

CHAPTER 8 - ADOLESCENCE

PART A

I Answer the following questions (1 Mark)

1. Who is an adolescent?
2. Define adolescence?
3. Give the sub-division of adolescence?
4. What is puberty?
5. What is growth spurt?
6. What is menarche?
7. What is meant by propositional thought?
8. Give the meaning of abstract thinking?
9. What is meant by Abstinence?
10. What are the primary sexual characteristics?

PART B

II Answer the following questions (2 Mark)

1. What are the secondary sexual characteristics?
2. List primary sexual characteristics of boys / girls?
3. List the secondary sexual characteristics of boys / girls?
4. Give the motor development of an adolescent?
5. What is meant by self awareness during adolescence?
6. Trace the language development during adolescence?
7. What is Hypothetical Deductive Reasoning?
8. What are the internal changes that occur during adolescence?
9. List the cognitive abilities.
10. What is meant by developmental tasks?
11. What is Sexuality Education?

PART C

III Answer the following questions (3 Marks)

1. Give the need of Sexuality Education for adolescents?
2. Explain the physical development of adolescents?
3. Explain the interactions of adolescents with peers?
4. Explain the interactions of adolescents with parents?
5. Give the reasons for problems during adolescence?
6. Trace the cognitive development of adolescents?
7. Write a note on emotional development of adolescents?

PART D

IV Answer the following questions (5 Marks)

1. What are the common problems during adolescence? Suggest the ways to handle the problems?
2. Mention the reasons for problems during adolescence. Suggest the ways to handle these problems.
3. Explain the cognitive abilities of adolescents?
4. Trace the characteristics of cognitive development during adolescence?
5. Write a note on social development of adolescents?
6. Discuss the developmental tasks for adolescence (Robert Havighurst)?
7. Explain briefly the adolescent's developmental domains.