

1 – Taste Of India

Activity 1

(B) Find out the word-pairs from the poem.

Example : _city - sweet

- (1) rupee - toffee
- (2) sour - flower
- (3) dead - thread
- (4) pin - thin
- (5) sharp - harp

(C) Complete the table.

I gave back ...	It was...
Example: toffee	sour
flower	dead
thread	thin
pin	sharp
harp	wouldn't play

☆ Make sentences speak them aloud. from the table and Speak them aloud.

Example : I gave back the toffee. It was sour.

- (1) I gave back the flower. It was dead.
- (2) I gave back the thread. It was thin.
- (3) I gave back the pin. It was sharp.

(4) I gave back the harp. It wouldn't play.

Activity 3

(B) Complete the dialogue. Use the sentences given in the BOX.

Clues:

(1) Sir, there is a ball and a bat in our sports

(2) Sir, we will use a chair in place of stumps.

(3) Sir, I'll bring the bails. room.

(4) We don't need gloves and helmet, We will play with a tennis ball.

(5) Sir, I think Maganbhai , the mid-day meal cook is a big fan of cricket. He
be the umpire.

Teacher: We are planning a cricket match. But we don't have a kit.

Pritesh : Sir, there is a ball and a bat in our sports room.

Teacher : Fine, but what about the stumps ?

Manish : Sir, we will use a chair in place of stumps.

Teacher: Okay. Manish. That's very good. Someone should bring bails, too.

Jaswant : Sir, I'll bring the bails.

Teacher : Who will bring the gloves and helmet ?

Nitin : We don't need gloves and helmet. We will play with a tennis ball.

Teacher : That's correct. And who will be the umpire?

Manoj: Sir, I think Maganbhai, the mid-day meal cook is a big fan of cricket. He
can be the umpire.

Teacher: That's great.

Activity 4

(B) Write the action words in the brackets.

Example: The king left the kitchen. [left]

- (1) The Maharaja ordered a huge dinner. [odered]
- (2) The cook washed the vegetables. [washed]
- (3) The cook poured a few spoonfuls of coconut oil. [poured]
- (4) The cook ground some fresh coconut, green chillies and garlic together.
[ground]
- (5) The cook decorated the dish with curry leaves. [decorated]
- (6) The Maharaja wanted the best dishes for the guests. [wanted]
- (7) The cook added some whipped curd to the curry. [added]
- (8) The cook cut the vegetables into long strips. [cut]
- (9) Avial became famous all over Kerala. [became]
- (10) The Maharaja personally came to the kitchen. [came]

(C) Tick [✓] the ingredients used for Avial.

- | | |
|--|--|
| <input checked="" type="checkbox"/> chillies | <input checked="" type="checkbox"/> curry leaves |
| <input type="checkbox"/> neem leaves | <input type="checkbox"/> rice |
| <input type="checkbox"/> gram flour | <input checked="" type="checkbox"/> curd |
| <input type="checkbox"/> groundnut oil | <input checked="" type="checkbox"/> garlic |
| <input type="checkbox"/> guava | <input type="checkbox"/> wheat |
| <input checked="" type="checkbox"/> coconut | <input checked="" type="checkbox"/> vegetable scraps |

(D) Write True or False.

(1) The king ordered a dinner in the palace.

➤ True

(2) The cook knew about Avial before.

➤ False

(3) The cook made a new dish using the vegetable scraps.

➤ True

(4) Nobody liked the new dish Avial.

➤ False

(5) The king was happy to see the waste in the basket.

➤ False

(E) You want to prepare Avial. Give numbers to these steps.

[3] Grind some coconut, green chillies and garlic

[2] Cut the vegetable scraps into long strips.

[1] Wash and clean the mixture of vegetable bits.

[6] Decorate it with curry leaves.

[4] Whip some curd and mix it.

[5] Pour some coconut oil on top.

[7] Avial is ready

(F) Now narrate the recipe to the class.

- First of all, wash and clean the mixture of vegetable bits. Then cut the vegetable scraps into long strips. Grind some coconut, green chillies and garlic and add the paste to the vegetables. Whip some curd and mix it in the vegetables. Pour some coconut oil on top. Then decorate it with curry leaves. The Avial is ready.

Activity 6

(A) Solve these spicy riddles. Find English words for these from our vocabulary list. Draw the spices in the given space.

(1) You can powder me,

To make food hot and spicy.

If you add too much of me.

I make you gasp - shhee ... shhee.

Your eyes and nose begin to water,

And you cry!

Think and tell me.

who am I?

➤ Chilli

(2) Tell me quickly,

who am I?

Grind me and powder me,

To make your food look yellow.

I am mixed in oil by granny,

And applied to wounds quickly.

I heal all wounds - big and small.

I am loved by all!

Think and tell me,

who am I?

Tell me quickly.

who am I?

➤ Turmeric

(3) Small and round like a pearl,

I am black when I am whole.

I can be powdered - coarse or fine.

A sharp and spicy taste is mine. Think and tell me,

Whether it is salty or sweet,

I am added as a special treat.

who am I?

Tell me quickly

who am I?

➤ Black pepper

(4) I am a small and skinny chap.

Sometimes I am brown and sometimes black.

Added to hot oil and ghee,

I spread my fragrance all around me.

Think and tell me,

who am I?

Tell me quickly,

who am I?

➤ Cumin seed

(5) I look like zeera, though brown green am I.

To make your stomach healthy,

I always try.

Eat me always after your meal.

I refresh your mouth, you surely feel

Think and tell me,

who am I?

Tell me quickly,

who am I?

➤ Cardamom

6) I look like a nail, but a bud am I.

Chocolate brown colour.

and a strong smell have I.

When your toothache makes you shout.

I soothe the pain in your mouth.

Think and tell me,

who am I?

Tell me quickly,

who am I?

➤ Clove

(B) Name the food dishes that are made at your home...

(i) when you have guests

➤ puree, gulab jamuns, curry, rice

(ii) when someone is not well

➤ khichdi

(iii) on regular days

➤ chapatti, rice, daal

(D) Answer the questions for the recipes.

(1) Write the names of the spices used in dal-baati.

- Cumin seeds, cloves, bay leaves, asafoetida, chilli powder, turmeric powder, coriander powder, garam masala.

(2) List the ingredients for dal dhokli.

- Toovar dal, turmeric powder, salt, cumin seeds, asafoetida, dry red chillies, bay leaves, cloves, cinnamons, cardamoms, curry leaves, ginger, green chillies, tomatoes, red chilli powder, whole wheat flour, oil, lemon juice, coriander leaves.

(3) Name all the flours used in baati.

- Whole wheat flour, besan, semolina

(4) What will you add to garnish dal baati ?

- We will add ghee to garnish dal baati.

(5) Write the recipe for khichdi.

- Ingredients :

1 cup toovar (arhar) dal

1 cup rice

1 tablespoon ghee

½ teaspoon cumin seeds

2 cloves

5 black pepper corns

3 cinnamons

½ teaspoon turmeric powder

Salt to taste

➤ Method:

- (1) Wash and soak toovar dal and rice together for 30 minutes.
- (2) Drain and keep aside.
- (3) Heat ghee. Add cumin seeds, cloves, black cinnamons, pepper corns and
- (4) When the seeds crackle, add 3 ½ cups of hot water, rice, toovar dal, turmeric powder and salt. Mix well.
- (5) Pressure cook for 3 to 4 whistles.
- (6) Allow the steam to escape before opening the lid of the pressure cooker.
- (7) Serve with ghee.

Activity 7

☆ Like vegetable scraps, scraps of other things are also useful. Name the things that are thrown away at home or in school.

Examples: (1) old textbooks and notebook

(2) torn chappals or shoes

(3) old clothes

- (1) old and broken buckets, shampoo bottles, oil bottles, etc.
- (2) old and broken toys
- (3) old newspapers and magazines
- (4) used plastic bags, milk pouches, etc.
- (5) old and broken benches, tables, chairs, etc. in school

☆ Sit in groups. What can you make from these things ? Discuss. Put your ideas
On the blackboard.

- (1) We can use old buckets to keep flower pots.
- (2) We can decorate old shampoo bottles / oil bottles and use them as flower vases.
- (3) We can use old and broken furniture to make new furniture items.
- (4) We can use old sarees, dupattas, etc. to make curtains, pillow covers, etc.
- (5) We can use old newspapers, magazines to make paper bags for grocery.

Activity 8

(B) Follow the examples and write the action words from the story.

Examples: (1) talk → talked

(2) liked ← like

- (1) lived ← live
- (2) worked ← work
- (3) gave ← give
- (4) invite → invited
- (5) said ← say
- (6) want → wanted
- (7) helped ← help
- (8) fly → flew

(C) Arrange the following sentences in the order of the story.

- [3] The parrot invited the sparrow to the cage.
- [1] The sparrow and the parrot were good friends.
- [2] The parrot lived in a cage and the sparrow lived in a tree.
- [5] The sparrow and the parrot away in the sky.
- [4] The sparrow helped the parrot to come out of the cage.

Activity 9

☆ Answer the questions.

(1) You need two clips to hang one hanky. You need three clips to hang two hankies. You need four clips to hang three hankies. How many clips do you need to hang ten hankies ?

➤ 11 clips

(2) You want to divide a page into ten identical columns. How many lines will you draw ?

➤ 9 lines

(3) You want fifteen folds in a paper. How many times will you fold it ?

➤ 4 times

(4) You can make one new perfume stick out of four burnt perfume sticks. Out of 64 burnt sticks, how many new sticks can you make ?

➤ 16 sticks

Activity 10

(B) Look at the picture and fill in the blanks using the appropriate prepositions.

➤ (1) The table is near the window.

(2) There are six pictures on the wall.

(3) There are two pillows on the cot.

(4) The ball is under the table.

(5) There is no wash basin in picture.