalent** or a tetrad. However, these are more clearly visible at the next stage. The first two stages of prophase I are relatively short-lived compared to the next stage that is **pachytene**. During this stage, the four chromatids of each bivalent chromosomes becomes distinct and clearly appears as tetrads. This stage is characterised by the appearance of recombination nodules, the sites at which crossing over occurs between non-sister chromatids of the homologous chromosomes. Crossing over is the exchange of genetic material between two homologous chromosomes. Crossing over is also an enzyme-mediated process and the enzyme involved is called recombinase. Crossing over leads to recombination of genetic material on the two chromosomes. Recombination between homologous chromosomes is completed by the end of pachytene, leaving the chromosomes linked at the sites of crossing over.

The beginning of **diplotene** is recognised by the dissolution of the synaptonemal complex and the tendency of the recombined homologous chromosomes of the bivalents to separate from each other except at the sites of crossovers. These X-shaped structures, are called **chiasmata.** In oocytes of some vertebrates, diplotene can last for months or years.

The final stage of meiotic prophase I is **diakinesis.** This is marked by terminalisation of chiasmata. During this phase the chromosomes are fully condensed and the meiotic spindle is assembled to prepare the homologous chromosomes for separation. By the end of diakinesis, the nucleolus disappears and the nuclear envelope also breaks down. Diakinesis represents transition to metaphase.

Metaphase I: The bivalent chromosomes align on the equatorial plate (Figure 10.3). The microtubules from the opposite poles of the spindle attach to the kinetochore of homologous chromosomes.

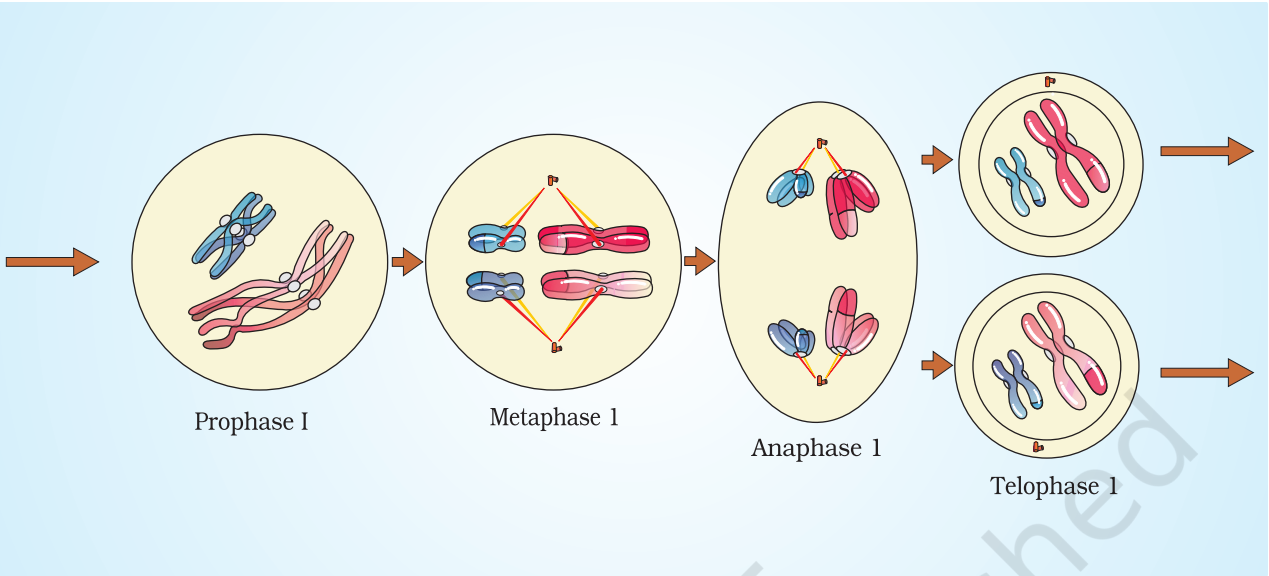


Figure 10.3 Stages of Meiosis I

Anaphase I: The homologous chromosomes separate, while sister chromatids remain associated at their centromeres (Figure 10.3).

Telophase I: The nuclear membrane and nucleolus reappear, cytokinesis follows and this is called as dyad of cells (Figure 10.3). Although in many cases the chromosomes do undergo some dispersion, they do not reach the extremely extended state of the interphase nucleus. The stage between the two meiotic divisions is called interkinesis and is generally short lived. There is no replication of DNA during interkinesis. Interkinesis is followed by prophase II, a much simpler prophase than prophase I.

10.4.2 Meiosis II

Prophase II: Meiosis II is initiated immediately after cytokinesis, usually before the chromosomes have fully elongated. In contrast to meiosis I, meiosis II resembles a normal mitosis. The nuclear membrane disappears by the end of prophase II (Figure 10.4). The chromosomes again become compact.

Metaphase II: At this stage the chromosomes align at the equator and the microtubules from opposite poles of the spindle get attached to the kinetochores (Figure 10.4) of sister chromatids.

Anaphase II: It begins with the simultaneous splitting of the centromere of each chromosome (which was holding the sister chromatids together), allowing them to move toward opposite poles of the cell (Figure 10.4) by shortening of microtubules attached to kinetochores.

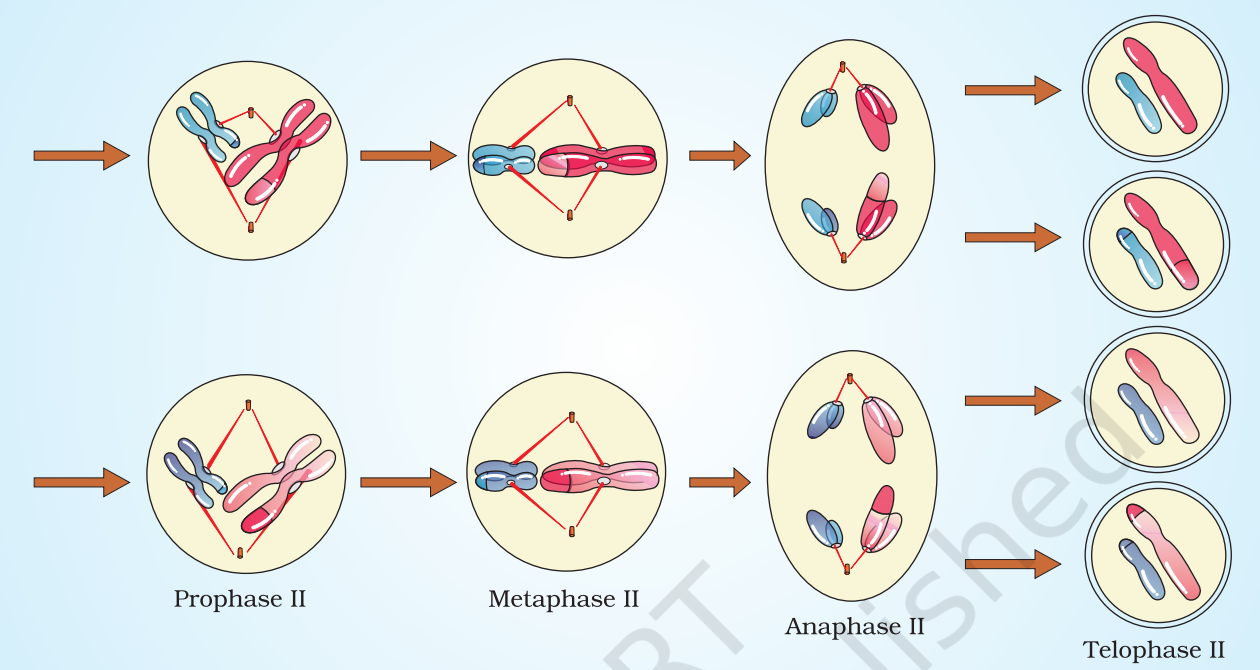


Figure 10.4 Stages of Meiosis II

Telophase II: Meiosis ends with telophase II, in which the two groups of chromosomes once again get enclosed by a nuclear envelope; cytokinesis follows resulting in the formation of tetrad of cells i.e., four haploid daughter cells (Figure 10.4).

10.5 Significance of Meiosis

Meiosis is the mechanism by which conservation of specific chromosome number of each species is achieved across generations in sexually reproducing organisms, even though the process, per se, paradoxically, results in reduction of chromosome number by half. It also increases the genetic variability in the population of organisms from one generation to the next. Variations are very important for the process of evolution.

Summary

According to the cell theory, cells arise from preexisting cells. The process by which this occurs is called cell division. Any sexually reproducing organism starts its life cycle from a single-celled zygote. Cell division does not stop with the formation of the mature organism but continues throughout its life cycle.

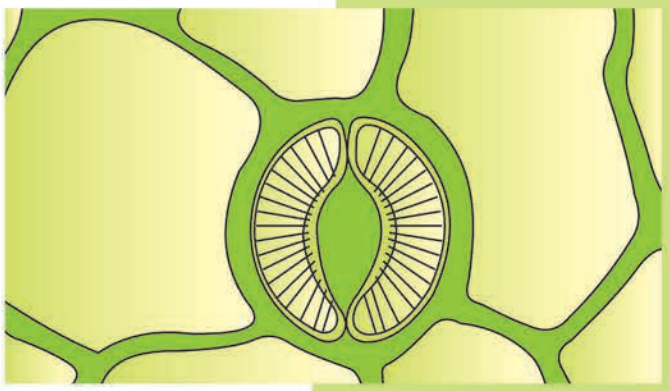
The stages through which a cell passes from one division to the next is called the cell cycle. Cell cycle is divided into two phases called (i) Interphase – a period of preparation for cell division, and (ii) Mitosis (M phase) – the actual period of cell division. Interphase is further subdivided into G_1, S and G_2. G_1 phase is the period when the cell grows and carries out normal metabolism. Most of the organelle duplication also occurs during this phase. S phase marks the phase of DNA replication and chromosome duplication. G_2 phase is the period of cytoplasmic growth. Mitosis is also divided into four stages namely prophase, metaphase, anaphase and telophase. Chromosome condensation occurs during prophase. Simultaneously, the centrioles move to the opposite poles. The nuclear envelope and the nucleolus disappear and the spindle fibres start appearing. Metaphase is marked by the alignment of chromosomes at the equatorial plate. During anaphase the centromeres divide and the chromatids start moving towards the two opposite poles. Once the chromatids reach the two poles, the chromosomal elongation starts, nucleolus and the nuclear membrane reappear. This stage is called the telophase. Nuclear division is then followed by the cytoplasmic division and is called cytokinesis. Mitosis thus, is the equational division in which the chromosome number of the parent is conserved in the daughter cell.

In contrast to mitosis, meiosis occurs in the diploid cells, which are destined to form gametes. It is called the reduction division since it reduces the chromosome number by half while making the gametes. In sexual reproduction when the two gametes fuse the chromosome number is restored to the value in the parent. Meiosis is divided into two phases – meiosis I and meiosis II. In the first meiotic division the homologous chromosomes pair to form bivalents, and undergo crossing over. Meiosis I has a long prophase, which is divided further into five phases. These are leptotene, zygotene, pachytene, diplotene and diakinesis. During metaphase I the bivalents arrange on the equatorial plate. This is followed by anaphase I in which homologous chromosomes move to the opposite poles with both their chromatids. Each pole receives half the chromosome number of the parent cell. In telophase I, the nuclear membrane and nucleolus reappear. Meiosis II is similar to mitosis. During anaphase II the sister chromatids separate. Thus at the end of meiosis four haploid cells are formed.

EXERCISES

1. What is the average cell cycle span for a mammalian cell?
2. Distinguish cytokinesis from karyokinesis.
3. Describe the events taking place during interphase.
4. What is G_0 (quiescent phase) of cell cycle?

5. Why is mitosis called equational division?
6. Name the stage of cell cycle at which one of the following events occur:
   (i) Chromosomes are moved to spindle equator.
   (ii) Centromere splits and chromatids separate.
   (iii) Pairing between homologous chromosomes takes place.
   (iv) Crossing over between homologous chromosomes takes place.
7. Describe the following:
   (a) synapsis (b) bivalent (c) chiasmata
   Draw a diagram to illustrate your answer.
8. How does cytokinesis in plant cells differ from that in animal cells?
9. Find examples where the four daughter cells from meiosis are equal in size and where they are found unequal in size.
10. Distinguish anaphase of mitosis from anaphase I of meiosis.
11. List the main differences between mitosis and meiosis.
12. What is the significance of meiosis?
13. Discuss with your teacher about
    (i) haploid insects and lower plants where cell-division occurs, and
    (ii) some haploid cells in higher plants where cell-division does not occur.
14. Can there be mitosis without DNA replication in 'S' phase?
15. Can there be DNA replication without cell division?
16. Analyse the events during every stage of cell cycle and notice how the following two parameters change
    (i) number of chromosomes (N) per cell
    (ii) amount of DNA content (C) per cell



UNIT 4

PLANT PHYSIOLOGY

The description of structure and variation of living organisms over a period of time, ended up as two, apparently irreconcilable perspectives on biology. The two perspectives essentially rested on two levels of organisation of life forms and phenomena. One described at organismic and above level of organisation while the second described at cellular and molecular level of organisation. The first resulted in ecology and related disciplines. The second resulted in physiology and biochemistry. Description of physiological processes, in flowering plants as an example, is what is given in the chapters in this unit. The processes of mineral nutrition of plants, photosynthesis, transport, respiration and ultimately plant growth and development are described in molecular terms but in the context of cellular activities and even at organism level. Wherever appropriate, the relation of the physiological processes to environment is also discussed.

Melvin Calvin

MELVIN CALVIN born in Minnesota in April, 1911, received his Ph.D. in Chemistry from the University of Minnesota. He served as Professor of Chemistry at the University of California, Berkeley.

Just after world war II, when the world was under shock after the Hiroshima-Nagasaki bombings, and seeing the ill-effects of radio-activity, Calvin and co-workers put radio-activity to beneficial use. He along with J.A. Bassham studied reactions in green plants forming sugar and other substances from raw materials like carbon dioxide, water and minerals by labelling the carbon dioxide with C^{14}. Calvin proposed that plants change light energy to chemical energy by transferring an electron in an organised array of pigment molecules and other substances. The mapping of the pathway of carbon assimilation in photosynthesis earned him Nobel Prize in 1961.

The principles of photosynthesis as established by Calvin are, at present, being used in studies on renewable resource for energy and materials and basic studies in solar energy research.

Chapter 11

Transport in Plants

Have you ever wondered how water reaches the top of tall trees, or for that matter how and why substances move from one cell to the other, whether all substances move in a similar way, in the same direction and whether metabolic energy is required for moving substances. Plants need to move molecules over very long distances, much more than animals do; they also do not have a circulatory system in place. Water taken up by the roots has to reach all parts of the plant, up to the very tip of the growing stem. The photosynthates or food synthesised by the leaves have also to be moved to all parts including the root tips embedded deep inside the soil. Movement across short distances, say within the cell, across the membranes and from cell to cell within the tissue has also to take place. To understand some of the transport processes that take place in plants, one would have to recollect one's basic knowledge about the structure of the cell and the anatomy of the plant body. We also need to revisit our understanding of diffusion, besides gaining some knowledge about chemical potential and ions.

When we talk of the movement of substances we need first to define what kind of movement we are talking about, and also what substances we are looking at. In a flowering plant the substances that would need to be transported are water, mineral nutrients, organic nutrients and plant growth regulators. Over small distances substances move by diffusion and by cytoplasmic streaming supplemented by active transport. Transport over longer distances proceeds through the vascular system (the xylem and the phloem) and is called **translocation.**

An important aspect that needs to be considered is the direction of transport. In rooted plants, transport in xylem (of water and minerals) is essentially unidirectional, from roots to the stems. Organic and mineral nutrients however, undergo multidirectional transport. Organic

compounds synthesised in the photosynthetic leaves are exported to all other parts of the plant including storage organs. From the storage organs they are later re-exported. The mineral nutrients are taken up by the roots and transported upwards into the stem, leaves and the growing regions. When any plant part undergoes senescence, nutrients may be withdrawn from such regions and moved to the growing parts. Hormones or plant growth regulators and other chemical signals are also transported, though in very small amounts, sometimes in a strictly polarised or unidirectional manner from where they are synthesised to other parts. Hence, in a flowering plant there is a complex traffic of compounds (but probably very orderly) moving in different directions, each organ receiving some substances and giving out some others.

11.1 MEANS OF TRANSPORT

11.1.1 Diffusion

Movement by **diffusion** is passive, and may be from one part of the cell to the other, or from cell to cell, or over short distances, say, from the inter-cellular spaces of the leaf to the outside. No energy expenditure takes place. In diffusion, molecules move in a random fashion, the net result being substances moving from regions of higher concentration to regions of lower concentration. Diffusion is a slow process and is not dependent on a 'living system'. Diffusion is obvious in gases and liquids, but diffusion *in solids* rather than *of solids* is more likely. Diffusion is very important to plants since it is the only means for gaseous movement within the plant body.

Diffusion rates are affected by the gradient of concentration, the permeability of the membrane separating them, temperature and pressure.

11.1.2 Facilitated Diffusion

As pointed out earlier, a gradient must already be present for diffusion to occur. The diffusion rate depends on the size of the substances; obviously smaller substances diffuse faster. The diffusion of any substance across a membrane also depends on its solubility in lipids, the major constituent of the membrane. Substances soluble in lipids diffuse through the membrane faster. Substances that have a hydrophilic moiety, find it difficult to pass through the membrane; their movement has to be facilitated. Membrane proteins provide sites at which such molecules cross the membrane. They do not set up a concentration gradient: a concentration gradient must already be present for molecules to diffuse even if facilitated by the proteins. This process is called **facilitated diffusion**.

In facilitated diffusion special proteins help move substances across membranes without expenditure of ATP energy. Facilitated diffusion cannot cause net transport of molecules from a low to a high concentration – this would require input of energy. Transport rate reaches a maximum when all of the protein transporters are being used (saturation). Facilitated

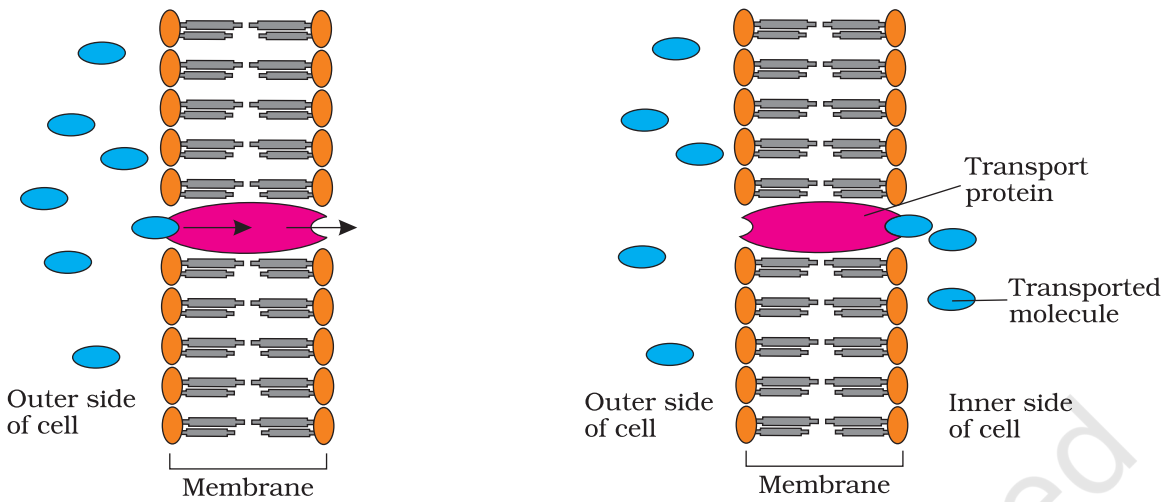


Figure 11.1 Facilitated diffusion

diffusion is very specific: it allows cell to select substances for uptake. It is sensitive to inhibitors which react with protein side chains.

The proteins form channels in the membrane for molecules to pass through. Some channels are always open; others can be controlled. Some are large, allowing a variety of molecules to cross. The **porins** are proteins that form large pores in the outer membranes of the plastids, mitochondria and some bacteria allowing molecules up to the size of small proteins to pass through.

Figure 11.1 shows an extracellular molecule bound to the transport protein; the transport protein then rotates and releases the molecule inside the cell, e.g., water channels – made up of eight different types of **aquaporins**.

11.1.2.1 Passive symports and antiports

Some carrier or transport proteins allow diffusion only if two types of molecules move together. In a **symport**, both molecules cross the membrane in the same direction; in an **antiport**, they move in opposite directions (Figure 11.2). When a

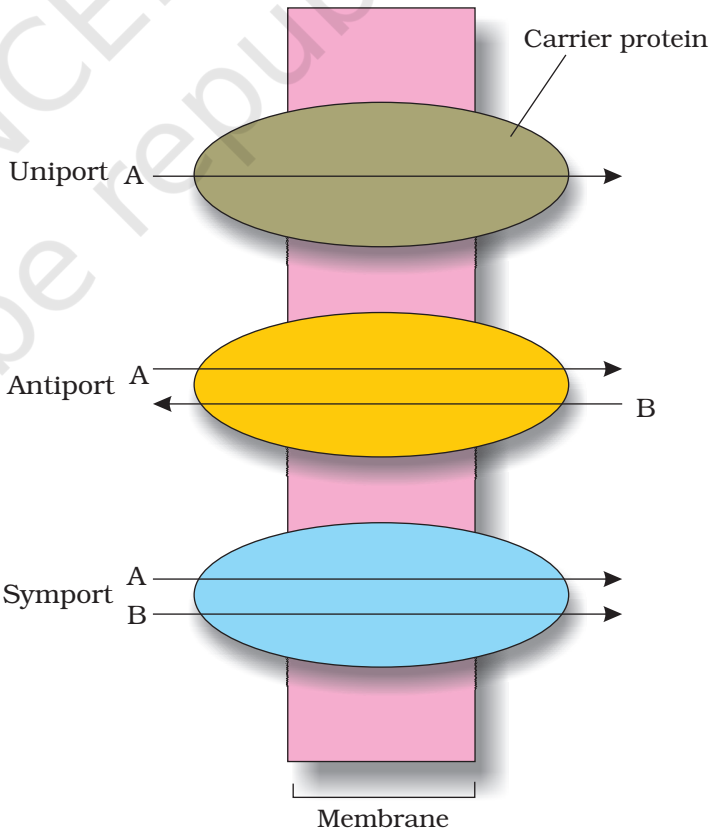


Figure 11.2 Facilitated diffusion

molecule moves across a membrane independent of other molecules, the process is called **uniport**.

11.1.3 Active Transport

Active transport uses energy to transport and pump molecules against a concentration gradient. Active transport is carried out by specific membrane-proteins. Hence different proteins in the membrane play a major role in both active as well as passive transport. Pumps are proteins that use energy to carry substances across the cell membrane. These pumps can transport substances from a low concentration to a high concentration ('uphill' transport). Transport rate reaches a maximum when all the protein transporters are being used or are saturated. Like enzymes the carrier protein is very specific in what it carries across the membrane. These proteins are sensitive to inhibitors that react with protein side chains.

11.1.4 Comparison of Different Transport Processes

Table 11.1 gives a comparison of the different transport mechanisms. Proteins in the membrane are responsible for facilitated diffusion and active transport and hence show common characterstics of being highly selective; they are liable to saturate, respond to inhibitors and are under hormonal regulation. But diffusion whether facilitated or not – take place only along a gradient and do not use energy.

TABLE 11.1 Comparison of Different Transport Mechanisms

Property	Simple Diffusion	Facilitated Transport	Active Transport
Requires special membrane proteins	No	Yes	Yes
Highly selective	No	Yes	Yes
Transport saturates	No	Yes	Yes
Uphill transport	No	No	Yes
Requires ATP energy	No	No	Yes

11.2 PLANT-WATER RELATIONS

Water is essential for all physiological activities of the plant and plays a very important role in all living organisms. It provides the medium in which most substances are dissolved. The protoplasm of the cells is nothing but water in which different molecules are dissolved and (several particles) suspended. A watermelon has over 92 per cent water; most herbaceous plants have only about 10 to 15 per cent of its fresh weight as dry matter. Of course, distribution of water within a plant varies – woody parts have relatively very little water, while soft parts mostly contain

water. A seed may appear dry but it still has water – otherwise it would not be alive and respiring!

Terrestrial plants take up huge amount water daily but most of it is lost to the air through evaporation from the leaves, i.e., **transpiration**. A mature corn plant absorbs almost three litres of water in a day, while a mustard plant absorbs water equal to its own weight in about 5 hours. Because of this high demand for water, it is not surprising that water is often the limiting factor for plant growth and productivity in both agricultural and natural environments.

11.2.1 Water Potential

To comprehend plant-water relations, an understanding of certain standard terms is necessary. **Water potential (Ψ_w)** is a concept fundamental to understanding water movement. **Solute potential (Ψ_s)** and **pressure potential (Ψ_p)** are the two main components that determine water potential.

Water molecules possess kinetic energy. In liquid and gaseous form they are in random motion that is both rapid and constant. The greater the concentration of water in a system, the greater is its kinetic energy or 'water potential'. Hence, it is obvious that pure water will have the greatest water potential. If two systems containing water are in contact, random movement of water molecules will result in net movement of water molecules from the system with higher energy to the one with lower energy. Thus water will move from the system containing water at higher water potential to the one having low water potential. This process of movement of substances down a gradient of free energy is called diffusion. Water potential is denoted by the Greek symbol Psi or Ψ and is expressed in pressure units such as pascals (Pa). By convention, the water potential of pure water at standard temperatures, which is not under any pressure, is taken to be zero.

If some solute is dissolved in pure water, the solution has fewer free water molecules and the concentration (free energy) of water decreases, reducing its water potential. Hence, all solutions have a lower water potential than pure water; the magnitude of this lowering due to dissolution of a solute is called **solute potential** or Ψ_s. Ψ_s is always negative. The more the solute molecules, the lower (more negative) is the Ψ_s. For a solution at atmospheric pressure (water potential) Ψ_w = (solute potential) Ψ_s.

If a pressure greater than atmospheric pressure is applied to pure water or a solution, its water potential increases. It is equivalent to pumping water from one place to another. Can you think of any system in our body where pressure is built up? Pressure can build up in a plant system when water enters a plant cell due to diffusion causing a pressure built up against the cell wall, it makes the cell **turgid** (see section 11.2.2);

this increases the **pressure potential**. Pressure potential is usually positive, though in plants negative potential or tension in the water column in the xylem plays a major role in water transport up a stem. Pressure potential is denoted as Ψ_p.

Water potential of a cell is affected by both solute and pressure potential. The relationship between them is as follows:

$$\Psi_w = \Psi_s + \Psi_p$$

11.2.2 Osmosis

The plant cell is surrounded by a cell membrane and a cell wall. The cell wall is freely permeable to water and substances in solution hence is not a barrier to movement. In plants the cells usually contain a large central vacuole, whose contents, the vacuolar sap, contribute to the solute potential of the cell. In plant cells, the cell membrane and the membrane of the vacuole, the tonoplast together are important determinants of movement of molecules in or out of the cell.

Osmosis is the term used to refer specifically to the diffusion of water across a differentially- or selectively permeable membrane. Osmosis occurs spontaneously in response to a driving force. The net direction and rate of osmosis depends on both the **pressure gradient** and **concentration gradient**. Water will move from its region of higher chemical potential (or concentration) to its region of lower chemical potential until equilibrium is reached. At equilibrium the two chambers should have nearly the same water potential.

You may have made a potato osmometer in your earlier classes stage in school. If the tuber is placed in water, the water enters the cavity in the potato tuber containing a concentrated solution of sugar due to osmosis.

Study Figure 11.3 in which the two chambers, A and B, containing solutions are separated by a semi-permeable membrane.

(a) Solution of which chamber has a lower water potential?

(b) Solution of which chamber has a lower solute potential?

(c) In which direction will osmosis occur?

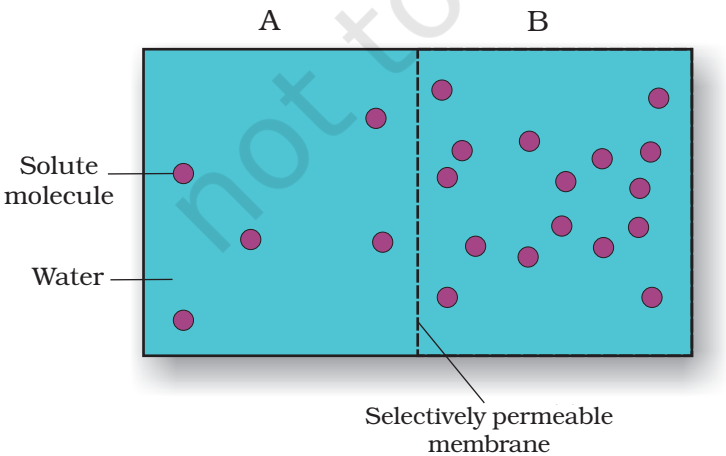


Figure 11.3

(d) Which solution has a higher solute potential?

(e) At equilibrium which chamber will have lower water potential?

(f) If one chamber has a Ψ of – 2000 kPa, and the other – 1000 kPa, which is the chamber that has the higher Ψ?

(g) What will be the direction of the movement of water when two solutions with Ψ_w = 0.2 MPa and Ψ_w = 0.1 MPa are separated by a selectively permeable membrane?

Let us discuss another experiment where a solution of sucrose in water taken in a funnel is separated from pure water in a beaker by a selectively permeable membrane (Figure 11.4). *You can get this kind of a membrane in an egg. Remove the yolk and albumin through a small hole at one end of the egg, and place the shell in dilute solution of hydrochloric acid for a few hours. The egg shell dissolves leaving the membrane intact.* Water will move into the funnel, resulting in rise in the level of the solution in the funnel. This will continue till the equilibrium is reached. *In case sucrose does diffuse out through the membrane, will this equilibrium be ever reached?*

External pressure can be applied from the upper part of the funnel such that no water diffuses into the funnel through the membrane. This pressure required to prevent water from diffusing is in fact, the osmotic pressure and this is the function of the solute concentration; more the solute concentration, greater will be the pressure required to prevent water from diffusing in. Numerically osmotic pressure is equivalent to the osmotic potential, but the sign is opposite.Osmotic pressure is the positive pressure applied, while osmotic potential is negative.

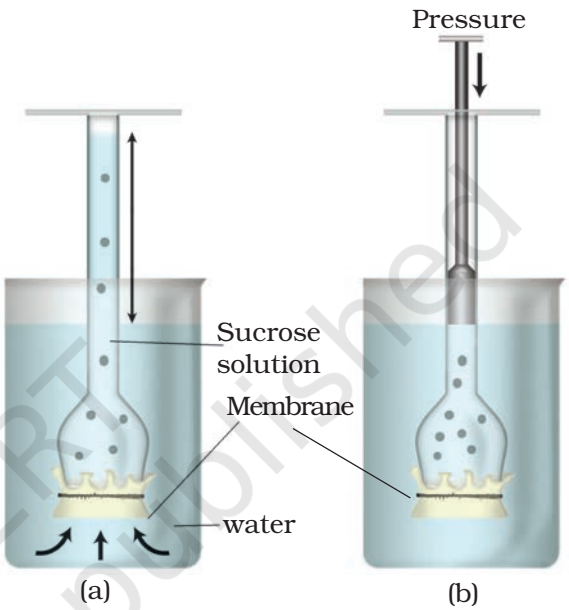


Figure 11.4 A demonstration of osmosis. A thistle funnel is filled with sucrose solution and kept inverted in a beaker containing water. (a) Water will diffuse across the membrane (as shown by arrows) to raise the level of the solution in the funnel (b) Pressure can be applied as shown to stop the water movement into the funnel

11.2.3 Plasmolysis

The behaviour of the plant cells (or tissues) with regard to water movement depends on the surrounding solution. If the external solution balances the osmotic pressure of the cytoplasm, it is said to be **isotonic**. If the external solution is more dilute than the cytoplasm, it is **hypotonic** and if the external solution is more concentrated, it is **hypertonic**. Cells swell in hypotonic solutions and shrink in hypertonic ones.

Plasmolysis occurs when water moves out of the cell and the cell membrane of a plant cell shrinks away from its cell wall. This occurs when

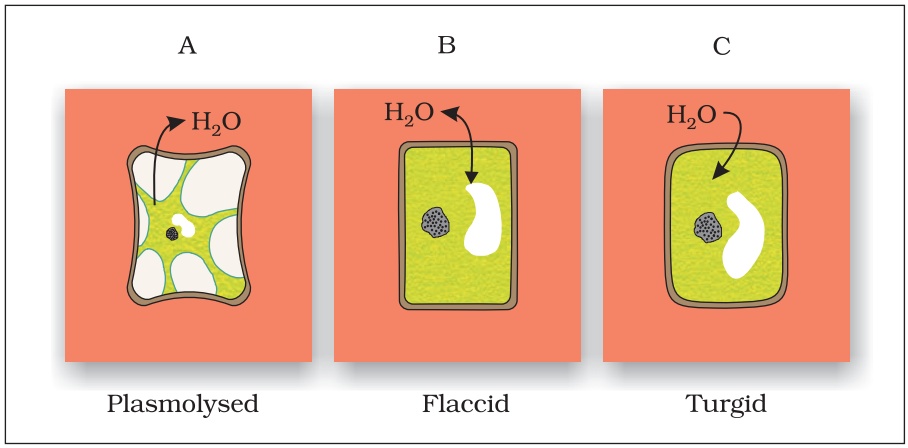


Figure 11.5 Plant cell plasmolysis

the cell (or tissue) is placed in a solution that is hypertonic (has more solutes) to the protoplasm. Water moves out; it is first lost from the cytoplasm and then from the vacuole. The water when drawn out of the cell through diffusion into the extracellular (outside cell) fluid causes the protoplast to shrink away from the walls. The cell is said to be plasmolysed. The movement of water occurred across the membrane moving from an area of high water potential (i.e., the cell) to an area of lower water potential outside the cell (Figure 11.5).

What occupies the space between the cell wall and the shrunken protoplast in the plasmolysed cell?

When the cell (or tissue) is placed in an **isotonic** solution, there is no net flow of water towards the inside or outside. If the external solution balances the osmotic pressure of the cytoplasm it is said to be isotonic. When water flows into the cell and out of the cell and are in equilibrium, the cells are said to be **flaccid**.

The process of plasmolysis is usually reversible. When the cells are placed in a **hypotonic** solution (higher water potential or dilute solution as compared to the cytoplasm), water diffuses into the cell causing the cytoplasm to build up a pressure against the wall, that is called **turgor pressure**. The pressure exerted by the protoplasts due to entry of water against the rigid walls is called pressure potential $\Psi_{p.}$. Because of the rigidity of the cell wall, the cell does not rupture. This turgor pressure is ultimately responsible for enlargement and extension growth of cells.

What would be the Ψ_p of a flaccid cell? Which organisms other than plants possess cell wall ?

11.2.4 Imbibition

Imbibition is a special type of diffusion when water is absorbed by solids – colloids – causing them to increase in volume. The classical

examples of imbibition are absorption of water by seeds and dry wood. The pressure that is produced by the swelling of wood had been used by prehistoric man to split rocks and boulders. If it were not for the pressure due to imbibition, seedlings would not have been able to emerge out of the soil into the open; they probably would not have been able to establish!

Imbibition is also diffusion since water movement is along a concentration gradient; the seeds and other such materials have almost no water hence they absorb water easily. Water potential gradient between the absorbent and the liquid imbibed is essential for imbibition. In addition, for any substance to imbibe any liquid, affinity between the adsorbant and the liquid is also a pre-requisite.

11.3 LONG DISTANCE TRANSPORT OF WATER

At some earlier stage you might have carried out an experiment where you had placed a twig bearing white flowers in coloured water and had watched it turn colour. On examining the cut end of the twig after a few hours you had noted the region through which the coloured water moved. That experiment very easily demonstrates that the path of water movement is through the vascular bundles, more specifically, the xylem. Now we have to go further and try and understand the mechanism of movement of water and other substances up a plant.

Long distance transport of substances within a plant cannot be by diffusion alone. Diffusion is a slow process. It can account for only short distance movement of molecules. For example, the movement of a molecule across a typical plant cell (about 50 µm) takes approximately 2.5 s. *At this rate, can you calculate how many years it would take for the movement of molecules over a distance of 1 m within a plant by diffusion alone?*

In large and complex organisms, often substances have to be moved to long distances. Sometimes the sites of production or absorption and sites of storage are too far from each other; diffusion or active transport would not suffice. Special long distance transport systems become necessary so as to move substances across long distances and at a much faster rate. Water and minerals, and food are generally moved by a **mass** or **bulk flow** system. Mass flow is the movement of substances in bulk or *en masse* from one point to another as a result of pressure differences between the two points. It is a characteristic of mass flow that substances, whether in solution or in suspension, are swept along at the same pace, as in a flowing river. This is unlike diffusion where different substances move independently depending on their concentration gradients. Bulk flow can be achieved either through a positive hydrostatic pressure gradient (e.g., a garden hose) or a negative hydrostatic pressure gradient (e.g., suction through a straw).

The bulk movement of substances through the conducting or vascular tissues of plants is called **translocation.**

Do you remember studying cross sections of roots, stems and leaves of higher plants and studying the vascular system? The higher plants have highly specialised vascular tissues – xylem and phloem. Xylem is associated with translocation of mainly water, mineral salts, some organic nitrogen and hormones, from roots to the aerial parts of the plants. The phloem translocates a variety of organic and inorganic solutes, mainly from the leaves to other parts of the plants.

11.3.1 How do Plants Absorb Water?

We know that the roots absorb most of the water that goes into plants; obviously that is why we apply water to the soil and not on the leaves. The responsibility of absorption of water and minerals is more specifically the function of the root hairs that are present in millions at the tips of the roots. Root hairs are thin-walled slender extensions of root epidermal cells that greatly increase the surface area for absorption. Water is absorbed along with mineral solutes, by the root hairs, purely by diffusion. Once water is absorbed by the root hairs, it can move deeper into root layers by two distinct pathways:

- apoplast pathway
- symplast pathway

The **apoplast** is the system of adjacent cell walls that is continuous throughout the plant, except at the **casparian** strips of the endodermis in the roots (Figure 11.6). The apoplastic movement of water occurs exclusively through the intercellular spaces and the walls of the cells. Movement through the apoplast does not involve crossing the cell

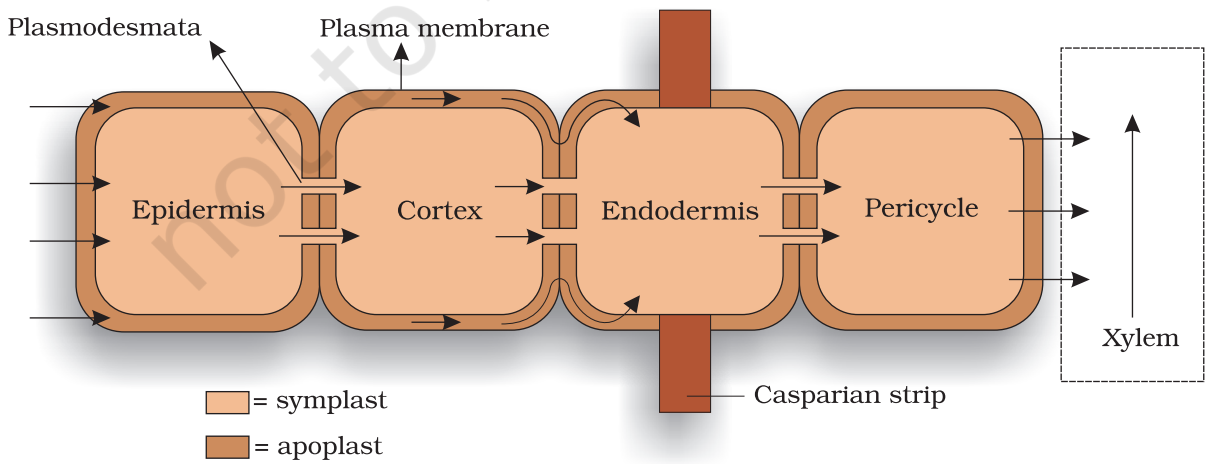


Figure 11.6 Pathway of water movement in the root

membrane. This movement is dependent on the gradient. The apoplast does not provide any barrier to water movement and water movement is through mass flow. As water evaporates into the intercellular spaces or the atmosphere, tension develop in the continuous stream of water in the apoplast, hence mass flow of water occurs due to the adhesive and cohesive properties of water.

The **symplastic** system is the system of interconnected protoplasts. Neighbouring cells are connected through cytoplasmic strands that extend through **plasmodesmata.** During symplastic movement, the water travels through the cells – their cytoplasm; intercellular movement is through the plasmodesmata. Water has to enter the cells through the cell membrane, hence the movement is relatively slower. Movement is again down a potential gradient. Symplastic movement may be aided by cytoplasmic streaming. You may have observed cytoplasmic streaming in cells of the *Hydrilla* leaf; the movement of chloroplast due to streaming is easily visible.

Most of the water flow in the roots occurs via the apoplast since the cortical cells are loosely packed, and hence offer no resistance to water movement. However, the inner boundary of the cortex, the **endodermis**, is impervious to water because of a band of suberised matrix called the **casparian strip**. Water molecules are unable to penetrate the layer, so they are directed to wall regions that are not suberised, into the cells proper through the membranes. The water then moves through the symplast and again crosses a membrane to reach the cells of the xylem. The movement of water through the root layers is ultimately symplastic in the endodermis. This is the only way water and other solutes can enter the vascular cylinder.

Once inside the xylem, water is again free to move between cells as well as through them. In young roots, water enters directly into the xylem vessels and/or tracheids. These are non-living conduits and so are parts of the apoplast. The path of water and mineral ions into the root vascular system is summarised in Figure 11.7.

Some plants have additional structures associated with them that help in water (and mineral) absorption. A **mycorrhiza** is a symbiotic association of a fungus with a root system. The fungal

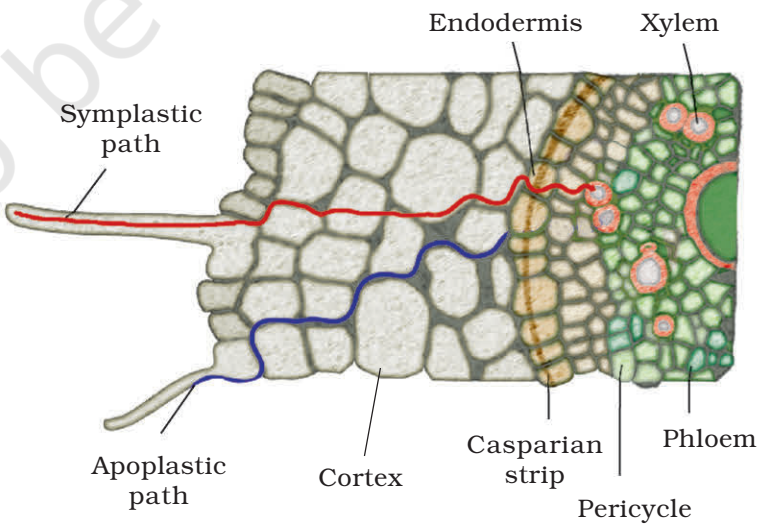


Figure 11.7 Symplastic and apoplastic pathways of water and ion absorption and movement in roots

filaments form a network around the young root or they penetrate the root cells. The hyphae have a very large surface area that absorb mineral ions and water from the soil from a much larger volume of soil that perhaps a root cannot do. The fungus provides minerals and water to the roots, in turn the roots provide sugars and N-containing compounds to the mycorrhizae. Some plants have an obligate association with the mycorrhizae. For example, *Pinus* seeds cannot germinate and establish without the presence of mycorrhizae.

11.3.2 Water Movement up a Plant

We looked at how plants absorb water from the soil, and move it into the vascular tissues. We now have to try and understand how this water is transported to various parts of the plant. Is the water movement active, or is it still passive? Since the water has to be moved up a stem against gravity, what provides the energy for this?

11.3.2.1 Root Pressure

As various ions from the soil are actively transported into the vascular tissues of the roots, water follows (its potential gradient) and increases the **pressure** inside the xylem. This positive pressure is called **root pressure,** and can be responsible for pushing up water to small heights in the stem. How can we see that root pressure exists? Choose a small soft-stemmed plant and on a day, when there is plenty of atmospheric moisture, cut the stem horizontally near the base with a sharp blade, early in the morning. You will soon see drops of solution ooze out of the cut stem; this comes out due to the positive root pressure. If you fix a rubber tube to the cut stem as a sleeve you can actually collect and measure the rate of exudation, and also determine the composition of the exudates. Effects of root pressure is also observable at night and early morning when evaporation is low, and excess water collects in the form of droplets around special openings of veins near the tip of grass blades, and leaves of many herbaceous parts. Such water loss in its liquid phase is known as **guttation**.

Root pressure can, at best, only provide a modest push in the overall process of water transport. They obviously do not play a major role in water movement up tall trees. The greatest contribution of root pressure may be to re-establish the continuous chains of water molecules in the xylem which often break under the enormous tensions created by transpiration. Root pressure does not account for the majority of water transport; most plants meet their need by transpiratory pull.

11.3.2.2 Transpiration pull

Despite the absence of a heart or a circulatory system in plants, the upward flow of water through the xylem in plants can achieve fairly high

rates, up to 15 metres per hour. How is this movement accomplished? A long standing question is, whether water is 'pushed' or 'pulled' through the plant. Most researchers agree that water is mainly 'pulled' through the plant, and that the driving force for this process is transpiration from the leaves. This is referred to as the **cohesion-tension-transpiration pull model** of water transport. But, what generates this transpirational pull?

Water is transient in plants. Less than 1 per cent of the water reaching the leaves is used in photosynthesis and plant growth. Most of it is lost through the **stomata** in the leaves. This water loss is known as **transpiration**.

You have studied transpiration in an earlier class by enclosing a healthy plant in polythene bag and observing the droplets of water formed inside the bag. You could also study water loss from a leaf using cobalt chloride paper, which turns colour on absorbing water.

11.4 TRANSPIRATION

Transpiration is the evaporative loss of water by plants. It occurs mainly through **stomata** (sing. : stoma). Besides the loss of water vapour in transpiration, exchange of oxygen and carbon dioxide in the leaf also occurs through these stomata. Normally stomata are open in the day time and close during the night. The immediate cause of the opening or closing of stomata is a change in the turgidity of the **guard cells**. The inner wall of each guard cell, towards the pore or **stomatal aperture,** is thick and elastic. When turgidity increases within the two guard cells flanking each stomatal aperture or pore, the thin outer walls bulge out and force the inner walls into a crescent shape. The opening of the stoma is also aided due to the orientation of the microfibrils in the cell walls of the guard cells. Cellulose microfibrils are oriented radially rather than longitudinally making it easier for the stoma to open. When the guard cells lose turgor, due to water loss (or water stress) the elastic inner walls regain their original shape, the guard cells become flaccid and the stoma closes.

Usually the lower surface of a dorsiventral (often dicotyledonous) leaf has a greater number of stomata while in an isobilateral (often monocotyledonous) leaf they are about equal on both surfaces. Transpiration is affected by several external factors: temperature, light, humidity, wind speed. Plant factors that affect transpiration include number and distribution of stomata, per cent of open stomata, water status of the plant, canopy structure etc.

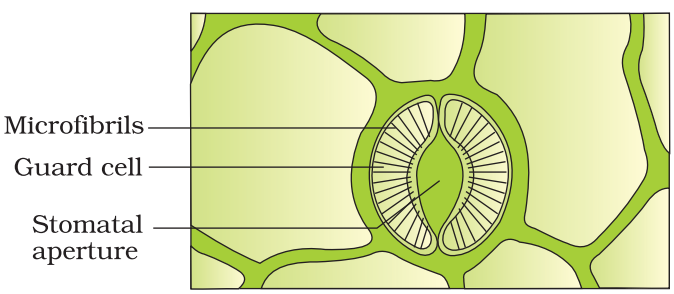


Figure11.8 A stomatal aperture with guard cells

The transpiration driven ascent of xylem sap depends mainly on the following physical properties of water:

- **Cohesion** – mutual attraction between water molecules.
- **Adhesion** – attraction of water molecules to polar surfaces (such as the surface of tracheary elements).
- **Surface Tension** – water molecules are attracted to each other in the liquid phase more than to water in the gas phase.

These properties give water high **tensile strength**, i.e., an ability to resist a pulling force, and high **capillarity**, i.e., the ability to rise in thin tubes. In plants capillarity is aided by the small diameter of the tracheary elements – the **tracheids** and **vessel elements**.

The process of photosynthesis requires water. The system of xylem vessels from the root to the leaf vein can supply the needed water. But what force does a plant use to move water molecules into the leaf parenchyma cells where they are needed? As water evaporates through the stomata, since the thin film of water over the cells is continuous, it results in pulling of water, molecule by molecule, into the leaf from the xylem. Also, because of lower concentration of water vapour in the atmosphere as compared to the substomatal cavity and intercellular spaces, water diffuses into the surrounding air. This creates a 'pull' (Figure 11.9).

Measurements reveal that the forces generated by transpiration can create pressures sufficient to lift a xylem sized column of water over 130 metres high.

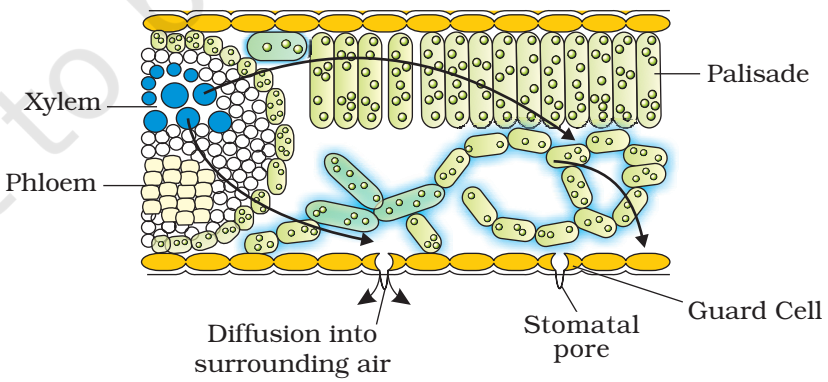


Figure 11.9 Water movement in the leaf. Evaporation from the leaf sets up a pressure gradient between the outside air and the air spaces of the leaf. The gradient is transmitted into the photosynthetic cells and on the water-filled xylem in the leaf vein.

11.4.1 Transpiration and Photosynthesis – a Compromise

Transpiration has more than one purpose; it

- creates transpiration pull for absorption and transport of plants
- supplies water for photosynthesis
- transports minerals from the soil to all parts of the plant
- cools leaf surfaces, sometimes 10 to 15 degrees, by evaporative cooling
- maintains the shape and structure of the plants by keeping cells turgid

An actively photosynthesising plant has an insatiable need for water. Photosynthesis is limited by available water which can be swiftly depleted by transpiration. The humidity of rainforests is largely due to this vast cycling of water from root to leaf to atmosphere and back to the soil.

The evolution of the C_4 photosynthetic system is probably one of the strategies for maximising the availability of CO_2 while minimising water loss. C_4 plants are twice as efficient as C_3 plants in terms of fixing carbon dioxide (making sugar). However, a C_4 plant loses only half as much water as a C_3 plant for the same amount of CO_2 fixed.

11.5 Uptake and Transport of Mineral Nutrients

Plants obtain their carbon and most of their oxygen from CO_2 in the atmosphere. However, their remaining nutritional requirements are obtained from water and minerals in the soil.

11.5.1 Uptake of Mineral Ions

Unlike water, all minerals cannot be passively absorbed by the roots. Two factors account for this: (i) minerals are present in the soil as charged particles (ions) which cannot move across cell membranes and (ii) the concentration of minerals in the soil is usually lower than the concentration of minerals in the root. Therefore, most minerals must enter the root by **active absorption** into the cytoplasm of epidermal cells. This needs energy in the form of ATP. The active uptake of ions is partly responsible for the water potential gradient in roots, and therefore for the uptake of water by osmosis. Some ions also move into the epidermal cells passively.

Ions are absorbed from the soil by both passive and active transport. Specific proteins in the membranes of root hair cells actively pump ions from the soil into the cytoplasms of the epidermal cells. Like all cells, the endodermal cells have many transport proteins embedded in their plasma membrane; they let some solutes cross the membrane, but not others. *Transport proteins of endodermal cells are control points, where a plant adjusts the quantity and types of solutes that reach the xylem.* Note that the root endodermis because of the layer of suberin has the ability to actively transport ions in one direction only.

11.5.2 Translocation of Mineral Ions

After the ions have reached xylem through active or passive uptake, or a combination of the two, their further transport up the stem to all parts of the plant is through the transpiration stream.

The chief sinks for the mineral elements are the growing regions of the plant, such as the apical and lateral meristems, young leaves, developing flowers, fruits and seeds, and the storage organs. Unloading of mineral ions occurs at the fine vein endings through diffusion and active uptake by these cells.

Mineral ions are frequently remobilised, particularly from older, senescing parts. Older dying leaves export much of their mineral content to younger leaves. Similarly, before leaf fall in decidous plants, minerals are removed to other parts. Elements most readily mobilised are phosphorus, sulphur, nitrogen and potassium. Some elements that are structural components like calcium are not remobilised.

An analysis of the xylem exudates shows that though some of the nitrogen travels as inorganic ions, much of it is carried in the organic form as amino acids and related compounds. Similarly, small amounts of P and S are carried as organic compounds. In addition, small amount of exchange of materials does take place between xylem and phloem. Hence, it is not that we can clearly make a distinction and say categorically that xylem transports only inorganic nutrients while phloem transports only organic materials, as was traditionally believed.

11.6 PHLOEM TRANSPORT: FLOW FROM SOURCE TO SINK

Food, primarily sucrose, is transported by the vascular tissue phloem from a source to a sink. Usually the source is understood to be that part of the plant which synthesises the food, i.e., the leaf, and sink, the part that needs or stores the food. But, the source and sink may be reversed depending on the season, or the plant's needs. Sugar stored in roots may be mobilised to become a source of food in the early spring when the buds of trees, act as sink; they need energy for growth and development of the photosynthetic apparatus. Since the source-sink relationship is variable, the direction of movement in the phloem can be upwards or downwards, i.e., **bi-directional**. This contrasts with that of the xylem where the movement is always **unidirectional,** i.e., upwards. Hence, unlike one-way flow of water in transpiration, food in phloem sap can be transported in any required direction so long as there is a source of sugar and a sink able to use, store or remove the sugar.

Phloem sap is mainly water and sucrose, but other sugars, hormones and amino acids are also transported or **translocated** through phloem.

11.6.1 The Pressure Flow or Mass Flow Hypothesis

The accepted mechanism used for the translocation of sugars from source to sink is called the pressure flow hypothesis. (see Figure 11.10). As glucose is prepared at the source (by photosynthesis) it is converted to sucrose (a dissacharide). The sugar is then moved in the form of sucrose into the companion cells and then into the living phloem sieve tube cells by active transport. This process of loading at the source produces a hypertonic condition in the phloem. Water in the adjacent xylem moves into the phloem by osmosis. As osmotic pressure builds up the phloem sap will move to areas of lower pressure. At the sink osmotic pressure must be reduced. Again active transport is necessary to move the sucrose out of the phloem sap and into the cells which will use the sugar – converting it into energy, starch, or cellulose. As sugars are removed, the osmotic pressure decreases and water moves out of the phloem.

To summarise, the movement of sugars in the phloem begins at the source, where sugars are loaded (actively transported) into a sieve tube. Loading of the phloem sets up a water potential gradient that facilitates the mass movement in the phloem.

Phloem tissue is composed of sieve tube cells, which form long columns with holes in their end walls called sieve plates. Cytoplasmic strands pass through the holes in the sieve plates, so forming continuous filaments. As hydrostatic pressure in the sieve tube of phloem increases, pressure flow begins, and the sap moves through the phloem. Meanwhile, at the sink, incoming sugars are actively transported out of the phloem and removed

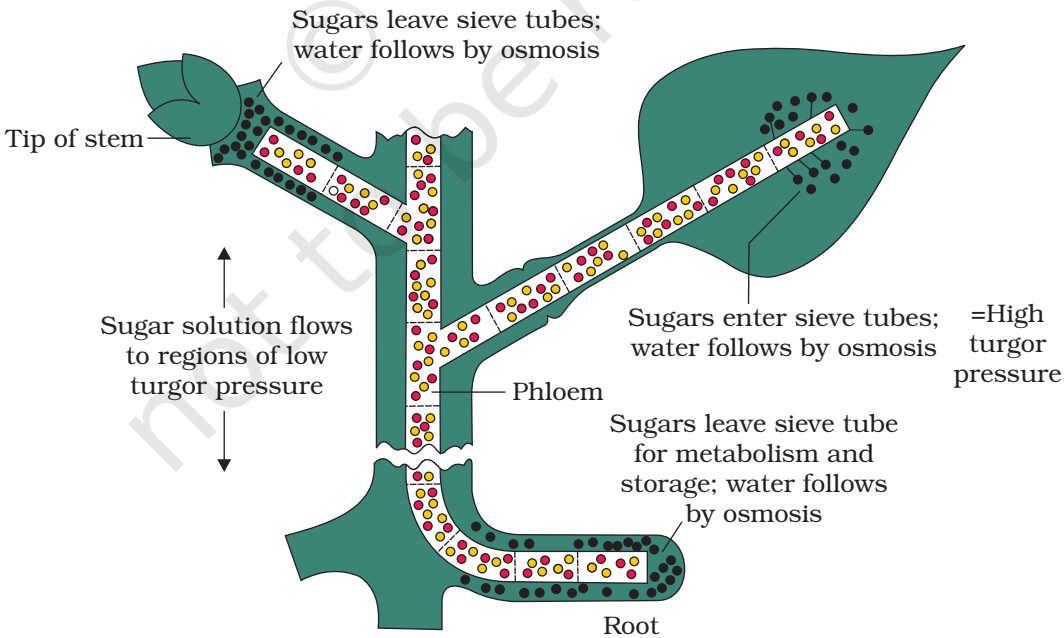


Figure11.10 Diagrammatic presentation of mechanism of translocation

as complex carbohydrates. The loss of solute produces a high water potential in the phloem, and water passes out, returning eventually to xylem.

A simple experiment, called girdling, was used to identify the tissues through which food is transported. On the trunk of a tree a ring of bark up to a depth of the phloem layer, can be carefully removed. In the absence of downward movement of food the portion of the bark above the ring on the stem becomes swollen after a few weeks. This simple experiment shows that phloem is the tissue responsible for translocation of food; and that transport takes place in one direction, i.e., towards the roots. This experiment can be performed by you easily.

SUMMARY

Plants obtain a variety of inorganic elements (ions) and salts from their surroundings especially from water and soil. The movement of these nutrients from environment into the plant as well as from one plant cell to another plant cell essentially involves movement across a cell membrane. Transport across cell membrane can be through diffusion, facilitated transport or active transport. Water and minerals absorbed by roots are transported by xylem and the organic material synthesised in the leaves is transported to other parts of plant through phloem.

Passive transport (diffusion, osmosis) and active transport are the two modes of nutrient transport across cell membranes in living organisms. In passive transport, nutrients move across the membrane by diffusion, without any use of energy as it is always down the concentration gradient and hence entropy driven. This diffusion of substances depends on their size, solubility in water or organic solvents. Osmosis is the special type of diffusion of water across a selectively permeable membrane which depends on pressure gradient and concentration gradient. In active transport, energy in the form of ATP is utilised to pump molecules against a concentration gradient across membranes. Water potential is the potential energy of water molecules which helps in the movement of water. It is determined by solute potential and pressure potential. The osmotic behaviour of cells depends on the surrounding solution. If the surrounding solution of the cell is hypertonic, it gets plasmolysed. The absorption of water by seeds and drywood takes place by a special type of diffusion called imbibition.

In higher plants, there is a vascular system comprising of xylem and phloem, responsible for translocation. Water minerals and food cannot be moved within the body of a plant by diffusion alone. They are therefore, transported by a mass flow system – movement of substance in bulk from one point to another as a result of pressure differences between the two points.

Water absorbed by root hairs moves into the root tissue by two distinct pathways, i.e., apoplast and symplast. Various ions, and water from soil can be transported upto a small height in stems by root pressure. Transpiration pull model is the most acceptable to explain the transport of water. Transpiration is

the loss of water in the form of vapours from the plant parts through stomata. Temperature, light, humidity, wind speed and number of stomata affect the rate of transpiration. Excess water is also removed through tips of leaves of plants by guttation.

Phloem is responsible for transport of food (primarily) sucrose from the source to the sink. The translocation in phloem is bi-directional; the source-sink relationship is variable. The translocation in phloem is explained by the pressure-flow hypothesis.

EXERCISES

1. What are the factors affecting the rate of diffusion?
2. What are porins? What role do they play in diffusion?
3. Describe the role played by protein pumps during active transport in plants.
4. Explain why pure water has the maximum water potential.
5. Differentiate between the following:
   (a) Diffusion and Osmosis
   (b) Transpiration and Evaporation
   (c) Osmotic Pressure and Osmotic Potential
   (d) Imbibition and Diffusion
   (e) Apoplast and Symplast pathways of movement of water in plants.
   (f) Guttation and Transpiration.
6. Briefly describe water potential. What are the factors affecting it?
7. What happens when a pressure greater than the atmospheric pressure is applied to pure water or a solution?
8. (a) With the help of well-labelled diagrams, describe the process of plasmolysis in plants, giving appropriate examples.
   (b) Explain what will happen to a plant cell if it is kept in a solution having higher water potential.
9. How is the mycorrhizal association helpful in absorption of water and minerals in plants?
10. What role does root pressure play in water movement in plants?
11. Describe transpiration pull model of water transport in plants. What are the factors influencing transpiration? How is it useful to plants?
12. Discuss the factors responsible for ascent of xylem sap in plants.
13. What essential role does the root endodermis play during mineral absorption in plants?
14. Explain why xylem transport is unidirectional and phloem transport bi-directional.
15. Explain pressure flow hypothesis of translocation of sugars in plants.
16. What causes the opening and closing of guard cells of stomata during transpiration?

Chapter 12
Mineral Nutrition

The basic needs of all living organisms are essentially the same. They require macromolecules, such as carbohydrates, proteins and fats, and water and minerals for their growth and development.

This chapter focusses mainly on inorganic plant nutrition, wherein you will study the methods to identify elements essential to growth and development of plants and the criteria for establishing the essentiality. You will also study the role of the essential elements, their major deficiency symptoms and the mechanism of absorption of these essential elements. The chapter also introduces you briefly to the significance and the mechanism of biological nitrogen fixation.

12.1 Methods to Study the Mineral Requirements of Plants

In 1860, Julius von Sachs, a prominent German botanist, demonstrated, for the first time, that plants could be grown to maturity in a defined nutrient solution in complete absence of soil. This technique of growing plants in a nutrient solution is known as **hydroponics**. Since then, a number of improvised methods have been employed to try and determine the mineral nutrients essential for plants. The essence of all these methods involves the culture of plants in a soil-free, defined mineral solution. These methods require purified water and mineral nutrient salts. *Can you explain why is this so essential?*

After a series of experiments in which the roots of the plants were immersed in nutrient solutions and wherein an element was added / substituted / removed or given in varied concentration, a mineral solution

suitable for the plant growth was obtained. By this method, essential elements were identified and their deficiency symptoms discovered. Hydroponics has been successfully employed as a technique for the commercial production of vegetables such as tomato, seedless cucumber and lettuce. It must be emphasised that the nutrient solutions must be adequately aerated to obtain the optimum growth. What would happen if solutions were poorly aerated? Diagrammatic views of the hydroponic technique is given in Figures 12.1 and 12.2.

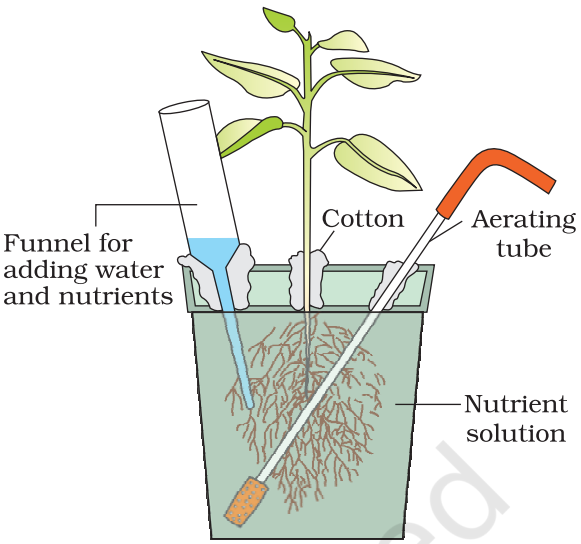


Figure 12.1 Diagram of a typical set-up for nutrient solution culture

12.2 ESSENTIAL MINERAL ELEMENTS

Most of the minerals present in soil can enter plants through roots. In fact, more than sixty elements of the 105 discovered so far are found in different plants. Some plant species accumulate selenium, some others gold, while some plants growing near nuclear test sites take up radioactive strontium. There are techniques that are able to detect the minerals even at a very low concentration (10^{-8} g/mL). The question is, whether all the diverse mineral elements present in a plant, for example, gold and selenium as mentioned above, are really necessary for plants? How do we decide what is essential for plants and what is not?

12.2.1 Criteria for Essentiality

The criteria for essentiality of an element are given below:

(a) The element must be absolutely necessary for supporting normal growth and reproduction. In the absence of the element the plants do not complete their life cycle or set the seeds.

(b) The requirement of the element must be specific and not replaceable by another element. In other words, deficiency of any one element cannot be met by supplying some other element.

(c) The element must be directly involved in the metabolism of the plant.

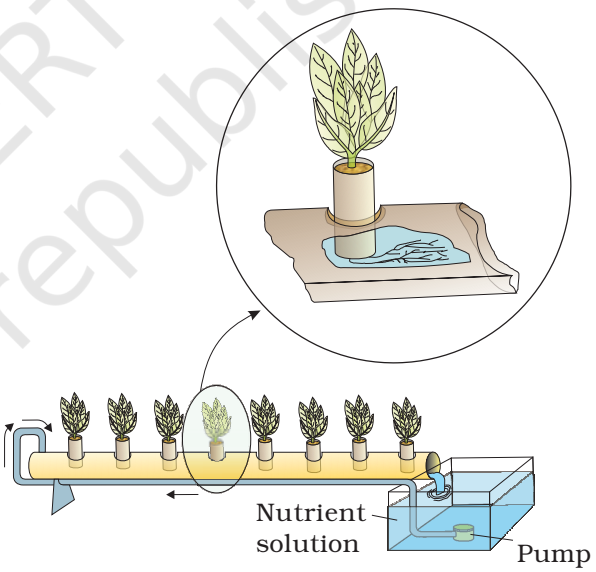


Figure 12.2 Hydroponic plant production. Plants are grown in a tube or trough placed on a slight incline. A pump circulates a nutrient solution from a reservoir to the elevated end of the tube. The solution flows down the tube and returns to the reservoir due to gravity. Inset shows a plant whose roots are continuously bathed in aerated nutrient solution. The arrows indicates the direction of the flow.

Based upon the above criteria only a few elements have been found to be absolutely essential for plant growth and metabolism. These elements are further divided into two broad categories based on their quantitative requirements.

(i) Macronutrients, and

(ii) Micronutrients

Macronutrients are generally present in plant tissues in large amounts (in excess of 10 mmole Kg^{-1} of dry matter). The macronutrients include carbon, hydrogen, oxygen, nitrogen, phosphorous, sulphur, potassium, calcium and magnesium. Of these, carbon, hydrogen and oxygen are mainly obtained from CO_2 and H_2O, while the others are absorbed from the soil as mineral nutrition.

Micronutrients or trace elements, are needed in very small amounts (less than 10 mmole Kg^{-1} of dry matter). These include iron, manganese, copper, molybdenum, zinc, boron, chlorine and nickel.

In addition to the 17 essential elements named above, there are some beneficial elements such as sodium, silicon, cobalt and selenium. They are required by higher plants.

Essential elements can also be grouped into four broad categories on the basis of their diverse functions. These categories are:

(i) Essential elements as components of biomolecules and hence structural elements of cells (e.g., carbon, hydrogen, oxygen and nitrogen).

(ii) Essential elements that are components of energy-related chemical compounds in plants (e.g., magnesium in chlorophyll and phosphorous in ATP).

(iii) Essential elements that activate or inhibit enzymes, for example Mg^{2+} is an activator for both ribulose bisphosphate carboxylase-oxygenase and phosphoenol pyruvate carboxylase, both of which are critical enzymes in photosynthetic carbon fixation; Zn^{2+} is an activator of alcohol dehydrogenase and Mo of nitrogenase during nitrogen metabolism. *Can you name a few more elements that fall in this category?* For this, you will need to recollect some of the biochemical pathways you have studied earlier.

(iv) Some essential elements can alter the osmotic potential of a cell. Potassium plays an important role in the opening and closing of stomata. You may recall the role of minerals as solutes in determining the water potential of a cell.

12.2.2 Role of Macro- and Micro-nutrients

Essential elements perform several functions. They participate in various metabolic processes in the plant cells such as permeability of cell

membrane, maintenance of osmotic concentration of cell sap, electron-transport systems, buffering action, enzymatic activity and act as major constituents of macromolecules and co-enzymes.

Various forms and functions of essential nutrient elements are given below.

Nitrogen: This is the essential nutrient element required by plants in the greatest amount. It is absorbed mainly as NO_3^- though some are also taken up as NO_2^- or NH_4^+. Nitrogen is required by all parts of a plant, particularly the meristematic tissues and the metabolically active cells. Nitrogen is one of the major constituents of proteins, nucleic acids, vitamins and hormones.

Phosphorus: Phosphorus is absorbed by the plants from soil in the form of phosphate ions (either as $H_2PO_4^-$ or HPO_4^{2-}). Phosphorus is a constituent of cell membranes, certain proteins, all nucleic acids and nucleotides, and is required for all phosphorylation reactions.

Potassium: It is absorbed as potassium ion (K^+). In plants, this is required in more abundant quantities in the meristematic tissues, buds, leaves and root tips. Potassium helps to maintain an anion-cation balance in cells and is involved in protein synthesis, opening and closing of stomata, activation of enzymes and in the maintenance of the turgidity of cells.

Calcium: Plant absorbs calcium from the soil in the form of calcium ions (Ca^{2+}). Calcium is required by meristematic and differentiating tissues. During cell division it is used in the synthesis of cell wall, particularly as calcium pectate in the middle lamella. It is also needed during the formation of mitotic spindle. It accumulates in older leaves. It is involved in the normal functioning of the cell membranes. It activates certain enzymes and plays an important role in regulating metabolic activities.

Magnesium: It is absorbed by plants in the form of divalent Mg^{2+}. It activates the enzymes of respiration, photosynthesis and are involved in the synthesis of DNA and RNA. Magnesium is a constituent of the ring structure of chlorophyll and helps to maintain the ribosome structure.

Sulphur: Plants obtain sulphur in the form of sulphate (SO_4^{2-}). Sulphur is present in two amino acids – cysteine and methionine and is the main constituent of several coenzymes, vitamins (thiamine, biotin, Coenzyme A) and ferredoxin.

Iron: Plants obtain iron in the form of ferric ions (Fe^{3+}). It is required in larger amounts in comparison to other micronutrients. It is an important constituent of proteins involved in the transfer of electrons like ferredoxin and cytochromes. It is reversibly oxidised from Fe^{2+} to Fe^{3+} during electron transfer. It activates catalase enzyme, and is essential for the formation of chlorophyll.

Manganese: It is absorbed in the form of manganous ions (Mn^{2+}). It activates many enzymes involved in photosynthesis, respiration and nitrogen metabolism. The best defined function of manganese is in the splitting of water to liberate oxygen during photosynthesis.

Zinc: Plants obtain zinc as Zn^{2+} ions. It activates various enzymes, especially carboxylases. It is also needed in the synthesis of auxin.

Copper: It is absorbed as cupric ions (Cu^{2+}). It is essential for the overall metabolism in plants. Like iron, it is associated with certain enzymes involved in redox reactions and is reversibly oxidised from Cu^{+} to Cu^{2+}.

Boron : It is absorbed as BO_3^{3-} or $B_4O_7^{2-}$. Boron is required for uptake and utilisation of Ca^{2+}, membrane functioning, pollen germination, cell elongation, cell differentiation and carbohydrate translocation.

Molybdenum: Plants obtain it in the form of molybdate ions (MoO_2^{2+}). It is a component of several enzymes, including nitrogenase and nitrate reductase both of which participate in nitrogen metabolism.

Chlorine: It is absorbed in the form of chloride anion (Cl^{-}). Along with Na^{+} and K^{+}, it helps in determining the solute concentration and the anion-cation balance in cells. It is essential for the water-splitting reaction in photosynthesis, a reaction that leads to oxygen evolution.

12.2.3 Deficiency Symptoms of Essential Elements

Whenever the supply of an essential element becomes limited, plant growth is retarded. The concentration of the essential element below which plant growth is retarded is termed as **critical concentration.** The element is said to be deficient when present below the critical concentration.

Since each element has one or more specific structural or functional role in plants, in the absence of any particular element, plants show certain morphological changes. These morphological changes are indicative of certain element deficiencies and are called deficiency symptoms. The deficiency symptoms vary from element to element and they disappear when the deficient mineral nutrient is provided to the plant. However, if deprivation continues, it may eventually lead to the death of the plant. The parts of the plants that show the deficiency symptoms also depend on the mobility of the element in the plant. For elements that are actively mobilised within the plants and exported to young developing tissues, the deficiency symptoms tend to appear first in the older tissues. For example, the deficiency symptoms of nitrogen, potassium and magnesium are visible first in the senescent leaves. In the older leaves, biomolecules containing these elements are broken down, making these elements available for mobilising to younger leaves.

The deficiency symptoms tend to appear first in the young tissues whenever the elements are relatively immobile and are not transported out of the mature organs, for example, element like sulphur and

calcium are a part of the structural component of the cell and hence are not easily released. This aspect of mineral nutrition of plants is of a great significance and importance to agriculture and horticulture.

The kind of deficiency symptoms shown in plants include chlorosis, necrosis, stunted plant growth, premature fall of leaves and buds, and inhibition of cell division. Chlorosis is the loss of chlorophyll leading to yellowing in leaves. This symptom is caused by the deficiency of elements N, K, Mg, S, Fe, Mn, Zn and Mo. Likewise, necrosis, or death of tissue, particularly leaf tissue, is due to the deficiency of Ca, Mg, Cu, K. Lack or low level of N, K, S, Mo causes an inhibition of cell division. Some elements like N, S, Mo delay flowering if their concentration in plants is low.

You can see from the above that the deficiency of any element can cause multiple symptoms and that the same symptoms may be caused by the deficiency of one of several different elements. Hence, to identify the deficient element, one has to study all the symptoms developed in all the various parts of the plant and compare them with the available standard tables. We must also be aware that different plants also respond differently to the deficiency of the same element.

12.2.4 Toxicity of Micronutrients

The requirement of micronutrients is always in low amounts while their moderate decrease causes the deficiency symptoms and a moderate increase causes toxicity. In other words, there is a narrow range of concentration at which the elements are optimum. Any mineral ion concentration in tissues that reduces the dry weight of tissues by about 10 per cent is considered toxic. Such critical concentrations vary widely among different micronutrients. The toxicity symptoms are difficult to identify. Toxicity levels for any element also vary for different plants. Many a times, excess of an element may inhibit the uptake of another element. For example, the prominent symptom of manganese toxicity is the appearance of brown spots surrounded by chlorotic veins. It is important to know that manganese competes with iron and magnesium for uptake and with magnesium for binding with enzymes. Manganese also inhibit calcium translocation in shoot apex. Therefore, excess of manganese may, in fact, induce deficiencies of iron, magnesium and calcium. Thus, what appears as symptoms of manganese toxicity may actually be the deficiency symptoms of iron, magnesium and calcium. Can this knowledge be of some importance to a farmer? a gardener? or even for you in your kitchen-garden?

12.3 MECHANISM OF ABSORPTION OF ELEMENTS

Much of the studies on mechanism of absorption of elements by plants has been carried out in isolated cells, tissues or organs. These studies

revealed that the process of absorption can be demarcated into two main phases. In the first phase, an initial rapid uptake of ions into the 'free space' or 'outer space' of cells – the apoplast, is passive. In the second phase of uptake, the ions are taken in slowly into the 'inner space' – the symplast of the cells. The passive movement of ions into the apoplast usually occurs through ion-channels, the trans-membrane proteins that function as selective pores. On the other hand, the entry or exit of ions to and from the symplast requires the expenditure of metabolic energy, which is an **active** process. The movement of ions is usually called **flux;** the inward movement into the cells is influx and the outward movement, efflux. You have read the aspects of mineral nutrient uptake and translocation in plants in Chapter 11.

12.4 Translocation of Solutes

Mineral salts are translocated through xylem along with the ascending stream of water, which is pulled up through the plant by transpirational pull. Analysis of xylem sap shows the presence of mineral salts in it. Use of radioisotopes of mineral elements also substantiate the view that they are transported through the xylem. You have already discussed the movement of water in xylem in Chapter 11.

12.5 Soil as Reservoir of Essential Elements

Majority of the nutrients that are essential for the growth and development of plants become available to the roots due to weathering and breakdown of rocks. These processes enrich the soil with dissolved ions and inorganic salts. Since they are derived from the rock minerals, their role in plant nutrition is referred to as mineral nutrition. Soil consists of a wide variety of substances. Soil not only supplies minerals but also harbours nitrogen-fixing bacteria, other microbes, holds water, supplies air to the roots and acts as a matrix that stabilises the plant. Since deficiency of essential minerals affect the crop-yield, there is often a need for supplying them through fertilisers. Both macro-nutrients (N, P, K, S, etc.) and micro-nutrients (Cu, Zn, Fe, Mn, etc.) form components of fertilisers and are applied as per need.

12.6 Metabolism of Nitrogen

12.6.1 Nitrogen Cycle

Apart from carbon, hydrogen and oxygen, nitrogen is the most prevalent element in living organisms. Nitrogen is a constituent of amino acids, proteins, hormones, chlorophylls and many of the vitamins. Plants compete with microbes for the limited nitrogen that