



VISIONIAS

INSPIRING INNOVATION

ABHYAAS MAINS

निबंध ESSAY

निर्धारित समय: तीन घंटे
Time Allowed: **Three Hours**

टेस्ट कोड / Test Code : 2488

अधिकतम अंक: 250
Maximum Marks: 250

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

General Instructions

This Question-cum-Answer (QCA) Booklet contains 33+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

SE

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 0364372

अभ्यर्थी का नाम/Name of Student : ANSHUL HINDAL

माध्यम: हिंदी/अंग्रेजी
Medium: Hindi/English

ENGLISH

तारीख
Date

25/08/2023

निबंध ESSAY

केंद्र
Centre

NOIDA

Bandang
निरीक्षक के हस्ताक्षर
Invigilator's Signature

	महत्वपूर्ण अनुदेश	Important Instructions
	उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।	Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.
1	(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें। (ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।	(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates. (b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet
2	अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।	Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.
3	परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।	Do not make any direct/indirect appeal/threat to the examiner.
4	उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।	Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.
5	उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।	Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.
6	प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।	Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.
7	प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।	Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.
8	यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।	If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.



VISIONIAS
INSPIRING INNOVATION
ABHYAAS MAINS

निबंध

निर्धारित समय: तीन घंटे

टेस्ट कोड : 2488

अधिकतम अंक: 250

प्रश्न-पत्र संबंधी विशेष अनुदेश

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में निबंध लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएंगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

ESSAY

Time Allowed : Three Hours

Test Code : 2488

Maximum Marks : 250

QUESTION PAPER SPECIFIC INSTRUCTIONS

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

All the Best

खंड A और B प्रत्येक से एक-एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000-1200 शब्दों में हों :

Write **two** essays, choosing **one** topic from each of the Sections A and B, in about 1000-1200 words each :

125 x 2 = 250

खण्ड – A / SECTION – A

1. टूटे हुए वयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।
It is easier to build strong children than to repair broken men.
2. कोरा तर्कपूर्ण मन उस चाकू के समान है जिसमें केवल फलक ही फलक है, वह प्रयोग करने वाले हाथों को ही लहलुहान कर देता है।
A mind all logic is like a knife all blade, it makes the hand bleed that uses it.
3. जब कैटरपिलर को लगता है कि दुनिया खत्म हो गई, वह तितली बन जाता है।
Just when the caterpillar thought the world was over, it became a butterfly.
4. इतिहास, मनुष्य की स्मृतियों पर समय द्वारा लिखी गई एक चक्रीय कविता है।
History is a cyclic poem written by time upon the memories of man.

खण्ड – B / SECTION – B

5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
The wise man does at once what the fool does finally.
6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।
The world is a tragedy to those who feel, but a comedy to those who think.
7. पूर्ण स्पष्टता से बुद्धि को तो लाभ होगा लेकिन इच्छाशक्ति को क्षति पहुंचेगी।
Perfect clarity would profit the intellect but damage the will.
8. अपना चेहरा रोशनी की ओर रखिए और आपको कोई छाया दिखाई नहीं देगी।
Keep your face to the sunshine and you cannot see a shadow.

खण्ड - A / SECTION - A

1. टूटे हुए वयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।
It is easier to build strong children than to repair broken men.
2. कोरा तर्कपूर्ण मन उस चाकू के समान है जिसमें केवल फलक ही फलक है, वह प्रयोग करने वाले हाथों को ही लहलुहान कर देता है।
A mind all logic is like a knife all blade, it makes the hand bleed that uses it.
3. जब कैटरपिलर को लगता है कि दुनिया खत्म हो गई, वह तितली बन जाता है।
Just when the caterpillar thought the world was over, it became a butterfly.
4. इतिहास, मनुष्य की स्मृतियों पर समय द्वारा लिखी गई एक चक्रीय कविता है।
History is a cyclic poem written by time upon the memories of man.

Just when the caterpillar thought the world was over, it became a butterfly
space is very unpredictable as we know very less about it. Humans have learned about space through multiple failures. ISRO launched Chandrayaan 2 in 2019 with a hope to make India the first country to land on the south pole of the moon.

But the mission failed at the last moment, all the scientist were devastated and thought that everything was lost. Among them Moumina Dutta

described the failure of the mission as a loss of baby.

But just when everyone was devastated K. Sivan and S. Somnath instilled confidence in the scientist that they would try again. Therefore their leadership motivated the scientist. They studied and rectified the mistake of Chandrayaan 2 and started working on Chandrayaan 3.

Chandrayaan 3 successfully landed on moon on 23 August 2023 making India only the 4th nation to land on moon. Thus their perseverance, dedication and never giving up attitude helped them to become butterfly from caterpillar.

on the same lines in this essay we are going to discuss the significance of caterpillar and butterfly? why one should never lose hope? what steps one should take to become a butterfly?

caterpillar v/s Butterfly

They are used metaphorically to denote dormant stage and achievement stage in life. A caterpillar undergoes various internal changes influenced by outside environment to become a butterfly. Thus it acquires a new form and a new life.

same principle can be applied in human life. we are often faced with a dilemma when we think that we cannot achieve something and give up. This is very common among students who are studying for competitive examinations.

If the giving up attitude consumes a person he become demotivated and has negative effect on the psychological well being. on the other hand a person who never gives up and fights against all evil achieves success.

For instance the padma shree awardee Tulasi Gonda lost her father at a very early age. At that time she was devastated but she found solace in environment. She planted 30,000 trees and became the 'encyclopedia of the forest'. Hence she came out of her dormant stage and became a butterfly.

Similarly James Clear in his best selling novel gave the 1% rule. i.e. when you maintain consistency and improve 1% everyday then at the end of the year you would be 37% better. Thus small changes in life can have big and over significant outcomes in the future.

So the question arises what should we do to transition from caterpillar to butterfly stage. Let us discuss those factors.

Factors for change

“Hope is the foundation of the society”
This is very true in every sphere of life. Hope gives us the required strength to stand for the correct. It is the cardinal principle of humanity. Even when everybody has left you hope comes for the rescue. Hence one should never lose it.

For instance cafe coffee day was struggling due to its mounting debt after the dismise of ^{the} ~~her~~ founder. It was bound to collapse. Then Malvika Hegde took over. It was her hope which provided foundation to all her actions. Finally the debt of cafe coffee day reduced to one-third.

Another factor is perseverence or consistency in approach. This is similar to never giving up attitude.

'perseverence has the power to shake a mountain'. when you give more important to the process and not the end result. This give the optimum amount of motivation for work. similar concept is mentioned in Bhagmat Gita - 'Nishkam Karma'.

Just like Sachin Tendulkar one should be always dedicated. He mentioned in an interview that during his teen years he would often play continuously over 52 matches with short break in between. This has immensely helped him to better his form.

Another factor is the motivation one has for achieving the success. Motivation could be internal or external. It could be short term or long term. It is essential for above two factors i.e when you have motivation for change then only you can

have persistence and hope.

Abraham Maslow has given a very good theory to explain the role of motivation in achieving success. He says that motivation is a driver for fulfilling our needs. He says that the biggest motivation should be fulfilling the need of self actualization i.e. knowing yourself fully.

But despite the presence of above factors one might not be able to transition from caterpillar to butterfly. Some constraints come into play.

One of the constraints are material constraints i.e. poverty, hunger, lack of education. Maslow also discussed that these needs are the foundation stone to every other need.

Imagine a person who cannot fulfil his daily dietary needs cannot think about change. Just like a caterpillar die when it is not able to come out of its shell and cannot become a butterfly.

Therefore this calls for solutions to this dilemma so that people can change without any constraints.

Solutions

one should be inspired and learn from the Great personalities. Their experiences are invaluable form of knowledge which can be applied to every one life. For instance the choosing of Madhyamik marg by Buddha to avoid extremities.

one could learn from stalwarts like APJ Abdul Kalam who had shown that life is a story of failures and one

should accept them with open hands, introspect them and work for the better future.

often our emotions overpower our actions and our rational mind is blocked. Emotions of hate, jealousy negatively affect one mind and body and the path to change.

For instance Ed Sheeran the great singer was bullied at school, addicted to his phone: constantly check out what his friends are doing. Therefore he gave up using his phone and now converse through email. who would have thought that a child who was rejected by his schoolmates would go on to become the most listened singer.

Sometimes society also prevents the change. For instance the girls are not allowed to learn, educate. They

one forever trapped in the cocoon of caterpillar and discouraged to fly. Thus societal norms are hindrance to their success

उम्मीदवारों को
इस कक्ष में
नहीं लिखना
चाहिए
Candidates
must not
write on
this margin

'Voicelessness is the foundation to all forms of discrimination' - Voltane'. Thus women should voice against the patriarchal society. Nandini Kathrial, Mouina Dutt are the ISRO scientist, they have faced resistance from their home but against all odds they are celebrated today. They have developed their wings by fighting with the traditional norms of the society.

Therefore our journey towards success is not only individualistic but certain environmental and social factors plays a equally important role. Even if someone becomes a butterfly their wings are chopped so that they could not fly.

Another solution is changing the attitude. One should always have a positive attitude and suppress negative thoughts. Our attitude describes our behavior.

'It is our attitude and not aptitude which determines our attitude' [zig zagler]

Steve jobs when he rejoined Apple had a attitude for change to capture the market. He did restructuring of the the organisation and streamlined his products using 2x2 matrix. The profit boomed and currently apple is valued at 2.1 Trillion dollar.

Therefore be it a individual, organisation or even to a whole nation one should not be discouraged and aim for change. Ukraine despite being a weaker country than Russia fought

with all its might to save its motherland. Had they given up the nation would have been wiped from the map.

उम्मीदवारों को
इस हार्शिए में
नहीं लिखना
चाहिए
Candidates
must not
write on
this margin

Thus we must all apply wisdom in our actions and think critically, never be blocked by the negative emotions and always strive for our success. Through constant hard work one can come from the lowest point of his life and shine. ISRO is an epitome of this phenomenone.

one should apply the principles of Bhagmat Gita. Nishkam Karm - working without anticipation of result and sthithapragya - steady wisdom. Therefore one could lead oneself to lightness.

'Tamaso ma jyotirgamya' [Lead me toward lightness]

खण्ड – B / SECTION – B

उम्मीदवारों को
इस वॉशिए में
नहीं लिखना
चाहिए
Candidate
must not
write on
this margin

5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
The wise man does at once what the fool does finally.
6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।
The world is a tragedy to those who feel, but a comedy to those who think.
7. पूर्ण स्पष्टता से बुद्धि को तो लाभ होगा लेकिन इच्छाशक्ति को क्षति पहुंचेगी।
Perfect clarity would profit the intellect but damage the will.
8. अपना चेहरा रोशनी की ओर रखिए और आपको कोई छाया दिखाई नहीं देगी।
Keep your face to the sunshine and you cannot see a shadow.

Keep your face to the sunshine and you
cannot see the shadow

In the early 2000s Angelina Jolie was at the peak of her career. She has delivered massive hits like Salt, Mr and Mrs Smith. But she revealed that she is struggling personally in her life and surrounded by negative emotions.

In 2001 while shooting for her film 'Lara Croft: Tomb Raider' in comboodia she came across a nation which has been

devastated with ~~so~~ constant war and civil
rebellion. Moved by the flight of refugees
she wanted to do something for them. Thus
she joined United National High Commission
mission on Refugees (UNHCR)

she has been over 40 mission of
UNHCR and donated over billion dollars.

she has also adopted orphan children.

she got the satisfaction of her life in
community service

Thus helping people proved to be a
sunshine in her life which kept her
away from the shadow of negative
emotions

Through this essay we would try
to understand the metaphorical meaning
of sunshine and shadow and what
impact they have on us? whether shadow
is always bad? and lastly future course
of action.

Sunshine v/s shadow

These are two contrasting things which are often binary opposite to each other. Such binary opposite cancel out each other. They cannot exist independent of each other.

They have been used metaphorically to denote positive emotions and negative emotions. other interpretation could be past v/s present and good v/s bad.

one is often faced with the dilemma of dealing with both. They are the choices which life provides us. The path which the individual choose depends on both individual and societal factors.

For instance Maya Angelou being a black was faced with racism prevalent in a rigid society. Society forbid her to progress. But she choose sunshine.

and became the author of best selling novel. Therefore we should delve deeper on impact of sunshine and shadow.

उम्मीदवारों को
इस इच्छा से
नहीं लिखना
चाहिए
Candidates
must not
write on
this margin

Why to face sunshine?

one should always have a forward looking attitude and should never be struck in the past. Past hold us and prevents us to take risk in life. Therefore motivation to achieve something is vanished and humans become victim of their past, negative emotions etc.

They are conquered by positive emotions and forward looking attitude. Popat rao pamar, village head of the Himare Bazaar in Maharashtra despite all opposition started watershed Management in the region and transformed the face of village. Therefore he looked at the bright side.

similarly APJ Abdul Kalam after

the failure of Rohini Mission remain optimistic and successfully launched the satellite following year.

It also helps us to plan for the future better and hold firm ground in every situation. Thus this present status quoism and brings change. This could be imbibed by individuals, organisations and whole nations.

Ashok Khemka the well known bureaucrats is famous for his honesty and fight against corruption. He has upheld his integrity in every situation and never feared the threats or adverse situations. Therefore his values are a sunshine for him. Values are like fingerprints you leave them whenever you go.

Similarly big organisations like TATA group are famous for their employee welfare measures. They are not profit minded

and incorporate welfarism in their policy. For instance their CSR initiative of 'Nani Kali' has promoted education for women. Thus community service is sunshine for them.

Our values and notions are often driven by the values of society. This has been emphasized by Emile Durkheim as the conscience collective. Therefore the attitude of society also shape the attitude of individuals.

In a nation where female foeticide is prevalant a rare example is found in Piplantri village of Rajsamand district of Rajasthan. The villagers plant 111 trees everytime when a girl is born. Therefore the shadow of female as a burden has been left behind by them.

Thus sunshine helps to move further in life while shadow pulls you back.

Is shadow always bad ?

Being struck into the darkness and the mistakes of the past instill negative emotions in people and prone hinderance to the growth. People who give more importance to their shadow become victims of their own actions.

For instance Kristen Stenart was one of the most loved actress after her Twilight series. This was followed by negative publicity which engulfed her completely. she was subjected to trolls and her career ended. Thus giving too much importance is also very bad.

conversely there have been number of instances where people have used darkness in their life for their advantage and achieved success. one could learn from the past mistakes and try to avoid them in future. Mohammad

Ali has remarked that failures of my past is the biggest contributor to my success. He used to analyze his failure during practice. Therefore negative emotions are converted into strength and a source of motivation.

Therefore this presents us with a dilemma in human life. Let us see what could be the possible solutions to this dilemma.

First and foremost one should maintain a balance between both. One should not entirely turn his back to the shadows and use it constructively.

Secondly Emotional Intelligence is very much required today. As Alienation in the human beings are increasing we are more prone to negative emotions and baggage. Equanimity: all emotions should

be present in appropriate proportion.

For instance the founder of KFC failed 1009 times before starting the chain at the age of 65. He had faced lot of criticism but he took some constructive criticism and further improved

Thirdly take inspiration from the life of great leaders like Mahatama Gandhi, Nelson Mandela, Lal Bahadur Shastri to instill the sense in thought and action

Thus from above discussion it is clear that though we should look towards sunshine and imbibe positivity but we should also take account of our shadow. Therefore the action should be driven by both.

we may face this in our everyday life. We must imbibe Gandhi's

Talisman in our actions and in our thoughts.

Just like Angelina Jolie choose to see the bright side and became a more successful actress. We should also imbibe such empathy and spirit of service in our life.

One would be able to gain this through experiences whether good or bad in life. Our life choices changes throughout our life and so does our idea of sunshine.

For instance Santiago the protagonist of the novel 'The Alchemist' was very greedy in the beginning but through his journey to Egypt his life become completely changed and when he

saw the plight of people and started working for them, greed and materialistic things became a shadow which are not visible in the brightness of good will and help for others.

Thus we must also choose sunshine in life and remove the darkness which constraint our thoughts and behaviour. This is also helpful for the development of ethical society.

‘when you do good to others who are good and not good thus goodness is achieved

when you are honest to those who are honest and also to those who are dishonest thus honesty is achieved’

[Lao Tzu]

SPACE FOR ROUGH WORK

Just when the caterpillar ✓ ISRO

it became butterfly ✓

→ Hope, positive attitude,

Introduction: - Tulasi Gowda story

future is unpredictable

Thesis? ① what does caterpillar and signify?

② one should never give up

③ power of Hope → Does caterpillar also

④ Solutions further? become butterfly

① caterpillar v/s butterfly → dormant stage but → internal development → butterfly

Idea of perseverance & dedication

② Never give up: Ashok Khenika Moumina Dutta (ISRO)
Malvika Hedge Tulasi Gowda

③ power of Hope → Belief in yourself Ed sheer
→ Never loose hope
→ Treat means as important Not an end
→ [Higgs boson discovery]

④ Solutions further → learn from great personality: Nelson Mandela
→ change your attitude (Behavioral change)
→ Surkhevi - conscience collection

③.5 → luck factor also important sthithapragya (Steady wisdom)
→ Situational constraints
→ Importance of failure also important } Steve Jobs

SPACE FOR ROUGH WORK

Keep your face to sunshine
and you cannot see a shadow

Introduction: Angelina Jolie

Thesis ① Sunshine v/s shadow?

② Impact of sunshine?

③ Impact of shadow?

④ should we always neglect our shadow?

⑤ what more can be done?

- ① { a) darkness v/s light
good v/s bad
past v/s present

Negative ~~top~~ Emotions v/s positive emotions

- ② { Impact of sunshine?
Pokatrao Pamar
Prashant Nari
pylanti village

→ opportunities grabbing, proactive

→ always look forward

→ Positive emotions/attitude

→ plan for the future

→ past is gone

Maya Angelou

- ③ { Impact of shadow?
Kristen Stewart

→ past mistakes, deed. struck in the past?

→ failures

→ Negative emotions

→ Not learning from failure

- ④ { a) No not always → learn from the past mistakes

Sachin Tendulkar → past experiences shape our future

Mohammad Ali

→ middle path: both darkness + light

Thomas Alva Edison

→ forget Negative experiences

- ⑤ what more could be done? seven sins

①

Conclusion

Gandhiji Talisman

SPACE FOR ROUGH WORK

Keep your face to members
and your heart to the
above

Learn to understand the situation

(a) Impact of situation

(b) Impact of situation

(c) Impact of situation

(d) Impact of situation

(e) Impact of situation

(f) Impact of situation

(g) Impact of situation

(h) Impact of situation

(i) Impact of situation

(j) Impact of situation

(k) Impact of situation

(l) Impact of situation

(m) Impact of situation

(n) Impact of situation

(o) Impact of situation

(p) Impact of situation

(q) Impact of situation

(r) Impact of situation

(s) Impact of situation

(t) Impact of situation