# **1. THIS IS THE WAY**

#### A. Warmer

Ask children to talk about good habits and bad habits they have.

This is the way We wash our face, Wash our face, Wash our face. This is the way we wash our face.





This is the way We clean our teeth, Clean our teeth, Clean our teeth. This is the way we clean our teeth.



## GLOSSARY

| way (वेए)     | तरीका    | face (फ़्रेस) | चेहरा       |
|---------------|----------|---------------|-------------|
| wash (वॉश)    | धोना     | teeth (टीथ)   | दाँत        |
| clean (क्लीन) | साफ करना | our (आव(र))   | हमारा, अपना |

# B.1. Think and Tell



#### Answer these questions orally in a phrase or sentence:

- 1. What time do you get up in the morning?
- 2. What do you do in the morning?

### C.1. Think and Write

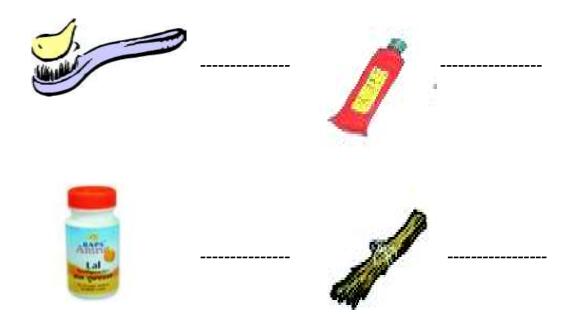
# Answer the following questions :

- 1. What do you wash your face with? Name two objects:
  - (a) -----
  - (b) -----
- Why should we wash our face in the morning ? Tick (✓) the correct option:
  - (a) to look fresh
  - (b) to save our teeth
  - (c) to look healthy



- 3. How many times do the following words appear in the poem?
  - 1. teeth : \_\_\_\_\_ times
  - 2. morning : \_\_\_\_\_ times
  - 3. our : \_\_\_\_\_\_ times
- D.1. Write names of the things whose pictures are given below. You may take help from the box given here:

datun, tooth-brush, tooth-paste, tooth powder





D.2. Match the objects on the left with the activities on the right:



### E.1 Tick ( $\checkmark$ ) the right word in each of the following sentences:

- (a) I get / getting up early in the morning.
- (b) I brushing / brush my teeth and washing / wash my face.
- (c) Then, I bathe /bathing.
- (d) I taking /take breakfast and go /going to school.



# E.2. What do you do daily? Indicate your actions by filling in the blanks:

| 1. | 1 | . in the morning. |
|----|---|-------------------|
|    | 1 |                   |
| 3. | 1 | . in the evening. |
| 4. |   | . at night.       |

#### F.1. Read aloud

# Say the following words aloud:

| morning | soap  | comb  | powder |
|---------|-------|-------|--------|
| cream   | clock | teeth | wash   |

F.2. Read the following words aloud and add two more words ending with the same sound:

| way  | say  | day  | <br> |
|------|------|------|------|
| face | race | pace | <br> |

G.1. In this poem, we sang a song about washing face and cleaning teeth. Work in a group of four and write a poem on the same pattern about the following:

| 1. | Comb our hair:  |
|----|-----------------|
|    | This is the way |
|    | We hair.        |
|    |                 |
|    |                 |
|    |                 |
|    |                 |



2. Wear our clothes:

This is the way

We ..... clothes.

.....

.....

.....

Now, sing your new poem aloud with gestures and actions.

en gest