

# Worksheet

## Hu Tu Tuhu Tu Tu

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Q.1. Karnam Malleshwari can lift a weight of \_\_\_\_ kilograms.

Ans. Karnam Malleshwari can lift a weight of 130 kilograms.

Q.2. Both mind and \_\_\_\_ are used in kabaddi.

Ans. Both mind and body are used in kabaddi.

Q.3. The entire team was “\_\_\_\_” as Shyamala had touched the central line.

Ans. The entire team was “out” as Shyamala had touched the central line.

Q.4. Heera is a Kabaddi coach.

Ans. The given statement is true.

Q.5. Leela and Heera have founded a kabaddi club.

Ans. The given statement is true.

Q.6. Why did people discourage the 3 sisters to play kabaddi?

Ans. The people discouraged the 3 sisters to play kabaddi fearing that nobody would play with them. Also, they said that the girls would have to wear clothes like boys.

Q.7. Which sport is it?



Ans. The name of the sport is Weightlifting.

**Q.8. List some games similar to kabaddi.**

**Ans.** Following are the games Similar to Kabaddi:

1. KhoKho
2. Langdi Tang
3. Gilli Danda
4. Kancha

**Q.9. Tell the name of this player.**



**Ans.** The name of the player is Karnam Malleshwari.

**Q.10. What are some other names by which the game of Kabaddi is called?**

**Answer:** Kabaddi is called by names like Chedduguddu, Hu-tu-tu, Choo Kit Kit and Ha- du-du.

**Q.11. Every game is played according to some \_\_\_\_ .**

**Ans.** Every game is played according to some rules.

**Q.12. Kabaddi originated in \_\_\_\_.**

**Ans.** Kabaddi originated in India.

**Q.13. Karnam Malleshwari has 3 sisters.**

**Ans.** Karnam Malleshwari has 4 sisters. Hence, the given statement is false.

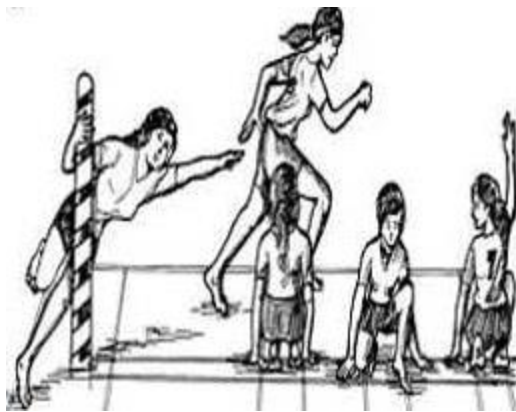
**Q.14. There are 8 players in a team for kabaddi.**

**Ans.** The given statement is true.

**Q.15. Kabaddi is an indoor sport.**

**Ans.** Kabaddi is played outside the house, so it is an outdoor sport. Hence, the given statement is false.

**Q.16. Identify the sport name.**



**Ans.** The name of the sport is Kho-Kho.

**Q.17. How does a coach help a player?**

**Ans.** A coach improves his athlete's motivation to achieve and the enjoyment they receive from participation in the game. A coach acts as a teacher, organizer and a leader.

**Q.18. What activities are involved in playing kabaddi?**

**Ans.** Kabaddi involves pushing and pulling, screaming and shouting, dragging and falling on the ground. It includes running and continuously saying Kabaddi-Kabaddi and trying to touch the players of the opposite team.

**Q.19. How can one get out in Kabaddi?**

**Ans.** There are three ways to get out in Kabaddi:

- (a) If he is stopped by the opposition players while on his move.
- (b) If he loses breath.

(c) If he touches opposition player and the opposition team could not stop him

**Q.20. What do the Kabaddi players chant while playing Kabaddi?**

**Ans.** Kabaddi players chant “Kabaddi Kabaddi” while playing it.