

**GUJARAT SECONDARY & HIGHER SECONDARY EDUCATION,
GANDHINAGAR
UNIT TEST-4**

STD- 11 (GENERAL)

Max. Marks:-25

Subject:-ENGLISH (013)

Time:-1.00 hours

- i. There are total 21 questions in this Unit Test.**
- ii. Students will have to write the answers of this Unit Test in their notebooks.**

SECTION-A

❖ Write whether the sentences are True or False : [3]

- 1. We take a quick pill hoping that our problem will never go away.**
- 2. Yog is good for the digestive system, the nervous system.**
- 3. We always desire new things and are seldom content with what we have.**

❖ Find out and write the nearest meanings: [3]

- 4. Anxiety:** sadness, happiness, worry, well-being
- 5. Vitality:** weakness, strength, fatness, thinness.
- 6. Prolong:** decrease, extend, weaken, improve

❖ Select the most appropriate language functions from the brackets and write them against sentences :(expressing condition in the past, expressing contrast, expressing choice, exclamation) [4]

- 7. What a horrible accident it was!**
- 8. If you had done Yog, you would not have suffered more.**
- 9. He will either sit in the class or stand in front of the class.**
- 10. In spite of his ill health, he took part in sports competition.**

- ❖ **Select and write the most appropriate questions to get underlined words/phrases as their answers:** [2]

11. Brijesh is hospitalised for some severe dietary problem.

- A) Who is hospitalised for some severe dietary problems?
- B) Why is Brijesh hospitalised?
- C) When is Brijesh hospitalised?
- D) What is the problem of Brijesh?

12. A physical disease disturbs the emotions.

- A) What does a physical disease do?
- B) How does a physical disease disturb the emotion?
- C) Why does a physical disease disturb the emotion?
- D) What disturbs the emotions?

SECTION-B

Read the extracts and answer the questions: [4]

Ayurved, on the other hand, teaches harmony with nature, simplicity and contentment as keys to well-being. It shows us how to live in a state of balance in which fulfilment is a matter of being, not of having. It connects us with the source of creativity and happiness within ourselves so that we can permanently overcome our psychological problems. Ayurved provides a real solution to our health problems which requires to change how we live, think and observe.

13. What does Ayurved teach us?

14. Why does Ayurved connect us with the source of creativity?

Yog is a holistic exercise that provides physical, mental as well as spiritual benefits. It provides workout for the muscles. It also benefits joints, ligaments and the skeletal system by improving flexibility and balance. It is good for heart and stimulates the cardiovascular system. It oxygenates the blood and helps strengthen the heart.

15. What is Yog?

16. What are the benefits of Yog?

SECTION-C

❖ **Read the following passage and answer the questions:** [4]

In 1883, a creative engineer named John Roebling was inspired by an idea to build a spectacular (very impressive) bridge connecting New York with the Long Island. However bridge building experts throughout the world thought that this was an impossible feat and told Roebling to forget the idea. It just could not be done. It was not practical.

17. What was the idea of John Roebling?

18. What did the bridge building experts say about Roebling's idea?

Customer Service Rep.: Can you install LOVE?

Customer: I can do that. I'm not very technical, but I think I am ready to install now. What do I do first?

Customer Service Rep.: The first step is to open your HEART. Have you located your HEART ma'am?

Customer: Yes I have, but there are several programmes running right now. Is it okay to install while they are running?

19. What does C.S.R. ask customer?

20. What does C.S.R. advise customer?

SECTION-D

21. Rajendra Patel has received a pair of sports shoes from flipcart which is not proper. So write an email for the replacement of it to flipcart@co.in. [5]

OR

Prepare a report about the **Independence Day** celebration in your school.