

STANDARD THREE

TERM - I

VOLUME 2

MATHEMATICS SCIENCE SOCIAL SCIENCE

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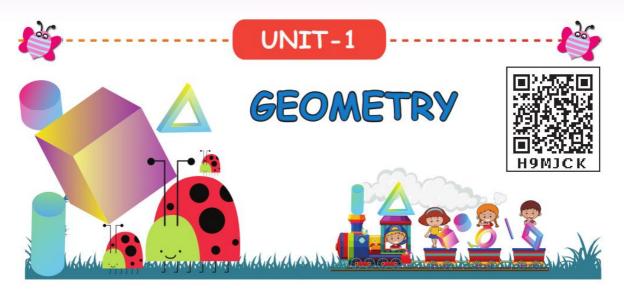
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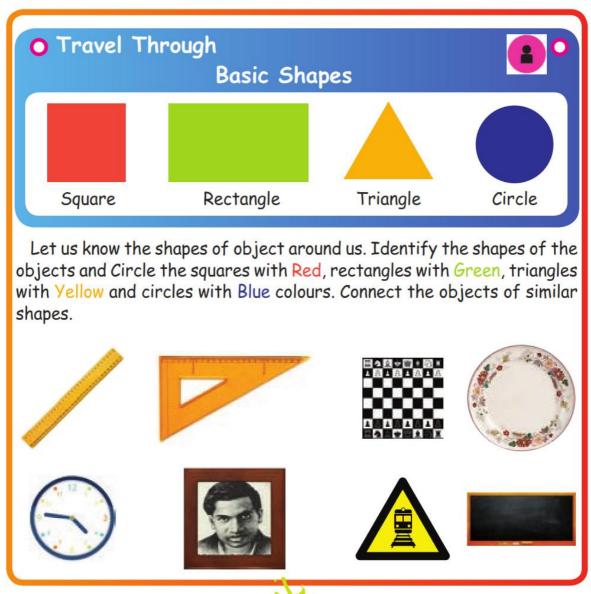
MATHEMATICS

III



IV





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1.1 Construction of 2D shapes



Let us understand the properties of 2D shapes.



Let us know

A Square has four sides.
All the four sides are equal.

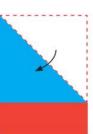
Let us make a square by folding a paper by following the given steps.

Step 1: Take a paper



Step 2: Fold the paper as shown in the figure.

Shade the extra portion in the bottom with red colour. Red coloured portion will be rectangular in shape. Tear it off and keep it aside. Open up the triangle. What do you observe? You could see a square.







The crease in the middle of the square is called the 'Diagonal of the square'.

You can note that the diagonal divides the square into two triangles.

Try this

Can you find the other diagonal of the square by folding it the other way? If so how many diagonals can you find for a square?.



Teacher's note: Teacher can guide the children to do this paper folding activity.



Observe the number of sides and corners of a square.

So, a square has four sides, four corners and two diagonals.

Think

Are all the sides of a square equal What about the diagonals?
Are they equal?

We know from square shape

we shall summarize the properties of a square as follows

- Square has four sides.
- All the four sides are equal.
- Square has four corners.
- Square has two diagonals.
- The two diagonals are equal.

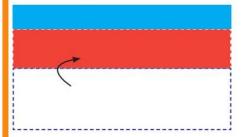
Step 1: Take the rectangular piece which was kept aside. Observe its sides.

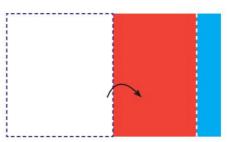


Let us know

Opposite sides are equal

Fold the opposite sides of the rectangle. What do you observe? The sides coincide.

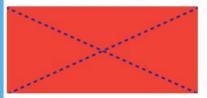




Now we get opposite sides equal. Hence in a rectangle, opposite sides are equal.



Fold the opposite corners as we did in the square. Observe the crease. It shows the diagonal of the rectangle.



Let us know

Diagonals are equal in rectangle.

We know from rectangle shape

The properties of a rectangle are as follows

- Rectangle has four sides.
- Two opposite sides are equal.
- Rectangle has four corners.
- Rectangle has two diagonals.
- Two diagonals are equal.

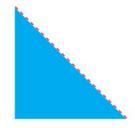
Fold the square along any of these diagonals to form a triangle.

Observe the Sides and corners of the rectangle.

A triangle has three sides and three corners.

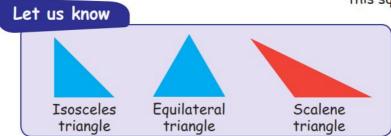
Cut the paper and make triangles of different kind.

Observe the length of the sides of the triangle. length of the sides. Let the children explore the names of different sides of the triangles.





How many triangles can be made out of this square paper?



Teacher's note: Facilitate the children to explore the properties of shapes in various aspects.





Let us know



Circle is a closed curve

Draw a circle using pencil and Bangle.

Step 1: Place a bangle on the paper as shown in figure.



Step 2: Trace the outline of the bangle with a curved line with the pencil until you reach the starting point, we get a circle.



Now, we get a circle

On observing the circle drawn we shall write the properties of it as follows.

- Circle has no sides.
- Circle has no corners.
- Circle has a center point.



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Activity 1

Write the names of few objects in everyday use and mention their geometrical shapes. Example, table- cuboid





2)

Practice

Triangle has corners.

Four sides of a square are

- 3) Circle has sides.
- 4) Rectangle has diagonals.
- 5) Opposite sides of a rectangle are
- 6) Circle has centre point.

Plane Surface

Surface of few objects like walls, floors papers and top of a table are flat. Flat surfaces are otherwise called as plane surfaces or planes. Cubes and cuboids have flat surfaces.









Curved Surface

Surfaces of few objects such as ball, flowerwase, pot are curved. Cone, Cylinder and sphere have curved surfaces.













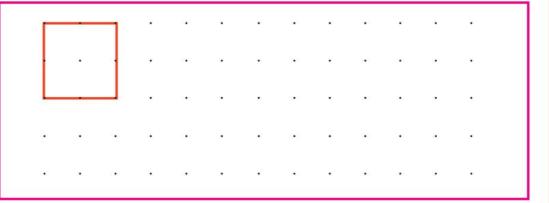


Activity 2

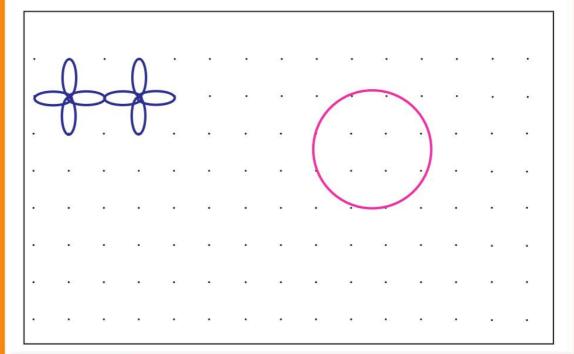


Draw all the 2d shapes in the given dot grid. One is done for you.

A geoboard is a mathematical manipulative board.



Join the dots in the grid using curved lines to make designs of your choice. one is done for you.



Teacher's note: Teacher can lead the children to make the shapes drawn by them in the dot grid by using rubber band in the Geo board drawn by them in the dot grid



We can see many things around us have straight lines and curved lines.

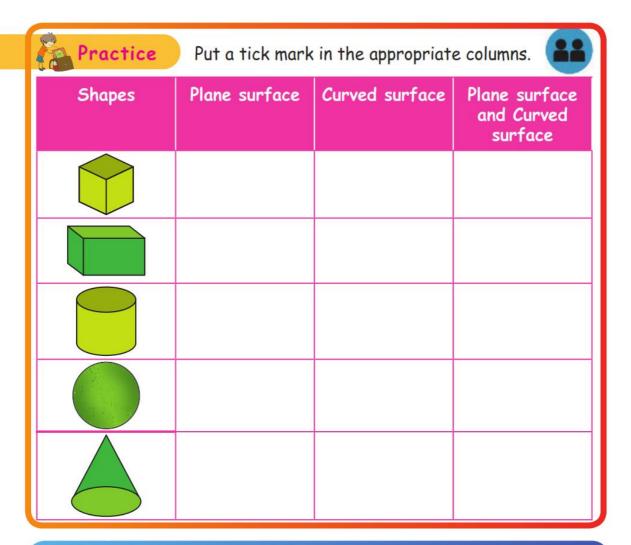


Draw any 5 shapes and put a tick in the given boxes to indicate the type of the lines found in them.

Curved line	Straight line
✓	

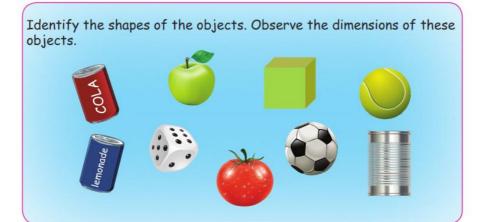
Teacher's note: Teacher can discuss about the types of lines found in objects in everyday use and enable the children to draw them in above tabular column.





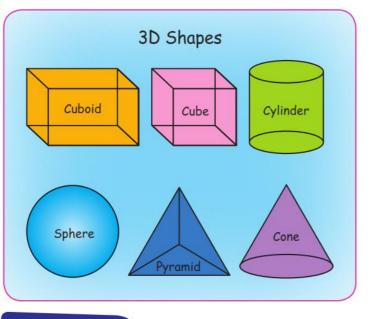
1.2 Construction of -3D shapes.

Look at the things around you.





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Solid shapes have 3 Dimensions namely length, breadth, and height.



These are shortly called as 3D shapes.



Let us know

A Cube is a solid shape made of squares. It has 6 faces, 12 edges and 8 vertices. A Cuboid is a solid shape made of rectangles. It has 6 faces, 12 edges and 8 vertices.

A Sphere is a solid shape made of circles. It has 1 faces, no edges and no vertex.



Practice

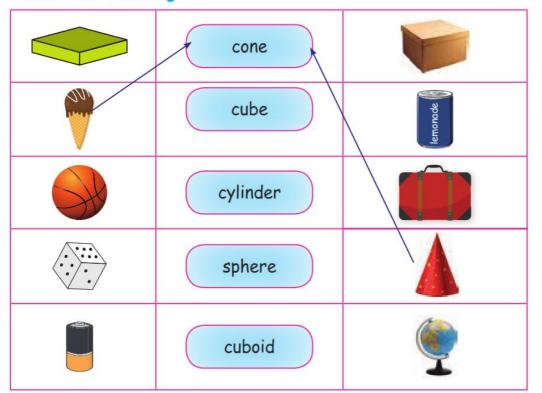


1. Complete the following table by filing the properties of 2d and 3d shapes.

5. No	Figure	2D or 3D	Shape name	Number of sides	Number of edges	Number of corners	Number of diagonals
1		2D	Rectangle				
2		2D	Traingle				
3		2D	Circle				

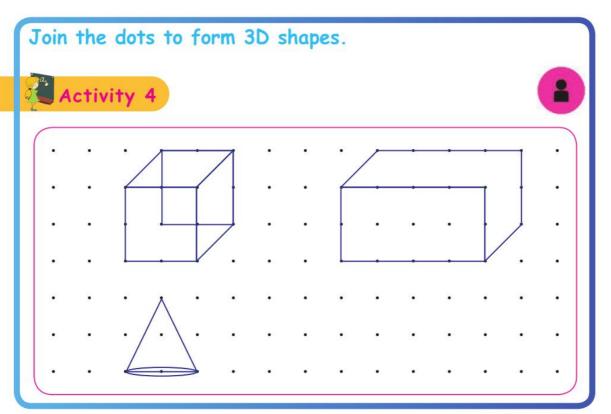
4	2D	Square		
5	2D	Traingle		
6	2D	Rectangle		
7	3D	Cube		
8	3D	Cuboid		
9	3D	Sphere		

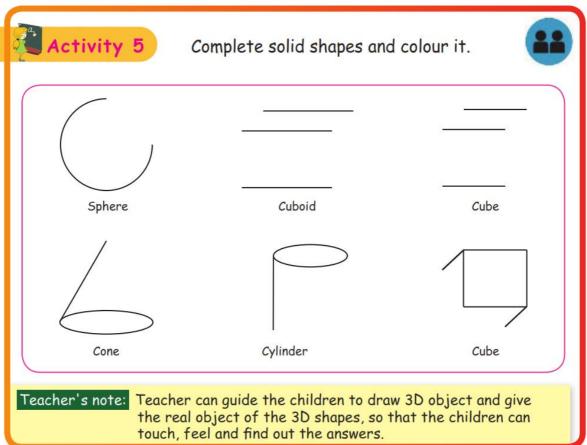
2. Match the following.



Teacher's note: Teacher shall facilitate the children to draw the front and side views of 3d shapes by providing the objects.







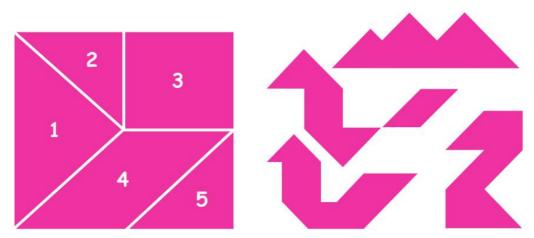
1.3 Tangram

Create shapes using tangram pieces

Tangram is a traditional Chinese puzzle made of a square divided into seven pieces (one parallelogram, one square and five triangles) that can be arranged to match particular designs. We can make many figures of animals people and other things. simplified version of tangram puzzle is available with five pieces also.

5 pieces tangram

look at 5 pieces of the tangram. cut the 5 pieces from a paper with help of your elders and try make the given shapes out of it.







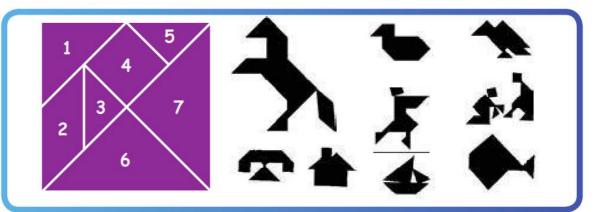
How many triangles are there in a five piece tangram set? Are they equal in size?

7-pieces tangram

Here is the picture of a seven-piece tangram. You can cut out these pieces from a paper and put them together in different ways to make some very interesting shapes.

Teacher's note: Teacher can enable the children create various shapes using the tangram sets.

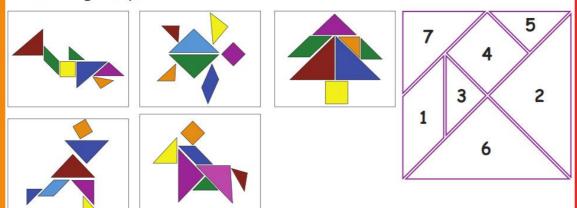








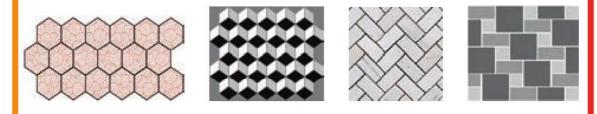
Number the pieces in each of these figures according to the numbering in the tangram puzzle.



Tile a given region using a tile of given shape.

When you fit individual tiles together with no gaps or overlaps to fill a flat space, you have a **tiled floor**.

Observe the pictures

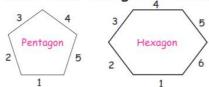


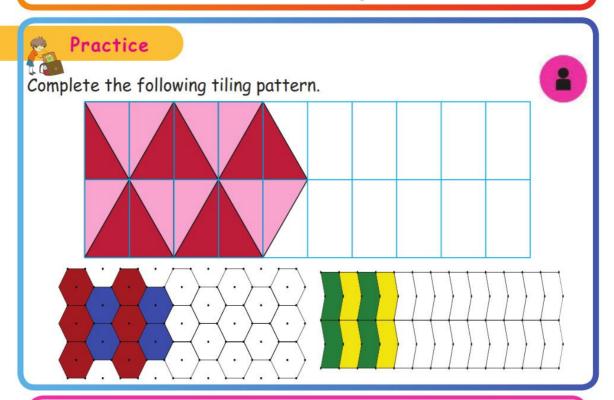
Baked clay in the form of a shape that is used to cover surfaces is called tile.



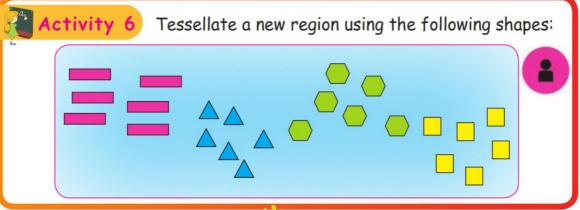
Let us Explore

There are some shapes that cannot be used to make tiling patterns why? what are they? Name them and give reasons.





When we repeat individual tiles or patterns together with no gaps or overlaps to fill a flat space, the arrangement is called tessellation (or tiling).



Triangles, squares, hexagons are the regular polygons tessellate in the plane.

Here

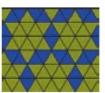






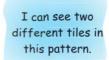


A tessellation of triangles

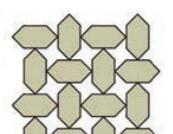


Distinguish between shapes that tile and that do not tile.

Observe the following pictures that do not tile.



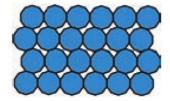














Though pentagons and heptagons are regular polygons they do not tessellate.

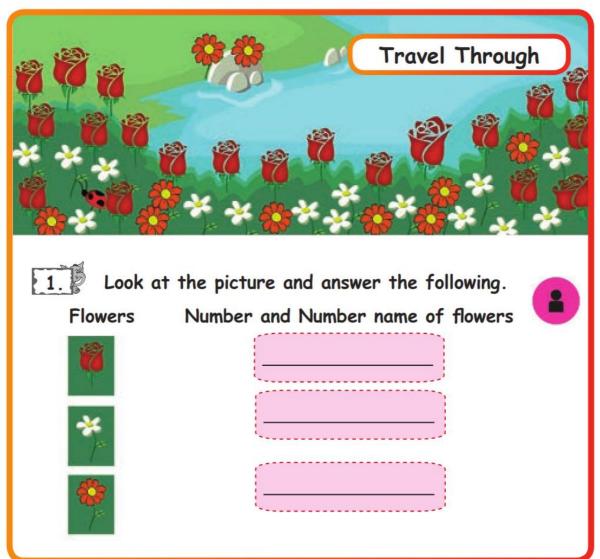




Ask the children to draw tessellate in the plane region using square and pentagon.









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Fill in the blanks in each of the figures with missing numbers.



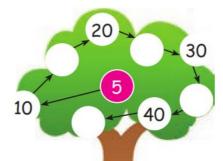








C.





Complete the given facts by placing + for addition and - for subtraction.

Numbers sequence upto 1000.

- Numbers 0, 1, 2, 3, 4, 5, 6, 7, 8 and 9 are one digit numbers.
- Numbers from 10 to 99 are two-digit numbers.

99 is the biggest two-digit number.

10 is the smallest two-digit number.

Formation of the numbers such as 10,100 and 1000. when 1 is added with 9 ,we get 10.

Tens	Ones
	9
	1
1	0





		Hundred	Tens	Ones
-8 8			9	9
	+			1
		1	0	0

When we add 1 with 99 we get 100. The numeral 100 represents the number "HUNDRED", the smallest three digit number. One hundred has 10 tens. One hundred has 100 ones.

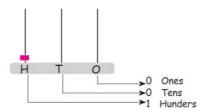
	Th	Н	Т	Ones
		9	9	9
+				1
			0.00	

	Th	Н	Т	Ones
		9	9	9
+				1
	1	0	0	0

The numeral 1000 represents the number "Thousand", the smallest four digit number. One thousand has 10 hundreds.one thousand has 100 tens.

2.2 Read and write all three digit numbers and number names.

We shall represent 100 in an abacus as shown below.

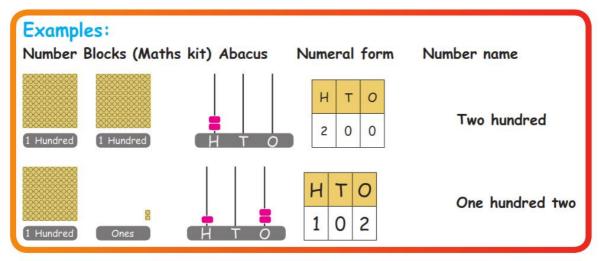


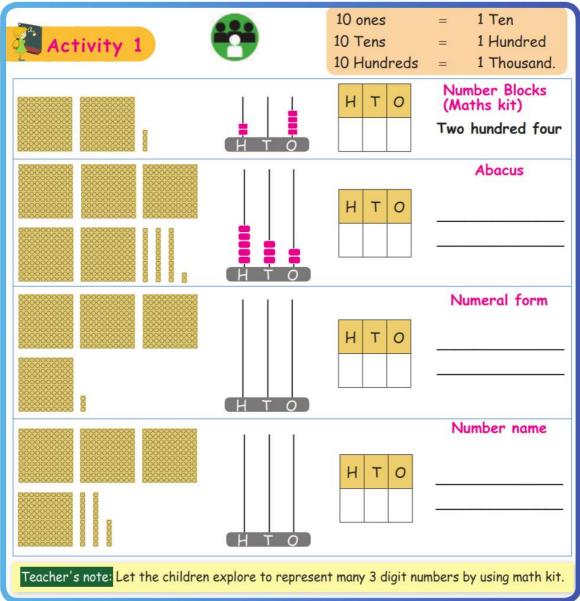
Н	Т	0
1	0	0

No beads in the ones place shows 0 ones. No beads in the tens place shows 0 Tens. 1 bead in the hundred place shows 1 hundred.

The place value higher than tens place is hundreds place.

Hundred (or) 100 is the smallest three digit number.





20

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Read and write the numbers from 101 to 200.



101	111	121	131	141	151	161	171	181	191
102						162	45	182	
		123			·				193
104							174		
	115			145					
106								186	
			137			167			197
108							178		
110	120	130	140	150	160	170	180	190	200

Teacher's Note: Teacher can give practice to children to write the numbers upto 1000.

The number name of the numeral 101 is written by adding one hundred with one as one hundred and one. For the numeral 199 it is written as one hundred and ninety nine.



Activity 2



Write the numerals for the given number names.

Number name	Numerals
Five hundred and thirty five	535
One hundred and seven	107
One hundred and twenty eight	
Six hundred	
Nine hundred and five	



Activity 3

•

Write the number names for the following Numerals.

Numerals	Number name	
150	One hundred and fifty	i i
225		
306		
535		
907	Nine hundred and seven	
992		

Activity 4



Form three digit numbers using each of the given numbers only once.



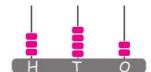
Place value of a numeral in the given number.

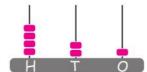


write the place value of the underlined digit in the given number.

Numeral	Place value	Number name of the underlined digit
296	Tens	Ninety
29 <u>6</u>	Ones	Six
<u>2</u> 96	Hundreds	Two hundred
196	Tens	Ninety
417		
6 3 <u>8</u>		
<u>9</u> 45		

find the numbers represented in the abacus by writing their place value.







3 - Hundreds

4 - Tens

2 - Ones

300 + 40 + 2

342

Expand the given numbers into ones tens and hundreds

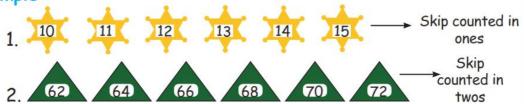
Number	Expanded Form		
246	200 + 40 + 6		
570	500 + 70 + 0		
637			
603			
989			

Write the simplified form of the number of the given expansions.

Expanded form	Simplified form	
300 + 90 + 8	398	
200 + 50 + 6		
900 + 80 + 5		
500 + 50 + 7		

Skip counting starting from any given number.

Example:



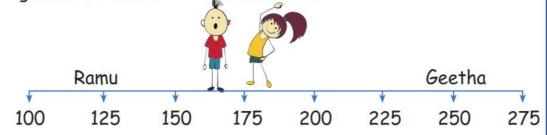
complete the following by skip counting in 5s ,10s and 100s.

- 1. (250) (255) (270) (270)
- 2. 500 510 540
- 3. 100 200 600

2.3 Comparison of numbers

Odd and Even numbers

Ramu has 125 groundnut chocolates and Geetha has 200 groundnut chocolates. Who has more?



Odd numbers and even numbers

Even numbers

0 2 4 6 8 10 12 Odd numbers 1 3 5 7 9 11 13

Numbers ending with 1, 3, 5, 7 and 9 are called ODD numbers.

Numbers ending with 0, 2, 4, 6 and 8 are called EVEN numbers.

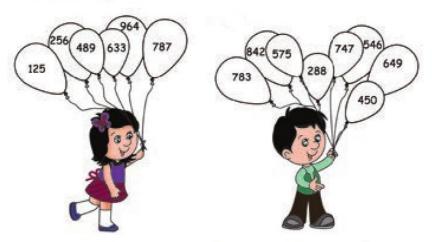


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Colour the balloons with odd number by yellow and even number by Red.



In number sequence, after every odd number there is an even number. Similarly after every even number there is an odd number.

Activity 6



Circle the even numbers	Circle the odd numbers
8, 69, 70, 84, 99	7, 26, 33, 61, 84
112, 131, 156, 170, 186	105, 116, 125, 142, 151
226, 300, 303, 440, 478	219, 232, 245, 357, 390
542, 570, 575, 600, 610	540, 555, 557, 603, 609
931, 948, 952, 982, 999	918, 919, 935, 953, 998



Greater and smaller numbers

Amuthan has 3 chocolates and his sister Meenakshi has 8 chocolates.



Who has more?



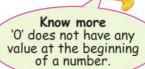
In a number line 3 comes before 8 or 8 comes after 3.



3 is smaller than 8 or

8 is greater than 3

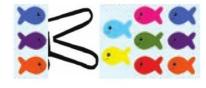
Meenakshi has more chocolates.



Using symbols



8 is greater than 3
we write 8 > 3
91 is greater than 49
we write 91 > 49



3 is smaller than 8
we write 3 < 8
27 is smaller than 40
we write 27 < 40









Comparison of numbers with different digits.

The number which has more digits is a greater number. The number 115 has 3 digits and 89 has only 2 digits. So 115 is greater than 89. We write 115 > 89.

Compare 115 and 89

Н	Т	0
1	1	5

Н	Т	0
	8	9



Comparison of numbers with equal digits.

If the number of digits are equal, compare the digit in the hundreds place. The number which has a greater digit in the hundreds place is greater. 2 is greater than 1. So, 250 is greater than 160. We write 250 > 160. We can also say 160 < 250.

Compare 160 and 250

Н	Т	0	
1	6	0	

Н	Т	0
2	5	0

Look at the hundreds place



If the digits in the hundreds place are same, compare the digits in the tens place. The number which has the greater digit in the tens place is the greater number.

The digit in the hundred place are the same. Compare the digits in the tens place. 5 is greater than 4. so, 151 is greater than 143. We write 151 > 143. We can also say 143 < 151.

Н	Т	0
1	4	3

Н	Т	0
1	5	1





If the digits in the hundred and the tens place are same, compare the digits in the ones place. The number which has the greater digit in the ones place is the greater number.

The digits in the hundred place and tens place the same. Comparing the digits in the ones place.

Compare 141 and 148

Н	Т	0
1	4	1

Н	Т	0
1	4	8

8 is greater than 1

So the number 148 is greater than 141.

We write 148 > 141

We can also say 141 < 148.



Comparing numbers with same value in all the digits

The digits in the hundreds places, tens place and ones place are same.

So,
$$536 = 536$$

Н	Т	0
5	3	6

Н	Т	0
5	3	6



Put <, >, and = in the boxes provided.



The greatest three digit number is 999. The smallest three digit number is 100.

Ascending and Descending order.

111, 112, 113, 114, 115

When we write the numbers from smaller to greater, we call it

"Ascending order"

When we write numbers from greater to smaller, we call it "Descending order"



Try this

Write the even numbers between 245 and 255 in descending order.

Example:

We arrange the numbers 235, 230, 238 in ascending order and in descending order.

Ascending order

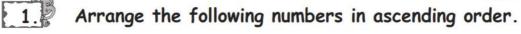
230 < 235 < 238 230, 235, 238

Descending order

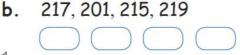
238 > 235 > 230 238, 235, 230

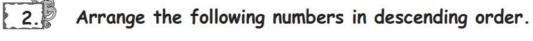






- 55, 63, 40, 8 a.
- 50, 405, 109, 600 C.
- - **d**. 785, 757, 718, 781





- 212, 503, 369, 60
- 323, 303, 332, 33 C.

- 051, 100, 810, 167
- d. 205, 210, 290, 300



2.4 Ordering

consider the numbers 2 and 7 By using these numbers we shall form the greatest and smallest two digit numbers. The two-digit numbers formed using 2 and 7 are 27,72,22,77. (77 is the greatest and 22 is the smallest 2 digit numbers) Similarly, 7, 4 and 8 are given numbers. By using these numbers shall we form the greatest and smallest three digit number.

444, 478, 487, 748, 777, 784, 847, 874 888, and so on Arrange the given digits from the smallest number to greatest number, we get Ascending order.

478, 487, 748, 784, 847, 874 and so on

Arrange the above from the greatest number to smallest number, we get Descending order.

874, 847, 784, 748, 487,478

888 is the greatest number and 444 is the smallest number.







Form greatest and smallest numbers using the given digits (without repetition of digits)

Numbers	Greatest number	Smallest number
5, 0, 9		
6, 3, 7		
4, 0, 1		
9, 9, 0		

- 50	-
-	330
2	
	2

Complete the following number sequence.

111, 222, 333, 444, 150, 155, 160, 165, 210, 310, 410, 510, 333, 433, 533, 633,

Find the numbers.

- 4 Hundreds: 5 Tens: 0 Ones
- b. 3 Hundreds; 0 Tens; 1 One (
- c. 5 Hundreds; 8 Tens; 9 Ones (
- d. 8 Hundreds; 5 Ones



Write the number names.

Numeral	Number name
156	
340	
408	
696	



write the place value for the bubbled digits.

- b. 9 0 8 c. 5 4 3



Write down the odd and even numbers seperately.













- Odd numbers:
- b. Even numbers:

_	-
5	7
E.,	1.5

write <, >, = in the box.

105	150
419	547
394	387

761	683
660	660
983	990



Write the numbers in ascending and descending order.

326	323	(301)	356	365	399	(308)	340)



Using the numerals 6, 8 and 5 only once write the greatest and smallest 3 digit number.

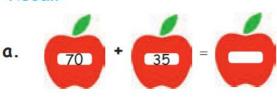
Greatest number: Smallest number:

Addition

2.5 Addition and Subtraction.



Recall

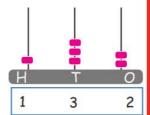


d. 55 + 18 =

Addition of Three Digit Numbers (Without Regrouping)

Example: Add 132 and 241

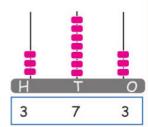
	Н	Т	0
	1	3	2
+	2	4	1



So using abacus, first put 132 as:

then add 241, as 2 more in hundred, 4 more in tens and 2 more in ones.

Answer of addition of two or three numbers is called sum of the numbers.



Example: Add 342 + 515 + 12

step 1: add ones

step 2: add tens

step 3: add hundreds

	Н	T	0
	3	4	2
+	5	1	5
		1	2

	Н	Т	0
	3	4	2
+	5	1	5
		1	2
			9

$$Sum = 869$$



Add the following numbers.

		Н	Т	0
1.		4	4	1
	+	3	2	6
				2

		H	Т	0
2.		5	6	2
	+	2	0	4

Addition of Three Digit Numbers (With Regrouping)

Example: Add 556 and 194

Add ones

	Н	Т	0
		1	
+	5	5	6
	1	9	4
			0

6 + 4 = 10 Ones = 1 Ten

With regrouping.

10 ones = 1 Ten + 0 ones

So, we put 0 in ones place and carry over 1 to ten place.

Add Tens

	Н	Т	0
		1	
+	5	5	6
	1	9	4
		5	0

1 + 5 + 9 = 15 tens

15 tens = 1 hundred + 5 tens

So, we put 5 in tens place. And carry over 1 to hundred place.

Add hundreds

	Н	Т	0
	1	1	
+	5	5	6
	1	9	4
	7	5	0

1+5+1=7 hundred So, we put 7 in hundreds place.

Sum = 750

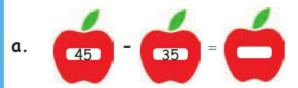
Try this



SUBTRACTION



Recall:



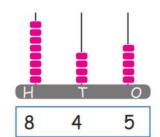
- e. 63 - 17
- f. 70 - 9



Subtraction of Three Digit Numbers (Without Regrouping)

Example: Subtract 344 from 845

	8	4	5
-	3	4	4

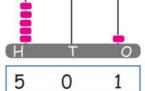




Now, remove 3 in hundred, 4 in tens and 4 in ones as

Answer of subtraction of two numbers is called difference of the two numbers.

Difference = 501



Example: Subtract 213 from 735

	Н	Т	0
	7	3	5
-	2	1	3

Subtract ones

	Н	Т	0
	7	3	5
2-2	2	1	3
			2

Subtract tens

	Н	Т	0
	7	3	5
_	2	1	3
		2	2

Difference = 522

Subtract hundreds

	Н	т	0
	7	3	5
_	2	1	3
	5	2	2

Try this

Subtract the following numbers.

a.		н	Т	0
		5	4	4
	e		2	3

7	6	5
		5
4	0	1
	4	4 0

C. H T O

8 4 5

- 2 3 4

Subtraction of Three Digit Numbers (With Regrouping)

Example: Subtract 138 from 264

6	4
3	8





Step:1

	Н	Т	0
		5	14
_	2	6	A
	1	3	8
			6



Subtracting

We cannot subtract 8 from 14. so regroup 1 ten into 10 ones.

Step:2

	Н	Т	0
		5	14
_	2	6	A
	1	3	8
		2	6

$$14 - 8 = 6$$







Step:3

	Н	Т	0
	1	5	14
-	2	6	A
	1	3	8
	1	2	6

Hundreds





Try this





7

6 5 C.

0 8

5

3 8

4 6

5

Addition and subtraction by using standard algorithm

Example: Add 675 and 136



Step:1

Add ones:

	Н	Т	0
		1	
	6	7	5
+	1	3	6
			1



5 + 6 = 11 ones,

11 ones = 1 tens + 1 one put 1 in ones place and carry over 1 to tens place.

Step:2

Add tens

	Н	Т	0
		1	
	6	7	5
+	1	3	6
		1	1

$$1+7+3=11$$
 tens;

11 tens = 1 hundred + 1 tens. put 1 in tens place and carry over 1 to hundreds place.

Step:3

Add hundreds

	Н	Т	0
	1	1	
	6	7	5
+	1	3	6
	8	1	1

Puzzle

I am a 3 digit number. If you add 5 tens with me, I will become greatest 3 digit number Find me.

$$1 + 6 + 1 = 8$$
hundreds

put 8 in hundreds place

Teacher's note: Teacher can help the children to do the Addition problems by using abacus kit.

Example:

Subtract 386 from 724

Step:1

Subtract ones

	Н	Т	0
		1	14
	7	2	A
+	3	8	6
			8



Play

with numbers

choose any 3 numbers Frame a

3- digit numbers and reverse it. Find their sum

and difference.

Borrow 1 ten from 2 tens then add to 4 ones we get 14 in one's place.

$$14 - 6 = 8$$

Step:2

Subtract tens

	Н	Т	0
		11	
	6	1	1/
+	1	2	A
	3	8	6
		3	8

Borrow 1 hundred from 7 hundreds then add to 1 ten we get 11 in ten's place.

$$11 - 8 = 3$$

Step:3

Subtract hundreds

	Н	Т	0
		11	
	6	1	14
+	7	2/	4
	3	8	6
	3	3	8



$$6 - 3 = 3$$

Difference = 338

Teacher's note: Teacher can help the children to do the Subtraction problems by using abacus kit.

Daily life situation involving addition and subtraction.

Example:

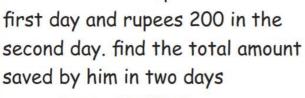


452 Mangoes are grown in farm A and 349 in farm B. Find the total number of mangoes grown in both farms.

Mangoes in farm A = 452Mangoes in farm B = 349

Total number of Mangoes = 801

Amuthan saved rupees 125 on the first day and rupees 200 in the second day. find the total amount





The first day saving =

The second day saving =

Total saving =

Kumar earned rupees 800 in a day His one day income = and spent rupees 450. Find the amount saved by him?

Amount spent =

Savings amount =

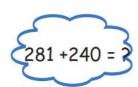
Frame questions for addition and subtraction for the picture below. one is done for you.



Rani Chose 2 shirts from the hanger and 3 shirts from the rack Find the total number of shirts chosen by him.

Frame the questions related to the given addition and subtraction facts.

Examples:



A dairy booth sells 281 bottles of milk on first day and 240 bottles of milk on second day. Find the total number of bottles sold on both the days.

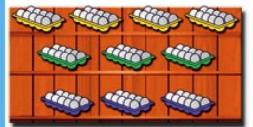


There are 352 oranges on a tree 148 oranges were plucked from the tree. How many oranges are remaining in the tree?

Try this

**

There were 10 egg trays each with 10 eggs in Valavan's egg shop. He sold eggs in 3 trays and found that eggs in 2 trays were rotten. find the number of eggs reamining in valavan's shop.

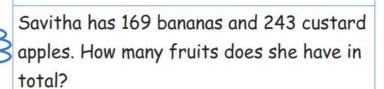


Total number of shop=	f eggs	in valava	n's
Number of eggs eggs rotten = _		+ number =	of
Number of eggs	remo	aining in t	he

The state of the s		
4	Pra	ctice

Frame questions for the given addition and subtraction facts.





$$150 - 50 = ?$$

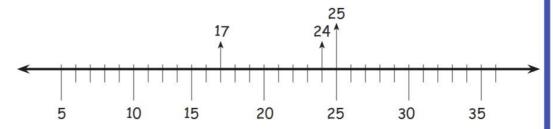
$$500 - 355 = ?$$

2.6

Estimation

Estimate the sum and difference of the two given numbers by rounding off to nearest 10s and 100s.

Let us round off three numbers 17, 24 and 25 to the nearest 10s.



- We can see that 17 is between 10 and 20 but it is closer to 20 than 10. So, 17 is rounded off to 20.
- 24 is between 20 and 30 but is closer to 20 than 30. So, 24 is rounded off to 20.
- 25 is between 20 and 30. But it is exactly on the middle point. So,
 25 is rounded off to 30.

We can easily estimate the sum and difference of any 2 number by rounding off them to nearest values and adding or subtracting them.

Example:



Estimate the sum by rounding off to the nearest value and find the actual sum.

Problems	Estimated Answer	Actual Answer
24	20	24
+ 27	+ 30	+ 27
sum	50	51



Estimate the difference by rounding off to the nearest value and find the actual difference.

Problems	Estimated Answer	Actual Answer
15	20	15
- 13	- 10	- 13
Difference	10	2





Practice



Find the sum and difference of the following.

a. 8 0 3 2 3 7



d.

9 8 1

e. 5 1 8

f. 7 8 2



Round off the nearest 10.

a. 19

b. 25

c. 21

d. 47



Estimate the sum to the nearest ten and also find the actual sum.

Problems	Estimated Answer	Actual Answer
33	30	
+ 35	+ 40	
sum		

Problems	Estimated Answer	Actual Answer
26		
+ 31		
sum		



Estimate the difference to the nearest ten and also find the actual difference.

Problems	Estimated Answer	Actual Answer
50		
- 41		
Difference		

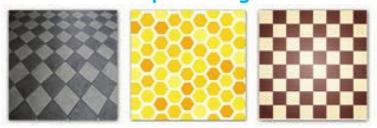
Problems	Estimated Answer	Actual Answer
28		
- 22		
Difference		

Teacher's note: The teacher should be prepared to give a variety of questions, puzzles, and activities according to the skills of the students.





Observe the pictures given below.



Patterns

A pattern is formed when objects, events and numbers are repeated uniformly in a specific way.

3.1 Patterns in shapes

Creating patterns of regular and irregular shapes by stamping.

Example: block patterns created using handprints and foot prints are shown below.





3rd_Unit_03_Patterns_Term 1.indd 45



Activity 1

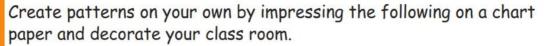
Create patterns by impressing the following on a paper.

- (i) Using dry leaves /fallen leaves.
- (ii) Fingers, hands, toes, feet.
- (iii) Using bangles.





Activity 20



- i. seeds
- ii. buttons
- iii, bottle lids

My own patterns

Pattern in geometrical shapes

There are two types of patterns.

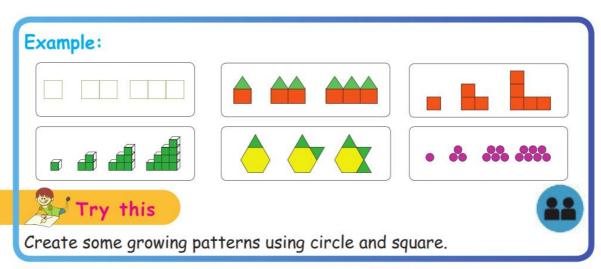
They are

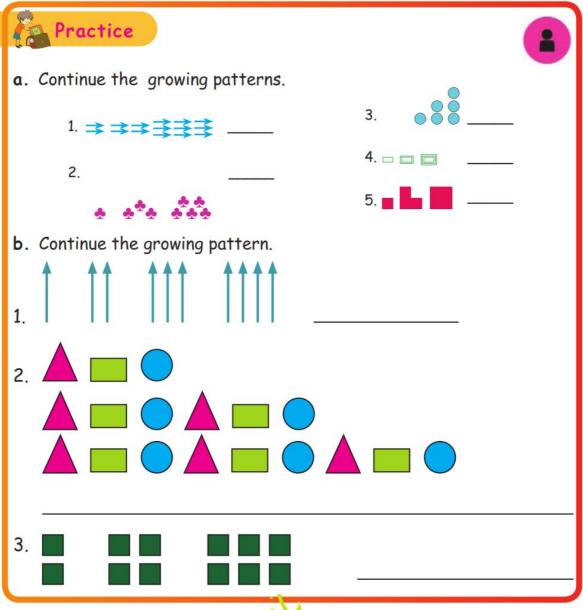
- Growing patterns.
- Repeated patterns.

Growing Patterns

If some patterns and designs increase or grow with straight lines and geometrical forms, they are called growing patterns.







Repeated Patterns

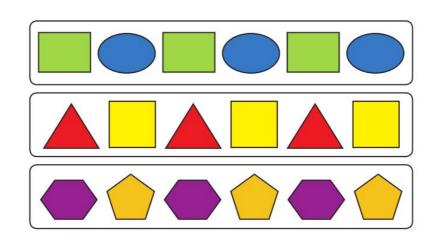
If some patterns and designs repeat with straight lines and geometrical shapes, they are called repeated patterns.

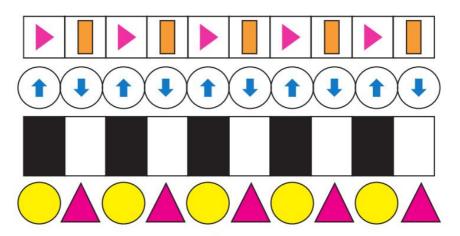
Example:



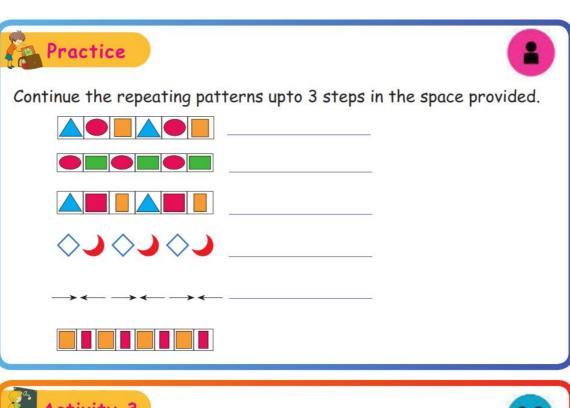


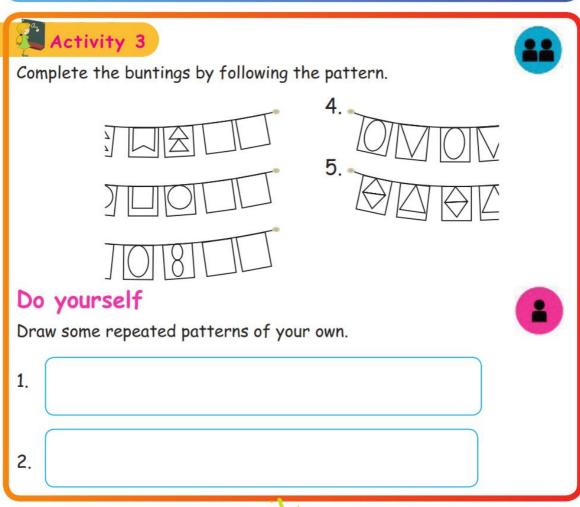


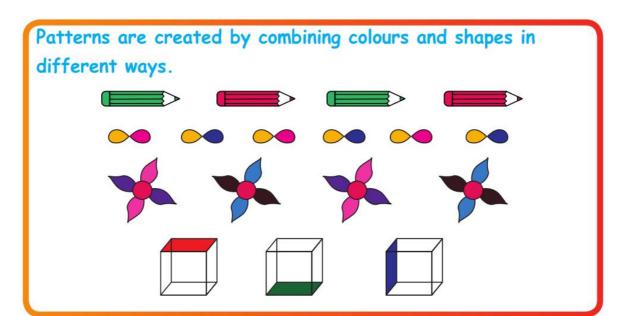


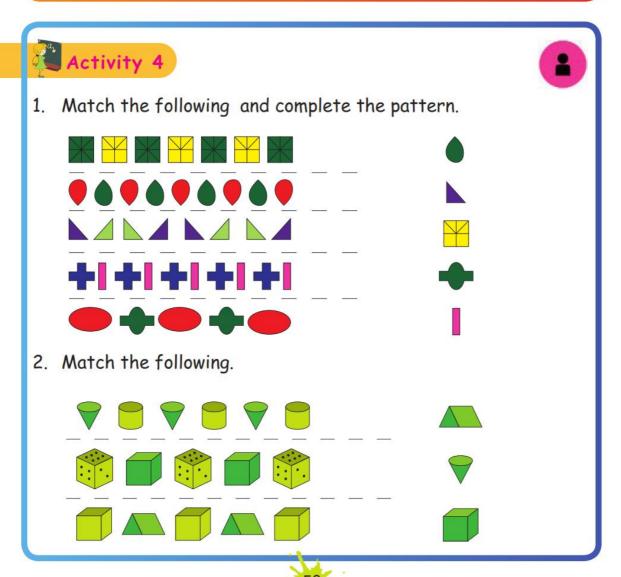












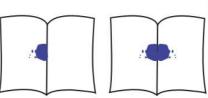
3rd_Unit_03_Patterns_Term 1.indd 50 09-05-2019 18:42:53

Symmetries in shapes and patterns.



Do your self

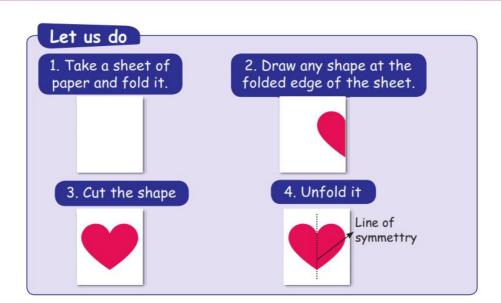
- 1. Take a piece of paper.
- 2. Spill few drops of ink on the paper.
- 3. Now fold the paper and press it.
- 4. You will get a symmetric figure.



Symmetry

Definition

Symmetry means that one shape becomes exactly like another when you move it in the some way: turn, flip or slide.



Example:



51

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line of symmetry

Note that one half of the shape is exactly like the other half. The line which divides the figure into two exact halves is called *the line of symmetry*.

The following letters are non symmetric and does not have line of symmetry.

FGJLNPQRSZ





Make the paper cut outs of the shapes shown below with the help of your elders and keep them in in front of a mirror and observe the image formed in the mirror. You could see the other half of the image.













Symmetrical shapes

Definition

If a shape can be folded or divided into half so that the two halves match exactly then such a shape is called a symmetric shapes.

Example: 1















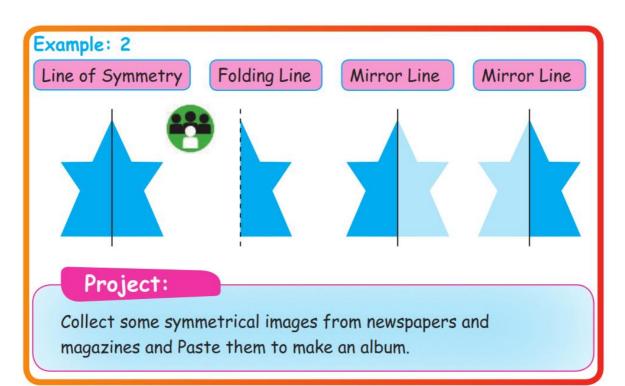


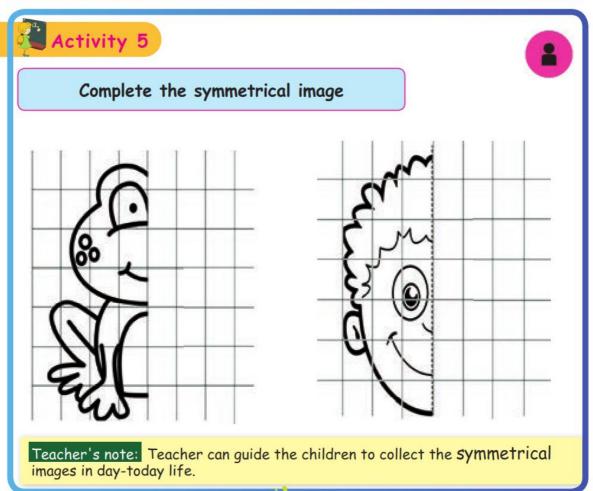












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a. Draw the lines of symmetry for the following figures.



b. Circle the non-symmetrical shapes.

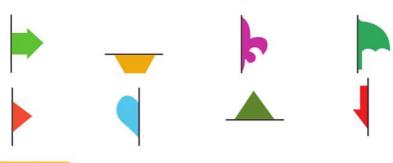


Activity 7

Activity 8

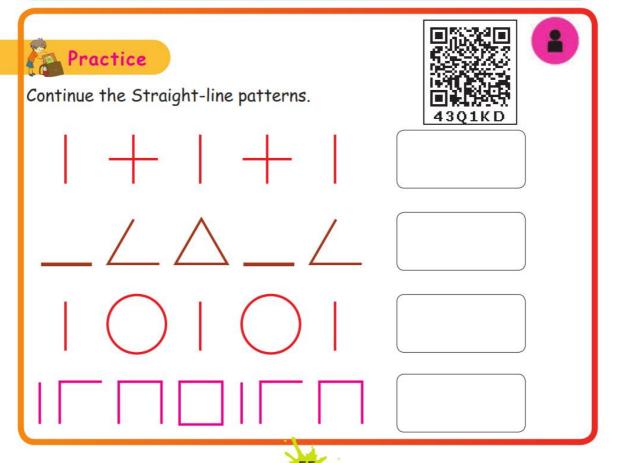


Draw the other half from the line of symmetry to make it symmetrical.



Line symmetry is also found in some letters of the alphabet. Complete Write the letters with line symmetry.

3.2 Creating pattern from straight lines	
Example: The following images shows some example in straight lines.	es of patterns
Example: Observe and extend the line patterns in	Touthia
the given boxes.	Try this



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UNIT-4











Recall



Observe the non-standard units of measuring length are given below.



A hand span



Finger width

A pace





A foot span



A cubit

4.1 Need for standard Measurement.



Activity 1



Ragu measured the length of his class table using the non-standard measurements and tabulated them as follows. complete the following table by measuring the length of your class table along with your friends by measuring the length of your class table.

SI. No	Students name	Finger width	Hand span	Cubit
1	Ragu	6	3	2
2	My measurement			
3	Friend 1			
4	Friend 2			
5	Friend 3			

Activity 2

Measure the length of a ribbon by your hand span.







Friend 1	hands pan
Friend 2	hands pan
Friend 3	hands pan
Friend 4 -	hands pan

Measurements made using non standard units differ from person to person.

> Can you guess the reason for their different answers?



Measuring the length of objects around us using simple tools.



Activity 3



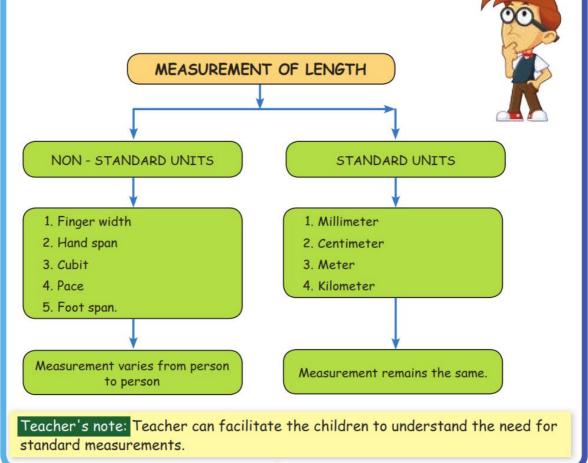
Form a group of 5 members and measure the length of the blackboard in you classroom using the following tools and tabulate it.

Notebook and a ruler

SI. No	members of your group	Length of .Pencils	Length of . Erasers	Length of Measurement Scales	Length of. Notebook
1	Kala	10	35	7	14
2					
3					
4					
5	-				

Observe the measurements and discuss

Did you note that all the measurements made by Kala and her friends are same?



4.2 Millimeter and Centimeter.

Introduction

This is a centimeter scale/ruler. 1 denotes 1 centimeter, 2 denotes 2 centimeter and so on. The length between 0 and 1 has 10 parts denoted by small lines. Measurement of each part is millimeter.

Can you tell me how many millimeters are there between 0 and 1?

Now, can you tell me how many millimeters are there between 1 and 2? 1 and 3?

Now, can you tell me how many millimeters are there in 1 centimeter?





From the picture,

1 centimeter equal to 10 parts.

So 10 millimeter = 1 centimeter.



HOW TO WRITE

Millimeter mm Centimeter cm Meter Kilometer km

Let us know

100 centimeter = 1 meter 1000 meter = 1 Kilometer Millimeter is the smaller unit of length. Kilometer is the bigger unit of length.

Example:



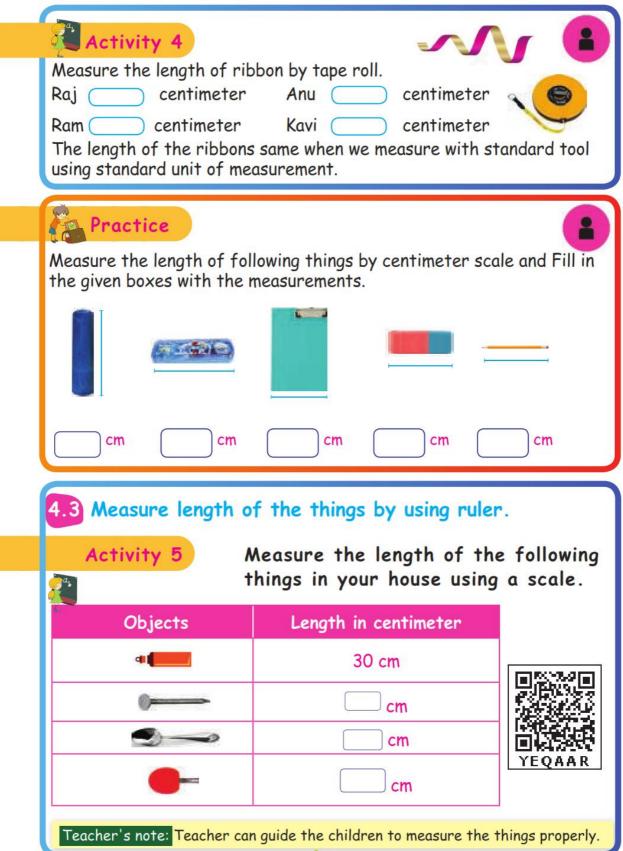
millimeter (mm)



centimeter (cm)



meter (m)





4.4 Centimeter and meter.

Let us know

100 centimeters (cm) = 1 meter (m)

Try this





- 1. My pencil is 6--- long.
- 2. This tree is 3 --- high.
- 3. My height is 80----
- 4. My hairpin is ----long.
- 5. Height of coconut tree is 15----.
- b. Meena has a ribbon of 50 centimeter and Reena has a ribbon of 110 centimeter.

Whose ribbon is the longer?



Activity 6



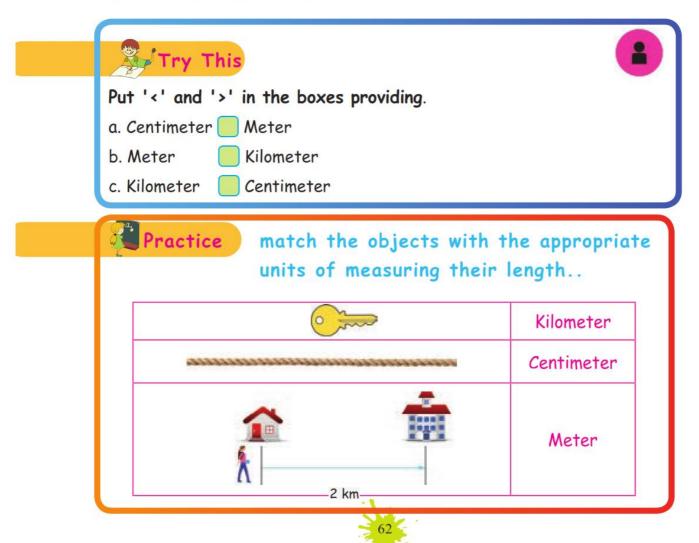
Measure the length of following things in your class room using a measuring tape and fill in the given boxes.



meter
meter



Understand the order of magnitude between centimeter, meter and kilometer as units.



4.5 Comparing estimation with actuals using standard tools.

Activity 7 Estimate the length of the following objects and verify by measuring it actually.

SI. No	Name of the object	Estimated length	Actual length
1			
2			
3	To the second se		
4			
5			
6			
7.			
8.			





Circle the odd one.

1. mm 2. cm 3. m 4. Cubit

2. Fill the blanks.

1 meter = ____ 100 ___ cms

2 meter = ____ cms

3 meter = ____ cms

4 meter = ____ cms

3. Match the following.

10 milimeters	1 kilometer		
100 centimeters	1 centimeter		
1000 meters	1 meter		

4. Write all the non-standard units.

1. Finger span

Write all the standard units you know. 5.

1. millimeter

2. _____

6.	4 5	the table.			BBC4ZM
Your height	Height of your friends			Which of your friends is the shortest one?	
	Friend 1	Friend 2	Friend 3		
7.	Friend 1 Friend 2 Friend 3 Write in short form. millimeter :			km	

Activity 8

Students are divided into two groups. one group should measure the length of the classroom is non standard units and the other group in standard units Discuss your inference in measurements.





UNIT-5





Travel through

Have you ever observed the shadow formation and how it behaves? children.

What do you notice in the image given below?





Are two people walking?. And their "shadows".? There aren't many people who have not heard of the term shadows. But why and how are shadows formed.

To understand shadows, you will first need to understand the sun light makes shadows.



Children, observe the images and discuss how the position of sun and shadow varies from time to time in a day.



3rd_Unit_05_Time_Term 1.indd 66 07-05-2019 22:14:17









In the above picture which will be the fastest transport.? Which will be the slowest? Think,

How do you measure the difference in time?. We would use clock for measuring time.

5.1 Reading Time



I am a clock. I have numbers from 1 to 12 marked on me. I have two hands, a short hand called the hour hand and a long hand called the minute hand. Some clocks have another hand called the seconds hand.

The **hour hand** takes one hour to move from one number to the next number. The **minute hand** moves faster than the hour hand and takes five minutes to move from one number to the next number. The **seconds hand** moves very faster and it takes five seconds to move from one to the next number.

Let us draw the clock in 3 steps.

Step:1 1,2,3,.....59,60.

Step:2 skip count in 5's as 5,10,15,20,......55,60.

Step: 3 Write 1,2,3,.....12 directly below 5,10,15,....



12 hours + 12 hours = 24 hours = 1 day

Teacher's note: Teacher can explain the hour hand, minute hand, and second hand by using clocks.





1. Read the Time and write in two ways. One is done for you.











4 o'clock 4:00

2.5

Draw hands on the clock's face to show the time given below.











5:30

9 o'clock

7:00

10 o'clock

half past 5

3.

Write the time taken to do the following activities (hours, minutes, seconds or days).

Activity	seconds/minutes/hours/days
To draw a circleo using a bangle	
Packing school bag	
watching a movie in a theatre	
a seed to grow and become a plant	
To travel from delhi to mumbai by train	
To prepare tea	

Try this

In one minute how many times can you.

- 1. Snap your finger _____
- 2. Skip a rope
- 3. Jump up and down _____
- 4. To blink your eyes _____





60 seconds = 1 minutes

60 minutes = 1 hour

Activity 1

Tick the clock which shows the correct time as per the instruction.

Time now	Instruction	Time	as per instru	ction
11 12 1 10 1 2 9 3 8 4 7 6 5	After 1 Hour	11 12 1 10 2 9 3 8 4 7 6 5	11 12 1 10 2 9 3 8 4 7 6 5	11 12 1 10
11 12 1	After 2 Hour	11 12 1	11 12 1	11 12 1
10 2		10 2	10 2	10 2
9 3		9 3	9 3	9 3
8 4		8 4	8 4	8 4
7 6 5		7 6 5	7 6 5	7 6 5
11 12 1	Before 1 Hour	11 12 1	11 12 1	11 12 1
10 2		10 2	10 2	10 2
9 3		9 3	9 3	9 3 3
8 4		8 4	8 4	8 4
7 6 5		7 6 5	7 6 5	7 6 5
11 12 1 10 2 9 3 8 4 7 6 5	Before 2 Hour	11 12 1 10 2 9 3 8 4 7 6 5	11 12 1 18 2 9 3 8 7 6 5	11 12 1 10
11 12 1	After 3 Hour	11 12 1	11. 12 1	11 12 1
10 2		10 1 2	10 2	10 2
9 3		9 3	9 3	9 3
8 4		8 4	8 4	8 4
7 6 5		7 6 5	7 6 5	7 6 5

5.2 Analogue and digital clocks

Observe the following clocks.

Analogue clock



Digital clock



Analog clock has hour hand and minute hand. It shows time by the position of the hands.

Digital clock shows the time numerically.



3rd_Unit_05_Time_Term 1.indd 69 07-05-2019 22:14:21











Quarter past 1

Half past 4

10 minutes past 4 10 minutes to 7 15 minutes to 10

Activity 2



7:45

1. Write the time shown in analog clock by digital representation.







2. Draw the hands of these clocks to show time given in the digital clocks.







- Match kavya's schedule with the correct time.
- a. It is 15 minutes past 8, when kavya starts for her school.
- b. It is half past 2, when kavya comes out of her school. 9:30
- c. It is 15 minutes to 5, when kavya goes out to play. 2:30
- d. It is 15 minutes to 8, when kavya eats her dinner. 4:45
- e. It is half past 9, when kavya goes to bed. 8:15



5.3 Calender

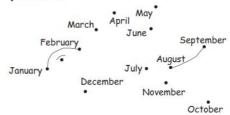
Let us recall the months of the year.



 a. Join the dots in the order of the days and colour the picture.



b. Join the dots in the order of the months and colour the picture.



- c. Fill in the blanks.
- 1. A year has _____ days.
- 2. There are _____ days in a week.
- 3. Twelve months are _____ a year.
- 4. A month has _____ days.
- 5. The first month of a year is _____.
- 6. The first day of a week is_____.

Let us know

- 1 Week = 7 Days
- 1 Month = 30 Days
- 1 Year = 12 Months
- 1 Year = 365 Days
- 1 Leap year = 366 Days

Leap year

A leap year has 366 days. There are 29 days in February in a leap year. It occurs once in every 4 years. The year 2016 was a leap year. 2020 will be the next leap year.

5.4 Read a particular day and date

Mahatma Gandhi's birthday was on the second of October 1869. In our country, The date is usually represented as follows 02.10.1869 first 2digits represents day, second 2digits represents month and third 4 digits represent the year. we generally denoted it as dd/mm/yyyy format.

Date	Month	Year
2	10	1869

- 1. Write today's date in dd.mm.yy format.
- 2. Write your birthday in dd/mm/yyyy format.







Circle the date given below in the following calendar.

JANUARY 2018						
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

- SUN MON TUE WED THU SAT 3 8 10 5 11 14 15 16 12 13 17 26 27 28
- 1. The date 4 january 2018?
- 2. The date 15 januray 2018?
- 3. The date 22 february 2018?
- 4. The date 31 january 2018?
- 5. The date 28 february 2018?
- The date 5/02/2018?
- 7. The date 26/01/2018?
- 8. The sunday date in january 2018?





Find the age of your friends by subtracting their birthday from the present date.

The second secon			
Name of the your friend			
Date of Birth			
Age			

Do yourself

Fill the table with the date of birth of your family members.

Members	Date of birth	25th Date of birth	AGE (today) (In the whole year)	40 th date of birth
Father				
Mother				
Brother				
Sister				

Practice





Look at the calendar of 2018 and fill in the boxes.

- 1. Teachers Day is on
- 2. Independence Day is on
- 3. Republic Day is on
- 4. Children's Day is on

2.

Match the following.

November 15, 2018

1010111001 10, 2010

June16, 2018 April26, 2018

*

December 10, 2017

May26, 2017

26.04.2018

10.12.2017

15.11.2018

26.05.2017

16.06.2018

3. Look at the above calendar and fill in the blanks.

- 1. Number of days in October 2018 is ____
- 2. The number of Sundays
- 3. The first Saturday is on
- 4. Last day of the month is
- 5. The tenth day of this month is
- 6. The third Wednesday comes on

October 2018						
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

5.5 Manufacture and expiry date

Manufacturing date or the date of manufacture refers to the date in which the product is produced.

Expiry date or the date of expiry refers to the date upto which the product can be used. We should not use a product beyond its expiry date.

Medicine
Batch No:30702
Mfg date: 09-07-2015
Exp date: 08-07-2018

Manufacture date: 09-07-2015 Expiry date: 08-07-2018 Soap

Batch No: 10123
Mfg date: 10-12-2017
Exp date: 09-03-2019

Manufacture date: 10-12-2017 Expiry date: 09-03-2019



Manufacture date: 13-11-2017 Expiry date: 06-04-2019





Write the manufacture date and expiry date of the following items.

5.No	Items	Manufacture month or date	Expiry month or date
1	17/02/19 B021938 05B		
3	PS-89-90 HGB588-21:27 Y11/18.#18/20		
4	Heg. No. 1A 1630/30 Let & Control No. 17342 Mg. Date 28/07/12 Exp. Date 28/07/17		



Calculate duration between manufacture and expiry date of the products tabulated below.

5.No	Name of Food products	Manufacture date	Expiry date	Difference
1	Honey	15-07-2017	18-09-2019	
2	Cashew nut	29-12-2005	30-02-2008	
3	Pickle	Feb 2018	Apirl 2018	
4	Coffee powder	Aug 2008	Nov 2008	
5	Badam milk	Feb 2019	March 2019	



Activity 4



Fill up the date of manufacture and date of expiry of food products you use in daily life.

S.No	Name of Food products	Manufacture date	Expiry date
1			
2			
3			
4			
5			



- 1. Calculate the number of days in the first 5 months of a leap years 2016,2020 and the ordinary years 2018 and 2023. What do you infer.
- 2. Draw the clocks for the times given below.
 - a. Quarter past 9
 - b. Quarter to 9
 - c. 10 minutes to 10
 - d. 10minutes past 10
 - e. half past 8





UNIT-6





6.1 Listing down all possible ways

Kavin has taken 2 trousers and 3 shirts with him to wear in a picnic. list down all the possible choices that he can wear them.



take this heading above the text

Example:



Here are the choices.



There are two possible ways of dressing using one shirt and two trousers as shown in picture 1. Similarly we shall pair remaining two shirts with the trouser in four ways as shown in picture 2 and picture 3.



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Hence there are six possible ways of pairing two trouser with three shirts.

Kaviya likes to eat one vegetable and one fruit in a day. Apples and oranges are her choices among fruits and carrots and cucumbers are her choices among vegetables. Complete the given table by filling the ways she combine one fruit with one vegetable.



Fruit		
Vegetable		

Example:

List down all possible ways of forming three digit numbers by using the digits 4,5 and 7 once.

Possible ways















Practice Practice



- 1. List down all possible ways of forming three digit numbers by using the given digits only once.
- a. 9.6.8
- b. 3,2,0
- c. 1, 5, 4

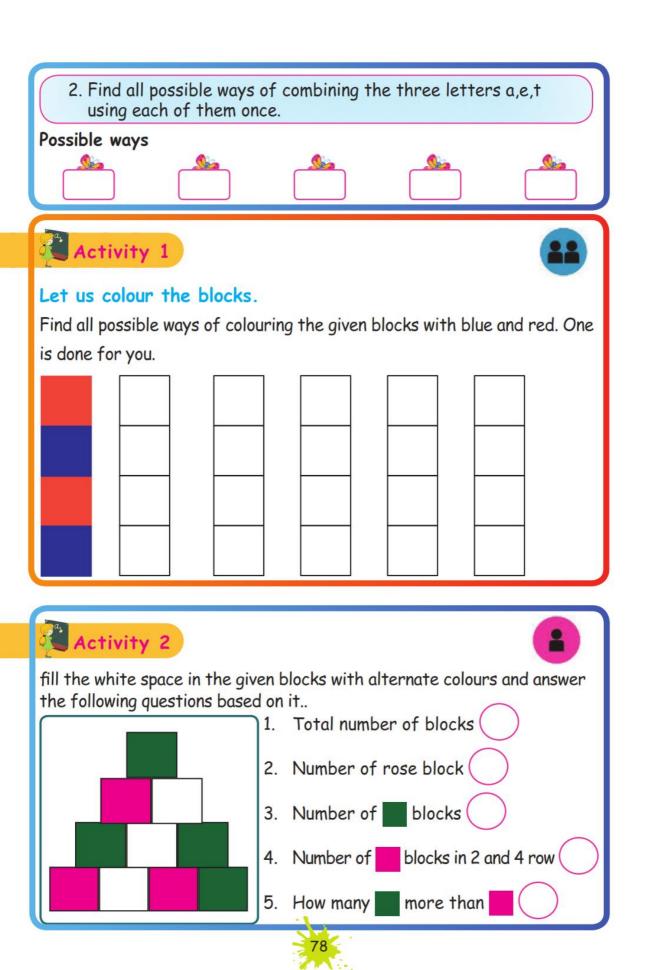
Possible ways

- a. 986
- 968
- 698
- 689

0
869
M2s

- b. C.

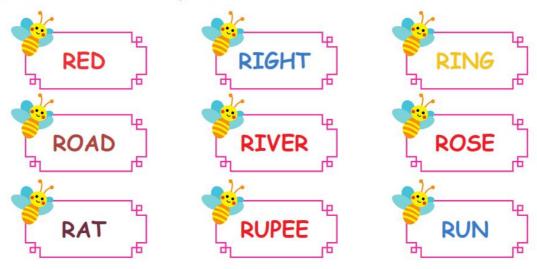
896



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Example:

List all possible 3 lettered words 4 lettered words and 5 lettered words that start with alphabet 'R'.



Look at the above words and answer the questions.

- 1. Number of 4 lettered words are _____.
- 2. Number of words with 5 letters are _____.
- 3. There are _____ 3 lettered words.
- 4. There are _____ 5 lettered words.

List Down All Possible Word

List down all possible meaningful 3 lettered and 4 lettered words starting with the alphabet 'A'.

Activity 3

List the names of the animals with 4 letters.





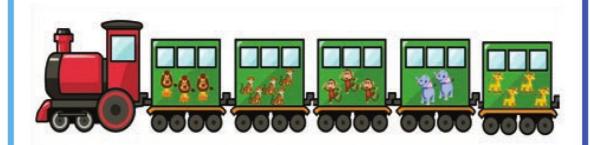
6.2 Collecting and Representing data

Pictorial Representation

Symbols and pictures can be used to represent data. This is known as Pictorial Representation. This helps us to study and understand data easily.

Example:

Look at the below picture and fill the required data.



- 1. How many are there?
- 2. How many are there? 3
- 3. Circle the animal which is more in count.?



Circle the animal which is less in count?

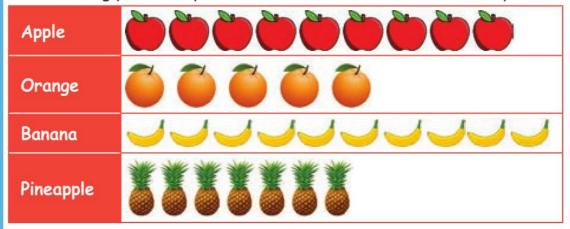


- 5. What is the difference between highest and lowest count?
- 6. Total number of animals in the zoo train is 17.



Example:

The following picture represents the data on fruits sold in a shop.



Look at the above picture and fill the required data.

- 1. Name the fruit which was sold more?
- 2. Name the fruit which is sold less. Orange
- 3. Find the number of apples sold.
- 4. Write the number of bananas sold?
- 5. what is the difference in the number of pineapples sold and oranges sold?

Practice

1. Collect the data from 40 of your friends about their favourite food and represent it in Picture.

	Picture	Total
Idly		
Dosa		
Poori		
Chappathi		

The following picture represents the number of chocolates sold at a shop in a week.

= 10 Chocolates

Monday	10004 10004 10004 10004
Tuesday	70004 70004 70004
Wednesday	70004 70004
Thursday	<u> </u>
Friday	Pand Pand Pand
Saturday	P0004

Answer the following questions from the data given in the above table.

- 1. The total number of chocolates sold on Thursday is
- 2. The sale was maximum on
- 3. The sale was minimum on
- 4. Sales were equal on and
- 5. The total number of chocolates sold in six days are
- 6.3 Drawing Conclusion from the Represented Data





Draw a conclusion from the representation by discussing with your teacher.

The graph below shows the number of children in a school studying in classes 1-4 of a school. The number of girls studying in classes 1-4 of a school are 14, 10, 16 and 13 respectively. Draw the graph discussing with your teacher for number of boys studying in classes 1-4.



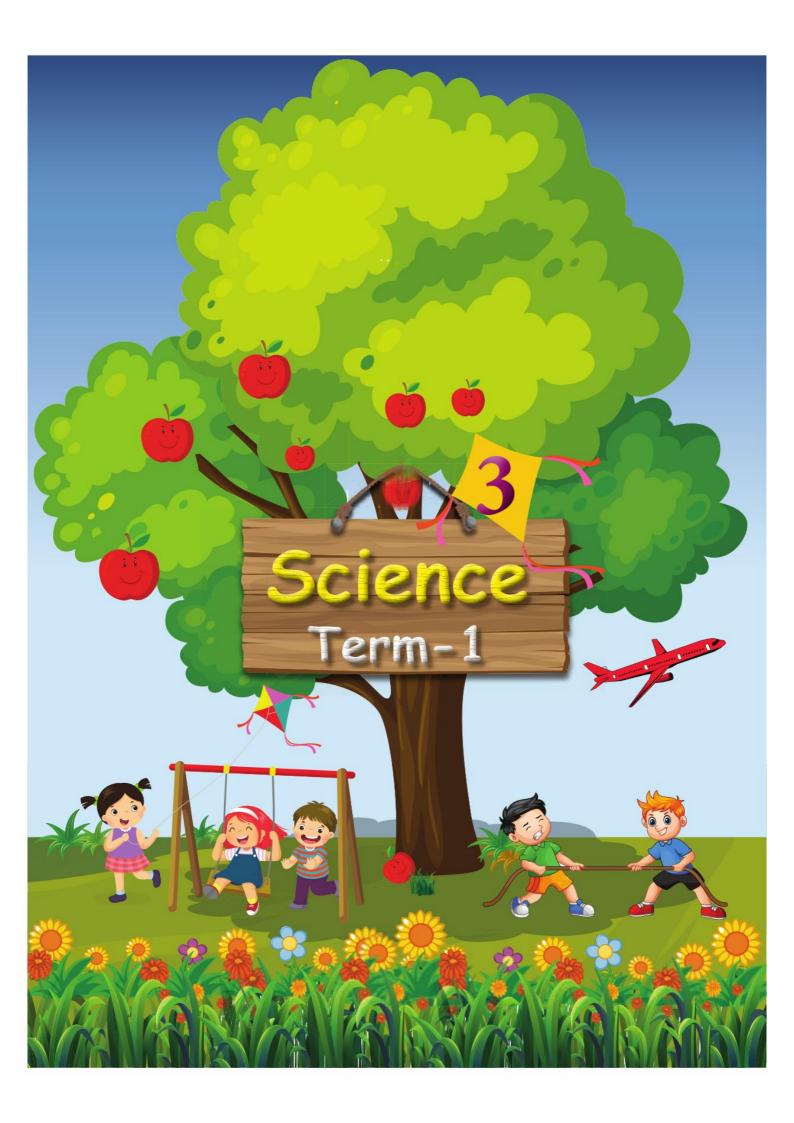


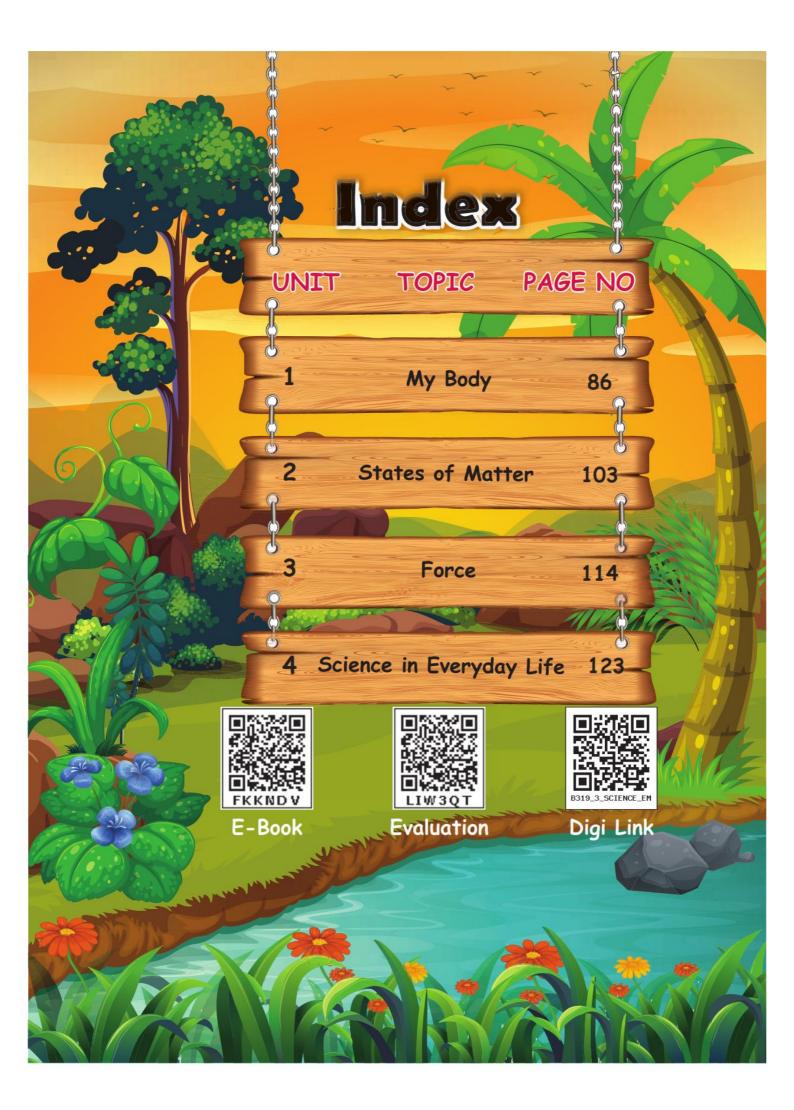
Class	Number of students	Total
Girl I standard Boy	果果果果果果果果果果果	14
Girl II standard Boy	冥冥冥冥冥冥冥冥	10
Girl III standard Boy	果果果果果果果果果果果果果	16
Girl IV standard Boy	果果果果果果果果果果果	13

After completing the pictorial representation answer the following questions.

- 1. The number of girls in class 2 is ______.
- 2. The number of boys in class 3 is ______.
- 3. The total number of students in class 4 is ______.
- 4. The total number of girls from class 1 to 4 is ______.
- 5. The total number of boys from class 1 to 4 is _____.
- 6. The class which has more strength is ______.

Teacher's note: Teacher can help the children to collect the number of boys in each class and complete the pictorial representation.







My Body



Learning Objectives

After learning this lesson, students will be able to

- * know the benefits of hand washing
- understand self-hygiene
- * acquire the habit of using toilets and avoiding open defecation
- * know the precautions to protect the sense organs
- $\ensuremath{\diamondsuit}$ recognize the differences and similarities in people's appearance and abilities
- understand good touch and bad touch
- grasp the importance of physical exercises



Tick (/) the items used for personal hygiene.





I. Cleanliness



Mithra is watching TV with her parents. An advertisement in the TV shows a toilet with germs. Mithra asks her dad what they are. He explains to her about germs.

Do you know about germs?

Germs are microorganisms that affects our body. They are found in all the places. If we do not maintain cleanliness, the germs will infect us and cause many diseases to us.

1. Hand Washing

Dialogue between Shruthi and her mother.

(After playing outside, Shruthi returns home)

Shruthi: Mom, I am so hungry. Give me

something to eat.

Mother: Shruthi, go and wash your hands.

Shruthi: No Mom, I want to eat first.

Then I wash my hands.

Mother: No, you must wash your hands.

Shruthi: Mom, is it necessary to

wash hands before eating?

Mother: Yes, look at your hands. Is it clean

or dirty?

Shruthi: My hands are too dirty, Mom.

Mother: Where does the dirt stick in your

hands?

Shruthi: Under the nails, in the ridges...

Mother: Yes, these are the places where

the germs are hiding.

Shruthi: Is it so?

Mother: Yes, it is important to wash your

hands. It is a simple habit that

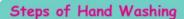
keeps you healthy.

(Mom starts explaining the importance of simple hand washing technique)





Let us Do



- Wet your hands
- Apply enough soap (coin size)
- Rub the palms
- Rub the back of each hand together
- Rub both hands holding all fingers (interlocked)
- Rub the back of the fingers
- Bub the tip of the fingers
- Rub the thumbs and the ends of the wrists
- Rinse both hands properly with enough water



- Kills or removes germs
- Lowers the risk of diseases like Diarrhoea
- Prevents eye infections
- Reduces the risk of respiratory infections



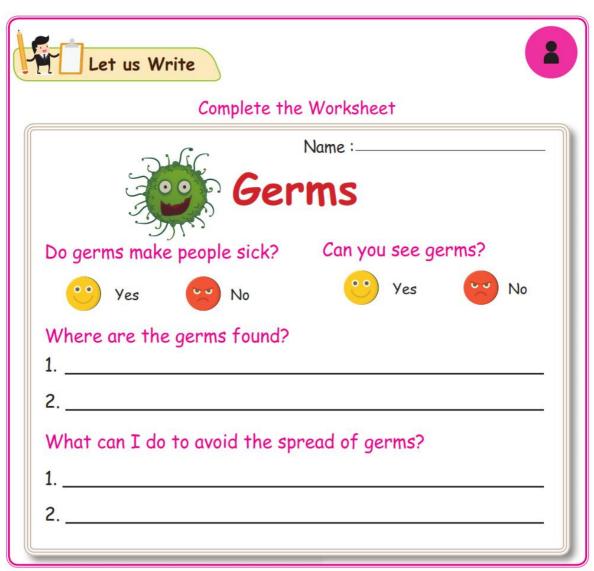




Let us draw - Germy Hand

- Trace your hand in a white sheet using pencil.
- 2. Draw the pictures of small germs in the hand.
- 3. Colour the germs.







Think Zone

Preethi often bites her nails. Is it a good habit? Give reason.





Global Hand Washing Day is observed on October 15.



Think and Discuss

Arun usually eats food or snacks without washing hands properly.

Is it correct? Give reason.

2. Using Toilets

In the world, nearly one billion people have no access to toilet at all and they are forced to do open defecation. Open defecation spreads diseases such as cholera and diarrhoea. Groundwater is polluted by toilets and it also causes diseases. Children also get affected by intestinal worms which causes anaemia. So, it is necessary to use toilets.



World Toilet Day is observed on November 19.



- prevents diseases like cholera.
- offers privacy.
- is convenient.
- is safe.



- Water borne diseases
- Diseases caused by insect carrier
- Pollution

Effects of open defecation

What should we do to wash out the intestinal worms?

We should use toilet and avoid open defecation. We should wash our hands after using the toilet. These will help us to have a healthy life.



National De-worming Day is observed on February 10.



More to know

Sulabh international Museum of Toilets is in Delhi. India. It exhibits different toilet models from 50 countries across the world - spanning from 3000 BC till the 20th century.







3. Bathing

Discuss with group

- ✓ Why do we take bath?
- ✓ Why is it important to take bath daily?
- ✓ Why do we use soap to clean our body?

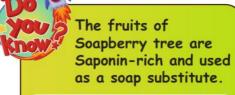
Importance of bathing

- > Cleanses the body
- > Removes dirt and odour
- > Protects oneself from infection
- > Improves blood circulation



World Health Day is observed on April 7.

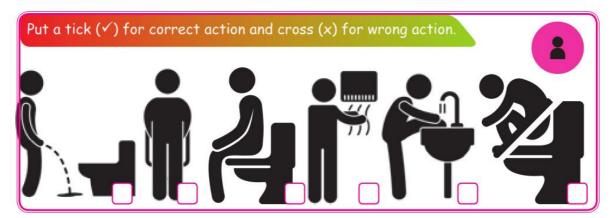






Safety measures in Bathroom

- ♦ Do not play with water or run around in the bathroom. You may get hurt.
- ♦ Do not touch the sharp objects such as blades, razors and scissors kept in the bathroom.
- Use hot water under the supervision of an adult only.
- ♦ Do not leave soap bar on the floor. Someone may slip due to it.
- ♦ Do not leave the bathroom floor wet. Dry the floor using a wiper before you leave.
- ♦ Do not touch electric switches with wet hands. You may get hurt with an electric shock.



Let us Answer



Read the statements given below. Identify whether it is Right(\checkmark) or Wrong(x) and put the suitable symbol.

Wet your hands before washing





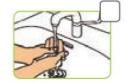
Rub the back of the fingers





Use enough water to rinse the hands



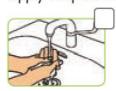


Use soap for bathing





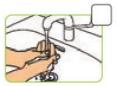
Apply soap on hands





Rub the thumb





Wash your hands at least for 2 minutes





Using toilets is a good habit

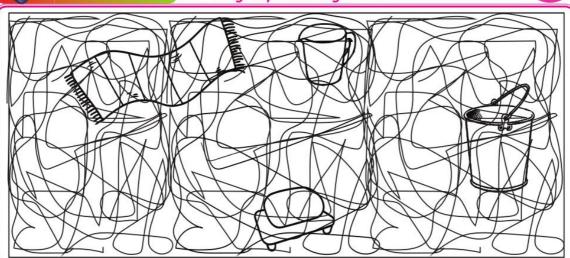






Varun is in the bathroom. He is searching the things to take bath. Help him to find the things by colouring them.





II. Protecting Sense organs



Sense organs helps us to observe and understand the world around us. There are five main ways we can do this: through sight (with our eyes), touch (with our skin), smell (with our nose), taste (with our tongue) and hearing (with our ears).

In this section we will discuss the ways by which we can take care of our sense organs.

By nature, all the sense organs have some ways to protect themselves. For example, the eyelids and lashes protect the eyes from dust and other foreign particles.

How should we take care of our sense organs?

Think Zone

Anu plays with her baby brother. As he cries, she gives him a pencil. On seeing this, Anu's mom was shocked. She quickly takes the pencil back. Do you know why?

EYES



Do's

- * Read with proper light.
- Watch television from a minimum distance of 6 feet.
- If you feel your eyes are itchy, wash them with clean and cold water.

Don'ts

- * Read in too dim or too bright light.
- Play video games or watch TV for long hours.
- Rub your eyes with your fist.

If you find it difficult to read the classroom board from your place, tell your teacher/parents and consult a doctor. You must follow the suggestions of the ophthalmologist or eye doctor.



A condition known as digital eye strain is common among people working at computers all day. This condition leads to dry eyes, eye strain, blurred vision and headache.





- * Avoid loud noise.
- * Do not listen to music at higher volume when using Earphones or Headphones.
- Do not clean ears with ear buds.
- Dry your ears after taking bath.
- · Cover your ears while swimming and bathing.



- * Use earplugs or ear muffs (when you are exposed to loud sound).
- Consult a doctor if you have pain in ear.

Hearing loss can not be prevented always. But hearing loss due to exposure to loud noises is can be avoided.



Noise levels are measured in decibels (dB). Any sound over 85dB can be harmful to us.





- Do not clean your nose by inserting any object into it
- If the nose is blocked due to cold it is better to use steam to clear it.
- Do not pick your nose.
- We should clean our tongue daily with the tongue cleaner while brushing our teeth.
- ♦ A dirty tongue may cause disease and bad breath.



- - Always use a mild soap.
 - Keep your skin dry and clean.
 - Dry your skin by rubbing gently with a clean cloth.
 - Consult a doctor when you feel any itching, skin injury or infection.



Let us Do



Read the given statements carefully. Write 'T' if it is True and 'F' if it is False.

- 1. Avoid playing video games or watching TV for a long time.
- 2. Avoid loud noise.
- 3. Do not clean your nose by inserting any object into it.
- 4. A dirty tongue may cause disease and bad breath.
- 5. Dry your skin by rubbing gently with a dirty cloth.

Let us Practice



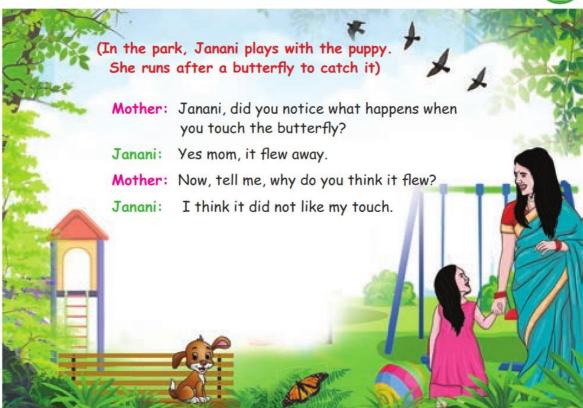
Make a figure '8' with your eyes

This is a good exercise to practice controlling the physical movement of your eyes.

- Draw a large figure of '8' on the floor, about 10 feet in front of you.
- Trace the figure '8' with your eyes, slowly, without shaking head.
- Do it clockwise for few minutes and anti-clockwise for few minutes

1.3. Good Touch, Bad Touch and Don't Touch





1912	
277	201 301
34	* *
Mother:	Maybe, it did not. But, it wanted to be safe. Now, I am going to tell you three rules to keep yourself safe.
Janani:	Okay, Mom.
Mother:	There are body parts that you and others can see and touch like our arms and hands.
-	But, there are also some body parts that no one should see or touch like our chest, between our legs and our bottom. These parts are called private parts. What are they called?
Janani:	
Mother:	So now, let me tell you rule number 1. It is never right for anyone to look at, touch or talk about your private parts. And it is never right for someone older to you to ask you to look, touch or talk about their private parts.
Janani:	But mom, don't you give me bath daily?
Mother:	Very good question! Who else knows that I give you a bath?
Janani:	Dad, Grandpa, Grandma and Jagan know that you give me bath.
Mother:	Correct, when we are small our mom or dad might touch us to help us to be clean. It is never a secret and it is okay to tell someone about it.
Janani:	I got it mom. It is never right for anyone to, or about my private parts. But, it is never a
Mother:	Very good! Some touches are good or safe, like when we shake hands. But, some touches are bad or unsafe, like when we hit someone. Can we hit someone?
Janani:	