

CLASS XI
LOCOMOTION AND MOVEMENT
ENRICHMENT WORKSHEET-1

1. Name the types of muscles that are not associated with bones.
 2. Human ribs are called bicephalic. Give reason.
 3. Write the technical term for collar bones.
 4. What is patella?
 5. List two examples of ball and socket joint found in human body.
 6. What is fibrous joint?
 7. Name the two divisions of human skeleton and mention the number of bones in each.
 8. What is coccyx? How many bones are present in coccyx?
 9. Why are striated muscles called
 - (a) Skeletal muscle
 - (b) Voluntary muscle
 10. Write the role of calcium ions in muscle contraction.
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