

Time allowed: 45 minutes

Maximum Marks: 200

**General Instructions:**

- (i) The examination will consist of **Objective type with Multiple Choice Questions (MCQs)**.
- (ii) There are **50** questions in total in this paper, out of which **40** questions are to be attempted.
- (iii) Each question carries **five** marks.
- (iv) There is **negative** marking of **one** mark for every **incorrect answer**.

**I. Read the following passage carefully and answer the questions that follow by choosing the correct option.**

- (1) The 21st century has witnessed a tremendous change in the stature of women in the society. They are now with new hope and have successfully secured a status of empowered women in a positive manner. Earlier they were under the shadow of male chauvinism and patriarchal set-up, but now they have earned their own identity and are independent.
- (2) Education is an important key to success. Empowering women would become more sensible if women were well informed and educated. A woman needs to understand her rights so that she can walk and compete at par with men. Mother Teresa, Indra Nooyi, Pratibha Patil, Kalpana Chawla and a lot more have been very significant in their own sphere and are an idol for every woman in India and across the globe. From housewives to CEOs, the transition can be seen at an accelerating rate.
- (3) Modernization and the advent of the latest technology have widened hope and opportunities for them. They have established themselves socially, politically and economically in almost every field. Women are no longer considered unfit or fragile for military or for other defence forces. Recently, Avani Chaturvedi has set a perfect example and has created a milestone by becoming India's first female fighter pilot.
- (4) The journey of liberation of women has crossed many milestones and the society has indeed come a long way. They have struggled hard over the last few decades and managed to successfully establish their own worth and identity. Today's women are adorned with patience and perseverance, which has helped them to attain the pinnacle of success. Earlier, women were seen only as housewives who were confined to the four walls of the kitchen doing the household chores. Today, along with handling tough clients at office, they are at par with their excellence and successfully multitask at home too. Women are more focused and have a unique decision-making power even at senior leadership level, in the most optimal manner, and at times are in a better position than men. Empowering women can help the society to grow and develop at a faster pace. We are sure to witness a redesigned world ahead.

**1. Choose the most appropriate title for the passage given above.**

- |   |                         |
|---|-------------------------|
| (a) Women's Sacrifices and Contributions  | (b) Women and the World |
| (c) The Rise of Womanhood in 21st century | (d) Women as Homemakers |

**2. What is 'male chauvinism' in paragraph 1?**

- |                                  |   |
|----------------------------------|---|
| (a) Male prejudice against women | (b) Male friendship with women          |
| (c) Protection given to women    | (d) Security and shelter given to women |

3. **How, according to the passage, can we expect of a prospered society?**  
(a) If women are given opportunities (b) If women are given free education  
(c) If women are empowered (d) If women are sympathised
4. **Mother Teresa, Indra Nooyi, Pratibha Patil, Kalpana Chawla are \_\_\_\_\_.**  
(a) CEOs of India (b) Women of Substance  
(c) Women Activists of India (d) Women who brought laurels to India
5. **How are women contributing to the development of our country and society?**  
(a) By contributing socially, politically and economically  
(b) By not being the housewives anymore  
(c) By travelling anywhere alone  
(d) By flying fighter planes
6. **Who has had the rare honour of becoming India's first female fighter pilot?**  
(a) Indra Nooyi (b) Avani Chaturvedi (c) Pratibha Patil (d) Kalpana Chawla
7. **What has helped women to reach the pinnacle of success?**  
(a) Their patience and perseverance (b) Their nature of being outspoken  
(c) Their resolution and determination (d) Their multi-tasking skill
8. **According to the passage, which of the following sentence is NOT CORRECT?**  
(a) Society has witnessed a tremendous change in the stature of women.  
(b) Women can be considered empowered only when they are educated and well-informed.  
(c) Women have become CEOs across the globe.  
(d) Women are believed to be unfit and fragile even today for defence services.
9. **Women couldn't express their worth in the \_\_\_\_\_ set-up.**  
(a) contemporary (b) patriarchal (c) archaic (d) modern
10. **Women have \_\_\_\_\_ even at senior leadership level and are in a better position than men.**  
(a) the great sense of sacrifice (b) communication skill  
(c) a unique decision-making power (d) great skills in flying fighter planes

**II. Read the following passage carefully and answer the questions that follow by choosing the correct option.**

- (1) When we learn a language, we just don't gain the ability to read one more set of symbols or recognise one more set of meaningful sounds, we also gain access to a whole new world. A language is a passport to the world of accumulated knowledge of a community; a key to understand a different society; a lens with which to view the culture and history of a group of people.
- (2) From times immemorial, foreign language learning has played a significant role in strengthening trade, knowledge, and the military and diplomatic strength of nations. Even European colonial powers accorded a lot of importance to foreign language learning to strengthen their grip on the countries and people they colonised.
- (3) India has the potential to become the leading supplier of global manpower. Traditionally, Indians are known for giving great importance to education and that has resulted in Indians being successful globally. In the US, for a long time, Indian Americans have been the most successful and richest of all the ethnicities. But this is a small percentage of the Indian population worldwide. India's population, with a considerably large percentage being very young, is a significant asset for the country.

- (4) Indians have a natural tendency to be multilingual because of the many languages spoken throughout the country. Most Indians are exposed to more than one language that includes their regional language. Most Indians can converse in more than one language and picking up languages is not a herculean task for them.
- (5) Many countries in the world today are suffering from a population deficit and this has naturally resulted in a workforce deficit. Japan, for example is taking many steps to attract skilled manpower from other countries. Canada, Sweden, Germany, Norway, etc. are some other countries that are on a hunt for skilled global manpower for sectors including IT, Management, Hospitality and Agriculture. If Indians are fluent in foreign languages, they will become more indispensable.
- (6) There are several institutions in India that run various foreign language courses. But these are available largely in cities. Foreign language, as a communication tool, is a force multiplier in the fields of trade, diplomacy, defence, etc. The government must aggressively take up the mission of setting up foreign language universities all over the country that will prepare a formidable Indian workforce well-versed in global languages.
- 11. Why, according to the passage, do we learn a language?**
- A. Because language is a key to understand a different society**  
**B. In order to view the culture and history of a group of people**  
**C. To interact with the people living in other countries**  
**D. Because it enables us to express ourselves**
- (a) Both A and D                      (b) Both A and B                      (c) Both A and C                      (d) All of these
- 12. How has foreign language learning played a significant role?**
- (a) It has strengthened trade, knowledge, and the military and diplomatic strength of nations.  
(b) It has given us access to foreign politics.  
(c) It has made us more qualified.  
(d) It has given us respect and recognition.
- 13. Why did European colonial powers accorded importance to foreign language learning?**
- (a) To grab more power.  
(b) To prove themselves superior.  
(c) To strengthen their grip on the countries and people they colonised.  
(d) None of these
- 14. Why are Indians successful globally?**
- (a) Because they have a great potential to mark their presence.  
(b) Because they have a natural tendency to be multilingual.  
(c) Because they can teach language well.  
(d) Because they give great importance to education.
- 15. What, according to the passage, is quite significant about India's population?**
- (a) A large percentage of population is above 30.                      (b) A large percentage of population is abroad.  
(c) A large percentage of population is very young.                      (d) A large percentage of population is educated.
- 
- 16. What makes the Indians multilingual?**
- (a) They are exposed to more than one language that includes their regional language.  
(b) They are adept in many languages.  
(c) They are blessed with a very sharp mind.  
(d) The extraordinary language skills of their parents.

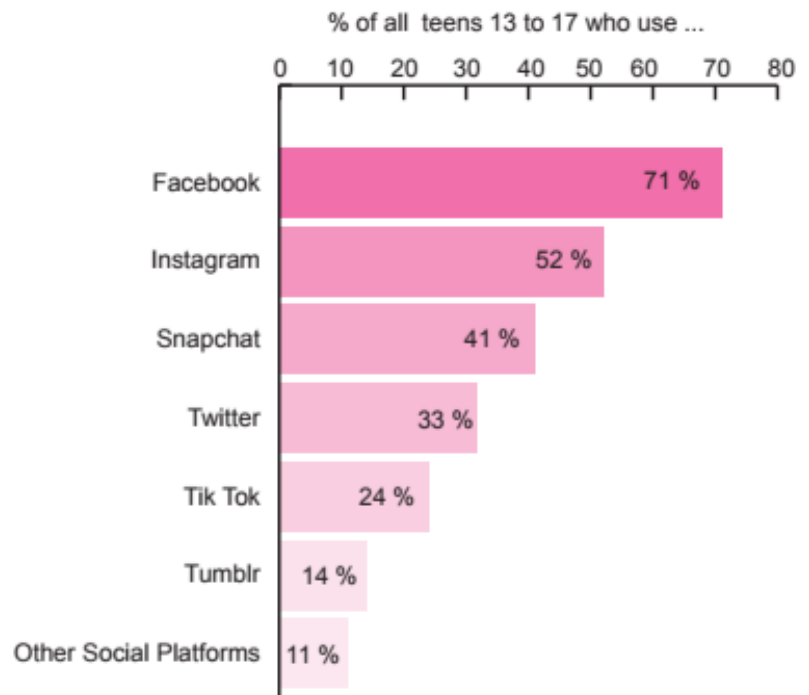


17. **Why is learning a new language not a herculean task for the Indians?**  
 (a) Many Indians have been educated overseas.  
 (b) Many Indians converse in more than one language at a time, including their regional language, so it's not difficult for them to pick a new language.  
 (c) Their learning skill is absolutely praiseworthy.  
 (d) Their mother tongue is not a blend of different regional languages, making it easy for them to pick up a new language.
18. **Why are other countries facing workforce deficit?**  
 (a) Because there is a dearth of skilled manpower.  
 (b) Because they are suffering from a population deficit which results in a workforce deficit.  
 (c) Because a large population have migrated to other countries.  
 (d) Because they don't find workforce at cheap rate.
19. **'If Indians are fluent in foreign languages, they will become more indispensable.' What does 'indispensable' mean here?**  
 (a) Non-essential (b) Liability (c) Requisite (d) Trivial
20. \_\_\_\_\_ is a force multiplier in the fields of trade, diplomacy, defence, etc. as a communication tool.  
 (a) Foreign policy (b) Foreign language (c) Foreign relation (d) Foreign country

**III. Read the following passage carefully and answer the questions that follow by choosing the correct option.**

- (1) Social media is a big part of many teens' lives. It allows teens to create online identities, communicate with others and build social networks. These networks can provide teens with valuable support, especially helping those who experience exclusion or have disabilities or chronic illnesses. A survey reveals 45% children, in the bracket of 13-17 years of age, are online almost constantly and 97% of them use a social media platform, such as YouTube, Facebook, Instagram or Snapchat.
- (2) Teens also use social media for entertainment and self-expression. And the platforms can expose teens to current events, allow them to interact across geographic barriers and teach them about a variety of subjects, including healthy behaviours. Social media that's humorous or distracting or provides a meaningful connection to peers and a wide social network might even help teens avoid depression.
- (3) However, social media use can also adversely affect teens, distracting them, disrupting their sleep, and exposing them to bullying, rumour spreading, unrealistic views of other people's lives and peer pressure. The risks might be related to how much social media teens use. A 2019 study in the U.S. found that those who spend more than three hours a day using social media might be at a higher risk for mental health problems. Another 2019 study in England found that using social media more than three times a day predicted poor mental

**Percent of Teen 13-17 Who Use Social Media:**



health and well-being in teens.

- (4) How teens use social media also might determine its impact. A 2015 study found that social comparison and feedback seeking by teens using social media and cell phones was linked with depressive symptoms. In addition, a small 2013 study found that older adolescents who used social media passively, such as by just viewing others' photos, reported declines in life satisfaction. Those who used social media to interact with others or post their own content didn't experience these declines. It becomes a common belief that the longer they used Facebook, the stronger was their belief that others were happier than they were. But the fact is the more time the students spend going out with their friends, the less they feel this way.

**21. What is the concern discussed in the passage given above? Choose any three relevant points from the following.**

**A. Social media and youth**

**B. Adverse impact of social media**

**C. How can social media be a mentor?**

**D. Social media and its benefits**

**E. How to create an account on social media?**

(a) ABD

(b) CBD

(c) ABE

(d) BDE

**22. How does social media serve teens?**

(a) It provides them jobs and gives them a platform to raise their voice against social injustice.

(b) It allows them to make friends.

(c) It allows teens to create online identities, communicate with others and build a social network.

(d) Teens can independently determine their careers.

**23. What do teens use social media platform majorly for?**

(a) Posting blogs only

(b) Entertainment and self-expression

(c) Looking for a good prospect

(d) Knowledge

**24. Social media is a boon as it helps:**

(a) teens with fresh updates on electronic gizmos.

(b) teens to fix their goals.

(c) peers to be competitive.

(d) teens to avoid depression.

**25. What does the survey reveal about the children in the bracket of 13-17 years of age?**

(a) They are regularly online.

(b) They use social media platforms, such as YouTube, Facebook, Instagram or Snapchat.

(c) They keep posting new blogs.

(d) They tweet quite frequently.

**26. Who are more vulnerable to mental health problems?**

(a) Those who spend two-three hours a day on social media.

(b) Those who spend up to two hours a day on social media.

(c) Those who don't spend less than three hours a day on social media.

(d) Those who spend more than three hours a day on social media.

**27. According to the passage, which sentence from the following is NOT CORRECT?**

(a) Social media acquaints us with current events.

(b) People spending more than two hours on social media are prone to mental health.

(c) We cannot communicate unless we have a valid account on social media.

(d) Social media allows us to interact across geographic barriers and teaches about a variety of subjects.



- 28. A study found that social comparison and feedback seeking by teens using social media and cell phones was linked with:**  
(a) Disabilities or chronic illnesses (b) Declines in life satisfaction  
(c) Mental health problems (d) Depressive symptoms
- 29. Choose the option which is OPPOSITE in meaning to the word 'chronic' as used in the passage.**  
(a) Long-term (b) Short-term (c) Persistent (d) Perpetual
- 30. Pick the option from the following which corresponds to the word 'rejection'.**  
(a) Exclusion (b) Expose (c) Depression (d) Barriers

***IV. Read the following passage carefully and answer the questions that follow by choosing the correct option.***

- (1) Fasting is said to bring a host of benefits, provided it's done under medical supervision. Doctors explain how to go about it. Food is to the body what fuel is to a motor vehicle. It provides energy, helps repair and rejuvenate, and confers many other benefits. A lot of research has been done and cleansed. While fasting, the natural process of toxin excretion continues and influx of new toxins is reduced. The energy usually used for digestion is redirected to immune function and cell growth. Fasting helps you heal with greater speed, cleanses your liver, kidneys and colon, purifies your blood, helps you lose excess weight and water, flushes out toxins, clears the eyes and tongue, and cleanses the breath.
- (2) Another research says fasting, even occasionally, helps in de-toxification. Through fasting, we restrict digestive activity and so energy is utilised to cleanse different systems. Fasting improves metabolism, sharpens the senses, calms the mind, helps lose weight, improves general immunity, improves concentration and gives mental clarity. Fasting, if understood and done under supervision, has tremendous benefits and impacts one at various planes; mental, emotional, physical and spiritual. Specifically, it serves as an aid to effective detoxification, helps in repair and rejuvenation, offers rest to the gastro-intestinal system and promotes mobilization of excess fat.
- (3) The crucial point to note is the difference between fasting and starvation. Research suggests that there are major health benefits to calorie restriction. Among other things it slows down the aging process. According to the US National Academy of Sciences, other benefits include stress resistance, increased insulin sensitivity and increased lifespan.
- (4) Glucose is the body's primary fuel source and is essential for the brain's functioning. When denied glucose for more than 4-8 hours, the body converts glycogen stored in liver into a usable form of fuel and supplements it with small amounts of protein. This will last for up to 12 hours before the body turns to glycogen stored in muscles. If glucose is still denied at this point, the body continues to use the fat for as long as it is available. If the fast is not broken, starvation occurs, as the body begins to use protein for fuel. Death can occur if fasting is pursued to the point of complete starvation.
- 31. According to the passage, which one from the following is considered to be the primary fuel source of the body?**  
(a) Fasting (b) Glucose (c) Liver (d) Intestine
- 32. Food is to the body what fuel is to a:**  
(a) fuel station (b) motor vehicle (c) petrol (d) container
- 33. What happens when glucose is denied to the brain?**  
(a) The body converts glycogen stored in the kidney into a usable form of fuel and supplements it with small amounts of protein.

- (b) The body converts glycogen stored in the stomach into a usable form of fuel and supplements it with small amounts of protein.
- (c) The body converts glycogen stored in the liver into a usable form of fuel and supplements it with small amounts of protein.
- (d) The body converts glycogen stored in the heart into a usable form of fuel and supplements it with small amounts of protein.

**34. How does fasting help us?**

- A. Fasting helps us heal with greater speed.
- B. Fasting keeps us rejuvenated.
- C. Fasting flushes out toxins.
- D. Fasting clears the eyes and tongue, and cleanses the breath.
- E. Fasting cleanses liver and kidneys, and purifies our blood.

- (a) Only A and B
- (b) Only A, C and D
- (c) All except B
- (d) All except E

**35. Through fasting, \_\_\_\_\_ and so energy is utilised to cleanse different systems.**

- (a) we restrict breathing
- (b) we restrict brain function
- (c) we restrict digestive activity
- (d) we restrict muscular movement

**36. What happens if fasting is done under medical supervision?**

- (a) It brings a host of benefits.
- (b) It can re-energize our metabolism.
- (c) It turns us frail and fragile.
- (d) It makes us academically sound.

**37. Which sentence from the following is NOT CORRECT, according to the passage?**

- (a) Fasting helps in de-toxification.
- (b) Fasting keeps us away from the doctors.
- (c) Fasting improves general immunity.
- (d) Fasting improves concentration and mental clarity.

**38. Pick the correct option from the following which is an example of a noun.**

- (a) Tremendous
- (b) Spiritual
- (c) Increased
- (d) Restriction

**39. Which word from the following is an antonym of 'supplement'?**

- (a) Augmentation
- (b) Increment
- (c) Addition
- (d) Depletion

**40. Which word from the following disagrees with the usage of the word 'resistance' in the given passage?**

- (a) Shield
- (b) Cover
- (c) Protection
- (d) Submission

**V. Read the following passage carefully and answer the questions that follow by choosing the correct option.**

- (1) Nowadays, most students are less keen on developing their reading habits because students are under pressure for academic performance and the concept of intrinsic value addition is now a long-lost idea. In an age when browsing the internet, developing fads for electronic gadgets, playing with cell phones have become a new normal of their lives and reading a book in a peaceful corner of a library has become an archaic idea for most of the students.
- (2) The school which is the primary educational institution of the society has a crucial role to play in improving students' reading habits. The school library is one of the usual facilities found in a public school. The school should allocate some money to ameliorate the facilities of the school's library. Computers should be provided to enable the students to utilise the internet for research and also to locate online reading materials with a strict vigilance against the misuse. Reading habits should be promoted amongst the students as a pleasurable and continuing habit if they want to stay abreast with the world and have the competitive edge.



- (3) Habits of reading develop lively imagination, knowledge and vocabulary. Books are a rich source of knowledge and information. Reading books on various genres gives us information and a deep insight into the subject we read about. It would not be an exaggeration to say that all great and distinguished minds left their impression behind solely because of their reading habits.
- (4) Reading fiction helps build empathy and better relationships with others. Readers learn to become a part of the story and sympathise with characters naturally. Reading habit equips us with the most important tool which is known as expression. But the decline is alarming and to arrest the decline, reading habits have to be inculcated in all students for the infinite benefits that they reap for it will increase their confidence to face the exams, the interview panel, the job market and will also increase their social and community participation.

**41. Why are students not keen on developing their reading habits?**

- (a) Because parents do not let students read any other book  
 (b) Because students don't have any interest in reading books other than the academics  
 (c) Because they are under extreme pressure for academic performance  
 (d) Because they don't find books of their genre

**42. 'The concept of intrinsic value addition is now a long-lost idea.' What does this sentence mean?**

- (a) It means 'value-based reading for life' is not significant today.  
 (b) It means they don't learn values from today's books.  
 (c) It means students try to keep themselves away from intrinsic value-based learning.  
 (d) It means the basic concept of imbining values while learning is not significant today.

**43. What, according to the passage, is the common craze among the students these days?**

- A. They are busy browsing on internet.**  
**B. They are busy playing with cell phones.**  
**C. They are busy reading books in the library.**  
**D. They are busy with other electronic gadgets.**  
**E. They are busy preparing for internal examinations.**

- (a) Only B, D and E      (b) All except D      (c) Only A, B and D      (d) All except B

**44. What should the schools do to develop reading habits in the students?**

- (a) Schools should start distributing books to the students.  
 (b) Schools should introduce library cards to promote reading habits.  
 (c) Schools should allocate some funds to ameliorate the facilities of the school's library.  
 (d) Schools should equip the library with laptops for every student.

**45. 'Stay abreast' in paragraph 2 means:**

- (a) to stay positive about the current affairs.  
 (b) to stay away from the current affairs.  
 (c) to stay updated about the current affairs.  
 (d) to stay uniformed about current affairs.

## TEN AMAZING BENEFITS OF READING BOOKS

-  Strengthens your writing skills
-  Improves your memory and focus
-  Enhances your imagination
-  Increases your vocabulary
-  Expands your knowledge
-  Stimulates your brain
-  Boosts your mood
-  Deepens empathy
-  Helps you relax
-  Lowers stress





- 46. Why are computers and internet installed in the school library?**  
 (a) To simplify difficult calculations  
 (b) To maintain precision in their work  
 (c) To entertain themselves after tiring sessions of studies.  
 (d) To utilise the computer and internet to locate online reading materials.
- 47. How does reading books on various genres help us?**  
 (a) It helps build empathy and better relationships with others.  
 (b) It teaches us to sympathise with characters naturally.  
 (c) It helps us in reading expressions.  
 (d) All of these
- 48. Pick out the sentence which you think is irrelevant according to the passage.**  
**A. Reading habit increases confidence to face the exams, the interview panel.**  
**B. Reading habit helps us improve our pronunciation.**  
**C. It enhances our creativity.**  
**D. It increases our social and community participation.**  
**E. It boosts our logical thinking.**  
 (a) A and C (b) A and D (c) C and E (d) D and E
- 49. Pick the option from the following which corresponds to the word 'surveillance'.**  
 (a) Empathy (b) Ameliorate (c) Vigilance (d) Exaggeration
- 50. In which of the following statement has the word 'alarming' been used in the same context as in the passage?**  
 (a) The forests are disappearing at an alarming rate.  
 (b) The architectural style is dignified and alarming in design and proportions.  
 (c) This season is a bit more alarming to the eye.  
 (d) A few mushrooms are an alarming addition.

## PRACTICE PAPER-01

- |         |         |         |         |         |         |         |
|---------|---------|---------|---------|---------|---------|---------|
| 1. (c)  | 2. (a)  | 3. (c)  | 4. (b)  | 5. (a)  | 6. (b)  | 7. (a)  |
| 8. (d)  | 9. (b)  | 10. (c) | 11. (b) | 12. (a) | 13. (c) | 14. (d) |
| 15. (c) | 16. (a) | 17. (b) | 18. (b) | 19. (c) | 20. (b) | 21. (a) |
| 22. (c) | 23. (b) | 24. (d) | 25. (a) | 26. (d) | 27. (b) | 28. (d) |
| 29. (b) | 30. (a) | 31. (b) | 32. (b) | 33. (c) | 34. (c) | 35. (c) |
| 36. (a) | 37. (b) | 38. (d) | 39. (d) | 40. (d) | 41. (c) | 42. (a) |
| 43. (c) | 44. (c) | 45. (c) | 46. (d) | 47. (d) | 48. (b) | 49. (c) |
| 50. (a) |         |         |         |         |         |         |